

NSW ROGAINING NEWSLETTER

NUMBER 62

FEBRUARY 1997

IN THIS ISSUE:

RESULTS/REPORTS: NSW Championships 26-Oct-96
Socialgaine 6-hour 16-Nov-96
ACT 12-hour 23-Nov-96

1996 IN REVIEW

The only qualification I have for writing a review of 1996 rogaines is that I went to all of them. All seven NSW events. Plus three ACT events (through some careless oversight I missed the ACT cyclegaine). Also two interstate events ... the Aus Champs in Tasmania and World Champs in WA. 12 in one year; can anyone beat that? It adds up to 18,200 points, 552km, 413 controls, 174 hours, not forgetting my eight partners. I must tell my therapist about this, it's the kind of thing they like to hear about.

For me, the first event of 1996 was the Australian Champs. At 900m elevation in Tasmania, it was colder in mid-summer than mid-winter events in NSW. Storms over the preceding few days and rain during the event ensured total saturation throughout. However, the cold didn't discourage the leeches, rather made them all the more hungry. The course was well set and challenging. Psychologically challenging too, under the prevailing conditions, and with an average of nearly 3km between controls. We barely managed one control per hour.

In the last few years it has become clear that there is a simple formula for gaining top placings in rogaines. You must live in Newcastle. Or at least find a Novocastrian partner. Well, I still live south of Sydney but have adopted the 'if you can't beat them, join them' philosophy. In March I teamed up with Arthur Kingsland for the Upside-Down [1 on the map below], where we were only beaten by Newcastle teams, and for the ACT Paddy Pallin [2], where fortunately no other Novocastrian turned up. The Upside-Down course was one of those that looked quite innocuous on paper. Once out there, I was wondering why the hills looked so steep -- caught out again by 20 metre contours! I must learn to look at the map more closely!

My main memories of the Metrogaine [3] were of the pleasant weather and surroundings, and the feeling of total exhaustion at the finish. Six hours of pounding pavements takes a lot more out of me than any 24-hour event. It didn't help that we were pursued relentlessly by Sue Clarke and Chippy for the first four hours.

To get my revenge I asked Sue to partner me in the ACT Champs. The weather and the scrub were pretty awful. In 24 hours we covered no more distance than we had in six hours at the Metrogaine. It would be a very scenic area, in Namadgi National Park [4], had we been able to see anything. Being National Park, there was no stock to keep the scrub down. I don't mind a bit of scrub, but this was 75% of the map, and unlike the Watagans or the South Coast, there were practically no useful tracks. We came out into the open area of the map in the last six hours. At the merest comment from me that it was pleasant to stretch our legs a little, Sue took off into the distance. 'Wait for me, Sue, I was only joking...!'

There's been a few somewhat damp events this year but nothing beat the Paddy Pallin 6-hour at Patonga [5], for the sheer bloody-mindedness of the Rain God that day. The start hooter just seemed to signal him to make the heavens open. This coupled with the fact that Mother Nature had slipped with her sack of Dagger Hakea seeds when

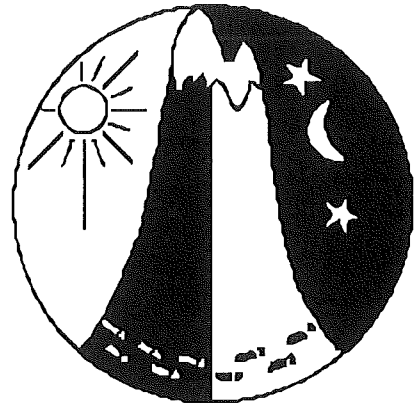
sowing this plot of land. Of course, hardened rogainers barely notice these things, so it was as competitive an event as ever. However, my partner's only previous event was the Metrogaine. When I see him now, I think to myself: has he forgiven me? Dare I mention rogaining again?

The prettiest event of the year was the Pretty Beach 24-hour [6]. It was an antidote to the normal cares of existence. Great scenery, perfect weather. Proof that a good course can be set in an area with generally unfriendly vegetation. No worries, transport provided. I was surprised more Sydney people didn't take advantage of the train+bus; it eliminated what is often a problem with 24-hour events. Safe AND environmentally sound. So there.

World Champs: what can I say about them that hasn't already been said? My condolences to those of you who didn't get there. My partner, Walter Kelemen, would not have missed it for anything. Rogaining on a shoestring, he had hitch-hiked from Brisbane to Tasmania earlier in the year for the Aus Champs. WA was no more of a problem; three lifts from east to west coasts, then he returned via Broome and Darwin. Now he's trying to work out how to get to British Columbia for WRC III in 1998.

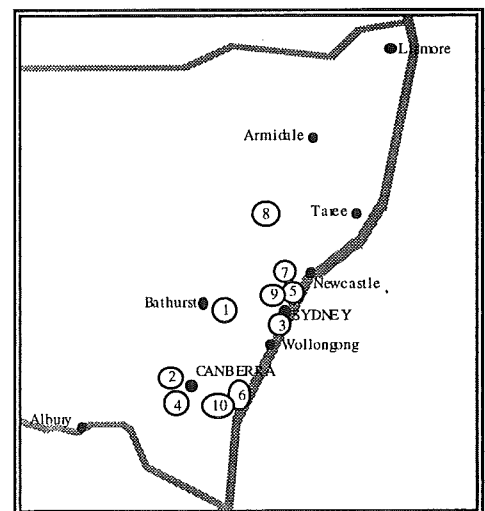
The pre-event publicity for the Lake Macquarie rogaïne [7] mentioned "challenging vegetation". Triffids? Or just our old friend the lawyer vine? Anyway, this year the course-setter wasn't promising to show us the easy way around any of it. We were near the NSW coast, so it rained a lot. (Pretty Beach must have been a dream). Mud, mist, slippery rocks, vegetation which stops you in your tracks. At the time, it was hard to take it too seriously, like the kind of daft exercises I remember being forced to do in the cadets at school. In retrospect, my team found we had missed out on winning by a narrow margin, and with cash prizes too! Too many cups of tea at the T+Dampier stop... I misread a control description at one point... valuable minutes lost. A partner who (I can't stop myself mentioning this!) dropped litter on the course -- always a no-no, but moreso when that scrap of paper is the control card!!!

The Cedar Brush rogaïne (NSW Champs [8]) had a pleasant variety of terrain and vegetation. At least, the parts of the course I visited did. I admire the course setter, who clearly went to extraordinary lengths to set a few controls which were strictly for the foolhardy. I hear it worked, some were tempted! Saturday afternoon was warm and humid, with a significant threat of heat stress, but a mist came down during the night and Sunday morning was cool and damp. It was great to have a rogaïne with a good mix of open farmland, pleasant bush, hills and also more challenging terrain. It's just a pity there were not a few more competitive teams. Can we not induce our 6-hour sprint specialists to do REAL rogaines? Or attract top teams from interstate? Maybe the latter would come if we could guarantee them both good areas and irreplaceable courses.



You might think that we would all wind down and relax at the Socialgaine [9]. No chance -- not until after the finish anyway. It was as competitive as any 6-hour event. In NSW, the shorter events certainly attract the most competitive teams and the closest results, so it was serious business, and the course was suitably challenging. My partner and I agreed in advance that we would not run in this event. However, in the heat of the competition and with the prospect of a tight finish this turned into a question of semantics. We didn't run, we just jogged a bit! This was the best social yet, with a perfect hashhouse location.

This wasn't the end of the year for the dedicated rogaïne; there was an ACT 12-hour in the area around The Big Hole [10], Deua National Park, on the following weekend. In spite of snowfalls the day before the event (in November!) it turned out fine. A beautiful part of the country and a good course. I would encourage more NSW people to get to ACT events: it's not so far really, usually less than four hours from Sydney.



And you'll have to go to them if you want to better 12 rogaines in a year!

Mike Hotchkiss

(With his new Christmas present, a mountain bike, Mike should be able to do even more in '97. Ed)

Here's a new day. O Pendulum move slowly!

HAROLD MUNRO 1879-1932

WHAT'S ON IN 1997

DATE	EVENT	CO-ORDINATOR	COURSESETTING	ADMINISTRATION	HASHHOUSE
1-2 Mar	ACT Champs Bungendore	Alex Tyson, Geoff Mercer (06) 295 6019	Mark Leonard		
8-9 Mar	Activent Polaris Challenge Southern Highlands	John Stevenson (02) 9589 1231	Huw Kingston (048) 836 231		
21-23 Mar	50-hour Endurogaine Rubicon, Vic.	Paul Sharp (03) 9438 3593			
6 Apr	ACT Paddy Pallin 6-hour	Will Keogh (06) 249 4914 (work)			
25-26 Apr	NSW Champs South of Oberon	Alan Mansfield (02) 9797 6773	Roland Burford, Gareth Prosser, Jitka Kopriva		Graeme & Vicki Cooper
3-4 May	TAB 24 Hour Relay Homebush Bay	Javelin Australia (02) 9959 3010			
25 May	NSW Metrogaine Pennant Hills	Sue Kurrle (02) 9476 6530	Ian Cameron, Peter Tuft, Ross Barr	Meg Thornton (02) 9477 5605	
15 Jun	NSW Paddy Pallin 6-hour	Stephen Castle (02) 9557 7101	Trevor Gollan, Geoff Silburn, Steve Cliffe		
28-29 Jun	Nav 97 (Search & Rescue)	John Tonitto 02 9258 4108			
19-20 Jul	AUS Champs Flinders Ranges, SA	Peter Taylor (08) 8364 4390			
16 Aug	NSW Lake Macquarie 12-hr	Bert Van Netten (049) 753 693		Bill Pigram	
14 Sep	ACT Cyclogaine	Mal Leslie, Geoff Farrar (06) 247 3873			
11 Oct	Snogaine Snowy Mountains	Brian Evans (064) 562 242 (wk)			
11-12 Oct	NSW 24-hour South of Sydney	Trevor Gollan (042) 26 5544	George Takacs, Paul Mooney, Geoff Bailey		
15 Nov	NSW Socialgaine Newcastle	Arthur Kingsland (049) 555 701			
30 Nov	ACT 12-hour	David Singleton (06) 248 7142			

Entry form enclosed with this Newsletter.

ACT Champs 1-2 March

The Venue: 20 minutes drive south-east of Bungendore (30 minutes from Canberra, and 3-4 hours from Sydney). 70% undulating farmland, 30% state forest. Camping will be available from Friday night.

24-hour and 8-hour events, both starting from noon Saturday using a pre-marked 1:25,000 map.

Entry form is enclosed with this newsletter. For more details contact Geoff Mercer, Alex Tyson (06) 295 6019, or Mark Leonard (06) 241 7812. E-mail: g-merc@adfa.edu.au, mleonard@agso.gov.au, or check out the event home page at <http://www.ma.adfa.oz.au/~gnm/Rog/act24.html>

Activent Polaris Challenge 8-9 March

The Activent Polaris Challenge is a two day event combining mountain biking with elements of rogaining, bush skills and touring, to be held in the Southern Highlands, midway between Sydney and Canberra. Teams of two will be started in small groups at short intervals, to complete a seven-hour excursion on the Saturday then a five-hour on Sunday.

The Challenge is not organised by the NSW Rogaining Association but it has many elements of rogaining and, given the increasing requests for a NSW Cyclogaine, may be appealing to many members.

If you are interested, I can send you a copy of the Entry Form or call the organisers (John Stevenson 02 9589 1231, Huw Kingston 048 836 231). Entries close 1st March ... there is an early-bird fee reduction if you enter before 15th February.

Trevor Gollan

The 50-Hour Endurogaine 21-23 March

In the late '80s Peter Kinny and the ACTRA organised the "Worlds Longest

Rogaine", so called because it coincided with the end of daylight saving. We put our watches back an hour during the night and relished the joy of walking for 25 hours.

The Victorians are planning to go further. MUCH further! Here's the opportunity to really stretch your endurance ... 50 hours worth of stretching ... starting on the Friday at noon.

There is a broad array of alternative competitions and variant rules. You can enter a 24, 12 or 6-hour event; there's a handicap system based on average age of your team; there's a bonus for people who enter an event that is longer than anything they've done before (the Rubicon bonus); there is a bonus for people who help at the event and enter the 6-hour (the Volunteer's Advantage).

But for us NSWalers, there isn't a lot of sense travelling that far (the Rubicon valley, near Lake Eildon and the Cathedral Range) unless competing in the 50-hour. Here again we have options:

- the normal rogaining team of 2-5, or
- a relay team: 4-7 members, minimum of 20% of each gender.

The relay allows part of the team on the course while the rest of the team recover and provide support. Any team interchange is possible at a number of hash houses. You may need a big team just to carry the map!

Entries close Wednesday 12th March. Enquiries for the 50-hour to Paul Sharp (03) 9438 3593 (home) and for the 24/12/6-hour to Uwe Sydekum (03) 9890 4352 (home).

