



# 58th Paddy Pallin Rogaine NEWNES STATE FOREST Sunday 20th June 2021 Event Instructions

## Location

The event is situated in the Blue Mountains on the Newnes Plateau (not Newnes Township).

The hash house is located near the intersection of Glowworm Tunnel road and Waratah Ridge road at this location: <https://goo.gl/maps/iwgHxRRxBxLFt2Pb9>



## Contacts:

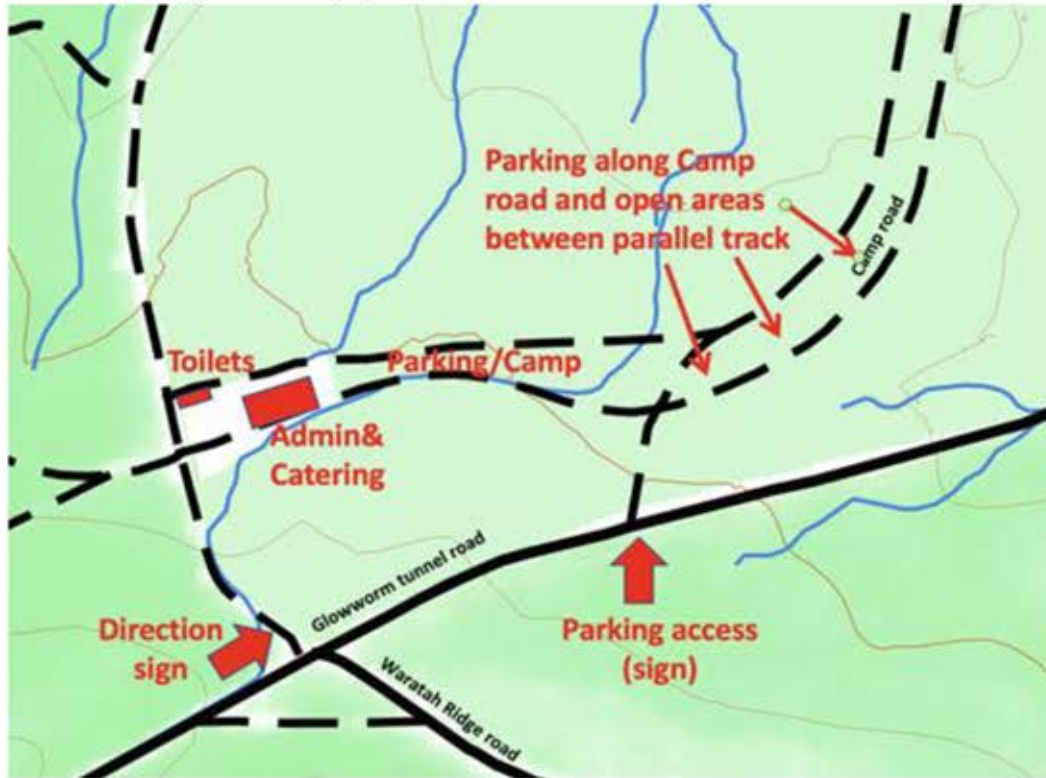
Admin: [admin@nswrogaining.org](mailto:admin@nswrogaining.org)

Coordinator: 0450 171 269

## From Richmond:

1. From Sydney, go to Windsor and Richmond and follow the Bells Line of Road across the Blue Mountains.
2. Pass through the settlement at Bell and after 8 kilometres turn right at the Zig Zag Railway turn off, turn right again immediately, follow the dirt road across the railway line (give way). Zero your tripmeter here.
3. Drive carefully on the dirt road which is often slippery. At the 4.3km mark bear right at an intersection.
4. Turn right at the T junction with Glowworm Tunnel Road (8.7km). Pass by the Nine Mile Pine Plantation / Bungleboori picnic area on your right (11.0km). Watch out for dirt bikes and pedestrians.
5. At 14.0 km, turn left at Waratah Ridge Road, the first right is Camp Road. Admin and other facilities will be to your left. Continue along for parking, as indicated in the

figure below. Allow 30 minutes drive from Zig Zag railway or more if it has been raining on the days prior to the event.



