

NEW SOUTH WALES

# ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 92

July 2002

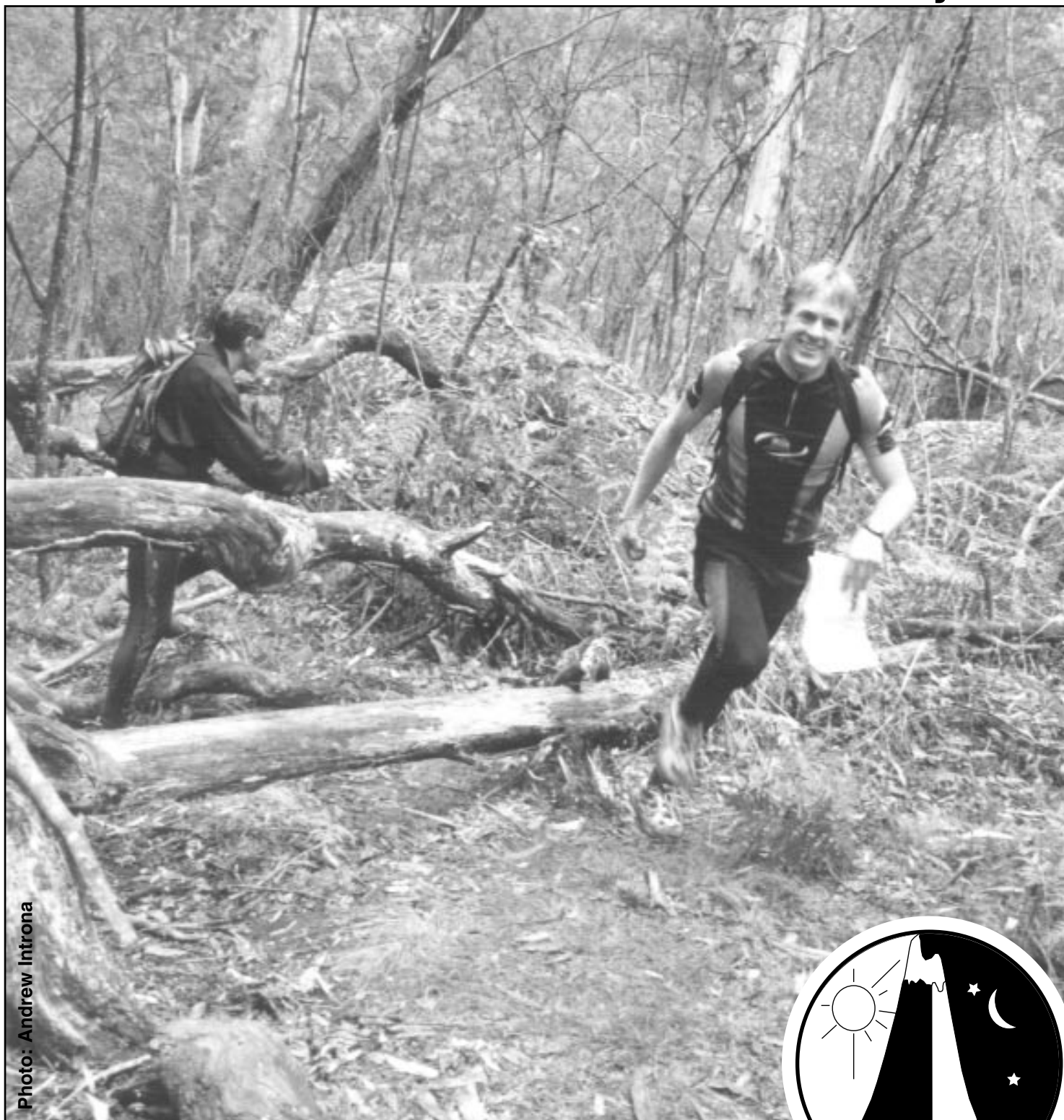


Photo: Andrew Introna



[www.nswrogaining.org](http://www.nswrogaining.org)

# 2002 / 2003 New South Wales & ACT Rogaines

	Date	Event	Location	Contact
<b>NSW</b>	24th August	6 / 12 Hour	Lake Macquarie	Harry Goyen (02) 4973 3012
	8th September	Cyclegaine	40 min. west of Canberra	(02) 6251 6908
<b>NSW</b>	19-20th October	NSW Champs 12/24 Hour	Nowendoc	Graeme Cooper (02) 6772 3584
	16-17th November	ACT Champs 6/12/24 Hour	ACT	(02) 6251 6908
<b>NSW</b>	24th November	Socialgaine 6 Hour	North Shore	Ian McKenzie (02) 9439 7804
<b>NSW</b>	23rd February	Metrogaine	Cook's River	Nihal Danis (02) 9564 2126
	23 or 30th March (date to be confirmed)	Paddy Pallin 6 hour	ACT	(02) 6251 6908
<b>NSW</b>	April (date to be confirmed)	24 hour	TBA	<b>ORGANISER REQUIRED</b>
	May (date to be confirmed)	ACT Champs 8/24 Hour	ACT	(02) 6251 6908
<b>NSW</b>	15th June	Paddy Pallin Winter 6hr	TBA	<b>COURSE-SETTER REQUIRED</b>
<b>NSW</b>	July (date to be confirmed)	NavShield'03	TBA	Organised independently by Bushwalkers Wilderness Rescue

## Rogaining in other States

Date	State	Event	Location	Contact
20-21st July	South Australia	24hr Champs	TBA	(08) 8271 2712
3rd August	Victoria	Snogaine	TBA	(03) 9438 6626
24th August	Victoria	8hr	TBA	(03) 9438 6626
24-25th August	Western Australia	24hr Champs	TBA	(08) 9342 9213

**Tasmania is hosting the 2003 Australian Champs on the 18-19th January**

# President's Piece :

The 39th Paddy Pallin Rogaine, held in good weather on 16th June, was a spectacular event. The Hash House location must be up there with the best. With towering cliff lines above, and a large turnout of participants, the start was truly a sight. Andy Mein's coordination and the administration team ran a terrific event. "So what!" you say, that's what we've come to expect. What wasn't expected was a seriously overdue team. As the post event results and awards proceeded, it became apparent that one of the teams had failed to return. Read David and Amanda Burdett's own account later in this newsletter, and Andy also gives a Coordinators rundown of events. I'd like to make the following comments:

David and Amanda are not the first Rogainers to be very late back, and won't be the last. Comment will be made about their navigational skills, and no doubt they feel suitably chastened by their experience. However, having made what appear to be fundamental navigational errors, they also showed strong self-preservation instincts, and acquitted themselves well in the end with a successful self-rescue. They stayed calm, had adequate clothing and found shelter for the night. This was however; the first time Police assistance has been requested in a search for Rogainers.

For event organisers, the identification of a late team initiated procedures outlined in the Event Safety Plan, the implementation of a search and eventual contact with the Police and the commencement of a formal search. The outcome, as we know was the best possible. It will be reassuring to Rogainers that the organisers, and those who stayed behind to help, acquitted themselves in a highly commendable way. There was little that, on reflection, we would have liked to have done differently. The Police and SES also provided timely and competent search resources for which they are thanked.

So what should we be taking forward from this? At debriefings undertaken after the PP event, a range of initiatives were proposed to improve our events and the preparedness of both competitors and organisers, including:

- ♦ *A review of the information provided to competitors prior to the event. Given the generally frantic preparation required by most teams on the day of the event and the number of competitors who do not attend the Pre-Event Briefing, the current thought is that the information should be contained in the Final Instructions, sent out in the week before the event. More detailed information could be included on factors such as climate/weather, clothing, water supply, terrain types, hazards and degree of difficulty, possibly indicating areas recommend/not recommended for novices (difficult without reference to a map). The purpose of providing this information well before the event is to allow competitors adequate time to absorb and make suitable preparations before the event.*

(..... continued on page 4)

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## Inserts:

- Lake Macquarie entry form
- NSW Champs entry form

Are they talking about rogaining?

“

*It is never too late to become what you might have been.*

- George Eliot

”

## 'Lake Macquarie':

Event name: **'Wot-a-gaine' Annual Lake Macquarie**  
Date: **24th August**  
Location: **Watagans**  
Event length: **6 or 12 hours**

The Lake Macquarie Rogaine is in its 11th year. An institution on the New South Wales calendar. This year's event is being held in the historical Watagans, with its beautiful rainforest creeks, situated on the west side of the largest coastal salt water lake in Australia - Lake Macquarie. The Watagans are crisscrossed with the legacy of the early 'timbergetters' in the form of their old roads, an old mill site here and there, and you can still see how they cut railway sleepers and posts. The forest has its fair share of beautiful flora and fauna. Lyre birds can be seen in all parts (sit quietly a while and enjoy their song). You will no doubt see a Wallaby or two, and you may if you're very lucky spot a quoll. The creeks have many small rock pools surrounded with moss covered walls. Birds Nest ferns feature in many trees and rockeries, as do many orchids and colourful fungi. Of course there are some nasties! - Lawyer Vine and leeches - although the forest makes up for those ten-fold. Looking forward to see you all there!

