

NEW SOUTH WALES

ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 124

October 2007



PORT STEPHENS – SITE OF THE 2007 SOCIALGAINE

www.nswrogaining.org

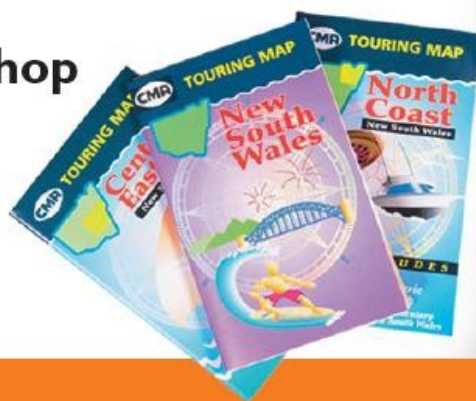
2007/8 ROGAINING CALENDAR

DATE	EVENT	LOCATION	CONTACT
18 November 2007	Socialgaine	Port Stephens	www.nswrogaining.org
24 February 2008	Metrogaine		www.nswrogaining.org
19-20 April 2008	Autumn Rogaine		www.nswrogaining.org
ACT Events			
3 November 2007	Spring Rogaine	ACT	act.rogaine.asn.au
6 April 2008	Paddy Pallin 6 hr	ACT	act.rogaine.asn.au
17-18 May 2008	State Championship	ACT	act.rogaine.asn.au
Other Events			
16-17 Aug 2008	Australian Champs	NSW	www.nswrogaining.org

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 Department of Lands



THE 2007 NSWRA COMMITTEE

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Vice President – *This position is currently vacant and seeking a volunteer*

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Email: nswrogaining@optusnet.com.au 02 9797 6773

Volunteer Co-ordinator – Graeme Cooper

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Equipment Officer – Bert van Netten

Email: bert.vannetten@bigpond.com 02 4975 3693

General Committee – David Sigley

Email: davidsigley2004@yahoo.com.au 02 9687 0301

President's Piece

Calling all volunteers

A special thank-you to all volunteers – and an invitation:

The Association is holding a barbecue as a 'thank you' to all who have volunteered their time and effort in the recent past. The barbecue will be held on Sunday the 9th December, in a park in the northern part of Wollongong. Details will be advised by email and via our website. I will be organising this event – please email me if you are interested in coming along: m_d.hotchkis@optusnet.com.au

If you'd like to come, but haven't helped at an event recently, you are also welcome to come along. Just be prepared to sign up on the volunteer's table for next year!

We plan to make this an annual event. This year's event is aimed mainly for Wollongong / S Sydney rogainers, but any volunteers are welcome. For the future, the location will be rotated between Sydney, Wollongong and Newcastle.

NSWRA Committee matters

Speaking of volunteers, no rogaines happen without them. If you can help out in 2008, whether a large role or a small one, we need you. We are especially short of helpers at the moment and may need to cut our event program next year. Please contact our volunteer coordinator, Graeme Cooper (graeme_cooper@northnet.com.au).

We have plenty of talented organisers amongst our membership, and with that talent goes an aversion towards unnecessary bureaucracy. For this reason, we are always looking for ways to keep the task of organising and administering events as simple as possible. The committee receives, and welcomes, feedback from volunteers and participants alike on any such matters. Right now, we are considering changes to membership. Our current membership system is a bit confusing, with many members unsure when their membership is due. This causes difficulty at events, as all adult participants must be current members. We are looking at all options and will propose some changes at our next AGM.

NSW Rogaining Championships

This was indeed a challenging course, set in the wilds of Goulburn River National Park, NE of Mudgee. Mainly bushland, just a few tracks and some open country near the river. The course setters made good use of subtle features on an excellent map. A real test of navigation skills, especially after dark. It was hot and the country parched, making for thirsty work during daylight hours. The river was there near the hashhouse, and I and a few others took advantage of it after the finish for a cool rinse.

Thanks are due to organiser Ian Dempsey and all his helpers for a great event.