### From Lithgow:

1. Turn off the Great Western Highway and follow the Bells Line of Road route. Zero the trip meter at the traffic signals where you need to turn right.
2. Turn left at the traffic signals at 0.1km.
3. Turn left at the signals next to the Court House (0.9km) and first right over the railway bridge into Inch Street (1.1km).
4. Turn left onto Atkinson Street (2.3km). This then winds out of town crossing a rail line at 3.0km. The road becomes the dirt Glowworm Tunnel Road. T
5. The route described from Sydney joins from the right at 8.9km. Watch out for the Nine Mile/ Bungleboori Picnic area on the right and then follow directions as above.

Camping will be in the cleared grassed areas near the Admin tents or alternatively at Bungleboori Picnic/Camping Area. For day parking follow the signs and/or parking marshalls. Space is limited so please park smart.

NOTE: As of this writing (June 13th) allow 30-45 mins from Zig Zag as the road has a few potholes.

Hash House is accessible by 2WD vehicles, but rain/sleet/snow in the leadup to this event, along with 4WD activities over holiday weekend, could make road conditions worse. Parking marshals will direct vehicles to suitable areas near HH.

## Nearby Accommodation:

There are various accommodation options available across the Blue Mountains and in Lithgow (which tends to have better availability on Saturday night).

If driving up on Saturday via the Bells Line of Road, why not pull over, buy some fruit from the local growers, and admire the post Black Summer regrowth.

## Timetable

Participants can camp on Saturday night and Sunday night at no charge, and are encouraged to make use of this opportunity.

### Saturday, June 19th

15:00-late                      Camping at HH

### Sunday, June 20th

0645                      Registration opens/Maps available  
0830-0900              1st wave START  
0900-0930              2nd wave START  
15:30                      Event ends for all competitors  
16:00                      Declared LATE after 6.5 hours from start

1st North Sydney Scouts will be serving a complimentary breakfast and hot drink during registration, with extra food for purchase. Lunch/Tea from between approximately 2:30pm and 4:00pm on Sunday for all participants. **Please bring your own cutlery, dishes, and mugs.**

## The Course

The course is mostly open eucalypt forest on public land. Much of the area was burnt in the 2019-20 bushfires but is now growing back nicely. There are also areas of radiata pine plantation and patches of cleared country. Visibility in the bush is good and the travel is generally fast, but there is some scrub. Leg covering is recommended.

Conditions could be very cold and windy, so come prepared. Be mindful of cliff edges, as there is some very steep country.

Cold weather should be expected:

June mean maximum temperature **12.4 °C**

June mean minimum temperature **2.4 °C**

Coldest minimum ever (**-7.0°C**, June 28th, 2006)

**Sunrise is 07:02**

**Sunset is 16:59**

- If you are feeling unwell do not come. Send an email to [admin@nswrogaining.org](mailto:admin@nswrogaining.org) and we will provide a refund.
- Only volunteers are permitted in the admin and hash house marquees.
- Maintain physical distancing at all times, in particular around the hash house site.
- Only one person from each team should attend the Admin area to collect maps & NavLight tags, and to hand-in your flight plan (unless accompanying children).
- Volunteer Covid marshals will be on site, please follow their directions and be polite.
- Hand sanitiser will be available at the admin area and at the portaloos.
- Please avoid touching the Navlight punches - they are mounted in such a way that you do not need to.
- There will be snacks provided at the finish; please fill up your plate and move away from the service area.
- There will NOT be brief post event presentations.
- Do not share any food/drink outside your family/team group.
- Check the event page for updates and follow advice on the NSW Health latest COVID-19 case locations and alerts page up to the day of the event.

## **Safety and Rules**

### **All participants must carry:**

- An emergency whistle
- A safety blanket
- A crepe bandage 1 m in length or longer
- Warm clothing and a waterproof jacket for wind and rain
- Compass
- Provided map, course notes, navlight tag

### **We suggest you also carry:**

- Water – 2 to 3 litres per person
- Food for the day
- First aid kit
- A mobile phone
- A time keeping device – eg a watch, a mobile phone, a sun dial or a patient team member who won't mind you asking them all the time.