*Harry Goyen*



## 'NSW Champs':

Event name: **2002 NSW Rogaining Championships**  
Date: **19-20th October**  
Location: **Nowendoc**  
Event length: **24 hours (with a 12 hour option)**

The NSW Championships will be held this year at Nowendoc, on the Great Dividing Range north of Newcastle. Access is easy with a sealed main road taking you to within 300m of the sheltered camping area and Hash House. The course covers an area that includes open grazing land, eucalypt forest and dense high elevation rain forest. Many of the vegetation boundaries and man made features have changed drastically since 1972 when the map, a standard 1:25000 topo with 10m contour interval was compiled. But never fear, with the aid of modern technology and many happy days walking around the area we will present you with a map with the open land, roads and other man made features shown to a quite high degree of accuracy. There will also be an indication of where the "difficult" patches of vegetation lie. Combine all this with a thoughtfully set course, a first class Hash House and this should be an event which truly caters for both the novice and the skilled rogainer.

*Graeme Cooper*



Presidents Piece: ... continued from page 2

- ♦ *Display at the Hash House of a 'Course in Context' map which locates the course in its surrounding lands and clarifies hazards and safety routes adjacent to, but off the course.*
- ♦ *Expansion of the minimal gear list including: eg. matches and a torch for winter events.*
- ♦ *Further development of a template Safety Plan, for completion by each event administration team, for submission to the Association Event Manager prior to the event.*
- ♦ *Review of the use of pre-event intention sheets, intention boards and, on larger events such as the PP, staffed controls.*
- ♦ *The need for adequate communications out of the event site.*
- ♦ *A review of the use of portable radio communication systems.*
- ♦ *Development of a phone-tree of experienced Rogainers who could be called upon to assist in a search.*
- ♦ *Development of the contents of a proposed 'Search Box', containing items likely to be required in the event a search is required eg. Batteries, portable first aid kits*

It was good to see the NSWRA Discussion Board on the website being used as a forum after the event. A number of suggestions worthy of further discussion were raised, including:

- ♦ *A novice advice sheet including a route planner or 'speed guide' (giving realistic rates of travel achievable).*
- ♦ *An emergency advice sheet for teams who do get into difficulty or confused, with basic navigation described, as well as advice on what to do if you do get lost etc.*
- ♦ *Provision of a novice information guide such as the VRA has prepared (and is currently updating) upon joining the NSWRA, and perhaps upon request by any event entrant.*

The 39th Paddy Pallin was both a highly successful event and a milestone for the Association. We should take this opportunity to improve our preparedness, procedures and distribution of information for events. If you have comments or suggestions, please contribute through these pages, contact a Committee member directly or attend a committee meeting.

*Richard Sage*

# 2002 Committee

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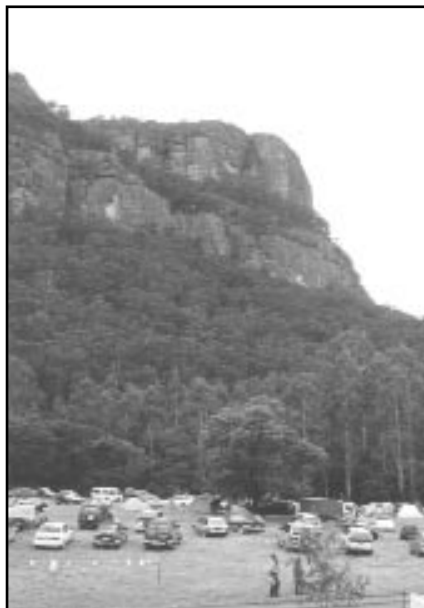
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**4** Additional Members: Nihal Danis & Bronwyn Lawton



# The 'Paddy Pallin' in Review:

It has been a month since this years Paddy Pallin sponsored Winter 6 hour event. After six months preparing for the event, I am pleased with the success of the weekend. Judging by the feedback we have received, many of you also enjoyed the day.



The spectacular views that surrounded the Hash House.

Photo: Andrew Introna

Having lost our first site to the January bushfires, our thoughts turned to Newnes. While the location had many 'cons', the 'pros' eventually won out. I had always been fascinated by the area from my first visit years ago. The image on the NPWS Information Board of the industrial wasteland of sixty to ninety years ago in comparison to the Newnes of today always astounded me. The social history also intrigued me. Seeing pictures of the township, the industry, the railway and the people involved, all those years ago, immortalised in black and white images, in the very place that only now shows minimal evidence of what once existed, was something I wanted to share as part of this years event.

History aside, the area boasted some of the most spectacular scenery of the western Blue Mountains. It also provided a superb Hash-house site, with ample space for all our requirements (a fact that many of you noted in your feedback). Aware that Newnes was somewhat too far from Sydney, in the end the opportunity was too great to pass up. So we began setting the course.

In the hot months of February and March we walked the area to get a feel for the terrain and bushland. Unsure at that early stage of how we were going to create a suitable course, we started on the valley areas only. We had wanted to make a feature of the ruins area, unfortunately although understandably, this was restricted by NPWS. Aware that for an event involving the number of

participants expected, we should endeavor to spread the impact across the entire course. The course by early April achieved this by using the upstream and downstream valleys of the Wolgan River, the valley of Little Capertee Creek, and the spectacular forested Petries Gully, all of which centred on the old township of Newnes. Unfortunately the course lacked any obvious flow in terms of route choices. We began to consider including areas above the northern clifflines. Access was an issue, so we did some exploratory walks and discovered some suitable passes. While admittedly hard going, something all of you who ventured up there now know, the views offered by the elevation in all directions were worth the effort. With the upper area included, including those on the Pipeline Track, the course was near to complete.

Concerned that the upper areas of the course were beyond the novice and the less experienced rogainers, we considered how we would manage the area. We decided upon having staffed checkpoints at points above three of the four passes. These would allow us to keep a close eye on the comings and goings of the participants who ventured up there. Each of the 'Pass Control Teams' was to record ascents and descents through their pass, and intended checkpoints and intended descent passes, of all teams passing through. With all the Control Teams in radio contact we would be able to be aware throughout the event of the whereabouts of all teams who had chosen to venture upward. Each Control Team was also to carry First Aid kits and additional equipment so they could assist any participants if required. We wrote up our course-setters notes to ensure all participants were aware of what to expect of the passes. Further to the staffed points, we prepared intention maps covering the entire course, and stressed the importance of the document on numerous occasions prior to and at the event. (Interestingly 12% of teams did not return them prior to the event start. Thankfully they did not become geographically challenged themselves and need assistance.) With these measures in place, the course was complete.



Checkpoint 55 at the Old Newnes Hotel.

Photo: Andrew Introna

One disappointment was that the map for the area was 30 years old. Discussions with Land and Property Information (the NSW Government mapping agency) informed us that that next edition of maps was some two

years off production. Regrettably we had to work with what we had, so we endeavored to make what amendments we could to the existing maps. Not being cartographers we were still pleased with how the map turned out.

Belinda Pope, in between mothering two young sons, had taken on the task of being Event Administrator, processing the enormous numbers of entries. By the long weekend prior to the event weekend all was in place and the entry quota had been filled (much to the disappointment of over 50 late entrants).

To see the first participants arriving on the Saturday afternoon was exciting. 1st Waitara Scouts, having once again accepted the challenge to cater the event, arrived in convoy shortly after the first rogainers, with everything including the kitchen sink. By sundown a fair number of participants had arrived, and the queue formed for registrations at the admin tent on the hill. Dinner around the campfire, and the eventual quieting of the campsite signalled that the day we had been preparing for for many months was only hours away.



The category winners - all smiles and trophies.

Photo: Andrew Introna

Woken by a car alarm before dawn, we prepared ourselves for the onslaught of registrations and eager rogainers receiving their maps and course notes. This is the part I enjoy as you can feel the excited buzz in the air. By 8am the majority of participants were huddled over their maps. The briefings got underway (It still amazes me how many people are not present at the briefings missing important details on the event and the course). At 9am the hooter sounded and by 9.05 only the event staff remained.

amazing how those six hours travelled so fast. The first teams seemed to return only an hour after leaving, except they had a half exhausted half delighted grin on their sweaty faces. Now that is satisfying to see.

