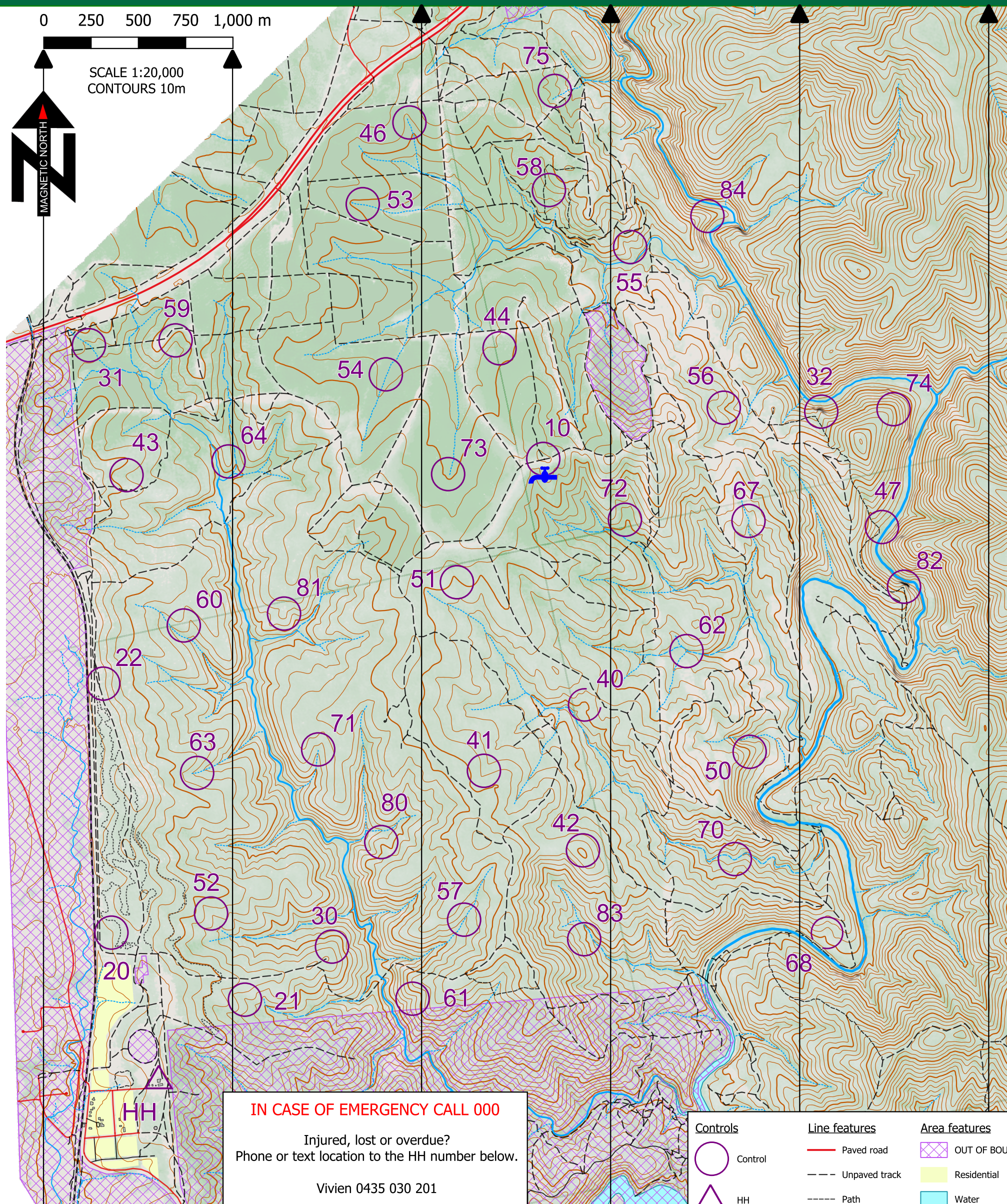




NSW ROGAINING

Paddy Pallin
SINCE 1930

2024 Paddy Pallin Rogaine - Rydal



VOLUNTEERS
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Publication Date: 16 June 2024

Course setter's notes

Welcome to Rydal for the 61st Paddy Pallin rogaine.

The area is very suitable for rogaining with mostly open bush and topography ranging from steep to gently undulating.

The steepest parts of the course are directly east of the Hash House (southern part of the course) and along the Cox’s River on the eastern boundary of the course. Some watercourses are bordered by steep 1 to 2m high banks.

Native forests dominate most of the course with pine plantations in the northern part. Patches of blackberry bushes can be found in the north, mostly in the watercourses. Breaks can be found in the clumps of blackberry. We tried to avoid setting controls in the worst watercourses.

Please respect out of bound areas (marked with red hatching) as they are either private property or habitat for an endangered species of butterfly. Take special note of the OOB area east of the HH meaning everyone needs to start in a northerly direction before fanning to their first control.

There are many trails on the map. They are popular with 4WD and motorbike riders: keep an eye and ear out for them and be prepared to give them way as they might only see you at the last moment.
A couple of motorbike tracks (“path” on legend) have been added to the map as they are useful for navigation and access to controls. You will find many more that are not marked. You might find older overgrown trails since part of the area is a working forest and other part was a working farm in the past.

MTB tracks north of the HH are fairly accurately marked but should not be of much use to access controls.

Mobile reception is good on most of the course except the deeper watercourses and gullies. If you need assistance and cannot contact the HH, try going to the water drop at control 10 as a team or ask another team to contact the HH on your behalf. We need to know your team number, your location as precisely as possible, the nature of the injury.

Please observe the Leave No Trace principle by carrying out everything you brought into the bush. If you need to go to the toilet in the bush, move away from track and watercourses, dig a hole (using a trowel, tent peg, stick...) and burry your waste. Ideally toilet paper should be carried out in ziplock bags.

Tops of ridges afford good views. The most spectacular views, over the Coxs River, are at controls 32 and 82.

A possible novice route is 20–52-63-22-60-43-64-54-44-10-73-51-40-41-42-57-61-30-21 (810 points, 37% of points on offer). Some easy controls and some more challenging to navigate to. Mostly undulating with one big downhill and uphill. Can be done in either direction depending on when you want to do the big hill. You can add controls such as 31, 59, 80 or 83 for more points and challenge.

There are 42 controls on offer for a total of 2180 points.

More info might be available at the briefing, don’t miss it! Come and talk to the course setters if you have any questions.

Enjoy your day out!

Control	Description	Control	Description
10	The trail junction - water drop	57	The watercourse
20	The gully	58	The spur- junction of overgrown trails
21	Junction of the watercourse and a gully	59	Head of the watercourse
22	A pit	60	The spur
30	The spur	61	The watercourse
31	The watercourse	62	The watercourse junction
32	The spur - a rocky outcrop, views	63	The gully junction
40	The gully	64	The spur
41	Head of the watercourse	67	the watercourse and gully junction
42	The knoll/the summit	68	A gully junction
43	The gully	70	Bend in the watercourse
44	Head of watercourse	71	The watercourse junction
46	The Watercourse	72	The gully junction
47	Bottom of the gully - 30m above junction with the watercourse	73	The watercourse
50	The spur	74	The spur
51	The gully	75	The spur
52	Head of the watercourse	80	The spur
53	The watercourse	81	The spur
54	The watercourse	82	The spur - 15 m from top of cliff, views
55	The gully junction	83	The gully
56	The gully	84	The spur