

"7 miles from Sydney,  
1000 miles from care"



www.nswrogaining.org



## 2007 METROGAINING 'THE SILVERTAIL ROLLERCOASTER' Sunday 25<sup>th</sup> February 2007

9.30 am – 3.30 pm  
(registration from 8:00am)

### **What is it :**

- Metrogaines are rogaines held around urban areas. Unlike most rogaines, the majority of checkpoints on the Metrogaine are multiple choice questions to be solved at each checkpoint location.
- As well as having a fun time, you may hopefully also learn new things – even those of you who live in the area !!

### **Where :**

- The 2007 Metrogaine will be based around the lower Northern Beaches, centering on the Manly Local Government area and encompassing neighbouring suburbs and adjoining national parks.
- The hash house is at a primary school in the Manly area. There is unfortunately no direct public transport access to the hash house before the event starts, though a Manly ferry & bike combo would be a pleasant way to get there. On-street parking should be reasonable however given the suburban area, we ask teams/families/friends to consider car pooling to minimise the number of cars at the location.

### **What to expect :**

- Unsurprisingly being near Manly, there will be lots of views of and access to water – both on the oceanside and in the Harbour. If the weather is good, you'd be crazy not to bring your swimmers (& a snorkel ?) as February is often when the water is at its warmest. With a few checkpoints still to be ironed out, there may even be a handful where a team member has to get wet.
- We believe that the course caters for all ages and levels of fitness as well as being fairly pram-friendly, as there is plenty of scope for staying on pavements/walkways while bush sections are also never far away. Be warned though – unless you stay in central Manly, you will not find the area flat.

### **Entry details :**

#### Teams

A team may consist of 2 to 5 people.

#### Fees

**Adult** : \$30 **Concession** : \$22 + membership fee, if needed

**Family** : Maximum \$60

#### Deadlines

Entries postmarked after 12<sup>th</sup> February will incur a \$10 fee.

Entries close 19<sup>th</sup> February.



Detailed information will be available on the website February 16th.

For further queries, contact *Peter McConaghy* Tel : 02-9437-0160 before 9:30pm E-mail : [metrogaine2007@tolwong.com](mailto:metrogaine2007@tolwong.com)

For further information contact  
 Peter McConaghy on 02-9437-0160 (before  
 9:30pm) or email  
 metrogain2007@tolwong.com

**Manly Metrogain - 25th February 2007**

**ENTRY FORM**

**Team Number:**

Full Name (First name is team contact)	Address		Phone Numbers	BirthDate, Gender, Novice	M'ship Status *	Fees				
	Email					M'ship	News- letter	Event	Late	Total
			(h)	/ /	C R					
			(w)	M F Y N	N O					
			(h)	/ /	C R					
			(w)	M F Y N	N O					
			(h)	/ /	C R					
			(w)	M F Y N	N O					
			(h)	/ /	C R					
			(w)	M F Y N	N O					
			(h)	/ /	C R					
			(w)	M F Y N	N O					

\* NSWRA Membership Status ....  
 C = Current, R = Renewing, N = New, O = Other Australian State

^ ^ ^ ^ ^  
 Circle answers above

State ^  
 if not NSW

Grand Total \$

<b>Event Duration</b>	6 hour	<b>Family Team? (circle one)</b>	Y N	<b>How to receive Instructions? (tick one)</b>	Please mail to me. I have enclosed a DL SAE I will download from the website
-----------------------	--------	--------------------------------------	--------	--	---

**Late Fees apply after Tues 13th Feb 2007.**

**The Closing Date for entries Tues 20th Feb 2007**

Fees	Adult	Concession	Family
Event Entry	\$30	\$20	\$60 (max)
Late	\$10 per person for entries postmarked after Tues 13th Feb 2007.		
Membership	\$10 per person		
Newsletter	\$10 per subscription.		

**Explanatory Notes**

For an explanation of terms such as 'Family' or 'Novice' visit the "About Events" section of the NSWRA web site. Our refund policy can also be found there.

If you do not have web access, phone the contact person for this event.

**Where to send this form?**

Peter McConaghy  
 24 Holdsworth Avenue  
 St Leonards NSW 2065

- Be sure to include ALL fees with this entry.
- Please make cheques / money orders payable to the "New South Wales Rogaining Association".
- Please include a membership form for each person making membership payments on this form.