By the conclusion of the event at 3pm all teams had returned, except two. A quick radio check with the Control Teams still on course informed that one team was slowly descending Pass 1 back to the Hash-House. Team 73 was not accounted for.

We began the presentations shortly after 3.30pm with a number of quality products from the event sponsors, Paddy Pallin, Black Diamond, and Ultimate, drawn from a lucky dip of all the participants names. Only those present would receive their prizes, so we had to redraw a few times. Still no sign of Team 73, and no one in the crowd responded to our requests for details of their whereabouts. The results were complete by 3.45pm and the category prize and trophy presentations began thereafter. Understandably with a long drive back to Sydney, the majority of participants had left by 4pm.

Still no sign of Team 73. Their Intention sheet and Indemnity form (with all their personal details including car rego) were retrieved. Following the mass exodus of vehicles, the discovery of Team 73's vehicle was made easier. Once we confirmed it was their vehicle we could be certain that they had not simply returned home without informing us (it does regrettably happen). Their intention sheet indicated a route up Pass 1, towards CP 101, and finished there. By 5.45pm, after dark, three teams of two experienced rogainers (including Andrew and myself) were assembled and began to search the entire upper area of the course. Repeatedly blowing whistles and calling their names to no avail, we returned wearily to base before midnight. While the teams were searching, others were informing the Police at Lithgow and Team 73's family of the situation. At first light we recommenced the search, this time with the daylight, in more detail. The Emergency Services arrived at the campsite shortly thereafter. A Polair helicopter was dispatched from Sydney to assist arriving around 10am. The combined search by the rogaing teams and Polair failed to locate the missing team. Thankfully around 11am a call was received that Team 73 had walked out under their own steam in good health and spirits, near the township of Glen Davis, north of the course area. Once the good news was received and relayed via the radios to the searchers and other involved parties, an overwhelming sense of relieved joy bought huge smiles to everyone's faces.



Thanks to 1st Waitara Scouts for their excellent crew on the HH.

Photo: Andrew Introna

# Results



Team	39th Paddy Pallin Winter 6hr Event	Score	Time	Overall	Men	Women	Mixed	Veteran	M - Vets	W - Vets	X - Vets	S - Vets	Junior	Family
8	Ian Cameron, David Lyle	1880	14.4	1	1			1	1					
227	Trevor Jacobs, Adrian Sheppard	1780	15.1	2	2									
183	Andrew Haigh, Nicole Haigh	1740	14.6	3			1							
159	Paul Batten, Bronwyn Lawton	1730	14.5	4			2							
126	Keith Conley, Felix Schill, David Wilson	1700	14.6	5	3									
112	Bruce Fenton, Conny Gissel, Paul Knight	1640	14.5	6			3							
188	Marck Norret, Andrew Scott	1630	14.5	7	4									
212	Ian Brown, Tony Garbellini	1630	15	8	5			2	2					
93	Peter Dubbelaar, David Moore, Ross Pointer	1610	14.5	9	6									
193	Benjamin Schulz, Michelle Scott	1600	14.6	10			4							
181	Christine Curtin, Gordon Wilson	1560	14.5	11			5							
30	Ross Barr, Ron Junghans	1560	14.6	12	7			3	3			1		
19	Mark Andre Bridges, Danny Hirschfield	1510	14.5	13	8									
155	Alex Debono, Ben Kong, Siobhan Toohill	1490	14.6	14			6							
55	Bert, Dianne, Jamie and Kim van Netten	1480	14.6	15			7							1
211	Peter Davies, Geoff Luscombe	1470	14.6	16	9									
231	Jason Beechcroft, Alison Curtin	1420	14.6	17			8							
91	Bruce Cook, Wil de Sain	1400	14.5	18	10			4	4					
226	David Langley, Jeremy Turner	1400	14.5	19	11									
143	David Green, Graeme Hill	1390	15	20	12									
29	Martin Liiv, Rob Paterson, John Siccardi	1330	14.6	21	13			5	5					
209	Peter Day, Phil Gibbs, Keith McReynolds	1320	14.4	22	14									
83	Stephen Deppeler, Damien Johnson, Tim Pope, Darren Smith	1310	14.5	23	15									
88	Lynda Filmer, David Fisher	1310	14.6	24			9							
241	Paul Ettema, Carolyn Haupt	1300	14.5	25			10							
34	Ian Dempsey, Robert Lewin, Wendy Scott	1300	14.6	26			11	6			1			
109	Graeme Cuthbert, Jacqui Matthews, Jost Preis	1280	14.5	27			12							
16	Chris Crowie, Georg Hauswirth, John Holland	1280	14.6	28	16									
233	Tracy Bluett, Tim Holden, Sue Mahony, Paul Marsh	1270	14.6	29			13							
61	Peter Booth, Glenn Schwarzel, Mark Schwarzel	1260	14.6	30	17			7	6					
221	Yale Carden, Sean Cormack	1250	14.5	31	18									
64	Graeme Dawson, Dave Ross	1250	14.6	32	19									
177	Aaron Hawkins, Stephen Thompson	1240	14.4	33	20									
106	Paul Darvodelsky, Jana Mikusova	1240	14.5	34			14							
130	Wayne Davis, Leslie Reddall	1240	14.6	35	21			8	7					
9	Helena Smith, Peter Worrall	1240	14.6	36			15							
244	Geta Blind, Tomas Tyc	1240	14.6	37			16							
15	Graham Payn, Steve Smith	1220	14.5	38	22			9	8					
58	Andy Cairns, Malcolm Hughes	1210	14.4	39	23			10	9			2		
85	Andrew Lumsden, David Noble	1210	14.5	40	24			11	10					
170	Andrew Bishop, Sarah Bruce	1210	14.6	41			17							
136	Gail Finlayson, Scott Finlayson, Mark Powell	1210	14.6	42			18							
89	Anthony Mitchell, Martin Parmenter, Julian Thompson	1210	14.6	43	25									
48	Peter McConaghy, Wendy McConaghy	1210	14.6	44			19							
229	Craig Murphy, Alastair Stevens	1190	14.5	45	26									
33	Anne Newman, Lynne Trappel	1180	14.5	46		1		12		1				
27	John Anderson, David Dash, Peter Tamsett	1180	14.6	47	27			13	11					
49	Sue Clarke, Nihal Danis, Walter Kelemen	1180	15.1	48			20	14				2		
122	Julia Prudhoe, Paul Prudhoe	1160	14.5	49			21	15				3		
153	Felicity Brown, Alice Prudhoe	1150	14.5	50		2							1	
201	Anthony Board, Alan Gibson	1150	14.5	51	28									
243	Michael Avakian, Julie Avakian	1140	14.5	52			22	16			4			
123	David Coysh, Karina Hilton	1130	14.6	53			23							
144	Colleen Mock, Colin Mock	1120	14.6	54			24	17			5			
69	Ricky Campbell-Allen, Graham Egerson	1120	14.6	55			25							
228	Peter Gordon, Angela Pollicino	1120	14.6	56			26							
210	Robyn Tuft, Peter Tuft, Katherine Tuft, Colin Tuft	1110	14.6	57			27							2
166	Roland Henderson, David Osmond	1110	15.2	58	29									
72	Lynn Dabbs, Kevin Williams	1100	14.4	59			28	18			6			
223	Chris Ryan, Tom Ryan, Chad Ryan	1100	14.5	60	30									3
77	Jo Gifkins, Joel Stewart	1090	14.6	61			29							



