

NSW ROGAINING NEWSLETTER

Number 76

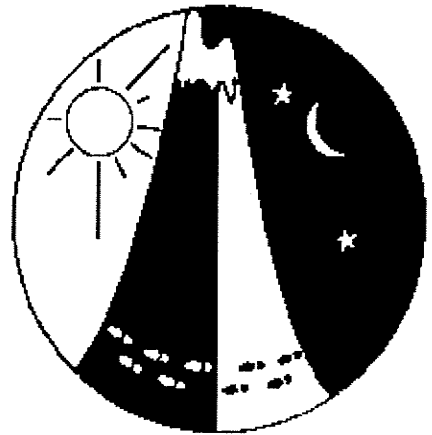
July 1999

TIME TO GET COMPETITIVE!

OZ Champs



**23 / 24
October**

**near
Wodonga,
Victoria**



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JAN 15/16 2000

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**World
Champs**

**15 / 16
January**

**New
Zealand**

WHAT'S ON IN 1999/2000

Event/Coordinator	Course Setters (4) Vettors (2)	Administration	Hash House
NSW EVENTS			
NSW 1999 Championships Brickmans Backyard 28-29th August Bert van Netten (02) 4975-3693	Bert van Netten Andrew Haigh (Vettor) Arthur Kingsland (Vettor)	Nicole Dynon Ian Deck	Bankstown Bushwalking & Social
Lake Macquarie Rogaine 18th September Bert van Netten (02) 4975-3693	Robert Vincent Robert Preston (Vettor)	Albie Arnott Sharon Arnott Nick Greenhalgh	Joanna Parr
Socialgaine 5th December Hawkesbury River Sue Clarke (02) 9816-2508	'Chippy' Le Carpenter	Peter Leroyd Herb Lippmann	
INTERSTATE/OVERSEAS EVENTS			
Northern Territory Litchefield National Park 6/24hr 31st July/1 August David Palmer (08) 8985 0000 (w) Andy Black (08) 8922 8888 (w)	—	—	—
Snowy Rail Australian Rogaining Championships 23rd-24th October Leigh Privett (02) 6025 4959	Chas Farran John Cox Tony Perrott (Vettor)	Chas Farran (02) 6041 2639	Val Privett & friends plus AWOC
4th World Rogaining Championships Canterbury, New Zealand 15-16th January 2000 Website & E-mail: www.chch.school.nz/dhs/ rogaine2000 rogaine2000@hotmail.com	—	—	—

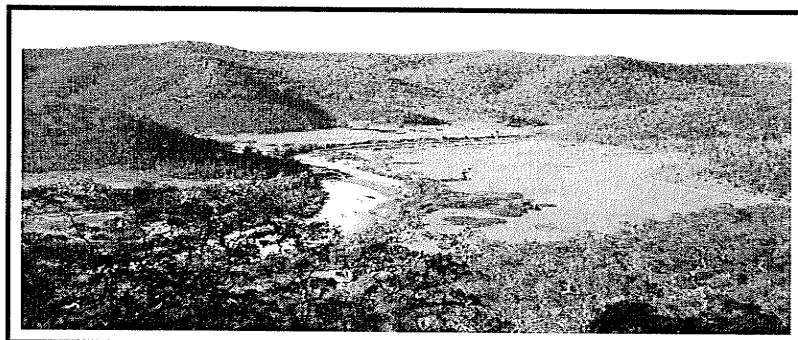
*Join in the fun of working behind the scenes
HELP always needed, contact :*

**Vicki Cooper Phone: 02-6772-3584 (h)
Cluny Rd, Armidale NSW 2350**

No experience is necessary - detailed instructions are supplied.

COMING ATTRACTIONS

BRICKMAN'S BACKYARD - YENGO NATIONAL PARK



Another reminder about the **Brickman's Backyard Rogaine (NSW Champs)**, near Wollombi (1½ hrs north of Sydney). The Rogaine is a 24hr event with the option of a 12 in 24 hour event.

The Rogaine is mostly in Yengo National Park with **spectacular wilderness** scenery, which we have taken advantage of when setting checkpoints. A wild expanse of bushland between Wisemans Ferry and the Hunter Valley can be reached by either Wisemans Ferry, St Albanys area, Putty Rd or George Downes Drive. Yengo NP includes **rainforests, tall open forest, woodlands and swamps** in which you will encounter an **abundance of wild-life** including wombats, koalas, gliders and maybe one of the many hundreds of **aboriginal sites** scattered across the park. Legend says Mount Yengo is a mythological place where Biamie de-

parted to the skies after finishing his creative tasks during the dream time. The mountain top was flattened after he stepped on it.

The **Hash House** will be on an ideal grassy area by the river with plenty of room for camping. The wilderness nature of the area does not facilitate water drops and **drinking water is scarce** in the area and so participants are advised to **carry plenty of drinking water** with them on the course. For those who like a bit more luxury, there are quite a few guest houses in the area. For more information contact Cessnock Visitors Centre on (02) 49904477, and ask for accommodation in the Broke/Wollombi area. They are very willing to send out information.

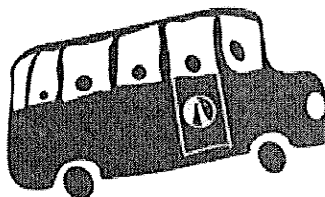
The final stage of course vetting is happening, with the Rogaine only a few weeks away. The closing date for entries is Friday, 13th August.

ENTRIES CLOSE Friday 13th, August

OZ CHAMPIONSHIPS TRANSPORT INFORMATION

There is no need to drive all the way to Victoria!

Join in the camaraderie of the bus down to the Australian Championships!



Details

Friday 22nd:

- 4pm: Depart Strathfield Station
- 7:30-8:30: Dinner stop at Yass & pick up for Canberra people.
- 12:30am: Arrive at the Hash House

Sunday 24th:

- 2pm: Depart after the event

Cost:

- ex Sydney: \$40
- ex Yass: \$25

1999 COMMITTEE

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Ken Smith
Daniel Marlay

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Volunteer Co-ordinator: Vicki Cooper

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gcooper@metz.une.edu.au

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Services

Surveying: Control surveys for natural resource and construction projects. Global Positioning System surveys and services. Project management, geodetic and mapping control surveys as well as survey control information.

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- Tourist maps
- Historic map reproductions
- Geographic names gazetteer
- Special publication including: Official Road Directory of NSW Map Reading Guide Atlas of NSW
- Special use maps including: NSW base maps Aboriginal map of NSW Lord Howe Island Colour Photomap NSW Local Government Areas map Sydney CBD colour photomap
- Digital boundaries such as local government, suburb, electoral etc.

CONTACT



Surveyor-General's Department
New South Wales

SURVEYOR-GENERALS DEPARTMENT Panorama Ave. Bathurst 2155
Phone (02) 63 328 222

Please send me YES NO

Send to:
Name:
Address:
.....
..... P.Code:
Phone No:

Application for Membership or Renewal of Membership

I/We the undersigned, who live at the address given below, hereby apply to become members / renew membership of the above named incorporated association. In the event of my/our admission as members I/we agree to be bound by the rules of the association for the time being in force.