Full results are in this newsletter. Congratulations to the winners. Canberrans took away a few of our trophies, yet again. We can't let them keep doing this! Or at least we should go to their events and win some of their trophies. See their event program at <http://act.rogaine.asn.au/>.

Port Stephens Socialgaine

Our next event is up at Port Stephens. I have to admit, I've never been there. The beauty of rogaining is, it can take you to these places. And all because one of our members, Greig Scott, has stepped forward and volunteered to put on the event in his backyard.



A Nelson Bay sunrise, be at the start of the Socialgaine early to see it.

Reminder

We encourage all members to sign up to our email list. This is an important way for rogainers to keep in touch and know what's going on. Sign up and you can be sure you won't miss the next event entry deadline. Visit our website to sign up: www.nswrogaining.org.

Mike Hotchkis - President

VOLUNTEERS ARE NEEDED

Everyone who has ever done a rogaine will understand that there is a need for volunteers at every event. Assistance is needed with the planning and organising, with the setting and vetting of the course, with the placement and retrieval of checkpoints before and after the event. Volunteers also help in the kitchen for the well earned food after an event, and many other thankless tasks. The committee asks that everyone who competes in our sport offers to be a volunteer at one event each year. Ultimately, **no volunteers means no events**.

PLEASE BE A VOLUNTEER AT AN EVENT EACH YEAR

OUR NEXT EVENT

The final event of the 2007 NSW Rogaine calendar is the Socialgaine.

This year it is based at Port Stephens, just at the north end of Newcastle.



Competitors have a variety of terrain in which they can concentrate, from flat foreshore strolls to challenging coastal bush runs.

The Socialgaine is on Sunday 18 November 2007. The event starts at 9.30am and finishes at 3.30pm. Registration is from 7.45am. Entries for the Socialgaine close on Monday 12 November 2007.

Greig Scott is the organiser of the event, and administration is being handled by Peter McConaghy.

General questions about the Socialgaine should be directed to Greig on 0429 149 561 (before 9pm) or email him at greigorevich@hotmail.com. Entry related inquiries should be made to Peter on 9437 0160 (before 9pm) or email at rogaine@tolwong.com.

Volunteers for upcoming NSWRA Rogaines - To add your name to the list below, please contact the Volunteer Co-ordinator, **Graeme Cooper**, Ph: **6772 3584** or email graeme_cooper@northnet.com.au

Socialgaine 6 hour 18 November 2007	Metrogaine 6 hour 24 February 2008	Autumn 24 hour 19/20 April 2008	Paddy Pallin 6 hour 15 June 2008
Organiser	Organiser	Organiser	Organiser
Greig Scott			
Administrator	Administrator	Administrator	Administrator
Peter McConaghy			
Admin Assistants	Admin Assistants	Admin Assistants	Admin Assistants
Diana Scott Mick Driscoll Maggie Hensell			
Course Setters	Course Setters	Course Setters	Course Setters
Greig Scott			
Vetters	Vetters	Vetters	Vetters
Mick Driscoll			
Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval
Not needed!			
Caterer	Caterer	Caterer	Caterer
Tomaree High canteen staff			
Hash House Team	Hash House Team	Hash House Team	Hash House Team
Tomaree High canteen staff			
Site Staff	Site Staff	Site Staff	Site Staff
Photographer	Photographer	Photographer	Photographer

