

## Using NavLight

This event will use NavLight electronic punching. NavLight has two main components, punches and tags. A green tag is strapped to the wrist of each person in your team. A flat marker plate and a punch, housed in a metal tube, hang from a wire cable at each control. Each control is only marked by the flat metal plate. The control number is on the plate and the punch



### Punching at a control

When you visit a control, you record your visit by inserting the punch into the tag. You should hold the punch in the tag until a red light flashes to indicate that your visit was recorded. The flash can be difficult to see in bright light. If you don't see the flash, try rotating the punch so you look at it from a different angle.

A “Test” punch will be hanging beside a flag near Admin. You can use this to try your tag and see how the system works. It has no effect on your score.

### Fitting the wristbands

The wristbands are made from a rugged vinyl material and cannot be removed from the wrist without breaking them. Wear them quite loosely. You should be able to fit two fingers comfortably between the band and your wrist. Over a long period, a tight strap will cause irritation. Thread the band through your Tag, wrap it around your wrist, then close the clasp through one of the holes in the strap. There is a loose end which you can pull off carefully.