Full Name	Date of Birth	Fee (\$)	Renew (Y/N)	Signature

My/Our address (for delivery of one copy of each newsletter) is:

Name:

Address:

Town: Postcode:

E-mail:

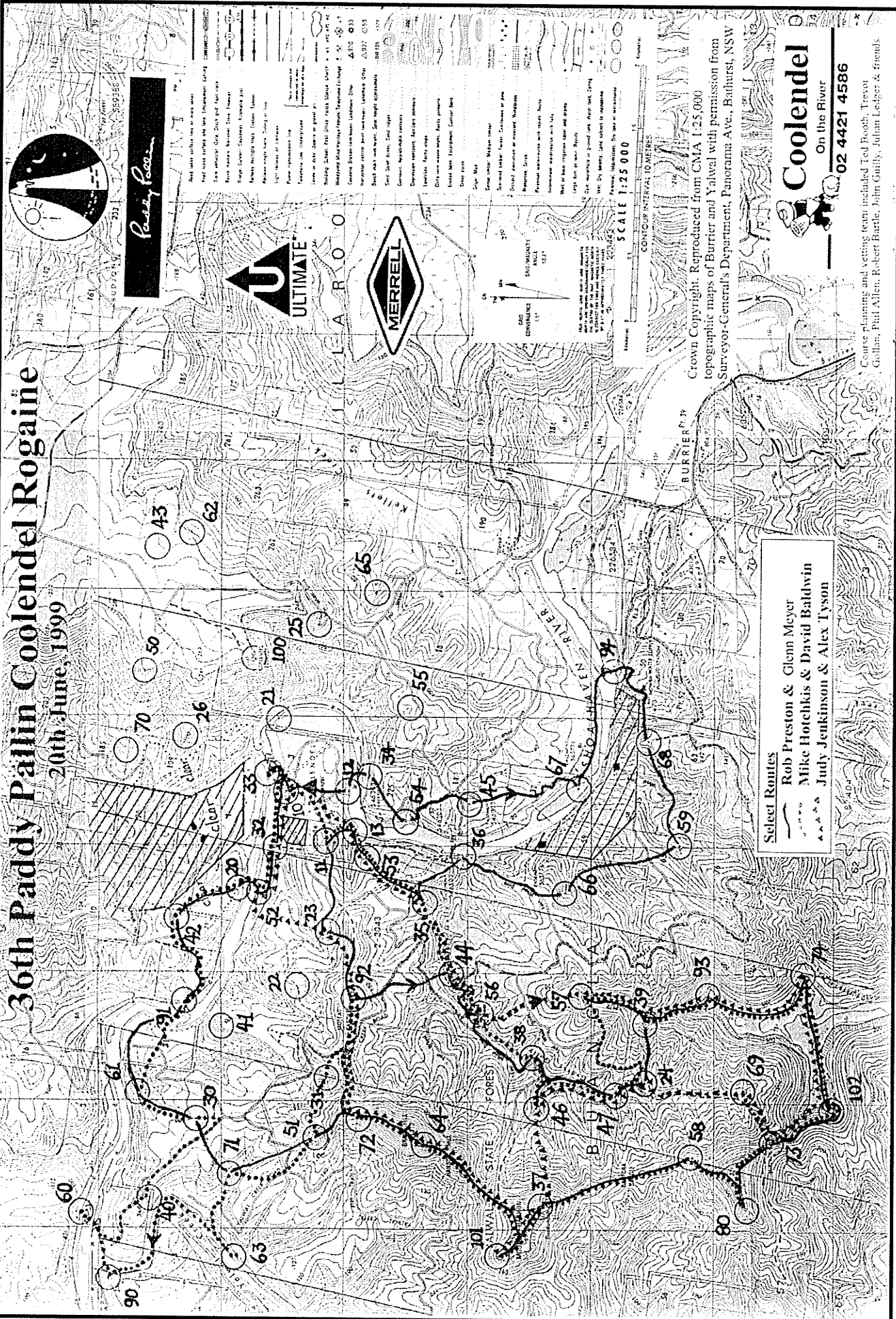
Phone: (home) (work) (fax)

The fee per annum is \$12 for the first person on this form and \$3 for each additional person. The maximum fee for a family is \$15. The membership year starts on 1st January. A family is defined as one or two adults plus any number of dependant children each of who looks to one or both of the adults as a parent and who all live at the same address.

Please send this form together with a cheque payable to "NSW Rogaining Association" to:
Membership Secretary NSWRA, Graeme Cooper, Cluny Road, ARMIDALE 2350

36th Paddy Pálin Coolendel Rogaine

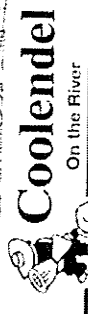
20th June, 1999



Paddy Pálin



Select Routes
 Rob Preston & Glenn Meyer
 Mike Hotchkis & David Baldwin
 Judy Jenkinson & Alex Tyson

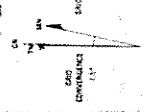


Coolendel
 On the River
 02 4421 4586

Course planning and setting team included Ted Booth, Trevor Gollan, Phil Allen, Robert Bartle, John Gully, Julian Ledger & friends.

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SCALE 1:25 000



CONTOUR INTERVAL 10 METRES
 Contour lines are shown every 10 metres. Contour lines are marked with their elevation in metres above sea level. Contour lines are drawn at regular intervals of 10 metres. Contour lines are drawn at regular intervals of 10 metres. Contour lines are drawn at regular intervals of 10 metres.

1999 PADDY PALLIN

6 Hour Course

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
65 Glenn Meyer, Robert Preston	2150	14.56	1	1								
143 David Baldwin, Mike Hotchkis	2030	14.56	2	2								
186 Ian Cameron, David Lyle	1690	14.56	3	3			1	1				
115 Michael Burton, Arthur Kingsland	1660	14.58	4	4								
172 Ian Brown, Tony Garbellini, Geoff Luscombe	1610	14.56	5	5			2	2				
53 Ben Buchler, Jeremy Dore	1590	14.49	6	6								
101 Ian Dempsey, Bert van Netten	1470	14.59	7	7			3	3				
114 Andrew Haigh, Nicole Haigh	1450	14.58	8			1						
40 Andy Mein, Chris Mein, Andrew Pope	1430	14.51	9	8								
100 Tom Landon-Smith, Alina McMaster	1410	14.59	10			2						
190 John Hodsdon, Val Hodsdon	1400	14.58	11			3	4			1		
111 John Barnes, Andrew Perry, Rohan Prowse	1390	15.01	12	9								
45 Stuart McWilliam, Michael Slade	1370	14.54	13	10								
81 Cameron Osborne, Gareth Prosser, Andrew Wisniewski	1340	14.56	14	11								
106 Melvyn Cox, Gordon Wilson	1340	14.58	15	12			5	4				
72 Ian McKenzie, Peter Shepherd	1330	14.55	16	13			6	5				
119 Judy Jenkinson, Alexandra Tyson	1320	14.57	17		1							
118 David Dash, Peter Tamsett, Stewart Tamsett	1310	14.59	18	14								
29 Alan Duus, Ian Kenny, Bernie Millett	1300	14.59	19	15			7	6				
32 Andrew Jones, Rowena Morris	1290	14.57	20			4						
125 Bruce Fenton, Peter Paddon, Andrew Woodall	1280	14.49	21	16								
66 Bruce Cook, Will de Sain	1260	14.57	22	17								
136 Peter Gordon, Peter Learoyd	1260	14.57	23	18								
122 Adrian Sheppard, David Singleton	1250	15.07	24	19								
27 Claudia Barduhn, Glenn Bridgart	1230	14.47	25			5	8			2		
41 David Green, Timothy Morris	1230	14.53	26	20								
161 Lisa Cutfield, Glen Peters	1220	14.58	27			6						
152 Kevin Moore, Julie Quinn	1210	14.47	28			7						
103 Martin Liiv, Rob Paterson	1200	14.53	29	21			9	7				
162 Carol Osborne, Joanna Parr	1200	14.54	30		2							
88 Meagan Enticknap-Smith, Morten Pedersen, Drew Smith	1180	14.50	31			8						
139 Ricky Campbell-Allen, Barbara Campbell-Allen, Paul Campbell-Allen	1180	14.58	32			9	10			3		
21 David Jones, Warren Jones	1170	14.52	33	22								1
8 Dean Martin, Glenn Schwarzel, Mark Schwarzel	1150	14.58	34	23								
19 Bruce Chessman, Carl Chessman	1110	14.42	35	24								2
47 Colin Tuft, Katherine Tuft, Peter Tuft	1110	14.58	36			10						3
184 Paul Veldkamp, Gillian Whiting	1100	14.56	37			11						
93 David Drew, Kevin Lloyd	1070	14.49	38	25								
154 Mike Aylott, Andrew Gibbs	1060	14.55	39	26								
144 Robert Loader, Paul Van Wyk	1050	14.56	40	27								
193 Nikki Fredsall, Sabina Hamaty	1040	14.51	41		3							
194 Karen Darby, Tony Murphy	1040	14.56	42			12						
148 Wayne Davis, Reddall Leslie	1040	14.58	43	28			11	8				
74 Neil Chappell, David Lilley, Michael Lilley	1030	14.58	44	29								
97 Steven Halpin, Mary Ann Kulh	1030	14.58	45			13						
15 Christine Curtin, Alison Curtin	1030	14.59	46		4							
91 Scott Finlayson, Mark Powell	1020	14.58	47	30								
37 Michael Cross, Richard Neville, Simon Peisker, Ivan Sykes	1010	14.58	48	31								
64 Stephen Deppeler, Damien Johnson, Theo Maes, Kevin Tinker	1010	14.58	49	32								
105 Kathy Herrmann, Kristiane Herrmann	1010	14.58	50		5		12		1			
3 Lian Mack, Shane Woonton	990	14.49	51	33								
54 Julie Avakian, Michael Avakian	980	14.54	52			14						
198 Nihal Danis, Richard Sage	970	14.57	53			15	13			4		
17 Peter Hou Hansen, Moninya Raghan	960	14.47	54			16						
129 Melissa Casimir, Robert Casmir, Rob Parbery	960	14.52	55			17						
120 David Clark, Peter Leppert	940	14.59	56	34			14	9				
30 Piers Giorgione, Julian Humphrey	930	14.43	57	35								
50 Trevor Cupitt, Merv English, David Seaton	920	14.58	58	36			15	10				
58 Mitchell Coleman, Rye Coleman,												