ACT 6-hour 6 April

The ACT Paddy Pallin 6-hour rogainie will be held 45 minutes south of Canberra in the Orroral Valley and around Glendale Crossing. The country is a mixture of grassland and open eucalyptus forest.

The course caters for all levels of experience, with plenty of controls in easy locations. It uses highly detailed 1:15000 orienteering maps.

To enter, fill in the enclosed application form or contact William Keogh, 16 Blackbutt St, O'Connor 2603, ph: (06) 249 4914 (w).

NSW Champs 25-26 April

Rollie Burford has selected a special site between Oberon and Goulburn, an area of high country, very open forest and some big hills (Rollie chooses the word "physical"). We can expect terrain similar to Jaunter 1991 (except it won't be snow in April!) and last years Upside Down at Rydal.

The full moon coincides with the Anzac Day weekend, hence the rogainie will start at 1pm on Friday 25th and you can opt to stay over on Saturday night to recover prior to travelling home on Sunday. Bus transport will also be available.

24 Hour Relay 3-4 May

The 1997 TAB 24-hour relay is to be staged again at the Sydney International Athletic Centre, Homebush Bay, from 12 noon on Saturday 3rd May to 12 noon Sunday 4th May. Team entry is open to individuals 16 years and older. Team entry fee is \$400, covering registration of 20 runners plus team supporters.

There's entertainment throughout the weekend, a good excuse to keep fit and support the Australian Olympic Team Fund. How about 20 rogainers interested in entering a NSWRA team?

Metrogaine 25 May

Metrogaine '95 presented the lower Lane Cove and Parramatta Rivers. This year Sue Kurrle is taking us up the creek ... to the top of the Lane Cove River. The course will be an even mix of cityscape, with Q&A controls, and bushland, with standard flags.

The Metrogaine is a fun day, (perhaps the true Socialgaine?) easy to access, and good for introducing new people to rogaining. Sue has responded to the increasing popularity of the event by introducing a new age category for over-70's.

NSW CHAMPIONSHIPS

CEDAR BRUSH (SCONE), 26-27 October 1996

CO-ORDINATOR'S REPORT & MUSE

One of the difficulties in setting a rogain course is figuring out how big to make it. I know my judgement doesn't seem to be getting any better. In fact, my first 24-hour course at Copeton Dam was the best I ever did and I've been getting worse ever since.

The Australian Rogaining Association's Technical Standards for Championship Events say the course should be big enough to stop any team from getting the lot but that an exceptional team in good conditions should be able to achieve 95% of the total score. Well I've never had the problem of a team coming back two hours early and saying "Is that all?" but given that the winners at Cedar Brush got only 70% of the total points it seems the course was a lot bigger than necessary. Now apart from the obvious point that my course setting team and I put a lot more work into the course than necessary, I don't see that this matters as long as the control values are set so as to minimize the luck factor in overall route choice. What I am getting at is that two teams of similar ability who take quite different but well planned routes around a larger than necessary course should still come up with similar scores. A few people have suggested to me that some of the distant controls could have had higher values. Looking at it again after the event, the value for the isolated ones in the north may have been a bit low.

Most teams did in fact stay away from the high country to the north. Only six teams went to the seven controls to the north of the Great Divide and only two of these went to them all. Some controls north of 23, 35 & 46 had less than 10 visits. Control 64 proved a popular destination with 33 visits. The overall winners, Mike Hotchkis and Rob Vincent, got to all but three of the controls to the east of Sparkes Creek Road - Cedar Brush Stock Route and south of the Great Divide. They missed 11, 16 & 27 but added 15 & 17 to the west.

This all brings me to pose a question.

Why do we feel compelled to always find a totally new area for each rogain? The ARA Rules and Technical Standards don't say anything about this. Orienteers use exactly the same maps many times and while it is true that after running on the same map more than three or four times you gain some advantage from past experience, I suggest there is a case for starting to recycle some of our rogain areas. One big difference between the two sports is the standard of the maps. Orienteering maps have enough detail and accuracy to eliminate luck. On the other hand, the maps we use fail to give a true picture of vegetation measured in terms of 'runnability'. A green area could be an open eucalypt forest that you could run through or it could be a totally impenetrable mass of vines and undergrowth. Anyone who went into the scrubby south-east corner of the Cedar Brush map would surely remember it if they came back to another event in the area. This would give them a slight advantage over those who hadn't been there before. Improved vegetation information either on the map or as part of the course-setters notes would provide compensation. I must admit I didn't say much at all in my notes. I did stick the scrubby part in one corner though!

Getting permission from landowners to run an event such as Cedar Brush which was nearly all private property takes weeks of work. Once you do gain their confidence you can nearly always establish a very harmonious relationship with them. Many will take a close interest in the progress of the event. Cedar Brush was no exception to this.

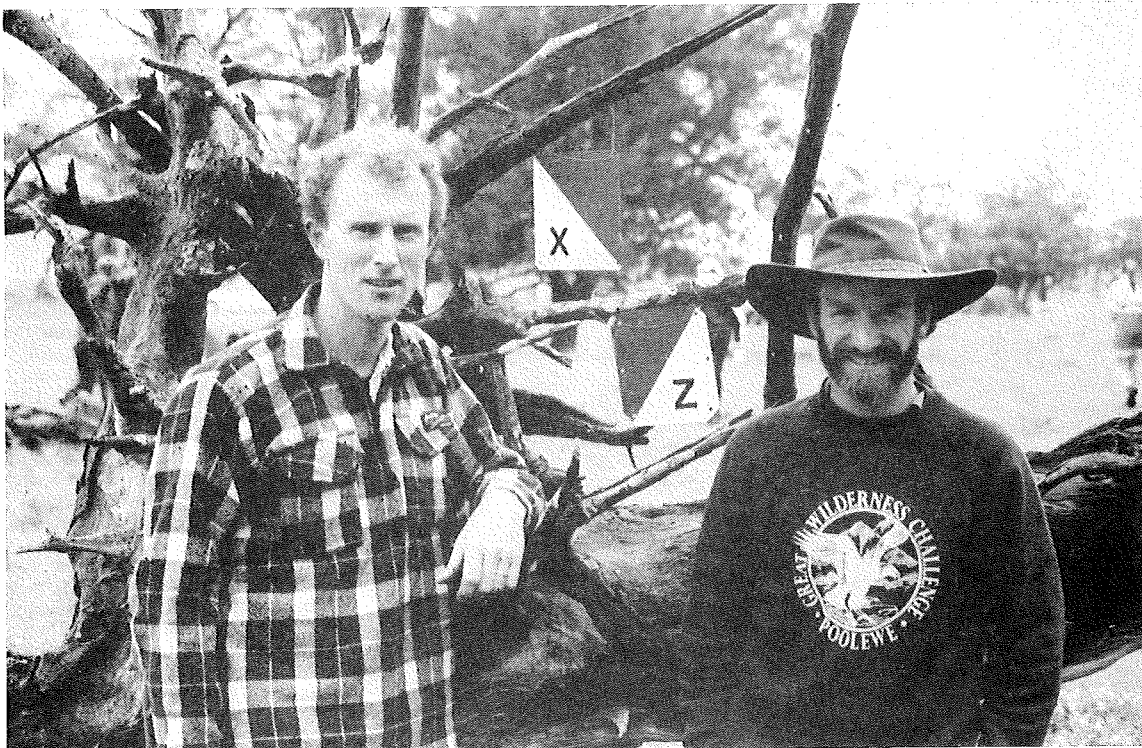
Course-setters accumulate a large volume of knowledge about each area. It would have to be then a lot easier to set another event two or three years later in the same area than in a new one. How would you feel for instance about going to an event that used the northern half of the Cedar Brush map, added some new land to the north and had the start on the northern half of the map. This is a very real possibility. Please let me know if you have any strong feelings

either for or against the concept of reusing areas.

The hot weather for the first half of the event caused a big drain on the water drops and both 3 & 4 ran out before we could get there with a top up. Black mark Cooper! Drop 2 always had water but it caused some problems. The map shows a fenced area of about 140m² with the water at the SE corner and this was correct. What it didn't show was another fence enclosing the NW corner of the main square. The graves were in this square which is much smaller than the one shown on the map. I knew it was there but didn't know that there were two empty 20 litre bottles at the SE corner! Apparently they were put there to water a memorial tree. Some teams found these and took them to be the proper bottles. The watercourse shown running across the fenced area is also wrong and this possibly added to the confusion. It actually runs to the north of the square where the word "Cemetery" is on the map.

Apart from the scrubby part in the SE corner, I redrew the whole map using OCAD, a computer mapping program designed specially for orienteering maps. My original intention was to just redraw parts of it where the amount of cadastral information was rather annoying but I got carried away and ended up doing more than necessary. I tried to use a large scale aerial photograph lent to me by one of the landowners to get better vegetation boundaries but the problem of matching up the map to the photo in the time available defeated me. What proved to be really useful though was the ability to redraw contours and watercourses around control sites. Controls that I did this to were 12, 22, 23, 35, 37, 41, 43, 45, 48, 49, 50, 56, 57, 58, 61 and 63. More than half of these sites could not have been used without the redraw because the detail was just not on the map. Examples are control 45 where the central watercourse of the three that join just below the control was not shown and control 57 where the gully it was in was not shown.

(Continued next page)



Rob Vincent and Mike Hotchkis - 1996 NSW Champions by a comfortable margin

NSW CHAMPIONSHIPS

CEDAR BRUSH (SCONE), 26-27 October 1996

Every event I have set I have found myself looking at good control sites where the map just didn't match the reality. OCAD provides the solution to this problem and I would suggest to all you future course-setters out there that you consider using it. I'd be glad to talk to you about it.

[Graeme, my concern is that OCAD imposes excessive workload on the course-setters. How long did you spend preparing the map for Cedar Brush? Ed.]

Too long! I wouldn't do it that way again. What I would do is scan the whole area that I thought we would be likely to use, making sure that the sections all fitted together neatly, then draw just a bare skeleton of the map, the grid lines, main roads some 100m contours... enough so that when you printed it you could recognize what you were looking at. I would then fill in detail as needed. That is, when field work showed a need to correct something. I would finally print the map, cut out the patches of detail and stick them over the original. This is essentially the reverse to what I did where I redrew almost the entire map and stuck the piece in the SE corner over the OCAD map.

I guess what you regard as inaccurate is to some extent a matter of opinion but I certainly found these Cedar Brush sheets to be a problem. It wasn't just little errors like the watercourse running along a contour line across the cemetery. There were places where whole great thumping gullies were missing. Other places like control 58 ... there were bends and wriggles in the contour lines that just didn't exist.

The latest West Australian newsletter shows a map of their most recent event which was completely redrawn by computer. It wasn't OCAD and I think they may have got digital information from their CALM. Anyway they are going to buy a copy of OCAD (with Government grant money!). One feature of their map was that it was, by our standards, a very flat piece of country. Even with 5m contours the total length of lines would only have been a tenth of what was on Cedar Brush.

Finally, a big thank you to everyone who helped with the preparation, running and clean up after this event, to the landowners for your vital support and all those who entered. People who helped us were:

- Charlie & Joy Thomson
- Tony & Marie Dale
- Russel Swanson
- Bill Pigram
- Jack & Marly Sinden
- David & Narelle Clayton
- John & Gill Woodward

• Jenny Gill
• Brian & Tammy Holz
Vicki and I hope you feel, like us, that it was all worthwhile. We are already planning our next event for 1998.

Graeme Cooper

A SCONE SAGA

"not a cooking epic, but an honest, analytical review"

It's the NSW Championships. I am just about to set out with New Partner #20, and so the big debate begins - North for adventure or South to win? Hey, we want it all, so its N for adventure first, then S for the winning points. It all looks so easy there in the paddock, armchair planning across the bonnet of the car. Swoop around the NW, visit W1 if need be, at #74 just on dark, then on down to W3 by 9pm for dinner. Withershins round the Southeast, hitting W4 by 4am, and into the steep-but-at-least-you-know-where-you-are far corner for the rest of the night. Back to W3 by 8am, a quick tactical break to finalise our sprint finish across the centre, and home by 11:55am (EST, of course). Easy.

Midday and we are off up north - feeling good around the lowlands west of the HH, picking off a few 10's and 20's, hob-nobbing with the pademelons. 1pm and I'm feeling bad ... looking up to #32, an extravagant number of squiggly brown lines above us, doesn't help. Stagger on. Discover what a stinging tree looks, and feels, like (something less than deadly) so we push on. It's hot and thirsty work, but we spike W1. On up the Stock Route, a relief to be out of the rainforest, and a track most of the way to #61. Back over the Stock Route, wave to the glossy red-tailed black cockatoos, and spot #52 from across the gully. Which of us forgot the flying fox?

By now feeling really crook, so decide to spill the beans. Heaps of sympathy from Partner, who sprints off up the hill, in order to be as far away as possible when I breathe my last. Also doesn't think grey suits me. (She's probably right but, just like the winning WRCII team, we don't carry a mirror.)

