

NEW SOUTH WALES ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 98

July 2003

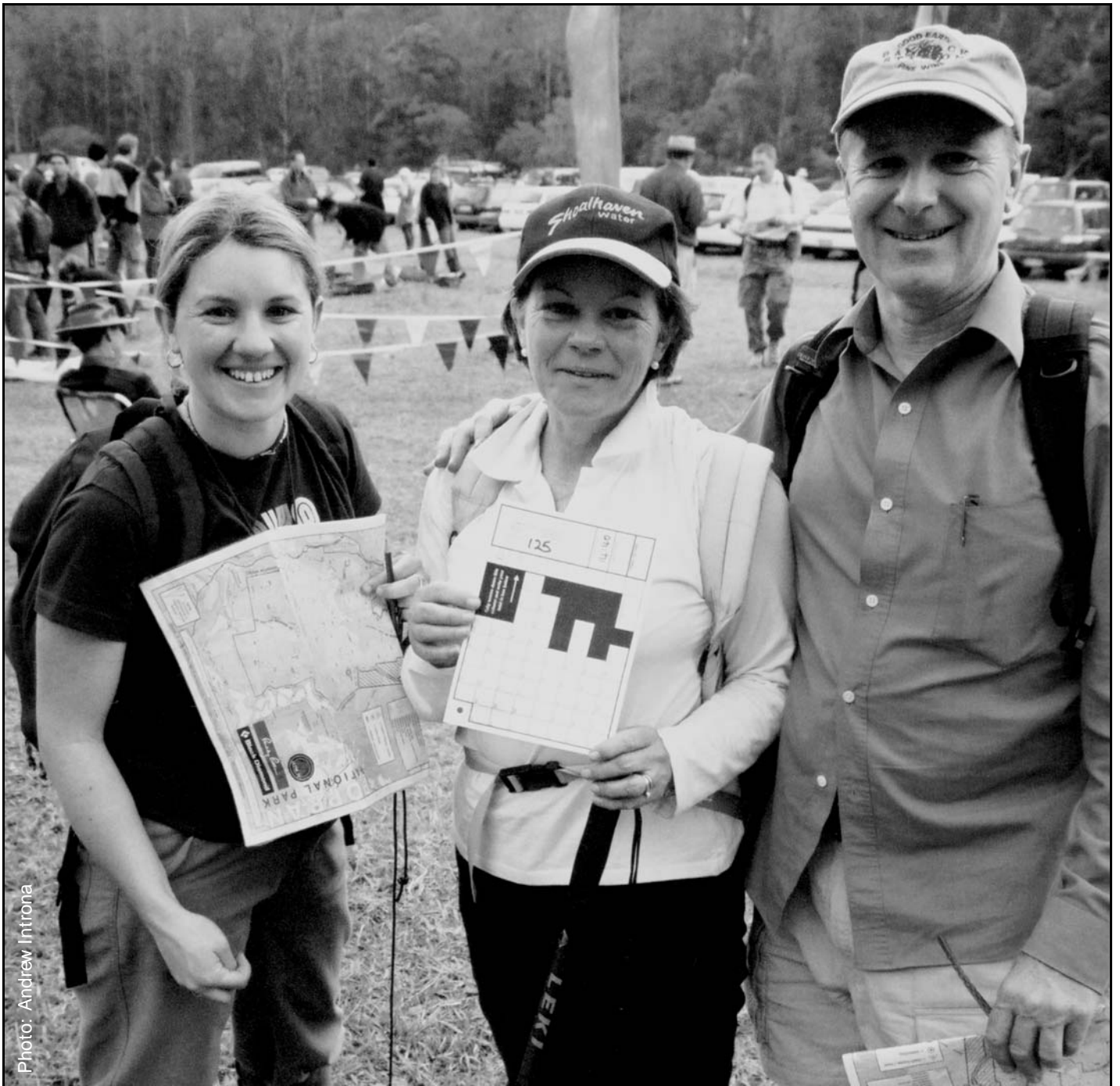


Photo: Andrew Inirona

www.nswrogaining.org

2003/2004 NSW AND ACT ROGAINES

Date	Event	Location	Contact
23 rd August	6 / 12 hour Lake Macquarie	Watagans	David Coysh (02) 4981 1949
31 st August	ACT 6 hour Cyclegaine	ACT	(02) 6251 6908
September (date to be confirmed)	Upside-Down (midnight - 8am)	ACT	(02) 6251 6908
11-12 th October	NSW 24 hour Champs	South Coast	Trevor Gollan (02) 4226 5544
8 th November (date to be confirmed)	Spring 6/12hr	ACT	(02) 6251 6908
23 rd November	'Socialgaine'	South of Sydney	Rollie Burford
February 2004 (date to be confirmed)	'Metrogaine'	TBA	TBA

2003 INTERSTATE ROGAINES

Date	Event	State	Contact
9-10 th August	24hr Champs	South Australia	(08) 8271 2712
16 th August	'Snogaine'	Victoria	(03) 9438 6626
13 th September	6 / 12 hour	Victoria	(03) 9438 6626
13 th September	6hr	N. Queensland	(07) 4033 0908



THE PRESIDENT'S REPORT ~ July 2003

Welcome to the second half of 2003. Hope you have all enjoyed the past events and are keen for more.

Thank you to all those involved in making the Paddy Pallin event a great success. It was enjoyed by participants and volunteers alike. Paddy would have been proud. The participation numbers were once again high with many hopefuls unfortunately having to be turned away. When the Oxfam Trailwalker was washed out in May and rescheduled to the same weekend as the Paddy Pallin event, there was some concern that it would impact on our numbers. This wasn't the case, and in fact a number of participants walked the 100kms of the Oxfam Trailwalker, finishing by Saturday night AND competed in the 6hr Rogaine on the Sunday.

One negative incident at the event soiled the otherwise successful event. An understandably irate landowner whose land was off course and therefore out of bounds, and from whom we did not have permission to access his land, rang me the week after the event to protest. He apparently found "two young boys playing silly buggers" on his tractor. He also claimed one of the boys was very rude when he approached them. A number of his newly planted seedlings were damaged and rubbish was left scattered around his land. I offered my sincerest apologies for this invasion of his property and informed him that this sort of behaviour was not typical of rogainers in general.