(Continued on page 7)

1999 PADDY PALLIN

(Continued from page 6)

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
Robert Walker, Mathew Walker	920	15.03	59	37								
146 Ron Junghans, James Lithgow	920	15.06	60	38			16	11				
167 Alex Roose, Paul Rustomji	900	14.50	61	39								
31 Lyndall Hatch, Kathy Saw	880	14.51	62		6		17		2			
52 Peter Boyce, Mark Nolde, Mark Sliwinski	870	14.56	63	40								
63 Carol Harding, John Harding	860	14.50	64			18						
135 Rosemary Garlick, Steve Garlick	860	14.56	65			19	18			5		
25 Robert De Jong, Monique DeJong, Yasmin Funk	860	14.59	66			20						
131 Daryl Kay, Stephen Mar, Matt Reilly	860	15.02	67	41								
212 David Cannings, Catherine Harrop	850	14.59	68			21						
121 James Clarke, Owen Harrod	830	14.38	69	42							1	
187 Anne Francis, Lynne Trappel	830	14.56	70		7		19		3			
199 David Gillies, Nic Kenter	820	14.49	71	43								
200 Darren Bentley, Derrig Scott	820	14.49	72	44								
62 Myee Allison, John Fuller, Ray Lidgard	820	14.53	73			22						
213 David Kneeshaw, Grahame Price	810	14.58	74	45								
75 Malcolm Hughes, Ryan Lovett	790	14.44	75	46								
156 Dianne Kitcher, Lance Kitcher	790	14.48	76			23						
12 Darren Postill, Steve Sargeant	790	14.55	77	47								
7 Craig Day, Erica McConnell, Michelle Summer, Mark Wood	780	14.00	78			24						
60 Ben Austen, Nick Howell, Dave Sharp Mark Sstrom	780	14.48	79	48							2	
112 Sandra Kemp, Iain Martin, Tony McLeod	780	14.51	80			25						
99 Carol Baglin, Ed Castro, Elizabeth Lynch, Adam Smith	780	14.52	81			26						
141 Rodger Austen, Martin Howell, Colin Sharp	780	14.59	82	49			20	12				
28 Nathan Carroll, Anitra Kenny	770	14.55	83			27						
203 D Benfield, Peter Curtis, Lynne Rymer, B Tucker, D Welsman	770	14.59	84			28						
128 John Bowles, Chris Stevenson, Dianne Stevenson	770	15.06	85			29						
166 John Davies, regina Kimmich	760	14.51	86			30						
59 Richard Hall, Noel Walton	760	15.18	87	50								
165 Jane Andrew, Joshua Conroy, Shane Dilley, Jason Irving, Michelle McCann	750	14.55	88			31						
46 Carol Jacobson, Ken Jacobson	750	14.56	89			32						
150 Geoff Silburn, Bob Smith, Ashleigh Smith	750	14.56	90			33						
185 Scott Bartho, James Plummer	750	14.56	91	51								
89 Lisa Phillips, Dick Walker	750	14.59	92			34						
179 Dianne Gordon, Grant McClory, Darryn Welham	740	14.43	93			35						
155 John Stewart, Jim Wade	740	14.50	94	52			21	13				
95 David Waddell, John Waddell	740	14.52	95	53			22	14				
13 Lynda Paju, Kim Rossington	740	14.55	96		8							
159 Peter Wherry, Paul Wherry	730	14.37	97	54								
195 Bronwyn Hardy, Liz Hardy, Peter Hardy	730	14.46	98			36						
117 Jitka Kopriva, Henry Roda	720	14.48	99			37						
23 Stewart Amery, David Brooks	720	14.56	100	55								
67 Clancy Clarke, Oscar Clarke, Paula Clarke, Ry Clarke	720	14.57	101			38						4
127 George Kriflik, Lynda Kriflik	720	14.58	102			39	23			6		
113 Patrick Murphy, Terry Murphy	710	14.55	103	56			24	15				
36 Jodie Burnell-Jones, Didier Dejean, John Duffers, Grant Morgan, Matt Murphy	710	14.57	104			40						
201 Meredith Simms, Hal Simms, Nathan Smith	710	15.07	105			41						
76 Steve Burns, John Menyhart	700	14.51	106	57			25	16				
126 Roslyn Atkins, Kerry Gilmore	700	14.53	107		9		26		4			
207 Bill Broughton, Richard Foster	700	14.54	108	58			27	17				
204 Glenn Alford, Stephen Borg, Amanda Lennon, Ron Van Grootell	700	14.55	109			42						
169 Alex Perry, Rebecca Stoeckel	700	14.57	110			43						
171 Jane Pulford, Carolyn Roberts, Kerry Vinall	690	14.52	111		10							
192 Lisa Lampe, Mark Wright	690	14.56	112			44						
48 Meg Thornton, Robyn Tuft	690	14.58	113		11		28		5			

(Continued on page 8)

1999 PADDY PALLIN

(Continued from page 7)

