





# "GO BANANAS AT BUCCA"

# AUTUMNGAINE 2025 FINAL INSTRUCTIONS

Thank you for entering the 2025 Autumngaine!

Please ensure everyone on your team reads this document prior to the event.

NSW Rogaining acknowledges the traditional custodians of the land on which we rogaine, the Gumbaynggirr people and pay our respects to elders past, present and emerging.

# EVENT SCHEDULE

#### Friday 25th April 2025 - optional

All day

Hash House open and camping Friday and Saturday night

Saturday 26th April 2025				
8:00am	Registration Opens + Map Handout (Lower Bucca Recreation Reserve)			
10:30am	500m walk to start/finish (includes marshalled crossing of Bucca Road)			
10:45am	Event briefing for all participants (south side of Bucca Road)			
11:00am	Mass start for both 6 hour and 12 hour (south side of Bucca Road)			
5:00pm	6 hour Finish			
5:17pm	Sunset			
5:30pm	6 hour Presentation + Catering (Lower Bucca Recreation Reserve)			
11:00pm	12 hour Finish			
11:30pm	12 hour Presentation + Catering (Lower Bucca Recreation Reserve)			

### HASH HOUSE

Hash House location: Lower Bucca Recreation Reserve (2wd accessible)
Address: McClellands Road, off Bucca Road.

#### <u>Hash House - Google Maps Link</u>

(ignore the road closed or roadworks symbol at Korora on Google Maps)

Refer to the Mud Map on Page 7 for parking / camping / Hash House layout

# AT REGISTRATION

#### **Bring to registration**

1. Your team number - available on event website

#### Receive at registration

- 1. Map with control descriptions (1 per team member). Map scale is 1:25,000 and is printed on waterproof paper.
- 2. Course setters notes (1 per team). Novice route options will be available.
- 3. NavLight tag and wristband (1 per team member).
- 4. Flight plan (1 per team). Please mark your planned route and return it before starting to help us locate and assist you should the need arise. This is an intention only and not a final route choice for you, but you must submit it before going on the course.
- 5. Indemnity form to complete and signed by all team members.

#### What to bring to the event

<u>Mandatory Gear:</u> Each participant <u>must</u> carry an emergency whistle, space blanket, first aid kit incorporating two crepe bandages and a mobile phone for emergencies.

We recommend also bringing to the event:

- 1. For before the event for map work: pens, pencils, scissors, sticky tape.
- 2. For during the event: Water (capacity for 2 litres), food, sunscreen, first aid kit (snake bandage), whistle and compass during the event.
- 3. For during the event: gaiters and full cover (strongly recommended), hat, comfortable runners, shoes, or boots and wet weather gear if rain is possible
- 4. For after the event: A towel and clean set of clothes to freshen up,
- 5. For after the event: Cutlery, mug, and plate/bowl for food.
- 6. For before/after the event: Table, chairs and marquee, if you wish.

## GETTING THERE

#### Directions from Moonee Beach (10 minutes)

#### Moonee Beach to Hash House - Google Maps Link

- Travelling from either the north or south on the Pacific Highway, take the Moonee Beach exit and go through the roundabout on the west side of the Pacific Highway exit towards Nana Glen.
- Approximately 1.8km from the roundabout, turn left into Bucca Road.
- · After approximately 8km, turn right into McClellands Road.
- After another 145 metres, keep left into Avondale Road at the fork. After a
  further 170 metres turn right into the Hash House area. Keep left of the Hash
  House buildings and drive onto the oval for parking and camping.
- When exiting the oval by vehicle, keep left of the tennis court and turn right onto McClellands Road.

#### **Directions from Nana Glen (10 minutes)**

#### Nana Glen to Hash House - Google Maps Link

• Travelling from either the north or south on the Orara Way, take the Bucca Road exit. After approximately 8km, turn left onto McClellands Road.

#### Scenic Routes to the Hash House (sealed, 2WD)

- Two options for more scenic routes to the HH (add 10-15 mins) are below.
- From <u>Coffs Harbour via Sealy Lookout and Central Bucca Road</u>. Highlights include Sealy Lookout, Bruxner Gap and Swans Crossing rainforest trails.
- From <u>Coffs Harbour via Karangi, Coramba and Nana Glen</u>. Highlights include the hinterland with small villages and cafes.

## SAFETY NOTES

- · Be careful of wildlife when driving on Bucca Road at both day and night
- When walking from the Hash House to the start (and back) please cross Bucca Road (80km/h) with care and follow the direction of the marshall.
- When you return make sure all Team members immediately go to the Finish and have their Tags punched and removed by an Official.
- If it is an emergency, phone 000 first then the Hash House number.
- There are no safety patrols.
- If you withdraw, the team must return to the Hash House and notify the Admin, unless it is an emergency.
- Dehydration is a risk due to humidity. Exhaustion is a risk due to the physical nature of the forest.
- Participants are advised that if they become lost they should stay together as a team, await assistance. If possible, they should remain by or get to a road.
- Many lace monitors were seen while control setting but no snakes have been seen since last winter (python and red bellied black).
- · Leeches and ticks were rarely encountered while setting but may be present.
- If you are late or injured, please phone the Hash House number 0448 037
   654 (Keelan Birch). The Hash House number will be also printed on the map.