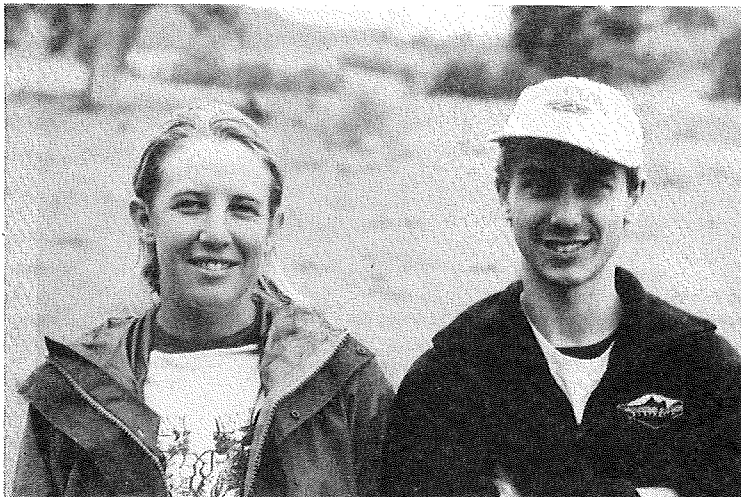
Skip a few squiggles on the way to #51, then the grand slog to #62. Damn! 15m @ 250°. It's now 6:45pm, and the light is starting to fade. My light went out hours ago.

Head off to #74 - we'll be a bit late, but the Cunning Plan was cunning enough to allow some slack over the final four hours. One gully - what a stunning xanthorrhoea, never mind the stinging trees and nettles. Two gullies - what a pain these

xanthorrhoeas are to get through. Three gullies - getting rather sick of the xanthorrhoeas, but have been stung so many times by the nettles that hands and knees have gone numb. Four gullies, and we'd be quite happy if we never see another xanthorrhoea in our lives.

My eye has started to twitch, where something bit me a couple of hours ago, but can't tell if it has impaired my vision as the mist has rolled in, it's now dark and we can hardly see anything anyway. (Later this turns out to be a great advantage.) 9pm and we are less than happy - the slope is heading us NW and we can't find #74. Executive decision to bug out and relocate, so head up the hill to the saddle. As definite a saddle as ever John Wayne used, although a tad narrower than it looks on the map. More of knife edge in fact. Study the map (we must be getting desperate) and try again on a bearing. Drop down from the saddle and realise it wasn't rain, we were just in the cloud. More xanthorrhoeas, but no flags. Hear the frogs (watercourse?) so investigate - damn! An unmapped one this time. Decide to bug out again, so onwards and upwards. And upwards. Hit the ridge way past the saddle. So what are a few extra contours between friends? Back to the saddle, now three and a half hours behind schedule. Can't see how else to attack it, so opt to move on. Head south, pick up the watercourse, and it will lead us into Thompson's Creek. Nice idea, shame about the jungle. Adopt the wombat approach for a while, going nowhere fast, until I fall through the vegetation and end up with legs dangling and hands clinging on to stinging nettles. Jo hauls me out and leads on. Or rather back - Cunning Plan #584. We'll contour round to the W, and pick up the next spur - bound to be clearer going. Stumble along & up & round for a lifetime, then decide we must be on the spur. Start to head down, then Jo stops. Cliffs ahead. A bit of delicate footwork, aided and abetted by lots of bum-and-hand work, and we get down that one. The next cliff needs a bit of back-tracking (surely we can't possibly be that close to Thompson's Peak???) but we make it. Hit the next cliff and sit down - feels more secure that way. Study the map again, & realise I am not feeling sick any more. Just terrified. The mist and the dark mean we can only see about a foot in front of our noses, but sitting down I look round by moonlight. "Er Jo, what do you see if you switch your light off?" Nothing! A big grey nothing. The Abyss, but it's 10m ahead of us and we know we can't get back up where we came from. Better carry on then. Bump and grind our way down some more, trying to head S, but actually going wherever we can. Eventually it starts to get thicker again (more nettles), but look on the bright side & tell ourselves it means we are nearing the creek.

Midnight, and a most beautiful sight ... rising ground ahead of us. We are down at last. Not sure which creek, but it's going vaguely SE so we take it. Satisfy ourselves that all creeks round here must lead to ours, so we'll just watch the incoming watercourses and find ourselves again. Half an hour later we start to realise where we might be, and it's not exactly what we thought. About 1km upstream in fact. Up the creek, left the paddle back with the flying fox, and would just about kill for a drink, but despite the name ... this creek is dry. Eventually start to see a trickle of water and, feeling sure no beasties would live uphill from here, decide to drink. In any case, there's little chance of getting sick before the finish. As I fill the bottles Jo comments that it's better to have things swimming in the water than things dead. I have to agree.



Debbie Stuart and Jeremy Welbourne won the Mixed category.

(Continued page 6)

NSW CHAMPIONSHIPS

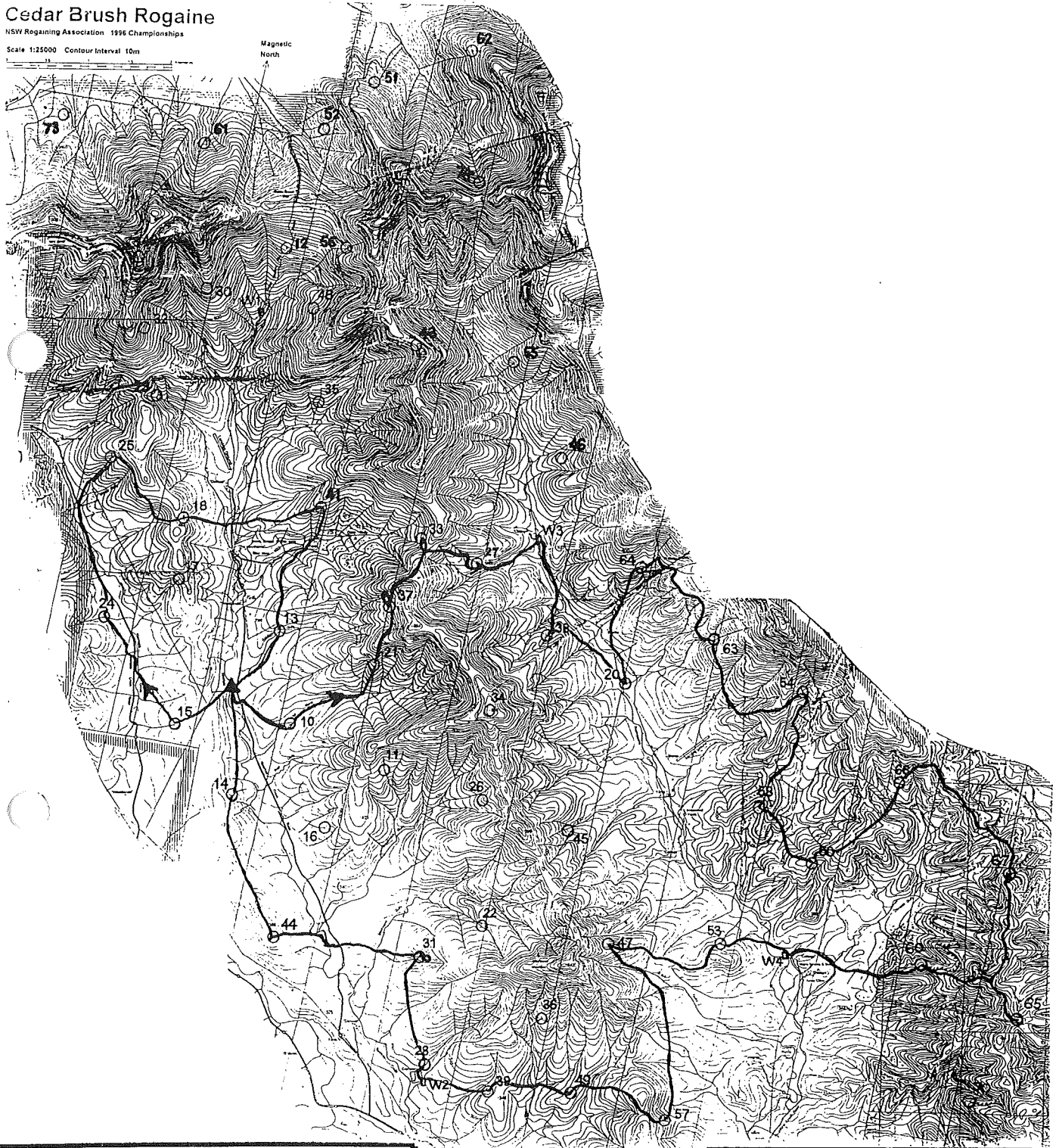
CEDAR BRUSH (SCONE), 26-27 October 1996

Cedar Brush Rogaine

NSW Rogaining Association 1996 Championships

Scale 1:25000 Contour Interval 10m

Magnetic North



ROUTE TAKEN BY
George Collins & Trevor Gollan
 Veteran Winners, 3rd Overall

→

You get piles, crutch rot, ulcerated blisters on the Achilles heel, eye problems and the fillings in your teeth fall out in the extreme weather. You age rapidly and your hair falls out. But you don't risk being mugged.

SIR RANULPH FIENNES, the polar explorer, gearing up for a walk across Antarctica

NSW CHAMPIONSHIPS

CEDAR BRUSH (SCONE), 26-27 October 1996

24-Hour	Score	Finish	O	M	W	X	V	J	F
Mike Hotchkis, Robert Vincent	1450	11:59	1	1					
Ron Hutchings, Julian Ledger, Peter Watterson	1100	11:43	2	2					
George Collins, Trevor Gollan	1090	11:22	3	3			1		
Alfred Britton, Bert van Netten	1090	11:27	4	4			2		
Robert Embery, Geoffrey Price	1070	11:43	5	5			3		
Debbie Stuart, Jeremy Welbourne	960	11:57	6			1			
Michael Burton, Arthur Kingsland, Damian Welbourne	930	11:41	7	6					
Ian Brown, Geoff Luscombe, David Noble, Lowan Turton	870	11:54	8	7					
Peter Gordon, Rachel Williams	850	11:41	9			2			
Ian Carr, Kevin Lloyd	820	10:55	10	8			4		
David Green, David Palmisano	790	11:46	11	9					
Geoff Bailey, George Takacs	780	6:36	12	10					
Dick Mountstephens, Ian Rannard	760	11:40	13	11			5		
Nicole Dynon, Andrew Haigh	710	11:52	14			3			
Geoff Peel, Margaret Peel	700	9:42	15			4			
Geoff Clitheroe, John Hellstrom	690	3:13	16	12					
Michael Korompay, Nick Quinsey, Russell Taylor	680	11:28	17	13					
Rob Beattie, John Raymond	610	3:54	18	14					
Merv English, Anne Francis	590	11:21	19			5	6		
David Dash, Ian Deck, Janelle Deck, Andrew Duncan	580	9:33	20			6			
Julian Leslie, Reddall Leslie	580	11:32	21	15					1
Lynn Dabbs, Kevin Williams	570	11:19	22			7	7		
Sue Clarke, Jo Parr	570	11:52	23		1				
Tom Cordingley, Ken Skardon	550	11:00	24	16			8		
Rosemary Austen, Peter Garlick, Steve Garlick	550	11:19	25			8			2
Jono Miller, Stuart Thomson	540	11:46	26	17					
Malcolm Hughes, Margaret Hughes	530	11:09	27			9	9		
Colin Tuft, Katherine Tuft, Peter Tuft, Robyn Tuft	490	11:01	28			10			3
Nihal Danis, Richard Sage	490	11:55	29			11			
Andrew Grimes, Patrick Killalea	480	9:26	30	18					
Guy Jarvi, Sarah Tibbey	480	11:38	31			12			
Virginia Brunton, Marnie Holmes	450	11:15	32		2				
Kathy Herrmann, Kristiane Herrmann	440	11:36	33		3	10			
Rod Bambach, Lisa Rew, Carol Rose	440	11:54	34			13			
Sonia Kupina, Alan Mansfield	430	5:45	35			14			
Ross Miller, Gregor Wilson	380	11:30	36	19					
Bruce Haigh, Steven Harden	380	11:55	37	20					
Philippa Amery, Stewart Amery, Kerry Gilmore	370	10:53	38			15			
Ian Rank, Sweet Rank	360	1:40	39			16			
Andrew Lumsden, Mark Ward	360	11:57	40	21					
Roz Atkins, Frances Phillips, Gail Roland	350	10:34	41		4				
Daryl Kay, Kirsten Linnemann, Karen Maher, Matt Seldon, Janet Steel	330	11:36	42			17			
Peter Fletcher, Andrew Pope, Belinda Pope	320	10:58	43			18			
Mark Adams, Bruce Franklin	320	11:32	44	22			11		
Dan Crosby, Reggie Hart, Cath Rousch	300	10:00	45			19			
Debbie Buck, Judy Greenwood	280	10:43	46		5				4
Ian Bailey, Ross Gannon, Greg McClenahan	240	12:02	47	23			12		
Anthony Lloyd, Shane Lloyd, Justin Redmayne	230	7:08	48	24				1	
Marie Dale, Pat Elliott, Taren Young	210	11:25	49			20			
Anthony Colebourne, Michael Colebourne, Alison Maher, Bronwyn Maher	40	4:37	50			21			
Ian Boyle, Wayne Cotton, Stuart Holloway, Dennis Nickell	Dsq								
8-Hour	Score	Finish	O	M	W	X	V	J	F
Alan Vaughan, Michael Vaughan	730	19:41	1	1					
Keith Power, Brennan Wales	640	19:52	2	2			1		
Eric Baker, Deborah Narayanan	600	19:52	3			1	2		
Eric Andrews, Liz Bourne	530	19:49	4			2	2		
Don Barker, David Clayton	500	19:52	5	3			3		
Gillian Woodward, John Woodward	440	19:58	6			3	4		
Phillip Allen, Ted Booth, John Guilly	420	19:55	7	4			5		
Stuart Kane, John Wheen	420	20:05	8	5					
Andrew Buist, Mark Burnside, Malcolm Stewart	390	19:49	9	6					
Anne Stewart, Malcolm Stewart	340	19:51	10			4	6		
Alec Watt, Tim Watt	330	19:27	11	7				1	
Jacki Miers, Brian Pearson, Susan Pearson	330	19:57	12			5			
Andrew Cooke, Terry Cooke	310	19:23	13	8					2
Lois de Beauregard, Gillian Eales, Mary Ann Graham, James Moore	270	19:38	14			6			
Judy Chapman, Ken Chapman	250	19:36	15			7	7		
Anna Clarke, Peter McConaghy	190	20:04	16			8			
Manfred Mackenzie, Janet Sculfer	180	19:45	17			9	8		
Henry Roberts, John Roberts	170	18:30	18	9					3
Brian Holz, Tammy Holz	160	19:41	19			10	9		
Peter Wherry, Paul Wherry	160	20:14	20	10					4
John Biddiscombe, John Bishop, Ian McNichol	140	19:14	21	11			10		
Martin Fallding, Robyn Fried	140	20:20	22			11			
Alf Torrissi, Regina Torrissi	130	18:07	23			12			
Sue Goc, Janet McLachlan	Late	21:05							
Barbara Marshall, Wal Mills	Late	21:26							

