

NEW SOUTH WALES ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 120

March 2007



THE 2007 NSW ROGAINING YEAR COMMENCED WITH THE
"SILVERTAIL ROLLERCOASTER"

www.nswrogaining.org

2007 ROGAINING CALENDAR

DATE	EVENT	LOCATION	CONTACT
28-29 April 2007	Autumn Rogaine 8/24 hour	Capertee	www.nswrogaining.org
17 June 2007	Paddy Pallin - 6 hour	Lithgow	www.nswrogaining.org
18 August	Lake Macquarie	Lake Macquarie	www.nswrogaining.org
ACT Events			
6 May 2007	Cycle Rogaine – 6 hr	ACT	act.rogaine.asn.au
26-27 May 2007	ACT champs – 8/24 hour	ACT	act.rogaine.asn.au
28-29 July 2007		ACT	act.rogaine.asn.au
Other Events			
28-29 July 2007	Australian Champs	Alice Springs	http://nt.rogaine.asn.au

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and plan your next getaway

The Sydney Map Shop

1 Prince Albert Road
SYDNEY NSW 2000

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F (02) 9221 5980

www.lands.nsw.gov.au



 Department of Lands



THE 2007 NSWRA COMMITTEE

President - Mike Hotchkis

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General Committee – David Sigley

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THIS IS YOUR NEWSLETTER ! ! ! ! !

I rely on members to provide me with its content, so please email me stories of the events you have competed in, photos from events or other things that will be of interest to rogainers (or even just of interest to you). If not, you are likely to be bombarded with stories and photos from the Cox family (BORING).

Peter Cox (Newsletter Editor)

President's piece – from Mike Hotchkis

Special offer

Calling all university students – you could win a free trip to attend the Australian Rogaining Championships!! See details in this newsletter.

Rogaines, rogaines, rogaines

Congratulations to Sue Clarke, Nihal Danis and Richard Sage!

According to an analysis of our computerised records, which stretch back to 1994, you jointly hold the record for attending the most NSW rogaines since that time. A total of **56 rogaines** each. Now there may be some of you out there who keep your own records, including interstate and overseas events, and events from the pre-computer age. What's your total? I await your emails...

Events

The recent Metrogaine was a great success. A good turn-out of participants, not too hot, great Sydney scenery, well-set course. Details of our next event can be found within – the Autumn 24 hour, in beautiful bush west of the Blue Mountains.

Now's the time to think about a real challenge for this year (or perhaps just a pleasant holiday?). The Australian Championships are being held in the eastern McDonnell Ranges near Alice Springs, 28-29 July 2007. It's a double first: first time the championships have been staged by the NT Rogaining Association, and the first time any rogaine has been held in the Red Centre. I understand a special map is being made, and it's a really special place.

Talking of Australian Championships, next year it's our turn to be hosts. NSW 2008.

NSWRA committee matters

The AGM was held at the conclusion of the Metrogaine and the reports presented there can be read in this newsletter or on our website. We welcome two new members to the committee this year, Alexa McAuley as Secretary and Ineke Cuiper as Publicity Officer. The full committee for this year is listed within. Please do not hesitate to contact any of us if you have ideas for rogaining, feedback on events, offers of assistance, etc.

Ever wondered how your newsletter and its various inserts gets pulled together? Well, for the past several years, Sue Clarke and Walter Kelemen have held envelope-stuffing parties every couple of months. Thank you, Sue and Walter, for your great effort! Now Sue and Walter have departed for warmer climes. Fortunately, Melvyn and Kathryn Cox have stepped in to take over this task.

Membership records show we have around 900 to 1000 adult members during the last few years, and about 2000 event entries per year on average.

The committee has decided to enter into a lease agreement for the use of the Navlight electronic punching system. This system was used at last year's Lake Macquarie rogaine and at the World Championships in October. It is also in use in some other states and in New Zealand (actually a product of Kiwi ingenuity). Our principal reason for adopting this system is that we believe it makes the job of volunteers easier. Also our experience has been that participants like it, with the potential to provide instant results listings. We won't have to add up our own scores anymore at the finish line!

Reminder

We encourage all members to sign up to our email list. This is an important way for rogainers to keep in touch and know what's going on. Sign up and you can be sure you won't miss the next event entry deadline. Visit our website to sign up: www.nswrogaining.org.

