

# Lake Macquarie City Games

# THE 9TH ANNUAL LAKE MACQUARIE 12 HOUR ROGAINE

7TH OCTOBER, 2000

Organised by the NSW Rogaining Association Inc.

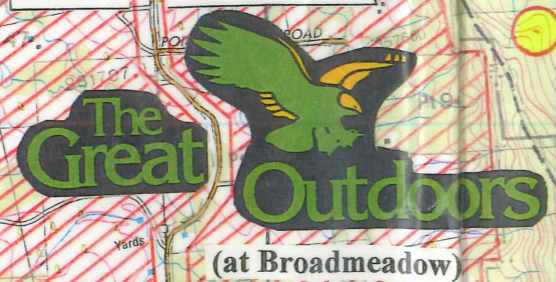


**Organiser:** Robert Vincent  
**Administration:** Geoff & Margaret Peel  
**Course Setting/Vetting:** Shane Hansen, Wil de Sain, Robert Vincent (Newcastle Bushwalking Club Inc.)  
**Hash House Catering:** Nick Dent & Hilary Wood (NSW Junior Orienteering Squad)  
**Tea & Damper Cafe:** Rob Smalley

## LEGEND

- Road sealed surface two or more lanes
- Road sealed surface one lane
- Road loose surface two or more lanes
- Road loose surface one lane; Embankment; Cutting
- Track vehicular; Gate; Stock grid; Foot track
- Route markers: National; State; Freeway
- Bridge; Culvert; Causeway; Kilometre post
- Railway multiple track; Station; Tunnel
- Railway single track; Siding or loop
- Light railway or tramway
- Power transmission line
- Telephone line; Underground
- Levee or dyke; Quarry or gravel pit
- Building; School; Post Office; Police Station; Church
- Windpump; Mine; Heritage Feature; Telephone Exchange
- Geodetic Station (with height) Landmark; Other
- Horizontal control point (with height) Landmark; Other
- Bench mark (with height); Spot height approximate
- Sand; Sand dunes; Sand ridges
- Contours; Approximate contours
- Depression contours; Auxiliary contours
- Landslide; Rocky slope
- Cliffs (with relative height); Rocky pinnacle
- Eroded bank; Escarpment; Contour bank
- Steep slope
- Dense timber; Medium timber
- Scattered timber; Forest, Coniferous or pine
- Orchard, plantation or vineyard; Windbreak

Crown Copyright - Reproduced from the CMA Topographic maps of Morisset and Quorrobolong 1:25000 with the permission of the Land Information Centre, Panorama Avenue, Bathurst. 2795



This event is proudly sponsored by



Checkpoint	Feature	Location and remarks
10	Creek junction.	
11	The creek.	A waterhole.
12	The knoll. **	
13	The creek.	A sharp bend with a minor junction at it.
14	The watercourse.	Watch out for traffic on the road!!
15	The spur. **	Open forest.
16	The creek junction.	There are other minor gullies to ignore.
17	Track bend.	Go 30m South
18	The spur.	A small clearing.
19	The spur.	Near the base of a large fallen tree.
20	The spur.	
21	A 5m waterfall (foot).	Beautiful cool place with water!
22	A small pool (dry!). **	20m North of the track.
23	The spur.	Waist-high regrowth everywhere!
24	A broad knoll. **	Large dead tree 40m from the track.
25	The spur. **	An old bullock track.
26	The watercourse	
27	The spur.	Above a cliffline. Take care! Great views!!
28	The creek.	A waterhole in a bangalow palm grove!
29	The spur.	Below a rocky outcrop.
31	The spur. **	A pass at the waterfall just South!
32	The spur.	
33	The Southern creek. **	40m from the junction.
34	The spur (top of the pass!).	Go 50m. 354 degrees to a large dead tree.
35	The watercourse.	
36	The creek junction. **	Gorgeous rainforest!!
37	The creek.	50m East of the 4WD track.
38	The quarry.	Western edge.
39	The watercourse. **	Bridle trail ascends the spur just South!
41	The creek.	Rainforest. Thick vines just upstream!
42	The gully. **	Rockface below it.
43	The West creek.	An amphitheatre!
44	The spur.	Forestry workings to the East!
45	The creek.	Below a small cliff.
46	The creek.	Above a cliff. Access difficult from below!
47	The spur. **	
51	The watercourse junction.	Very scrubby along the creeks!
52	The spur.	50m above an old timber loading ramp.
53	The N.W. creek junction. **	A rocky overhang on the North-east side!
54	The knoll.	A large dead tree. Scrubby everywhere!
55	The spur.	Above the cliff with a view!
56	The spur.	Above the cliffline. Spectacular view!!
T&D	Lookout Picnic Area. **	Great views! Friendly people!! (toilets, food)
61	The watercourse.	Upper part.
62	The creek. **	Small canyon upstream.
63	The creek junction.	Pretty bangalow palm grove.
64	The creek.	Below a pretty 10m waterfall.
65	The creek junction.	