Categories: Open, Men, Women, miXed, Veteran, Junior, Family

Take the road less travelled. Take the long way round.
Let your life unravel, as you cover that ground.
Ride high in the saddle. Face the world alone.
Take the road less travelled, and find your own way home.

Graeme Connors

SCONE SAGA

(...continued from page 4)

Start to talk again - the tongues are unstuck from the roof of the mouth - and think about the future. Figure that if it starts to fall into place we will look for #55 and #46.

It all looks good, so we follow a side creek up to the left. Goes too far, so we cut off and angle back to Thompson's. Meet a second creek - so far (and believe me, it has been far) so good. Seem to be at the top of it, so follow it down. At the bottom and ... YO! there is another creek going off on the other side, just like the map says. Back up we go, a tactical pincer movement on either side of the gully, until the watercourse peters out in the big thicket ahead. "No-one would put the control above that, would they?" "Of course not, but we'll just take a peek anyway" We do, but without the courage of our convictions, and decide we are in the right place. Bad move - on talking to Mike Hotchkis later it transpires the control was in that gully, higher up than we ventured.

Back down to trusty old Thompson. No point in trying for #46, as we don't know where we are. Our only hope is to find the water drop by the road across the creek. (This is starting to sound like something out of Burke & Wills...) Many hours, and even more hallucinations, later we see the cottage-by-the-road-by-W3. Great rejoicing - we are found! The water drop we planned to have dinner by, only seven hours late! Just nip across the creek - oops, mind that killer eel in the water - and there are the water containers. Now to drink ourselves stupid. Well, we would, but can only squeeze 200ml out of the lot of them. That puts paid to any dreams of heading south. We need water, and the only chance is the HH. A sit down and Cunning Plan #785 is born. Back across the middle - 27-33-37-13-HH for breakfast, then clean socks and a gentle loop nearer to home. #27 looks like a gimme - can't possibly go wrong. Right! In fact can't possibly go. Later we do see the patch of blue-green on the map, but not by torchlight. A dozen abortive attacks on the brambles later, Jo suggests we sit down and wait for daylight, all of 15 minutes away. I agree, and we sit. Well, I do, as I can't be bothered to remove my pack. Jo lays down, falls asleep and dreams she has a cleaning lady at home making things spick and span. If so, she would never have let us back inside the house in our condition. Perhaps it's just that she left Simon at home playing the housewife yesterday?

Daybreak, and our side of the creek looks even less inviting than in the dark. Decide to try and get across, then decide we don't really want #27 anyway, head up the hill to #33, and find it on the second attempt. It is now 10 past 6, just under 11 1/2 hours since our last control. Now we are back in our stride, on down to #37 where we see our first fellow rogainers since 6pm. A real Team Effort for this one - Jo thinks it's just above us up a gully. I don't, so stand and watch while she wastes her time looking. My eyes drift off and I see it up the gully to the left. We both struggle up to it (I had to - I had the card) and punch. #13 we can hardly go wrong, and have the HH on visual.

Clean socks, swap boots for shoes, and sit down to breakfast. Cornflakes with gallons of milk, tea & coffee, and we are rehydrated and fit to face the world once more. Drop our packs in favour of bumbags. Feel so good leaving the HH we start to jog down the track towards #10. Give that up as soon as we hit any of those brown squiggles, mind. A 3 1/2 hour loop round the gentle slopes south of the HH, and back in good time with ten minutes to spare. Another rogainer over, another partner to add to the score card and even, embarrassingly given our score, a trophy to take home.

Thanks for a great adventure Vicki, Graeme, and all your helpers. One day perhaps we'll be back to look at the other half of the map - the one with all the points.

Sue Clarke

REMINDER: RENEW YOUR MEMBERSHIP

SEE PAGE 15 FOR DETAILS

PRESIDENT PETE'S PATCH

At last we can ease off the arduous training, as the 1996 rogaining season has closed. One feature most will probably remember is continuous heavy rain, as at the Paddy Pallin and Lake Macquarie rogaines. But things got better for those who saw out the last two events of the season, reported in this newsletter. The Championships experienced all seasons - heat, then mist, then rain - and the weather was perfect at the Socialgaine. Actually, it was a bit hot for rogaining, but it was perfect for sipping beer on the shady lawns around the old "Settler's Arms" pub.

At the Socialgaine, the inaugural presentation of the Warwick Marsden Award for contribution to rogaining in NSW was made. It's dodgy, selecting a single person when many people do so much. The committee considered the following nominations:

- Stephen Castle - for his diligence, leadership and humour in front of 600 people at this year's wet Paddy Pallin rogaïne, and for volunteering to return and do similar in 1997;
- John Keats - for his 10th consecutive year on the committee (now retiring - thank you, John!);

- Albie Arnott - for his enthusiasm and meticulous course-setting (and track cutting with secateurs!) of the Lake Macquarie event;
- Trevor Gollan - for co-ordinating the Pretty Beach rogaïne, (about which poetry was written) for editing the newsletter, and for embracing fellow rogainers with his sincere friendship, like Warwick did;
- Julian Ledger - for "putting in" wherever help needed; and
- Graeme Cooper - for providing his marquee hash house at nearly all events, and for co-ordinating the epic Championship event.

And the winner is...

Trev (and Kay Gollan) and we'd like to present them with a pair of Director's chairs, labelled "NSWRA Thank You", and we do.

A big thank you to ALL people who contributed to the organisation of our Association throughout the year past. To the event organisers, administrators and caterers; to the course-setters who discovered and shared new, interesting countryside; to the Committee who provided essential support. I know that many hundreds of people have enjoyed and appreciated your efforts.

That's it from me as (puppet) President, except to invite volunteers for all committee

positions. The AGM and new committee will be sworn in at the first event of the year.

1996 World Champs Subsidy

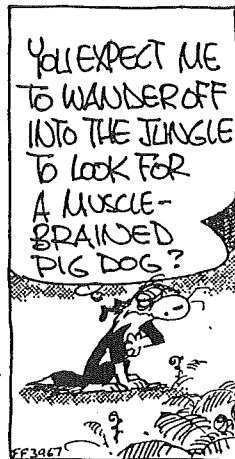
All NSWRA competitors at the World Champs are due a cheque for \$25, the promised subsidy. Please call me if your address has changed since you paid membership, or if you would prefer that the money instead be donated to the Flying Doctor service (on standby at the event).

Peter Watterson, Ph 98046091 (hm), 95142319 (wk), or watt@ee.uts.edu.au.

First Aid Course Subsidy

To increase the numbers of trained first-aiders amongst event admin, NSWRA will reimburse \$25 of the cost of any recognised first aid course to a (1997) member, on the expectation that they will be helping at an event within the next year. This offer is while funds last! Instead of us organising a course, we will just inform you of a few upcoming public courses, to which you should book directly yourself and hopefully find other club members in attendance. After the course, post your receipt to the NSWRA secretary.

Peter Watterson
December 1996



EDITORIAL

The '97 calendar has taken a long time to formulate and we've had difficulty finding people to co-ordinate a couple of events. That uncertainty is the reason for the delay in issuing this edition of the Newsletter, which is why it's so bulky.

THE UPSIDE DOWN 12-HOUR THAT WAS SCHEDULED FOR 15TH FEBRUARY HAS BEEN CANCELLED.

If you have been rogaining for a while, how about taking your turn at organising. There is plenty of experienced advisers (any of the Committee for starters) and written guidelines to help you. It does take time and effort, but we old-timers consider it more rewarding than participation in an event.

It seems that many people may be reluctant to set a course because of the difficulty in just identifying an area.

Generally a site is chosen by each course-setter according to their preferences and experience. Perhaps an area they've bushwalked or travelled through. George Collins chose Evans Crown ('90) because he knew people who owned a property there. Albie Arnott's choice is based on his one-eyed fanaticism for the Watagan Mountains.

People like organising Metrogaines because they are close to home. Stephen Castle selected Patonga because it had the largest carpark.

As to you, think about the type of course you would like and the effort you can expend. If you choose an all-bush affair then access is much easier than farmland ... then again farms make for pleasant walking. Be aware that it is impractical to use small farmlets and weekends. Public land is generally available to rogainers; Forestry is easier than National Park, only because Parks are usually rougher country. And of course we can re-use areas after five to ten years.

Start recruiting. You should enlist friends, orienteers, rogainers - people you know & trust. It helps to have a blend of navigators, administrators and labourers. Obtain an experienced roganiser as consultant.

Buy a couple of maps that appeal, and start planning a course. You can claim cost of the map from the event. I am more than happy to meet with you and talk about areas/maps. I can also suggest 10 or 20 potential sites, some new, others used. It's important that more people are thinking and planning events. That gives us our diversity

and keenness, and reduces excessive workload on individuals.

Don't forget that, as members of an incorporated association, you should renew your membership each year. The minimal fee (\$10 per household) ensures we keep a current membership list, and keeps you *au fait* with the sport of rogaining via the newsletter. As an amateur organisation, we don't have time to chase you. Every year we lose contact with people who don't renew, or don't attend the first event of the year. Don't you be one of them.

This is my last issue as Editor of the NSWRA Newsletter. Two years is an appropriate term for such an invigorating, numbing exercise. We thank all of you who have shared thoughts and experiences ... and expect you to help Stephen Castle moreso.

Trevor Gollan

Only Presidents, editors, and people with tapeworm have the right to use the editorial 'we'.

