

NEW SOUTH WALES ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION
Issue 86 July 2001

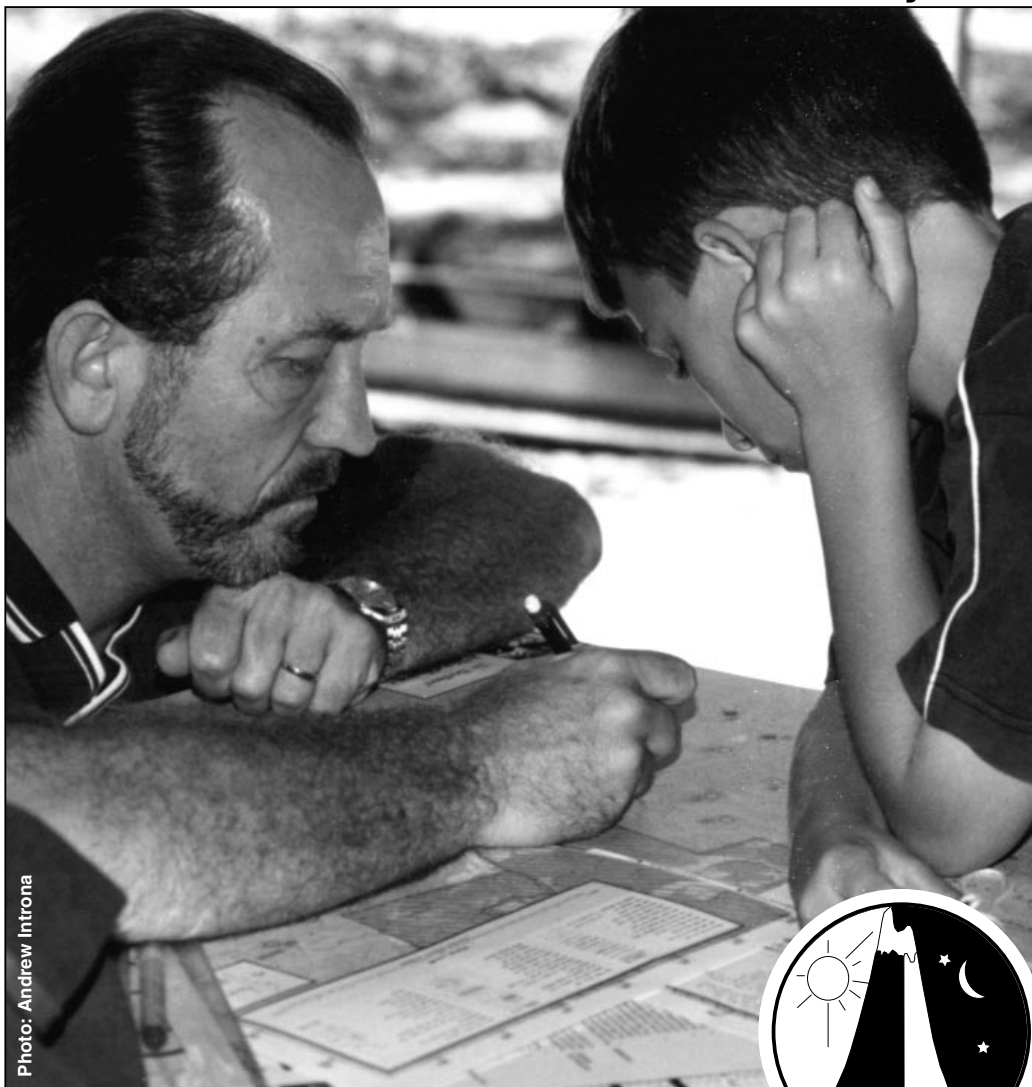


Photo: Andrew Introna



<http://rogaine.asn.au>

2001/2002 New South Wales & ACT Rogaines

	Date	Event	Location	Contact
NSW	25th August	6 / 12 hour	Lake Macquarie	Bert van Netten (02) 4975 3693
	9th September	Cyclegaine	ACT	(02) 6247 5334
NSW	27-28th October	NSW Champs 12 / 24 hour	Southern Highlands	Mike Hotchkis (02) 4294 1363
NSW	25th November	Socialgaine 6 hour	South of Newcastle	Ian Dempsey (02) 4943 5790
	1st December	Spring 6 / 12 Hour	ACT	(02) 6247 5334
NSW	24th February 2002	Metrogaine 6 hour	TBA	TBA
NSW	23rd March 2002	12 Hour	TBA	Any volunteers?
	27-28 April 2002	Australian Champs	ACT	(02) 6247 5334

Rogaining in other States

	Date	State	Event	Location	Contact
	4-5th August	Western Australia	Aust. Champs	TBA	(08) 9342 9213
	12th August	Victoria	Metro/Cyclogaine	TBA	(03) 9438 6626
	1st September	Victoria	Snogaine	TBA	(03) 9438 6626
	1-2nd September	Queensland	Cyclegaine	TBA	(07) 3351 6563
	13th October	South Australia	Spring 6/12 hr	TBA	(08) 8271 2712

Interested in the Australian Champs in WA in August?
Visit the website for up to date event info with photos,
map-snippets, and nearby farm-stay locations:

<http://wa.rogaine.asn.au/ozchamps>

Next World Championships

25-28th July 2002 Czech Republic

President's Piece:

The 2001 Paddy Pallin Rogaine will be remembered by participants as one of the most enjoyable in years. Others will write more about this event later in the newsletter. However, I would like to thank the organisers, Ron Jungans and Ross Barr for the spectacular course, the Administration team for running our largest event so very well, and Paddy Pallin for their continued support. A great event. A great day. Thanks to every one involved.

The NSWRA Committee was also able to present Stephen Castle with the Warwick Marsden Award for his services to the sport and the Association at the Paddy. Stephen has been actively involved in Paddy Pallin event organising, the newsletter and currently is our webmaster with partner Rhonda. Stephen has been a bit difficult to pin down, choosing not to enter the Metrogaine and being overseas honeymooning with Rhonda during the Wolgan Wander, finally at the Paddy we were able to express our thanks.

A very different event was held on the weekend of 7-8 July. The NavShield is primarily run as an emergency services training exercise. The event attracts Rogainers, both as rogaie teams and as teams representing bushwalking clubs and emergency services groups. Always attracting a large turnout, this year the Oberon area received a snow-fall 24 hours prior to the event, so conditions were rather cold. As promised, the course was pleasantly free of scrub, pagodas and gorges. Congratulations to the Bushwalkers Wilderness Rescue for a great event - one more Rogainers should try.

The shortest day has past and we're about half way through our calendar. The Oz Champs in WA on 4/5 August promises open, rolling hill country. For those of us with more modest recreational expectations, Rob Vincent's perennial Lake Macquarie Rogaine on 25 August offers challenging 6 and 12 hour events close to Sydney. In late October the NSW Champs will be held east of Goulburn. It's not shaping up as much of a ski season but it is another great year for Rogaining.

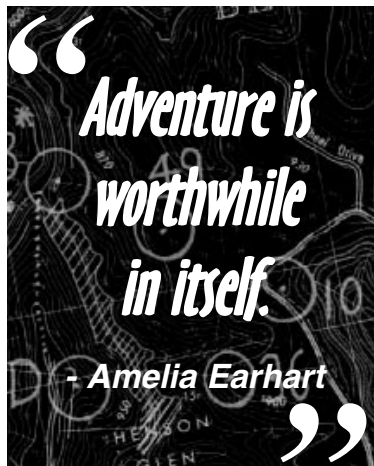
And finally congratulations to our newsletter editor Andy Mein on his engagement. That's one way to increase the membership! Well done and a warm welcome to Tanya.

Richard Sage

President - NSWRA

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'Lake Macquarie':

Event name: **10th Annual Lake Macquarie Rogaine**
Date: **25th August**
Location: **Sugarloaf Range (West of Lake Macq.)**
Event length: **6 / 12 hour options**

This year marks the perennial Lake Macquarie Rogaine events 10th year. And it is sure to be another successful weekend in the bush. An option of 6 or 12 hours will provide all level's of rogainers with an enjoyable challenge.