This year's Bushwalker Wilderness Rescue NavShield was held in the Gardens of Stone National Park two weeks ago. The area featured some fascinating topography and varying vegetation. While the event's primary aim is to provide a training exercise for volunteer rescue organisations and the professional emergency services, a category for rogainers is also included. Many regular rogainers compete as members of bushwalking clubs, SES members, and the like. This year saw the two-day event won by a large margin by a Newcastle Bushwalking Club team, whose six members are all regular rogainers (Wil de Sain, Bert van Netten, Rob Vincent, Shane Trotter, Mike Hotchkis and Ian Dempsey).

The 6th World Rogaining Championships are taking place in Tucson, Arizona in May 2004. If you are interested you can find out more at <http://rogaine.tucsonorientering.org>. The NSWRA, on behalf of all the members is putting in a bid to host the 7th World Champs in 2006. We are the only Australian state doing so, and we believe it is time that the event returns to Australia. The last World Champs held in Australia was the 2nd WRC in 1996. If we are successful we will be looking to all members to assist where they can to make the event an international success. More news in coming newsletters.

The biggest issue of the second half of 2003 that will affect all rogainers is the large increase in the Public Liability insurance cover for the sport nationally. Our Australia-wide insurance premium has risen by over 250%. There was doubt over the last few months that the sport in Australia would be able to acquire the necessary coverage to continue. Thankfully we will be able to continue to grow, although we must accept an increase in the cost of participation. Your annual membership fees primarily cover this insurance and the 6 newsletters you receive per year. The committee will be discussing the issue at length at an upcoming committee meeting and will make a decision on the best course of action. It is likely that any increase in memberships will not reflect the 250% increase in the premium, as early discussions amongst the committee members appears to favor an across-the-board increase in event entry fees. The most likely outcome will therefore be a small increase in membership fees combined with larger increases in event entry fees. The thought is that this would be fairer, particularly to those members who only enjoy one event a year. You will therefore begin to see an increase in event fees commencing with the New South Wales Champs in October. In defence of these upcoming unfortunate yet necessary increases, by comparison to other similar events such as mountain bike races, adventure races, and even triathlons, the sport of rogaining still offers the cheapest organised outdoor sporting events. Another requirement of this new insurance coverage is the disclaimer / waiver that many of you would have been required to sign at last month's Paddy Pallin event. This document will now become a standard across all future events.

The next event on the calendar is the annual Lake Macquarie 6 or 12 hour event on the weekend of the 23rd August. Commencing with a mass start at 12noon Saturday, either time period option will provide an excellent opportunity to enjoy either your first experience of navigating at night, or to hone your skills before the State Champs in October.

I look forward to seeing you at the either or both of these upcoming events.

Andy Mein

2003 COMMITTEE LISTING:

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[POSITION VACANT – volunteer required]

Equipment Officer:

[POSITION VACANT – volunteer required]

General Committee: *Sue Clarke*

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VOLUNTEER REQUIREMENTS:

Lake Macquarie Rogaine

The success of all rogaine events is dependant on support from volunteers. Remember the age-old adage: '*many hands make light work*'. So if you are not participating and would still like to be involved, please consider volunteering as a valued event staff member. Below is a brief list of some of the roles that may be required. If you are able to help for all or part of the event please contact David Coysh at home on 4981 1949 before 8.30pm, or at work on 4964 5726, or at akela@nelsonbayscouts.com if you are able to assist:

Volunteer Role & Required Tasks:

Admin. Assistants:

- ◆ Registering teams
- ◆ Distribution of maps
- ◆ Control card hanging
- ◆ Record finish times
- ◆ Checking control cards
- ◆ Displaying results

Site Staff:

- ◆ Gate attendant
- ◆ Car parking
- ◆ Camping directions
- ◆ Up-keep of toilets
- ◆ Fire attendant
- ◆ Water re-supply

Safety car / water drop:

- ◆ Drive safety sweep car
- ◆ Establish and replenish water drop

Flag retrieval:

- ◆ To retrieve all flags from course in your own time over the two weeks post-event

THE 12TH ANNUAL 'LAKE MACQUARIE' 6 / 12 HOUR Saturday 23rd August 2003



Once again the Lake Macquarie Rogaine will be held in the Watagans, to the west of Australia's largest coastal salt-water lake. With its beautiful rainforest, pristine creeks and friendly fauna only two hours north of Sydney, this is a Rogaine not to be missed. There is either a 6 or 12 hour option commencing with a mass start at 12 noon Saturday. The 12 hour option will give you a good introduction to night navigation.

The Watagans are criss-crossed with the legacy of the early 'timbergetters' in the form of their old roads, old dams and many giant trees they dropped and left. Timber trucks still use the area so be careful. There are beautiful rock pools surrounded by moss covered walls, rocks and trees. Tree and rock orchids abound as do Lyre birds, Quills and Wallabies.

Unfortunately the new online entry system will not be in operation for this event, so please use the entry form included in this newsletter.

THE 2003 NEW SOUTH WALES ROGAINING CHAMPIONSHIPS Saturday 11th – Sunday 12th October 2003



The NSW Championships return to the South Coast with plenty of beach strolling, pleasant forest and fens, and a beachside camping area for our hash-house site. Or you may follow the path of blade-grass thickets, impenetrable heath and leech-infested swamps. It's good to have choice! We have conducted two beachside rogaines on the South Coast, Lake

Tabourie in 1993 and Pretty Beach in 1996. Each was memorable, and fun to explore. As to fine detail, all I will say about location is "between Nowra and Batemans Bay". Yes, we will run a bus between the train terminus at Bomaderry and the rogaine. And yes, there will be a 15-hour event on offer for those who are daunted by the spectre of 24-hours. As I sweltered through the heat of Nowendoc at last years Champs, my poor fuzzled brain visualised a cool, wave-lapped beach ... salt water licked and healed at my wounds as I plunged through an effervescent wavewash I floated painless, chilled, refreshed ... This year that can be the reality. I hope to see you there.

Entry form will be available in the next newsletter or on the website.

PADDY PALLIN WINTER 6HR EVENT REPORT:

In 1964 Paddy Pallin, the man, first conceived the idea of an organised navigational event as a way of improving the skills of bushwalkers in map and compass navigation. That same year he held the first 'Paddy Pallin' navigational event. Held at Euroka that event perhaps involved no more than a couple of dozen participants. Now in 2003 at this year's 40th annual event, 650 participants and 20 volunteer staff enjoyed perfect weather in and around Popran National Park.

