

NSW ROGAINING NEWSLETTER

Issue 82

www.speakandbyte.com.au/rogaine

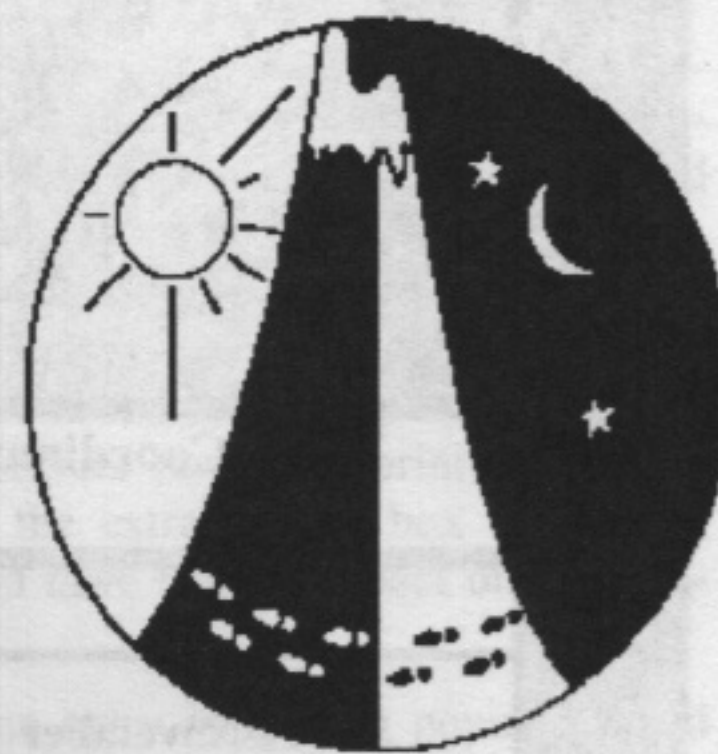
November 2000

Upside Down Rogaine *Saturday, November 25th, 2000*

Last Chance to Enter!

Entries close Monday 13th November

ENTER TODAY!



EXOTIC CLIMES INDEED

Coming from the ACT where every rogaine course is described as 'dry eucalypt forest with some open land', the opportunity to run in more exotic climes is not one that can be passed up. Besides, Keith Porter and I had achieved a PB of 4th in the mixed open last year, and we were out to improve on that result! Perhaps we should have lowered our expectations given our preparation: Keith had a relatively bad bee sting on his foot and persistent pain in his hips while I had just recovered from the flu. In addition, being from Canberra, we were unfamiliar with the whole idea of temperatures over 25°C!

Nevertheless we began well. The first thing we did right was to glance five seconds in the direction of control 13 and decide to skip it. We were then the first team to controls 26 and 38 where we claimed our lollies! After missing out the previous year we were terribly excited and had achieved one of our goals. It was climbing the hill that we felt the full impact of the heat, although we were so buoyed by our success at the first two controls we remained hopeful that everyone was similarly impacted. We picked up 12, 14 and 20 and stopped for a bite to eat. It was about 1:30-2:00 by this time, and Lady Luck decided two hours was plenty long enough in our company!

Since we had been so confidently informed that the water in the creeks was fine for drinking and the leeches were probably inactive, we had planned to go down to 36, get some water and follow the creek before climbing the spur up to 52. We found 36 alright but alas! the fresh water was nowhere to be seen, only stagnant puddles and ravenous leeches. Too eager to leave the disap-

pointing creek we began to suffer from a common orienteering affliction of WYSIWYTS – what you see is what you want to see! We managed to see creeks and cliffs that correlated well with the map and started ascending a spur complete with tantalising traces of old logging tracks. Of course the alarm bells should have started ringing when I realised we were travelling a bit east of north, or when I doubted Keith's new compass for he insisted we were travelling next to a creek also running slightly east of north... Nevertheless we continued our search for about 30 minutes before abandoning it and spending another hour just trying to walk back up the road. Imagine our horror to find we were ~ 1 km east of where we wanted to be, and had travelled up the wrong spur and through the green hashed area! I think we had a vague attempt at trying to be philosophical about it, but we had lost an hour of daylight and were running low on water which were slightly pressing matters.