Team	39th Paddy Pallin Winter 6hr Event	Score	Time	Overall	Men	Women	Mixed	Veteran	M - Vets	W - Vets	X - Vets	S - Vets	Junior	Family
75	Barbara Barnes, Richard Barnes	1090	15.1	62			30	19			7			
57	Ross Duker, Eric Smith	1060	14.5	63	31			20	12					
84	Chris Allen, Philip Allen	1060	14.6	64			31							
148	David Massa, Will Roden	1060	14.6	65	32									
213	Naomi Goosen, Mimi Woodgate	1050	14.4	66		3								
128	Bill Chalmers, Carolyn Chalmers, Neil Chappell	1050	15.1	67			32	21			8	3		
35	Judy Young, Lindsay Young	1040	14.4	68			33	22			9			
21	Paul Jubb, Gail Siccardi	1040	14.5	69			34	23			10			
71	Emma Griffith, Clare Watson, Robert Watson	1040	14.5	70			35							4
186	Peter Marshall, Andy Walters	1040	14.5	71	33									
44	Alexander Chew, Carwyn Davies, Scott Mills	1040	14.6	72	34									
5	Angela Falzarano, John Rijvers	1030	14.4	73			36	24			11			
94	Mark Freeman, Rusty Worsman	1030	14.4	74	35									
56	John Cullity, Peter Overton	1030	14.6	75	36			25	13					
65	Wayne Bocitho, Brad Robinson	1030	14.6	76	37									
194	Tony Edwards, Nicole Edwards, Elaine Leach	1020	14.5	77			37							5
116	Ben Austen, Steve Dale, Pdraig Dorrigan, Kate Dwyer, Laura Hohnen	1000	14.5	78			38							
156	Selwyn Butt, Craig Dunn, Phil Woodworth	990	14.4	79	38									
7	Karen Darby, Tony Murphy	980	15	80			39							
246	David Cannings, Jessie Heagy, Edward West, Joy West	970	14.5	81			40							6
79	Tony Martin, Terry Murphy	970	14.5	82	39			26	14			4		
162	Juliet Goodman, Robert Reiner	970	14.6	83			41							
204	David Cochrane, Jacqui Cochrane	970	14.6	84			42							
25	David Bell, Peter Figiel, Danny O'Connell	940	14.4	85	40									
234	Dawn CRITCHER, Michael green	940	14.5	86			43							
160	Elizabeth Bond, Ian Richards	940	14.6	87			44							
175	Leigh Sullivan, David West	930	14.5	88			45							
158	Ray Hand, David Ireland	930	14.6	89	41			27	15					
215	Jeff Ayres, Carl Mistler, Trent Oliver, Melanie Oliver	920	14.5	90			46						2	
23	Roland Cave, Sue Kurrle	920	14.5	91			47							7
214	Andy Simpson, Alexa Troedson	910	15.1	92			48							
198	Julie Dal Santo, Gregory Knight	900	14.6	93			49	28			12			
12	David Brown, John Moore	890	14.2	94	42			29	16					
54	Lisa Lampe, Mark Wright	890	14.5	95			50	30			13			
111	James Armstrong, Kate Austen, Jason Brennan	890	14.5	96			51						3	
167	Brad Deane, Janet Hodgson, Jason Lindley	880	14.3	97			52							
168	Jamie Ewart, Scott White	880	14.3	98	43									
11	Tim Anderson, Peter Fricker, Tony Last, Graeme Wearne	880	14.6	99	44			31	17					
24	Bill Gribble, Rik Pauw, Leslie Steinhaus	870	14.5	100	45			32	18					
108	Rodger Austen, Colin R Sharp	850	13.4	101	46			33	19					
2	Sandra Marder, Janet Morris	840	14.5	102		4		34		2		5		
86	Deborah Byers, Kath Grant, Lyn Jones, Annette Stewart	840	14.5	103		5		35		3				
154	Samuel Boyle, John Foster	840	14.5	104	47									
151	Kathy Herrmann, Debbie Hotchkis	840	14.5	105		6		36		4				
141	Jeffrey Darwin, Parissa Poulis	840	14.6	106			53	37			14			
45	Gary Haslam, Helen Roberts	840	14.6	107			54							
60	Lyndal Maloney, Nick Miall, Elouise Peach	840	14.6	108			55							
173	Nori Chakshujej, Patra Chakshujej, Melvyn Cox	830	14.5	109			56							
20	Warren Hough, Michael Kazlanskas, Nikki Vickaryous	830	14.5	110			57							
119	Simon Garnett, Stuart Kane, Peter Koller, Graeme McLeod	820	14.6	111	48									
203	Michael Drok, Wendy Holver	810	14.4	112			58							
28	Lynda Paju, Kim Rossington	810	14.5	113			59	38			15			
176	Martin Graham, Sarah Newlands, Kelly Stephens	810	14.5	114			60							
199	Ione McLean, Juliet Spagnolo	800	14.5	115		7								
238	Janet Deane, Ann Kwan, Wendy Yung	800	14.5	116		8								
232	Nicole Ridley, Chloe Rose	800	14.6	117		9							4	
36	Stephen Darby, Nick Mitchell	790	14.5	118	49									
240	Kim Fuller, Andrew Smith	790	14.6	119			61							
110	Alexander Oates, Ross Oates	780	14.5	120	50									8
131	Anna Park, Lousie Wilkinson	780	14.5	121		10								
132	Ivan Roberts, Chris Stewart	780	14.5	122	51									



# Results

# Results



Team	39th Paddy Pallin Winter 6hr Event	Score	Time	Overall	Men	Women	Mixed	Veteran	M - Vets	W - Vets	X - Vets	S - Vets	Junior	Family
51	Jocelyn Booth, Ted Booth	780	14.5	123			62	39				16	6	
59	Anthony Hunt, Melinda Hunt, Angela Maloney, Jeff Mizzi, Magda Mizzi	780	14.5	124			63							
149	Allan Forbes, Danielle Kock	780	14.6	125			64							
68	Jo-Anne Pallister, Erika van Lennep	760	14.4	126		11		40		5				
205	Garath Davis, Tim Pallin, Geoff Tosio, Michael Vickary	760	14.6	127	52									
120	Clive Arthur, Kerryn Morrison, Scott Morrison	750	14.2	128			65							
146	Katherine Bell, Beth Bell, Ana Grassi, Hal Simms	750	14.5	129			66							
37	Natasha Goodwin, Marilyn Jackson, Lian Woonton	740	14.5	130			67							
17	Duncan Cross, Loina Cross, Julie Gardner, MERINDA TURTON	740	14.6	131			68	41			17			
90	Sue Casburn, Bob Morgan	720	14.5	132			69							
52	Charles Bowden, David Perkins, Bryan Smith	720	14.5	133	53			42	20					
239	David Dowey, Trish Palmer, Cathy Taylor	710	14.5	134			70							
22	Jemima Trappel, Ray Trappel, Zac Trappel	710	14.6	135			71							9
97	Geoff Streeter, Ken Woodward	700	14.5	136	54			43	21			7		
145	Steve Clarke, Kym Holliday, Bob Mudge	700	14.5	137	55									
172	Catherine Ellis, Nick Wilson	700	14.5	138			72							
100	Kevin Brennan, Chris James, Sally Martin	690	14.4	139			73							
76	Julie Bacon, Rob Kimbrey	690	14.6	140			74	44			18			
10	Kathryn Davey, Shona Forsyth, Mark Latar, Paul Leckie	680	14.5	141			75							
133	Carol Jacobson, Ken Jacobson	680	14.5	142			76	45			19			
40	Fiona Christie, Jennifer Foster, Anne Leung, Natasha Mooney	680	14.5	143		12								
105	Alex Heath, Richard Heath	680	14.5	144			77							
163	Theressa Lavender, Andrew Perry, Jenny Pullen, Alex Wisdom	680	14.6	145			78							
121	Ann Banham, Robert Bradley, Morrie Donovan	670	14.2	146			79							
82	Symeon Bourd, Michael Smith, Ian Turner	670	14.5	147	56									
169	Teresa Butler, John Warburton	670	14.5	148			80							
187	Chuin Ne Ooi, John Robens, Naomi Staples	670	14.5	149			81							
189	Colin Atkinson, Stephen Burns, Samantha Newton	670	14.5	150			82							
66	Robert Golding, Nerida Graham, Shannon Smith	660	14.3	151			83							
174	Eva Burns, Brisbin John, Judy Micklewright, Tony Rossiter	660	14.4	152			84	46			20			
81	Marion Kohler, Mark Lauer, Georg Obert	660	14.5	153			85							
67	Nicola Brew, John Clancy, Anna Clarke	660	14.6	154			86							
222	Mark Grima, Therese Mullins, Lindsay Notley, Craig Selby	650	14.4	155			87							
78	Patrick Murphy, Kealan Tierney	650	14.5	156	57								5	
184	David Collins, Garry Dobbie, Glen Hickey	650	14.6	157	58									
117	Russell Cail, Tony Gellert, Bill Vlandis, Jeff Welch	650	14.6	158	59									
208	Michael Brown, Wayne Laycock, Michael Murphy	640	15	159	60			47	22					
185	Nigel McDonald, Nicole Sellin	630	14.2	160			88							
195	Judith McNeill, Sharith Trevathon	630	14.4	161		13								
200	Chris Jewell, Liam Jewell	630	14.6	162	61									10
197	Andrew Gooley, Gavin Hoy, Julie Simpson, Audrey Starzynski, Jill Venables	630	14.6	163			89							
114	Beth Frost, Emily Shuter, Elaine Shuter	620	14.5	164		14								
87	Abigail Nield, Joanna Mar Nield	620	14.5	165		15								
196	Julie Cox, Michael Reid	610	13.4	166			90	48			21			
134	David Bere, Nathan Leicht, Julie Street-Smith	610	14.3	167			91							
135	Adam Glendinning, Nathan Heyer, Teresa Latimer	610	14.3	168			92							
26	Myee Allison, Patrick McNaught	610	14.5	169			93	49			22			
92	Joseph Dimauro, Fiona McDonald	600	14.5	170			94							
190	Wendy Kerr, Carolina Roman, Gordon Sutcliffe, Alexander Sutcliffe	600	14.6	171			95							
218	Geoff Ritchie, Tom Thomas	590	14.5	172	62			50	23					
46	Paul Berry, Jane Blair, Peter Fallon, Alison Molyneux	590	14.5	173			96							
236	Cameron Barton, Michelle Lindsay	590	14.6	174			97							
53	Gillian Perkins, Iain Wilson	580	14.4	175			98	51			23			
219	Esther Burge, Nicole Delbridge	580	14.5	176		16								
225	Julian Ledger, Selena Ledger	560	13.5	177			99							11
152	Bruce Macaulay, Jarrah Macaulay	560	14.3	178			100							12
165	Rachel Sandwell, Kylie Sandwell, Jason Tsui	550	14	179			101							
99	Donovan Kriflik, George Kriflik, Lynda Kriflik, Thai Kriflik	550	14.2	180			102							
161	Herb Lippmann, Yu Hua Liu, Fred Zettele	540	14	181			103	52			24			
164	Cameron Schmeltschek, Hisako Shiraishi	540	15	182			104							
171	Julian Dryden, Dianne Saunders	530	14.4	183			105							