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
73 Rachael Crompton, Judy Micklewright	680	14.39	114		12							
18 Miranda Kossen, Andrew Smith	680	14.54	115			45						
168 Tania Baxter, John Baxter, Jack Baxter, Michael Frater	680	14.54	116			46						5
181 Bill Gribble, Leslie Steinhaus	670	14.40	117	59			29	18				
6 Tony Gellert, Rob Lang, Jeff Welch	660	14.47	118	60								
35 Lisa Cottingham, Daniel Shiels	660	14.47	119			47						
196 Clyde Crawford, David Glas, Rachel Howe, Alex Rusanov, Matthew Wright	660	14.59	120			48						
71 Jenny Wilbow, Scott Wilbow	650	14.52	121			49						
116 Ian Hawkes, Melanie Mill	650	14.52	122			50						
173 Maureen Cavill, Denise Green, Margaret McKenzie	650	14.58	123		13		30		6			
90 Richard Connors, David Palmisano	640	14.28	124	61								
38 Belinda Pope, Stephanie Seaton	640	14.48	125		14							
102 Dianne van Netten, Jamie van Netten Kim van Netten	640	14.51	126			51						6
210 Julie Mathews, Allan Mathews	640	14.55	127			52	31			7		
9 Michael Cohen, Simon Shaw	630	14.49	128	62								
92 Neil Gulvin, Paul Toohey	620	14.50	129	63								
177 David Bere, Leonie Clarke, Karen Rogers	620	14.53	130			53						
175 Natasha Lees, Jenny Wood	620	14.57	131		15							
44 Gilda Hiebler, Debbie Stein, Paul Stein	610	14.40	132			54						7
77 John Butcher, Sallyanne Butcher, Bryony Cox, Timothy Cox	610	14.49	133			55						

(Continued on page 10)

COOLENDEL - CO ORDINATORS REPORT

Congratulations to the 500 Rogainers, including many first timers, who took part in the 36th Paddy Pallin Rogaine. Special words to all trophy winners and the youthful overall winners Robert Preston and Glen Meyer who just nudged Mike Hotchkis and David Baldwin into second place. Both teams had outstanding scores.

We were fortunate to have a special area with heaps of variety plus perfect weather and very good facilities at the Coolendel Hash House site. Thanks go to the owners Arthur and Rhonda (who rescued me and the trailer when I broke down en route), Mitchell and Merla, Brian and Kerry and their onsite managers Jeff and Pam who were all more than accommodating. Thanks also to the primary course setters Ted Booth and Trevor Gollan who managed to spread out the big crowd pretty well (see Trevor's interesting article, Page 10).

The Paddy Pallin organisation arranged prizes and provided their name, their promotional resources and not least the indefatigable Jason Hughes who processed all the entries and had a few staff teams there on the day. Prizes were provided by sponsors Ultimate and Merrell. Thanks also to Ric Lovegrove and all our friends from Ist Waitara Scouts



Julian Ledger & Ted Booth

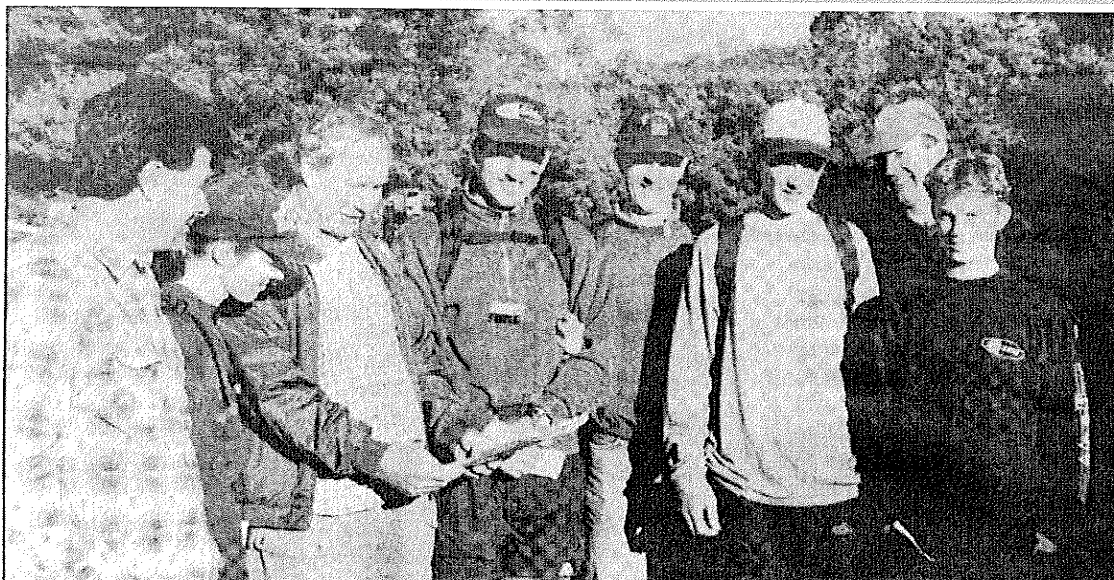
who entirely with volunteer helpers catered for a record 200+ on Saturday night and the whole crowd on Sunday afternoon. The Admin team was ravaged by flu but the survivors managed. Thanks Jennifer Borrell, John Bishop, Joce Booth, Margaret Hughes, Eric Barnes, Herb Lipmann, Leah Deene and especially Terry Funk who handled her rapid promotion to chief admin person

with aplomb, drove back to Gerringong to try to rescue me off the highway and was still driving me home at 11pm Sunday. It was not a weekend for vehicles as we broke the hire ute replacing my vehicle and also on the way out the Rogaine trailer which had to be rescued by welders mid week - all ended well however.

The event would not have been possible without the cooperation of landowners including NPWS, State Forests and private owners. Each year the Paddy Pallin Rogaine makes a donation to an organisation which Paddy, the man, supported in his lifetime. This year the National Parks Association were the beneficiaries of a cheque for \$500. They will use it to continue their work of campaigning for the extension of the national park system.

The event was the tenth I have helped run. I started helping because competing in the 1989 event was such hard work! Next year it might be time to take part again. We hope to be heading for a location just west of the Blue Mountains.

By Julian Ledger



Noel Walton, Sasha Chatter, Richard Hall, Anthony Chatter, Brian Bates, Rye Coleman, Mitchell Coleman, Matthew and Robert Walker at the Rogaining event at Coolendel.

Coolendel invaded by Rogainers

What and who are rogainers?

Rogaining is a fun way of enjoying the bush and testing your navigational skills.

In essence, rogaining is a sport of long distance cross country navigation.

The 480 who enjoyed the wonderful weekend weather and Coolendel bush and mountain scenery came from as far away as Melbourne and all over NSW.

All were first time visitors to Coolendel and many first time to Shoalhaven so it was a most successful public relations exercise with promise of further visitations to our area.

Participants had six hours to register at as many of the 63 check points scattered over

the area surrounding Coolendel and stretching from Yalwal in west to Burrier in the east, south to Durkin Spur and north to Lower Budgong.

Each check point carried points with value from 10 to 100.

The winning team scored over 2000 points.

Catering for the weekend was in the capable hands of 1st Waitara Scout Group who prepared three course baked dinner on

Saturday night for 260 people and then three course lunch on Sunday.

The shelter shed and its facilities was ideal for the preparation and presentation of the meals and the group was most impressed with it and the very modern amenities at the camp.

Winter is ideal for these bush activities and even those who like a leisurely walk can come up to Coolendel and try some of the many walks along the

river or up to Gradys Mountain to enjoy the view to Jervis Bay in the east and the Shoalhaven Gorge in the west.

The road has been improved by great work of the Council engineering staff, new bridges and removal of corners, bitumen sections and passing bays in narrow sections, now an interesting and scenic drive and only 30kms from Nowra.

Phone 4421 4586 for details.

controls were above 300 metres and the climbs would involve considerable effort. This caused a rethink and plan 2 was a clockwise route to the east of the river stopping short of controls 93 and 102.

