

# NEW SOUTH WALES ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION  
Issue 88 November 2001



Photo: Andrew Introna



[www.nswrogaining.org](http://www.nswrogaining.org)

## 2001/2002 New South Wales & ACT Rogaines

	Date	Event	Location	Contact
NSW	25th November	Socialgaine 6 Hour	South of Newcastle	Ian Dempsey (02) 4943 5790
	1st December	Spring 6 / 12 Hour	ACT	(02) 6251 6908
NSW	24th February 2002	Metrogaine 6 Hour	TBA	Trevor Gollan (02) 4226 5544
	10th March 2002	ACT Paddy Pallin 6 Hour	ACT	(02) 6251 6908
NSW	23rd March 2002	'Ecogaine' 15 in 24 Hours	TBA	Paul Batten 0403 176 716
	27-28th April 2002	Australian Champs	ACT	(02) 6251 6908
NSW	16th June 2002	Paddy Pallin 6 Hour	TBA	Andy Mein (02) 9879 4464
NSW	July 2002	NavShield '02	TBA	Organised independently by Bushwalkers Wilderness Rescue
<b>World Championships:</b>		<b>25-28th July 2002 Czech Republic</b>		
NSW	24th August 2002	6 / 12 Hour	Lake Macquarie	Bert van Netten (02) 4975 3693
	August / Sept.	Cyclegaine	ACT	(02) 6251 6908

## Rogaining in other States

Date	State	Event	Location	Contact
1 - 2 December	Tasmania	8/24 hr Champs	TBA	(03) 6247 5334
1 - 2 December	Victoria	8/24 hr Champs	TBA	(03) 9438 6626
23 February	Northern Territory	6 hr Metrogaine	TBA	(08) 8941 1059
23 February	Victoria	Metro/Cyclogaine	TBA	(03) 9438 6626
23 - 24 February	Western Australia	12 hr UpsideDown	TBA	(08) 9342 9213

# President's Piece:

Well, this is the final newsletter for another year. Another successful and enjoyable year for Rogaining. Commencing with Anne and Merv's relaxing Northern Beaches Metrogaine, we had Sue and Walter's robust Wolgan Wander in April, followed by our largest ever event, Julian Ledger's Paddy Pallin. In August we had Rob Vincent's Lake Macquarie, complete with bushfire smoke and flames. Mike Hotchkis organised a superb NSW Championships in a return to the Bungonia/Shoalhaven area. A great course, on the largest map I've ever used, with challenging (for some of us) navigation. I enjoyed the mix of forested and farm land, and the pleasant lack of undergrowth. It was good to see a strong turnout for the Eastern Australian University Championships. It would be nice to think that a renaissance in university Rogaining has arrived.

We should not forget those other enjoyable events during the year; the NavShield south of Oberon, and the ACT events as well. It's been a year of consistently good Rogaines, and a memorable lack of wet weather. But it's not over yet; Ian Dempsey has organised the Socialgaine to round out the calendar. It promises to be a pleasant jaunt south of Newcastle.

Before long it will be Christmas. Time to consider resolutions for next year. Repeat after me "I will contribute to the newsletter. I will volunteer to help with an event. I will become a Committee Member and change things". Your Rogaining Association needs you. Your contributions will be enriching, and appreciated by others.

As mentioned in the last newsletter, the Committee is intending to introduce rolling membership from 1 January next year. Now doubt some refinements will become apparent over time, however the concept is simple. Membership will be for a 12-month period. For most of us, renewal will fall due after 31 December. Renewals received up to 3 months after the expiry date will be backdated to provide continuous membership. This means that you would receive 1-2 further newsletters and the first event would probably have taken place within the 3-month period. Renewals after the 3 months, or new memberships will be for 12 months commencing from the date received by the Association. It's hoped that rolling membership will make it fairer for people who join later in the year, by giving them a full 12 months membership from the time of application.

Have a great New Year!

*Richard Sage*

President - NSWRA

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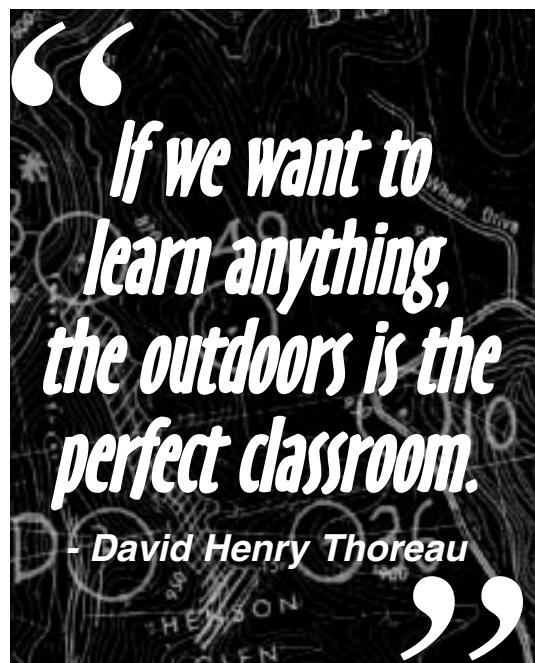
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## 'Socialgaine':

Event name: **Speer's Point Socialgaine**  
Date: **25th November 2001**  
Location: **Northern Lake Macquarie**  
Event length: **6 hours**

### Five good reasons to enter the 2001 Socialgaine:

1. **Variety of scenery.** The event takes in the foreshores of the northern part of Lake Macquarie in the Newcastle area. This includes pockets of remnant bushland, open parkland, wetlands, and suburbia.
2. **Bonus points.** Visit either 3-5, or all 6 of the foreshore checkpoints and you'll receive 50 or 100 bonus points respectively.
3. **Pukker tucker.** Charlestown Scouts are already preparing a sumptuous menu for your pleasure.
4. **Greed.** It's the last event of the year. Make the most of your 2001 membership and enter.
5. **Voyeurism.** A variety of cafes are scattered throughout the course for coffee, snacks, or just an opportunity to watch the passing parade.

*Ian Dempsey*



## 'Metrogaine':

Event name: **'MOUNTAIN & SEA' Metrogaine**  
Date: **24th February 2002**  
Location: **Wollongong**  
Event length: **6 hours**

A great experience in a small package.