This year's event will be held on Sugarloaf Range west of Lake Macquarie. The area features open ridge country with many tracks and challenging cliff lines. Rainforest features in many of the steep gullies.

Camping will be available at the Hash House site on both Friday and Saturday night. So come up from Sydney for a weekend of quality rogaining without the massive sleep deficit to endure on your return to the big city!

Looking forward to seeing you all soon.

Rob Vincent

Bert & Dianne van Netten



'NSW Champs':

Event name: **2001 NSW Rogaining Championships**
Date: **27 - 28th October**
Location: **Southern Highlands**
Event length: **24 hours with a 12 hour option**

The 2001 NSW Championships will be held in the Southern Highlands, 2 - 2½ hours SW of Sydney. This event incorporates the Eastern Australia University Rogaining Championships, reviving an old tradition of intervarsity competition which goes back to the origins of rogaining.

The event area is just beyond the limits of Sydney sandstone country, so expect a change of terrain compared to some recent events. It's mostly open forest with some steep areas and great views into deep gorges. Plenty of accurate contour detail to test your navigation skills. Also some open farmland, a Christmas tree plantation and old gaol for anyone who breaks the rules.

Those of you who attended this year's ACT Champs will have got a flavour of the kind of country we're talking about. They called it 'totally gorgeous' and I would agree. Well, that's enough clues to the location for now!

Mike Hotchkis



Overseas Invitation:

A New Zealand Rogaining Holiday!

Just think, a visit to a premier Southern Hemisphere wine growing area to enjoy the wines, the sun and to top it off an 18 hour Rogaine.

The Marlborough Orienteering Club would like to invite any of us Aussie Rogainers to come and show them how it's done. The event is on the 1st and 2nd of December this year (2001) and is an 18 hour event starting at 4pm and finishing at 10am the next morning. There will be about equal amount of daylight and moonlight (full moon 1st Dec).

The planners (Susan King & Alan Holdaway) are both experienced Rogainers with many 12 hour and some 24 hour events under their belt including the World Rogaining Champs in Canterbury N.Z. and in Susan's case the Aussie Champs in NSW last year. They have very strong views on what makes a good rogaine and intend to make this one a beauty.

Planning is well advanced with most of the field-work completed. There will be a bus from and to Blenheim for visitors without vehicles and Blenheim offers all standards of accommodation. A lunch will be provided afterwards as well as food at the Hash House overnight, which is at the center of the map. There will be space to put up tents for those who wish to include a sleep in their 18 hours.

Here is a website to visit to find out more about this great holiday destination:

<http://destination.co.nz/marlborough/index.html#TOP>

Sounds great? If you want an entry form sent to you (available in August) you can contact the organisers by e-mail at holdaway@xtra.co.nz or write to: Alan Holdaway, Alfa Lea, RD3, Blenheim, New Zealand.

*Susan King
& Alan Holdaway*

2001 Committee

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38th Annual Paddy Pallin Event:

Congratulations to everybody who took part in the recent Paddy Pallin 6 hour Rogaine - you were part of the biggest weekend in world rogain history! Not only did the event attract record NSW numbers of 662 competitors on the day, but it coincided with an event held twice on the same course over two days in Victoria with a total of over 700 competitors. Which, we are reliably informed by those who know these things, was a record for rogain activity in one weekend. There is already talk of bettering it next year! As reported in the Lithgow Mercury - see page 10 (they reprinted my report verbatim!!) the weather was great and as organisers we got lots of thanks.

The new discussion board on the website picked up quite a few comments on route choice:

Ian Almond said that along with Partner Peter he went 10 - 62 - 71 - 44 - 92 - descending NW of control 45 - S and then W down the spur - 52 - 81 - 51 - 102 - HH. "We ran out of time, so the home journey from 102 past controls we had already been to was disappointing. Our biggest difficulty was from 81 to 51. Planning to head up the spur we ran into some very deep gaps in the rocks so went down to the NW through some thick undergrowth in the top of the creek and up to the spur heading W."

Melvyn Cox reported "we headed into the same part of the map, but took the controls in a different order - 10-44-92-45 contoured along to 52 then 81-34-51-102. Decided against 41-91 etc and headed back via 70-32, missed 42, made a right hash of it in fact, then back via 62. Pretty good travel nearly all the way."

Peter McConaghy responded - "we headed out the east side of the map... 25-72-43-33-13-101-30-50-90-40-31. We then tried to get to 100/60/20/12 but the map was a little misleading up there - there is a trail marked coming off the main firetrail. It is a 4wd track that till it heads south then it turns into nothing whilst the 4wd track heads further west until it hits the edge of the mountain. We ended up going down the wrong spur and wasted heaps of time - all we could find were rock pagodas that we couldn't get down into the valley from. I don't want to sound like a winger - everything else was superbly done - but this was pretty annoying!!! So we backtracked past 31 & 40 then picked up 11-21-63-23-62-24 and home. Made it with 3 minutes to spare!! We had lots of fun - my dad & his partner came along and enjoyed it also (their first time). Hopefully they'll come along to Lake Macq.!!"

Finally, from **Tom Brennan** "We rather foolishly started 24-23-22 instead of 25-72-43 which would have got us 70 more points for not much extra time. Then 13-101 before making the mistake of taking a bearing off the water dump W3, and wasting 15 minutes finding 33. Then along the road to 30-50-90-40-31, before running into similar problems to a lot of people with the marked track near 100. After about half an hour of mucking around we worked out what had happened, and which spur we were on. We found a way off the cliffs and across the valley to 100. Then to 60, down a great unmarked track to 81, up the ridge to the road with a few false turns, then a great final hour of 32-70-71-44-10. Final route 24-23-22-13-101-33-30-50-90-40-31-100-60-81-32-70-71-44-10 = 900 .

No report of this event would be complete without a comment about the winners - Adrian Sheppard and Trevor Jacobs with 1760 points (it was Trevor's first Rogaine - groans and gasps from crowd at the awards ceremony). An outstanding effort and just enough to be clear of the two teams of Alan Garde/Glenn Meyer and Andrew Hill/Robert Preston both on 1720. The great bulk of normal mortals however fell in the 400 to 1000 points range and everyone was happy competing at their own level. Congratulations to Jamie and Kim Van Netten who won the family category with a bit of help along the way from parents Bert and Dianne.