The route finally taken started with control 11, over to 13, up to 53 and down the track to 36. Back up the spur to 35, staying high across side creek then down to 44. Round the creek to 56. Looked an interesting mine but no time to explore. Crossed the creek to locate the fire trail to 38. Expected the track to be more defined and spent a few minutes searching away from the creek. 38 came up quickly and we overshot it on the track. Up the spur to 57 and around the ridge to 39 wandering to the right

and checking out the first spur. This was to have been our turning point but feeling good we climbed to 93 and admired the view. Round the plateau to 74 across to 102, luckily seeing a team about to descend the track to 73. The start of the track was quite close to the lookout. Down the formed track to 73 wondering when and why it was ever constructed. Down and back from 73, up the short climb to 80, back across and down through the boulders to 58. Along the ridge to 37, across to 101 and glad to be going down and not up the steep crack through the cliff line. Starting to tire and Hanson hill on the way to 64 seemed much higher. Punched 64, off the ridge to 72 and down the spur to 51. Climbed up out of the steep gully

(Continued on page 10)

On completion of our usual route planning exercise we initially decided to go anti clockwise through 92, south via 101 to the 102 group, and complete with a sweep to the north west crossing the river if time allowed. But this changed when a respected experienced Rogainer commented that the southern

1999 PADDY PALLIN

COOLENDEL - SHOALHAVEN

(Continued from page 9)

system and around to 31. 31 appeared to be a long way down the creek. Up to 92, down the ridge to 22. Do we have time to include 23? Yes if we jog. We jogged. Direct over the spur down through the lantana above the sand pit to 52. Do we have time for 20? Yes, if we run. We run to 20, back through 53, along the bank to 32. A bit thick, time running out, now question our visit to 20. Out of the trees onto the sand, to 33 across the river, struggle up the bank to 10, onto the finish with 2 minutes to spare. Great area, great day, great food and one of the great Rogaines.

One must be flexible and for the newer Rogainers we outline our approach to gaining that "well we could not have done better" feeling.

We think that our success is due to good planning, pacing and navigation.

Planning

The planning stage starts well before arriving at the event. The correct shoes, socks and clothing, the amount and choice of food are decided before hand. Every body's requirements are different

and it takes a bit of trial and error to get it right. It is no fun running on blood blisters or on water rations with only peanuts left. We have found dried fruit, jellybeans, and a little chocolate suit us.

On the day we try to collect our maps as soon as registration opens allowing maximum time for route planning. First we highlight the controls in different colours according to their value, e.g. over 70 yellow, 50-70 green etc. The high point controls stand out enabling easier route planing. If the map does not have magnetic grid lines draw them on. Decide how far you expect to travel (we vary between 22 and 25 km for a 6 hour event). Select a route and work out the distance and points gained. Plan so that at the two thirds mark various route options are available to reach the finish in time.

Pacing

Experience has shown that correct pacing makes for the most enjoyable and productive rogain. Basically we walk fast, running only at the beginning, downhill, some flats and near the finish. Initially we used to try and run a lot of

the time but one of us would tire well before the end and question the point of it all. Now we go at an sensible pace, love the sport and seem to do as well as before.

Navigation

Good navigation is an essential ingredient of an enjoyable rogain. Most lost problems start with a small lapse of concentration. If you are not sure, stop and work it out. Use all the map's features. At Coolendal we found the gullies a great help. Bushwalking and orienteering have enabled us to develop good navigation skills. While we still have periods of uncertainty they are short and lose little time. Also when you get very tired, remember errors can creep in.

By Val and John Hodsdon -
Mixed Veterans

(Continued from page 8)

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
183 Gavin Bowman, Stuart Ford	610	14.54	134	64								
26 Stephen Castle, Rhonda Monahan	600	14.56	135			56						
82 Ian Almond, Matthew Almond, Alsion Almond, Peter Almond, Stuart Almond	600	14.56	136			57						8
208 Chris Arnison, Richard Smith	600	14.59	137	65								
42 Clinton Alver, Matt Seldon, Janet Steel	600	15.07	138			58						
110 Barbara Barnes, Richard Barnes	600	15.29	139			59						9
68 Paul Jubb, Gail Siccardi	590	14.41	140			60						
94 Kerri Purcell, Andrew Purcell, Naomi Thennig, Marcus Thennig	590	14.41	141			61						
133 Richard Doyle, Fiona Gayler, Marcus Hassall, Chris O'Donnell, Suzanne Shipard	590	15.12	142			62						
176 Julie Hamilton, Scott Robinson, Mark Rosenbaum	580	14.38	143			63						
104 Robert Crough, Colin Fenning, Danny O'Connell, Thais Turner	580	14.49	144	66								
197 Andrew Macdonald, Trish Van Epen	580	14.59	145			64	32			8		
149 Tom Bradbury, Paul Smith, John Toomey	580	15.03	146	67								
51 Stuart Bouveng, Ragni Mathew, Adam Morrison, Tania Sulan	570	14.55	147			65						
4 Michael Bradburn, Joanne Stoppa	560	14.57	148			66						
178 Kylie Boag, Martin Gregory	540	14.37	149			67						
10 Rebecca Chipman, Annette Dowd, Keith Porter	540	14.54	150			68						
211 Louise Hooper, Grant Reynolds, Stuart Robertson, David Scott	530	14.40	151			69						
188 David Chambers, John Cole	520	14.32	152	68								
85 Gavin Hoy, Christine Johnson, Ronald Perry	520	14.41	153			70						
34 Linda Ashton, Susie Richmond	520	14.55	154		16							

(Continued on page 16)

1999 PADDY PALLIN

GLAD YOU WAITED UP



Linda Meisel on Mount Barron

I'd just like to say, before I start, that at no time were we ever lost. We always knew exactly where we were. Then why did we get back an hour and a half late? Maybe we were a *little* over ambitious, but why Rogaine if you're not prepared to push yourself a bit. I should also mention that while we're not strictly novices, we're not exactly competitive. Two years and we've yet to crack 1,000 points (cumulative).

For the first time in our Rogaining career Linda and I actually plotted our course *before* we set out. We even highlighted the controls we planned to visit and had a plan B in case we ran short of time at the end. We were both very proud of ourselves! We probably should have paid more attention to those little red lines, or just chosen a picnic spot with a less spectacular view.

We started out pretty well, queued for controls 12, 13, 53 and 36 with everyone else, then headed off for 35. Not a problem; 100 points in the first hour, we were both warmed up and feeling confident. Perhaps if we'd done the maths a bit better we'd have reassessed our course. Our target was for 860 points. Less than 1/8th the points in 1/6th the time ... not fabulous!

We found 35 and 44 without much trouble, had elevenses, then turned left instead of right on the road and had to come at 56 from above, rather than below. Only a hundred and twenty points in an hour and a half, even less fabulous, but we could still do it. We set off along the road for 38.

Following the creek from 38 to 46 would have been the more logical option, but we'd left our bags at the road, so we backtracked and started to climb. When we got to the point where we had

intended to drop down to 46, we decided it wasn't an option. It was already midday and we still had to get to the top of Mount Barron for lunch.

Mount Barron! It was easy, sitting back at camp, to look at those little red lines getting closer and closer and say "it'll be hard, but we can do it". Anyway, there was a track wasn't there? How

steep can it be?

We made it to the top, eventually, picked up 37 and 101, and stopped for lunch. The view was totally spectacular, only marred by the two pimples in front of us - Hanson Hill and Grady Hill. We tried not to think about the fact that the track went over both, and decided that we didn't need to climb the cliff for 64, we'd just head straight for 72. Maybe I should give up smoking.

It began to dawn on us that there weren't many people around any more. We looked at the time. 1:45pm! An hour and a quarter to get back in, time to power home! We'd probably be a bit late, but if we hurried we wouldn't lose *all* our points. We started down the pass in the cliff face.

I wish I didn't have such a problem with heights. And I'm very glad that Linda has done some rock climbing and was so patient with me. I also wish my legs and arms were longer! We got down to the saddle, then up the first pimple and down to the next saddle. Grady Hill was just in front of us. It was nearly 2:30 and there was no way our legs were going to take us up there. Time to reassess our options.

We realised that just below us to the east was a water course that would take us back down to the four wheel drive track we'd come up on, only a kilometre away. From there it would be an easy walk back up Grassy Gully Road to the Hash House. It would be steep going at first, but there were plenty of trees to grab hold of on the way down, and we wouldn't need to worry about navigating. It looked like a piece of cake.