Emergencies: Mob. Phone No. 0418610307 for Robert Vincent.  
T & D has radio contact with Hash House!

- Control 35 the hilltop East is scrubby so best to contour around.
- Control 36 a very pretty place accessed from downstream or beaut spur to the East.
- Control 37 thick lantana along the track edge (10m) so leave the track earlier.
- Control 39 good access all around. Please respect the Out of Bounds!
- Control 24 access from the 4WD track is best as it is scrubby around the slopes.
- Control 25 access good in all directions with open forest. Respect the Out of Bounds!
- Control 26 access along the transmission line. Please respect the Out of Bounds!
- Control 27 access below is difficult requiring route finding through a cliffline.
- Control 29 access above is slow due to rocky outcrops.
- Control 13 access from West or North only. Please respect the Out of Bounds!
- Control 17 the track is the only access. Please respect the Out of Bounds!
- Control 18 access all around. You can pass through the cliffline in the gully West.
- Control 19 access from N.E. difficult due to scrub. Good access from W or S.
- T + D ..... best access is the road N.E., but the spur S.E. is fine although rocky. The pass to the North is well streamered! Remember, 3.00 - 9.15pm only!!
- **OUT OF BOUNDS ACCESS** a number of areas are clearly marked out of bounds and all participants are to respect these. The main access routes are .....  
From HH: along Mt. Nellinda Road and via the transmission lines to MacBeans Firetrail and the 4WD track via Checkpoint 17.  
Gap Creek Valley: there is a walking trail through to the locked gate at the end of Owens Road. From there a bridle trail ascends to the ridge above or else continue down Owens Road to the Slippery Rock Road junction and ascend it.

#### Suggested Route Plan.

The following information is a *guide only* to assist teams in their planning. You are welcome to stay after the Start to ask for advice or assistance from our experienced people.

#### What category do you fit into?

- Control 62 large boulders in the creek just S.E. so access 20m along the banks.
- Control 63 good access down the N spur. Energy required to boulder-hop the creek.
- Control 64 access up the slope from 19 or from the overgrown track N.W.
- Control 65 Turner Rd. joins the main Watagan Forest Rd 1km to the North. It is then 1.3km to the White Mahogany Ridge Rd. junction.
- Control 51 has scrub along the creeks so is best approached from the spurs.
- Control 53 is accessed from the N.E. creek. The W spur and creek S.E. are tougher.
- Control 54 scrubby everywhere on top. Best access up the S.W. spur or the ridge.
- Control 55 great view! Access from the S or West.
- Control 56 great view! The spur W is scrubby regrowth. The pass is streamered!
- Control 41 has good access along the contours but difficult to access from the West.
- Control 43 has good access from all directions although the track N.W. is best.
- Control 44 has good access from all sides in open forest.
- Control 46 access from upstream is best. From below boulder scrambling is required.
- Control 31 access from above is best. Care is needed in the pass at the waterfall!
- Control 34 access through the pass is straight forward. Compass bearing to the flag!