



Final Instructions

Will I or Wollemi?

56th Paddy Pallin Rogaine

Sunday 16 June 2019

Hash House Location	St Joseph's College Colo Outdoor Education Campus Dining Hall Comleroy Road, Upper Colo
Emergency Phone Numbers (event hours only):	02 4565 9237 0452 250 231
Contact	Ian Almond (Coordinator) 0411 523 023 ian.r.almond@gmail.com

Welcome to the "Will I or Wollemi?" rogaine which is the 56th Paddy Pallin Rogaine. The event is organised by NSW Rogaining Association, supported by Paddy Pallin, and set in part of the Wollemi National Park around Upper Colo. There are trophies for this event and lucky-dip prizes provided by Paddy Pallin.

If you take some photos (and we hope you do) and are happy to share them, please tag them with #williorwollemi

Whatever your personal goal we hope you have a great time.

We are privileged to use this land and need to respect the property and those that look after it. Any permission we have is for this event only. Please don't disturb residents and make sure that no one can tell where you have been. Leave things (particularly gates) the way you find them. Bring all your rubbish back with you.

How to get there

One way to get to the event is via Putty Road from either direction to the bridge over the Colo River. From the south side of the River, turn off Putty Road and head west (so that the river is on your right) on Upper Colo Road for about 14.5 km to the intersection with Comleroy Road, then turn (left) onto Comleroy Road and head south for about 270 m to the entrance for St Joseph's College - Colo Outdoor Education Campus on the eastern (left) side of the road. Once you go through the entrance, it's about 500 m along a narrow road to where there is camping and parking – please follow the guidance provided.

Upper Colo Road follows the River and is flat but it's narrow, winding and mostly unsealed – so please be careful.

There will be lots of people camping and lots of cars so please follow directions and be very careful driving near people that are walking.

Looking after each other.

Travelling through the bush off-track can be a bit risky so we need to look after each other. This is a team sport and it's a requirement to stay together and look after each other. Part of the compulsory safety equipment for each team member is a whistle to use if you need help (three whistle blasts is the distress signal) and it's a rule to help another team if you hear a whistle. Other mandatory safety equipment is a space blanket and compression bandage– and if you can't get back to the hash house you need to be prepared to stay where you are overnight.

When things will happen.

The timetable for when things happen is:

Saturday 6:30-7:30pm	Saturday night dinner provided by the Scouts – for people that have ordered this. Otherwise you need to provide your own food if you are staying on Saturday night.
Sunday	
7am	Registration opens
7-8:30am	Cheese toasties provided by the Scouts (included in your entry fee)
8am	Q&A for those with less experience. Also have a look at http://nswrogaining.org/AboutRogaining/Novices/Novices.htm
8:45am	Final briefing (that everyone must attend)
9am	Event start
2:00-3:30pm	Food provided by the Scouts (included in your entry fee). Includes: soup, sausage sandwiches, vegetarian options, cake, fruit, cordial
3pm	Event finish There is a 10-point penalty for every minute or part thereof that your team is late back
3:30pm	Teams finishing after this time are recorded as LATE and don't get any points
3:30pm	Announcement of scores, lucky-dip prizes, and presentation of trophies

Registration

When you come to registration please make sure you know your team number and have an indemnity form signed by/for everyone in the team. The form is included with these instructions.

In return you will get:

- A Navlight Tag for everyone – make sure you know how these work – the red light has to flash.
- A Map for everyone – printed on A3 waterproof paper. 1:25,000 and 20 m contours. The list of control descriptions and notes will be on the back of the map. You can tell the number of points for each checkpoint by rounding down the number to the nearest 10.
- A blank flight-plan for each team. Please mark your likely route, including the direction you plan to go, along with your team number and car rego. You must leave this with the Admin team before you leave and it's an important safety tool if you are not back on time.

What to bring – to the event

Think about bringing:

- Indemnity form signed by all members (REQUIRED)
- Pens, scissors, string (marked at 40mm), sticky tape for map work
- Your own cutlery, mug, bowl and plate (REQUIRED)
- Camping gear
- Change of clothes, towel
- Chairs, picnic table
- Food for Saturday night and Sunday morning
- Basic first aid kit (SOME REQUIRED)
- Spare water

What to take – on the course

Think about taking:

- Safety gear (REQUIRED) including: a whistle, a space blanket, and a compression bandage
- Your map and compass
- Water – enough to get between supplies (marked on the map)
- Food – enough to keep you going
- Camera
- Small backpack
- Watch
- Gaiters or other leg coverings
- Shoes with good grip and good foot protection
- Suitable clothing for the weather conditions

Rules

There's a bunch of rules for the sport of rogaining, which you can read at

<http://www.nswrogaining.org/Resources/Forms/index2.pdf>

Take particular note of Rule 7: "The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The possession of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited. The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited".

New South Wales Rogaining Association Inc.

ABN 15 314 080 648



DISCLAIMER / WAIVER

Event: 2019 Paddy Pallin 6Hr – “Will I or Wollemi”	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaire they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)

Participant Signature

Date

This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s):

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other _____

Name (Please print clearly)

Signature

Date

NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.

Version: Sep. 2008