MARK TWAIN 1835-1910

YENGO SOCIALGAIN

ST ALBANS, 16 November 1996

Hour	Score	Finish	O	M	W	X	V	J	F
Anthony Darr, Alan Garde	1330	20:47	1	1					
Robert Preston, David Shepherd	1160	20:56	2	2					
Michael Burton, Arthur Kingsland	1150	20:56	3	3					
Marnie Holmes, Mike Hotchkis	1030	20:50	4			1			
Ian McKenzie, Gordon Wilson	970	20:51	5	4			1		
Annette Billingham, Sue Clarke	900	20:46	6		1		2		
Mark Burnside, Malcolm Stewart	900	20:57	7	5					
David Le Carpentier, John Le Carpentier	880	20:29	8	6				1	
Debbie Stuart, Jeremy Welbourne	880	21:04	9			2			
Peter Gordon, Rachel Williams	860	20:56	10			3			
Peter Hinds, Cameron Osborne	840	20:33	11	7					
Ian Carr, Peter Coventry	820	20:27	12	8			3		
Dawn Hinds, Carol Osborne	770	20:12	13		2				
Nihal Danis, Richard Sage	770	20:55	14			4			
Eric Metzke, Linda Robinson	740	20:33	15			5	4		
Bruce Fenton, Turi Innes	730	20:58	16			6			
Lynn Dabbs, Kevin Williams	720	20:30	17			7	5		
Dick Mountstephens, Ian Rannard	710	20:45	18	9			6		
Chris Cutcliffe, Andrew Pope	710	20:53	19	10					
Heiko Schaefer, Ken Schaefer, Mark Schaefer	700	20:51	20	11				2	
Garry Ferris, Marilyn Ferris	690	20:47	21			8			
Mick Reading, Stuart Thomson	660	20:39	22	12					
Michael Course, Malcolm Hughes, Margaret Hughes	650	20:35	23			9	7		
John Biddiscombe, John Bishop, Ian McNichol	650	20:52	24	13			8		
Nick Bertos, Allison Clegg, Ken Smith	650	20:59	25			10			
Michael Korompay, Russell Taylor	640	20:51	26	14					
Ian Rank, Sweet Rank	640	20:54	27			11			
Neil Chappell, David Lilley, Michael Lilley, Yvonne Puller	630	20:49	28			12			
David James, Paul Wrightson	620	20:31	29	15					
Grant Maizels, Tracey Mitchell	600	20:54	30			13			
Alan Scott, Stuart Scott	590	20:54	31	16				3	
Kate Beardmore, Martin Henery, Katherine Rodger	580	20:54	32			14			
Lynda Le Vaillant, Scott Smith	580	20:56	33			15			
Michael Hutchings, Ron Hutchings, Rachel Hutchings, Tom Hutchings	580	20:59	34			16		4	
Anthony Hunt, Melinda Hunt	570	20:22	35			17			
Christophe Collins, Elodie Collins, George Collins	560	20:51	36			18		5	
Anne Stewart, Malcolm Stewart	550	20:48	37			19	9		
Barbara Cuff, Peter Rankin	530	20:36	38			20			
Jane Francis, Julian Keane, Peter Phillips, Jeff Welch	530	20:58	39			21			
Dan Crosby, Catherine Rousch	520	20:29	40			22			
Barry Drake, Nick Quinsey	510	20:58	41	17					
Rosemary Austen, Steve Garlick	510	21:16	42			23	10		
Ben Austen, Peter Garlick, Benita Kearney	500	20:37	43			24		1	
Kate Austen, Rodger Austen, Alison Kearney, Anthea Kearney	480	20:41	44			25			
Gavin Ayre, Darren Heaney	470	20:39	45	18					
Neil Kitchen, Rob Lang	460	20:56	46	19					
Margaret Duguid, Peter Duguid	450	19:59	47			26	11		
Ian Froude, Marianne Froude, Sue Froude, Sebastian Froude	450	19:59	48			27		6	
Steve Lloyd, Sarah Lloyd	450	20:12	49			28		7	
Roz Atkins, Alisa Percy	450	20:42	50		3				
Judy Greenwood, Greg McPherson, Kyana McPherson	440	20:43	51			29		8	
Chris Knoetze, Jono Miller	440	21:17	52	20					
Peter Le Carpentier, Sue Le Carpentier	420	20:42	53			30		9	
Stephen Castle, Sarah Larn, Robert Loader	420	20:43	54			31			
Guy Jarvi, Peter Ragg	420	20:54	55	21					
Francis Bereczki, Bill Gribble, Leslie Steinhuis	410	20:37	56	22			12		
Dominic Porter, Mark Porter	390	19:27	57	23				10	
Connie McNamee, Margaret Peel	380	20:00	58		4				
Philippa Amery, David Brooks	370	20:49	59			32			
Ross Bailey, Charles Brennan	370	20:54	60	24					
Bev Giles, Debbie Hotchkis	370	21:00	61		5		13		
Brooke Abbott, Clinton Alver, Sonya Knapman, Kirsten Linnemann, Matt Seldon	360	20:54	62			33			
Vicki Snelson, Derek van Dyk	360	21:05	63			34			
Rosemary Seberry, Joanne Vanderstok	350	20:40	64		6				
Allan Ramsay, Michael Ramsay, John W. Roberts, Meg Thornton	240	21:23	65			35			
Jinawat Damriant, Somlhit Jiviriyaboonya, Robert Penfold	210	20:48	66			36			
Luana Ferrara, Elizabeth Keirnan	30	16:55	67		7				
Lynne Dunbar, Peter Watterson (+Tess)	10	18:17	68			37			
Lynne McNairn, Bob McNairn	DSQ								
John Herb, John Linich, Geoff Peel	Late	21:49							
Graeme Cooper, Vicki Cooper	Late	23:01							

Billingham headed off with the water. It took them more than three hours in a landrover, because the only access was from 19km to the south. A tree down near #13 and a very steep and eroded road between #42 and #25 meant that the obvious access route on the rogaine map was impassable. Jo and I are very grateful for these two gentlemen, particularly Graeme who was a competitor and who missed the start because of the long drive. The water was obviously appreciated. Only a few teams headed around the far west but they used quite a bit of the water between #34 and #102. We put out 100 litres near #22, and most teams visited this drop. About 80 litres had gone by the end of the event.

Other worries before the event included the later-than-expected arrival of the hash house, only 30 mins before the start. We had started wondering if the Settlers Arms could do 200 pie and chips at short notice! However the food was excellent and seemed to be appreciated by all. Thanks very much to Anne Francis for coordinating this, Merv English for driving the trailer up and the happy bunch of helpers at the hash house.

The event itself seemed to go quite smoothly. There were a few complaints about control locations, as is normal at rogaines. #102 was probably marked a bit low on the map. A few teams had problems around #32 and it is likely that the map leaves a bit to be desired in that area. We found it quite a challenge setting controls on 20m contour interval features: much intricate detail is lost and must be ignored. However this bit of Yengo NP has major topography so this was not so much a problem as it would have been in an area with flatter, rolling farmland, for example. The burnt-out nature of the bush meant that for the most part the terrain was easy to get through. Perhaps a longer rogaine could be planned for a different part of Yengo before it gets too thick again. We certainly found the NPWS very obliging in helping us with the event.

Like the Lake Macquarie event this year, one of our controls (#71) remained unvisited and unloved. This was a shame as Jo spent a very long time getting to it to put the flag out the week before. It was in a beautiful gully system. Initial route choice for the event was limited by access up into the NP. However there were obviously some tough decisions to be made ~3 hours in, deciding which way to come back in. A few teams bit off more than they could chew, but most got back on time and without any cliff-descending heroics. For this we are glad!

We would like to thank the many people and organisations who helped us:

- Neil Prosser and Peter Garran for vetting the controls prior to the event.
- Graeme and Vicki Cooper for bringing the tents and equipment and helping us set them all up, and take them down.
- Graeme Cooper and Mike Billingham for getting the water drops out.
- Anne Francis, her Mum, Merv English, Michael the Chef, Ann Parry, Russell and the other willing helpers for the hash house.
- Carol and Cameron Osborne for help with registration and equipment.
- Mike Billingham, Neil Prosser and Margaret Peel for the efficiently run finish.
- Peter and Dawn Hinds for rescuing the prizes from Target, where they had been left and abandoned at a checkout.
- The NSW NP&WS for permission to use Yengo NP, particularly Ranger Don Beasley.
- Hawkesbury City Council for letting us camp on the St Albans Reserve.
- The proprietor of the Settlers Arms for the water and other liquids.
- The many Big Feet who collected controls on Sunday: Sue Clarke, Mike and Netty Billingham, Carol and Cameron Osborne, Peter and Dawn Hinds, Neil Prosser, Julian Ledger.
- And lastly, the many people who offered helpful advice.

Happy rogaining in 1997.

Simon & Jo

PS. Lost property from the Socialgaine: Bollé shades and a Silva compass (with air bubble).

CO-ORDINATOR'S REPORT

Following several wet rogaines this year we were living in fear of another downpour at the Socialgaine. As it turned out we were lucky and it remained dry, with rain the day before and heavy bursts the day after. However the weather was really too warm for strenuous activity. Those who remained at the bottom in the hash house watched the rogainers head up the hill at 3pm and realised that it must be hot work. It was fun watching through binoculars as the majority of the competitors made their way along the narrow ridge SW from #92.

We were lucky that we were able to get the two water controls out. In retrospect, we left doing this too late: it should have been the first job of Saturday. We had problems trying to fill some of the containers which were empty: the water from the tap at the pub in St Albans was very muddy and horrible looking. In the end, Graeme Cooper and Mike

YENGO SOCIALGAINE

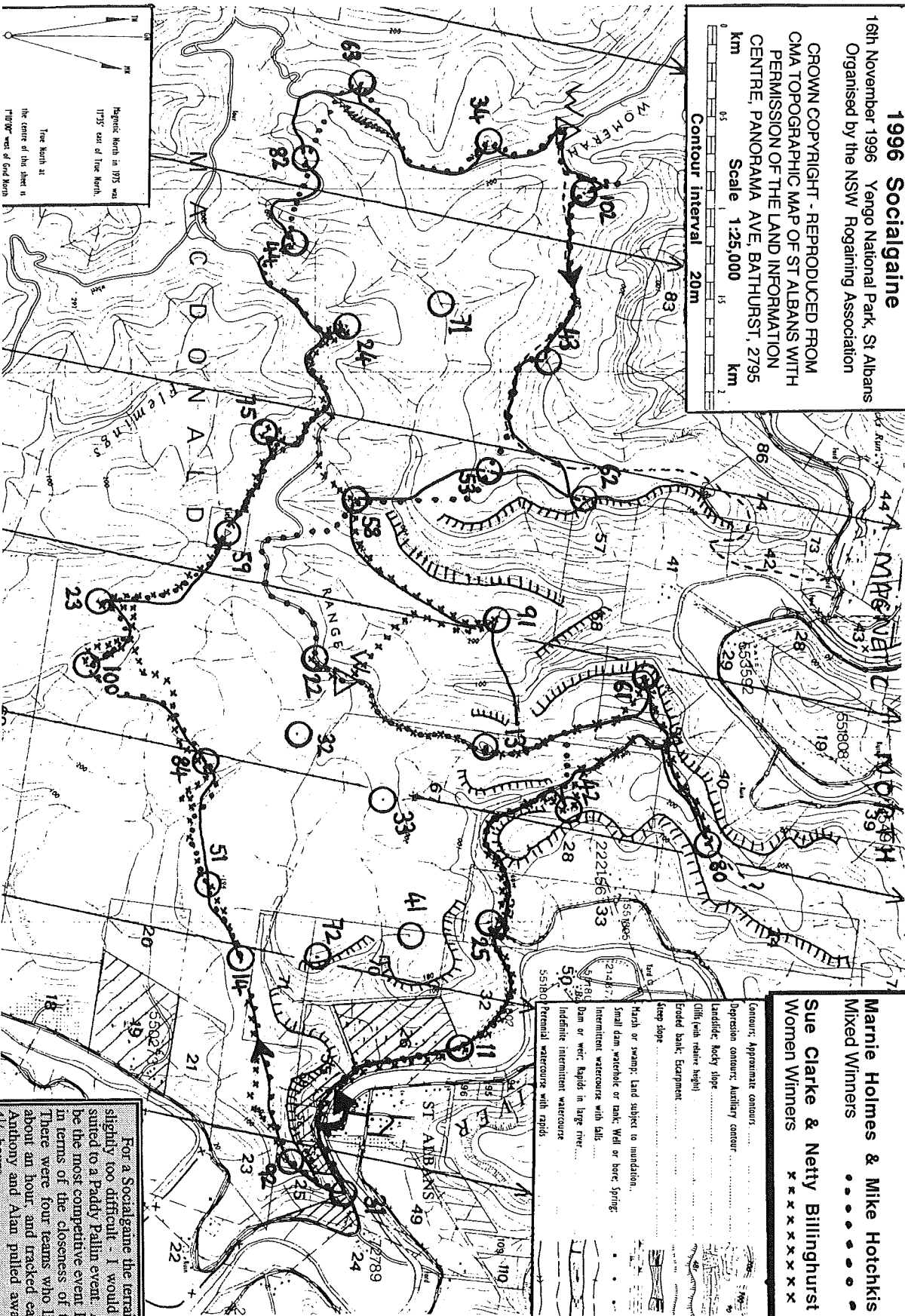
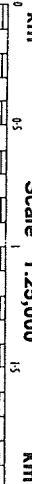
ST ALBANS, 16 November 1996

1996 Socialgaine

16th November 1996 Yengo National Park, St Albans
Organised by the NSW Rogaining Association

CROWN COPYRIGHT - REPRODUCED FROM
OMA TOPOGRAPHIC MAP OF ST ALBANS WITH
PERMISSION OF THE LAND INFORMATION
CENTRE, PANORAMA AVE, BATHURST, 2795
Scale 1:25,000

Contour Interval 20m



True North at
the centre of this sheet is
170° west of Grid North

ROUTE TAKEN BY
Alan Garde & Anthony Darr
Overall Winners
Marnie Holmes & Mike Hotchkis
Mixed Winners
Sue Clarke & Netty Billinghamurst
Women Winners

- Contour: Approximate contours
- Depression contour: Auxiliary contour
- Landslide: Rocky slope
- Ullie (with relative height)
- Eroded bank: Equipment
- Sleep slope
- Marsh or swamp: Land subject to inundation.
- Small dam waterhole or tank: Well or bore: Spring
- Intermittent watercourse with fall
- Dam or weir: Rapids in large river
- Indefinite intermittent watercourse
- Stromatal watercourse with rapids

For a Socialgaine the terrain was perhaps slightly too difficult. I would suggest more suited to a Paddy Pallin event. Also this has to be the most competitive event I have been in in terms of the closeness of the top teams. There were four teams who linked up after about an hour, and tracked each other until Anthony and Alan pulled away after about 4 1/2 hours.