Mike Hotchkis

President – NSW Rogaining Association

Turon Gold Rush 8/24 Hour Rogaine

NSWRA Autumn 2007

The 2007 autumn rogain will be held approximately 2.5 to 3 hours from Sydney, in a mix of cleared grazing country, private nature reserve and national park. The hash house site is flat, grassy, spacious and beside a picturesque stretch of river, running again after the recent rains. The area has had a history of alluvial gold mining, with plenty of evidence of the mining activities remaining. More recently, eco-tourism is adding to the local economy.



For those of you who like climbing this rogain has been made to order. Overall the terrain can only be described as rugged, but as well as those pesky orange and white triangles, your climbs are rewarded with stunning views from the ridges and your descents with beautiful strolls in the larger creek and river valleys. There is a sparse network of roads and fire trails offering straightforward (if low scoring) access to the major segments of the course, but very few other tracks. The cleared farmland has many more and less distinct wheel tracks - most of

which are unmarked. As long as you're confident you and they are heading in the required direction they can be very useful. However, the lack of undergrowth and the detailed 10m contours on a quite accurate terrain base map allow for reliable navigation "in the rough" - provided you're paying attention. In a couple of areas, repetitive terrain features could make it interesting to re-orient yourself if you lose the plot.

The course setters, Phil Whitten, Belinda Bright and Alexa McAuley, have used the quite distinct but more complex and subtle terrain features to good advantage to provide a significant proportion of controls which will be navigationally challenging. Route choice, both between individual controls and through the overall course is quite broad. Conservative upfront route planning, taking into account team fitness and navigational ability, will be crucial in getting a good return on the effort expended.



The Original Turon Gold Rush

Departing home or work to travel to the Rogaine...

*Good by, my love, good by,
My Cradle's on the dray,
To rock out Gold for thee, love;
To the Turon I must away.*
(A Turon Widow, C. Rudston Read, 1853).

Arriving at the Hash House....

"..., and looked down on the celebrated valley of the Turon; its banks, the sides of the hills, and the bed of almost every creek and water course for miles around it, are now cut up into diggings – that is, into round holes or pits, like the mouths of wells, varying in depth to an indefinite extent. These are the 'dry diggings'. The 'bed claims' which can only be worked in very dry weather, have a different appearance, the pits are much larger, more like quarries, and being fitted with a machinery of pumps and pipes to remove the water which is constantly flowing in..."
(Journal of J. Godley. 1853).



A description of the Rogaine in progress...

"... The river in many places presents an animated appearance. Races are being cut, California pumps are again in requisition. Toms and cradles and all the paraphernalia of gold mining are in brisk demand, and if we have an increase in population before the summer closes the resources of the Turon bed claim will be considerably developed."
(Illustrated Sydney News, January 21st, 1854).

A Rogainer's comment after retiring to the Hash House...

"... As usual the rush to Palmer's Oakey creek has resulted in wide spread disappointment. Some few have done well, but the great majority can reckon their profits with a cipher."
(Illustrated Sydney New, June 30th, 1855).

Thanks to Phil Whitten for this piece

VOLUNTEERS ARE NEEDED

Everyone who has ever done a rogaine will understand that there is a need for volunteers at every event. Assistance is needed with the planning and organising, with the setting and vetting of the course, with the placement and retrieval of checkpoints before and after the event. Volunteers also help in the kitchen for the well earned food after an event, and many other thankless tasks.

At this stage it appears that there will not be enough volunteers to feed competitors after the Metrogaine, it may well be our first "bring your own food event".

The committee asks that everyone who competes in our sport offers to be a volunteer at one event each year. Ultimately, **no volunteers means no events**.

PLEASE BE A VOLUNTEER AT AN EVENT THIS YEAR

Relaunch Of The Australian Intersarsity Championships

The Australian Rogaining Association plans to relaunch the Australian University Rogaining Championship in 2007. This event will be held annually in conjunction with the Australian Rogaining Championships. The late Nigel Aylott (former World Rogaining Champion and two times Australian Rogaining Champion) was a strong supporter of intersarsity rogaing. A perpetual trophy will be created and named in Nigel's honour. The ARA, as part of the application process for certification to Australian University Sport (AUS), must receive pledges of in-principal support from at least five universities from at least two different states. As an incentive for university student groups to not only pledge, but participate in the Championships, the travel costs of one team from each state will be subsidised.