Overall	Team	Score	Time	Men	Women	Mixed	Men's Vets	Women's Vets	Mixed Vets	Junior	Family	Team Members
1	M83	1780	14:57:50	1								ADRIAN SHEPPARD, TREVOR JACOBS
2	M234	1720	14:57:16	2								ALAN GARDE, GLENN MEYER
3	M231	1720	14:57:40	3								ANDREW HILL, ROBERT A PRESTON
4	M71	1630	14:57:57	4								DAVID BALDWIN, MIKE HOTCHKIS
5	MJ230	1410	14:50:19	5						1		JULIAN DENT, PETER PRESTON
6	MV40	1360	14:58:13	6			1					DAVID LYLE, IAN CAMERON
7	M115	1340	14:52:40	7								PAUL DARVODELSKY, RICHARD MOUNTSTEPHEN
8	X166	1340	14:55:20			1						BEN SCHULZ, MICHELLE SCOTT
9	M195	1330	14:55:58	8								ADAM HUNTER, MIKE PICKERING
10	M247	1280	14:56:30	9								ANDREW PERRY, JOHN BARNES
11	MV221	1270	15:01:23	10			2					IAN BROWN, TONY GARBELLINI
12	M20	1230	14:56:50	11								JAMES HAYWARD, MARK FREEMAN, MARTIN KRAUSE, RUSTY WORSMAN
13	M210	1190	14:59:12	12								ANDREW WISNIEWSKI, CAMERON OSBORNE
14	M67	1160	14:56:35	13								BRIAN HART, KEITH CONLEY
15	X78	1150	14:52:47			2						ANDREW HAIGH, NICOLE HAIGH
16	XV143	1120	14:45:20			3			1			CHIPPY LE CARPENTIER, SUE CLARKE
17	MV229	1110	14:51:35	14			3					GRAEME HILL, ROBERT PRESTON
18	MV194	1100	14:58:13	15			4					IAN MCKENZIE, WALTER KELEMEN
19	MV17	1090	14:53:54	16			5					IAN DEMPSEY, ROBERT LEWIN
20	W92	1070	14:46:12		1							KERRY THOMAS, MELISSA THOMAS
21	MV35	1060	14:59:26	17			6					JIM MERCHANT, MIKE WELLER
22	M58	1050	14:56:09	18								DAVID GREEN, NICK WILKINSON
23	W109	1040	14:50:13		2							ALICE PRUDHOE, PHOEBE BENT
24	M16	1010	14:44:08	19								GEORGE COLLINS, STUART FORD
25	X54	980	14:52:48			4						EVA WONG, STEPHEN THOMPSON
26	X228	980	14:58:56			5						CAROLINE STEVENS, PETER GORDON
27	W26	970	14:55:21		3							DEBBIE STUART, LISA CUTFIELD
28	M162	970	14:57:33	20								DAMON WARD, HAGAN TELG, MARK AGNEW, MARTIN PFEIL, SHAWN BUCHAN
29	M63	950	14:48:50	21								DAVID LILLEY, MICHAEL LILLEY, NEIL CHAPPELL
30	M253	950	14:50:45	22								COREY ANDREWS, MICK GAWN
31	M185	940	14:59:30	23								MATT BLUNDELL, TOM NEWMAN, WILLIAM LANDERS
32	MV93	920	14:58:26	24			7					REDDALL LESLIE, WAYNE DAVIS
33	M55	920	15:00:43	25								DANNY HIRSCHFELD, MARK BRIDGES
34	M206	910	14:52:38	26								CHRIS ARNISON, PETER ARNETTES
35	X82	910	14:52:45		6							ANDREW MATISON, JAMES BREEZE, MARC ALLAS, SUE MAHONY, TIM HOLDEN
36	M254	910	14:59:33	27								BRUCE MACAULEY, GREG BARTON, JOHN PATTERSON
37	M186	900	14:49:15	28								ROB PARBERY, ROBERT CASIMIR
38	M241	900	14:54:22	29								JONATHAN POTTS, TOM BRENNAN
39	XF25	880	14:56:48			7				1		BERT VAN NETTEN, DIANNE VAN NETTEN, JAMIE VAN NETTEN, KIM VAN NETTEN
40	XV125	870	14:44:20			8			2			NIHAL DANIS, RICHARD SAGE
41	MV3	870	14:47:35	30			8					DAVID DASH, PETER TAMSETT
42	XV217	850	14:47:49			9			3			JULIA PRUDHOE, PAUL PRUDHOE
43	M163	850	14:56:39	31								DAVID OSMOND, VINCE CRAIG
44	M197	830	14:40:08	32								ADAM HAMILTON, NICK ROSE, NIGEL MINCHINTON
45	W198	830	14:49:50		4							ANNABEL BATTERSBY, EMMA MURRAY
46	M103	830	14:50:51	33								ROB MALICKI, TOMAS TYC
47	MV10	820	14:56:09	34			9					GLENN SCHWARZEL, MARK SCHWARZEL, PETER BOOTH
48	M244	810	14:51:38	35								ANDREW SILLAR, NEVILLE HARRISON
49	X114	810	14:57:58			10						DICK MOUNTSTEPHENS, KATRIN VANDERSPIEG
50	XF64	810	14:59:47			11				2		COLIN TUFT, KATHERINE TUFT, PETER TUFT, ROBYN TUFT
51	W256	800	14:48:50		5							ALISON CURTAIN, CHRISTINE CURTAIN
52	MV250	800	14:51:22	36			10					ANDY CAIRNS, MALCOLM HUGHES
53	M179	800	14:54:01	37								BERNARD THOMAS, DAVID COLLINS, NEALE JONES
54	X66	790	14:58:40			12						JODIE GRIFFITHS, ROBERT BRADLEY
55	X7	780	14:30:55			13						KAREN DARBY, TONY MURPHY
56	MV80	780	14:51:54	38			11					BILL PATERSON, MARTIN LUV, ROB PATERSON
57	X59	780	14:52:04			14						GLENN BAXTER, KERRY BAXTER, TIM BROWN
58	M99	780	14:52:23	39								ANTHONY HUNT, GARY ROBERTS
59	M199	770	14:45:00	40								ADRIAN SMITH, NATHAN CRANNEY
60	M174	770	14:53:06	41								ANDY WALTERS, PETER MARSHALL
61	X33	760	14:40:45			15						MARK SHINGLER, PAULA SHINGLER
62	W68	750	14:43:25		6							JULIE QUINN, ROCHELLE O'HAGAN
63	XV21	750	14:45:00			16			4			JOHN HODSDON, VAL HODSDON
64	XV31	750	14:54:57			17			5			BRYONY COX, TIM COX
65	M181	750	14:55:19	42								DAVID JOHNSTONE, SCOTT FINLAYSON
66	X81	750	14:55:53			18						PETER GARRAN, LINDA ASHTON