Popran NP was a Park I was unaware of up until the event course-setter, Ross Duker, took myself and Belinda and Andrew Pope (the event administrators) for an initial visit in January of this year. (See Ross' article later in this newsletter.) The ease of access from Sydney in comparison to the last few years of Paddy Pallin events was certainly the initial appeal. Early discussions with the owners of Glenworth Valley, the original proposed Hash House site, clearly ruled out the use of the valley. They run a successful horse-riding business within the valley, something that would not co-exist with 650 rogainers. The owners of Glenworth Valley kindly offered us an alternative valley on the western side of Mount Olive. This became the events Hash House site. And from this site we began our months of work creating the 40th Annual Paddy Pallin 6hr Winter Rogaine event.



View from CP66 sketched by Course Marshall Kristi Bond

Once consents had been negotiated and finalised with the numerous concerned parties, Ross Duker (setter) and Eric Smith (vetter) busied themselves creating a course worthy of a 'Paddy Pallin' event. The Park contained numerous significant aboriginal sites, pristine waterways, and a number of rare and threatened plant species. We worked with the NPWS and the managers of the adjacent Crown Land to ensure our impact was minimal, particularly to those sensitive areas. Our thanks to Richard Colbourne (Ranger for Popran NP), and Rowan Berecry (Secretary for the Mangrove Mountain Flora Reserve Trust) for their assistance throughout the process.



As you are now all well aware, the thick scratchy scrub on the course was at times extremely challenging. The geographical features were however well defined making for easier navigation, something that perhaps excuses the thickness of the scrub. Although from my visits to the course, I admit that there were times I had trouble finding the creek lines through the scrub! The 4WD and walking tracks on the plateau south of Mount Olive, would have provided some relief from the scrub for many of you. While the course area looked small on the map, we were certain that no team would be able to clear the points in the 6 hours. This was the case, although the top teams did travel further than we anticipated. For those of you who enjoyed the event as an opportunity to discover new places and environments, I am sure you were not disappointed, although were somewhat relieved to emerge into the open valley of Ironbark Creek at the end of the event.

Ironbark Creek was a superb location for an event Hash House. Surrounded by pristine bush land with reasonably straightforward road access. With the exclusion of the numerous cow paddies, the grassed valley floor was an ideal campsite come car park. The king tide that accompanied the full moon on Saturday night was the only unpleasant aspect of the site, particularly for those that established their campsites on the banks of the creek and were woken by the over-running waters.

Last years stomach turning discovery of two missing participants at the conclusion of the event at Newnes, was something not to be repeated. At 3.30pm Sunday, half an hour after this years finish, 23 teams had not returned. All these teams thankfully were eventually accounted for by way of the safety measures we had perfected since last years event. Most of the teams were radioed in by the course marshals as being on route to the Hash House, or had elected to make use of the emergency mobile number by sending an SMS message informing us they were OK and were also on-route to the Hash House. Our thanks go to the following course marshals who volunteered their time and energies to ensuring the safety of all the participants:

CP66 - *Tanya Chivers, Kristy Bond, Rob de Jong*
CP62 - *Neil Prosser, Hisako Shiraishi*

CP64 - *Chris Mein, Anthony Hutchings*
CP104 - *Alan Scott*

Managing the administration of such large numbers of participants, from processing the initial entries to preparing the final results, is a big task. This year we once again have Belinda and Andrew Pope to thank. There are and were many challenges to this role and they took them all in their stride, while juggling their two young boys (figuratively speaking!). Thank you to you both.

Every rogaine event would not be possible without the assistance of the volunteers. This year we have all the following to thank for their roles in making the event a success:

Andrew Introna
Dianne Saunders
Julian Dryden
David Coysh
Carol Chivers
Jim Mein
Gill Mein
Lee Lowe
Rodney Davies
Catherine Watts
Jan Smith
Merle Goyen
Marcelle Gannon (& friends)
And anyone I may have forgotten.



1st Waitara Scouts didn't disappoint once again with this years catering. We are very fortunate that they happily take on this mammoth task feeding so many. And for those carnivores that were present on Saturday night the smell of roast lamb filling the valley was a definite mouth waterer.

A final note of thanks to the events sponsors. Paddy Pallin Outdoor Equipment has supported this event throughout the many years, among other things covering the cost of the event brochure, and most importantly, ensuring the event has adequate insurance cover. They also provided via the events co-sponsors, Ultimate and Black Diamond, a superb array of quality prizes. I know you all enjoyed the approach we took to awarding those excellent products. Thank you to Paddy Pallin, Ultimate, and Black Diamond.

A testament to the enjoyment of all who participated is visible on the event photo gallery on the Association website www.nswrogaining.com. There are smiles on every face.

Andy Mein (Event Coordinator)

FINAL NOTE: Next year we will need a new coordinator and/or willing team to continue the events success, so if you are interested please contact Andy (see committee listing for contact details).