Thank God the water course was dry!

While a series of four meter waterfalls would have been very pretty, negotiating them would have been messy. As it was, I had a couple of frozen moments before Linda reminded me not to look down. We managed to get down the slope in a series of semi-controlled slides, either on our bums or on our fronts, cuddling the hillside in the absence of any sort of hand hold.

We hit the four wheel drive track nearly an hour and a half after we left the saddle. A bit over half an hour later we were back at the Hash House, having waved, smiled or nodded to nearly every other competitor as they headed home. We'd lost more than twice the number of points we'd managed to collect (380), there must be a record there, but we'd made it back in one piece. Overall I'd say we'd enjoyed ourselves. The area was lovely and I, for one, would like to go back for a more leisurely look.

This was our second Paddy Pallin 6 hour (although last year's doesn't really count because we weren't officially there). We've enjoyed both of them and will certainly be back next year.

By Amelia Witheridge



Linda at Control 56

1999 PADDY PALLIN

CLIMBS, VIEWS, CREEKS AND TRACKS

At one of our regular indoor rock climbing nights I mentioned to a friend the general description of where this year's Paddy Rogaine was to be held – somewhere with canoes for hire, old goldfields, hot showers (luxury living really). He suggested it might be Tallowa Dam or Coolendel. I'd never been to Coolendel but I'd been to Tallowa Dam and knew it couldn't support the crowds the Paddy attracts. So he was right, it was to be Coolendel, as we discovered when the instructions arrived on Tuesday, delayed by the public holiday. Quick faxing and copying of information to my team and organising of transport etc.

Bankstown Bushwalking Club, always fields quite a few teams and this year was no exception with 7 teams participating

comprising some 17 members out on the course. I seem to gather a different team each year so there's no attempt to go for any records, we just try to do the best we can. With one person from our original 5 member team unable to make it we had a mixed team of 4. This was my 7th Paddy Pallin Rogaine event, 2 members had done a couple of rogaines and one had never rogained before. We started out with the usual intention of not trying anything too spectacular

but as always the competitive nature emerges

fairly quickly and we tried to get plenty of points, eventually ending up with 580.

Our route round the course, staying pretty much to the plan determined in the hour and a half prior to the 9am start, took us past 11, missing it due to having not yet sorted out who was best at map reading, navigating skills, reading ground features, map markings and what pace we could all handle. We all had our compasses out before we left the carpark! So next we headed for 23 and located it easily, then a steep bush bash back up the hill to the track leading to 92 on Moffatt Saddle. A failed attempt to find 31 from the track rather than the road used up energy on another steep hill, but that was nothing com-

pared with the deceptively mapped steepness of the hill to 72 which appeared to be giving many teams a real work out as it was for us. With the faster members of our team setting the pace we used up a lot of energy getting 51 from the marked track, across the gully and up the ridge, while most sensible people were getting it easily by going straight down and up the same ridge. A break was called for back at the top of the hill to take in the views and to get our breath back, before heading along the almost knife-edge to 72 and

Someone unknown has a photo of me jumping the chasm to our lunch spot. After lunch we nabbed 37, meeting another 2 Bankstown teams, then went down the steep, slippery track to 46, again meeting a Bankstown team on their way up. They looked worn out but their efforts were rewarded with 1200 points when they finished. After 46, we got 38 and 56 which involved a lot of road walking which is hard on the feet especially by that time of day when you are tired and know you have a time limit in which to get back or risk losing a lot of points. 35 on the way back to base and 11 and an abandoned attempt at 13 completed the day for us. For once we had a little time to spare, without the need to run for the last half hour which has occurred on more than one occasion for me.

The sausage sizzle after the event was fantastic as was the meal the night before. The trivia night was a lot of fun and an excellent idea. The campsite was superb and the wombats prolific.

Bankstown Club runs an internal competition for the Ross Hamilton Shield and for the 2nd year of it's presentation Wil De Sain and Bruce

Cook won it again with 1860 points. They came 3rd in the overall men's event too with that score.

Perhaps 2 person teams are the way to go next year, it seems they can travel faster and have less chance of disagreements. However 2 of our 4 person team were so enthused as to compete in the Nav Shield 99 event a couple of weeks later in the 2 day event where 4 is the team minimum.

Looking forward to the 37th Paddy Pallin next year.

By Thais Turner



*Bruce Cook, Trish Hamilton, Wil De Sain
Bruce & Wil scored 1860 points*

ever upwards to Grady Hill (more like a mountain than a hill)

and 64 and then Hanson Hill. The rock formations and vegetation here were quite spectacular. The constant uphill wasn't! Another Bankstown team went streaking past at this point never to be seen again till after 3pm. Onwards, ever upwards to Mount Barron. Due to the queue of people going through the rift and our team being experienced at some rock climbing we chose a more exposed and difficult route onto Mt. Barron. I disturbed a small eagle in the process, which flew off giving me as much of a fright as I gave it.

Out to 101 where we had a long lunch savouring the views which really were phenomenal. Later we realised we had been sitting on rock that was overhanging and unsupported!

1999 PADDY PALLIN

COOLENDEL - COURSE SETTERS SUMMARY

To provide some after-dinner entertainment at the Paddy Pallin, Ted Booth & I concocted a few games and trivia questions. The 80-100 people who packed into the Coolendel bunkhouse were noisy, warm and, I hope, amused by our diversions. One activity that quietened the crowd was the following set of anagrams. You might try to re-shuffle the letters to make another word, or set of words? (Answers on "Letters to the Editor / Noticeboard", page 14.)

Things you may encounter during the Paddy Pallin Coolendel rogaine:

1. OAK GROANS
2. HAS LAG
3. FEARING GOALS
4. CUTE PLAYS
5. A SOLAR BAKE
6. HASH IN A REVOLVER
7. BOOM WEALTH
8. ANAL TAN

Things you probably won't encounter:

9. A TEAM STRAINING
10. COLON MALTS
11. COVENTRY ROLE

When I devised the final prophetic anagram, I didn't realise that it would be physically impossible for a team to find all controls. Unfortunately, we had a number of "failed" controls. Apart from #69 which was placed at the wrong creek junction, five controls were blown down or away by the strong winds on the Monday-Wednesday prior to the event. Over the years, we've had flags stolen by passers-by, and munched by cattle, but the most common problem is the wind. There are a few things we, as course setters, can do to minimise the impact of such winds.

The longer the flags are hung, the more chance of them going astray; So all flags were placed within ten days of the rogaine. Ted even hung #67 after the start! He, Joce and Alex canoed down the river to the island, unfortunately slower than a couple of speeding teams. Obviously we can tie better knots than my half-hitches, though that wouldn't avoid the fate of #40, where the flag blew away but the Punch was left be-

hind. Both #25 and #50 disappeared and caused significant trouble for the rogainers in that there wasn't any other marker of the spot. We used red electrical tape on a tree trunk when setting the course but #25 & #50 were late changes, finalised as the flags were hung. I should have also set the tape as I hung the flag. (While cleaning up the course, Phil found #25 further down the hill.) Is there alternate solutions? The Victorians have used corflute flags that wrap around a tree trunk - they would thrash less in a gale - robust but expensive. Maybe metal flags would be better? We could place the flags away from cliff edges - safer for competitors too, but we want to show off the views. Your suggestions are welcomed. As to the course itself, Stephen Castle once wrote that the hardest part about setting the Paddy Pallin rogaine is to find a large enough carpark. For the '97 Paddy Pallin, Geoff Silburn and I scoured the countryside searching for some bush within cooee of Sydney with a good hash-house site. Bargo didn't quite make it... the bush was so-so, the hash house was off the map, we haven't seen Bert's partner since the ambulance took him away, the septic overflowed, Marnie was over three hours late... but hey, the bush dance was great!