Team	39th Paddy Pallin Winter 6hr Event	Score	Time	Overall	Men	Women	Mixed	Veteran	M - Vets	W - Vets	X - Vets	S - Vets	Junior	Family
157	Marje Lesko, David McFarlane, Joann McFarlane, Jenny Starling	530	14.5	184			106							
224	Mikael Johani, Thomas Lane, Claire Smith, Lloyd Smith	530	14.6	185			107							
191	Sheree Hardy, Andrew Porter, Melissa Stafford, Grant Whatley	530	15	186			108							
178	Debra Jason, Karen Kay, Bronwyn Maher	530	15.2	187		17								
70	Andrew Isberg, Brent Isberg, Dom Isberg, Karen Isberg	520	14.6	188			109							13
125	Steven Goyen, Harry Goyen, Paul Goyen	510	13.6	189	63									14
14	Jon Cranley, Kailin O'Neill, Nigel O'Neill, Rachel Strachan	500	14.5	190			110							
18	Arwen Cross, James McElvenny, Kulan Turton	500	14.6	191			111						6	
96	Debbie Bush, Jenni Farrell, Julianne Walsh	490	14.6	192		18		53		6				
192	Yuri Apap, Antonio DiMeola, Matthew O'Kane	490	15	193	64									
207	Wendy Day, Kim Gibbs, Di Laycock, Sue Low	470	14.5	194		19								
129	Joy Burgess, Mark Farac, Frances Garland, Thais Turner	470	14.5	195			112							
62	Norm Duxbury, David Sigley	460	14.5	196	65			54	24					
98	Eric Barnes, Rosemary Wheen, Robert Wheen	460	14.5	197			113	55			25	8		
74	Glenda Hanson, Mark Stoneham	450	14.5	198			114	56			26			
4	Pam Montgomery, Robert Montgomery	450	14.6	199			115	57			27			
95	Elaine McKee, Carol Sidler, Lesley Streeter	440	14.4	200		20		58		7				
216	Thea Richardson, Jan Sargood	430	14.3	201		21								15
220	Mandy Sargood, Markus Sargood	430	14.3	202			116							
139	Paul Christian, Bethany Palmer	420	14.5	203			117							
140	Megan Smith, Gavin Watkins	420	14.5	204			118							
202	Louise Oliver, Michael Watts, Laura Watts	420	14.6	205			119							16
41	Elisa Arcioni, Ed Muston	410	13.6	206			120							
127	Lisa Foster, Mitchell Isaacs	390	11.2	207			121							
242	Graeme Ferris, Bruce Thomas	390	12.1	208	66									
31	David Chambers, John Cole	390	14.3	209	67			59	25					
182	Paul Shea, Judy Shea	360	14.4	210			122	60			28	9		
32	Damien Peters, Todd Peters	340	12.6	211	68									17
147	Kate Edwards, Michelle Larkin, Anthea Newton, Nancy Sue, Heidi Tugwell	340	15	212		22								
42	Josie Brooker, Stewart Brooker	320	13.5	213			123							
102	Ian Atkinson, Tim Cowdery, Belinda Epstein, Lucas Junker, Gabriel Mackenzie	290	14.5	214			124							
103	Debbie Stein, Jade Stein, Paul Stein	280	13.6	215			125							18
104	Belinda Foster, George Foster, Jessica Foster	280	13.6	216			126							19
142	Carol Genssen, Dayle Green	280	14.4	217		23								
248	Carol Leerdam, Bronwyn Milne	260	15.1	218		24								
124	Gayle Pershouse, Chris Phelan, Donna Phelan, Greg Rowe	240	14.3	219			127	61			29			
150	Kathleen Cavill, Maureen Joyce, Pat Joyce	220	14.6	220		25								20
137	Sonia Kupina, Alan Mansfield, Louis Mansfield	200	12.4	221			128							21
113	Chris Annetts, Peter Annetts, Conner Amison, Chris Amison, Richard Keller	150	12.4	222	69									22
138	Michael Chaaya, Michel Chaaya	140	13.2	223	70									
3	Graham Hus Millar, Phillipa Millar, Richard B Smyth, Annette William	80	11.2	224			129							
107	Brian Johnson, Beverley Johnson, Barbara Junghans	DSQ												
179	Daryl Kay, Irene Kay, Sim Tong	Late	15.3											
73	Amanda Burdett, David Burdett	Late	9.3											



### *The Administrators Blessing:*

*To all those teams who complete their entry forms on time, legibly, and who pay the correct money, may thy route choices be felicitous and thy controls abound.*