Team No.	THE 40 th Paddy Pallin 6 HOUR WINTER ROGAINE	Score	Time	Overall												
					Men	Women	Mixed	Veterans	Mens Vet	Womens Vet	Mixed Vets	Super Vets	Junior	Family		
238	Tom Landon-Smith, Alina McMaster	2170	15.05	1			1									
87	Simon George, Nick Wilkinson	1980	14.54	2	1											
92	Andrew Hill, Robert And Preston	1940	14.57	3	2											
167	Jerome Zadro, Sascha Zdenkowski	1740	14.5	4	3											
129	Ian Cameron, David Lyle	1730	14.58	5	4			1	1							
253	Chris Clausen, Rosemary King	1730	14.58	6			2									
252	Matt Blundell, Jason Wilson	1700	14.42	7	5											
199	Peter Dubbelaar, Ross Pointer	1700	14.5	8	6											
217	Cameron Osborne, Andrew Wisniewski	1690	14.45	9	7											
24	Andrew Haigh, Nicole Haigh	1670	14.47	10			3									
114	David Parslow, Darren Smith	1660	15.03	11	8											
9	John Hodsdon, Val Hodsdon	1650	14.49	12			4	2			1	1				
42	Gretchen Hart, Joel Wright	1640	14.58	13			5									
100	Bruce Cook, Wil de Sain	1620	14.57	14	9			3	2							
10	Ross Barr, Ron Junghans	1590	14.59	15	10			4	3				2			
209	Andrew Glover, Matt Ryan, Duncan Sinclair	1550	15.13	16	11											
90	Peter Holz, Shane Trotter, Rebecca Wilkinson	1530	14.43	17			6									
102	Peter Day, Philip Gibbs	1530	14.58	18	12											
192	Bruce Macaulay, Rusty Worsman	1500	14.48	19	13											
106	Grace Elson, Orla Murray	1500	15.04	20		1										
161	David Gell, Joel Mackay	1480	14.55	21	14											
13	Toby Corlette, Tristram Miller	1460	14.54	22	15											
12	Mark Freeman, Martin Krause	1460	14.59	23	16											
123	Ian Dempsey, Wendy Scott	1450	15.01	24			7	5			2					
57	Graeme Dawson, Dave Ross	1430	14.52	25	17			6	4							
6	Ken Bright, Greg Scott	1420	14.54	26	18			7	5							
44	Colin Tuft, Katherine Tuft, Peter Tuft	1420	14.55	27			8								1	
95	Mike Robinson, Peter Worrall	1400	14.38	28	19			8	6							
254	Sue Mahony, Martin Parmenter, Julian Thompson	1400	15.04	29			9									
232	Damon Goerke, Fleur Grose	1380	14.54	30			10									
45	Sue Kurrle, Meg Thornton, Robyn Tuft	1370	14.55	31		2		9		1						
48	Wayne Davis, Reddall Leslie	1370	14.57	32	20			10	7							
147	Craig Hammer, Greg Matthews, Rod Tracey	1370	15.04	33	21											
228	Stephen Thompson, Eva Wong	1350	14.58	34			11									
251	Megan Christie, Gay Farebrother	1330	15.07	35			12									
212	Bruce Fenton, Conry Gissel	1330	15.29	36			13									
196	John Clancy, Anna Clarke, Chris Stevenson	1290	14.51	37			14									
35	Neil Chappell, David Lilley	1290	15.01	38	22			11	8			3				
96	Thomas Hayward, Jessica Hayward, James Hayward	1290	15.03	39			15								2	
49	Peter McConaghy, Wendy McConaghy	1270	14.57	40			16									
51	Paul Batten, Bronwyn Batten	1240	14.13	41			17									
15	Peter Dunn, Gary Ferris	1230	14.52	42	23			12	9							
30	Peter Booth, Glenn Schwarzel, Mark Schwarzel	1210	14.56	43	24			13	10							
118	Selwyn Butt, Craig Dunn, Andrew Payne, Scott Robertson	1200	15	44	25											
235	Nicki Brown, Danielle Puhmann	1200	15.01	45		3										
237	Nick Hudson, Fiona Milner	1180	14.59	46			18									
17	Christine Curtin, Stephen Darby	1180	15.23	47			19									
182	George Collins, Peter Watterson	1170	15	48	26			14	11							
75	Lynda Fisher, David Fisher	1160	15.08	49			20									
215	Peter Hanselmann, Graeme Woodward	1150	14.5	50	27											

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.

Team No.	THE 40 th Paddy Pallin 6 HOUR WINTER ROGAINE (continued)	Score	Time	Overall											
					Men	Women	Mixed	Veterans	Mens Vet	Womens Vet	Mixed Vets	Super Vets	Junior	Family	
131	Sue Clarke, Melvyn Cox	1150	14.51	51			21	15				3			
135	Paul Rutten, Peter Sinden, Micheal Tristram, Brent Whiteman	1150	14.52	52	28										
213	Murray Russell, Shane Russell	1140	14.4	53	29										
46	Andy Cairns, Malcolm Hughes	1120	14.51	54	30			16	12				4		
65	Ione McLean, Juliet Spagnolo	1080	15.03	55		4									
56	Christophe Cowie, Georg Hauswirth, John Holland	1070	14.51	56	31			17	13						
153	Phillip Keaton, Rose Peterson, Benita Sommerville	1070	15.05	57			22								
101	Anthony Hunt, James Stuart	1060	14.5	58	32										
143	J. Bentley, S. Deppeler, D. Johnson, D. Smith	1060	14.54	59	33										
110	Alvaro Garcia, Benjamin Kong	1060	14.55	60	34										
22	Lynn Dabbs, Kevin Williams	1040	14.32	61			23	18				4			
150	James Armstrong, Kate Austen, Ben Howell	1030	14.48	62			24								
69	John Anderson, David Dash, Peter Tamsett	1030	14.54	63	35			19	14						
52	Julia Prudhoe, Paul Prudhoe	1020	14.51	64			25	20				5			
85	Richard Connors, David Green	1010	14.39	65	36										
70	Kathy Herrmann, Kristiane Herrmann	1000	14.57	66		5		21		2					
107	Adrian Engelbrecht, Bill Paterson, Rob Paterson	1000	15.07	67	37										
1	Jordan Richardson, Maurice Richardson, Nathan Richardson	990	14.27	68	38										3
134	Mark Coppock, Adam Hart, David Hart	990	14.29	69	39										
149	Ben Austen, Steve Dale, Pdraig Dorrigan, Laura Hohnen	990	14.4	70			26								
113	Matt Costin, Alex Crime, David Massa, Will Roden	990	14.51	71	40										
126	John Bray an, Paul Ettema, Carolyn Haupt	980	14.58	72			27								
16	Bert, Dianne, Jamie and Kim van Netten	980	15.25	73			28								4
33	Peter Annettes, Jarryd Barton	970	14.36	74	41										
234	N. Kaczorowski, W. Keen, J. Ho Ch LI, M. Piotrowicz, D. Ward	970	14.5	75	42										
183	Walter Kelemen, Jonathan Raine	970	15.24	76	43										
221	Oscar Clarke, Nejdet Danis, Richard Sage, Paula Stuart	960	14.3	77			29								
124	Matthew Unwin, Nicholas White, Althea White	950	14.54	78			30								
83	Bill Dowsley, Maurice Ripley	940	14.54	79	44			22	15						
210	Raymond Hand, David Ireland	940	14.54	80	45			23	16						
68	Bill Chalmers, Carolyn Chalmers	930	15.06	81			31	24			6	5			
66	Sue Casburn, Arran Gordon	920	14.38	82			32								
142	Gary Barnard, Gary Roberts, Helen Simpson	920	14.49	83			33								
97	Alice Meny hart, John Meny hart	920	14.52	84			34								5
175	Gemma Bell, Tristan Merrick, Jannene Milne, Lauren Stephens	910	14.46	85			35							1	
197	Dayna Zav one, Daniel Zav one, John Zav one	910	14.53	86			36								6
185	Anne Newman, Lynne Trappel	900	14.5	87		6		25		3					
61	Chris Jones, Jim Maclean, Peter Marshall	900	14.53	88	46										
166	Henry Roberts, John W Roberts	900	14.55	89	47										
54	David Noble, Deborah Noble, Rebecca Noble	900	14.59	90			37								7
82	Martin Liv, John Siccardi	890	14.25	91	48			26	17						
117	Jeff Ayres, Carl Mistler, Melanie Oliver, Trent Oliver	890	14.57	92			38								
156	S. Bedingfield, D. Butler, B. Effessopoulos, K. Kennedy	890	15	93			39							2	
211	Jeffrey Darwin, Parissa Poulis, Colin Taylor	880	14.33	94			40	27			7				
40	Stephen Huang, Colleen Mock, Colin Mock	880	14.36	95			41	28			8				
243	David Bere, Teresa Latimer, Rob Mantuano, Julie Street-Smith	880	14.47	96			42								
245	Franco Cazzolli, Michelle Dwyer, Kate Fitzgerald, Caitlin Walter	880	14.47	97			43								
104	Steve Belcher, Sabrina Cascio, Christian Peckham	880	14.49	98			44								
244	Steve Cliffe, Mark Moffitt, Leanne Moffitt	880	14.49	99			45								
184	Judy Richardson, Ray Trappel, Zac Trappel	880	14.5	100			46								8