If you were part of the Stanwell Park rogaine a few years back, you'll be aware of the variety of andform in the Illawarra. From beach and rock, through shopping arcades and heavy industrial precincts, then dense (nay impenetrable!) rainforest to cliff vistas and mountaintops, up to 500 metres above sea level. All within a one hour walk.

Rogaining is meant to be a walking sport but there's lots of cycleways around Wollongong, so we offer a separate competition with a special map, start and finish time for cycling teams. It may be more leisurely and practical mode of transport that enables you to visit all the beaches and coffee shops, or to visit some of the further reaches of the district. A normal roadbike will be adequate for most of the course; only a small section will require a mountain bike and that will be for the extreme teams.

The weather could be hot, so bring your togs & towel for the beach or pool.

*Trevor Gollan*



# Sydney Summer Series:

The 'Summer Series' of after-work navigational running events is well underway for 2001/2002. For those who missed the programme flyer in the last newsletter, the series of 45 minute 'mini-rogaines' are held each Wednesday evening on some of Sydney's finest harbourside parks and Suburban bushland areas. The events are for everyone from walkers and joggers through to champion runners. Start times for events are between 4.45pm and 6.45pm regardless of the weather. So make use of the cool summer evenings and daylight saving and enjoy one or all of the remaining events listed below:

**Event 5:** Wednesday 14 November 2001  
Venue: Georges Hall Public School,  
Pennington Avenue, **Georges Hall**  
Contact: Neville Farthers Ph: 9635 0563

**Event 6:** Wednesday 21 November 2001  
Venue: Kingsford Smith Oval,  
William Edward Street, **Longueville**  
Contact: Cameron Osborne Ph: 9487 8384

**Event 7:** Wednesday 28 November 2001  
Venue: OH Reid Memorial Park,  
Reid Drive, **Chatswood West**  
Contact: Bryony Cox Ph: 9416 3930

**Event 8:** Wednesday 5 December 2001  
Venue: Tania Park, Bareena Drive,  
**Balgowlah Heights**  
Contact: Terry Bluett Ph: 9948 6945

**Event 9:** Wednesday 12 December 2001  
Venue: Kissing Point Park,  
Waterview Street, **Putney**  
Contact: Carol Jacobson Ph: 9816 2508

**Event 10:** Wednesday 19 December 2001  
Venue: Reserve at end of Morella Road,  
**Clifton Gardens**  
Contact: Julian Ledger Ph: 9416 6423

**Event 11:** Wednesday 2 January 2002  
Venue: Bellamy Farm Reserve,  
Isobell Avenue, **West Pennant Hills**  
Contact: Ian Miller Ph: 9560 3314

**Event 12:** Wednesday 9 January 2002  
Venue: Mann's Point Park,  
Prospect Street, **Greenwich**  
Contact: Christine Curtin Ph: 8902 1059

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# 2001 Committee

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# 'Back to Bungonia' - 2001 New South Wales Champs:

Since it was three years since Cookbundoon, Mike said it was time we put our hands up to arrange another major rogaine. We liked the idea of the Southern Highlands because we'd found it so convenient previously and because it's not Sydney sandstone country!

This year's ACT championships were further up the Shoalhaven towards Oallen Ford but the maps showed lots of nice country further north. Unfortunately we discovered that a good portion of it was embargoed for the Easter Orienteering event so we were forced right up into the State Recreation Area close to where the Australian championships were held back in 1984. This was a deja vu experience because we ran across an area similarly embargoed when selecting the Cookbundoon site.

April was our first visit and our introduction to the area's principal feature - the non-stop westerly winds. We liked the bush we saw in the State Recreation Area and that in Morton National Park was even more open. The farm land to the west offered the variety we were looking for. The property owners we spoke to (including Brisbane Meadow!) were cautious but agreeable. The owners of the historic properties in the south such as Inverary Park and Reevesdale welcomed us and when we received the support of Arthur and Margaret to use Maxwell Park for the Hash House, we knew we could proceed.



*Feel the tension before the start!*

Photo: Andrew Introna

The historical aspects of the area fascinated us. European settlement in the area dates from 1820 when Macquarie first permitted settlers to move south of the Sydney Basin. One character from the early days particularly captured our attention. Gabriel Marie Louis Huon de Kerilleau established Caarne (near the Caves Reserve) in 1823. One Sunday morning, he "sauntered out with a book in his hand. He was seen and spoken to and was put on the right road twice ... the old gentleman seems to have been unsuspecting of being lost. He has never since been seen or heard of ... Neighbours have searched the gullies diligently but no traces of this unfortunate French gentleman have as yet been discovered" (The Australian, 6 February 1829). Apparently, this early rogainer

was on his way to Campbelltown. The words Gone North were discovered cut on a tree near Long Point further down the Shoalhaven but we hoped that modern day rogainers would fare better.

National Parks was concerned about the old mineshafts scattered around Nuggety and New Come Up Ridges as well as the possibility of rogainers damaging valuable historical sites such as Depression Village. Interestingly, no one is sure from what depression these ruins date and #37 was one of the least-visited controls. They were also helpful in suggesting a southern limit to the course at properties around Washedaway Creek.

The question we faced was, would there be enough space to make a championship course? Mike maintained that the best thing would be a course that the top teams believed they could complete but which in reality was beyond the 24 hours allocated. This turned out to be exactly the case, even though we lost access to some country west of Bungonia Creek that provided an alternate route into the Jerara Area in the north west. In retrospect, having lost that country, we should have also dropped #31 and #51 - an option I was considering right up to 9.00 am on Saturday morning.