Results

Results



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Overall	Team	Score	Time	Men	Women	Mixed	Men's Vets	Women's Vets	Mixed Vets	Junior	Family	Team Members
67	XV255	740	14:42:45			19			6			CAROL JACOBSEN, KEN JACOBSEN
68	WV9	740	14:54:13		7			1				KATHY HERRMANN, KRISTIANE HERRMANN
69	M251	740	14:55:30	43								JORDAN LEFMANN, MARTIN LEFMANN
70	XV1	730	14:37:25			20			7			KEVIN WILLIAMS, LYNN DABBS
71	M201	730	14:51:00	44								ANDREW BOVIS, DAVID HAMATY
72	XV32	730	14:52:22			21			8			KARIN HEFFTNER, LARRY WEISS
73	X88	720	14:50:20			22						DIANA THAI, MELVYN COX, PHAT QUACH
74	X158	720	14:50:23			23						CAROLYN HAUTP, PAUL ETTEMA
75	X183	720	14:51:10			24						DANA PASCOVICI, RICHARD STONE
76	M95	710	14:50:00	45								TOM BLACKBURN, GRANT HARVEY, ANDREW MEADOWS, MICK VAN DER VLIET
77	M116	700	14:53:09	46								IAN FRYER, PETER BRANDIS
78	XV98	700	14:56:18			25			9			ANGELIKA LANGLEY, BRIAN MCCONAGHY
79	X97	700	14:56:40			26						PETER MCCONAGHY, WENDY MCCONAGHY
80	MV137	700	14:59:14	47			12					JOHN GULLY, PHILIP ALLEN
81	X134	690	14:36:55			27						CHRISSY LEBRETON, JUDY LEBRETON, SEAN IRELAND
82	X42	690	14:45:45			28						DAVID FISHER, ALEX KINGSTON, LYNDIA FILMER, ROD PERRY
83	M19	690	14:49:21	48								GEORGE HAUSWIRTH, KEVIN LLOYD, MATTHEW RED, TERRY BUCKET
84	MV208	690	14:52:20	49			13					RIK PAUW, ROD HALE
85	X24	690	14:56:21			29						CHUIN OOI, JOHN MENYHART, JOHN ROBENS, STEPHEN BURNS
86	XV27	680	14:36:15			30			10			GRAHAM MILLER, MAGGIE HART, RICHARD SMYTH
87	XF36	680	14:48:45			31				3		AMY GILPIN, MARK GILPIN
88	X226	680	14:48:56			32						KERRY REVELEY, MATT U BRIEN
89	WV153	680	14:53:38	8			2					ANNETTE STEWART, KATH GRANT, LYN JONES
90	MV131	680	14:57:18	50			14					IAN KENTWELL, NOEL LUFF
91	M101	680	14:57:48	51								BEN MUNRO, JOSHUA HILL, MICAH QUINN
92	M50	670	14:48:17	52								CHRIS STEVENSON, JOHN CLANCY
93	XV156	670	14:49:07			33			11			BILL GIRDWOOD, GARY BARNARD, KATE GIRDWOOD
94	X117	670	14:53:32			34						ANDY MEIN, TANYA CHIVERS
95	XV5	670	14:57:10			35			12			HELENA SMITH, PETER WORRALL
96	X147	660	14:45:22			36						CRAIG STARLING, DAVID MCFARLANE, JAMES MCFARLANE, JENNY STARLING, JO MCFARLANE
97	X146	660	14:49:15			37						KAREN BARNSELY, NEIL DAVIES, NICOLE DELBRIDGE, PAUL LOCK, SCOTT BEDINGFIELD
98	XV224	650	14:41:22			38			13			JEFF DARWIN, PARISSA POULIS
99	M111	650	14:53:16	53								CRAIG HARMER, GLEN SUSSMAN, ROD TRACEY, STEPHEN NICHOLSON
100	MV30	650	14:54:05	54			15					GRAHAM PAYN, STEVE SMITH
101	X107	640	14:54:41			39						GILDA KERT, STEVE HALPIN
102	M182	630	14:34:57	55								ANDREW JOHNSTONE, MARK POWELL
103	MV51	630	14:46:38	56			16					TERRY MURPHY, TONY MARTIN
104	X129	630	14:51:55			40						ANNA YERBURY, JOHN BRAYAN
105	XV4	630	14:53:18			41			14			GAIL SICIARDI, PAUL JUBB
106	MV190	630	14:54:20	57			17					GEOFF BOUARD, IAN TURNER
107	XV177	630	14:55:03			42			15			COLIN MOCK, COLLEEN MOCK
108	WJ215	630	14:56:11	9					2			KATE BELLAMY, NIKI LORRAIN, NIKKI RIDLEY
109	X178	620	14:39:39			43						ANGELA HORDICEK, COLIN WHITE, JOANNE HORDICEK
110	MV39	620	14:50:00	58			18					ERIC SMITH, ROSS DUKER
111	X22	620	14:51:26			44						GRAEME BAXTER, JOHN COLE, SUE BAXTER
112	MV120	620	14:53:48	59			19					COL SHARP, MARTIN HOWELL, RODGER AUSTEN, WARREN HUXLEY
113	X248	610	14:37:45			45						KIRSTY MCPHAIL, LAURENCE DICKINSON, ROBERT MORGAN, SYMEON BOURD
114	M168	610	14:43:15	60								CHRIS RYAN, PAUL BRANDON, THOMAS RYAN
115	MF49	610	14:51:15	61						4		DECLAN TIERNEY, FINTAN TIERNEY, KEALAN TIERNEY
116	MV108	610	14:52:20	62			20					BILL GRIBBLE, LESLIE STEINHAUS
117	X152	610	14:52:51			46						ANDREW SMITH, KIM FULLER
118	MF2	610	14:53:43	63						5		ARWEN CROSS, DUNCAN CROSS, JAMES MCELVENNY
119	M106	610	14:57:59	64								ANDREW SLOOT, GRAEME HUNTER, NEIL LEFEBRE, STEVE CLARKE
120	XV110	610	15:04:54			47			16			JUDY YOUNG, LINDSAY YOUNG
121	XF216	600	14:47:30			48				6		JEMMA TRAPPEL, LYNNE TRAPPEL, ZAC TRAPPELL
122	M121	600	14:49:23	65								BRAD GIBSON, DAVE BERE, TROY SMOLENAARS
123	MV96	600	14:51:34	66			21					BOB HOPKINSON, SIMON FOUNTAIN
124	MJ214	600	14:52:59	67						3		ALEX BURNS, BEN ROSE, DAVID PATEMAN
125	WF112	600	14:59:00		10						7	KATHLEEN CAVILL, MAUREEN CAVILL
126	X218	590	14:50:01			49						FIONA CHRISTIE, GARETH PROSSER, NATASHA MOONEY
127	M8	590	14:54:00	68								ANTONIO DIMEOLA, YURI APAP
128	MF173	590	14:56:32	69						8		IAN ALMOND, PETER ALMOND
129	M160	580	14:53:01	70								MARCO SIEVEKE, NICOLAS SAINTIER, STEPHEN SWEENEY, UDO KANNENGLESER
130	XV138	580	14:54:22			50			17			JOC BOOTH, TED BOOTH
131	X62	580	14:54:46			51						JANELLE WHITE, STEPHEN REYNOLDS
132	M122	580	14:57:06	71								ANDREW DENNELLY, SCOTT ROBINSON, STEVE CLIFFE
133	XV6	570	14:44:00			52			18			CEEJAY HAYMEN, GEOFF WALKER
134	M136	570	14:59:20	72								BART VORSELAARS, PIERRE BEMANUEL GAL, RUTGER HENDRIKS