Arthur Kingstand

WILL YOU GET THE NEXT NEWSLETTER?

MEMBERSHIP RENEWAL IS ON PAGE 15



LETTERS TO THE EDITOR

Congratulations on the newsletter! It seems to be getting better and better each edition. In particular, the September issue (#60) had some great photos that really captured the spirit of the Pretty Beach rogaine. And a fantastic photo accompanying Albie's article for the Lake Macquarie rogaine. Keep the photos coming!

It was also nice, reading Robin Handley's poem, to realise that people really do enjoy the natural splendour of the areas we rogain in. I think that the joy of walking/running through wilderness areas where there are no tracks is a significant part of the appeal of rogain.

On the topic of nature appreciation, people that live in Sydney might be interested in a book by Les Robinson called "Field Guide to the Native Plants of Sydney" (Kangaroo Press, \$19.95). This great book has drawings of just about every native plant you're likely to encounter in this region, and makes identification a snap!

And just as an idea, maybe a botanically-aware course setter could attach names to the trees/shrubs that the checkpoints are hanging off in some future rogaine... although I suppose that only the "cappuccino rogainers" would have the time to read them!

Anthony Dunk

KEEP THE HOME FIRES BURNING

This is a contribution to the newsletter that I have been going to make for about five years. It's a look at rogain from a point of view that most readers will not appreciate ... but some will, and would wish that I had written it sooner.

Every time a full moon is looking like it won't be far off, does your heartbeat start

palpitating and your stress levels start to rise. Do you anticipate the tolerance levels that you will probably not be able to maintain during the 48-hour rogaine that is approaching?

What? 48 hours? Well that's what it is for the ones left behind, or perhaps even worse, who tag along to help out.

My first introduction to rogain was in 1989 at a Paddy Pallin organised by Warwick and held somewhere not too far away. (What? I don't have the map etched in my memory forever?) It was pleasant enough but I was very tired at the end and thought the people all seemed a little bit obsessed. Some of the scenery wasn't too bad and the sausages and soup were pretty good at the end too.

As time went on and the involvement increased, my tolerance didn't. I couldn't understand why children's birthdays and family celebrations were not as important as the rogaines that had to be attended. It's not that we didn't try and participate, but after the Jaunter snow-in with three children aged 1, 5 and 7 and morning sickness with the fourth, I decided that this really was a ridiculous sport.

The weekends spent at home with four children certainly has done nothing to enhance my marriage. Then of course there is the ultimate act of stupidity - driving home after none or very little sleep over the 48 hours of the weekend. How there hasn't been a fatality yet is beyond me. (I must be boring - fancy not seeing the challenge in that?)

Then they arrive home. It is imperative that they are filthy, scratched and incredibly tired. They leave all their bedraggled belongings draped everywhere to dry/air (n.b. it always rains, snows, floods and/or scorches at rogaines just to ensure that everything is excessive) all over the house and outside for the mandatory week. Then someone has to start picking out all the farmers friends, and removing the splinters from the wounds all over their bodies, and mending the infected leech and tick bites.

There was the Japanese student who stayed with us around the time of the Pretty Beach rogaine who thinks it is the Australian custom for the husband to fall asleep on the floor, table or lounge every night for a week following the running of a rogaine.

Then there is the rogain post-mortems. They can continue for weeks and weeks. How about the trio who snuck into our bedroom at our house-warming party and pulled out their maps to reminisce... until I caught them...

What about the phone calls at all hours of the night and day. Especially cute are the ones who won't tell you who they are and expect that you are just the answering service.

We (the children and I) have tried to help in various hashhouses and with cleaning up and setting up over the years but we still haven't been able to get the joy of rogain. The newsletter folding is becoming a firm favourite, especially since we've developed calluses on the thumbs and forefingers in the best spots to make nice neat folds.

The trip to pick up the trailer from somewhere three and a half hours drive away; that was a good one. What are you doing tonight dear? Catch a movie? Listen to some music? Oh I understand, it's 8pm and you're going to drive for seven hours to pick up a trailer for the next rogaine. Don't you think it's going to make you a little tired for work tomorrow dear?

The anecdotes could go on and on, but I won't. Just remember that if you feel like I do sometimes, don't think you're on your own.

My psychiatrist told me that all men have to have an obsession that takes them away from the responsibilities of home life and family. Thank your lucky stars that it's rogain (or similar) and that it's not gambling, drinking (to excess), other women (or men), or golf. And think on the bright side ... MOST of the rogainers I have met are incredibly friendly and caring people.

Kay Gollan



NSWRA COMMITTEE

PRESIDENT	Peter Watterson	13 Driver St, DENISTONE 2114	02 9804 6091	watt@ee.uts.edu.au
VICE PRESIDENT	Stephen Castle	121/362 Mitchell Rd, ALEXANDRIA 2015	02 9557 7101	stephen@csdc.toshiba.com.au
SECRETARY	Marnie Holmes	11/10 May St, EASTWOOD 2122	02 9874 0226	marnieh@isscaus.vnet.ibm.com
TREASURER	Tony Maloney	2 Parry St, GIRRAWEEEN 2145	02 9978 9181	maloney@mail.acslink.net.au
EDITOR	Trevor Gollan	159 Koloona Ave, MT KEIRA 2500	042 26 5544	t.gollan@uow.edu.au
EVENT ORGANISER	Alan Mansfield	94 Greenhills St, CROYDON PARK 2133	02 9797 6773	
MEMBERSHIP	Graeme Cooper	Cluny Rd MSF2005, ARMIDALE 2350	067 72 3584	gcooper@metz.unc.edu.au
PUBLICITY	Julian Ledger	53 Albert Dr, KILLARA 2071	02 9416 6423	
ARA REPRESENTATIVE	Alan Mansfield	94 Greenhills St, CROYDON PARK 2133	02 9797 6773	
COMMITTEE	John Keats	109 Mississippi Rd, SEVEN HILLS 2147	02 9636 2364	
	Anne Francis	62A Delmar Pde, DEE WHY 2099	02 9982 4836	
	David Sigley	34 Howard Rd, PADSTOW 2211	02 9773 0868	
	Debbie Cox	7/104 Pacific Pde, DEE WHY 2099	02 9981 1795	
	Sue Clarke	173 Pittwater Road, BORONIA PARK 2111	02 9816 2508	sclarke@efs.mq.edu.au

WILL YOU GET THE NEXT NEWSLETTER?

MEMBERSHIP RENEWAL IS ON PAGE 15

SHOW SOME RELIEF

There are many ways of showing relief on a map, including:

- hachures;
- hill shading;
- contours.

Hachures

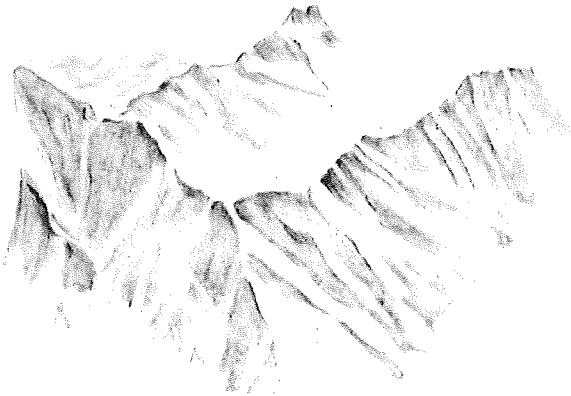
With this method, rising ground is shown by a shading of fine lines drawn down the line of the slope and heaviest on the steepest slopes. Hachures give a good impression of the shape of the ground but they have two great disadvantages:

- they do not show exact information regarding height, only the illusion of height and therefore heights and slopes cannot be measured;
- the hachure lines tend to obscure other detail on the map.



Hill Shading

Hill shading shows, by darkness of colour, what hachures show by lines. The shading may be applied so that colours darken as the ground rises or it may be applied as if the light was coming from one direction so that one side of a hill is shown in lighter shade than the other to give greater definition. Hill shading is sometimes used on modern maps in conjunction with contour lines. First class maps have been produced using this method.



Contours

The most usual way of showing the shape of the ground on modern maps is by the use of contour lines. Contour lines make no attempt to give any visual illusion of relief and it is the failure to recognise this that causes difficulty, with some people, in understanding them.

The idea of a contour is very simple. It is an imaginary line drawn on a map, joining all places of equal height above a fixed datum line (usually at sea level). In Australia the datum used is the Australian Height Datum (A.H.D.).

On the map, each contour is drawn at a specific height above a fixed datum and the vertical distance between contours does not vary. The difference in height between contours is called the Vertical Interval (VI) and is shown in the marginal information on the map. It is from the height and spacing of the contours that the shape of the ground can be deduced.

Some contours have the height shown at intervals along their length. On CMA maps these heights are mostly printed so that they read facing uphill. This can be of great assistance in determining the direction of high ground.

from "Map Reading Guide", Central Mapping Authority of NSW, First Edition 1984

HOW ABOUT A HANDICAP?

As I was enjoying the rain, and rainforest, of the Lake Macquarie Rogaine I mused for a moment and wondered which of the "gun" teams would take out this event. Even as my team set off for our first control I knew that the eventual winners would come from a group of six or so names and I knew that my name would not be amongst them. Now I have absolutely nothing against this group of "guns" (my awe overrides any scintilla of envy I may have). Rather, my feeling was one of concern for all of the other competitors who were also setting off with the knowledge that they too had no chance of winning.

Now Rogaining is all about personal achievement and enjoying the bush - that's why we all do it. Winning is not a significant factor for most (or even all) of us. Nevertheless:

- we do keep score;
- there is an element of healthy competition;
- we do recognise winners (indeed we hold a Championship to decide the annual champions); and
- let's face it - winning is fun.

So what do we do about the fact that the winners come from the same small group every time?

One way this has been addressed is the introduction of Team Categories (Open, Women, Mixed, Junior, Veteran, Superveteran and Family). This works well. It gives many teams something to aim at other than the unobtainable Open victory. However, it still leaves many teams (ie. the vast bulk of Open teams) with nothing to aim at other than personal achievement.

Most sports tackle the problem of dominance by a top few by introducing a handicap system.

In motor racing, for example, competitors are required to have engines of equivalent size. In horse racing, of course, the better horses are required to carry extra weight (now I'm not suggesting that we make Mike Burton carry a lead ingot around the course). In the Stawell Gift the faster runners are required to cover a greater distance (hmmm, maybe the "guns" should be required to start three hours after everyone else!)

No, I think that the model that would work best for our sport would be the system used by the Sydney to Hobart yacht race (and other such races):

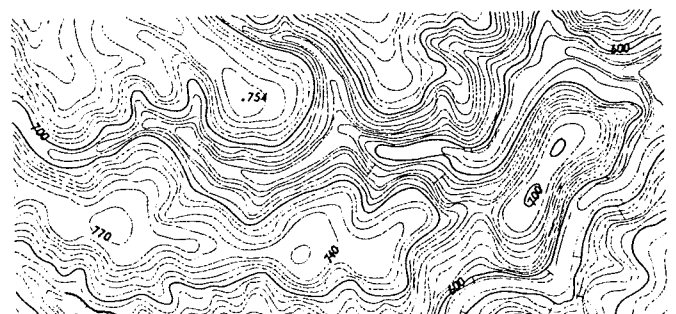
- prior to the race, assess the speeds of the various teams (using knowledge gained from past competitions);
- allocate compensation to the slower teams to even out the competition (in yacht racing, time is allocated; in rogaining, points could be allocated); and
- then have all teams compete for Line Honours and Handicap Honours.

In rogaining, the elite rogainers will still take out the Line Honours (and good luck to them - they deserve it) but the whole field could have a chance at the Handicap Honours. This would enhance the competition to the elite rogainers as well as the mere mortals, as the elite would have the added goal of trying to win both Line and Handicap Honours.

So how about it? Do you have a view on handicapping? Would a forthcoming rogaine organiser like to incorporate a Handicap Honours competition in their event as a trial? Would the NSWRA like to develop some rules on handicapping? If so, I am happy to give any assistance that's required.