### CATERING, ANC & WATER

- Catering will be provided post event for both the 6 hour and 12 hour.
- Catering is included in your entry fee and includes a build-your-own burger, soups, soft drinks and other sweets.
- No breakfast is provided on Saturday or Sunday morning.
- The All Night Cafe primarily caters to the 12 hour teams and is recommended to be visited. It includes water, sweets, soft drinks, soup and other food. Few 6 hour teams will make it to the All Night Cafe.
- In addition to the All Night Cafe, one (1) water point is provided on course and can be visited by both the 6 hour and 12 hour teams. Please take this into consideration during planning to ensure you are carrying sufficient water.
- We do not recommend drinking from the creeks but if you must, please treat all water prior to consumption.

# NAVLIGHT

- Your NavLight Tag must be attached to your wrist.
- ALL Team members must "punch" their Tag at every Navlight Control Punch to register the Team's visit.
- The Punch flashes red when placed on your wrist Tag for 2 seconds:
  - the flashing red light may be hard to see.
  - even if you can't see a flashing light, the Tag should register.
  - there is no beep sound.

If the Punch is missing, record the 4 letter code at the control and report after.

### RULES

- The Rules of Rogaining
- Only travel on foot no cars, bikes, boats, planes, taxis, buses, trains etc.
- No use of GPS devices to aid navigation
- Teams must stick together for the entire duration.
- Do not enter private property or restricted areas.
- Each checkpoint is worth its number rounded down to the nearest 10, for example, checkpoint 67 is worth 60 points.
- If your Team returns after 5:00pm (6 hour) or 11:00pm (12 hour) a Time Penalty of 10 points occurs for each minute, or part thereof, that you are late.
- If your Team will be returning after 5:30pm (6 hour) or 11:30pm (12 hour), please call the HH. The Team will be recorded as LATE, with a score of zero.

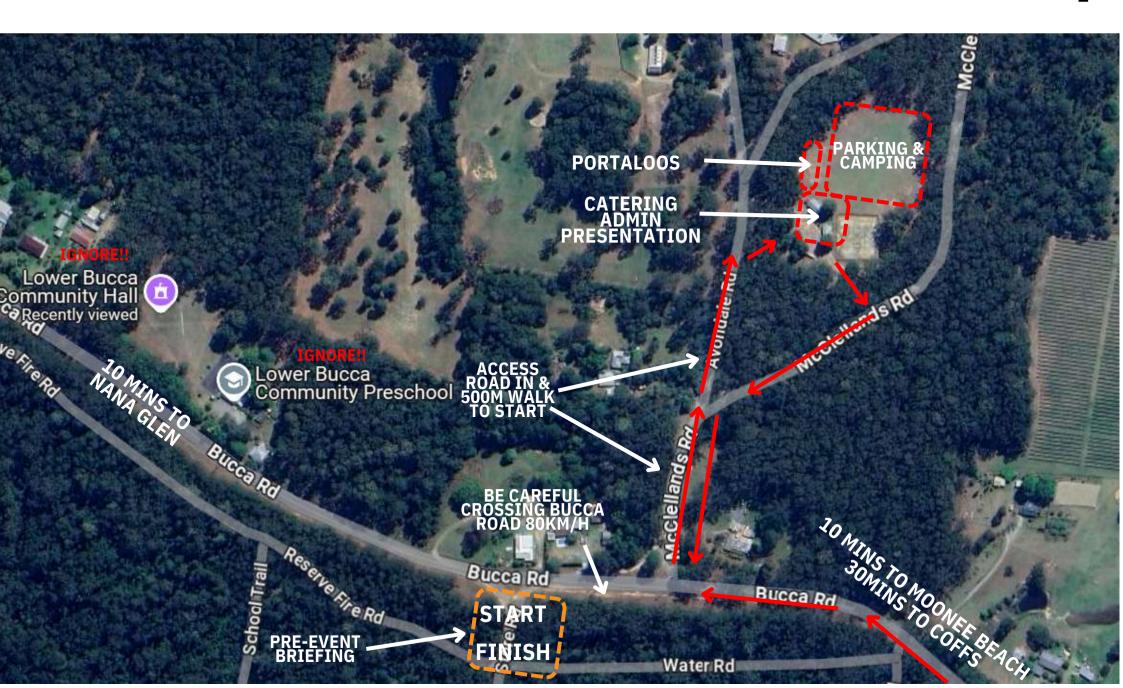
### VOLUNTEERS

A big thankyou to our volunteers who have helped prior to the event.

- · Event Organiser: Keelan Birch
- Mapping: Hamish Mackie (Base Map) and Helen O'Callaghan (Final Map)
- Course Setter: Mark Hurry
- · Vetters: Helen O'Callaghan, Tony Woolford, Oscar Woolford
- Control Hangers: Helen O'Callaghan, Tony Woolford, Bruce Meder, Mark Hurry

And thankyou to all those who will help during, and after, the event.

### "Go Bananas at Bucca" Mudmap





#### **New South Wales Rogaining Association Inc.**

ABN 15 314 080 648

#### **DISCLAIMER / WAIVER**

Event :	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

- a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation directly or indirectly in this event.
- b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective or whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)	Participant Signature	Date
This section to be completed by a responsible signing please photocopy & submit separate form	adult where participant is under 18 years o	
This section to be completed by a responsible signing please photocopy & submit separate form Name(s) of junior participant(s):  acknowledge the risks of rogaining as describe abovenamed minor(s) participating, and agree	adult where participant is under 18 years ons.	of age. If more than one responsible adu
This section to be completed by a responsible signing please photocopy & submit separate form Name(s) of junior participant(s):  acknowledge the risks of rogaining as describe abovenamed minor(s) participating, and agree complete responsibility for any injury or loss cause Relationship to participant (please delete whice	adult where participant is under 18 years ons.  ed above and agree to indemnify the NSW that by signing this indemnity or by permit sed.	of age. If more than one responsible adu