The run down to the water spot at Boarding House Dam was straightforward, and drinking copious amounts of water and meeting a rogaining novice – who had forgotten to pack food?! – made us feel that maybe things weren't so bad for us. We picked up a few 30 point controls on the way to the pass at 34 by which stage it was just dark. We had been enjoying a short spell of the (finally!) cooler air temperature but the wind started to pick up, carrying with it the smell of bushfires, and we started to ask 'what more could go wrong'...

A member of another team was already balancing precariously on the edge of a cliff at 34 and offered to stamp our control card for us for which we were quite

grateful (control points hanging from trees off cliff edges seemed to be a theme for this rogaine!). But soon we had to go cliff climbing ourselves. There is, however, a lot to be said for nightfall. The temperature drop I have already mentioned. Secondly, the distance one can see by torch light means you don't see how far there is to fall should you slip – so, no fear of heights! We stumbled and bounced our way down, amazingly managed to find the tiny dotted track running east. Time was running out quickly so we decided to skip 39 and go for the 50 points at the T&D. As we started to jog between the farms our confidence began to rise

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Entry Forms

Upside Down (12 hr)
Metrogaine (6hr)

WHAT'S ON IN 2000

Event/Coordinator	Course Setters (4) Vettors (2)	Administration	Hash House
EVENT CALENDAR – NSW & ACT			
11 November 6/12hr event – ACT	Geoff Mercer (02) 6295 6019	—	—
25-26th November 12hr Upside Down Marulan, 2hrs Sth of Sydney	Daniel Marlay (02) 9969 9167	UNSW Bushwalking Club	TBA
2001			
25 February 2001 6hr Metrogaine Northern Beaches	Anne Newman (02) 9982-4836	TBA	TBA
7-8 April 2001 12 / 24 hr West of Blue Mountains	Sue Clarke	TBA	TBA
4-5 May 2001 24hr ACT Champs	ACT	—	—
17 June 2001 Paddy Pallin 6hr	TBA	TBA	1st Waitara Scouts

Join in the fun of working behind the scenes

HELP always needed, contact:

Vicki Cooper

Phone: (02) 6772-3584 (h)

Cluny Rd, Armidale NSW 2350

No experience is necessary - detailed instructions are supplied.

RUNNING A DIFFERENT RACE - EVENT ADMINISTRATION

I'm sure there isn't one team out there that hasn't looked back at their Lake Macquarie Rogaine efforts and thought, "If only we had done this!". Well we in admin are no different. Here are some thoughts for improving our performance next time.

Set the Family entry fee at the equivalent of two Adults. Ours was \$4 less and a couple of teams thought husband and wife combinations qualified for the lesser fee.

The cut off for the 50% cancellation refund should be at least 3 days before the event. One team on realising the forecast was for high temperatures emailed their cancellation at about 9:30pm Friday night (we were already onsite). Technically they were before the stated date so we refunded the 50%. This sets a precedent. Say half of the teams pulled out the night before due to inclement weather. Our funding would drop by 25% causing financial difficulties.

Process entries as they arrive. It's easier to do a bit at a time. Closer to the event you will receive last minute phone calls and emails which are usually the hardest to process. We left it all a little late but we'll blame the fact that our bums were sat in front of the Olympic cover-

age during this time. Aussie Aussie Aussie Oi(you know the rest)

At the briefing reiterate the scoring system. A few novice teams thought you received face value. Imagine going out of your way to get Control 19 and finding out later that it was only worth 10 points, not nearly 20. It appears we didn't have this information anywhere in the notes.

Our aim on the day was to make registration quick and of little significance to the competitors. I think we achieved this but at a cost. In our haste to keep the lines moving we didn't check the Indemnity Forms closely enough. Quite a few teams failed to enter their car registration number. This may seem a trivial point. It isn't! At 1:30 am a team still hadn't returned to the Hash House. Were they still out there? Had they returned and left the site without telling us? We couldn't be sure as they were one of the teams omitting their car rego number. Fortunately they arrived safely just after 2:00 am. It appears they also had a mobile phone but couldn't find the Hash House number on the control descriptions. Maybe we type it BIGGER next time.

