

The NSW Rogaining Association presents

**The Joadja Ghost  
6 and 12 hour Rogaines  
24<sup>th</sup> April 2010**

**Final Instructions**

**LOCATION:** The Hash House (Control and administration centre) for the Joadja Ghost will be at the Australian Kerosene Oil & Mineral Company Limited's property at Joadja Creek.

**HOW TO GET THERE:** Joadja is located about 25 km west of Mittagong. Mittagong is located between Sydney and Canberra on the Hume Highway.

If travelling from North of Mittagong (eg. Sydney): Use the Hume Highway to travel South. Take the Mittagong turnoff, and follow the Old Hume Highway through Mittagong towards Berrima, crossing over the Freeway at 9.4 km. Approximately 1.2 km past the freeway overpass turn right onto Wombeyan Caves Road. Follow that for 5.3 km and turn left into Handleys Lane. Travel 1.2 km along Handleys Lane and turn right into Joadja Road. Follow Joadja Road to the end of the tar seal, about 12 km, and turn right across a cattle grid and follow the gravel road for 6 km to the Joadja ghost village at the bottom of the valley and the end of the road.

If travelling from the South of Mittagong (eg. Goulburn). Use the Hume Highway to travel North. Take the Mittagong exit, turn left onto the old Hume Highway towards Berrima, after 1.2 km turn right into Wombeyan Caves Road, and follow the directions, as above.

Please drive slowly, no faster than 50 km/h on Joadja road when driving at night as there are lots of wombats that often wander onto the road and there are some areas with a short sight distance. The last km of the road is rough in places but is suitable for conventional cars. Caravan's can be taken into the hash house area, but you will need an appropriate vehicle that can tow the caravan on steep climbs and descents.

**CAMPING:** Your entry fee includes camping at the Hash House on Friday and Saturday nights. The camping is "bush camping" on a creek flood plain. There are limited flush toilets, and queues for the toilets are likely to form, please be patient or go to the toilet early to avoid the rush.

**MOBILE PHONE COVERAGE:** is reasonable on the ridges and "highland" sections of the course. Normal mobile phones will not work at the Hash House.

**HASH HOUSE:** You provide your own food before 3 pm Saturday, and while out on the course. After that our Hash House will serve copious hot and hearty meals including your Saturday dinner and your Sunday breakfast if you camp out on Saturday night. The Hash House cooks are Rogainers who have volunteered to cook up a storm.

For added fun, a café run by the Mittagong Scouts will be located on the course near a fantastic lookout. The café will have finger food snacks and hot drinks. You should pack a mug if you want a hot drink at the café.

**TIMETABLE**

Friday 23rd April

16:00 Camping available

Saturday 24<sup>th</sup> April

08:00 Registration opens

09:00 Maps released

09:45 Novice briefing

10:45 Briefing

11:00 Rogaines Start

15:00 Hash House opens

17:00 6 Hour Rogaine finishes

23:00 12 Hour Rogaine finishes

24:00 Hash House closes

Sunday 25<sup>th</sup> April

07:30 Hash House opens for breakfast

09:00 Historic Tour of the Joadja Creek ruins.

09:00 Flag collection starts

THE MAP: is pre-marked, 1:25,000 with 10m contours.

## **Event Registration:**

Before you register please ensure:

- You have your team number
- The Indemnity form completed and signed
- If you have team changes, print and complete a "Team Changes" form.
- If you have any **outstanding fees** to pay, have cash, cheque or money order ready. We do not have credit card facilities at registration.

At registration you will be issued with :

- Map and control descriptions for all team members
- Course setters notes
- One punch card – you do not need to return this to registration before the start
- One NavLight tag and wrist band for each team member
- One Intention Map

## **Start Procedure**

A pre start briefing will be held at 10:45am for all competitors. Here, a check will be made that your Navlight tag is correctly fastened. It will then be punched with a "Brief" punch. Every team member must have a tag correctly attached and punched before you go out on the course. Note that "Test" punches are not "Brief" punches!