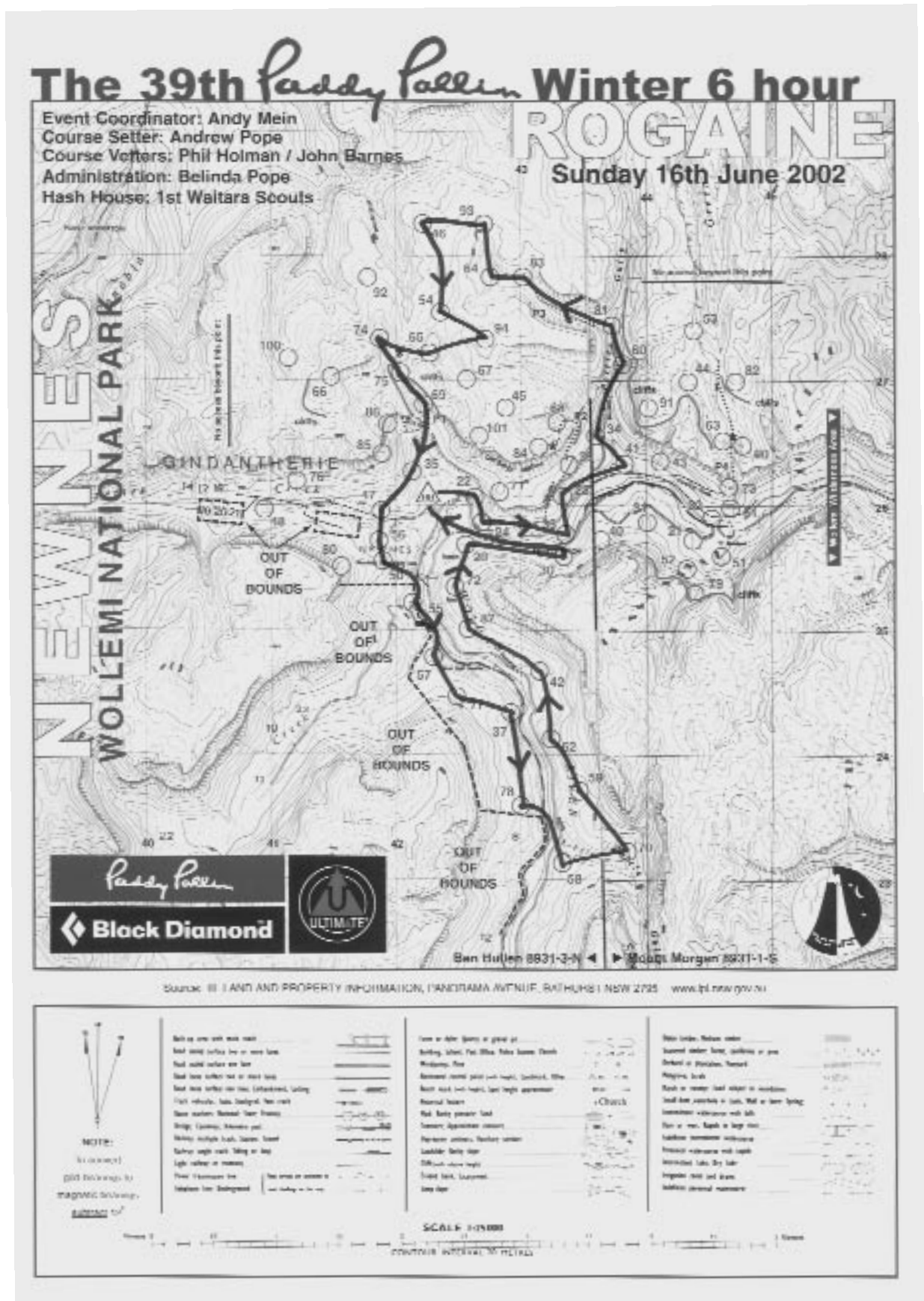
### *The Administrators Curse:*

*To all those teams whose entry forms are illegible or incomplete, may thy Contact split and thy maps disintegrate. To all those teams whose payments are incorrect, may thy coffers be emptied and the proceeds transferred to the NSWRA. To all who fail to provide a stamped self-addressed envelope, may thy compasses always point to the west.*

*By Allan Miller - Reproduced from the June issue of the*

# The Winners Route:

It is always interesting to look back at your own route choices and at the ground covered during an event, and to make a comparison to the route of the overall winners of that event. Below is the route taken by Ian Cameron and David Lyle to win this years Paddy Pallin 6hr event with a total score of 1880 (the total course value was 3790). What can learn from their choice and how could you have improved your score?



# Assistance from volunteers is essential to the sport.

No experience is necessary - detailed instructions are supplied.

 <b>Volunteer Requirements</b>	<b>Lake Macquarie</b> <b>24th August</b>	<b>NSW Champs</b> <b>19-20th</b> <b>October</b>	<b>Socialgaine</b> <b>24th</b> <b>November</b>	<b>Metrogaine</b> <b>23rd</b> <b>February</b>
<b>Event Co-ordinator</b>	Harry Goyen	Graeme Cooper	???	Richard Sage Nihal Danis
<b>Course Setter/s</b>	Bert van Netten	Graeme Cooper	Ian McKenzie	Richard Sage Nihal Danis
<b>Course Vetter/s</b>	???	Richard Sage Nihal Danis	Ian Cameron	???
<b>Administration</b> Team leader plus 5 - 6 others  Team Leader indicated in <b>bold</b>	Dianne van Netten  ???	Nicole Haigh Andrew Haigh  ???	???	???
<b>Hash-House</b> Team leader plus 6 - 12 others  Team Leader indicated in <b>bold</b>	<b>Australian Orienteering Junior Squad</b>	<b>Vicki Cooper</b> ???	???	???
<b>Flag Retrieval</b>	Neil Chappell	???	???	???
<b>Contact Details</b>	Harry Goyen 4973 3012	Graeme Cooper 6772 3584	Ian McKenzie 9439 7804	Richard Sage / Nihal Danis (02) 9564 2126



If you are interested in organising your own event please contact our Event Manager, Mike Hotchkis (see committee contact listing), or if you are able to help on an existing event please contact the event organisers noted above.

# 'Lost in the Wollemi':

Our first ever experience of rogaining is unforgettable, I suppose for everybody.

When we arrived at dusk on Saturday night and saw 600 well organised rogainers, the last thing we thought as we pitched our nice new tent and then watched a Land Rover being hauled out of a huge wombat hole, was that we may get lost. After an early night, we woke to the honking wakeup calls, then before 7am I was up there, to be one of the first to get a map. We studied it and decided the high scoring points to the North was where we'd aim for. Number 101 looked a pretty good challenge for two beginners. We went to the novice's briefing then stayed for the full briefing. I thought I'd made sure we had everything, a compass, half a loaf of vegemite sandwiches, water, wet weather gear etc, but no matches.

Suddenly we were off and scrambling up the hill with a few hundred other people. In our enthusiasm we ran straight past our 1st mark "We'll get it on the way back" we said. Then I got out the compass to navigate to 86. First we went the wrong way then followed the cliff the other way and got it. Then down around the "out of bounds" & up to get 69, then 75 and 65 by following the gorge and the tracks left by the super fit. After a ten minute lunch I got out my "trusty" compass and we decided to go for the big 101. We took off and immediately found heavy scrub. We decided the direction didn't feel right so we turned back and picked up 54. Then by the compass we thought we were heading SE to 68 but with hind sight we were heading NW. I had never used this compass before. In the rush to leave Sydney I hadn't been able to find my own compass. I was subtracting the 12 degrees

alright but I didn't realise that I was holding the compass the wrong way round. It was after 2pm when we found a gully with cleared land way down at the bottom that we assumed would lead us back to the camp site. I calculated that we must have then been around mark 83. The gully we found, instead took us North, down the other side of the plateau. We scrambled over high ledges for ages and at around 4.45pm finally arrived at the cleared land we thought was our camp site. We couldn't recognise the mountains so that confirmed we were lost. I walked around the large clearing with Amanda blowing the whistle, looking for a track as we had seen faint car tracks. We were running out of light and as we didn't have matches or a torch we found a sheltered spot on the side of a creek bed. I cut the bracken and threw timber & bark down to Amanda who constructed a shelter, placing the bracken on the ground to insulate us. We were okay but we were frustrated knowing we couldn't tell anyone and were concerned about the worry and trouble that our being lost would have created. We ate our sandwiches and washed them down with cold water then huddled under the poncho and space blanket. Eventually we went to sleep, waking every now and then and running on the spot to warm up and that worked well. Eventually dawn broke, we put our space blanket and my red shirt out in the clearing so we could be spotted then looked for a track. We found it and relying on the sun we headed off until we found the farm at Glen Davis. As we were talking to the farmer who told us that we were more than 70ks by road from our camp, we heard the helicopter which apparently spotted us at that



David and Amanda in good spirits and health back at Newnes.

Photo: Andrew Introna

moment. We were driven to the farm house and the farmer phoned Parks & Wildlife. We were well looked after by the farmer, Bob Pruckner and his wife Elfie until my wife Stephanie and Amanda's boyfriend Matt drove the hour and a half trip round the mountain to pick us up. Amanda and I were overwhelmed by the smiling faces and the caring people that greeted us.

It is not an experience I would ever wish to happen, but when we started to hear about the organisation of the search, the people that stayed up till almost midnight looking for us and up again at daylight, the ambulance in case of serious injury, the helicopter to spot us and the caring people involved, not least Stephanie and Matt who left Sydney at 4.30am to get to Newnes by dawn, I am deeply grateful and humbled by the whole experience and appreciate the wonderful people we've met and didn't meet but were there for us during our first Rogaine.

Thank you once again for the tremendous effort the organisers and the large team of rogainers, the Police, National Parks & Wildlife, the State Emergency Service and the Ambulance Service put into the search for my daughter Amanda and myself.

*David Burdett*



# We need a new ~ Newsletter Editor ~ Are YOU interested?

The newsletter is the primary contact for members of the New South Rogaining Association, informing of upcoming events, past results and providing a forum for us all to share 'rogaine' experiences. The new editor can decide how he/she would like to produce the next series of newsletters to suit their abilities and available methods. The current newsletter editor and the committee will offer assistance to get you started. A team of envelope 'stuffers' will assist you. There is no denying that it is a big job as we put out six issues a year, it is however a very rewarding opportunity to keep the sport in New South Wales alive and flourishing. If you are interested please contact Andy Mein on 9869 4464 (h) or <andy\_mein@bigpond.com> 😊

## ~ Partner Finding Service ~

*Are you looking for a rogaining partner/s?*

Maybe your old partner has called it a day or is not up to it anymore!  
Maybe you just have difficulty finding someone who  
is willing to go Rogaining on a regular basis.

Call Membership Secretary Belinda Pope 9484 1736 or email your request  
absspope@ozemail.com.au  
and Belinda will endeavor to help you find the partner/s  
to suit your level of enthusiasm and experience.