State rogaing associations have each appointed a university liaison officer to publicise the Championships, determine qualification for the state funded team and ultimately select the winners of the travel bursary each year.

The sport of rogaing has its history strongly entwined with intersarsity competitions. In 1963 Max Corry proposed the establishment of an intersarsity competition and in 1964 unofficial contests began between Melbourne, Monash, Adelaide and Newcastle Universities. In 1968 David Hogg drafted the rules for the '24 Hour Orienteering Contest', so that it could become an official intersarsity sport. This initial intersarsity event was held in Victoria on 31 May 1969 in the Blackwood-Daylesford area. It was the first rogaing-style event: a score course, using orienteering markers, with similar rules to today.

Official intersarsity competitions were held from 1969 to 2000, but the event lapsed. Representatives from universities have from time to time attempted to restart the 'Australian University Rogaining Championship' but lack of funds and co-ordination amongst the state rogaing associations has in the past stymied progress. The current initiative has been made possible as a result of funds provided by the Nigel Aylott Memorial Sports Foundation Inc. This was set up following Nigel's death in an adventure racing accident in the United States in September 2004.

Full time university students are invited to organise teams now for the 2007 Australian Rogaining Championships near Alice Springs 28-29 July 2007. Event details can be found at: <http://nt.rogaing.asn.au/events/ARC2007/ARC2007.html>

Also, keep checking your state rogaing newsletters and the ARA website, www.rogaing.asn.au, for the latest details on the intersarsity competition and travel subsidies.

University students – win a trip to the Northern Territory!!

One lucky team from a NSW university will have their travel expenses paid to attend this year's Australian Rogaining Championships in the Northern Territory in July.

The Australian Rogaining Championships this year will also be the inaugural Australian Universities Rogaining Champs for 2007.

The Nigel Aylott Memorial Sports Foundation has agreed to pay expenses for one university team from each of the states and territories to attend this event and also for future University Championships. Nigel Aylott was one of Australia's most accomplished rogainers and endurance athlete par excellence, until his untimely death in 2004.

To qualify for this financial support, your team must consist of full-time students at a NSW university.

Final details of selection criteria are being worked out as this newsletter goes to press.

Even if not selected for this financial support, we encourage student teams from NSW to compete in this event, and bring back a trophy!

Please contact Bob Gilbert for further information, bgilbert@hunterlink.net.au.



President's report for 2006

Events

2006 was an historic year for the NSW Rogaining Association. In October 2006 we hosted the 7th World Rogaining Championships. This was the biggest 24 hour event we've ever held, with nearly 700 participants, from 16 countries. The event was held in the Warrumbungle National Park, one of the finest natural areas in NSW. Thanks to many of our members who volunteered as helpers, the event was a great success.

In addition to the World Champs, we held our normal round of rogaines. The Metrogaine last year took us to Sydney's north, at Cherrybrook. The NSW Championships (24 hour) was held out west, for many of us to new terrain, in Goobang National Park south of Dubbo. The annual Paddy Pallin six hour in June, ever popular, catered for nearly 800 participants, our biggest yet. At the annual Lake Macquarie event in August, participants were introduced to the convenience of electronic scoring. To wind down after our big event in October, we had our socialgaine up in Newcastle.

Access to land is vital to our sport and we strive to ensure good relationships with land owners and managers. During 2006 we entered into a memorandum of understanding with State Forests which we hope will assure continued access to forests in future. As in the past, we have held events in National Parks this year. The assistance and full cooperation of Warrumbungle National Park staff was especially important to the success of the World Championships. Private landholders are key to many events; while many give us a warm welcome, there are also many who are less accommodating and find our requests hard to understand. We need to take care to maintain our reputation as a sport with minimal impacts for landowners.

Membership

The membership secretary, Ian Almond, has provided the committee with a detailed report for 2006. Association membership numbers remained strong through the year, close to the 1000 mark, and participation numbers reached a new record at just over 2500 for the year.

At the beginning of 2006, we introduced a simplified membership system. All adult participants in rogaines are required to be members of the Association, and their membership fees cover the insurance and some other fixed costs. Participants under the age of 18 are no longer required to be members to participate in rogaines. As most juniors were previously covered by family memberships, this has little impact but simplifies administration for us.

