

# NSW ROGAINING





NOTE : Competitors must stay on tracks in the National Park area

In case of emergency ring 000 or 112

If you need assistance from the Hash House or cannot make it back to the finish then please call: 0450 748 681

# LEGEND

#### **POINT SYMBOLS**

- Turning circle
- \* Lookout
- 🐱 Playground
- HT Toilets

#### LINE SYMBOLS

- Main road
- Other road
- Service road
- --- Track
- ---- Path
- -- Railway
- -- Watercourse
- Creek
- ∃---- Powerline
- $\mapsto$  Pipeline



| <u>Number</u> | <b>Description</b>                                     | <u>Number</u>   | <b>Description</b>                           |  |
|---------------|--|---|--|--|
| 11            | A bus shelter  | 71  | Northside of t                               |  |
| 12            | A bollard  | 72  | The track jund                               |  |
| 14            | A tree   | 76  | A bend in the                                |  |
| 15            | A tree near the Cowboy streetlamp                      | 79  | A staircase                                  |  |
| 16            | The track end  | 81  | A bridge, west                               |  |
| 18            | A tree south of pylon                                  | 82  | A cascade at t                               |  |
| 20            | A rocky outcrop 10m west of track                      | 83  | Fence by the t                               |  |
| 21            | The track end  | 84  | Path, top of st                              |  |
| 22            | The track junction                                     | 90  | The track junc                               |  |
| 23            | 3m boulder top, west of track                          | 91  | The creek cros                               |  |
| 24            | A gate by the gully                                    | 97  | A disused qua                                |  |
| 25            | The path bend  | 99  | A human mad                                  |  |
| 27            | A lamp post  | 101   | A waterfall                                  |  |
| 28            | A fence post   |   |  |  |
| 30            | Tree west of obelisk                                   | Cou   | <u>Irse setter's</u><br>y, while rogaini     |  |
| 31            | The track bend   |   |  |  |
| 32            | The track junction                                     | Firstly   |  |  |
| 33            | A bush turkey mound 15m west of track / creek junction | within  | the National P                               |  |
| 34            | A viewing platform                                     | Conditions of our use<br>The setters have enc<br>green slippery rocks<br>There are closely spa<br>to favour pavement. |  |  |
| 35            | Fence at head of the creek                             |   |  |  |
| 36            | West side of the track                                 |   |  |  |
| 37            | A park bench   |   |  |  |
| 38            | The transmission tower                                 |   |  |  |
| 39            | A park water fountain                                  | Be mi   | ndful of crossin                             |  |
| 40            | Bank east of the creek junction                        |   |  |  |
| 42            | A metal post   |   | ol 15 is labelleo<br>y. Be polite and        |  |
| 44            | The track bend   |   |  |  |
| 45            | A post   | Control 71 is placed<br>Watch your step! The  |  |  |
| 46            | A post   | - Water   | ryour step: m                                |  |
| 48            | Tree, west of a path                                   |   | teep route betv                              |  |
| 50            | Foot of 10m cliff                                      | You'll definitely bene<br>slow-going and the t  |  |  |
| 51            | Bus stop   |   |  |  |
| 52            | Traffic island, centre                                 |   | en 101 and 79<br>blers through               |  |
| 53            | The track end  | swampy after recent   |  |  |
| 54            | The path bend  | The r   | oute between 5                               |  |
| 55            | The track bend   | (no climbing!). It's ea   |  |  |
| 56            | The track bend   | Contr   | ol 83 on the G                               |  |
| 57            | The track gully junction                               |   | Control 83 on the Gi<br>from our dirty roadw |  |
| 61            | The creek junction                                     | Contra  |  |  |
| 62            | Tree, middle of the track                              |   | ol 97 is the qua                             |  |
| 63            | The watercourse, 5m south of bridge                    |   |  |  |
| 69            | The track junction                                     |   |  |  |
| 70            | The track bend   |   |  |  |

|   |   | _ |  |  |
|---|---|---|--|--|
| r | Description   |   |  |  |
|   | Northside of the rock platform  |   | Suggested routes (all distances                  |  |
|   | The track junction  |   |  |  |
|   | A bend in the track<br>A staircase  |   | 3km, mostly local parks                          |  |
|   |   |   | HH-15-14-34-33-23-16-35-HH                       |  |
|   | A bridge, west side   |   | 8km  |  |
|   | A cascade at the creek junctionFence by the track junctionPath, top of stairs |   | HH-15-14-34-33-23-16-35-24-69-25-12-HH           |  |
|   |   |   | 11km<br>HH-35-16-24-69-62-76-22-71-21-28-39-20-5 |  |
|   |   |   |  |  |
|   | The track junction  |   |  |  |
|   | The creek crossing  |   |  |  |
|   | A disused quarry  |   |  |  |
|   | A human made object - ruin  |   |  |  |
|   | A waterfall   |   |  |  |
|   |   |   |  |  |

## <u>Course setter's notes</u>

Firstly, while rogaining is the sport of cross-country navigation, and we love to go off-track, this course is suburban and has many private properties and much of it falls within the National Park boundary. Details are clearly marked on your map. Don't trespass or leave the marked tracks with the National Park. This is to comply with the conditions of our use of the Park, to protect the bush, yourselves, and potential areas of cultural significance.

The setters have endeavoured to use as many of the available tracks as possible, with over half the controls (and most of the points) being in the greener bits. Take care on green slippery rocks and at creek crossings especially if there has been recent rain.

There are closely spaced controls near Hash House which are great for beginners and families with prams. You can nab some suburban cut-throughs if you're quick and tend to favour pavement.

Be mindful of crossings and traffic. Be courteous to the locals.

Control 15 is labelled "A tree, near a Cowboy Steet lamp." The mailbox is entertaining and unique, but it is somebody's private property. The actual control is on a tree nearby. Be polite and don't trample people's front lawns or driveways.

Control 71 is placed on a collection of rock platforms, which of course lends itself both to ambiguity as to what constitutes a trail, but also the potential to fall off of things. Watch your step! The area is very open and easy to traverse.

The steep route between 22 and 82 has purple tape to assist with keeping to the track, as it is faint. Routes incorporating this track are best suited to experienced rogainers. You'll definitely benefit from gaiters, and take care at the creek crossing near control 82. Be sure to brag about how many leeches you end up with. I'd consider the terrain slow-going and the track somewhat overgrown.

Between 101 and 79 is also taped. Please follow the tape, as at the top of the cliff is private property, and a short rope has been provided to assist the less confident scramblers through a break in the cliff up to the firetrail. You may also need to give a boost to shorter people on a step up below the stairs. The entire area has been swampy after recent rain.

The route between 57 and 53 transitions the National Park boundary. Again, be mindful of that boundary, as the trail eventually goes through a series of cliffs and boulders (no climbing!). It's easy to get among and between them, but it's important that you do not stray from the path and definitely don't disturb cave-like features.

Control 83 on the Great North walk is a great lookout and water-break area. Control 16 has some interesting information on plagues about how the Parks manage runoff from our dirty roadways.

Control 97 is the guarry where the old Zig Zag railway carried rock from up to the main line near Thornleigh back in 1883.

### <u>es (all distances are approximate):</u>

6-22-71-21-28-39-20-50-45-12-HH