*A few weary souls.*

Photo: Andrew Introna



Team	24 Hour Championship	Time	Score	Overall	Men	Women	Mixed	Men's Vet	Women's Vet	Mixed Vet	Family
123	Rob Preston, Glenn Meyer	12.00	2750	1	1						
71	Ian Brown, Tony Garbellini	11.49	2380	2	2			1			
78	Glenn Bridgart, David Jones	11.32	2160	3	3			2			
117	Michelle Scott, Ben Shulz	11.27	2130	4			1				
127	David Baldwin, Iacopo Soldaini	11.24	2090	5	4						
44	Andrew Haigh, Nicole Haigh	11.27	2080	6			2				
31	Paul Stein, Rod Tracey, Bob Kimbrey	11.03	2020	7	5						
94	Peter Squires, Bill Kennedy	11.00	1980	8	6			3			
87	Sue Brown, Emma Murray	11.45	1940	9		1					
111	Trevor Gollan, Geoff Bailey	11.52	1940	10	7			4			
3	Bert Van Netten, Robert Preston, Walter Kelemen	11.32	1860	11	8			5			
38	Richard Wood, William Landers	11.59	1860	12	9						
41	Paul Batten, Micah Quinn	11.50	1830	13	10						
24	Peter Dunn, Gary Ferris	11.24	1760	14	11			6			
69	Scott Mills, Roger Butler	11.04	1700	15	12						
25	Val Hodsdon, John Hodsdon	11.32	1700	16			3			1	
100	Mark Freeman, Martin Krause, Anthony Hunt, John Morris	11.53	1680	17	13						
27	James Mathey, Innes McManus	11.49	1650	18	14						
1	Joel Mackay, David Gell	11.50	1650	19	15						
113	Kevin Moore, Steve Barry	8.37	1610	20	16						
112	Andrew Scott, Marck Norret	11.52	1530	21	17						
85	John Patterson, Bruce Macaulay	11.43	1510	22	18						
18	Ken Wilson, Daniel Marlay	11.43	1390	23	19						
7	Melissa Thomas, Orla Murray	7.20	1360	24		2					
60	Keith Conley, Ben Biddington	8.05	1330	25	20						
121	Jan Herrmann, Sean Greenhill	11.31	1330	26	21						
84	Robyn Tuft, Peter Tuft	11.15	1320	27			4			2	
124	Jonathon Potts, Piers Truter		1320	28	22						
49	Greg Langton, Maxim Kostyler, Paul Knight	11.54	1310	29	23						
29	Andrew Pope, Andrew Introna, Nick Hudson	11.18	1190	30	24						
64	Peter Wherry, Chris Cowie, Bruce Franklin	11.21	1170	31	25			7			
52	Max Coates, Greg Rowe, Steve Young	11.48	1170	32	26						
80	Richard Stone, Dana Pascovici	11.34	1140	33			5				
12	Myke Devey, Adrian Smith		1120	34	27						
10	Sam Wade, Ben Robinson	11.16	1110	35	28						
75	Marilyn Ferris, Lesley Taylor	11.52	1090	36		3			1		
5	Darryn Welham, Cheryl Hambly, Michael Green, Dawn Critcher	11.24	1070	37			6				
39	Ben Munro, Paul Pallesen	11.06	1020	38	29						
34	Chris Hatherly, Natalie Chan	11.40	1020	39			7				
35	Steve Garlick, Rosemary Garlick	11.26	1000	40			8			3	
105	Ian Almond, Peter Almond, Scott Morrison	11.35	1000	41	30						
19	Marton Hidas, Owain Williams	11.45	980	42	31						
136	Michael Davis, Geoff Davis, Michael Hanlan	11.05	970	43	32						
89	Cam Schubert, Ralph Schubert	11.54	940	44	33						
116	Ted Booth, Robert Booth	11.17	880	45	34						
90	Nihal Danis, Richard Sage	11.53	880	46			9			4	
118	Peter Yager, Dominic Yager	11.56	880	47	35						1
53	Liam Styles, David Coysh	11.03	840	48	36						
96	Alex Chew, David Butcher	7.51	810	49	37						
82	Katherine Lilly, Jevon Longdell	11.27	810	50			10				
15	Justin Halloway, Bonne Eggleston, David Ah Toy	10.46	790	51	38						
63	Pat Elliot, Tony Dale	10.42	740	52			11			5	
40	Abigail Nield, Rachel Sandwell	10.49	700	53		4					
109	S.Bedingfield, N.Davies, N.Delbridge, K.Barnsley	10.53	700	54			12				
20	Emma Williams, Emily McPherson	11.45	680	55		5					
129	Chris Jenkins, Pieter Peach, Matt Routley, Andrew Bower		680	56	39						
48	Nick Rose, Adam Hamilton, Nigel Minchinton	22.56	650	57	40						



# Results

# Results



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Team	24 Hour Championship (continued)	Time	Score	Overall	Men	Women	Mixed	Men's Vet	Women's Vet	Mixed Vet	Family
16	M.Bastian, S.Majumdar, F.Bockelmann, C.Boeur	11.37	630	58			13				
54	Tony Murphy, Karen Darby	21.42	600	59			14				
103	Bronwyn & Graham Wilson, Alison Almond, Kerry n Morrison	11.27	580	60			15				
97	Alesa Heysmand, Bill Knox	11.34	550	61			16				
9	Chris Montgomery, Dave Boswell	11.44	540	62	41						
8	Robert Montgomery, Pam Montgomery	11.45	540	63			17			6	
4	D.Bere, M.Smith, L.Sieber, M.Gregory	9.03	510	64			18				
137	Tim Booth, Michael Gentle	11.38	500	65	42						
42	Jason Tsui, Andrew Fernandes	9.47	490	66	43						
140	Nick Rose, Adam Hamilton (team 48 reformed)	11.44	470	67	44						
26	Linda Meisel, Amelia Witheridge	11.16	380	68		6					
138	Bronwyn Lawton, Helen Zhang	9.23	320	69		7					
2	Dave Pettit, Crystal Pettit, Priscilla Pettit	11.46	230	70			19				2
141	Chris Jenkins, Pieter Peach, Matt Routley (team 129 reformed)	10.30	180	71	45						
130	Brian Evans, Jenny Sullivan	disqualified (team got separated)									