Members now have the option as to whether or not they wish to receive a printed newsletter. Information about events, entries and news stories are available through our website. People can also download the newsletter from there if they wish. However, there remain a good number of members who like to receive the newsletter through their letterbox, to read at their leisure. For this privilege they pay an extra \$10 per year.

We are now using a commercial provider for on-line event entries. This is convenient for participants and event administrators alike.

The treasurer has provided a report and financial statements to the AGM. These have been approved by the committee. The report shows the Association's finances to be in a healthy state.

NSWRA volunteers and committee

All our activities are run 100% by our members who volunteer their time to make it all happen.

I'd like to take this opportunity to thank all those who have served on the Association committee this past year. These were:

Treasurer, Tony Maloney
Secretary and ARA Representative, Alan Mansfield
Membership Secretary, Ian Almond
Public Officer, Julian Ledger
Newsletter Editor, Peter Cox (following resignation of Julie Bacon)
Events Manager, Paul and Debbie Stein
Equipment Officers, Bert van Netten
Safety Officer, Richard Sage
Archivist, Paul Batten
Publicity, Graham Millar
Web Master and Volunteer coordinator, Graeme Cooper
General committee, David Sigley

Also I'd like to thank all those who volunteered to help at events over the past year. Too many to name here, except that I especially acknowledge key roles played by the following: Alan Mansfield (WRC co-ordinator), Janet Morris, Simon George, Graeme and Vicki Cooper, Michael Watts, Carolyn Haupt, Belinda and Andrew Pope, Bob Gilbert, Bert van Netten, the Almond family, and Rob Vincent.

It's been another great year of fun and challenging rogaines.

Mike Hotchkis
President, NSW Rogaining Association

Volunteers for upcoming NSWRA Rogaines - To add your name to the list below, please contact the Volunteer Co-ordinator, **Graeme Cooper**, Ph: 6772 3584 or email graeme_cooper@northnet.com.au

Metrogaine - 6 hour 25 February 2007	Autumn – 8/24 hour 28-29 April 2007	Paddy Pallin - 6 hour 17 June 2007	Lake Macquarie - 12 / 6 hour 18 August 2007	NSW Championships 20-21 Oct 2007
Organiser	Organiser	Organiser	Organiser	Organiser
Richard Green	Philip Whitten	Andrew Pope	Bert van Netten	Bert van Netten
Administrator	Administrator	Administrator	Administrator	Administrator
Peter & Wendy McConaghy	Graeme Cooper	Belinda Pope	Bob Gilbert	
Admin Assistants	Admin Assistants	Admin Assistants	Admin Assistants	Admin Assistants
	Belinda Bright	Graeme Cooper		
Course Setters	Course Setters	Course Setters	Course Setters	Course Setters
Andrew Harford Richard Green	Philip Whitten Alexa McAuley	Ian Brown	Bert van Netten	Bert van Netten
Vetters	Vetters	Vetters	Vetters	Vetters
	Michael Watts			
Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval
Caterer	Caterer	Caterer	Caterer	Caterer
	Trevor Gollan	1st Waitara Scouts	Junior Orienteering Squad	Local Group
Hash House Team	Hash House Team	Hash House Team	Hash House Team	Hash House Team
Kerry Gilmore		not required		
Site Staff	Site Staff	Site Staff	Site Staff	Site Staff
Photographer	Photographer	Photographer	Photographer	Photographer

