

“The Rest is History” (2011 Metrogaine) Entry Form

Date of event: 20 February 2011

Closing Date for postal entries: Friday 11 February 2011

Team Name (optional)

Duration 6 hour

Family Team Yes No

1st team member

2nd team member

3rd member

4th member

5th member

First Name

Surname

Address

Town

State / Postcode

email

Primary phone

Alternate phone

Birth Date

Gender Male Female

Male Female

Male Female

Male Female

Male Female

Novice Yes No

Yes No

Yes No

Yes No

Yes No

Are you a member of another state association Yes No

Yes No

Yes No

Yes No

Yes No

If so, which state

No news emails

Volunteer for future event

Emergency Contact Name & phone

Entry Fee

Total Payment

The Rest is History 6 Hour Rogaine

Parramatta

Sunday 20 February 2011

Take some of Sydney's best bush scenery and The Rest is History. The 2011 Metrogaine is going to be a ripper of an event. The course will have it all - fast street running for the road warriors, plenty of cafes for the cappuccino set, some spectacular Sydney bushland and even a Magical History Tour with a concentration of historically significant controls (both European and indigenous history). There might even be a bonus for those history buffs among you. Best of all, there will be more controls that you can shake a compass at. We guarantee you won't be stuck for choice in this event! We might have to impose a ban on swimming between controls though.

The Hash House will be a leisurely stroll from a train station, so there is no excuse for not making it on the day. Remember for families city rail has the special family funday fares on Sunday (\$2.50 each for all day travel for family members over 5 years old - kids under 5 travel free).

The start time is likely to be 9:30 am, so not getting up when it is still dark (if you live in Sydney, that is...). Hope to see you there!

Like all NSWRA rogaines, this one is open to all. The prerequisites are that you are moderately fit and come prepared with the right equipment. Suitable shoes and wet weather gear are the most expensive items you need. If you are new to rogaining, contact us for advice.

Entry Fees

Full	\$28
Concession	\$20
Child under 14	Free

Concession Entry Fee

This event offers a "Concession" rate. It will include ..

- Anyone between 14 and 22 years of age
- Full time students
- Unemployed
- Pensioners

Competition categories

When you enter this event, your team will be automatically placed in every category for which it is eligible. Any team with a child under 14 years of age must also have an adult in the team. The categories are ...

Age/gender categories - Men, Women, Mixed, Junior (14-17), Veteran (40+), Superveteran (55+)

Novice - first Rogaine for all team members.

Family - The team members must include at least two members of the same family, who represent two generations. One must be a child under 18 years of age on the first day of competition.

Membership

By entering this event you are becoming a member of NSWRA unless you are already a member of another state association. Membership lasts for 12 months from the date of the event.

Those Extra Questions ...

“No news emails”. Tick this row if you do NOT wish to receive emails from NSWRA about the results of this event or future event announcements.

“Volunteer for Future Event”. Tick this row if you are interested in being a volunteer at a future NSWRA event. Or better still, contact Ian Dempsey, our Volunteer Coordinator on ...
phone: 02 4943 5790
email: volunteer@nswrogaining.org

Where to send this form?

Ian Almond
220 Cordeaux Road
MOUNT KEMBLA 2526

- Be sure to include all fees with the entry
- Make cheques / Money Orders payable to the “NSW Rogaining Association”

Detailed Event Information

This will be available on the web site one week prior to the event. It will give the exact location of the event, an equipment check list and any special preparations needed. If you'd like to have it posted to you please send a DL sized stamped addressed envelope with your entry.

For further information contact ...

Graeme Hill
phone 02 9653 2550
email graemehill@iprimus.com.au