Team	12 Hour	Time	Score	Overall	Men	Women	Mixed	Junior	Men's Vet	Women's Vet	Mixed Vet	Family
115	Graham Turner, Pam James	11.39	1530	1			1					
62	Lynn Dabbs, Kevin Williams	11.42	1240	2			2				1	
120	Stuart Thomson, Craig Stewart, Rick Momford	11.58	1220	3	1							
32	John Harding, Carol Harding	10.48	1100	4			3				2	
88	Malcolm Hughes, Andy Cairns	11.45	1080	5	2				1			
134	Chris Aiken, Paola Ramirez	11.51	1040	6			4					
98	Robert Lewin, Christian Lewin	11.36	1010	7	3							1
132	Andrew Bovis, Peter McConnaghy	11.53	980	8	4							
65	Ann McNeill, Hugh Moore	11.45	960	9			5				3	
30	Peter Day, Keith McReynolds, Phil Gibbs	11.50	960	10	5							
6	Darren Smith, Ben Newey	12.03	950	11	6							
108	Christine, Alison, Marion & John Hedley Curtin	11.37	920	12			6					
74	Julie Avakian, Michael Avakian, Anne Newman	11.43	900	13			7					
37	Carolyn Haupt, Paul Ettema, John Brayan	10.50	880	14			8					
102	Rachel Williams, Libby Bunyan, Peter Gordon	11.54	860	15			9					
106	Scott Finlayson, Andrew Johnstone, Mark Powell	11.56	830	16	7							
133	Rochelle O'Hagan, Kieran O'Leary	11.43	820	17			10					
56	Tony Edwards, Stewart Murray, Colin Ward	11.26	780	18	8				2			
83	Jim Meek, Russ Pennell	11.46	760	19	9				3			
33	Colleen Mock, Colin Mock	11.54	760	20			11				4	
67	Parissa Poulis, Jeffery Darwin	11.47	740	21			12				5	
55	Jitka Kopriva, Zuzu Burford	11.16	730	22			13				6	
131	V Richardson, Liz Phelps, Diewer Reyners	11.46	710	23		1						
91	Carol Thomson, Kristyn Symons	11.29	640	24		2						
126	Brooke Cunningham, Jamie Cunningham	11.31	620	25			14					
86	Danielle Kock, Allan Forbes	11.28	610	26			15					
95	Sarah Newlands, Nicola Ward	10.25	600	27		3						
28	Erika Van Lennep, Anne Banham, Morrie Donovan	10.49	600	28			16				7	
93	John Bishop, John Biddiscombe	11.42	600	29	10				4			
101	J. Armstrong, B.Howell, R.Macumber, E.Kenny, D.Cosier	10.41	590	30			17	1				
114	Alex Heath, Geoff Shuetrim, Kirsten Linneman	11.11	580	31			18					
119	Chris Braddock, Jono Miller	7.51	570	32	11							
47	Ben Kong, Alvaro Garcia	11.49	570	33	12							
107	Peter Boyce, Mark Nolde, Jason Banks	11.20	550	34	13							
43	Marcelle Gannon, Priya Bhagat	11.56	550	35		4						
21	Thais Turner, Danny Oconnell, Peter Figiel	11.41	540	36			19					
72	Harry Goyen, Doug McCubben, Julie Cox	10.37	530	37			20				8	
81	Bill Pigram, Wal Mills	8.22	520	38	14				5			



Team	12 Hour (continued)	Time	Score	Overall	Men	Women	Mixed	Junior	Men's Vet	Women's Vet	Mixed Vet	Family
128	Peter Brandis, Ian Fryer	9.51	490	39	15							
46	Maureen Cavill, Denise Green	12.00	480	40		5				1		
68	Kieran Williams, Emily Mathey	11.15	460	41			21					
73	Janelle White, Owen, Zoe & Stephen Reynolds	10.33	450	42			22					2
66	Anna Park, Ivan Roberts, Louise Wilkinson	11.22	430	43			23					
61	Jane Greenop, Ray Jenkins	10.04	420	44			24					
135	Jennifer Smyth, Elliot Ramsay	6.49	410	45			25					
23	David Horsley, Paul Corcoran, Tom Boyd	8.39	360	46	16							
22	Maureen Fitzpatrick, Pip Brown, Deborah Smith	9.56	350	47		6				2		
58	Roderick Smith, Tony Lavis	7.26	340	48	17							
125	David Sigley, Lynn Hill	11.41	330	49			26					
70	John Cole, David Chambers	5.46	270	50	18							
139	Maurice Ripley, Claire Ripley, Jane Ripley	4.18	190	51			27					3
77	Peter Sharrock, Robin Sharrock	6.48	190	52			28				9	
45	Alan Mansfield, Sonia Kupina, Louis Mansfield	3.39	120	53			29					4
76	Symeon Bourd, Bob Morgan	12.49	late									



## 'Back to Bungonia' continued from page 5:

Another robust discussion concerned my insistence that we keep the course above 450 m. Those controls down on Cox's River at the 1988 NSW championships at Hampden will haunt me forever! I wanted teams to be able to cover most of the course at a good speed and a descent into, and subsequent ascent out of, the Shoalhaven would have challenged that philosophy.

The historical sites cried out for controls even if they were obvious and it was a conscious concession to less competitive teams to put lots of points in close proximity to the Hash House. I drew a line from there down to Spring Creek Canyon to divide the course into two almost equal halves. We didn't want all teams deciding to go either north or south-east and those who were more thoughtful realised that very rich points could be obtained by leaving out both extremities!

We had lots of fun course-setting although the west wind always blew. One day in August, I remember wearing gloves, cap and jumpers all day despite the sun shining as I struggled up and down the gullies in the south-east. We wanted lots of possible views of the Shoalhaven to ensure everybody got the chance to appreciate the best of the country. #39 was an extra view point that I added while setting #79. It was also my concession to a 100-pointer as I don't believe in having too big a differential among the controls. Teams who approached it from the south complained bitterly about #22 but it was close to a road and, with #72 nearby, 90 points were actually on offer.



*Checkpoint at the old gaol.*  
Photo: Andrew Introna

Our aim was to set an interesting, varied course with lots of options. I began with a hexagonal grid with spacing of 1.25 km originating at the Old Inverary Gaol House. Naturally, this gave only the broad outline and we ensured that checkpoints were on interesting places and that the underlying hexagonal grid was obscured. The change in map grid zones was a surprise. I initially thought I had made a mistake in pasting the maps together!

We hoped the location of the Hash House would encourage teams to return. Some would say this worked too well because the standard rogaining catering formula underestimated how much food would

## 'Back to Bungonia' continued from previous page:

be consumed during the night necessitating a dash to Goulburn early on Sunday morning to get more supplies! I guess the 12 in 24 hour format does encourage lots of eating!