This year, we chose not to stay so close to Sydney, accepting that less people would show up. The Coolendel camping ground meant there were excellent facilities, parking for about 5,000, and the bushland was a delight. There were the high plateaus with their cliffed rims and vistas to the coast and Ettrema wilderness. The spur/gully areas were generally open forest, steep in parts, but pleasant bushwalking. The thing that was most different was having a large riverbed. The walk along Yalwal Creek is great (and getting better as the 4WD's are excluded) and the cliffs above the river are special too. My favourite was the section from #61 to #91, where some odd landforms have been carved. Our main complication from a course setting view was, "What do we do if the river floods?" Hence a course that had too many controls for anyone to get in six hours, but enough to keep the top teams busy on the south side of the river if it became uncrossable. In a flood we would have made the "other side" out of bounds and a couple of teams would have got the lot. Consequently, the course was biased to the south-west peaks, and that's where the

majority of teams headed. As to river crossings, in his course-setter notes Ted was emphatic that you should NOT swim across the river - fear of hypothermic induced drowning I guess. Yet when he and Joce returned on Saturday evening, after hanging flags south-east of Coolendel, both were soaked because they couldn't bother walking upstream; they just swam across the pool below Coolendel Rapids. Another team (some Wizards I think) reported that, during the event, they swam the river under the flying fox - near #36.

A course-setting story... during an early trip, Chris & I were welcomed by Landowner A who warned us that Neighbour B was highly protective of his privacy, that the "Trespassers Will Be Shot" signs were legitimate, and to stay clear of his land. Meanwhile Ted & Phil were being similarly welcomed by Neighbour B and being warned to stay clear of neighbour A. We marked their houses as out-of-bounds and I didn't hear of any Rogainers being shot. In fact, as usual, the locals were friendly and encouraging.

Thanks to the people who collected the flags. Phil Allen, Bob Bartle, John Guilly, Ted & Joce Booth again spent a day out, assisted by Roz Atkins, Scott & Sarah Hamilton and David Jones. John Barnes and Trevor Prowse collected the final 3-4 flags - an excuse for John to show Trevor the area.

Other helpers on the course included John Franklin, Chris Patton, Joy Cauchi, Julian Ledger and my family (Ian, Maddie, Alex, Kay, and Lucia). Phil Allen offered a commonly heard conclusion about the benefits of being in the course setting team; that his navigation skills were enhanced through having to position and check a new control rather than just finding an existing flag.

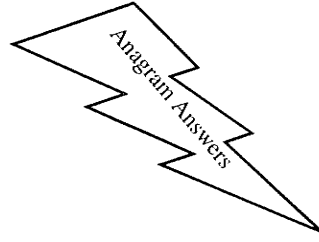
Finally, thanks for all the compliments. We certainly enjoyed exploring the area, the team camaraderie and the hospitality of our Coolendel hosts. It's a lovely spot for bushwalking, camping and easy canoeing, perhaps less appealing now that 500 extra people know about it!

By Trevor Gollan

Letters to the Editor and Notice Board

Many thanks to everyone at the NSWRA for a marvelous event. The venue was superb, with my children thinking all of those wombats were tremendous. The Hash House was great and we thoroughly enjoyed our 5hrs and 50mins out in the terrain. The views were splendid.

John Harding



1. KANGAROO
2. GALAH
3. ROGAINE FLAG
4. EUCALYPT
5. KOALA BEAR
6. SHOALHAVEN RIVER
7. WOMBAT HOLE
8. LANTANA
9. TASMANIAN TIGER
10. MALCOLSON
11. EVERY CONTROL

Well done to the organisers of this year's Paddy Pallin 6 hour. The event had just about everything - perfect weather, a variety of terrain, magnificent views, cheery catering, and wombats. I have several lasting memories from the event. First, the sight of over 30 people in various states of repose scattered along the clifftop at checkpoint 101. It was a great place to stop, recharge the batteries, and to admire the views. Secondly, a walk of several kilometres along the Shoalhaven River also lingers in my mind. The river and its environs has attracted publicity in recent years thanks to the legacy of the painter, Arthur Boyd. To have an opportunity to experience it first-hand was special. I suspect that like me, the vast majority of competitors left the event in a happy state. Thanks for introducing us to Coolendel.

Ian Dempsey



Dear Sue,

Could you please pass on to the organizers of Sunday's PP rogaîne our appreciation of their efforts for a great event, and for introducing us to a lovely spot. Our pleasure in the event was very much enhanced by our son and his partner winning the Junior / Scouts event. (First out of two.) He hasn't won anything before and was over the moon. All the way home he was waving the trophy to the cars behind, showing it to people at the petrol stop (mainly to Rogainers who responded with enthusiasm) and engaging in conversations such as "Hey Dad, what does it feel like not to be a winner?" "Do you think we'll get on the national news, or just the state news?" "Perhaps we should get it engraved for next year as well to save time."

Cheers,

David

WANTED!

Equipment Officer for the Rogaining Association

Duties include keeping track of the Association's equipment which is mostly stored in the NSWRA trailer - a customised unit which allows a lot to be fitted into a small space. If possible the Equipment Officer should host the trailer at their home and have a vehicle suitable for towing it - however this is not essential as there are other vehicles available.

Main regular task is to ensure gas bottles refilled between events.

Interested in helping the Assoc in this way? Please call President Sue Clarke or Secretary Julian Ledger.

ORGANISERS REPORT

The 1999 Emergency Services Navigation Shield event organised by Confederation's Bushwalkers Wilderness Rescue was held in an area comprising Wingello State Forest, some of Morton National Park and some private properties, about two hours drive sws of Sydney and was a very successful event.

The base site (ie hash-house site) was at a disused landing strip in the pine forest section of Wingello State Forest with some easy controls in the pine forest and the mid-range of the course in the native forest sections of the Sate Forest, some cliff-edge controls having spectacular views into and over the Bundanoon Creek and Tallowa Gully. The higher scoring controls were in, and on the southern side of, Tallowa Gully in the Morton National Park with two overlooking the valley of the Shoalhaven River which in that area is Lake Yarrunga, formed by Tallowa Dam. In all, there were eight cliff-top controls of a total of 42 (plus three radio check-points) which was a bit of a luxury, but the spectacle was there the be shown off and enjoyed, so why not?

The map was a printed A2 composite 1:25000 of the corners of four sheets; Wingello, Bundanoon, Caoura, and Burrier. Total possible point-score was 2290.

The weather was perfect, clear days and nights although the nights were rather cold with moon-rise being about 9pm. At night the admin area was very adequately lit by a variation on the "moonlights" that came to prominence when used at the Thredbo landslide site.

A total of 116 teams, comprising about 450 competitors took place in the events. Although 13 rogaine-class teams entered some swapped into Nav Shield classes and at the start there were 6 rogaine teams in the "1-day" event, one of which didn't return until after midday on the second day, and 4 rogaine teams in the "2-day" event. It's a bit embarrassing having a long overdue team in an event being run by a search and rescue organisation but the consolation was that much of this State's (and some of Victoria's) rescue manpower and knowledge was on site.

The awards for the 1-day event were presented by the local Police Commander and the awards for the 2-day event were presented by Carmel Tebbutt, the Minister for Juvenile Justice,

representing the Premier.

