

¡Ay Currambene!

60th Annual Paddy Pallin
Sunday June 18th, 2023
Salomé Hussein, Stuart Warren, Phil Whitten

Team captains please make sure your team members read these instructions.

The Paddy Pallin 6 hour rogaine is an annual event laden with history and connections to various outdoor communities. The man himself is renowned for his adventures and advocacy of the environments in which we play. In honor of that spirit, part of the fee goes as a donation to the following beneficiaries:

- Scouts Australia NSW
- YHA Australia
- Kosciuszko Huts Association
- National Parks Association of NSW

The very first line of the agreement NSW Rogaining Association has with Paddy Pallin states:

“The overriding consideration in running the Paddy Pallin Rogaine shall be to carry on the event as it was originally conceived by Paddy Pallin – to encourage people to enjoy the bush with minimal impact and to practice and improve their navigation skills.”

We’ve endeavored to run this year’s event with that principle in mind. The area has enjoyable off-track walking and forgiving navigation practice. We also have a few beneficiaries repping at the Hash House and on course. 1st North Sydney Scouts is catering as usual and has 3 teams competing; BSAR has two non-competitive teams who are being assessed for their Map and Nav skills (look out for orange, walkie talkies and GNSS units, which they’re allowed to use).

For many people, Paddy Pallin is the one rogaine event they make sure to do every year. We even get the occasional *gasp* Orienteers! With this many familiar faces coming together from all over NSW, we hope you’ll join us for the banquet on Saturday night.

Start time

The 6hr event starts at 0900. Maps available from 0700.

Arrive at a good time to plan your course– we recommend camping!

Event location

The Hash House (rogaining term for event Headquarters) is in Currumbene State Forest, 15 to 20 min South of Nowra.

We will have fire drums, tables, and marquees from the night before, but we suggest you bring your own tables/chairs unless you are happy to sit on the ground or in your vehicle.

Weather

The current forecast for Sunday is Mostly Sunny with a low of 8C and a high of 20C.

Getting There

This link has the location of the HH: <https://goo.gl/maps/zzDgRR1DXqCEvG21A>

It's just East of the intersection of Butterfly and Musk Roads (-34.958869,150.67479), and South of a quarry, popular with local motocross enthusiasts, that we're using for parking.

From North

1. Take the M1/A1 to Nowra, optional coffee break in Berry
2. Continue South past Nowra and turn left onto Forest Road.
3. Continue on Forest Road for ~5km, turn left onto Butterfly Road.
4. Continue slowly on Butterfly Road, past the Trig Station, until you see a huge pond to your left. HH is on the right.

At that point you'll have seen some reassuring "Rogaine This Way" signs and likely a bunch of volunteers setting up (or a LOT of people in lycra and gaiters if you're coming in the morning).

From South

1. Take the A1 to Forest Road (if you hit Nowra, you've gone too far)
2. Steps 3 and 4 as above

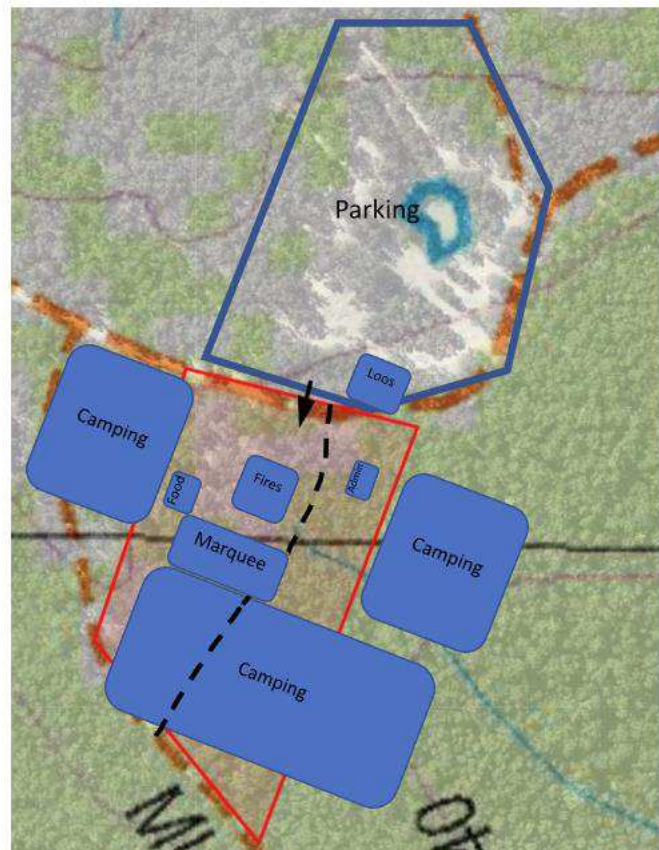
To arrange a lift, register on the Car Pooling button on the Paddy Pallin 60th webpage.

