



6 hour
Paddy Pallin Rogaine 2026
 Sunday 14 June 2026

FINAL INSTRUCTIONS

Hash House	Euroka campground, Glenbrook area in Blue Mountains National Park: there is no mobile phone reception at the Hash House or campground
Google maps	https://maps.app.goo.gl/xQMV2JNRShq5LJX98
Lat/Lon	Latitude: -33.7993°S Longitude: 150.6160 °E
Contacts	Admin: admin@nswrogaining.org Coordinator: 0400 470 497 (until morning of Saturday 13 June) Emergency contact: 0416 218 861 (from afternoon of Saturday 13 June)

Welcome to the **Paddy Pallin Gorge-ous Glenbrook** Rogaine.
 Team leaders should ensure all team members read these instructions.

The Hash House and Rogaine are being held in the Blue Mountains National Park. Please be aware of the details below regarding camping on the Saturday night and participation in the Rogaine:

CAMPING ON SATURDAY NIGHT

- Camping on the Saturday night must have been booked through the NSW Rogaining website. If you have not made a booking you will need to make alternative arrangements
- Pets and domestic animals (other than certified assistance animals) are not permitted.
- The locked gate at the entrance to the National Park closes at 6PM – no late entries
- All vehicles must have a valid NSW National Park pass to camp
- Vehicles over 7m in length are not permitted into the Euroka precinct
- All camp sites are walk in
- Generators are not permitted
- There is no water at the campground – please bring enough for camping overnight and participating in the rogaine
- NSW National Parks are no smoking areas
- Campfires are prohibited, but a limited number of wood barbecues and fire rings are available for cooking
- Firewood must be brought from home or purchased in advance – no firewood to be collected from the National Park
- Amplified music is not permitted.
- Please be considerate of others and keep noise to a minimum. Noise restrictions apply from 10pm.

ARRIVING FOR THE ROGAINE ON SUNDAY

- There is a locked gate at the entrance to the National Park which opens at 6:45AM on Sunday morning. No early entry for vehicles
- All vehicles must have a valid NSW National Park pass – either an annual NSW parks pass or a day pass.
- Pets and domestic animals (other than certified assistance animals) are not permitted.
- NSW National Parks are no smoking areas
- Vehicles over 7m in length are not permitted into the Euroka precinct

CAMPERS AND DAY VISTORS

- Parking is very limited at Euroka – we strongly recommend carpooling to reduce pressure on the limited carparking spaces available.
- Consider meeting your team member(s) in Glenbrook and car pool from there.

Program

Saturday 13 June

4:00PM Camping at Hash House opens – only for participants who have booked in advance
6:00PM Gate to National Park closes

Sunday 14 June

07:15AM Registration & maps opens
07:45AM Novice Briefing
08:45AM Final Briefing
09:00AM Start

2:30PM Food service commences
3:00PM Finish
3:30PM Course closes & presentations commence
4:00PM Event closes

Getting there – includes

Directions from Sydney CBD (~70 km, ~1hr):

Get on M4 in Leichhardt from Western Distributor/A4

11 min (7.0 km)

Follow M4 to Great Western Hwy/A32 in Glenbrook

34 min (51.7 km)

Continue on Great Western Hwy/A32.

Turn off at Ross Street, opposite Glenbrook Oval and follow it to the end

Turn left into Burfitt Parade, which becomes Bruce Road

Park entrance: gates are closed from 6PM to 06:45AM

Continue driving 4.2km past the park entry gates, following signs for Euroka campground

Euroka Campground

Fern Glen Walking Track, Blue Mountains National Park NSW 2787

After heavy rain, the Glenbrook Causeway may be closed. Check alerts before you leave home.

Parking, Toilets and Water

Parking There is limited parking for competitors. Please ensure your team car pools.

Toilets Toilets will be available on site.

Water Please bring your own water for all your needs at the Hash House as there is no water at the Hash House. There is one water drop on course.