Overall	Team	Score	Time	Men	Women	Mixed	Men's Vets	Women's Vets	Mixed Vets	Junior	Family	Team Members
135	X193	560	14:44:39			53						ALISON BYRANT, DAVID TALBOT, MATT LOCKYER
136	MV130	560	14:49:50	73			22					DAVID IRELAND, RAY HAND
137	X239	560	14:58:55			54						GLENDIA HANSON, MARK STONEHAM
138	W65	550	14:37:38		11							ELOUISE PEACH, LYNDAL MALONEY
139	XV202	550	14:50:19			55			19			PETER SHARROCK, ROBIN SHARROCK
140	M187	550	14:52:54	74								PETER GRAY, SCOTT HAMILTON
141	M204	550	14:55:08	75								BRAD ROBINSON, GARRY WEBSTER, ROB GOLDING, WAYNE BOLITHO
142	X191	550	14:57:15			56						CHRIS MEIN, JEFF LEHRER, JO LEHRER, KATE HARPER, MARILYN JACKSON
143	MJ171	540	14:21:18	76						4		DAVIN WILSON, MATTHEW ALMOND
144	M165	540	14:27:40	77								DAVID HORSLEY, PAUL CORCORAN
145	X227	540	14:40:00			57						BRONWYN HARDY, CRAIG HOLLAND, NATALIE HOLLAND, PETER HARDY
146	XF192	540	14:43:33			58				9		CLARE WATSON, DAVID GRIFFITH, EMMA GRIFFITH, RENATE GRIFFITH, THOMAS GRIFFITH
147	XF207	540	14:44:00			59						LIAM HUXTABLE, ROWAN HUXTABLE, THERESA HUXTABLE
147	XF189	540	14:44:00			60				10		CHRIS WARING, GRACE WARING, JULIE WARING, MILES WARING
149	W188	540	14:53:09		12							ADRIENNE RICH, FIONA DODDS
150	XV245	540	14:59:16			61			20			BARBARA BARNES, RICHARD BARNES
151	MV48	530	14:36:29	78			23					GEOFF STREETER, KEN WOODWARD
152	X15	530	14:46:50			62						JANE GREENOP, RAY JENKINS
153	M56	530	14:49:38	79								PETER FIGIEL, ROBERT CROUGH
154	X161	530	14:54:40			63						RHONDA MONAHAN, STEPHEN CASTLE
155	MV41	530	14:56:01	80			24					GREG THACKERAY, OWEN SINDEN, PAUL HYPATIDIS
156	XV72	530	14:59:04			64			21			ANNA BANHAM, ERIKA VAN LENNEP, MORRIE DONOVAN, PAUL LECKIE
157	X252	520	14:18:00			65						DAMIEN DEMUNCK, PAULA DEMUNCK
158	X154	520	14:24:01			66						DIDIER DEJAN, MEGAN SHREECE, NICK PRATT, SCOTT SIMPSON, THOMAS RUEGER
159	M124	520	14:39:45	81								BEN ROBINSON, DANNY PRENDERGAST, JOHN FODOR, ROD WESTRATE, TONY WRIGHTSON
160	X212	520	14:55:47			67						BRETT DRAPER, IAN BELLAMY, LINDA HUNTER, PETER DAY
161	W200	520	14:57:38		13							BLANKA GOLEBIOWSKI, RACHEL BUTT, VICKY EVANS
162	XV126	510	14:37:27			68			22			JANIS FALLON, JOHN FALLON
163	W225	510	14:47:07		14							ALISON FLANAGAN, EMILY HOWGATE, JILL CRANE
164	XF34	510	14:49:46			69				12		ELWIN CROSS, LOINA CROSS, MERINDA TURTON, KULAN TURTON
165	XV196	510	14:51:48			70			23			JITKA KOPRIVA, ROLLIN BURFORD
166	X12	500	14:46:00			71						FIONA MACDONALD, JOSEPH DIMAURO
167	X238	500	14:48:24			72						ANDREW FILLERY, LUKE BINSTED, MEGAN SMITH
168	X240	500	14:48:49			73						B. PALMER, P. CHRISTIAN
169	MJ140	500	14:53:59	82						5		ADAM CALCRAFT, MICHAEL HEWINS, ROB SEATON
170	X76	500	14:58:17			74						DORINE VAN KAMPEN, NIGEL HARDIMAN, TORKEL CRONHOLM
171	M222	500	14:58:43	83								ANTHONY DUNK, BOB MUDGE, KYM HOLLIDAY
172	X144	490	14:58:27			75						CHRIS BROWN, DALE BROWN, JULIE AVAKIAN, MICHAEL AVAKIAN
173	X145	490	14:58:33			76						LISA SPRINGER, ROBERT GORMAN
174	M236	490	14:58:35	84								ISILYONS, JEFF TAYLOR
175	M167	490	15:04:46	85								ROBERT LOADER, YOSHINORI KAWAHARA
176	X257	480	14:37:10			77						SERREN CALLISTER, STEPHEN GOOCH
177	XJ75	480	14:52:15			78				6		BEN HOWELL, DARREN COSIER, JAMES ARMSTRONG, KATE AUSTEN
178	X135	480	14:52:33			79						NIKKI BROWN, ROB SMALLEY
179	MF105	470	14:28:55	86						13		ANDREW BATTEN, MATHEW MARTIN-BATTEN
180	WV157	470	14:47:10		15			3				PAULA STUART, SUZIE WALKER
181	WV203	470	14:52:00		16			4				JAN SARGOOD, MANDY SARGOOD, SARAH GARNETT
182	X74	470	14:55:59			80						BRENDON VILLA, DAVID BISHOP, DAVID NEWTON, JODIE BISHOP
183	X28	470	15:08:49			81						LISA LAMPE, MARK NORRET, MARK WRIGHT
184	X175	460	14:29:45			82						ED MUSTON, ELISA ARCIONI
185	X91	460	14:39:31			83						BERT LANCASTER, CAMERON BARTON, MICHELLE LINDSAY, SVEN DOWIDEIT
186	X141	450	14:46:41			84						CRAIG FINDLEY, MADELINE FOX, TRISH SHEEHAN
187	WV73	450	14:49:53		17			5				BARBARA GARDINER, DEBORAH SMITH, MAUREEN FITZPATRICK, PIP BROWN
188	W220	450	14:53:54		18							AMELIA JONES, KIM BATEMAN, KRISTEN LINNEMANN, MICHELLE CARNE
189	MV29	450	14:57:06	87			25					TIM ANDERSON, TONY LAST
190	XJ213	440	14:52:12			85				7		BEN MAHER, JON SELTIN, KIRSTIN MILLS, LUKE ALEXANDER
191	MV84	440	15:00:37	88			26					BOB LEHRER, PETER BELLEW, TONY RICHARDS
192	X211	430	14:34:24			86						JESSICA FREEMAN, RODNEY MILLER
193	X18	430	14:46:00			87						ADAM CHRISTOPHER, SARAH ALLEN
194	X219	430	14:46:02			88						ALISON HART, BETTINA FISCHER, NIK PLUNKETT-COLE
195	XV61	430	14:49:31			89			24			ROBERT WHEEN, ROSEMARY WHEEN
196	X249	430	14:55:27			90						CORALIE WILCHER, TARMO RAND, ULRIKE LANGER
197	X235	430	14:58:21			91						CANDINA WESTON, PETER FATOURIS, PHILIPPE GRATELLE
198	X169	430	15:03:10			92						DAMON MITCHELL, EMMA DEGENHARDT, TRISH PALMER
199	X164	410	14:36:43			93						ROHAN DANIS-COX, DON COX, JAN EMERSON, ROB EMERSON, SEMA DANIS
200	XV246	410	14:39:49			94			25			ERIC BARNES, JIM WRIGHT, MAVIS WRIGHT
201	MF155	410	14:46:10	89						14		LUKE GREENHALGH, NICHOLAS GREENHALGH, THOMAS GREENHALGH
202	X113	410	14:46:12			95						HARRY GOYEN, INGRID ROEPERS, LEANNE REID, MICHAEL REID



Results



Results

Overall	Team	Score	Time	Men	Women	Mixed	Men's Vets	Women's Vets	Mixed Vets	Junior	Family	Team Members
203	X184	410	14:48:00			96						EMMA LAWSON, JEREMY LAWSON, LOUISE WILKINSON
204	X170	410	14:48:00			97						ANNA PARK, IVAN ROBERTS, KRISTY CLANCY, RICHARD BRAZENOR, TOM KELLY
205	X142	410	14:50:31			98						JILLIAN CUPITT, KAILIN YEE, NIGEL O'NEILL
206	XV139	400	15:05:00			99		26				BEV ALFONSO, DAVID SEATON, MAUREEN JORDAN, STEVE ALFONSO
207	W70	390	14:40:31		19							ANNA WHEELAHAN, CHRISTINE SIMPSON
208	W102	390	14:45:40		20							ABIGAIL NIELD, RACHEL SANDWELL
209	W90	390	14:47:00		21							DANIELLA DUERNING, JOYCE KAO, LAURA GARCIA, MARIA FERNANDA BELTRA, NATAPORN THUN
210	X148	380	14:35:56			100						ASUKA SATO, DAI YAHIRO, YUKO MATSUZAWA
211	M149	380	14:36:09	90								ERI GOTO, TAKAFUMI NAKANISHI, YOYO KUDO, YUKA AKIYAMA
212	XV243	370	14:21:54			101		27				MICHELE FIETZ, WAYNE FIETZ
213	W94	370	14:34:45		22							CAROLINE JONES, PIPPA LAUSEN
214	XF52	370	14:48:36			102				15		CLARE WATTS, LOUISE OLIVER, MELANIE OLIVER, MICHAEL WATTS
215	WV47	370	14:48:39		23		6					DEBBIE BUSH, JENNI FARRELL, JULIANNE WALSH
216	X57	370	14:57:49			103						CAROL GENSSSEN, DAYLE GREEN
217	X45	360	14:46:12			104						JOHN WARBURTON, SARAH NEWLANDS
218	X176	340	14:16:00			105						SARAH GIEGEL, TIM GEIGEL
219	M123	340	14:53:27	91								DARRYN WELHAM, MARTIN GREGORY
220	X13	330	14:50:55			106						CHRISTINE ROBERTSON, DAVID SCOTT, GRANT REYNOLDS, LOUISE REYNOLDS, STUART ROBERTSON
221	X118	330	14:51:17			107						AARON HAWKINS, CLAIRE WRIGHT
222	WF172	330	14:56:26		24					16		ALISON ALMOND, BRONWYN WILSON
223	X77	330	15:14:15			108						JAMES STUART, MAXINE GROVES, SHANNON DALEY
224	X128	320	14:45:32			109						GREG NORRIS, SHARON NORRIS, TANYA BILANENKO
225	X151	320	14:49:07			110						DEBBIE GREAVES, HEATH JAMES, HEATHER MICHIE, KAREN ROGERS
226	X150	320	14:49:15			111						BARRY ROGERS, MATHEW CRICK, RAYMOND GAMBLE, ROBYN ABBOTT
227	XF237	320	15:00:30			112				17		CAROLE DUNN, DAISY STUCKEY, DAVID STUCKEY, RHOBIE STUCKY
228	XV159	310	14:47:50			113		28				CINDY RYAN, STUART ALMOND, SUE KITCHEN
229	XV133	310	14:57:26			114		29				GEOFF RITCHIE, SUSIE FIELD, TOM THOMAS
230	X132	310	14:57:55			115						BILL GRANT, MELISSA GRANT
231	W79	300	14:48:39		25							AMELIA WITHERIDGE, LINDA MEISEL
232	X69	300	14:55:13			116						JANE BRENNAN, LUKE BRENNAN
233	MF232	270	13:46:31	92						18		ANTHONY JACKSON, MITCHELL JACKSON
234	XF180	260	14:40:51			117				19		MICHAEL PHILLIPS, PATRICK PHILLIPS, THOMAS PHILLIPS, TRACY PHILLIPS
235	X14	250	14:55:25			118						GARY HASLAM, HELEN ROBERTS
236	MV205	240	14:49:52	93			27					FRED ZETTELE, HERB LIPPMANN
237	X60	210	14:16:00			119						COLIN FENNING, DAVID SIGLEY, TOM DAVIS, TRISH HAMILTON
238	M86	210	14:41:01	94								NICK SIMMONDS, SIMON THOMPSON
239	X85	210	14:41:01			120						JASON HUGHES, MANDY CREIGHTON, STEVE BEACH
240	X46	170	14:12:30			121						DARREN GOELTZER, DOUG FRANK, JASON CAPUANO, JUSTIN NOLAN, REBECCA MCKELVIE
241	X11	140	11:49:00			122						DAVID BROOKS, SARAH BROOKS
242	XV38	130	14:45:00			123		30				LYNNE MCNAIRN, MARTYN ROBINSON
243	XJ44	120	15:16:15			124			8			ANGIE DICKIE, DAVID CHENU, JEAAN KANGA
244	XJ43	100	14:44:19			125			9			DAMON PETRIE, NICK MUELLER, SOPHY MILLARD
	MJ53	LATE										CARL MISTLER, TRENT OLIVER
	XF127	LATE										MILO DANIS, NEJDET DANIS, PATREA STUART, POPPY DANIS
	X100	W/D										BRONWYN LAWTON, PAUL BATTEN
	X233	W/D										JULIAN ALLPORT, ROSEMARY KING, TOBY COGLEY

