"The Sugarloaf Spectacular" - Metrogaine Entry Form					
Date of event: 14 February 2010			Closing Date for entries: 3am Sunday 7 February 2010		
Team Name (optional)					
Duration 6 hour		Family Team Yes \square No \square			
	1 st team member	2 nd team member	3 rd member	4 th member	5 th member
First Name					
Surname					
Address					
Town					
State / Postcode					
email					
Primary phone					
Alternate phone					
Birth Date					
Gender	Male Female	Male Female	Male Female	Male Female	Male Female
Novice	Yes \square No \square	Yes \square No \square	Yes \square No \square	Yes	Yes \square No \square
Are you a member of another state association	Yes \square No \square	Yes	Yes	Yes No	Yes
If so, which state					
No news emails					
No publication on web					
Volunteer for future event					
Emergency Contact Name & phone					
Entry Fee					
Total Payment					

"The Sugarloaf Spectacular"

6 hour Metrogaine

Sunday 14 February 2010

What is it:

This is a 6 hour event starting at 9:30am on Sunday 14 February. Metrogaines are rogaines held around urban areas. Unlike most rogaines, the majority of checkpoints on the Metrogaine are multiple choice questions to be solved at each checkpoint location. As well as having a fun time, you may hopefully also learn new things – even those of you who live in the area!!

Where:

The 2010 Metrogaine will be centred on the Willoughby area of Sydney, taking in bush areas around Middle Harbour.

Who can enter

Like all NSWRA rogaines, this one is open to all. The prerequisites are that you are moderately fit and come prepared with the right equipment. Suitable shoes and wet weather gear are the most expensive items you need. If you are new to rogaining, contact us for advice.

You have to make up a team of between 2 and 5 people. If you are under 14 years of age on the day of the event you must have an adult in your team..

The Hash House will be open with light refreshments one hour before the conclusion of the event

Membership

By entering this event you are becoming a member of NSWRA unless you are already a member of another state association. Membership lasts for 12 months from the date of the event

Entry Fees

Full \$30 Concession \$21 Child under 14 Free

Concession Entry Fee

This event offers a "Concession" rate. It will include ..

- Anyone between 14 and 22 years of age
- Full time students
- Unemployed
- Pensioners

Competition categories

When you enter this event, your team will be automatically placed in every category for which it is eligible. Any team with a child under 14 years of age must also have an adult in the team. The categories are ...

Age/gender categories - Men, Women, Mixed, Junior (14-17), Veteran (40+), Superveteran (55+)

Novice - first Rogaine for all team members.

Family - The team members must include at least two members of the same family, who represent two generations. One must be a child under 18 years of age on the first day of competition.

Those Extra Questions ...

"No news emails". Tick this row if you do NOT wish to receive emails from NSWRA about the results of this event or future event announcements

"No Publish on web" Tick this row if you do NOT wish your name to appear in results published on the association web site.

"Volunteer for Future Event" Tick this row if you are interested in being a volunteer at a future NSWRA event. Or better still, contact Phil, our Volunteer Coordinator on ...

phone: 02 4203 2773

email: nswravc@gmail.com

Where to send this form?

Peter McConaghy 24 Holdsworth Avenue St Leonards NSW 2065

- Be sure to include all fees with the entry
- Make cheques / Money Orders payable to the "NSW Rogaining Association"

Detailed Event Information

This will be available on the web site one week prior to the event. It will give the exact location of the event, an equipment check list and any special preparations needed. If you'd like to have it posted to you please send a DL sized stamped addressed envelope with your entry.

For further information contact ...

Richard Green email <u>metrogaine2010@gmail.com</u>