



# Minigaine 2024 NEWPORT

## Bay to Beach

Sunday 25rd Feb 2024

### FINAL INSTRUCTIONS

#### Location:

The Hash House (the start & the finish) is at **11 The Boulevard, Newport** in the Main Hall of the Newport Community Centre. Access is also available from Palm Road. Parking is available in the surrounding streets as well as at the nearby (paid) beachside parking.

#### Event Timetable

Registration opens	7.30am
Novice briefing	8.00am
General briefing	8.50am ( <i>hand in flight plans with your team route marked</i> )
Minigaine starts	9.00am
Minigaine finishes	12.00pm
Presentation	12.30pm

Lunch is served from 11.45am to 1pm. The Annual General Meeting runs from at 1.00 – 2.00pm. All welcome. Also, we need help collecting the flags on Sunday afternoon. Text Martin on 0409 075 370 if you can help.

#### Please Bring the Following Items and Equipment:

- Registration
  - ❖ Completed indemnity form signed by the whole team (see following page)
  - ❖ Team number
- Event equipment
  - ❖ Highlighters and pens to mark your map when route planning
  - ❖ Water bottle/pack. We recommend at least 1.5 litres per person be carried.
  - ❖ An electrolyte such as Gatorade is recommended.
  - ❖ Snacks to keep you energised
  - ❖ Mobile phone for emergency calls
  - ❖ Suitable clothing for forecast weather, but you should bring hat and sunscreen
  - ❖ A compass
- Post-event
  - ❖ Plate and cup for a light lunch at the Hash House from 11.45am onwards
  - ❖ Rug and/or table/chairs – unless you like sitting on the ground – (also for pre-event)
  - ❖ Change of clothes (?!).

#### Emergencies

Check you have the (free) Emergency Plus app on your smartphone. In the event of an emergency, it shows your exact location with latitude and longitude as well as the recent **what3words**.

#### On the day you will receive:

- ❖ A map – A3 size, 1:20,000, 10m contours, waterproof paper (Control descriptions are on the map)
- ❖ Course setters notes on the back of the map.
- ❖ Flight Plan to be handed in at the briefing.
- ❖ A Navlight wrist sensor to record visits at each control visited.
- ❖ A light lunch after event.

#### Course Conditions

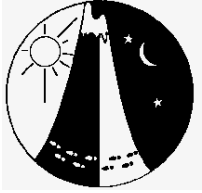
The course is mostly paved paths, as well as some bush tracks, beaches, steps, and grass. Public toilets are marked on the map and these usually have fresh water.

Care must be taken crossing roads. Use pedestrian crossings where possible.

CAUTION...some roads have NO footpath or nature strip so face oncoming traffic and move in single file.

#### Additional queries:

If you have a question please contact the organizer Martin Dearnley or admin Vivien, contact details are on the Minigaine webpage <http://www.nswrogaining.org>



# New South Wales Rogaining Association Inc.

ABN 15 314 080 648

## DISCLAIMER / WAIVER

Event : Bay to Beach Minigaine 2024

Team No.:

Car Rego.:

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)

Participant Signature

Date

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This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s):

\_\_\_\_\_  
\_\_\_\_\_

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

Name (Please print clearly)

Signature

Date

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.**

Version: Sep. 2008