Mail out the control cards. Due to some course setting problem the control card

was not ready to accompany the mail-out. This was an added and unneeded complexity at registration. I'm not being critical of the setting team. I believe they were discussing the suitability of one control site and whether to drop it. We should have just printed the card with the extra control box anyway. It would have had no impact on competitors.

Online entry is gaining popularity and should be developed even more. I believe the majority of entries should arrive via this method, directly into the event database. Why should another party try to read your handwriting and then key in the data (often making their own mistakes) when you could key it in yourself. This may take some time to develop but I understand Stephen Castle is already starting to look at online Membership. This would really make administration a breeze.

And finally. Never ever let Robert Preston Snr near the megaphone/siren. With five minutes to go in the six hour event I asked him to get ready to set it off at the appropriate time. He immediately picked it up and inadvertently bumped the siren button and then couldn't turn it off. This caused panic

(Continued on page 6)

TEA AND DAMPER

Having coordinated the catering side of two previous Rogaines, I was enthusiastic to help out with the more leisurely activity of providing tea and damper at the 50 pointer checkpoint, positioned up high on the Monkey face lookout. As with all Lake Macquarie Rogaines, the tea and damper was there to assist competitors in both the 6 and 12 hour events. It also acted as a mid-event challenge, why carry extra food and water on the course when people can provide it for you half way round? You just have to get to it somewhere within a 6 hour period.

The tea and damper worked well, with approximately 33 teams passing through. (A few teams claimed they went there, however were so full from the T+D they forgot to punch the control card....) Surprisingly on the hot day tea and coffee were in high demand, but so was the drinking water and at times when the water was low, hot water from the kettle was used to melt the remain-

ing ice! The most pleasurable time was on dusk when a few teams quietly spent a good half-hour with us, relaxing from the heat of the day that had just been, and enjoying the plentiful damper and golden syrup.

Oh, and to get volunteers to help run the checkpoint? Well, after a bit of ringing round, I resorted to my always eager, but un-Rogained, parents. However, they have not yet comprehended why people do this sport. "Endless suffering", I've heard them mention in previous years, "you're mad" at other times. This is offset by their ability to drive down from Townsville, just so that they can see their long, lost son for a weekend. (Hmmm, why did I leave home? - they can always track me down). Considering this, the family unit worked well after all these years, nothing much had changed. Mum running the "kitchen" side of things, me at the other end of the kitchen so that I couldn't do much wrong, and the father quietly

fixed a broken car headlight underneath a tree when things were not too hectic. Much support was also provided by Margaret, an experienced Rogaine helper and Louis and Phoebe, excellent under-10 tea and damper makers.

A quick limerick might be best to summarize the recent once-a-year encounter with the parents, apologies to all rogainers who may not like being part of a "mob"!

*A young rogainer named Rob,
fed damper and tea to a mob,
his parents were there,
and nearly drove him spare
however, he's grateful they did a great
job.*