Food and hot drinks

2:30PM to 3:30PM The Hash House will have a food service of sandwiches and snacks at the finish of the event. There will be a range of food options available. For those with dietary requirements, gluten-free, vegetarian, and vegan options will be provided.

Please note: if you do not have a specific dietary requirement, we kindly ask that you do not choose the alternative options, as this helps ensure there is enough available for those who need them.

Registration

The Course Setters and experienced Rogainers will be happy to discuss any aspect of the event with you – look for them around the Hash House and Admin area.

Bring:

1. Your team number – available on the [event webpage](#).
2. Indemnity form found at the end of these instruction, completed and signed by all team members.
3. Compulsory safety equipment (1 set per team member): whistle, 1 compression bandage per person.

Receive:

1. Map with course setters' notes on the back and control descriptions printed on the front (1 per team member). It is printed on waterproof polymer (Teslin).
2. NavLight tag and wristband (1 per team member).
3. Flight plan (1 per team). Please indicate your planned route and return it to admin before the start. This could help us locate and assist you should the need arise. This is an intention only and not a final route choice for you, but you must submit it prior to going on-course.

The map

The map is sized A3, scale 1:15,000, printed on waterproof and tear-resistant Teslin.

If you want to be considered for the Paddy Pallin Rogaine Door Prize please email paddyinfo@paddypallin.com.au with your team name in the Subject line and acknowledge the fact you have read this far and to the end of this document!

What to bring to the event

- Indemnity form signed by all members (see last page)
- Pens, scissors, string, sticky tape for map work
- Change of clothes, towel
- Basic First Aid Kit
- Plenty of water – please try to be self-sufficient at the Hash House

What to take on the course

- Whistle (compulsory per person).
- Basic First Aid Kit per Team (compulsory per team)
- One compression bandage per person (compulsory).
- 2-3 litre filled drink container
- Lots of Sunscreen
- Wide brimmed hat – sun protection
- Sunglasses – sun protection
- Trousers and long sleeve shirt are recommended to help protect you from the sun, snakes and the bush.
- Additional clothing to keep you warm and dry depending on the weather forecast.
- Backpack (optional)
- Compass.
- Watch.
- Shoes with good grip and good foot protection.
- Food for on the course (muesli bars, dried fruit, chocolate, power drinks, etc.).

Information for novices

If you are new to Rogaining and would like to know more about our sport before the event, you can find a lot of useful information on the NSW Rogaining Association website. Go to:

<http://nswrogaining.org/AboutRogaining/Novices/Novices.htm>

There will be a novice briefing on the morning of the event before the start. It is run by the course setter and they give any relevant advice that helps with navigating and planning your course.

If you are unsure or unfamiliar with anything to do with the event, our volunteers at the Hash House can help.

Course setter's hints for navigating

Navigating direction: Locate your current position and the control (checkpoint) on the map you wish to visit. Place the compass on the map, aligning the long edge of the compass between your location (e.g., track junction) and the centre of the checkpoint. Rotate the compass bezel until the orienting arrow aligns with black grid lines which are orientated on the map to magnetic north. Hold the compass level and rotate it until the compass needle (the red-tipped needle) aligns with the orienting arrow. The compass now points towards the desired location. Use the compass to follow the bearing, ensuring the compass needle remains aligned with the orienting arrow (north). Hint: Look ahead to identify a feature (e.g., a specific tree) you can walk to that is in the direction you need to travel. If you navigate accurately from point to point you can chart a surprisingly accurate course.

Knowing distance: Calculate the distance on the map between your location and the control. Most compasses have scales in cm and some have calibrated distances such as 1:15,000. Your map shows a calibration bar. Note that the distance between vertical N-S grid lines is 1 km. To estimate the distance you have travelled you can count paces (paces/100 m) and/or measure the time you have been walking (walking time/100 m). To estimate this before you head off, use the 100 m length that is marked out near the HH (ask if you cannot find where it is located). Note that when walking through bush your pacing and speed will be somewhat less than what you have just calculated, but it will provide a useful guide. Needless to say, the more experience you gain by trying, the more reliable these methods will become.