## Newsletter contributions:

Remember to keep those contributions coming. Put pen to paper or snap a few photographs at your next event and share them with your fellow rogainers. Take note of the submission dates and send your contributions to newsletter Editor Andy Mein. Written word via email would be appreciated (PC Word or 'text' file). Original copies of your photographs would be preferred and will be returned. See Committee listing for contact details.

Issue	Publication Date	Submissions Close
93	11th September	6th September
94	1st November	25th October
95	22nd January	17th January
96	19th March	14th March

# Suggested Reading on Navigation:

The following three publications will be useful if you are wanting to brush up on your navigation before the next event, or improve your current approach to navigation. These were three that I had in my collection. Many more similar publications exist (with the exclusion of the 'Rogaining' book - there's only one of those!). My advice:- read and absorb the theory, and like all skills, practice practice practice.



## **ROGAINING Cross-Country Navigation**

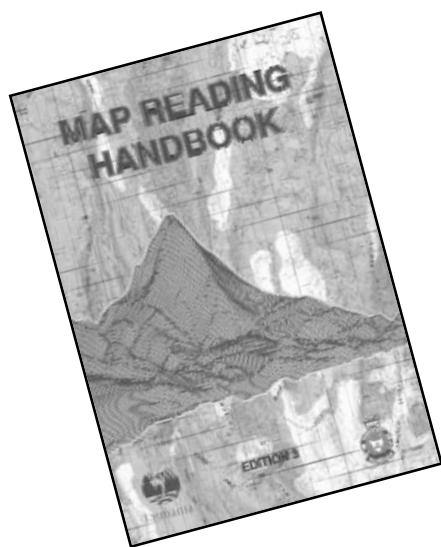
*Written by Neil Phillips and Rod Phillips (Third Edition 2000)*

All rogainers, novice or expert, will benefit in the wealth of experience instilled into this book, including:

- ◆ Using a map and compass
- ◆ Choosing the best route
- ◆ Navigating at night
- ◆ Lost? How to recover
- ◆ Championship and International rogaining

**Cost: \$25.00**

Available at your next event from the Admin 'tent' or by forwarding a cheque for \$30.00 (including postage and handling) with your order to: NSWRA Newsletter Editor, Andy Mein, 1a Gray Street, Henley NSW 2111. Please allow 2 weeks for delivery.



## **MAP READING HANDBOOK**

Published by Department of Environment and Land Management, Tasmania (Third Edition 1997)

While not specifically dealing with the sport of Rogaining, this book covers all the navigational basics that anyone who ventures into the 'bush' should understand, and makes a great text from which to begin your readings. It bills itself as 'a simple straightforward map-reading handbook providing a standard reference for all map users, students and instructors alike.' Although maps portrayed in the book are Tasmanian, the book is suitable for use throughout Australia.

**Cost: \$30.00** (approx.)

Available at outdoor equipment retailers, some bookstores, and map specialist outlets.



## **MAP READING GUIDE - How to Use Topographic Maps**

Published in 2000 by AUSLIG, the Australian Surveying and Land Information Group, Department of Industry, Science and Resources

A basic map-reading handbook produced to aid in the reading of Australian topographic maps. While reasonably brief on detail the booklet does allow for easy quick reference, and fits easily into your backpack. The cost makes it an inexpensive companion, up until your navigational confidence grows. A transparent 'map card' is included in the package with useful tools for learning the in and outs of topographical maps and compass use.

**Cost: \$7.50** (approx.)

Available from map specialist outlets.

# NavShield '02:

This years Emergency Services Navigation event was held approximately 15km west of Braidwood, in Tallanganda State Forest and National Park, 4 hours drive south west of Sydney. Conditions on the weekend, as expected for the NavShield, were cold! Only this year it was gusty gale force winds that cut through even the thickest high-tech outdoor clothing.

All the rogainers that were involved, be it as rogaîne teams or within emergency services/bushwalking teams performed exceptionally well. In the 2 day event 1st. place (and the NavShield) went to a team made up entirely of rogainers. In the 1 day event the Rogaine class team of the Lefmann brothers won both their class and scored the highest score overall.

Our thanks to the organisers and all the Bushwalkers Wilderness Rescue volunteers for another excellent event. For those of you who have not participated in a NavShield I would suggest the 2003 event be fixed in your diary as soon as next years dates are announced.

## Two Day Event Results

### 2 Day - Class 1

Top two teams shown only from total field of 37 teams

NEWCASTLE BUSHWALKING CLUB	1950
KANGAROO VALLEY BUSHFIRE BRIGADE	1460

### 2 Day - Class 2

Top two teams shown only from total field of 14 teams

RAAF RICHMOND - HSI 36SQN "LRT Team 1"	1450
NSW CAVE RESCUE "2"	1230

### 2 Day Class 3 - Rogaine

Entire field is listed

STONE & STONE	1460
WILSON, BLUNDELL, LANDERS, CHEESEMAN & CHEESEMAN	1110
HORSFIELD & MIETHKE	850
GELL & MACKAY	795
KONG & GARCIA	790
GANNON, ROSE & TURNER	650
DUNN & TAYLOR	622
KOCK & FORBES	590

## One Day Event Results

### 1 Day - Class 1

Top nine teams shown only from total field of 63 teams

BEROWRA BUSHWACKERS	1060
WILD DOGS BUSHWALKING CLUB	900
NSW CAVE RESCUE '4'	870
SHOALHAVEN BUSHWALKERS	830
BENDIGO SES	830
SOUTH COAST VRA	760
BERRIMA RESCUE SQUAD VRA	730
BAULKHAM HILLS SES "Red"	720
BAULKHAM HILLS SES "Blue"	720

### 1 Day - Class 2

Entire field is listed

NORDIC SKI CLUB	830
NORDIC SKI CLUB	530
YHA OF NSW - SYDNEY REGION	450
GOSFORD SES	90

### 1 Day Class 3 - Rogaine

Entire field is listed

LEFMANN & LEFMANN	1200
POPE, MEIN & MEIN	1040
BRENNAN & POTTS	1010
HASLAM & MYALL	790
SMYTH & MILLER	660
DANIS & SAGE	660
LE BRETON & IRELAND	660
TURTON, KESKULA, DOHERTY & THOMAS	650
HEATH, SHUETRIM, SELDON, & LINNEMANN	610
RIJVERS, FALZARANA & GRIFFITHS	510
PARK, KENT, ROBERTS, CAGLIARINI & WILKINSON	440
WATSON & CARVER	427
DRYDEN & SAUNDERS	310
MALONEY, ROBERTS & PEACH	307
HAYMEN & WALKER	290
FIELD, FIELD, RITCHIE & THOMAS	240
MACKENZIE & COWDERY	90

## The 'Paddy Pallin' in Review: (... continued from page 6)

Team 73's account of their epic appears on page 13 of this newsletter. David and Amanda should be applauded for the way in which they dealt with their unfortunate predicament. We thank them both for their unashamably frank account of their night lost in the bush.

All in all the event was a success. We have received much positive feedback from participants since the event, making the many months of preparation worthwhile. Thank you to all who have sent their appreciative words. And to those who have provided us with constructive criticisms, we will endeavor to act on your suggestions to improve next years Winter 6hr Event.

Finally a special thanks go to all the following people for their vital part in the success of the event:

**Andrew Pope** - for the months of hard work designing and preparing the course.

**Belinda Pope** - for managing the administration of the entries.

**Tanya Chivers** - for enduring the months of my preparations when I should have been preparing for our wedding.

**Phil Holman** - for vetting the course, assistance on course during the event, and as part of the search teams.

**John Barnes** (and Rogo) - for vetting the course.

**Julian Ledger** - for vetting part of the course and his role in the search efforts.

**Andrew Introna** - for his help throughout the weekend and particularly as the coordinator of the search.

**Natasha Goodwin and the team at Paddy Pallin** - for their financial assistance and quality products as prizes.

**Black Diamond** - for their support and providing quality products as prizes.

**Ultimate Direction** - for their support and providing quality products as prizes.

**Neil Stone and the NPWS** - for their consent to use the Newnes area of Wollemi National Park.

**Phil Wood and the entire crew of 1st Waitara Scouts** - for another year of exceptional catering.

**Barry, Marion, and Steve of St. John Ambulance** - for their First Aid support throughout Sun-day (and night).

**Lithgow Police and the crew of the Polair helicopter** - for their efforts during the search .

**NSW Ambulance Service** - for standing by at the Hash-House site should they be required.

**The State Emergency Service Crews** - for their presence at the Hash-House site.

**Jenny Wood** - for course checking and admin assistance.

**Ian (and Peter) Almond** - for flag hanging and admin assistance.

**Mike Hotchkis** - for being an on-course patrol and searcher on Sunday night.

**Chris Mein** - for being an on-course patrol.

**Kate Harper** - for being an on-course patrol.

**Tom Gray** - for being an on-course patrol.

**Trish Hamilton** - for admin assistance.

**Kathy Herrmann** - for her assistance during the search and flag retrieval.

**The Blue Mountains TAFE students** - for help hanging flags.

**Ian Rank** - for flag retrieval.

**Allan Watson** - for allowing us to include the old Newnes Hotel in the course and sharing his local knowledge.

**Doug Coates and his wife** - for their open-hearted and generous use of their telephone at unreasonable hours.

*Andy Mein*

## The "Other Side" 6 hour 'Socialgaine' on Sydney's Lower North Shore

The Guringai aborigines gave to the North Shore of Sydney the name 'Warung' meaning "the other side". Similarly, the inconvenience of a harbour crossing to the "other side" shaped the pattern of early European settlement. The first bridge link - the Fig Tree Bridge in 1885 - and the development of the North Shore railway in 1890-93 were major influences prior to the opening of the Harbour Bridge in 1932.