"The rewards and benefits from rogaining are many: increasing self-awareness, team building, self-reliance, navigational expertise, fitness, competition, recreation and appreciation of the natural environment. For some, the reward lies in determining how far the body can be pushed physically, of finding out about the mental strength of the team at 2am when it is raining, cold and you are "nearly lost". For others, satisfaction comes from self-set challenges. Most importantly, each rogaine takes its participants to new heights, and returns them as more self-reliant team players."

Taken from 'Rogaining - Cross Country Navigation' written by Neil and Rod Phillips.

Walkers converge on Ben Bullen State Forest

Ben Bullen State Forest was filled with nearly 700 bushwalkers taking part in the 38th Paddy Pallin Six Hour Rogaine.

Rogaining is the Australian invented sport of cross country navigation on foot using map and compass.

Participants were everybody from elite orienteers and distance runners to family groups.

Teams of between two and five members have to visit check points

of varying value and in any order between 9 am and 3 pm.

Winners were Adrian Sheppard and Trevor Jacobs from the ACT with a score of 1780 points.

Second were Alan Garde and Glenn Meyer on 1720 points and third on the same score as second and only 24 seconds behind were Andrew Hill and Robert Preston.

First women's team were Kerry Thomas and Melissa Thomas on 1079 points.

First mixed team were Ben Schultz and Michelle Scott on 1340.

First Junior team (under 18) were Julian Dent and Peter Preston on a high score of 1410.

First men's veterans (over 40) team were David Lytle and Ian Cameron on 1360.

First women's veterans were Kathy Hermann and Kristiane Herrmann on 740.

First mixed veterans were Sue

Clarke and John LeCarpentier on 1120.

First family were Bert, Dianne, Jamie and Kim Van Notten 880.

Organiser Julian Ledger said that after a cold night for camping the weather was outstanding and all teams enjoyed the event and the area.

He said all teams got back by the deadline of 3 pm or shortly thereafter (loss of 10 points per minute late back).

Thanks went to 1st Waitara Scout group who did all the catering and to State Forests who gave permission for the area to be used.

Course setters for the event were experienced orienteers Ross Barr and Ron Jungshtans.

Competitors who did not want to face camping in June filled up accommodation around Lithgow on the Saturday night according to Jodie Rayner at the Visitors Information.

44—The Lithgow Mercury, Saturday June 23, 2001

In the Press:

For those of you who missed the items that appeared in recent print media here's a snippet of two of them:

RULES FOR REALLY SERIOUS ROGAING

1. **IF YOU CAN'T RUN, WALK.** If you can't walk, crawl. If you can't even crawl, your partner(s) can carry you.
2. **GO HARD!** – but pace yourself. If you can still walk at the end then obviously you've failed to achieve your potential.
3. **NEVER SLEEP** – especially while moving.
4. **NEVER, EVER BACK OFF.** You may be hobbling and hurting like hell, but you never know how bad the other guys are or even if they're still in the race. Arch-rivals might be just 10 points ahead and hopelessly lost or about to blow a hamstring.
5. **IF HOPELESSLY LOST** make sure none of your rivals find out.
6. **HAVE FAITH IN MAGNETISM** – the only unreliable part of a compass is the operator.
7. **KEEP HYDRATED.** In an emergency remember that farm dams, sewer outfalls and urine will keep you going for a time.
8. **NEVER HELP** other competitors find difficult controls – even if they've already strapped your broken leg.
9. **SHOW NO MERCY** to partners, and never waste time strapping broken legs.
10. **USE PLENTY** of grease in the crevices.
11. **IF YOU MUST** carry wildlife field guides, make them the pocket version (are you listening, Tony?).
12. **DAGGY HATS** and rags for clothes can work for the champs, so maybe they can work for you.
13. **LISTEN TO YOUR BODY** – especially when grinding noises issue from the leg joints or screams from the mouth.

Reproduced courtesy of Outdoor Australia.

For the whole of Ian Brown's entertaining article on Rogaining see the Feb./March issue of Outdoor Australia.

Gear Repairs:

Experienced rogainers recommend that members buy the best outdoor gear their budget allows. More than a few rogaines in challenging conditions have shown us that when out there and the going gets tough it is best to have a pack, weather proof clothing, etc that you can rely on and which will last.

But what do you do when your favourite, good quality gear meets a mishap? Could be a torn sleeping bag, broken tent pole, a burnt item of clothing or broken zip or backpack harness. It was hard earned so do you just dump it? Quite near to the "adventure alley" of outdoor adventure shops and the YHA Membership and Travel Centre in Kent Street, Sydney can be found Venus Repair Workshop. On the third floor of a rabbit warren of offices at 104 Bathurst Street there is a lot of stitching going on in a small area. Venus Kondos was a climber herself and first got into repairing sleeping bags. These days her team will have a go at most things for reasonable prices. Ph 9267 0706. Make sure you tell her that the rogaining association sent you. Note also that for new gear many outdoor retailers give a YHA members discount. For details refer to <http://www.yha.com.au/> or call YHA on 9261 1111.

Julian Ledger

University Competition at NSW Championships:

This year's NSW Rogaining Championships will see the rejuvenation of fully-fledged intervarsity competition. Given the strong association between universities and the development of rogaining as a sport, this program is a highly significant one.

I continuously hear the story of how rogaining began back at Melbourne University in the 1960's from my girlfriend's father. Something about the University Bushwalking Club duping its members into thinking that it would be fun (for whom?) to blind fold them, bus them 150 km from the university, dump them somewhere in the middle of nowhere, and give them 24 hours to return to the campus or else. Sure, if this story is true, rogaining has transgressed from its former glory days, but it was a different world back there in the 1960's.

OK, so rogaining has developed. Indeed, it seems that it has matured along with its main exponents. A quick observation of most of the place-getters in the major rogaining competitions of the last couple of years sees a bias towards the grey'er end of town. I do not think this is a bad thing; it is terrific the different activities Retirement Villages allow these days!!!

All I think is that some of us younger ones have to show that we can navigate in competitive conditions outside of the Atari, Nintendo, or PlayStation. Enter the University Championships. This competition will be embedded within the 2001 NSW Championships to be held in the Southern Highlands on October 27 and 28. Entry forms are contained in this newsletter.

A university team is to have all of its members as current students at the one university. Three different divisions will be competed: Mixed, Womens, and Mens. Terrific prizes will be on offer, and depending on interest a gathering at a relevant pub may be in order.

So if you fit the bill, get a team together and enrol in the NSW Champs in one of the university divisions, and contact me, Paul Batten either at pbatten@laurel.ocs.mq.edu.au and ph. 0403 176 716, or through the NSW Rogaining Committee or the Macquarie University Sports Association.