News of land-owner concerns at Brisbane Meadow alarmed us particularly as we had discussed the event with the other owner. Mike's visit didn't resolve the issue so we decided to pull #31. It's amazing how the news spread out on the course although there would have still been some teams who visited or attempted to visit the control after that time. What was nice is that everybody accepted our decision to promote nearby #51 to 80 points.

**Many people helped and we especially want to thank the following:**

**Course-setting and vetting:** Graham Millar; Richard Smyth; James, Jo & David McFarlane; Maurice Ripley; John Barnes and Rohan Prowse.

**Control flag collecting:** Sue Clarke; Walter Keleman; Ken Smith; Peter & Wendy McConaghy; Ian, Alison & Peter Almond; Bronwyn Wilson; David West and Leigh Sullivan.

**Water drops:** Graham & Philippa Millar; Richard Smyth and Robert Bradley

**Administration:** Lindsay Young and James, Jo & David McFarlane

**First Aid:** John McCulloch from St John's Ambulance

**Hash House:** *Feed the Hungry* from Sutherland Anglican Church - Cherie Harding; Nicole Ford; Val Mitchell; Jessica & Pauline Stead and Pam Cardy - assisted by Margaret Hughes; Debbie Hotchkis; Maurice Ripley; John McCulloch and Robert Bradley, with invaluable advice from John Keats.



*Thanks for the water drops.*

Photo: Andrew Introna



*Many thanks to Sutherland Anglican Church.*

Photo: Graham Millar

The hard work of those in the Hash House was not just to feed hungry rogainers but also to raise money for TEAR Australia which provides support for a range of partners in developing countries involved in relief and development activities. TEAR supports some 100 projects, through 65 partner organisations in 26 countries. More details at <http://www.tear.org.au>.

Finally, the bad news ... Rogaining depends on the good-will of landholders and we must respect their property. The sport has strong environmental guidelines to ensure as close-to-zero impact on the land as possible. Two incidents were reported that alarm us greatly. Firstly, a gate was left open near #31 allowing calves just separated from the cows to rejoin their mothers. This not only meant more work for the farmer but was distressing for the animals and neighbours who had to listen to the cows bellowing. Secondly, somebody dumped a load (ie did a poo) near #55. It was out in the open, just off the Landcare walking track so it was very noticeable. The person who discovered it wrote "I can't believe that somebody did it." Neither can we.

*George Collins*

# 'Just 6 hours at Bungonia':

End of October. Spring. A great time to go rogaining. But the State Champs are a 24 hour event with 12 hour option, and my rogaining partner and I had decided to limit ourselves to 6 hour events for the time being. What were we to do?

And then the note calling for volunteers to help caught my eye. A moment's thought, and the Bungonia 6 hour event was born. No matter that there was only going to be one team. No matter that the controls would be set further apart, and thus wouldn't be a true measure of a 6 hour event. We'd be able to practice our navigation, and pace ourselves over the 6 hours.

I rang Mike, and explained our wish to help with collecting controls, albeit in a non-conventional manner. He was helpful, and welcomed our interest in helping any way, no matter how small.

Sunday morning, 9am rogaïne time ... and Leigh and I arrived at the Hash House to find a tent city in the middle of the paddock, and half a dozen sleep-deprived organisers trying to keep themselves awake. Looked at the map, and Mike explained his wish that we collect the controls at the northern end of the course, starting with the ones around the public access areas in Bungonia SRA. He also hoped that we could collect both water drops W1 and W2. This meant that our plan to walk for 6 hours was going to be difficult ... so some quick discussion, and we decided that a 15 minute car transfer in the midst of the afternoon probably wouldn't cause too many problems.

The opportunity to visit a couple of controls with good views was irresistible, so off we headed, checking out the track into water drop W2 first to make sure that we could actually drive in.

Our aim was to collect #80 right on midday rogaïne time ... but we'd spent too long admiring the views from Bungonia Lookdown, and were ten minutes late reaching the control. Enjoyed the views briefly, and then on to #50 and #60. Couldn't resist the temptation to stop for a quick lunch next to the waterhole just above #60 ... and there went any pretense that this was a serious attempt at a 6 hour rogaïne!



*Found a control at last!*  
Photo: Leigh Sullivan

Just to make up, we headed straight up the hill on the eastern side of Bungonia Creek and down to #40. Cleared #29, #20 and #70, and time was getting on. Already it was clear we wouldn't have time to do all the controls we'd discussed with Mike. Having passed our car on the way out to #70, we decided to modify the rules slightly, and drove down to the park entrance to collect W1 and to slip across to #71. Back in the car and down to W2. Kept driving out towards #81 until we reached the entry points for #72 and #22, where we restarted our rogaïne. Wonderful little track down the ridge to #81, but the views were a little disappointing. Then back to #22 - and glad we weren't serious about this because it was a lot of effort for 20 points. Finally #72, and time was over. Collected W2 on the way out, along with #51 from the road. Thought about #31, but the farmer was still around, so decided to leave that we'd leave the dash for glory to Mike!

All up, 5:45 of rogaïne time and 11 controls. Some good practice with walking on a bearing, contouring, and reading the map in areas of somewhat confusing contours. A wonderful afternoon in the sun, in a gorgeous rogaïne area, and we were wishing that we had been doing the 12 hour event after all!

Seriously though, Leigh and I got a lot of pleasure out of our personal 6 hour rogaïne at Bungonia, and the organisers got 12 controls and 2 water drops collected. We'll definitely think about collecting controls again when we feel like doing a 6 hour event instead of the more arduous 24 or 12 hour options.

Maybe next time we might even walk the whole way!!

*David West*

# 'The Ecogaine'

A New Event on the Calendar:



Next March 23/24 you have the chance to participate in a rogaine with an environmental spirit. The Ecogaine will be run in association with the Wilderness Society at a location actually quite close to the metropolitan area of Sydney (20 minutes drive from Hornsby). The course, however, is in so beautiful a forest, with such incredible views that you could be forgiven for thinking that it is a day's drive away.

We are planning to have at least three special environmental features associated with The Ecogaine. First, proceeds raised through the event will be given to local environmental projects, relevant to the course location. Second, steps will be taken to set the course in such a way that it is sensitive to the landscape. Finally, event participants will be provided with information that allows them to share in the ecological richness of the area that will be experienced.

