



“Werong A Mission”

2025 NSW & Intervarsity Rogaining Championships
and 8hr event
13-14th September

Final Instructions

Welcome

Thank you for signing up for “Werong a Mission” this year. We are delighted to have you attend the event this weekend and hope that you will enjoy seeing the south westernmost section of the Blue Mountains NP. Please read the following details to ensure you are adequately prepared for the event.

Getting there

The Hash House is on the abandoned airstrip on Mt Werong Airstrip Trail. If you are using Google maps, we recommend that you use the following coordinates as the destination: **-34.087781, 149.913179**.

And use the following as a waypoint to get around the boggy trail mentioned below: **34.080898, 149.924891**.

Please note that the organisers have seen lots of wildlife out at dusk, so if you are arriving on Friday night, please take extreme care.

Note that as there is **no mobile reception** on the course (incl. at the HH), please use the satellite phone no. **0416 218 861** to contact the event coordinator (Tristan) if you have any issues getting to the venue on Friday or Saturday morning.

Driving from Sydney

- 1) Take the Great Western Highway to Mt Victoria (alternatively Bells Line of Road/Darling Causeway).
- 2) Keep heading west on the GWH down Victoria Pass. About 5km from the bottom, turn left on Jenolan Caves Rd.
- 3) After 23.7 km, turn right onto Duckmaloi Road.
- 4) After 20.1 km, turn left onto Titania Road.
- 5) After 4.3 km, turn left onto Edith Road.
- 6) After 2.0 km, turn right onto Butterfactory Lane (which turns into Shooters Hill Road).
- 7) After 23.2 km from the above turnoff, turn left onto Mount Werong Road. The road becomes dirt after a while.
- 8) After 9.7 km enter the National Park, staying on Mount Werong Road.
- 9) After 9.1 km, turn right onto Mt Werong Airstrip trail. **Do not** turn right onto Mt Werong Firetrail about 1.5 km before (as Google would take you), as this route is boggy and not 2WD friendly.
If you get to Mt Werong camping area, you have gone 200 metres too far.
- 10) Follow this for about 1.5 km and you will reach the HH. There is a short, sharp, steep section but should be fine in a 2WD.

Driving from Canberra

- 1) Follow the Federal and Hume Highways to Goulburn and take the Big Merino exit.
- 2) From Goulburn town centre, follow the signs to Taralga and head north on Taralga Road (After it crosses the Abercrombie River it becomes Abercrombie Road)
- 3) 53 km north of Taralga, turn right onto Cosgrove Road
- 4) At the T-intersection in 4 km, turn right onto Mt Werong Road.
- 5) See directions (8) to (10) above to reach the HH.

We will aim to put signs up for the main turnoffs approaching the HH from both directions.



Event bus from Mt Victoria

If you have purchased a bus ticket, please refer to the following instructions.

Stewart Hancock has been nominated as the contact for the bus company, and mark the roll on the train journey up:

- Please reply to his email during the week confirming where you plan to get on the train or alternative arrangements**, and
- Contact him on his mobile (**0408 359 473**) on the Friday afternoon if you have any problems.

Friday evening

15:56*	Catch the BMT train departing Central - travel in the third last carriage (or connect with it at an intermediate station),
18:15	BMT train arrives at Mt Victoria, where the charter bus should be waiting,
18:30**	Charter bus to depart from Mt Vic,
20:15	Charter bus to arrive at HH (approx.).

**Note that if you miss this train, there is another one leaving Central at 16:11 arriving at Mt Vic at 18:24 as a backup, but please aim to be on the one before!*

***There will not be time to get food at Mt Vic prior to getting on the bus; however there is the option to catch an earlier train and enjoy a hot dinner at the nearby Mt Victoria Manor or Niccolo's Restaurant*

Sunday afternoon

13:45	Bus arrives at HH,
14:00	Bus departs HH,
15:45	Bus arrives at Mt Vic station (approx.),
16:02	BMT train departs Mt Vic (if bus is delayed, next train is 16:18),
17:40	BMT train terminates at Blacktown. Change for:
17:53	Next suburban service from Blacktown to the city, arriving Central at 18:37.

Refer to the www.transport.nsw.gov.au website or the TripPlanner app for intermediate stops, connecting trains, and any service updates. Whilst we have endeavoured to provide accurate timetable information, this information is subject to change. We recommend checking for delays on the BMT line throughout the day on Friday and if possible, catching an earlier train should they be present.

Schedule

Friday 12th September

12:00 HH site open for camping.*

Saturday 13th September

09:00 Map handout
10:30 Novice briefing
11:45 Full briefing for all competitors
12:00 Mass start for all competitors
14:00 All Night Café opens
17:51 *Sunset*
18:16 *Last light*
19:00 Hot food available at Hash House (until approximately 1hr after the 8hr finish)*
20:00 8hr finish
20:30 8hr presentations

Sunday 14th September

05:35 *First light*
06:00 Cold breakfast (cereal, fruit, etc.) available at HH
06:01 *Sunrise*
10:00 All Night Café closes
11:00 Full catering commences for 24hr event
12:00 24hr finish
12:45 24hr presentations
14:00 Bus departs HH
15:45 Approximate ETA of bus in Mt Victoria station

**Please be self-sufficient with food, water and shelter for Friday evening, Saturday morning and Sunday night*

***The Hash House will be serving a limited amount of food to 24hr teams (e.g. cheese toasties) upon request throughout the night.*

Equipment

Mandatory on course (please show at map handout)

- Snake bandage
- Space blanket
- Whistle
- Headtorch
- Navlight tag (provided at map handout)

Highly recommended on course

- Backpack
- At least 2 L water capacity
- Light fitting trousers and/or gaiters
- Water purification tablets
- Raincoat
- Thermal top
- Warm gloves
- Beanie/buff/headband
- Non-GPS watch