Car Pooling

Please carpool to limit vehicles or you may find some of us have to park a fair distance from HH by the roadside.

Follow the directions of meet/greet parking marshalls, they're going to tell you where to go based on vehicle clearance as the road quality is marginal in places.

Beware of mud and sand where you could get you bogged. This is a map of the HH site to give an idea of where we'd expect you to park and camp.



Timetable

Saturday	
1530	Caterers arrive, setup site
1630	Camping Opens, Firepits Lit
1830	Dinner
1900	60th Anniversary Festivities
Sunday	
0700	Light Breakfast (French toast, bacon, porridge & weetbix)
0700	Registration opens
0830	Novice briefing
0845	General Briefing
0900	Rogaine start
1400	Tea available
1500	Rogaine finish
1530	Presentations
1600	Packup
1700	Site cleared

Camping Procedure

We'll direct cars and campers from 1630 Saturday night. Only organizers are allowed to light fires, but we'll have a few setup for you to enjoy.

It's not required, but we'd really appreciate it if you brought spare firewood to share and help keep them going.

We have 14 tables to fit under the marquee. Each fits 8 if you're squeezed together, so bring chairs for the overflow (we have ~190 people attending dinner). We won't put up all the walls, so we can still all sit together for the speeches. Hot water and tea/coffee making facilities will be available at the kitchen.

During dinner on Saturday evening Julian Ledger, Rob Pallin, and Tim Pallin will speak about their experiences in this sport, as outdoors folk, and the history of the Paddy Pallin Rogaine.

Event Procedure

Before coming to registration, please make sure

- You know your team number (available on web site under Team List)
- You and everyone on your team have signed your indemnity form.

Upon registering you will receive

- A NavLight tag and wristband (one for each team member)
Don't make these too loose or too tight; once you clip the toggle you can't adjust them anymore, you have to cut them.
- A map with control descriptions and course setters' notes
- One flight plan (intention sheet) which must be filled in and returned to the registration desk

Start procedure

There will be a mass start for all competitors at 0900 with novices and general briefings at 0830 and 0845.

Finish

There will be volunteers holding the Navlight "STOP" units to greet you. They will punch your Navlight tag and remove it.

Late finishers

Competitors will have ten points deducted from their total for every minute (or part thereof) that they return late. If you are 30 minutes or more late you will be disqualified and fail to record any points.

The Map

The map will be an A3 sheet printed on waterproof paper. The scale is 1:25000 and contours are 5m. Water points are marked on the map. Thanks go to Graham Field for development of the map.

Checkpoints

Checkpoints are indicated by orange/white flags. You need to register your visit to the control by holding the Navlight unit to your personal punch. It should flash when punched. All punches for your team must be punched at each control. If the light does not flash at a control, you should take a photo to record your visit.

Rules of Rogaining

The rules are at this link: <https://rogaine.asn.au/documents/rules-and-standards/rules-of-rogaing-and-technical-regulations-2019>

TI;dr:

- Don't cheat by using your GPS, that really defeats the point of being here.
- Don't use wheels, even hitchhiking – see above. Watch out for mountain bikers.
- Don't embarrass us by harming or annoying the locals, the animals, or the environment; it might mean we can't use cool places anymore.
- If you see competitors in trouble, stop and help. Priorities.
- Don't separate from or abandon your teammates. The navlights don't let you divide and conquer anyway, but this is also a good way to permanently lose friends and spouses. Stick together!

Gear List

To Carry

- Capacity for at least 2L of water per person, more if hot weather predicted. BYO water.
- High energy snacks
- First aid kit including snake bandage, space blanket & whistle (compulsory)
- Whistle (compulsory)
- Compass
- Sunscreen
- Raincoat if wet weather forecast
- A small towel.
- At least one phone per team. Can double as a camera.

To Wear

- We suggest you take the following clothing and equipment:
- Light fitting shirt and fleece
- Shorts or light fitting pants with gaiters
- Hat
- Sunglasses
- Joggers or hiking boots – some track sections are swampy
- Comfortable socks

To Leave at HH

- Change of clothes and shoes
- Highlighters, string, scissors, pens, paper, calculator for route planning
- Additional food for before/after event

Post Event

An afternoon tea will take place after the event. It will include soup, cakes, and plenty of fruit. Please bring your mess kit– a plate, spoon and cup or mug. Single use plastics have recently been banned in NSW and our caterers 1st North Sydney Scouts cannot provide disposables. Presentations will take place at approx 1530 pm.

New South Wales Rogaining Association Inc.

ABN 15 314 080 648



DISCLAIMER / WAIVER

Event : 2023 Paddy Pallin	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)

Participant Signature

Date

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s):

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

Name (Please print clearly)

Signature

Date

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate. Version: Sep. 2008