The Ecogaine will not, however, just be about an environmental ethic. We are planning to make it participant friendly too. For more information in this regards, however, check out the next installment of this newsletter, or check out the event website at <http://www.clubs.mq.edu.au/macbushwalk/> and follow the links.



# Assistance from volunteers is essential to the sport.

No experience is necessary - detailed instructions are supplied.

 <b>Volunteer Requirements</b>	<b>2001 Socialgaine 25 November</b>	<b>2002 Metrogaine 24 February</b>	<b>2002 'Eco-gaine' 23rd March</b>	<b>2002 6 Hour Paddy Pallin 16th June</b>
<b>Event Co-ordinator</b>	Ian Dempsey	Trevor Gollan	Paul Batten	Andy Mein
<b>Course Setter/s</b>	Ian Dempsey	Ted Booth, Phil Allen, Bob Bartle, John Guilly	<b>Paul Batten</b> ???	<b>Andrew Pope</b> Andy Mein
<b>Course Vetter/s</b>	Ian Dempsey	Steve Cliffe, Stephen Thompson	???	???
<b>Administration</b> Team leader plus 5 - 6 others  Team Leader indicated in <b>bold</b>	<b>Janette Dempsey</b> ???	<b>Trevor Gollan</b> ???	<b>Bronwyn Lawton</b> ???	<b>Belinda Pope</b> Tanya Chivers ???
<b>Hash-House</b> Team leader plus 6 - 12 others  Team Leader indicated in <b>bold</b>	<b>Charlestown Scouts</b> ???	???	<b>Abigail Nield</b> Rachel Sandwell ???	???
<b>Flag Retrieval</b>	???	???	???	???
<b>Contact Details</b>	Ian Dempsey 4943 5790	Trevor Gollan 4226 5544	Paul Batten 0403 176 716	Andy Mein 9879 4464



If you are interested in organising your own event please contact our Event Manager, Mike Hotchkis (see committee contact listing), or if you are able to help on an existing event please contact the event organisers noted above.

# THE THREE PEAKS:

Completing the Three Peaks is like doing two rogaines, back to back. The aim is to traverse Mount Cloudmaker, Mount Paralyser and Mount Guouogang, starting and finishing in Katoomba, in under 48 hours. It is a challenge bushwalkers have been attempting since the dawn of bushwalking in the Blue Mountains. The undertaking is similar to rogaining in that it involves covering ludicrous distances, at both civilised and ludicrous hours of the day for no apparent reason. You are free to choose your route over the three mountains as long as you start and finish at Katoomba Railway Station (this varies, some people have started and finished for example at the gate on Narrow Neck but this is cheating!). In total, the Three Peaks involves a distance of around 80km, 4000m of ascent and 4000m of descent.

Scott Morrison and I were inspired to attempt the Three Peaks after counting the number of metres we had climbed during this year's Navigation Shield; it was over 4000m! "Yeah, we can do that!" we exclaimed, and before long we were walking very fast out along the Narrow Neck Plateau on a moonlit August night. We had started from the railway station at 9pm. We thought this a good time to start so that we could get the fire trail along Narrow Neck and the track through the Wild Dog Mountains out of the way before the sun rose and we would have to concentrate on our navigation a bit more.

As usual, the road along Narrow Neck seemed to take forever. The views offered some relief however, as the moon lit the surrounding valleys and cliffs giving the landscape a haunting beauty. I was disappointed I had forgotten to bring the words to "it's a wonderful night for a moondance", singing makes the trip along the Narrow Neck much more entertaining. We descended Tarros Ladders, which are metal spikes hammered into the cliff to allow passage off the plateau, and down the ridge to Medlow Gap. We had made good time and were feeling good. The track we needed to find to allow us quick passage through the Wild Dog Mountains is not obvious from the fire trail so we slowed to make sure we didn't miss it. After a couple of false leads, we found it and raced on.

The next couple of hours we walked in a kind of a trance, especially while descending Yellow Pup Ridge where the track zigzags back and forth. We arrived at the Coxs River at around 3am stopping for a brew and a bite to eat. We had tried to pack as lightly as possible, taking a sleeping bag, mat and bivvy bag each in addition to food. Since it was winter and we may need some sort of luxury to keep our spirits high, we also put in a fuel stove and caffeine. We had completed our first major descent, from an elevation of 1020m at Katoomba to 150m at the Coxs.

After crossing the Coxs, which involves getting your feet wet, we bravely began our first ascent: Cloudmaker via Strongleg Buttress. It is a little bewildering knowing that you are relentlessly going to be climbing for the next few hours but somehow you still take your first of many steps up and up and up. The sun rose and after a bit of geographical embarrassment around the vicinity of Dex Creek camp we emerged onto the summit. It was 8am and the first ascent was behind us (Cloudmaker 1160m). We sat, ate, and signed the logbook, which sadly had been replaced only a week or two before so we did not have much to read.



*'Cloudmaker' summit cairn.*

Photo: Emma Murray / Scott Morrison

We recorded our achievement with a photo and headed purposefully off in the wrong direction. Scott luckily noticed our mistake not too much further and we redirected ourselves down the right ridge. The ridge has many knolls along it, each of which Myles Dunphy has creatively named Rip, Rack, Roar and Rumble. After going over Rumble, we descended off Roar past some impressive conglomerate cliffs and down Thunder Buttress to Kanangra Creek (300m). Care must be taken on the approach, as all along