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.

Team No.	THE 40 th Paddy Pallin 6 HOUR WINTER ROGAINE (continued)	Score	Time	Overall	Men	Women	Mixed	Veterans	Mens Vet	Womens Vet	Mixed Vets	Super Vets	Junior	Family
218	Kerrie Vaughan, Owen Vaughan, Chloe Vaughan	880	14.5	101			47							9
37	Vanessa Knight, Robyn Sharpe	880	15.01	102		7								
109	Tony Maloney, Carolien Murre, Roel van Bernebeek	870	14.26	103			48							
119	Lisa Butt, David Gwillim	870	14.35	104			49							
216	Steve Church, Tim Hebron, Colin Neate	870	14.53	105	49									
7	Anthony Dynon, Heather Dynon	840	14.52	106			50	29			9	6		
63	Dave Cochrane, Jacqui Cochrane	820	14.56	107			51							
93	Judy Young, Lindsay Young	810	14.35	108			52	30			10			
164	Maxwell Sy Coates, Gayle Pershouse, Greg Rowe	810	14.38	109			53	31			11			
53	Jennifer Borrell, John Keats	810	14.45	110			54	32			12	7		
255	Brendan Clissold, Jamie Greenwood	810	15.03	111	50								3	
151	Ian Almond, Matthew Almond, Peter Almond, Rod Doyle	810	15.1	112	51									10
8	David Carter, Maureen Carter	800	14.49	113			55	33			13			
220	Maryanne Dwyer, James Dwyer, Dan Heldon	800	14.56	114			56							
99	Carol Jacobson, Ken Jacobson	790	15.01	115			57	34			14	8		
191	Gavin Bowman, Stuart Ford	790	15.05	116	52									
5	Marilyn Ferris, Lesley Taylor	790	15.25	117		8		35		4				
38	Gregory Knight, Kathryn Mortimer	780	15.07	118			58	36			15			
219	Katherine Bell, Hal Simms	770	14.54	119			59							
230	Lyn Corrigan, Jeff Paul	760	14.42	120			60	37			16			
229	Annette Herring, Mark Herring, Nathan Leicht, Belinda Morrison	760	14.43	121			61							
236	Louise Cherry, Ling Oh, Mimmi Throne-Holst, Kate Wagner	760	14.45	122		9								
25	Peter Figiel, Danny Oconnell	760	14.54	123	53									
240	Wendy Adams, Steve Clarke, Bob Mudge, Doug Slatter	760	15.09	124			62							
233	Shane Bolton, Ben Sykes	740	14.31	125	54									
207	David Hawthorn, Cathy Miskimmon, Karen Small, Morgan Small	740	14.57	126			63							
248	Nigel McDonald, Nicole Sellin, Peter Washington	740	15	127			64							
249	Julie Evans, Nicola Bradbury, Steve Clancy	740	15	128			65							
31	Kim Fuller, Andrew Ric Smith	730	15.06	129			66							
144	Georgina Castle, Matt Castle, Tim Castle	720	14.32	130			67							11
173	Gillian Perkins, Iain Wilson	720	14.32	131			68	38			17			
20	Paul Jubb, Gail Siccardi	710	14.34	132			69	39			18			
103	Geoff Bouard, Ian Turner	700	15	133	55			40	18					
246	Barbara Barnes, Richard Barnes	690	15.13	134			70	41			19			
79	Sally Chang, Nick Lamb	680	14.49	135	56								4	
125	Joanne Gould, John Gould, Jenny Gould	670	14.4	136			71							
76	Gordon Carr-Greg, Jehan Kanga	670	14.51	137	57								5	
205	Samuel Havranek, John Havranek, Melissa Havranek	670	15	138			72							12
91	Diana, Glen, Peter, Robyn and Scott Charlton	660	14.34	139			73							13
189	John Biddiscombe, John Bishop	660	14.43	140	58			42	19					
81	Gail Finlayson, Scott Finlayson	660	15.25	141			74							
122	Richard B Smyth, Graham Hus Millar	650	14.22	142	59			43	20			9		
28	Andrew Cottrill, Kenneth Hargreaves, Chris O'Connor, Gavin Pilz	650	15.04	143	60									
71	Niels Gebauer, Bert Lancaster, Jane Mathews	640	14.47	144			75	44			20			
78	Stephanie Franc, Richard Horton	640	14.56	145			76						6	
47	Sharon Rixon, Helen Watts	630	14.31	146		10								
73	Donovan Kriflik, George Kriflik, Lynda Kriflik, Thai Kriflik	630	14.41	147			77							
204	Nick Greenhalgh, Jak Tupper	620	14.08	148			78							14
148	Alison, Liam, Jerade and Rodger Austen, Anthea Kearney	620	14.41	149			79							15
115	Wayne Laycock, Michael Murphy	620	14.55	150	61			45	21					

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.