Rob Smalley

Lake Macquarie Rogaine 7 October 2000

12 Hour Results

Team	Members	Score	Time	Overall	M	W	X	MV	WV	XV	F
75	Robert A Preston, Andrew Hill	780	11:22	1	1						
72	Matthew Ross, Matthew Webster	680	11:56	2	2						
91	Jeremy Welbourne, Relene Fenrich	590	11:56	3			1				
43	Andrew Haigh, Nicole Haigh	580	11:55	4			2				
54	Adrian Keough, Fleur Keough	570	10:27	5			3				
53	Brendan Berghout, Stephen Fityus	570	11:26	6	3						
37	Ian Brown, Cale Brown	570	11:46	7	4						1
10	Glen Peters, Debbie Stuart	560	11:54	8			4				
52	Peter Gordon, Alan Garde	550	11:53	9	5						
79	Julian Ledger, Phil Holman	540	11:53	10	6						
81	Jordon Lefmann, Martin Lefmann	510	11:43	11	7						
21	Peter Dunn, Steve Bellamy, Gary Ferris	490	11:50	12	8						
25	Trevor Gollan, Geoff Bailey	480	11:56	13	9			1			
30	Adam Hunter, Simon Rowe, Joanna Minica	460	11:32	14			5				
71	Rod Tracey, Robert Kimbrey	450	11:40	15	10			2			
57	Sue Clarke, Walter Kelemen	440	11:54	16			6			1	
76	John Barnes, Rohan Prouse	440	11:57	17	11						
87	Simon Webber, Alica Breasley, Jane Mulhern	430	10:41	18			7				
89	Marilyn Ferris, Lesley Taylor	410	10:33	19		1			1		
18	Neil Chappell, David Lilley, Michael Lilley	390	8:07	20	12						
70	James Johnson, Sabina Smith, Stuart Robinson	390	11:51	21			8				
6	Harry Goyen, Sari Lewis, Julie Cox	380	10:01	22			9			2	
62	Peter Coventry, Chris McCallum	370	10:25	23	13						
33	Ian Almond, Matthew Almond, Peter Almond	370	11:00	24	14						2
67	Mike Hotchkis, Debbie Hotchkis	360	9:07	25			10			3	
48	John Keats, Jennifer Borrell	360	11:46	26			11			4	
13	David Ireland, Raymond Hand	330	10:29	27	15			3			
17	Matthew Woodward, John Woodward	330	11:13	28	16						3
26	Damien McNamara, Darren Smith	330	11:56	29	17						
15	John Havranek, Melissa Havranek	320	10:29	30			12				
36	Paul Stein, Debbie Stein, Andrew Zuchetti, Shane Messer	300 Lost Card	10:42	31			13				
64	Annette Dowd, Keith Porter	290 Lost Card	10:50	32			14				
93	Dom Isberg, Wendy Scott, Bert van Netten	280	12:07	33			15			5	
44	Anthony Hunt, Justin Hunt	270	9:00	34	18						4
66	George Collins, Elodie Collins	270	9:29	35			16				5
32	Robert Montgomery, Pam Montgomery	270	9:31	36			17			5	
20	Malcolm Hughes, Andy Cairns	270	9:59	37	19			4			
68	Anna Clarke, Andrew Bovis	270	11:50	38			18				
24	Kevin Lloyd, Terry Buckett	270	11:55	39			19			6	
5	Alice Owen, Derek Waters	260	11:26	40			20				
61	Robert Bradley, Anne Banahm	240	5:58	41			21				
63	Simon Shaw, Michael Cohen	240	5:58	42	20						
45	Leisa Ridges, Barbara Meyer	230	11:18	43		2					
73	Peter Yager, Warren Keen	180	11:46	44	21						
88	Roland Knobloch, Elliot Cohen	90	7:18	45	22						
9	Rudi Landsiedel, Doug McCubben, Ken Bunnnett	80	3:57	46	23			5			
12	Dom Isberg, Wendy Scott, Bert van Netten, Di van Netten (injured) Reformed as Team 93	10	1:10	47			22			7	
86	Sacha Zenkowski, Nick Zenkowski	LATE	2:10(am)								
46	Naomi Goosen, Kath Lenehan, Grace Woodbury	Retired	?								