Safety Officer	Safety Officer	Safety Officer	Safety Officer	Safety Officer

Results of the Silvertail Rollercoaster - held on 25/02/2007

Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
12	Malcolm Bradley, Wendy Stevenson	2080	05:57	1			1	1				
108	Joel Mackay, Sarina Tomchin	2020	05:42	2			2					
107	Matt Acheson, Mike Snell	1990	05:58	3	1							
116	Matt Cooper, Rob Mason	1980	05:58	4	2							
22	Ian Cameron, James Lithgow, Greg Rochford	1870	05:55	5	3			2				
28	Greigor Scott, Jenny Scott	1800	05:58	6			3					
133	Charles Blumer, Gill Fowler	1770	05:58	7			4					
87	Andrew Haigh, Nicole Haigh	1730	05:57	8			5					
129	Richard Lauder, Jacqui Matthews	1660	05:57	9			6					
77	Relene Fenrich, Jeremy Welbourne	1640	05:58	10			7					
23	Graeme Hill, Anne Newman	1630	05:51	11			8	3				
43	Jamie van Netten, Kim van Netten	1620	05:58	12			9					
85	Geff Harper, Caireen Urquhart	1590	06:03	13			10					
30	Kirsty Busch, Kim Stokeld	1580	06:05	14		1						
7	Ross Barr, Ian McKenzie	1560	06:00	15	4			4	1			
89	Ben Fehlberg, Nathan Leins, James McQuillan	1560	06:00	16	5							
124	Ewan Holland, Dean Wayne	1550	05:49	17	6							
99	Thomas Griffith, Miles Armstrong Waring	1540	06:01	18	7					1		
64	Ron Junghans, Warwick Selby	1530	06:05	19	8			5	2			
114	Shelley Bambrook, Christine Quigley	1520	05:53	20		2						
33	Susan Deverson, Arya Keijzers	1510	05:44	21		3					1	
44	Joshua Blatchford, Joshua Roberts	1510	05:54	22	9					2		
115	Andy Kidd, Daniel Lumby, Matty Oswald, Nikki Shires	1500	05:53	23			11				2	
88	Allison Lilley, Susan Login	1500	05:54	24		4						
147	Alexander Massey, Damian Welbourne	1500	05:57	25	10							1
84	Christoph Leidig, Jason Lowry	1490	05:55	26	11							
9	John Anderson, David Dash	1450	05:58	27	12			6	3			
31	Ben Scott, Todd Stafford	1440	05:45	28	13							
139	Jeffrey Bendenic, Conny Gissel Warn	1410	05:58	29			12					
83	Geoff Barnes, Mark Barnes	1390	05:54	30	14							
62	John Clancy, Julian Ledger	1380	05:51	31	15			7				
128	John Barnes, Mardi Barnes	1380	05:57	32			13					
66	Nick Dent, Colin Price	1360	05:52	33	16			8				

61	Ann-Maree Carruthers, Paul Carruthers	1360	05:56	34			14					
19	Matt Dowle, Megan Gamble, Rachel Grindlay	1360	05:58	35			15					
Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
157	Richard Crothers, Alastair Thompson	1340	05:55	36	17							
141	Peter Chan, Lynda Hillier	1310	05:47	37			16				3	
126	Richard Barnes, Ray Perry	1310	06:13	38	18							
118	Melissa Armstrong, Jo Payne	1300	05:33	39		5						
148	Glenn Molnar, Neil Roxburgh, Matt Swadling	1300	05:53	40	19						4	
82	Belinda Kinneally, Daniel Smith	1300	05:56	41			17					
79	Robin Cameron, Danielle McCormack	1270	05:42	42		6						
103	Chris Gordon, Garry Sundin	1260	05:51	43	20							
104	Mick Conroy, Mark Howell	1260	05:51	44	21							
117	Alexa McAuley, John Zvonar	1260	05:57	45			18					
140	Jason Darwin, Parissa Poulis	1240	05:52	46			19					
80	Jim Phimister, John Cameron	1240	05:56	47	22			9				
69	Andrew Goldstiver, Emily Shuter	1220	05:17	48			20					
96	Julie Avakian, Michael Avakian, Meg Croft, Lindsey Mackay	1220	05:56	49			21					
50	Karin Hefftner, Larry Weiss	1200	05:52	50			22	10				
112	Chris Jacka, Ian Jessup	1170	05:31	51	23						5	
90	Trevor Kloeden, Mark Lofthouse, Lisa Penson, Ian Thorpe	1170	05:45	52			23					
45	Richard Connors, David Green, Andrew Palmisano	1170	05:50	53	24			11				
65	Robyn Pallas, Hilary Wood	1170	05:55	54		7		12				
150	Elisa Idris, Philip Von Huben	1150	05:47	55			24					
5	Luke Tancred, Steve Tancred	1130	05:16	56	25							2
120	Robyn Evans, Nerise McQuillan	1130	05:57	57		8						
94	Tim Coghlan, Anthony Kelshaw, Tom Schipilith, Andrew Stanford, Adrian Watson	1110	05:46	58	26							
14	Matt Ryan, Kate Wingrove	1080	05:54	59			25					
35	Jason Calwell, Christopher Mottram	1060	05:12	60	27							
54	Tony Martin, Terry Murphy	1060	05:50	61	28			13	4			
52	Lynn Dabbs, Kevin Williams	1050	06:08	62			26	14				
49	Jennifer Vaccari, Lou Vaccari, Nick Vaccari	1040	05:57	63			27					
98	Christopher Waring, Grace Waring	1020	05:56	64			28					3
130	Ian McAuley, Helen McAuley	1020	05:59	65			29	15	5			
34	Christopher Calwell, Meagan Mottram	1010	05:20	66			30					
109	Steve Grossman, Amanda Hughes, Kelvin Ng	1010	05:55	67			31					
47	Mark Hurry, Lisa Karbon, Stephan Wagner	1000	06:00	68			32					
137	Christine Innes-Hughes, Hannah Innes	980	05:48	69		9						4
25	Nigel McDonald, Nicole Sellin	970	05:29	70			33					
155	Megan Dimozantos, Jodie Sturgess	970	05:50	71		10						