# 3 Peaks

		KATOOMBA
		JAMISON
	JENOLAN	
	KANANGRA	

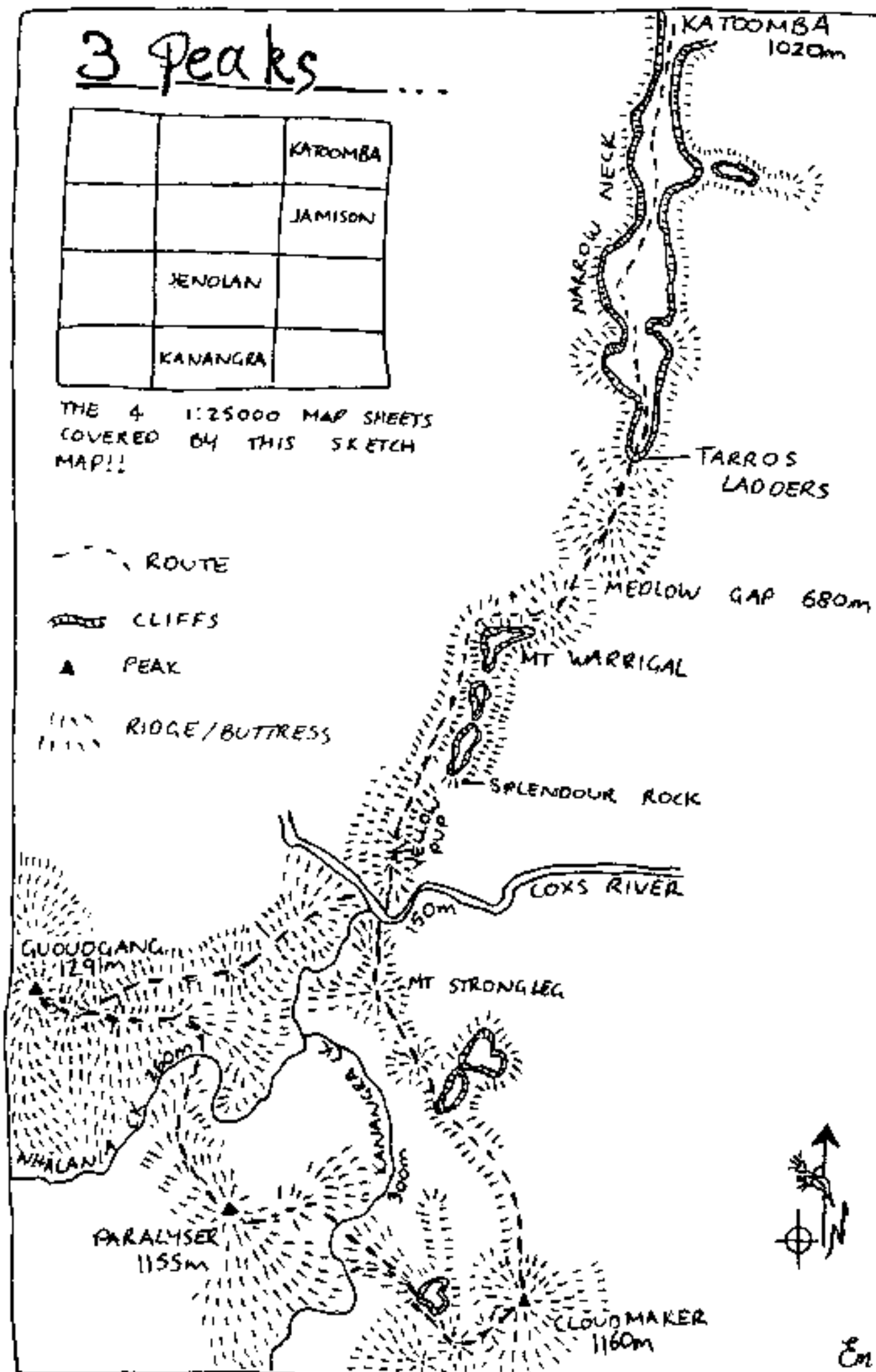
THE 4 1:25000 MAP SHEETS COVERED BY THIS SKETCH MAP!!

--- ROUTE

CLIFFS

▲ PEAK

--- RIDGE/BUTTRESS



En.

the creek there are cliffs and it takes a few peers over the edge to find a way down, not something you want to be doing in the dark!

Again, it was time to start the next relentless climb. We reached the summit of Paralyser (1155m) at about 1pm. I was happy to find that the logbook had not been replaced. If you ever go to Paralyser it is worth reading the logbook, besides, you would never go there to see the view, there is none! It is forested and flat. Not many people visit Paralyser, most entries in the book are by three peakers. On a trip from Kanangra in 1999, Daniel Marlay and I had visited the peak, there had only been a few pages of entries since then. It is worth sitting down and reading about the burning ring of fire club, a group opting to do 2 peaks in 3 days and a wonderful description of the 97' Chardonnay (where you have to go to the Guouogang logbook to find out about the Cab Sav).



*Signing the summit book on 'Paralyser'.*

Photo: Emma Murray / Scott Morrison

One garbled entry was by none other than Simon Angus and Matt Chamberlain who some of you may know. The entry was made during their successful Three Peaks attempt some years earlier. Their semi conscious state after probably running most of the way from Katoomba was obvious but I think the entry was saying something like their climb up Guouogang was going to be the last nail in their coffin.

We took another photo and dropped off Paralyser via North Paralyser Buttress. As we went down, down, we watched as the great bulk of Guouogang grew in front of us. Similarly to Kanangra Creek, Whalania Creek has cliffs along it, we were happy that the sun was still in the sky as we negotiated the creek and made the ascent up a very steep and slippery slope. The sun set as we reached Mount Bullagowar. The knife-edge ridge between Mount Bullagowar and the summit of Guouogang is called the Razorback. Some rock scrambling is involved here but the biggest challenge is the impenetrable scrub close to the summit. The top is flat and at night, it is difficult to locate the highest point, especially when you have to literally launch yourself at the scrub to flatten it in order to get through. I am sure there are footpads to the summit but they are difficult to find and follow.



*Mt. Guouogang summit cairn.*

Photo: Emma Murray / Scott Morrison

Luckily, we found the summit cairn without wasting too much time and sat down to cook dinner at about 8pm. We signed the logbook and took another photo. There was a vague track leading off the summit but it soon disappeared. We backtracked across the Razorback and descended towards the saddle between Guouogang and Bullagowar. I was slowing down and tripping over every rock and stick in my path, Scott was still going strong but was happy to have a sleep, besides it was 9pm and we had 24 hours to get back to Katoomba! We slept for around 8 hours and then continued our descent down Guouogang Ridge to the Coxs River. "We're on the home run now!"