Lake Macquarie Rogaine 7 October 2000

6 Hour Results

Team	Members	Points	Time	O	M	W	X	MV	WV	XV	J	F
40	Arthur Kingsland, Michael Burton	530	5:57	1	1							
27	Andrew Smith, Angela Hordicek	390	5:57	2			1					
74	Peter Preston, Julian Dent	380	5:40	3	2						1	
50	Bronwyn Lawton, Paul Batten	350	5:53	4			2					
47	Peter McConaghy, Wendy McConaghy	340	5:50	5			3					
22	Anne Newman, Merv English	340	5:56	6			4			1		
60	Roderick Smith, Max Clayton	330	5:49	7	3							
31	Nihal Danis, Richard Sage, Paula Clarke, Richard Labrum	310	5:42	8			5			1		
7	Richard Smyth, Maggie Hart	310	5:58	9			6			2		
3	John Spencer, Keith Lawton	300	5:49	10	4							
92	John Bowles, Chris Fenrich	300	5:56	11	5							
51	Robert Casimir, Melissa Casimir, Rob Parbery	290	5:22	12			7					
11	Bruce Farnham, Sarah Farnham	290	5:57	13			8					1
39	Ceejay Haymen, Geoff Walker	260	5:54	14			9					
41	Alan Scott, Peter Russell, Jason Russell, Linda Vincent	240	5:30	15			10					
77	Mike Henderson, Claire Doherty	240	6:00	16			11					
38	K Hefftner, L J Weiss	240	6:02	17			12			3		
78	Lynda Paju, Danny O'Connell, Peter Figiel	220	5:56	18			13					
80	David Stuckey, Peter Good David Jenkins	210	5:44	19	6							
8	Melissa Grant, Tom Thomas, Penny Field, Suzy Field, Geoff Ritchie	200	5:28	20			14					
42	Peter Morris, Julie Ross	200	5:52	21			15					
59	Graeme McLeod, Pat Burley	200	5:56	22	7							
34	Keith Brama, Susan Beck Marea England, Drew Collins	190	5:54	23			16					
23	Mick Friel, Patricia McGettighan, Eric Smith	180	5:51	24			17			4		
29	Trent Lee, Leanne Sandell	170	5:59	25			18					
14	Jane Brennan, Luke Brennan, Max Tong, Daniela Pelz, Andreja Rusjakovski	160	5:47	26			19					
83	Sue Mahony, Clare Turner	160	6:00	27		1						
28	Maureen Cavill, Kathleen Cavill, Denise Green	150	5:46	28		2						
82	Mark Wright, Lisa Lampe	130	3:44	29			20			5		
65	Ronnie Chow, Michelle Blyth	130	5:46	30		3						
55	Stuart Almond, Alison Almond, Cindy Ryan	80	5:59	31			21					
58	Judy Greenwood, Vincent Hand, Shae Greenwood	70	6:07	32			22					2
90	Ben Tsang, Andreas Krecht, Silke Pottharst	50	6:07	33			23					
16	David Brooks, Naomi Brooks	20	2:00	34			24					3
4	Paul Corcoran, Andrew Batten	20	6:16	35	8							

Lake Macquarie Rogaine 7 October 2000

EXOTIC CLIMES INDEED (CONT)

(Continued from page 1)

that we might yet make T&D – only to fall again as we became confused in a tangle of roads and locked gates. We exchanged info with another team, re-oriented ourselves and moved north (along the *west* side of a dam! Note that, whoever marked the map!). We were then confronted by a Beast – about 2 m tall complete with glowing white eyes and a sheet, making the sound of – a sneezing horse?! (I've not yet worked out what it is about people studying maps by light of head torches, but animals seem to find this a fascinating concept and often (*silently*) move toward you for a closer inspection. It was curious cows at Jerangle last year.)

We were able to follow the small bridle track NE along the creek for a few hundred metres – before we lost it. A hopeless sinking feeling came over us as we were forced to face the fact that we wouldn't make it to T&D! The

prime reason for doing the Lake Macq! We continued along the creek before we decided our best option was to go east (rather than risk thicker vegetation to the north). And east meant Up – Straight Up and lots of it. On slippery leaf litter. On rock faces. Like I said, its just as well we couldn't see what we were trying to do! Of course, a drawback of climbing up and falling down again is that you drop things – such as control cards. The nightmare of all rogainers, the DNF, loomed large and ominous! We arrived early back to the hash house (10:45) but despite that we felt more exhausted than on any previous rogaine.