A mass start for both the 6 & 12 hour events will be at 11am

If you are not ready to have your NavLight tag inspected and punched during the briefing session, then you will need to do so at the administration desk after the Rogaine start. You must have your tag punched with a Brief Punch before you go out on the course.

## **During the Event**

At each check point each team member must punch their Navlight tag. The Navlight punches will be close to the flag. At controls closest to the Hash house, there will be two or more punches. Each person can use whatever punch is available. You are only required to punch your control card if the Navlight punch fails to function or is missing.

Whenever you return to the Hash House the entire team must report to Administration for each of your tags to be punched with a "Stop" punch. When you are ready to continue you need to report again to Administration to have each tag punched with a "Depart" punch. If you don't intend to go back out on the course, you should hand in your tags and card. Your "Score Sheet" will be printed. Check this and report any disagreements.

## **Finish Procedure**

During the busy period at the finish of each event, a marshaling area will be set up in front of administration. An official will check that each of your Navlight tags is still properly attached to your wrist. They will then be punched with a "Stop" punch. You can then cut off your tags and deposit them in the collection box together with your control card. You should then leave the area. Your team's finish time will be the time that the last tag is punched with a "Stop" punch.

Team score sheets will be printed out on request. There could be a delay of up to 10 minutes before these become available.

## **Scoring**

- Points for each checkpoint are worth ten times the value of the first number of the checkpoint eg Checkpoint 62 is worth 60.
- Penalty for late finish will be 10 point per minute or part thereof. Teams finishing more than thirty minutes late shall be deemed ineligible for a placing and their result will be recorded as "LATE".
- NavLight will be the primary scoring system. The punch cards will only be read if a NavLight punch fails or is missing.
- Each team member must punch their tag at a check point for the team to be awarded the points.

**TERRAIN & WEATHER:** A key characteristic of the area are the extensive cliff lines forming impenetrable canyons and gorges. These cliffs provide many opportunities for stunning lookouts. The canyons and gorges are unable to be crossed in the central section of the course, forcing 12 hour Rogainers to pass through controls on the perimeter of the course in several locations if they want to travel far. Rogainers at the competitive end of the 6 hour event will likely find that the course will force them to retrace a section or two.

Off track, the forest is best described as light scrub with sections of open forest. Most Rogainers would be happy in trousers, giving full leg protection.

There are lots of unmarked cliffs and rock features on the course. Please use common sense and do not try to climb the cliffs, walk too close to the edge of cliffs or climb the fragile rock features. Most of the major waterways on the course are terribly slow to walk, and Rogainers should not consider using them. There are also mine ruins and unmarked mine shafts.

Compared to other Rogaines, the course is particularly unforgiving to those that become "lost" well away from a track. It may be difficult to find a feature to relocate off as many of the ridges are broad and flat and the major waterways are cliff bound with limited visibility. Consider bringing a mobile phone and be conservative with your route choices.

The course is located on the Southern Highlands which is often much cooler than Sydney, and is exposed to the Southerly and Westerly Winds. It can be particularly cold if wet and windy.

Average weather conditions for the month of April are:

Rainfall 79 mm

Min. Temperature 8°C

Max. Temperature 19°C

**Compulsory Equipment:** Each Rogaine entrant must carry a basic first aid kit that includes:

- Heavy weight Crepe bandage
- Whistle
- Space blanket

#### **Highly Recommended Equipment:**

During the Rogaine

- Sensible walking clothes and hat
- Mobile phone
- Backpack
- Water (>2 litres)
- Food
- Parka / raincoat
- Compass
- Torch(es), spare batteries & globe
- Pencil
- Toilet paper (please bury or carry all toilet waste)
- Plastic bag, map case or "Contact" adhesive to protect your map (A3 size)
- Mug for hot drink if you visit Café
- Camera
- Long sleeve thermal top, jumper and beanie
- Trousers or gaiters
- Waterproof matches or cigarette lighter

At Hash-House

- Change(s) of clothes
- Plate, mug, cutlery
- Pen, scissors, fluorescent marking pens
- Fold-up chair & table?
- Tent, sleeping bag, air mattress
- Meals prior to start

#### **WE PROVIDE:**

- A great area to explore and pleasant camp site
- A map for each team member
- Good food at the hash-house from 3pm Saturday
- Simple food at the Café

**Joadja Kerosene Oil & Mineral Tour:** There will be an informative tour of the Joadja village and ruins on Sunday morning starting at 9:00 am for those that are interested. The cost of the tour will be \$10 per adult and payable on the day to the owner.