Safety Officer

Safety Officer

Safety Officer

Safety Officer

Results of 2007 NSW Rogaining Championship – 24 hr event - held 20-21/10/2007

Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
38	David Baldwin, Julie Quinn	1620	23:30	1			1					
30	Greigor Scott, Jenny Scott	1560	23:39	2			2					
37	Mat Cooper, Paul Stein	1500	22:35	3	1							
40	Andrew Smith, Darren Smith	1460	23:45	4	2							
15	Nicholas Arney, Luke Haines	1430	21:20	5	3							
24	Gillian Fowler, Alexa McAuley	1430	23:26	6		1						
31	Jean Douglass, Benita Sommerville	1350	22:59	7		2						
9	Keith Conley, Danielle Winslow	1350	23:32	8			3					
69	Roland Cziferszky, Stewart Johnston	1340	23:52	9	4							
81	Tom Griffith, Mike Hotchkis	1330	23:47	10	5							
104	Malcolm Bradley, Chris Delaney	1230	23:32	11	6							
109	Wayne Eliot, Matt Webster	1180	17:25	12	7							
23	Peter Charlton, Robyn Charlton	1180	22:30	13			4					1
72	Joanna Sinclair, Duncan Sinclair	1170	23:29	14			5					
7	Michael McLean, Belinda Thorne	1100	23:54	15			6					
82	Anna Booth, Ian Booth, Phil Creaser	1090	23:53	16			7	1	1			
4	Tyson Brooks, Mal Roberts	1040	22:07	17	8							
86	Paul Stanley, Damien Taylor	1020	23:15	18	9							
46	John Anderson, David Dash	970	23:20	19	10			2	2			
60	Julia Dixson, Darren Francis, Matthew Scott	970	23:24	20			8					
57	Andrew Baker, Peter Thomas	940	23:52	21	11							
110	Geoff Peel, Margaret Peel	850	21:12	22			9					
85	David Kricker, Anna Kricker, Stephanie Naylor	830	23:43	23			10					
65	Phil Draper, Heath Washbrook	810	23:47	24	12							
39	Julian Ledger, Anne Newman	800	23:50	25			11	3				
3	Ian Rank, Nicholai Rank	780	23:23	26	13							2
52	Trevor Gollan, David Griffith	750	22:47	27	14			4				
11	Basil Baldwin, Jean Baldwin	700	24:05	28			12	5	3			
66	Marilyn Ferris, Lesley Taylor	690	22:37	29		3		6				
14	Warwick Dougherty, Philip Whitten	670	8:35	30	15							
33	Netti Billinghamurst, Sue Clarke	660	20:46	31		4		7				
76	Hugh Cover, Michael RICHES	650	20:01	32	16					1		

Results of 2007 NSW Rogaining Championship – 15 in 24 hr event - held 20-21/10/2007

Team	Team Members	Score	Time	O	M	W	X	V	S	J	N	F
74	Relene Fenrich, Jeremy Welbourne	1370	14:54	1			1					
42	Andrew Haigh, Nicole Haigh	1210	14:51	2			2					
75	Alex Massey, Damian Welbourne	1080	14:15	3	1							
96	John Brayan, Carolyn Haupt	920	14:48	4			3					
92	Melvyn Cox, Kath Grant, Andrew Lumsden, David Noble	850	14:53	5			4	1				
100	Brendan Berghout, Stephen Fityus	820	5:49	6	2							
25	Tony CARTER, Mark WARING, Chris Waring	720	14:29	7	3			2				
97	Karen Dutton, John Scambary, Rod Tracey	650	14:39	8			5	3				
28	Alicson Anderson, Shane Anderson	610	13:16	9			6	4				
32	Rebecca Fowler, Mark Scollen	490	14:51	10			7					
102	Brendan Byrne, Edwina Hatch, Hugh Norley	480	15:02	11			8					
17	Chippy Le Carpentier, Peter Le Carpentier	450	11:14	12	4							
99	Byron Biffin, Ineke Kuiper	430	10:35	13			9					
22	Nora Adam, Greg Bacon	410	13:37	14			10					
90	Adrian ANDERSON, Alanna WARNER	360	11:53	15			11			1		
18	Rodger Austen, Rochelle Derriman	350	11:54	16			12					
55	Bronwen Gill, Brendan Lauer, Alison Thomas, Anthea Whitlam	350	11:54	17			13					
78	Gregory Rowe, Phil Whiteman	350	13:53	18	5			5				
19	Nihal Danis, Sema Danis, Richard Sage	330	11:29	19			14	6				
35	Peter Figiel, Danny O'Connell	320	12:25	20	6							
91	Barbara Chapman, Kim Gibbs	170	10:44	21		1		7				

WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney. Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$70 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianledger@optusnet.com.au

NSWRA Secretary – Alexa McAuley: 9460 3514 nswrasecretary@gmail.com