After a feast of fruitcake, we crossed the river at around 8am. This time I couldn't be bothered taking my shoes off. The plod back through the Wild Dog Mountains was slow. I was considering making a side trip to Splendour Rock but decided against it when passing the turn off as our pace was getting slower and slower. We rested at Medlow Gap before the last climb up onto Narrow Neck and home. The wind and rain blew up as we got closer to civilisation. We had been very lucky with the weather up until then. Finally, we made the last climb up the main street of Katoomba, reaching the station at 5.30pm. We had done it! It took us 44 hours and 30min.

## Sydney Summer Series *programme continued from page 4*

- Event 13:** Wednesday 16 January 2002  
Venue: Majors Bay Reserve,  
Norman Street, **Concord**  
Contact: Patrick Murphy Ph: 9763 1107
- Event 14:** Wednesday 23 January 2002  
Venue: Lakeside Park, Lake Park Road,  
**North Narrabeen**  
Contact: Jim Merchant Ph: 9763 1107
- Event 15:** Wednesday 30 January 2002  
Venue: Pottery Green, Phoenix Street,  
**Lane Cove**  
Contact: Sheralee Bailey Ph: 9227 0017
- Event 16:** Wednesday 6 February 2002  
Venue: Magdala Park, Magdala Road,  
**North Ryde**  
Contact: Glen Horrocks Ph: 9869 8524
- Event 17:** Wednesday 13 February 2002  
Venue: Vineyard Creek Reserve,  
Tintern Avenue, **Telopea**  
Contact: Ted Mulherrin Ph: 9680 1305

- Event 18:** Wednesday 20 February 2002  
Venue: Clarke's Point Reserve,  
Clarke Road, **Woolwich**  
Contact: Ian Cameron Ph: 9482 2454
- Event 19:** Wednesday 27 February 2002  
Venue: Loyal Henry Oval,  
Bromborough Road, **Roseville**  
Contact: Andrew Wiz Ph: 9869 4064
- Event 20:** Wednesday 6 March 2002  
Venue: South end of Martin Road,  
**Centennial Park**  
Contact: Dave Lotty Ph: 9660 2067
- Event 21:** Wednesday 13 March 2002  
Venue: Chambers Park,  
Blackwall Point Road, **Chiswick**  
Contact: Steve Flick Ph: 9712 4350
- Event 22:** Wednesday 20 March 2002  
Venue: University Oval,  
end of Culloden Road, **Marsfield**  
Contact: Larry Weiss Ph: 9481 9659

**Do you have a story on a rogaine-related outdoor challenge you've been involved in that you would like to share with other like minded outdoor enthusiasts? Send your story via email to: [andy\\_mein@bigpond.com](mailto:andy_mein@bigpond.com) and photos to: 1a Gray Street, Henley NSW 2111**

## Newsletter contributions:

Remember to keep those contributions coming. Put pen to paper or snap a few photographs at your next event and share them with your fellow rogainers. Take note of the submission dates and send your contributions to newsletter Editor Andy Mein. Written word via email would be appreciated (PC Word '95 or 'text' file). Original copies of your photographs would be preferred and will be returned. See Committee listing for Andy's contact details.

Issue	Publication Date	Submissions Close
89	23rd January	18th January
90	6th March	1st March
91	22nd May	17th May
92	3rd July	28th June

*'Keep your contributions coming all year round.'*

# Position Vacant

## \* ARA Technical Subcommittee Chair \*

At its 1998 AGM, the ARA agreed to establish a standing subcommittee to take responsibility for all technical matters. This subcommittee consists of a representative nominated by each state association and a Chair appointed by the ARA.

Since its establishment, Richard Robinson has chaired this subcommittee. Richard now believes it is an appropriate time to step aside and allow a new Chair to be appointed to bring fresh energy and ideas to the position.

The Charter of the subcommittee can be viewed on the ARA website at: <http://rogaine.asn.au/ara/docs/index.html> and the functions of the subcommittee are:

- 1. Maintain the Technical Regulations of the ARA including undertaking a formal review of these not less often than every three years.*
- 2. Maintain the Environmental Guidelines of the ARA.*
- 3. Provide interpretation as required of the Technical Regulations and Environmental Guidelines.*
- 4. Via the chairperson, provide an annual report to the ARA Council at it's Annual General Meeting.*
- 5. Maintain this Charter, including undertaking a formal review not less often than every three years.*
- 6. Promote the ARA Technical Regulations and Environmental Guidelines to all ARA affiliated state associations and in particular promote the culture of fairness and participation as the cornerstones of rogaining.*
- 7. Assist as requested with development and maintenance of the rules and technical standards for rogaining outside of Australia.*
- 8. Other functions as requested by the ARA Council.*

The next review of the Technical Regulations is due in 2002 and the current Chair has a list of issues and suggested changes they have been raised since the current Regulations came into force in 2000. The next review of the Environmental Guidelines is due in 2004. Richard has committed to providing the new Chair with as much (or as little) assistance as they feel they require.

This is neither an onerous or difficult task and if you feel that you may be interested please contact ARA President, Phil Holman at: [pholman@ozemail.com.au](mailto:pholman@ozemail.com.au) Further details can be obtained from Richard Robinson at [richard\\_robinson@epic.com.au](mailto:richard_robinson@epic.com.au)



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# Application for Membership or Renewal of Membership

I/We the undersigned, who live at the address given below, hereby apply to become members / renew membership of the above named incorporated association. In the event of my/our admission as members I/We agree to be bound by the rules of the association for the time being in force.

Full Name	Date of Birth	Fee (\$)	Renew (Y/N)	Signature

My/Our address (for delivery of one copy of each newsletter) is:

Name: .....

Address: .....

Town: ..... Postcode: .....

E-mail: .....

Phone: (home) ..... (work) ..... (fax) .....

Interested in being a volunteer at an event this year? YES ☐ NO ☐

**The fee per annum is \$12 for the first person on this form and \$3 for each additional person.** The membership year starts 1<sup>st</sup>. January. The maximum fee for a family is \$15. A family is defined as one or two adults plus any number of dependent children each of whom looks to one or both of the adults as a parent and who all live at the same address. Please send this form together with a cheque payable to "NSW Rogaining Association" to: **NSWRA Membership Secretary, 97 Norman Avenue, Thornleigh NSW 2120**



**www.nswrogaining.org**