



NSW 5&3 Hour Night rogaine, South Turramurra,

Brought to you by Tristan White, Robin Cameron, and Chris Stevenson

Hash House

The Hash House is at the West Pymble Scout Hall, located inside Bicentennial Park. Coming from Pacific Hwy, turn off Ryde Road onto Lofberg Road (there are several flag poles here) approx. 2km along, and then immediately left into Prince of Wales Drive. Parking will be along this street (overflow on Lofberg Rd), and the Hash House will be signposted from here.

Please do not park on the access driveway to the scout and guide halls. This needs to be kept clear at all times.

Toilet facilities are limited at the hash house but there are public toilets very close by near the aquatic centre which will be signposted. **Note: this is NOT the same place as Bicentennial Park in Sydney Olympic Park!**

Schedule

15:00 Rego & maps available

16:00 Novice briefing

16:45 General briefing

17:00 5hr start

17:13 *Sunset*

17:30 3hr start

17:39 *Last light*

20:00 Catering available

20:30 3hr finish

21:00 3hr presentations

22:00 5hr finish

22:30 5hr Presentations

22:45 Catering closes

23:00 Hash house closes. Please help us pack up if you're still around

Gear

Compulsory gear on course (for each participant):

- Headtorch – spare batteries/globe recommended (using the light on your phone won't be much fun)
- Whistle
- Space blanket
- Snake bandage
- Compass (at least 1 per team)

Strongly recommended gear on course:

- Compass for each team member
- At least 1 L of water (there will be many taps on course)
- High energy snacks
- Warm gear such as beanie, gloves, thermals, jacket
- Raincoat
- Long pants or gaiters are recommended. If you plan on wearing long pants then gaiters are not necessary.

To leave at HH:

- Plate, bowl, mug and cutlery for catering – *There will not be any provided!*
- Change of warm clothes
- Small towel, especially if rain forecast
- Route planning apparatus, incl. Pens, highlighters, calculator, string
- Folding table & chairs, if you have them (*there will be some at the HH for those who don't*)

New South Wales Rogaining Association Inc.

ABN 15 314 080 648



DISCLAIMER / WAIVER

Event : 2023 Nightgaine	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)

Participant Signature

Date

This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s):

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

Name (Please print clearly)

Signature

Date

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.

Version: Sep. 2008