Team No.	THE 40 th Paddy Pallin 6 HOUR WINTER ROGAINE (continued)	Score	Time	Overall	Men	Women	Mixed	Veterans	Mens Vet	Womens Vet	Mixed Vets	Super Vets	Junior	Family
27	Brian Roberts, Martin Webb, Ken Woodward	620	14.56	151	62			46	22			10		
174	Charles Bowden, David Perkins, Bryan Smith, Gill Walker	620	15.16	152			80							
112	Stuart Bragg, Dolores Callinan, Lauren Massey, Graeme McLeod	610	15.03	153			81							
14	Duncan Cross, Julie Gardner, Merinda Turton	600	14.4	154			82	47			21			16
163	Angus Thompson, Nigel Thompson	600	14.47	155	63									17
84	Michael Salmon, Rosie Sutcliffe, Alexander Sutcliff, Gordon Sutcliff	600	14.48	156			83							
19	Elisa Arcioni, Ed Muston	600	14.55	157			84							
11	Jackie Fitzgerald, Kate Harper, Lisa Justice, Katie Petering	600	15.06	158		11								
36	Kath Grant, Lyn Jones, Annette Stewart	600	15.06	159		12		48		5				
201	Adam Gordois, Julia Slotwinski, Marek Slotwinski, Gillian Sty nes	580	14.52	160			85							
72	Jane Greenop, Ray Jenkins	580	14.55	161			86							
180	Bronwen Gill, Carol Gill, Emily Gill, Alison Thomas	580	14.59	162		13								18
146	Steve Burchall, Madeline Fox	570	14.53	163			87							
208	S. Appleby, J. Cranley, K. O'Neill, N. O'Neill, R. Strachan	570	14.53	164			88							
34	Barbara Chapman, Anne Widmer	570	14.55	165		14		49		6				
223	D. Bishop, S. Fitzgerald, B. Kearney, M. Kennedy, B. Vua	560	14.52	166			89							
157	Nicole Delbridge, Megan Hardie, Emily Mainprize	560	14.53	167		15								
168	Janine McIlwraith, Mark Sliwinski	540	15.15	168			90							
247	Robert Dickens, Vicki Hughes	520	14.42	169			91	50			22			
176	Carlie Hooper, Wayne Mayhew, Nick Rixon, Joshua Stavert	510	15.03	170			92						7	
140	Brian Johnson, Beverley Johnson	500	15.29	171			93	51			23	11		
128	Wendy Day, Kim Gibbs, Dianne Laycock	490	14.57	172		16								
222	Yuri Apap, Angela Brungs, Antonio DiMeola, Matthew O'Kane	480	15.13	173			94							
26	Pam Montgomery, Robert Montgomery	470	14.41	174			95	52			24	12		
200	Haidi, Jon Baumgartner, Virginia Condon, Trevor Fuggle	470	15.18	175			96							
171	Belinda Foster, George Foster, Jessica Foster	460	14.52	176			97							19
136	Paul Bery, Alison Molyneux	460	14.54	177			98							
195	Drew Fryer, Adam Kent, Anna Park	460	15	178			99							
39	Dennis, Sue, Jason and Skye Byrne, Sharon Garland	460	15.24	179			100							
133	Penny Allen, Marie Kibble	450	14.39	180		17		53		7		13		
203	Darcy Brooker, Jackson, Pery and Steve Rampant	450	14.58	181	64									
23	Denise Black, Stephanie Seaton, Margot Strachan, Jenny Wood	450	15.17	182		18								
41	Jocelyn Booth, Ted Booth	450	15.27	183			101	54			25	14		
241	Yvonne Lenzenhofer, Thomas Lenzenhofer	440	14.56	184			102							20
127	Emma Mansfield, Martin Mansfield	440	15.21	185			103							21
120	Jon Herron, Michael Werry, Adrienne White	430	14.45	186			104							
121	Tim Balgos, Craig Findley, Richard Green, Justin Nijdam	430	14.45	187	65									
58	Judy Shea, Paul Shea	420	14.52	188			105	55			26	15		
64	Marcelle Gannon, Cameron Schmelitschek	420	15.12	189			106							
67	Yeng Oudgaarden, Barry Pearce	410	14.27	190	66			56	23			16		
177	Lucy Temple-Smith, Bronwyn Wilson, Robin Young	410	14.48	191		19								
178	Ngairie McKinnon, Shirley Rees, Sharon Sutton	410	14.48	192		20								
159	Allen Chu, Rebecca Down, Max Tong	390	14.34	193			107							
32	Sara Cole, Clare Loui Fasching	380	14.54	194		21								
116	Paul Christian, Bianca Norgrady, Bethany Palmer	370	15.1	195			108							
179	Fintan Tierney, Maria Tierney	360	14.4	196			109							22
172	Clare Bellis, Connie McNamee-Burton	360	14.53	197		22		57		8				
21	Arwen Cross, Elwin Cross, James McElvenny	360	15.1	198			110							
225	Jason Lindley, Scott White	360	15.22	199	67									
169	Michael Chaaya, John Galayini	340	15.1	200	68									

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Team No.	THE 40 th Paddy Pallin 6 HOUR WINTER ROGAINE (continued)	Score	Time	Overall	Men	Women	Mixed	Veterans	Mens Vet	Womens Vet	Mixed Vets	Super Vets	Junior	Family
137	Dennis Sparling, Jim Wells	340	15.24	201	69			58	24					
227	David Catt, Luigi Perry, Peter Powell	340	15.24	202	70									
187	Simeon Coghlan, Kate Jarvis, Hollis Scoggin	310	14.26	203			111							
4	Esthe Deunow, Nick Mitchell	300	13.32	204			112							
105	Lesley Buckley, Jim Hubbard, Bob McNair	300	14.43	205			113	59			27			
193	Emma Lawson, Jeremy Lawson, Ivan Roberts	270	13.42	206			114							
194	Tim Bulman, Ellis Connolly, Rebecca Sharman	270	13.42	207			115							
231	Bill Gribble, Rik Pauw, Leslie Steinhaus	260	14.54	208	71			60	25			17		
62	Lyn Berg, Jennie Bond, Tony Bond, Jon Marsden	260	15.21	209			116	61			28			
206	Kylie Smith, Chris Stewart, Lousie Wilkinson	260	15.22	210			117							
108	Isabelle Bore, Thais Turner	230	14.25	211		23								
3	Eric Barnes, Robert Wheen	230	14.45	212	72			62	26					
89	Peter Smith, Matt Smith	220	15.17	213	73									23
59	Bev Barnett, Bev Green, Carol Sidler	220	15.21	214		24		63		9				
60	Debbie Bush, Jenni Farrell, Heather West	220	15.21	215		25		64		10				
165	Penni Williams, Simon Williams	200	14.07	216			118							
226	Angela Brinkmann, Theresa Lindley, Trish White	180	15.24	217		26								
155	A. Barrell, E. Common, K. Davies, S. Farnell, J. McHugh	130	15.22	218			119							
138	Louise Oliver, Clare Watts, Laura Watts, Michael Watts	80	15.17	219			120							24
158	Jane Brennan, Luke Brennan, Ben Wolfe	DISQ												
18	Lynnda Paju, Kim Rossington	Late												
29	Andrew Cole, Leah Cole, Elizabeth Habgood	Late												
50	Steve Smith, Stephen Ward, Tracy Anne Ward	Late												
74	Christian Lewin, Madeline Lewin, Robert Lewin	Late												
77	Fiona Lamb, Sylvie Millard	Late												
86	Tonino Falzarano, Steven Griffiths	Late												
94	Alex Been, David Kricker, Anna Kricker, Duncan Robertson	Late												
111	Nihal Danis, Papatya Danis	Late												
141	Harry Goyen, Paul Goyen, Steven Goyen, Paul Hidayat	Late												
145	Sue Dyer, Georgina Hollway, Alice Owen, Derek Waters	Late												
154	C. Ball, N. Davies, V. Eagles, L. Jackson, T. Maidla	Late												
160	Ann Kwan, Jacqui Matthews	Late												
162	Tim Pulford, Lynn Pulford	Late												
170	Gary Harvey, Robert Morgan, Tarmo Raud	Late												
186	Andrew Gooley, Kristy Hitchen, Jill Venables, Phil Yeadon	Late												
188	C. Bartlett, S. Newey, M. Perram, C. Rose, M. Russell-Jones	Late												
190	Paul Early, Andrew Jones, Scott Pendlebury	Late												
198	Scott Francis, Mia Mudge, Steve Mudge, Dominic Tilden	Late												
202	Mandy Sargood, Markus Sargood	Late												
214	R. Derriman, E. Donnelley, L. Nesbitt, A. Whitlam	Late												
224	Martin Graham, Kelly Stephens	Late												
239	Lisa Te Morenga, Steve Wakelin, Oscar Wakelin	Late												
242	Annabel Alexander, Anne Barnett	Late												