Paul Batten

Surviving Trailwalker:

While the Trailwalker event is not a rogaine as such it does offer some of the mental and physical challenges that many of us enjoy in the sport of rogaing. Walking 100 kilometres within 48 hours in teams of four is not that dissimilar from a rogaine. Many rogainers accepted the challenge helping to raise over \$700,000 for Oxfam Community Aid. The following is one such rogainers story:

2 months ago Trailwalker was a poster in the shop window at the Snowgum store. A month and a half ago, I found myself offering to be the 4th member of a team!

The morning finally came after 4 weeks of keen training for my team to rock up alongside 1200 other enthusiastic walkers. We listened apprehensively to the inspiring words of Bryce Courtney and Pat Farmer at the starting line. Pat told us that we had done the hard work - we had all trained! This was received with roars of laughter and a bemused Pat Farmer quickly amended his speech. He made numerous comments which I thought may come in handy further down the track....

No 1: *'There is no greater force on this earth than your own will'* (I'm sure there is a thing called gravity and it will probably be of help on the occasional downhill sections of the route!)

No 2: *'It's one foot in front of the other.'*

No 3: *'The sun will come up tomorrow'* (something rogainers are all too familiar with!).

At the starting line it felt like New Years Eve with everybody counting down to 10am. I was half expecting party poppers, streamers and balloons to burst from the sky!

Initially pacing through the streets, I wondered what was going through the minds of all those people looking in wonder from their frontyards and balconies. More so from the poor souls late for work in their cars looking earnestly for the end of the procession. The beginning of the track through the bush saw a similar sight which would become all too familiar - except these were 'People' Jams! With peak hour subsiding, we reached Lane Cove, a rather excited bunch. The fact that it was only 13km and we still had 87km to go was not something we lingered on.

On route to our next major pit stop, we passed through fantastic bushland and wowed at clear running creeklines. I had no idea that such a large tract of bushland was still surviving particularly with the encroaching weed of 'suburbia strangulata'.

The Thornleigh checkpoint came with more munchies, and still in high spirits we shot off into the slowly but surely oncoming blanket of navy blue. Now heading into territory that I had covered weeks earlier, I was feeling more confident. The welcoming sign at Cherrybrook told us 32km to go.

The charge of the night greeted us as we worked our head torches and set out on the stretch to dinner. Coming from the darkness to the bright floodlights of the 40km mark, I felt like a stunned possum frozen in a car's headlights. Support crew were ready and willing with chairs, hot food, dry clothes and a different pair of shoes as I started to become aware of an ache gnawing across the bottom of my feet. Knowing Crosslands was halfway, I tried to comfort myself with the fact that I'd spent many nights dancing til dawn with sore feet.



All smiles in the warm morning sun before the 'challenge' began.

On the stretch to Crosslands we hit peak hour again but this time the crawling pace meant our bodies were getting cold quickly and muscles were stiffening up and passing teams on a single rocky track was not easy. As a diversion Jackie turned her radio onto the ABC, and amazingly we were in time for a live interview from Everest Basecamp. This sparked everyone's interest and we decided that our 'Sherpa Subaru' and 'Toyota Yak' that were our support vehicles were as valuable as the Nepalese helping the climbers on Everest to achieve their personal challenge!

Sitting down at halfway, misery set in earlier than expected. I was cold and grumpy. What would my team think of my sore feet! The thought of walking another 50km with my feet as painful as they were was not a happy thought. All I wanted to do was get to Mt Ku-ring-gai for our scheduled rest. Tom kindly offered one of his walking poles and we set off once again. By the time we arrived, my brain had turned onto screen saver and I crawled into my sleeping bag. After an hours sleep we headed down to Cowan Creek. Tom had the beginnings of shin splints and I tried to sleep walk. Chris only had to catch me once before I realised it wasn't going to work!

It was a stunning early morning, watching the world reappear, the light filtering through the fog and slowly returning colour to the black and white surroundings.

Berowra brought sunshine and breakfast, two of the most wonderful things in the world at that stage. A long winding firetrail was next on the list and a lot easier too. Tom's shin splints were worsening and his pace was reduced somewhat so Chris and I took off down to the water to rest my feet as much as possible before our last 20km. By the time we reached there, we were flying, my breakfast had kicked in and I was full of energy. After a soothing footbath, we unfortunately said goodbye to Tom and did the dash to the top. I had received a phone call from my fiancée who was waiting at the top of the ridge, having already finished. That was all the motivation I needed!

We'd made it this far, only 13km to go. It was one of the hardest things I've ever done. By the end, my feet were throbbing and each step was agony. I was barely able to appreciate the stunning sunset over Brooklyn closing another day. With the wonder of modern technology, Chris phoned ahead to book my footbath.

I've never wanted to get somewhere so badly in my life and I couldn't help but grin in the last 100m (although I'm told it looked more like a grimace!) . It was an amazing feeling. I couldn't have pulled this off without our sensational support crew, Carol and Fiona and my team, Jackie, Tom and Chris. Thanks guys. 😊

Later that evening while half asleep, I heard conversations about next year. Sounds great, just don't ask me yet.

Tanya Chivers

Newsletter contributions:

Remember to keep those contributions coming. Put pen to paper or snap a few photographs at your next event and share them with your fellow rogainers. Take note of the submission dates and send your contributions to newsletter Editor Andy Mein. Written word via email would be appreciated (PC Word '95 or 'text' file). Original copies of your photographs would be preferred and will be returned. See Committee listing for Andy's contact details.

Issue	Publication Date	Submissions Close
87	19th September	12th September
88	7th November	2nd November

Assistance from volunteers is essential to the sport.

No experience is necessary - detailed instructions are supplied.

<div></div> <div>Volunteer Requirements</div>	Lake Macquarie 6/12 Hour 25th August	NSW Champs 12/24 Hour 27-28th October	2001 Socialgaine 25th November	2002 Metrogaine 24 February
Event Co-ordinator	Rob Vincent	Mike Hotchkis	Ian Dempsey	Trever Gollan
Course Setter/s	Rob Vincent	George Collins, Dave Griffith, Richard Smyth, Maggie Hart	Ian Dempsey	???
Course Vetter/s	Bert & Dianne van Netten	Mike Hotchkis, Jo & David McFarlane	???	???
Administration Team leader plus 5 - 6 others Team Leader indicated in bold	Dianne van Netten ???	Lindsay Young, Mike Hotchkis & others	???	???
Hash-House Team leader plus 6 - 12 others Team Leader indicated in bold	Robin & Peter Sharrock Harry Goyen ???	???	Charlestown Scouts ???	???
Flag Retrieval	???	???	???	???
Contact Details	Dianne van Netten 4975 3693	Mike Hotchkis 4294 1363	Ian Dempsey 4943 5790	Trevor Gollan 4226 5544



If you are interested in organising your own event please contact our Event Manager, Mike Hotchkis (see committee contact listing), or if you are able to help on an existing event please contact the event organisers noted above.

NavShield '01:

This years Emergency Services Navigation event was refreshingly more akin to a classic rogaine than past years courses. Held over almost the entire Abercrombie National Park south of Oberon the event featured lots of pleasant open ridge country. Weather conditions on the weekend were surprising cold with a thick blanket of fresh snow covering the open rural land that surrounded Oberon.

All the rogainers that were involved be it as rogaime teams or within emergency services/bushwalking teams performed exceptionally well. In the 2 day event 1st. place in both class 1 and 2 went to teams made up entirely of rogainers. The NavShield of course going to the winner of the 2 day Class 1 team. In the 1 day event the Rogaine class team of Andrew Pope and Andrew Introna won both their class and scored the highest score overall.

For those of you who have not participated in a NavShield I would suggest the 2002 event be fixed in your diary as soon as next years dates are announced.