### **What to Bring:**

- At the hash house/camping:
- Completed Disclaimer / Waiver
- Pens, highlighters for marking up maps
- Maps will be printed on waterproof paper, however if you like you can also bring a map case.
- Warm clothes
- Camping gear
- Change of clothes
- Water to be self-sufficient before and after the event (suggest 10 litres per person, there will be limited water at Hash House)
- Cutlery, mug, dessert, and dinner plate
- Cash for extra breakfast treats or to donate to Scouts

- More Warm clothes
- Firewood

#### **On the course:**

- Sensible shoes and clothing, wet weather gear, and warm clothing (suggest thermals).
- Gaiters and long pants are advised.
- Compass, watch, pen / pencil and a whistle.
- Water bottle - minimum 2 litres per person recommended.
- First-aid kit containing as a minimum - tape for blisters, snakebite bandage (1m.crepe bandage), a thermal blanket, and waterproof matches.
- Food to keep you going while out on the course.
- Sunscreen + sun-hat/beanie

#### **Important Rules to Remember:**

- Team members must be within earshot of each other at all times. No splitting up.
- All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.
- Teams must not rest within one hundred metres of a checkpoint.
- Teams finishing early must return their control card to the Admin. A team can retire a member at the Hash House, finishing that team's event. A new team can form but they start with zero score.
- Late finish penalty is severe, 10 points per minute or part thereof. More than 30 minutes and your team records no score and is recorded as LATE.

**The full rules of Rogaining are available on the [Australian Rogaining Association website](#). However, the main one is ....**

**Rule 7:** *“The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The possession of other navigational aids, including pedometers, altimeters and GPS receivers (including GPS watches) on the course is prohibited. The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited”*

You are encouraged to carry your phone on the course, for emergencies and contacting organiser (e.g. if returning late). Any use of your phone as a navigation aid will result in disqualification.

## **Registration**

#### **Prior to the event**

Complete the indemnity form found at the end of this document and check the team list on the website to find out your team number.

#### **At the Event**

Registration is open from **6:45am on Sunday morning**.

One person from the team brings your completed and signed indemnity form.

In return your team will be issued with:

1. A NavLight tag and wristband for each team-mate
2. A map for each team-mate
3. Flight plan
4. Course setters notes (printed on reverse of map)

Any outstanding fees or team changes will need to be fixed up at this point.

## Maps

The map has a scale of 1:25000 with 10m contours that have been generated from Lidar datasets. Cliffs, of which there are many, have also been computer generated based on this data. Vegetation is shown on the map based on data prior to bushfires with some manual adjustments based on fieldwork. Map gridlines are magnetic north.

- The map is printed on waterproof A3 teslin so does not need to be covered.
- Maps will be available from 6:45am on Sunday morning at the Admin Tent.
- Return your completed route intention sheet to admin before the start of the event.
- A 100 point penalty applies to teams who fail to submit this sheet before the event starts.

## The Start

During registration your team captain nominated a 30 minute starting window and your team can start anytime during that window. Refrain from queuing near the admin tent as the point of staggered start windows is to minimise crowding.

## During the event

At each checkpoint, each team member must register their NavLight tag. The Navlight punch will be secured to a branch and you should not need to touch it – just hold your wrist up to it. If it doesn't work (i.e. its red light doesn't flash) then make a note of the code letters written on the checkpoint flag, and alert admin to the problem at the finish.

No smoking or fires on the course.

Carry in, carry out. Bury all personal waste.

## The Finish

You should return to the finish within 6 hours of your starting time to avoid penalties. Late teams will be penalised 10 points for every minute, or part thereof. After 30 minutes, you'll be declared "Late" and lose all your points.

When you return to the Hash House, your whole team must return through the "Marshalling Area". Your tag will be punched with a "Finish" punch. Then hand in your tag (volunteers will cut your wristband and gather them in sanitizing buckets) and clear the marshalling area and admin tent. They will be busy processing your scores.

## Calculating your score

Each control is given a value according to the difficulty of reaching it and/or finding it, and also its Relative Interestingness. The value of controls on this course ranges from 20 points to 100 points, in increments of 10.

The value in lots of ten is indicated by the control number – thus control 23 is worth 20, control 57 is worth 50, and so on.

## **Event Sponsors:**

We thank **PADDY PALLIN** for their support of this event.

For Further Information:

- If you have any general questions contact the Event Coordinator, Salomé Hussein on 0450171269 (7pm -9pm) or email [scott.salome@gmail.com](mailto:scott.salome@gmail.com)
- If you have any team changes we prefer you make them before the day

# New South Wales Rogaining Association Inc.

ABN 15 314 080 648



## DISCLAIMER / WAIVER

Event : 2021 Paddy Pallin

Team No.:

Car Rego.:

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)

Participant Signature

Date

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This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

Name (Please print clearly)

Signature

Date

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.**

Version: Sep. 2008