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.

“THE WHAT WHERE AND WHY OF THIS YEARS COURSE” – By Ross Duker

Setting any course for a rogaie has some parameters and criteria to work with. Popran National Park, whilst close to Sydney, had a number of restricting issues. Primarily it was the vegetation which was thick in parts to say the least. It was last burnt out in 1994. The National Parks and Wildlife

Service understandably had some concerns with a number of areas of sensitivity due to either rare and endangered plant species or significant aboriginal sites. The nature of this event is also an important factor to consider, as the event traditionally attracts many novices, as was Paddy's original aim, as well as experienced rogainers. These and other factors shaped the course into what you all hopefully enjoyed. Following are some comments on the various approaches you could have taken to the course as it was presented.

The NPWS exclusion zones meant about 15 proposed CPs had to be removed - the NE section covered by the legend; the northern part of Ironbark Creek; and the southern part of Hominy Creek. With about five weeks before the event this caused a major rethink for certain parts of the course. This also limited the setters known entry points back into the HH valley to 73, 93 & 104; 51, 61 & 62; and through 66. As it turned out people found you could negotiate up from 58 to 100 to the vetters surprise. However, many attempted to go between 55 & 83, this was not tested by the setter or vetters but the map seemed to indicate you could get through so it was left open without comment.

Apart for the glitch of entry points out of the HH valley the majority of the CPs were set on easily recognisable features such as watercourses, fences, high points (knolls), cliffs and tracks. Although it was a very compact course the major deterrent in taking short cuts was the thickness of the scrub. If participants kept to the spurs the bush was thinner but as usual there were exceptions especially the area between 66, 92, 33 and 55. Yes there were also cliffs that prevented taking short cuts. Another minor deterrent this year was the tidal creek - at the start time it was full tide, thus going directly to 73 from the HH via 34, or the boggy area immediately from the south side of the creek, would have been rather wet in fact most likely impassible except for a log that crossed the creek near 34. A better route choice was to go via 45 then along the track north of the watercourse to 73.

SE section. For the less experienced there was a handy route via a well defined track via 66 onto the SE part of the course, except for there being no track after the CP, though I expected this to get relatively well defined with the number of people expected to pass through. This should have given people confidence perhaps to go further than would normally be the case - note the high number of late comers, some more than 30 minutes late. The **SW section** was for the more adventurous but again if you tried to cross watercourses it was very slow in parts. CP63 was challenging because of the numerous small creeks in the area and people misreading the spurs to the south if coming from 103. There were cliffs not mapped on the base map to the east of 63 that added to the situation. The **northern plateau.** With the out of bounds of the northern part of Ironbark Creek enforced, closing off the access back to the HH caused extra CPs to be added late. Route choice was limited but if you took on the challenge going up the spur from 73 to 104 to avoid doubling back you really needed to get to 105 then come back through 66. You obviously had to be fit to cover this distance so the CPs had high points to compensate.

A table showing the CPs visited by % of the total number of participating teams which was 243.

CP	31	32	33	34	35	41	42	43	44	45	46	51	52	53	54	55
% visits	58	38	70	52	83	41	10	34	56	26	22	46	38	42	32	40

CP	56	57	58	59	61	62	63	64	65	66	67	68	71	72	73	74
% visits	13	62	29	17	33	33	11	45	15	63	14	7	25	18	38	27

CP	75	81	82	83	84	85	86	87	91	92	93	94	95	100	101	102
% visits	15	1	19	20	15	5	11	28	16	47	33	16	13	15	7	13

CP	103	104	105
% visits	12	28	13

Only one team visited CP81, surprising considering it was right next to a well defined track. Overall flows show marshalled CP66 had two thirds of participants visit, 104 a quarter and 62 a third. The highest visited was CP 35 with over 80%. CP 92 had nearly half of the teams visit, so I am sure the previous overgrown horse trail is now clearly visible.

See you around the traps, happy rogaining.



“NO EXPECTATIONS, NO DISAPPOINTMENTS” – By James Stuart

There is something always incredibly amazing about the start of a Paddy Pallin Rogaine, when 600 odd people exploding out in all directions towards the bush with anticipative fervour, not really knowing how the next six hours are going to turn out.