Guy Jarvi

(Guy also proposed a method for a handicap system that need not be detailed in this Newsletter. Ed)



ACT SPRING 12-HOUR

BERLANG-DEUA, 23 November 1996

THE CREATION MYTH

Once upon a time there was Jane and she was alone and bored. So she decided it would be fun to hold a rogaine. She brought forth her family out of the mist and lay the task at their somewhat reluctant feet. But alas there was nowhere to hold this rogaine, so Jane thought about what makes a good rogaine and created the Deua National Park and the Berlang State Forest, to be suitable sites for the rogaine. Alas, the forest didn't come with any controls in it, so she created helpers in the form of John, Chris, Will, Rachel, Matt, Rochelle, Kevin, Alan and her family Lynn, Tim and Anna to place the controls and check them.

Unfortunately the access to the forest was limited (perhaps due to some lack of foresight by Jane). So someone who knew

about the forests was needed. These people came in the form of a Ranger and a State Forest Manager, who were happy to oblige. And access was gained.

A starting point was needed, with better access than the rest of the forest, so Jane set about this task with much vigour and Mr and Mrs Izzard and their property appeared.

Food and shelter were also required to keep all the people happy. Rotary was founded and were found to have good food and to be excellent value!

The only thing missing now from Jane's plans was the people who were supposed to eat the food and compete in the rogaine. She was possibly a little overzealous with this aspect, with only 150 people expected by her helpers and over 170 actually deciding that they would like to come. They came in droves and quickly disappeared into the newly created forests. Many hours later, much to the creators' delight, the people

returned - many with grins on their faces though some without, the main thing being that they all did return during the day.

The people ate and rested. They then disappeared back to their homes to lie in wait for the next rogaine creation.

Jane and her helpers were once again alone, and satisfied with their efforts. But they were tired and in need of a bath. So at the end of the day they made their way home, to wait until next time.....

This account of our rogaine is entirely fictional and I apologise for any offence it may cause anybody :) I would like to thank everyone who helped on this rogaine. Those that helped on the day and are not mentioned above are Dan, Geoff and Adele, and for the control pick up we would like to thank Sue, Tony, Steve, and Ken (from Sydney).

I would also like to thank everyone who turned up and had a go!

Anna Pulford

12-hour					6-Hour				
Over-all Place		Cat.	Finish Time	Final Score	Over-all Place		Cat.	Finish Time	Final Score
1	Andrew Blakers, Ari Piironen	MO	12:08	1450	1	Rowan Compagnoni, Joe Doherty	MO	6:00	800
2	David Singleton, Hugh Jorgensen	MO	12:33	1440	2	Glen Bridgart, Michael Burt	MO	5:51	760
3	Geoff Lawford, John Scown	MV	11:12	1360	3	David Baldwin, Robert Mahoney	MO	6:27	600
4	Alan Duus, John Alcock	MV	11:47	1220	4	David Bourne, Geoff Davis	MJ	5:55	580
5	Andrew MacDonald, Malcom Stewart	MO	11:54	1220	5	Debbie Hotchkis, Mike Hotchkis	XO	6:58	410
6	Rowan Wiltshire, Anthony Maloney	MO	11:14	1180	6	David Pederson, David Clark	MV	5:54	400
7	Mark Leonard, Steven Barry	MO	11:50	1010	7	Ken Smith, Nick Bertson	MO	5:48	390
8	Noel Luff, Ken Anderson	MV	11:54	1000	8	Mike Aylott, Paul Cheeseman	MO	5:53	390
9	Nihal Danis, Richard Sage	XO	11:58	910	9	Ann Ingwersen, Frank Ingwersen	XV	6:03	390
10	Phil Creaser, Greg Ebeling	MV	12:12	900	10	Robin Collins, Andina Faragher	XO	6:04	370
11	Irene Davies, Keith Thomas	XV	10:02	880	11	Bert Stefaniak, Nick Strmota, Olaf Schvermann	MO	5:55	310
12	Ian Booth, David Grainger	MV	10:27	880	12	Sherry Mayo, Ruth Lyons	WV	5:57	310
13	Hugh Moore, James Moore	MV	11:58	880	13	David Nolan, Robin Buckley, Christine Petersen	XO	5:33	270
14	Judy Jenkinson, Alex Tyson	WO	11:59	880	14	Peter Hardy, Bronwyn Philipps, Craig Woodburn, Vanessa Woodburn	XO	5:51	250
15	Gary Caitcheon, Ken Dowling	MV	11:51	850	15	Darren Southwell, Tristan Blakers, Anthony Whitmore	MJ	5:52	230
16	Anne Sawkins, Kathy Saw	WV	12:04	830	16	Janet Sculfer, Manfred MacKenzie	XV	5:43	170
17	Peter Prendergast, Kirsty Breckenridge, Jackie Tooth	XO	11:59	750	17	Arthur Watson, Darryl Erbacher	MV	6:26	140
18	Bob Kenderes, Tom Kardos, Ros Woolley, Elisabeth StBonnet	XO	12:00	750	18	Simon Lee, Andrew Hann, Michael Lee	MO	6:03	130
19	Peter Armitstead, Sonya Bailey	XO	11:59	720	19	John Sutton, Ann Sutton	XV	6:22	110
20	Robert Embery, Geoffrey Price	MV	12:50	700	20	Louise Mitchell, Ken Laurie, Ben Dyer	XO	6:15	100
21	Paul Fischer, Cristophe Baudry, Phillipe Baudry	MO	11:00	560	21	Michael Vaughan, Gary Rosengarten	MO	3:16	90
22	Anitra Kenny, Sue Rauchfuss	WO	11:53	530	22	Mike Rezny, Matt Wilson, Sam Taylor	MO	6:20	60
23	John Waddell, David Waddell	MV	11:13	420	23	Stewart Murray, Brougham Clarke, Colin Ward	MV	6:23	-20
24	James Derlacki, Colin Balra, Warwick Smith	MO	11:08	390	24	Helen McDevitt, Adrian Wotton	XO	6:58	-110
25	Robert Bartle, James Bartle	MV	10:12	340	25	James Lambert, Alana Korhonen	XO	6:25	-160
26	Corey Fulton, Tony Hine	MO	10:20	310	26	Anthony Vaness, Mirjana Jambrecina	XO	6:54	-230
27	Steve Garlick, Rosemary Austen, Peter Garlick	XO	12:29	310	27	Ian Kentwell, Chris Weatherstone	MV	7:15	-470
28	Jennifer Horsfield, Diane McLennan	WO	12:12	270	28	John Harding, Carol Harding	XO	7:35	-500
29	Phil Allen, John Guilly	MV	12:42	220	29	Dale Clegg, David Royds	MV	8:14	-740
30	Phil Civil, Lisa Gray	XO	6:50	210	30	Dan Heldon, Luciene Manton, Kate Bunbury	XO	8:25	-920
31	Duncan McIntyre, Jonathon Dirrenberger, Joanne Ostrander	XO	10:50	150					
32	Laurie Bore, Margaret Bore	XV	8:36	110					
33	Jonathan D'Arcy, Benjamin D'Arcy	MO	10:07	70					
34	Mark Bown, Jenny O'Connell	XO	10:45	50					
35	Doug Catchpole, Matthew Laughlin, Gideon Walker	MO	13:18	-120					
36	Michelle Karas, Norm Schram, Karen Edwards	XO	13:01	-130					
37	Ian Kenny, Bernie Millett	MV	13:50	-170					

PIGS & SNAKES

It was supposed to be Spring, but on the Friday we heard there was snow in Canberra whilst it was absolutely pissing down in Sydney. The Final Instructions said that if there was too much rain the event would be postponed as the Shoalhaven would be uncrossable. A call to Canberra in the early afternoon found that the snow had already melted, it wasn't raining (much) and it was meant to be fine and warm on the Saturday. So, with hope, we set out for the Berlang-Deua Spring Rogaine on a wet afternoon. Only four hours from Sydney, down past

Braidwood in the upper reaches of the Shoalhaven.

As it turned out, Saturday was an almost perfect day for rogaining; a bit of drizzle but otherwise warm with a refreshing breeze - just right to keep the snakes away I figured (and without Wiz here it would be even longer odds we'd see any snakes). The instructions offered little advice, except to watch out for the bush pigs likely to be even wilder after the course-setters had killed their piglets the previous day! At least it's harder to step on a pig. Oh yes, also THE BIG HOLE was out of bounds - it is 90 metres

down and no one comes out in a hurry. Hopefully that's where the pigs got to.

An odd looking course awaited. The nine nearest controls (all east of the start) were all worth ten points, and the hash house wasn't even on the course. It did not seem like a very large turn-out and we recognised very few faces. Maybe the snow and rain scared them off.

A 10am start meant that there would be about 10 hours of daylight, so we would have to be back towards the middle of the map (the hash house/finish was on the middle edge in the west) prior to darkness. With that mind we decided to head out for the northern part

ACT SPRING 12-HOUR

BERLANG-DEUA, 23 November 1996

of the map, and loop down to the south if time permitted.

A steady pace through controls 11, 16 & 10 took us to the foot of what was the first of seemingly many 100 metre+ climbs. (The entry form did say steep country!) This time up to the saddle at control 48, before another climb to 42 that offered great views over Deua National Park from 250 metres above the valley. Heading north (down through another saddle with a mild 140 metre climb up the other side) we came to control 68. Still no pigs!

What should have been a quick dash up the road to control 43 became rather time consuming. The two kilometre round trip had another enjoyable 140 metre climb out of the control. Finally, back on the road, picking up 34 (with mints), 33 and 32. The eastern slopes near the watercourses on this part of the course offered waist deep ferns to wade through, but no snakes or pigs!

About four hours into the event, and the going had been pretty heavy at best. With the onset of exhaustion I started kicking Tony in the back of his legs - not my fault he has short legs and walks too slowly. So from 47 he sent me out front, in the direction of 53, which was only down 15 contours over a km. Easy going! Our original plan to then head further east to the fire trail and up about 200 metres was thankfully abandoned due to time (Wiz would've stuck to his guns and made us all suffer for it!) so we took the easy stroll out along the spur to 83, (on the knoll with scenic views) in the intermittent drizzle. Not being bothered with the views, a quick bite (food, not snake nor pork) had us revitalised for the next few hours.

Another easy pick-up at 63 in a creek, then a bit of a battle over to the top eastern corner at control 82. This was perhaps the only part of the course we were not sure of our bearings, (it was the downhill bit that threw us) but with what looked like a 300 metre drop off on the eastern edge of the map, figured we'd know when we went too far. Sure enough, the control was there with plenty of roos. Back up the spur to 71 there was a loud rustling of leaves about 5 metres to our right, attack of the angry BUSH PIG?? No, just a startled wombat doing the big bolt to it's burrow.

Reaching control 52 about 5pm we passed the first team we'd seen in four hours. However, after contouring around and then down into control 69 in the gully, there was a veritable party going on. About a dozen rogainers, with a few ankles being strapped. Leaving them behind, dropping down the creek,

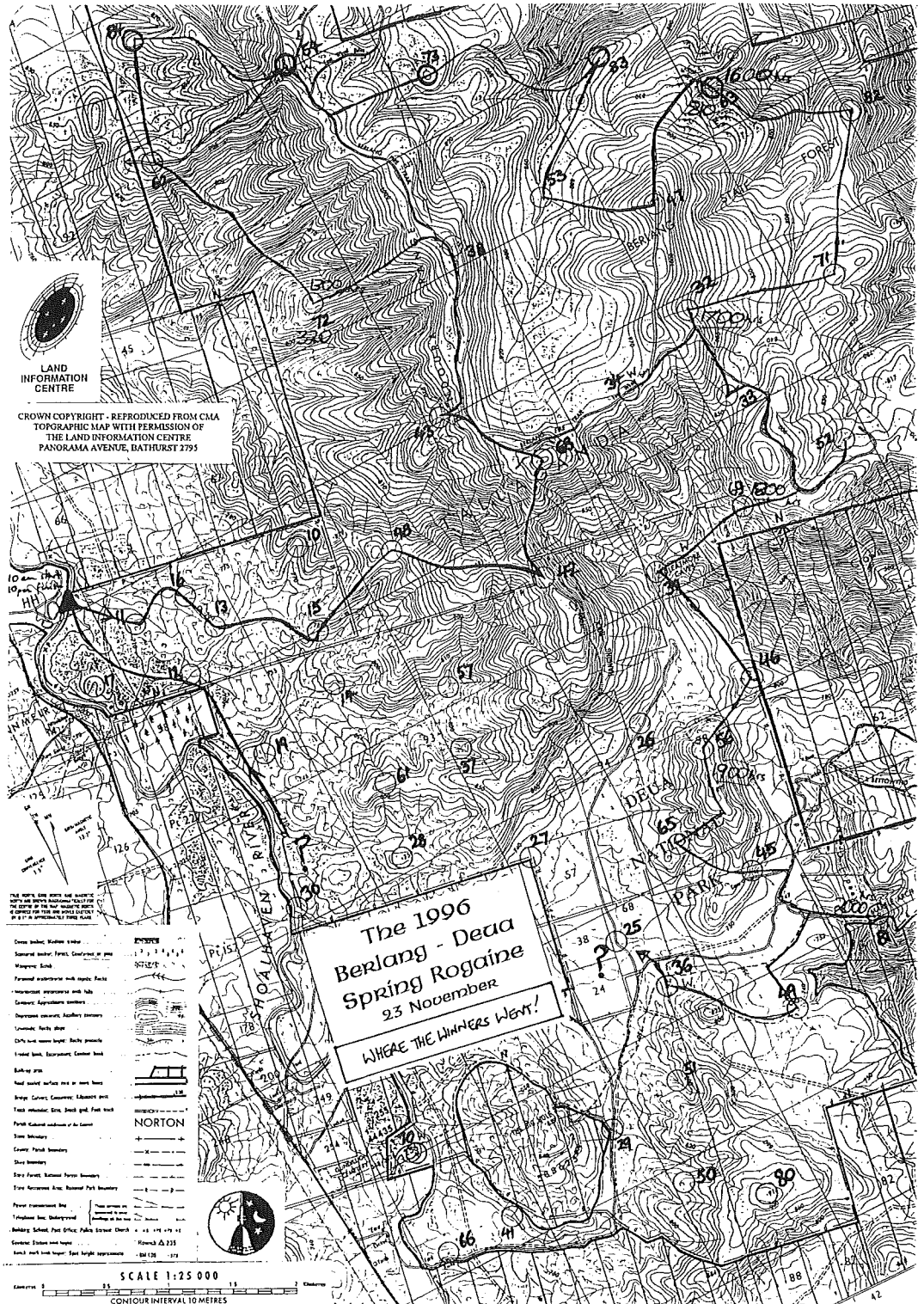
past the Cleatmore Caves (the map said they were there but I didn't notice any) we picked up a few leeches at the springs, I stumbled up to control 39 and was stuffed. More Mars Bars, snakes (the shop variety) and drink soon had me back on my feet. Flicking off the leeches before they found a way through the pants, we were once again going uphill with under four hours left.