Two Day Event Results

2 Day - Class 1

Top five teams show n only from total field of 53 teams

NEWCASTLE BUSHWALKING CLUB	1920
KANGAROO VALLEY BUSHFIRE BRIGADE	1850
NPWS BLUE MOUNTAINS	1730
SHOALHAVEN SES 1	1490
KANGAROO VALLEY BUSHFIRE BRIGADE 1	1380

2 Day - Class 2

Top five teams show n only from total field of 15 teams

SOUTHERN ADVENTURE SOCIETY	1740
OUTDOOR ADVENTURE CLUB UTS	1350
BEROWRA BUSHWACKERS	1240
KANGAROO VALLEY BUSHFIRE BRIGADE	1130
WILLOUGHBY/LANE COVE SES 1	860

2 DayClass 3 - Rogaine

Entire field is listed

THOMAS & SCHULZ	1580
BALDWIN & QUINN	1460
MORRISON & MURRAY	1360
STONE, PASOVICI & STONE	1290
BINKS, ZARINS & SPACKMAN	1170
DUNN & FERRIS	1150
SMITH, ARNISON & BILSPON	1010
CLARKE & KELEMON	880
GOLLAN, MARIS, JEFFERSON & PATTON	810
ROSE, HAMILTON & GANNON	800
PEACH, MALONEY & MYALL	710
IRELAND, HASLAM, FOULCHER & SIMPSON	670
FERRIS & TAYLOR	660
STUCKEY & GOOD	650

One Day Event Results

1 Day - Class 1

Top six teams show n only from total field of 50 teams

MUDGEES BUSHWALKERS	700
NSW CAVE RESCUE VRA	650
BLUE MOUNTAINS SES	600
NORDIC SKI CLUB	570
BENDIGO SES	560
BERRIMA RESCUE SQUAD VRA	560

1 Day - Class 2

Entire field is listed

SHOALHAVEN BUSHWALKERS	600
NORDIC SKI CLUB	480
KU-RING-GAI SES 2	290
KU-RING-GAI SES 1	110

1 Day Class 3 - Rogaine

Entire field is listed

POPE & INTRONA	800
DANIS, SAGE, STUART & CLARKE	530
RIJVERS, GRIFFITHS & FALZARANO	470
LE BRETON, IRELAND, ROBERTS & BASHAM	470
SMYTH, HART & MILLER	440
BRENNAN & POTTS	430
LINNEMANN, SELDON & HEATH	420
NEWAY & GRAHAM	280
HAYMEN & WALKER	220
NANAYAKKARA, SONG & DAL MOLIN	180
PARK,LAWSON,LAWSON,ROBERTS & LABROOM	170
BISHOP & BIDDISCOMBE	158
THOMAS, FIELD & FIELD	60
GRANT & GRANT	60

38th Annual Paddy Pallin Event: *Continued from page 5.....*

Consider also a few other statistics:

80% of teams came back in the last 15 minutes at the rate of about one very 4.5 seconds!

We had 274 vehicles on the site - too many!!

The ice in the morning on the top of the washing-up bowl was nearly 1 cm thick.

The results were computer generated and on the website by the Monday - perhaps a first.

In addition the water drops on the course held up well (thanks to the volunteers who managed to drive into W4), two teams were quite badly late back, two teams were reported for splitting up. One person, Bronwyn Lawton, suffered a fractured ankle - she was fortunately able to be picked up and driven out by partner Paul Batten. One person disappointingly reported a lost GPS - they are forbidden, not allowed, banned on rogaines!

Thanks to State Forests for giving us access to the land (55 cents per competitor) and especially to course setters Ross Barr and Ron Junghans and vetter Neil Prosser. Ross and Ron even bartered with locals for a 5 tonne load of stones for the dip in the access track. Our appreciation also to those who picked up controls: - Mark, Anthony and Martin, James and friends, Sue and Walter. At last report control 62 was still awaiting lonely collection. Also thanks to Phil Holman who did a great job with the Administration along with Tony, Georgina, Dan, Kylie, Wendy and Carmen. Then there were the awesome 1st Waitara Scouts who under Phil Wood's leadership served us up great meals on the Saturday night and Sunday afternoon as well as raising funds for their Scout group.

Each year the Paddy Pallin Rogaine donates an amount to a cause that was supported by Paddy Pallin, the man, in his lifetime. This year it is the turn of the Scouts and the Rogaine committee will shortly be deciding on the amount which will also be directed to 1st Waitara.

Finally, thanks go to the Paddy Pallin organisation who put their name to the event, give it invaluable promotion on the counters of their shops, do the data entry (you are a champ Georgina). Plus, together with Ultimate they donate lucky dip prizes which contribute to the everybody can be a winner spirit of the event - thanks go to Jason Hughes for organising.

It is not too early to be thinking about next year. I will be handing over the coordinator's baton to Andy Mein, your enthusiastic newsletter editor. If you have an idea for a potential area (there are heaps of good ones but advance planning is the key) for future events please speak to him or Events Manager, Mike Hotchkis.

Julian Ledger

Event Co-ordinator

38th Annual Paddy Pallin Event

Letters to the Editor:

To the Editor,

I am relatively new to the Sport having just completed a years calendar of events and am an enthusiastic participant (not competitor) with my only regret that I did not discover the Sport years ago. The Presidents piece in your May newsletter leaves questions unanswered.

The President's piece is not complete and just when you expect an answer he diverts to a New Zealand situation, but does he have the full story? I am sure he will get a comment from the other side of the ditch. I too have heard of a New Zealand event where such inspections occur, and where it is compulsory to return to the Hash House every 6 hours to get another piece of the Map and to have a meal. The reason for these requirements is that the event is a student event with the vast majority of the competitors being novices in the sport and when the rules did not exist life was at risk. I doubt that such rules apply at ordinary Rogaines in NZ.

I believe the President's first four paragraphs are excellent, but he needs another that deals with what the self reliant person does in the event of illness or injury to one or more of the team. Hopefully it never happens, but just say one of the team gets exhaustion, heat stroke or breaks an ankle or leg. Do we get our mobile phone out and call up the HH, or Emergency Services, or our spouse to come and rescue us? Or do we blow on the whistle in the prescribed manner and wait in hope tucked up in our space blanket? And then when another group arrive what next. I know the obvious answer is that one plays the situation by ear. I raise this because of one experience we had where a competitor became ill and it appeared to a casual observer who may not have got it right that the Organisers did little if anything to assist. Were they obliged to do anything? So please Mr President, finish your article now so it is clear what we can expect, if anything, at a Rogaine held under the auspices of the NSWRA.

Richard Smyth

Dear Andy,

I read with interest the recent letters to the editor. I think it is possible to appeal to a broad range of participants, the gung ho ones who need the vaseline and wear the old rogaining t-shirts, and the novice social and family rogainers. That is the joy of rogaining, that's what makes it so colourful. At the metro-gaine it was great fun for us to be able to swim and go to a cafe, and then come back to watch the serious ones run it in at the end. All the leading rogainers had to start somewhere!

While were on the subject of promoting rogaining, one of the best ways to promote it is word of mouth. I would like to congratulate Phil Holman for organising a great "navigational training day" for the a local sydney bushwalking club recently. He had some 40 people there, and gave some great instruction on how to use a map and compass, and gave the participants an insight into rogaining. He even included a dodgy watercourse, and plenty of bush bashing and prickles so we got a realistic idea of what a rogaine can really be like. Phil is a competitive rogaier (with a large collection of smelly rogaining t-shirts no doubt) who also sees the value in encouraging novices.

As long as first timers are made to feel welcome, and not like an outsider, they will come back for more, no matter what level they want to compete at.

Anna Wheelahan



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I/We the undersigned, who live at the address given below, hereby apply to become members / renew membership of the above named incorporated association. In the event of my/our admission as members I/We agree to be bound by the rules of the association for the time being in force.

Full Name	Date of Birth	Fee (\$)	Renew (Y/N)	Signature

My/Our address (for delivery of one copy of each newsletter) is:

Name:

Address:

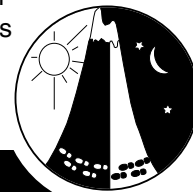
Town: Postcode:

E-mail:

Phone: (home) (work) (fax)

Interested in being a volunteer at an event this year? YES ☐ NO ☐

The fee per annum is \$12 for the first person on this form and \$3 for each additional person. The membership year starts 1st January. The maximum fee for a family is \$15. A family is defined as one or two adults plus any number of dependent children each of whom looks to one or both of the adults as a parent and who all live at the same address. Please send this form together with a cheque payable to "NSW Rogaining Association" to: **NSWRA Membership Secretary, 97 Norman Avenue, Thornleigh NSW 2120**



<http://rogaine.asn.au>