Highly recommended on course (continued)

- Sunscreen
- Band-aids
- Sufficient food
- Compass with baseplate
- Hat
- Sunglasses (ideally can be swapped with clear lenses for eye protection at night)

Leave at Hash House

- Tent and sleeping bag
- Warm clothes and towel
- Folding chairs and table
- Pens, highlighters, calculator & string for route planning
- 5 L water (there will be a limited supply of water, but this will be prioritised for those catching the bus)

Registration

Please check your team number on the team list on the website and ensure that you are in the right category. If you are competing in the Australian Intervarsity Championship, please view the team list and confirm that your team category code ends with ", I". For example, a mixed under 23 team competing in as an Intervarsity team should have the team category "X23, I". If you are missing the ", I" code, please contact admin@nswrogaining.org.

Bring

- Your team number – available on the event website,
- Indemnity form completed and signed by all team members,
- Mandatory gear noted in previous page.

Receive

- Map (A2 1:25,000 scale with 10m contours and magnetic north lines, printed on waterproof and tear-resistant Teslin)
- Control descriptions (1 per person)
- Course setter's notes (1 per team)
- Navlight tag and wristband (1 per person)
- Flight plan (1 per team). Please mark your planned route and return it before starting
- Tamperproof bag for GPS technology (phones, watches, etc.), which will be opened by an event official at the end of the event.

The course

Situated at the southwestern tip of the Blue Mountains National Park and with an elevation of up to 1,200m, the area surrounding Mt Werong is a top notch rogaining area and we are looking forward to getting out there again. Some things to note as you prepare:

- After a very wet August, we are relieved to see that the Oberon forecast projects dry and clear weather for the weekend, with a high of about 13°C, going down to 0°C at night. However it could be even colder so take **plenty of warm clothing** both on course and to leave at the start.
- There will be two water drops on the course. Many of the creeks will be running so competitors can fill up (purification tablets recommended).
- Mobile coverage on the course (including the Hash House) is virtually non-existent. If you have a PLB or device such as a Garmin InReach, we recommend bringing it for an emergency.
- A safety patrol 4WD will be making periodic trips.
- There will be an All Night Café around the middle of the course, plus an additional water drop with a limited supply of fruit and sweets will be left, (please be self-sufficient with food in case you don't get there).
- We expect rogainers to spend the bulk of their time off track, which is mostly easy walking but thick in places, therefore leg coverings are recommended.
- The map will be:
 - Oversized A2,
 - Printed on waterproof Teslin,
 - 1:25,000 scale,
 - 10 m contours,
 - Using the latest LIDAR data, and
 - Orientated to magnetic north.

Rules

This event will be run according to the standard rules of rogaining which are included on the Australian Rogaining Association website:

<https://rogaine.asn.au/documents/rules-and-standards/rules-of-rogaining-and-technical-regulations-2023>

In particular, please note that **GPS devices** (watches, phones, etc.) **are not to be used on the course**, and must be placed in a tamperproof bag provided at map handout and opened by an event official at the conclusion of the event.

Oh deer...

Feral deer are becoming more common in the Greater Blue Mountains and can cause real damage to native plants, water sources, and habitats. National Parks (NPWS) are running a long-term program to reduce their numbers and track where they're spreading.

As rogainers, you'll be out in some of the more remote areas where information is scarce, so your observations can make a real difference. Deer are often shy and hard to spot, so the signs they leave behind are just as important as an actual sighting.

Things to look out for include:

- Scats – small pellet-like droppings,
- Hoof prints – similar to goat, but more rounded,
- Tree rubs – bark stripped or scarred by antlers, and
- Muddy wallows – churned-up spots where deer roll in the mud.

If you come across any of these, please jot down the location, mark it on your map, or take a photo. Hand in any notes at the finish and we'll pass them on to NPWS to help build a better picture of deer activity.

Thank you

This event could not have happened without the help of the following volunteers:

Organiser/setter	Tristan White
Assistant organiser	Mike Hotchkis
Lead vetter	Andy Macqueen
Mapper	Hamish Mackie
Taping, vetting, hanging	Joel Mackay, Paul Olsen, Peter Hatherly, Greg King, Sarah Delaney, Vic Ginuas, John Barnes, Mardi Barnes, Chris Waring
First Aid	Charles Kuan, Diane Nolder
Safety Patrol	Neil Chappell, Ian Cross
Catering organiser	Robin Cameron & John Cameron
All Night Cafe	John Barnes, Mardi Barnes
Photography	Bruce Sutton, Michael Watts
Other on the day helpers	Sue Beric, Natalie Duncan, George Kinneally, Belinda Kinneally, Julian Ledger, Mao Qu, Chris Stevenson, Dianne Winchcombe, Judy Young, Lindsay Young, Bob Kenderes, Ian Brown
Admin	Anita Bickle

And thank you to those who have offered after the event where time did not permit us to include in these instructions.

If you have completed a few rogaines, please consider putting your hand up for one of the many events next year.

We would also like to thank the following organisations for providing their services to us to allow this event to happen

- National Parks and Wildlife Services for permission to run the event in this area,
- Lindfield Print for supplying the maps,
- Blueys Event hire for providing the marquees, tables and chairs,
- Sludge Brothers for the Portaloo Hire,
- Lithgow Coaches for the charter bus,
- Paddy Pallin for provision of prizes,
- Black Springs Community Association Inc for doing the catering.



New South Wales Rogaining Association Inc.

ABN 15 314 080 648

DISCLAIMER / WAIVER

Event :	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)	Participant Signature	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s): _____

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the above named minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

Name (Please print clearly)	Signature	Date
_____	_____	_____

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate. Version: Sep. 2008