It was then up, up, up to the knoll for control 56 (via 46) and the course-setters choice for scenic views. With views back north towards the Berlang State Forest, our route choice that had us out of there before nightfall seemed wise. The hard part behind us, we decided to pick up control 65 before

heading back towards the hash house and finish. Controls 27, 28, 61 and 37 were easily accounted for. Through the heath to control 57 in a creek just as night began to fall. Slipping on mossy rocks had me down a two metre rock face, bashing both knees to the sound of profanity, and the sympathy of Tony, "that looked good."

In the darkness, picking up three of the ten-point controls on the way back to the hash house, we finished with about an hour to spare. Better than Tony's last effort in WA, but you'd better ask him about that!

Rowan Wiltshire



INTERNATIONAL ROGAINING FEDERATION

NEWSLETTER No. 30, December 1996

2nd World Rogaining Championships

One of the major events for the IRF this year, the 2nd World Rogaining Championships, was a major success by any standard. Held in a new and different area compared to all earlier rogaines, the Mt Singleton district NE of Perth was interesting, spectacularly scenic, challenging, and enjoyable for walking. Everyone I spoke to was impressed by the scale, efficiency and quality of the organization with particularly informative pre-event news-sheets, effective media contacts, well-organized buses, limitless camping area, excellent and innovative catering, and efficient administration. The whole exercise was a credit to WARA, Richard Matthews as overall co-ordinator, and a large team who worked together for well over a year leading up to this weekend. There were many fine performances from the 700-plus Australian and overseas entrants which was a record for any rogaine.

Organizers Manual

The second edition of the IRF Organiser's Manual was released at the time of the 2nd World Rogaining Championships and has been well received. The cost including packaging and postage will be AUD18.50, NZD18.50, USD18.50, CAD24.50 with reductions for lots of 4 or more. This book was prepared for the world umbrella body of the sport of rogaining as its official guide to organising a rogaine.

The first manual was one of our most successful initiatives, and the second manual is likely to follow this pattern. In his comments for the second edition, Eric Andrews speaks particularly highly of his regard for the manual. Speaking personally with others who have run rogaines in a new area, they also say how useful the manual was to them. I met Ken Dowling in Canberra last week and he re-iterated this message of how he had used the manual leading up to New Zealand's first 24 hour rogaine. Rod's insightful prefaces are well worth the read, and the book makes an ideal Christmas present for that would-be volunteer.

20th Anniversary Rogaine at Tallarook

On 23/24th November 1996, the Victorian Rogaining Championships were held on the Tallarook plateau north of Melbourne at the same location as the world's first rogaine in 1976. The hash house was situated at the site of the original all-night cafe and the weather for the anniversary rogaine replicated the first rogaine. Held in the time slot of the traditional Surrey Thomas Rovers rogaine, it was a reminder how nice the weather could be just before summer, and how nice the Victorian countryside can appear after winter has drifted away. The VRA did an excellent job collecting memorabilia and statistics from early rogaines, and many very early members of the VRA were present.

Available Resources

Cross Country Navigation book on the sport and navigation - Phillips, Phillips and Foley
Organisers Manual for those about to organize a rogaine - Costigan
Strategic Plan for Rogaining - IRF
VRA Safety manual - VRA
WWW site - <http://scorpion.cowan.edu.au/ara/index.html>

Guidelines and Constitution for the IRF

The constitution sub-committee has a set of guidelines for operation of the IRF until a constitution is adopted. The ARA assumed the role of establishing an IRF constitution and there will be an update of progress on this matter in the next newsletter.

Surrey Thomas Rovers Reunion

STR held a reunion recently to mark the 20th anniversary of the first rogaine, and VRA President Nigel Aylott was a guest at the function. With some luck, we might even see a revival of this annual early summer rogaine soon.

Neil Phillips, President
61-3-9572 2425 (ph and fx)
oria@enternet.com.au

MAKE SURE YOU STAY ON THE RIGHT TRACK

Services

Surveying: Control surveys for natural resource and construction projects, Global Positioning System surveys and services, Project management, geodetic and mapping control surveys as well as survey control information.

Graphics: Design, planning, layout and proofing, electronic publishing (Macintosh and IBM), image scanning, camera contacts, dylines, printing, bookbinding, planmounting and framing services are all provided for in-house and contract work.

Scanning and Digitising: collection of digital information from source data. Production of working copies from original documents. Data conversion and reformatting.

Aerial Photography: State-wide Photographic coverage, photomosaics and special purpose aerial photography and digital imagery.

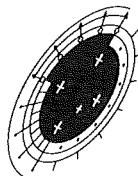
Thematic Mapping: Thematic maps for any purpose using the Centre's base mapping or Client-supplied base.

Image Processing: Digital image processing analysis, Landsat sales.

Information Systems: Advisory services in information management and systems development



CONTACT



LAND
INFORMATION
CENTRE

To: LAND INFORMATION CENTRE, Panorama Ave., Bathurst 2795
Phone (063) 328 200

Please send me FREE Catalogue of NSW Maps & Map Reading Guide

Send to:
Name:
Address:
.....
P/Code:
Phone No:

- Digital cadastral information for NSW
- Digitally derived cadastral map products
- Digital topographic data
- Aerial photography coverage of NSW
- Satellite imagery of NSW
- Topographic maps covering NSW
- Parish and county maps covering NSW
- Orthophoto maps
- Property maps
- Touring maps
- Tourist maps
- Historic map reproductions
- Geographic names gazetteer
- Special publication including:
Official Road Directory of NSW
Map Reading Guide
Atlas of NSW
- Special use maps including:
NSW base maps
Aboriginal map of NSW
Lord Howe Island Colour Photomap
NSW Local Government Areas map
Sydney CBD colour photomap
- Digital boundaries such as local government, suburb, electoral etc.

IF YOU ARE TRAVELLING

1-2 Mar 97, Nth America n Champs, AZ USA →

24 Feb 97, Metrogain
24-25 May, Qld Champs
18 Oct, 12-hour
16 Nov, Metrogain
8-9 Aug 98, AUS Champs

15 Mar 97, Metrogain
19-20 Apr, SA Champs
19-20 Jul, Australian Champs
18 Oct, 12-hour

25-26 Apr, NSW Champs
25 May, Metrogain
15 Jun, Paddy Pailin 6-hour
16 Aug, Lake Macquarie 12-hour
11-12 Oct, 24-hour
16 Nov, Socialgain

22 Feb 97, Upside Down 12-hour
19 Apr, 12-hour
21-22 Jun, 24-hour
16-17 Aug, WA Champs
18-Oct 12-hour

22 Feb 97, Metro/Cyclogaine
21-23 Mar, 50-hour
19 Apr, 8-hour
24 May, 12-hour
21 Jun, 6-hour
16 Aug, Snogaine
20 Sep, 6-hour
18-19 Oct, Vic Champs
16 Nov, Upside Down 12-hour
6 Dec, Cyclogaine

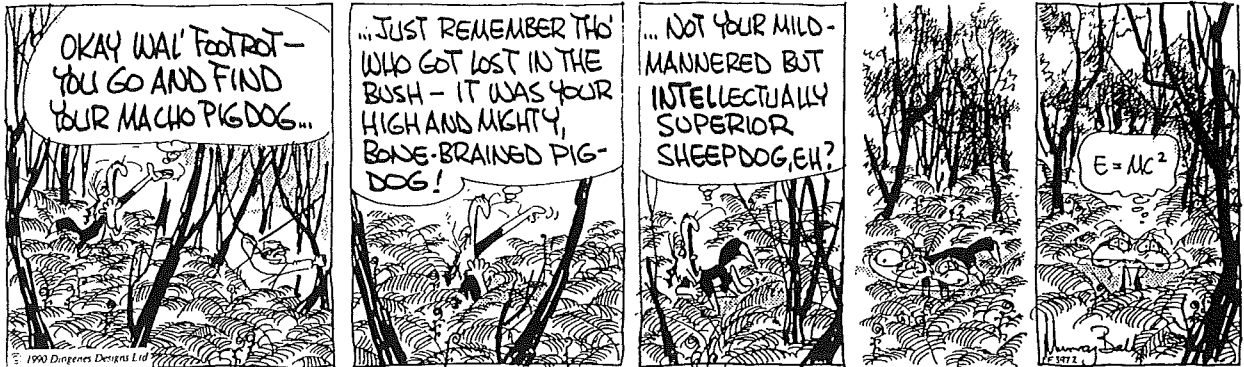
1-2 Mar, ACT Champs
6-Apr, 6-hour
14-Sep, Cyclogaine
29 Nov, 12-hour

22-23 Mar 97, 24-hour
15 Nov, 12-hour

Easter 97, NZ Champs will be held in the Craigieburn area, Canterbury. This is half way across the South Island between Christchurch and Greymouth towards Arthurs Pass (adjacent to the Speights Coast to Coast kayaking section). 24, 12 and 6 hour events organised by Peninsula & Plains Orienteers (PAPO)
Ken Dowling, Tel+64-3-476 1522.

CONTACTS

ACT David Singleton 06 248 7142
 FNQ Ian Sinclair 070 91 4544
 Qld Phil Scott 07 3369 1641
 SA Peter Taylor 08 8364 4390
 Tas Mike Battaglia 03 6223 8201
 Vic Tineke Sydakam 03 9890 4352
 WA Ian Thomssett 09 276 5773



MEMBERSHIP 1997

The address label for this newsletter indicates your current membership status. If the letter in the top right corner is:-

"F" then you are financial for the current calendar year, thanks a lot..

"N" then you are non-financial for the current calendar year; your fees are due. You can pay your membership at the next event, else send in the following form to keep receiving the newsletter.

"C" then this is a complimentary newsletter.

APPLICATION FOR MEMBERSHIP OF ASSOCIATION

N.S.W. Rogaining Association Incorporated (incorporated under the Associations Incorporation Act, 1984)

I, (full name of applicant)
 of (address)
 (town & postcode)
 (hm/phone) (wk/phone) (fax/e-mail)

hereby apply to become a member (or renew membership) of the abovenamed incorporated association. In the event of my admission as a member, I agree to be bound by the rules of the association for the time being in force.

I also nominate the following persons, of the same address as mine, as members of the abovenamed incorporated association.

1.
2.
3.
4.
5.
6.

Signature of applicant Date

Make cheque of \$10 payable to NSW Rogaining Association and send to:

Membership Secretary NSWRA
 Graeme Cooper
 Cluny Rd MSF2005, ARMIDALE 2350

If the name and/or address on the label is incorrect, please fill in this form and return to
Graeme Cooper, Cluny Rd MSF2005, ARMIDALE 2350

NAME: _____
ADDRESS: _____
PHONE / FAX / E-MAIL: _____
OLD ADDRESS: _____

PLEASE DO NOT TEAR THE WRAPPER!

If undeliverable return to:
NSW Rogaining Association
Cluny Road MSF2005
ARMIDALE NSW 2350

NSW Rogaining Newsletter

Print Post Approved
PP243459/00108