What did our little group of six AC-TRAites get from our time in Lake Macquarie? Keith had more than his fair share of ticks and I had a few hundred mozzie bites plus plenty of scratches and bruises from lawyer vine and falling off rocks. Simon Shaw re-

ceived a ghastly burn on his arm from merely brushing against a tree and his partner Michael Cohen displayed and awe inspiring bruise after being dumped at the beach on Sunday. We also enjoyed (at a distance, knowing our luck (!)) a snake show starring yet more friendly locals... exotic climes indeed!

No, we didn't get our medal, not even for 'Most Classic Rogaining Blunders'! To add insult to injury, a fellow AC-TRA team with not that many points did receive a medal! What we *did* get was some great food (featuring fantastic satay vegetables), amusing tales of the dangerous central coast environment, and a challenge for next year!

Annette Dowd

RUNNING A DIFFERENT RACE - EVENT ADMINISTRATION (CONT)

(Continued from page 3)

amongst the teams streaming across the paddock with most breaking into a sprint. An embarrassed Robert was given the chance to redeem himself a few minutes later at the correct time.

Thanks to (I know there are a few others I've missed)

Co-Ordination: Rob Vincent; Setting: Rob Vincent, Shane Hanson & Wil de Sain; Admin: Margaret & Geoff Peel, Peter Charlton, Maureen Fitzpatrick,

Robert & Julia Preston, Arthur Kingsland; Tea and Damper: Rob Smalley and his parents; Hash House: NSW Junior Orienteering Squad (and their parents that helped a little bit); Pack-Up: Rob & Geoff Vincent, Rob Smalley, Julian Ledger, Phil Holman, John Barnes, Rohan Prowse, Margaret & Geoff Peel.

P.S. The young lady that suffered heat stroke and spent the night in hospital as a precaution, telephoned on Monday

night to say she was OK and to thank all those that had offered assistance. Even though it was her team's first event they will probably be back to give it another go!

Geoff Peel

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DON'T GET OFF THE BEATEN TRACK

Services

Surveying: Control surveys for natural resource and construction projects, Global Positioning System surveys and services. Project management, geodetic and mapping control surveys as well as survey control information.

Graphics: Design, planning, layout and proofing, electronic publishing (MacIntosh and IBM), image scanning, camera contacts, dyelines, printing, bookbinding, planmounting and framing services are all provided for in-house and contract work.

Scanning and Digitising: collection of digital information from source data. Production of working copies from original documents. Data conversion and reformatting.

Aerial Photography: State-wide Photographic coverage, photomosaics and special purpose aerial photography and digital imagery.

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Image Processing: Digital image processing analysis, Landsat sales.

Information Systems: Advisory services in information management and systems development



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Application for Membership or Renewal of Membership

I/We the undersigned, who live at the address given below, hereby apply to become members / renew membership of the above named incorporated association. In the event of my/our admission as members I/we agree to be bound by the rules of the association for the time being in force.

Full Name	Date of Birth	Fee (\$)	Renew (Y/N)	Signature

My/Our address (for delivery of one copy of each newsletter) is:

Name:

Address:

Town: Postcode:

E-mail:

Phone: (home) (work) (fax)

The fee per annum is \$12 for the first person on this form and \$3 for each additional person. The maximum fee for a family is \$15. The membership year starts on 1st January. A family is defined as one or two adults plus any number of dependant children each of who looks to one or both of the adults as a parent and who all live at the same address.

Please send this form together with a cheque payable to "NSW Rogaining Association" to:
Membership Secretary NSWRA, PO Box 584, Chatswood NSW 2057

GUNDY WAS GREAT

Congratulations to everyone who took part in the YHA 2000 Australian Rogaining Championships at Gundy near Scone on the weekend of July 15/16. With 400 entrants it was easily the biggest 24 hour rogaine held in NSW. As it was the national championships it was the responsibility of NSWRA to put on a good event and we came up trumps. Feedback from competitors afterwards was universally very positive.