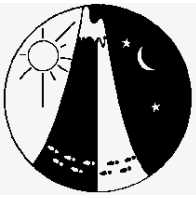
**Private Property:** The Hash House area and sections of the course are private property. If you want to enter at times other than the Rogaine then you need to get permission from the relevant landowners.

**New to Rogaining:** For more general information, please refer to "Which Way is North?". This can be found at: <http://vra.rogainc.asn.au/Resources/whichwaysnorth.pdf>

**Registration:** You need to register on the Saturday morning between 8:00 am and 11:00 am to start. Registration will be at the administration area of the Hash House. To register you need to bring a completed waiver form (at the end of this document). After registering you will receive competition notes and maps so you can then prepare for your Rogaine.

**Flag Collection:** Please consider staying on and helping to collect flags on Sunday. With some effort we want to collect all of the flags on Sunday.

**MORE HELP:** We have a great team of helpers but always appreciate more, if there's someone travelling with you but not competing then perhaps they might want to help at the administration or hash house?



# New South Wales Rogaining Association Inc.

ABN 15 314 080 648

## DISCLAIMER / WAIVER

Event :	Team No.:	Car Rego.:
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We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name (Please print clearly)	Participant Signature	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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 This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s): \_\_\_\_\_

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

Name (Please print clearly)	Signature	Date
_____	_____	_____

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**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.** Version: Sep. 2008

# Australian Rogaining Association Technical Regulations

## Competition Rules:

Rogaining is the sport of long distance cross-country navigation for teams travelling on foot. The object is to score points by finding checkpoints located on the course within a specified time. Checkpoints may be visited in any order.

## Definitions

"The course" means anywhere a team travels during the time of the rogaine but specifically excludes the access road and areas in the proximity of an administration area designated by the organisers for non-competition use, for example for parking or camping. "Event site" includes the course and any administration, access and non-competition areas.

## Entries

- R1. A team shall consist of two, three, four or five members.
- R2. A team that has a member under fourteen years of age shall also have a member eighteen years of age or over.
- R3. Competition placings are awarded in several sections based on the age and gender composition of teams. Each team shall be deemed to be entered for all sections of the competition for which it is eligible.
- R4. No member of a team shall have been involved with the organisation of the rogaine so as to have a prior familiarity with the rogaine course or the fieldwork of the rogaine map.

## Respect for Land and Property

- R5. Competitors shall respect public and private property.
  - (a) Competitors shall not cross newly sown ground or growing crops, except if specifically permitted by the organisers, or any area deemed out-of-bounds by the organisers and shall keep a reasonable distance from dwellings and stock with young.
  - (b) Competitors shall take due care when crossing fences, crossing at corner posts, solid posts or between wires wherever possible. Each team shall leave gates in the same state as they were found.
  - (c) Competitors shall not discard litter or light fires at the event site nor smoke on the course.
  - (d) Competitors shall not unduly damage or disturb native flora or fauna.
  - (e) Dogs and weapons of any kind, including firearms, are prohibited at the event site.

## Conduct of Competitors

- R6. Competitors shall not enter the course until the official start is signalled.
- R7. The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The possession of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited. The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.
- R8. The use of computers for course planning is prohibited.
- R9. Competitors shall travel only on foot.
- R10. Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request.
- R11. Organisers shall issue checkpoint recording devices, which shall be a scorecard &/or an electronic recorder to one or more members of each team. Electronic recoding devices shall be attached to the competitors by a tamper-proof device, such as a wrist band, before the commencement of the event. Tamper-proof devices shall only be cut or removed by event officials.
- R12. A team shall surrender its recording device(s) to any event official, and shall advise their team number to any event official or other team, on request.
- R13. A team shall not accept assistance from, nor collaborate with, other people, nor deliberately follow another team.
- R14. No food nor equipment shall be left on the course before the event for a team's use, and no food or equipment shall be discarded on the course unless retrieved by the team during the event and brought by the team with them to the finish.
- R15. Competitors shall carry a whistle at all times whilst on the course. In an emergency a competitor shall give a series of short blasts on their whistle.