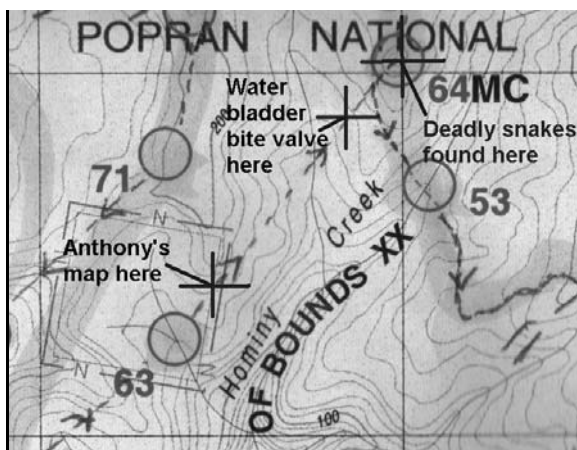
I decided this year to enter with my old friend from school Anthony. We hadn't done a Rogaine together for years, having entered other events previously as different teams. So we decided to approach this event with a more casual, easy going approach. (Perish the thought!)

We began like every one else, with what could be described as a fast gallop through the car park, and I looked back and saw Anthony slowing and looking around for something. “Where's my map?” he cried. Just then, a girl ran up behind us shouting “Yoo hoo!” and waving the map in her hand. What a start!

We dashed towards CP 34 with what seemed like an inordinate amount of people also sprinting, in a situation similar to an army infantry charge. When we reached this control point, we realised how lucky we are that Australians always form orderly queues.

So close to the start, CP 61 eluded us. We were at that intersection of a fence and cliff Me Lord!

Every Rogaine seems to have a large defined peak to conquer, and in our case, it was at CP95. We were rewarded with the awesome views. It was a pity about the power grid rising out of the bush in the distance, though.



'The Big Bash'

(Map showing future archaeological digs)

We decided to bush bash all the way through from CP63 to the high point CP64 (They are consecutive after all!) but we were met with thick body height scrub, which made it hard to keep sight of the high point at CP 64. (I pitied the poor sods that found themselves in those *dark green* bits on the map) This was an eventful leg; Anthony dropped his map again (this time for good) and I lost dropped the bite valve off my water bladder, causing a minor flood. (Why did they make it *black* in colour?) Both these items will probably be found by archaeologists thousands of years from now, and placed in a museum.

We broke out of the scrub onto the well-defined track and surprised another team. They said something like “You're kidding, you haven't been through there, have you?” I wish we were.

At CP 64 we came across some deadly snakes on a rock. Fortunately, they were the multicoloured edible ones kindly provided by the organisers. After a sip of delicious water from the creek at CP53, it was out towards the 'Golden Triangle' CP 72, 82 & 91 with intense focus, sometimes with a jog. So focused, in fact, that I must have seemed rude not acknowledging the smiles and the kind greetings of other passing competitors.

Fortunately we now could travel faster on the trails, but we weren't counting on the route known as the "Horse Trail", a steep track winding down a ridge from CP 33 to CP 66 and back into the lush Ironbark Valley to home. We followed a so-called trail but it kept breaking up. We met quite a few other teams who also had lost the track on the way down. I scrambled down what I thought was a 1 metre rock outcrop, but ended up falling more like 3 metres through some spongy bushes up to my neck. In a true understatement, I warned my approaching team mate: "I'd be a bit careful coming down there, if I were you". Then I heard a "Whoa!" and then a laugh, as he copied my precarious descent. I realised that if a horse had come down this way, it would be dead by the time it got down into the valley.




*A competitor finally reaches
Ironbark Creek*


We eventually negotiated a way down through the high cliffs, and our only aim now was just to make it back into the valley. I was still concerned we'd return late and lose all those hard-earned points. As well that, I was getting thirsty, and we were low on water, as we missed the water drop. Anthony, with positive energy, cried "Hey, look at this, we've exceeded the 1000 points mark!" In one instant he'd given a whole new perspective.

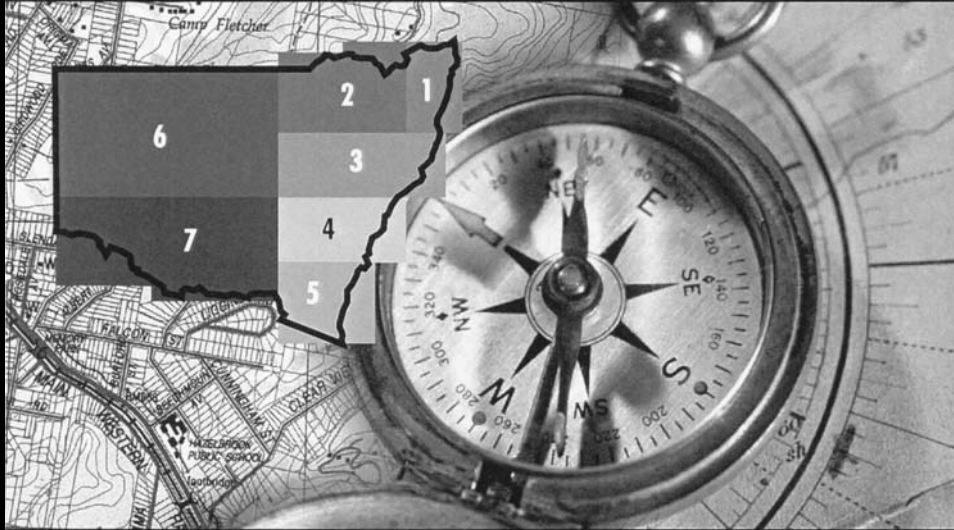
We made it back in good time, rather than risk diverting to get too many controls on the way back. (Always a painful decision!) We caught up with a few friends back at the Hash House, including some I hadn't seen for a while. Everyone had smiles on their faces, all with an immense sense of satisfaction. The Waitara Scouts wielding their soup magic was the cherry on top. Well, I suppose that's what the event's founder intended it to be all about, people in the bush, happy and no agro.

See you next year.



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What is Rogaining?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration; however, there are shorter events of 6, 8 and 12 hours. Most NSW events are held within 2/3 hours travelling time of Sydney.

Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas ("metrogaines"), or on bikes ("cyclegaines"). Rogaining is a challenging adventure sport and is a lot of fun.

Who is it for?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "hash house" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50km in a 12-hour event and even more in an event of 24 hours duration. However the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

What do you need?

Rogaining is good value for money; all you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24-hour events you may also wish to bring along camping gear and spend overnight at the hash house.

What does it cost?

In New South Wales the entry fees vary from \$20 to \$40 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

An annual membership fee is required to cover insurance costs and a regular bi-monthly newsletter. Membership fees are currently \$17 per individual. A family / household membership is also available where all members share the same address. In this instance there is an additional \$5 for each person on top of the initial individual membership. You can join when you enter your first event.

Contact Information:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event:

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NSWRA Secretary

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