91	Angela Brungs, Donna Diana, Simon Hudson, Andrew Tenney	970	05:55	72			34					
Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
86	Marcia Dawson, Brett Sewell, Darren Slattery, Robin Stacey	960	05:56	73			35					
143	matthew Bulbert, Alison Trowbridge	960	06:08	74			36					
38	Terry Henry, Eric Smith	950	05:34	75	29			16	6			
13	Mick Driscoll, Diana Scott	950	05:40	76			37	17				
57	Taryn Harcombe, Sue Kurrle	950	05:46	77		11						
24	Myee Allison, Thomas Bisshop	910	05:51	78			38	18				
135	Meredith Dodds, Rebecca Edwards, Adam Kent, Anna Park	910	05:54	79			39					
71	Grant Campbell, Marty Middlebrook	910	06:05	80	30							
15	Peta Chapman, Elaena Gardner, Matthew Salier, Stefan Vogt	900	05:54	81			40				6	
111	Bronwen Gill, Alison Thomas	900	05:56	82		12						
37	Peter Kramel, Sian Waythe	890	05:28	83			41					
136	Yuk Ling (Lydia) Chan, Justin Chia, Karen Chung, Ranjeet Elkunchwar	890	05:49	84			42				7	
16	Sarah Eglinton, Dan Howe	890	05:59	85			43					
93	Phil Brammer, James Lucas, Michael Riechert	880	05:51	86	31							
106	samantha robichaux, Glenn Strkalj	880	05:51	87			44					
153	Neerav Bhatt, Oren Davidson, Alex Godwin, Harry Hayashi, Chung Taing	870	05:55	88			45				8	
29	Peter Brack, Nicola Clancy, Steve Clancy, Katy Brack, Ian Randall	860	05:44	89			46					
156	Shellee Duncan, Ana Hagai, Joanne Rigby	860	05:54	90		13					9	
145	Chris Adams, Gavin Cottrell, Craig Davis	850	05:54	91	32					3	10	
10	Melinda Currie, Christine Howe, Janet Howe, Heidi Nettelbeck	840	05:50	92		14						
78	Debbie Hotchkis, Mike Hotchkis, John Le Carpentier	830	05:51	93			47	19				
63	Kerrie Hammond, Chris Wood	830	05:52	94			48					
58	Deborah Byers, Kath Grant, Lyn Jones, Andrew Lumsden	820	05:47	95			49	20				
70	Liz Bunn, Thomas Bunn	810	05:51	96			50	21				
26	Sue Bucknell, Melanie Freer	800	05:48	97		15					11	
42	Jon Gray, Thais Turner	800	05:49	98			51	22				
152	Fiona Madden, Sharon Moss, Sue Wallace	800	06:03	99		16		23				
105	Sue Davis, Stuart Wilson	780	04:57	100			52					
131	sarah trappel, jemima trappel, lynne trappel, zac trappel	780	04:58	101			53					5
151	Anne Doyle, Di Westaway	780	06:03	102		17		24				
51	Graham Millar, Richard Smyth	770	04:52	103	33			25	7			
125	Georgina Castle, Matt Castle, Tim Castle	750	05:02	104			54					
40	Jo-Anne Evans, Michelle Jandl, Melissa Moseley	740	05:50	105		18						
113	Dennis Sparling, Jim Wells, Ernest Windschuttel	740	05:52	106	34			26	8			

Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
4	Barbara Chapman, Kim Gibbs	740	05:54	107		19		27				
39	Kirsten Hawkins, Stephen Thompson	740	05:56	108			55					
142	Peter Davis, Emily Davis, Sophie Davis	730	03:25	109			56				12	6
21	Jo-Anne Buckley, Lesley Buckley, Jayne Jackson, Kate Lette	730	05:19	110		20						
46	Carol Genssen, Dayle Green	720	05:54	111		21		28				
158	Denise Black, Wit Cieslik	710	05:28	112			57	29				7
11	Michael Currie, Peter Howe	710	05:53	113	35							
101	Jacki Alcock, Andrew McKeown, Danielle Williams, Kate Wingett	710	05:56	114			58					
132	David Griffith, Emma Griffith, Renate Griffith	710	06:06	115			59					8
97	Wendy Hird, Karen Irvine, Janet Oakley, Nicola Pain	680	05:46	116		22		30				
127	Eric Barnes, Trish Beat	670	06:03	117			60	31	9			
81	Kaye Johnson, Peter Morrison	670	06:08	118			61	32				
55	Stephanie Martin, Helen Murphy	660	05:39	119		23		33	10			
149	Helen Buckland, Reuben Norris	660	05:48	120			62				13	
8	Alec Noble, Liz Noble	630	05:43	121			63					9
6	Penny Field, Geoff Ritchie	620	05:47	122			64	34				
1	Penny Allen, Jane Gick, Marie Kibble	620	05:54	123		24		35				
119	Renae Martin, Belinda Scott	610	05:33	124		25					14	
146	ian crakanthorp, julie gray, peter gray, jeffrey horton	600	05:15	125			65					
27	Jonathon Buckley, Glenn Harding, Lisa Harding, Jacob Harding, Annabel Harding	570	05:12	126			66				15	
144	Michele Hunter, Anne Widmer	570	05:47	127		26						
102	Lynne McNairn, Martyn Robinson	560	05:42	128			67	36				
53	Glenn McCarthy, Karen McCarthy, William McCarthy	550	05:37	129			68				16	10
67	John murby, Li Xue	540	05:55	130			69	37				11
59	Claire Meijnderts, Jeff Meijnderts, Eric Platt	520	05:07	131			70	38				
100	Gwen Seiver, Bronwyn Wilson	520	05:43	132		27		39				
2	Belinda Baccarini, Ingrid van der Lee, Kristin Young	520	05:52	133		28						
17	Heather Bunch, Bernard Gardner, Joe Gardner	520	05:55	134			71				17	
123	Sam Korosee, Cheryl Shorten, Kerry Takagaki	520	05:56	135			72					
73	Lisa Butt, Craig Dunn, Casey Dunn, Mitchell Dunn	510	05:28	136			73					12
134	Steven Butler, Ross Flemons, Anne Rawson, Monika Simpson, Narelle Sinclair	490	04:59	137			74	40				
68	Sarah Mithoefer, Simon Van Der Veen	470	05:36	138			75				18	
3	Rhett Henkel, John May, Bruce O'Brien, Kelsey O'Brien	460	05:54	139			76					
41	Judy Shea, Paul Shea	430	04:14	140			77	41	11			
72	Dino Andreatta, Val Rose	420	06:01	141			78	42				
154	Patricia Forbes, Jason van Ritten	410	05:01	142			79					
Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F

92	Mark Brackenreg, Nicole Brackenreg, Ruth Brebner	400	05:22	143			80				
122	Rachel Brackenreg, Ellen Brackenreg, Kate Brackenreg	400	05:27	144		29					13
20	Jim hubbard, Bob McNairn	400	05:52	145	36			43	12		
138	Ashan Karunagaran, Brindha Shivalingam	390	05:07	146			81			19	14
60	Bronwyn Dewar, Carmelo Macri, Sam Macri	280	04:12	147			82			20	15
76	Sonia Kupina, Alan Mansfield, Ingrid Mansfield, Louis Mansfield, Sophia Mansfield	280	04:12	148			83				16
110	Chris Thomas, Rachel Thomas, Wilson Thomas	280	04:12	149			84			21	17
75	Colin Currie, Duncan Currie	190	02:20	150	37					22	18



WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney. Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$70 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianledger@optusnet.com.au

NSWRA Secretary – Alan Mansfield: 9797 6773 (home) nswrogaining@optusnet.com.au