Route progress: After deciding on your course and heading off, monitor how many controls you visited in the first half, assess the distance to go and the terrain for the remainder of your course plan, and adjust your circuit accordingly. Take into account that you will probably have less energy for the second half of the rogaïne.

Oops! If you find yourself disorientated and just want to get out of the bush, don't panic, consider roughly where you are on the map and determine the direction you would need to travel to get to one of the more major tracks. Importantly, before you head off, set your compass to point you in the right direction and then head off until you reach the track. For those of you who know the Hitch Hikers Guide to the Galaxy, remember the sage words of Douglas Adams



Start procedure

The pre-start briefing will be held 10 minutes before the start of each event for all competitors. See program above for times. Attendance is compulsory. All NavLight tags will be pre-punched with a start punch so no pre-start punching will be necessary by competitors.

During the event

At each checkpoint, each team member must register their NavLight tag. The Navlight punch will be secured to a branch and you should not need to touch it – just hold your wrist up to it. If it doesn't work (i.e. its red light doesn't flash) then make a note of the code letters written on the checkpoint flag, and alert admin to the problem at the finish.

Please bring all rubbish back and take it home with you. Bury all personal waste.



Finish procedure

At the finish, all competitors must register their NavLight tag at Admin with the "finish" punch. Your finish time will be calculated when the last team member's tag is punched.

Scoring

The point value of a checkpoint is the first digit of the checkpoint number, that is numbers 40 to 49 are worth 40 points, numbers 50 to 59 are worth 50 points and so on. The penalty for a late finish is 10 points per minute or part thereof. Zero score will occur if a team arrives more than 30 minutes late.

Rules of Rogaining

There's a bunch of rules for the sport of rogaining, which you can read at:

<http://www.nswrogaining.org/Resources/Forms/index2.pdf>

Take particular note of Rule 7: *“The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. **The possession of other navigational aids, including pedometers, altimeters and GPS receivers (including GPS watches) on the course is prohibited.** The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited”*

However, you are encouraged to carry your phone on the course, for use in an emergency only, or to report problems to the organisers (e.g. if returning late). Any use of your phone as a navigation aid will result in disqualification.

The Course and Safety

- The course is the Blue Mountains National Park. There are variety of driveable and non driveable roads, tracks and walking trails cover the course. Controls are away from cliff edges. Local mountain biking groups have been notified well in advance of the event, and major trails will be signposted. Yield to cyclists when on mountain biking tracks and mind tracks marked as out of bounds.
- Usual mandatory equipment of a whistle, space blanket and compression bandage apply plus a first aid kit for each team.
- There will be a first aid-qualified volunteer on site during the event
- A safety patrol vehicle will monitor course tracks.
- There will be one water drop at Oaks Picnic Area.

The main hazards on the course are:

- vehicular traffic when crossing roads and mountain bike riders
- water crossings or swimming holes
- Hypothermia
- Cliff passes and loose rocks
- Slippery creek walking

Emergencies

Have you installed the [Emergency Plus](#) app on your smartphone? It's free from any App Store and could be useful in an emergency situation. More info is at <https://www.emergencyplus.com.au/>



Event brought to you by...

Course Setters: Salomé Hussein, Tim Porritt

Event coordinator: Jack Hawkes

Map: Graham Field

Vetters: Rachel Grindlay, Tom Brennan

Administration: Anita Bickle, Vivien de Remy de Courcelles

National Parks Liaison: Gill Fowler

Flag Hangers: Angus Noble, Brent Roylance, Su Li Sin, Belinda Kenny

First Aid and Safety: Charles Kuan

Volunteer Coordinator: Robin Cameron

Treasurer: Mike Hotchkis

General Event Management: Events Group



New South Wales Rogaining Association Inc.

ABN 15 314 080 648

DISCLAIMER / WAIVER

Event :	Team No.:	Car Rego.:
---------	-----------	------------

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogain they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)	Participant Signature	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

 This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s): _____

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

Name (Please print clearly)	Signature	Date
_____	_____	_____

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate. Version: Sep. 2008