This rogaine provides you with the opportunity to discover the historic and scenic delights of the Lower North Shore including Artarmon, Lane Cove, Waverton, Wollstonecraft, North Sydney and McMahons Point. The checkpoint sites will take you through headland, bushland, parks and waterfront suburbs including: spectacular harbour views; historic streetscapes; aboriginal art sites; locations of historical significance in European settlement; pockets of bush beauty; Federation homes and sandstone mansions; and sites of early industry and military activity. At the same time, the rogaine will provide a rich navigational challenge with a high density of checkpoints and constant route choice and course planning adjustment opportunities.

**Entry forms and more details**

**17**

**in the September newsletter.**

# Letters to the Editor: *A few not-so-serious letters 'received' by our Public Officer, Julian Ledger, and some sound advice to all his fellow rogainers. Thanks Julian!*

## Misrepresentation

I joined your organisation after seeing the adverts on TV. So far you have sent me nothing to help my hair restoration, the only activity I have been on resulted in hair loss due to the outrageously thick bush, and most of the other members seem to be old and young people with plenty of hair. Return my money or face my lawyers.

Yours,  
'Getting Balder'

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## Veterans Outraged

My rogaining colleagues and I are to say the least surprised to see two recent events have included an under 25 'youth' category in order to give these tender young competitors a chance of winning something. I have been advised on the telephone that apparently these youths were losing morale due to being beaten by us veterans (and super veterans!).

I would like to ask your esteemed readers

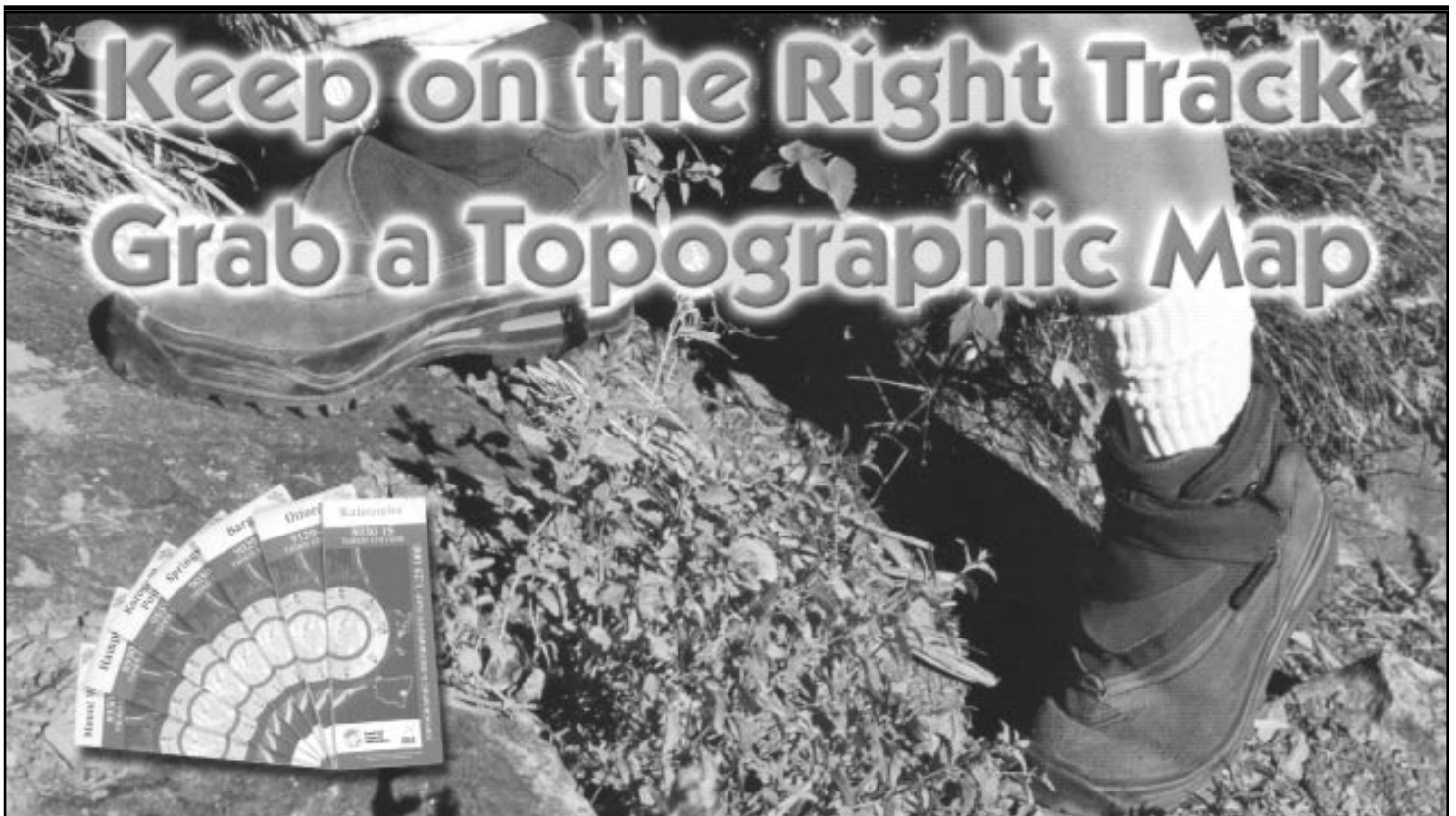
whether they have seen Susie O'Neil or Ian Thorpe ask to be put in a separate category. The answer of course is NO, in fact they will have retired by 25. Is rogaining so different that we must molly coddle our youth? Would we like rogaining going down the road of orienteering where there is a sub-category for everybody down to the people with pink O suits and green hair. I say bring back National Service to toughen them up.

Yours in the Bush,  
Reginald Cecil Worthstrop

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## Sound Advice

When we were younger our rogaining slogan was: "**Victory or doom**". This meant we were liable to find ourselves 15 km from the Hash House at 3am lost in impenetrable bush in thick cloud interspersed with rain. Nowadays our slogan is: "**Maximum success or the best possible alternative**". This means a more flexible approach depending on the conditions. **JL.**



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# What is Rogaining?

Rogaining is the sport of long distance cross-country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most NSW events are held within 2/3 hours travelling time of Sydney.

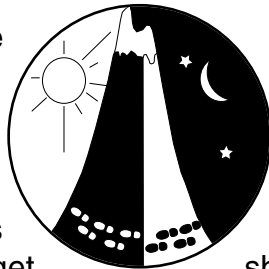
Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas ('metrogaines'), or on bikes ('cyclegaines'). Rogaining is a challenging adventure sport and is a lot of fun.

# Who is it for?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "hash house" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 km in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.



# What do you need?

Rogaining is good value for money; all you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the hash house.

# What does it cost?

In New South Wales the entry fees vary from \$20 to \$40 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

A modest annual membership fee is charged to cover among other things a regular bi-monthly newsletter. Membership fees are currently \$13 for individuals and \$17 for a Family membership. A household membership is also available where all members share the same address. In this instance there is an additional \$4 for each person on top of the initial individual membership. You can join when you enter your first event.

# Contact information:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event on the calendar.

**NSWRA Voicemail** 9990 3480

**NSWRA Public Officer**

Julian Ledger 9261 1111 (w)  
julianl@yhansw.org.au

**NSWRA Hon. Secretary**

Sue Clarke 9816 2508  
sclarke@efs.mq.edu.au

<http://www.nswrogaining.org>