## Checkpoints

- R16. All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.
- R17. In order to gain points for a checkpoint teams must record their visit to that checkpoint using the recording device provided by the organisers in the correct square, where a scorecard is used. If a team punches an incorrect square, they must notify the organisers of the details of this immediately upon returning to the administration to be eligible to be credited with that checkpoint.
- R18. Where more than one electronic recording device is provided to a team, all devices must record a visit to a checkpoint to gain points for that checkpoint.
- R19. Teams shall fill in any intention sheet at the checkpoint with the time of arrival, the team number and the number of the checkpoint that they intend to next visit.
- R20. If a recording device is lost, a team may present in its place a record of punch marks or a record of the electronic "punch" human readable back-up codes on any single sheet. The organisers will accept this single sheet from the team provided that the punch/record marks are discernible, and the team can identify to the organisers the checkpoint number for each of the marks.
- R21. Competitors shall not deliberately rest within one hundred metres of a checkpoint unless the checkpoint is also a water drop.
- R22. Competitors shall not adversely interfere with a checkpoint, water drop, any other facility placed upon the course by the organisers, or the equipment of any other team.

## Administration Areas

- R23. Whenever a team visits an administration area, all team members are required to report together to the organisers and surrender their team's scorecard and/or "check-in" their electronic recording device(s). The team shall only collect its scorecard and/or "check-out" their electronic recording device(s) immediately prior to leaving that administration area.
- R24. A team shall finish by all of the members reporting together to the designated finish administration area and surrendering their recording device.
- R25. If a competitor wishes to withdraw from a team for any reason the entire team shall return to an administration area and notify the organisers. The original team shall be deemed to have finished the event. If a new team is formed it may be admitted to the competition at the discretion of the organisers but no points shall be credited for checkpoints already visited.

## Penalties and Protests

- R26. The penalty for breaching these rules is disqualification except for rules R16, R17, R18 and R19 for which the penalty is the loss of points for the checkpoint under consideration. Any team disqualified under this rule shall be recorded as **DSQ**.
- R27. A team may voluntarily withdraw, by advising the organisers immediately upon their finish, if they have breached any rule for any reason and shall be recorded as **W/D**.
- R28. Within forty-five minutes of the nominated finish time, a team may report in writing to the organisers about any team thought to have breached these rules, or may protest in writing to the organisers about any actions of the organisers that they consider made the competition unfair.

## Scoring

- R29. The event shall end at precisely the set number of hours after the actual starting time, both times as defined by the organisers' clock. Where multiple timing devices are in use, the organisers shall ensure all clocks used to record finishing times are synchronized. Teams finishing late will be penalised at the rate per minute or part thereof specified in advance by the organisers. Teams finishing more than thirty minutes late shall be deemed ineligible for a placing and their result shall be recorded as **LATE**.
- R30. A team's score shall be the value of the checkpoints visited and correctly verified in accordance with these rules, less any penalties. The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.

## Australian Rogaining Association Technical Regulations

R31. In the event of a checkpoint being damaged or deemed misplaced or missing by the organisers, teams shall be awarded the checkpoint score:

- a) If the punch is missing or damaged but the team has a correct record on the intention sheet.
- b) If the punch is missing and there is no intention sheet, but the team can satisfy the organisers that they visited the correct site.
- c) If a checkpoint is missing or misplaced but the team can satisfy the organisers that they visited the correct site.
- d) For a correctly recorded visit to a misplaced checkpoint.
- e) If an electronic "punch" fails but the team has either (where applicable) a punch on a backup control card or record of the human readable back-up code for that checkpoint.

### General

R32. Any team hearing a distress signal must abandon their course and help in any way needed. No team shall be penalised for any rule breached in the course of giving such help.