Congratulations to Mike Hotchkis and Paul Vincent our local heroes who saw off all the competition and took out the big one. First place with 2900 points. Mike's strengthening performances at the national and international level plus a strong Sydney marathon formed part of his build up. The Blue Mountains troica, this year's Paddy Pallin organisers, of Ian Brown, Tony Garbellini and Geoff Luscombe came a solid 10th and, such was the depth of the veterans comp, 8th in that category. Andrew and Nicole Haigh were not far behind at 13th overall and a very creditable 4th mixed. Great work. Next at 14th were President Sue Clark and experienced campaigner and many time course setter Trevor Gollan who were 3rd in the mixed veterans. Andy and Chris Mein were 16th then both with 2000 points in 19th and 20th place respectively were John Barnes, David Dewar and Andrew Perry followed by George Collins and Maurice Ripley. Through the efforts of these and others NSWRA came second in the interstate competition after Victoria.

One of the most memorable things about the event was the success of the veterans and also super veterans teams. This must be a challenge to all you younger folk out there. How many sports are there where people peak at >40 years ???!

Why was the event such a success?

- Graeme Cooper invested two years in selecting a location, negotiating with landowners and then setting the course always supported by his wife Vicky. The course was reckoned by more than one experienced rogainer to be the best they had encountered. The map, the first NSW event to be

drawn using OCAD from Land Information Centre data. There was masses of route choice, navigation for all abilities and no shortage of physical challenge in the size of the hills. Certainly the scenery was outstanding and for interstaters there was little of the dreaded thick bush they had encountered on previous visits to NSW nearer Sydney.

- The Hash House was at the Gundy oval, a charming spot by the Pages river but within a few minutes walk of both shop and pub. Due to its location at the SW edge of the map Graeme conceived of not one but

day night saw a very heavy frost and breaking out of our tents in the morning we worried about encouraging competitors to take enough clothes to deal with all eventualities. As it was the afternoon was perfect and the night less cold than the one before. A dry rogaine makes a big difference especially when it's a 24 hour.

- The controls were judged well set and thanks go to Graeme, Charlie Thompson, Russell Swanson and Barry Brandon for all their setting work along with vetters Tony Maloney and Peter Watterson. Tony was pleased that the effort put into judging the right size for the course paid off. Only control 75 came in for some flack as being a little out of line.

- The overall organisation was great. Coordinator Richard Sage put in heaps and no detail was left to chance. Numbers kept growing – hire another Hash House tent, another bus, more T-shirts. Another first – the event was the first in Australia with entries online. Thanks to newsletter editors Stephen and Rhonda. The way of the future. Admin went smoothly thanks to all the preparation of Alan Mansfield and Sonia Kupina plus the efforts of Tony Maloney, Neil Chappell and others.

PS – notice how many of the people who do well in rogaines have been course setters or vetters. Interested in having a go in 2001 or 2002? – contact Mike Hotchkis – see committee for details.

And finally, the landowner of the main property on which the event was held was broadcaster and journalist Phillip Adams (who it subsequently turns out was fighting for his job at the ABC at the time). As well as providing some great comments at the awards ceremony Phillip has subsequently given rogaining great exposure on his ABC radio show and his column in the Weekend Australian – see the rogaine website for full text.

Julian Ledger

Upside Down Rogaine 25th November 2000

*Inspired by the Olympic spirit?
(In danger of) becoming a couch potato?
Get out there and live your dreams!*

What other sport provides:

- opportunity to start at the same time as the winner but finish before them
- lead experienced competitors (off the map!)
- excel as a veteran
- eat as much as you want during and after the event
- participate first, compete second
- novices and elite athletes, same time, same place

two all night cafes on the other side of the course. This initiative encouraged an unprecedented number of teams to commit themselves to making a night of it and stay out. Through the evening the café at control 38 in the farm yards was busier than the main hash house and the guys (Charlie, Russell, Barry and Matthew) did a great job despite limited equipment. Further north at Springvale yards thanks to David, Vaughan and John. Mike H put his success down to two good hot feeds at regular mealtimes at these two on course points. Back at the main Hash House Narelle Clayton, Vicki Cooper and team kept the food coming and the green curry was just outstanding – give us the recipe Vicki.

- The weather was fantastic. The Fri-