

# **“The Rest is History” – 2011 Metrogaine**

**20<sup>th</sup> February, 2011**

Thank you for entering the 2011 Metrogaine “The Rest is History”. Here are the details of the event:

- Location:** The assembly area and hash house is located at the Burnside Public School, corner of Pennant Hills Road and Masons Drive, North Parramatta.
- Parking:** All parking will be outside the school’s grounds. Early birds will be able to park in Masons Drive. Ample parking is available on the other side of Pennant Hills Road along Blackwood Place.
- Event Time:** The time of the event is from 9.30 a.m. to 3.30 p.m. There will be a briefing at 9:15 a.m.
- Registration:** Registration will commence from 7.30 a.m. onwards. Bring your completed indemnity form with your team number and any money owing.

**Map:** The map is on an A3 sheet of plain paper. You will need to bring along adhesive contact or plastic sleeves to protect your map for the duration of the event.

The scale of the map is 1:25,000 (i.e. 1cm = 250 metres).

The map faces grid north; the angle to magnetic north is 11.4 degrees clockwise.

Tracks marked on the map with a dotted red line are indicative only and should not be relied on for fine navigation. They can vary from a narrow indistinct track to a wide fire trail.

**Control Book:** All competitors will be given a control book containing a question for each control site. The official control book will be collected by each team at the start of the event. Questions contain multiple choice answers, A, B or C. Please do not guess – it is against the spirit of the event and there is a heavy penalty for wrong answers.

Also, please do not even consider using your i-phone or any other gadget for looking up any answers. It is unfair to other competitors and completely against the spirit of the competition.

**Scoring:** Because this is a “Metrogaine”, there are nearly 250 controls on the map. The value of each control is calculated as the first digit, multiplied by 10; e.g. 63 is worth 60 points, 7G is worth 70 points, etc.

**History Tour:** Apart from the above controls, there is a separate “History Tour” containing 26 controls in relatively close proximity numbered A to Z. Each of these controls is worth 20 points, and if you visit at least 25 of these controls, you will receive a bonus of 400 points.

**Late Penalty:** Because of the high number of controls, the late penalty will be higher than normal at 20 points per minute or part thereof for arriving back after 3.30 p.m.

**Scores:** When you arrive at the Finish, your time will be recorded on your control card and all teams will be requested to calculate their own scores.

**What to Bring:** Your completed indemnity form with your team number and any money owing.

A writing implement to record your answers to the questions at each control you visit. We recommend a fine-tipped felt pen.

Plenty of water (at least 2 litres per person), especially if you intend tackling the bush controls. There are plenty of places to refill your water bottles in the CBD and suburbia.

Also, please apply a lavish coating of sunblock before you depart and bring bandages/bandaids and snacks.

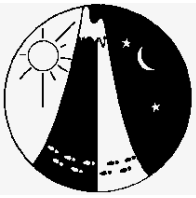
You will also need a cup, plate and utensils for the meal provided once again by the Waitara Scouts after you return to the Hash House.

**Cafés:** There is no shortage of great places to eat en route (unless of course you stay entirely in the bush). May we recommend the café in Lake Parramatta or the café in Parramatta Park? Wherever you are on the map, you won't be far from a place where you can find some good food.

**Conditions:** For the safety of all competitors, it is necessary to impose the following conditions, which must apply to everyone and without exception:

- All crossings of Pennant Hills Road north of James Ruse Drive must be at traffic lights and on the green signal. Even if you see a break in the traffic, you must proceed to the traffic lights. Traffic lights along this section of Pennant Hills Road are marked with a green circle on the map. Please take this in to consideration when planning your route.
- There is no swimming in Lake Parramatta or in Parramatta River.
- Please stay entirely on the tracks in the Lake Parramatta area.
- Access to The King's School grounds is only permitted on the day of the event. If you are using the map on other occasions, you are not permitted to enter the King's School.
- All golf courses are out of bounds, apart from Parramatta Golf Course (however, please give golfers right of way and skirt around the perimeter of the course).
- All schools are out of bounds, apart from the Burnside Public School and The King's School.
- All other out of bounds areas are marked with a red cross hatching on the map and must not be entered under any circumstances.
- The only navigational device permitted is a compass.

**We wish everyone a very safe and enjoyable event.**



# New South Wales Rogaining Association Inc.

ABN 15 314 080 648

## DISCLAIMER / WAIVER

Event : "The Rest is History" (2011 Metrogaine)

Team No.:

Car Rego.:

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

**Participant Name** (Please print clearly)

**Participant Signature**

**Date**

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This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

**Name(s) of junior participant(s):**

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\_\_\_\_\_  
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I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

**Relationship to participant** (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

**Name** (Please print clearly)

**Signature**

**Date**

\_\_\_\_\_

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**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.**

Version: Sep. 2008