Rogaine-class results

2-day event

Badlwin, Stone & Boyd	1510
Clarke & Keleman	1280
O'Hagan, Veldkamp & Whiting	450
Hardy, Hardy & Hardy	450

Nav shield Class-1 results

(top three)

2-day event

Springwood Bushwalkers	1600
Shoalhaven Ambulance Team	1400
Kangaroo Valley Bushfire Brigade	1380

Rogaine-class results

1-day event

Dunn & Ferris	500
Bishop & Biddiscombe	350
Pope & Wood	340
Jacket & Irvine	320
Boyce, Bpyce & Nolde	70
Lippman & Deene	DNF

Nav shield class-1 results

(top three)

1-day event

Victorian SES Central	680
Wild Dogs Bushwalking Club	650
Berowra Bushwackers	630

Ken Smith

WINNERS REPORT

After last year's scrub bash extraordinaire, with its liberal sprinkling of dodgy controls on "edge of scrub patch" and the like, it was with some trepidation I decided to get a team together to return to the search and rescue Rogaine. The wilderness nature of the event is something to be savoured - it really is a great event for the more "bushwalking - inclined". There is safety in numbers, especially when it comes to searching, so a team of three sounded like a good idea. After a bit of e-mailing around I ended up convincing Marty Boyd and Andrew Stone to accompany me on this potentially epic adventure. Our plan as to travel light, returning to base for an overnight camp and a few hours sleep, then head out again Sunday.

Such a fine plan it was too!

The search and rescue rogaine starts on Friday night with the issuing of maps and control grid references, so it was important to get there early.

This year's event was based in Wingello State Forest near Bundanoon, about 2 hours from Canberra. A quick dash home, last minute packing and cooking up my favourite pasta for dinner and breakfast, then I jumped in my car to pop by Paddy's for last minute supplies of batteries, a lexan fork to eat my pasta with and a space blanket for Andrew. I picked up Andrew and headed down to Marty's place. He was still packing, but shortly we were on the road. A brief stop at Hungry Jack's in Marulan for a bit of fat-loading, then we turned onto the Tallong road. Along a rough gravel section under repair the car started making a terrible noise, so I stopped - flat tyre! Eventually I located the jack and we were soon underway again and arriving at event HQ about 9pm.

We picked up our maps and plotted the controls. A "concentric" point distribution meant the best strategy would be to head directly for the farthest reaches of the course, ignoring the nearby worthless controls. Satisfied with our plan we pitched the Taj and fell asleep. The morning left little time before the briefing. I was still stuffing gear into my pack when the siren went. Plenty of time though, an 8:20 start is fairly early in the day!

Soon we were trotting off down road towards 42. At the end of the track we cut back through scrub and outcrops and soon found our first control. So far so good. Down the rough gully we had to negotiate a slippery cliff in the gully before we reached 90, then it was easy travelling up the gorge alongside Tallowa creek. Very fine rain forest with creepers and mossy rocks a beaut area for a day walk or weekend trip! Clambering up the steep bank we soon reached 92 in a side gully. Back across the gorge, we were hoping to find a pass through the cliff, but it was a traverse of about 1km before a creek cut

(Continued on page 16)

NAVIGATION SHIELD '99

(Continued from page 15)

through, then we doubled back across the scrubby plateau to reach 74 - only 200m as the crow flies (mostly upwards), but an hour as the rogainer trudges!

Backtracking we found a tape for a possible control site as we crossed the creek again and pushed through the scrub up towards 63 on the spur. Continuing down across tea-tree covered slabs and a callistemon thicket we soon broke into open forest with a scattering of bur-rawang. It was an easy stroll to 54, then a sharp climb to the Caoura fire trail and a short snack break. Skirting farmland we were soon back into pleasant open forest heading east along the ridge. Passing a knoll, we prudently decided to check it out and there was 73. It had come up fairly quickly, but we set a bearing for 100 and set about picking the spur down the hill. We soon realized it was the wrong spur, but a short traverse soon brought us to the flag and a magnificent view over Lake Yarrunga and the Shoalhaven Gorge. In the distance we could see Mt Barron in the area used for the Paddy Pallin 6 hour a fortnight earlier. A bearing north to avoid some deep crevices, then open slabs and another fine view from 91. We were certainly clocking up the points very nicely! More open slabs then a climb around into the saddle and 70 before dropping into a steep sided creek and climbing out the other side. Soon we heard the distant sound of the generator at R1 and shortly broke out of the scrub to be greeted by the radio control team.

After a bit of a chat and a break it was decision time. It was now 4:30pm - we were planning on doing the hardest control, 130, and regardless that would now be in the dark. If we left it later the moon would be up. Deciding on the greedy path, we headed further east to 82 in a deep damp crevice above a waterfall, arriving just before dark and catching up with Sue Clark and Walter Kelleman, also back from last year. In the deepening dusk we crossed north over a saddle, then left them skirting around a swamp to the track again. After a short break to find torches and warmer clothing we set a bearing along the spur through open scrub to the point of the cliffs, fortunately finding an easy ramp down then some hairy scrambling in the dark to find 81 on a rock pinnacle. Heading back up we could hear Sue and Walter at the clifftop, but when we arrived they were nowhere to be seen. Back at the track we had a dinner stop - I tucked into my pasta while Andrew ate camembert and crackers. Along the track checking through R1 again, unfortunately too early to score it again and we weren't prepared to wait 4 hours until midnight! Down into a deep ravine then up again to 65 we enjoyed a brief star-gazing break as I pointed out Scorpio and Sagittarius and we debated whether Leo was anywhere to be seen.

Back into the ravine it was time for the BIG descent - 300m in about the same horizontally! The creek led through the cliff to a waterfall but an easy sidle passed it to the

steep hillside. The creek was very rocky and steep, so we stayed on the spur and slid downwards. About halfway down we hit another band of cliffs. In the dark it was hard to pick how high they were. A dry waterfall had a steep smooth corner we were able to slide down, passing the point of no return. Another cliff dropped away before us. To the right a block looked promising, but it was a very tenuous couple of moves across a sloping scoop in the rock above a drop of indeterminate height to reach it. Andrew went first, then I joined him. No exit beyond the blocks! I tried the corner below which led down to a tree leaning into the darkness. Below it some scoops on the wall looked promising, and soon I reached the foot. A three stage pack-passing exercise and some smooth talking got the team down onto the flat ground. A few steps further another cliff loomed below! Desperate to extricate ourselves from the epic situation, I traversed off along the ledge and after 50m finally broke into the comparative comfort of a steep scrubby hillside with no cliff below! More slithering downwards and soon we were at the main creek again, very glad to be alive and in one piece.

The main creek was fairly easy going, confirming the gorge as worthy of investigation for a return day or weekend walk. Our 130 point goal was around a major bend in the gorge, and as we progressed the silhouetted cliffs in the moonlight soon indicated we should find it within a few hundred metres.

(Continued from page 10)

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
22 Dale Forrest, Sarah Murphy	510	14.38	155		17							
108 Margaret Duguid, Emma Griffith, Renate Griffith, Thomas Griffith	510	14.50	156			71						
182 Tony Cass, Lynne McNairn, Scott McNairn, David Smith	510	14.56	157			72						
43 Stewart Michie, Alan Michie, William Saxby, Stuart Saxby	510	15.19	158	69								10
130 Catherine Batt, Simon Batt	500	13.46	159			73						
98 Paul Bourke, Bert Lancaster, Peter McIntosh	500	14.50	160	70								
56 Eric Dorman, Anthony Ekstrom, Mark Forac	490	14.50	161	71								
39 Diane Ross, Steve Ross	490	15.09	162			74						11
69 Peter Fatouris, Philippe Gratelle, Robyn Lewis, Donna McCarthy	470	14.56	163			75						
191 Noelene Marmont, John Worth	460	14.42	164			76						
57 Amy Spark, Benjamin Spark, Edwin Spark, Joy Spark, Laura Spark, Phil Spark	460	14.59	165			77						12
137 Rosemary Wheen, Robert Wheen	450	14.56	166			78	33			9		
209 Tamsin Anderson, Kirsty Macpherson, Brett Ringland, Kate Thorne	440	15.08	167			79						
151 Pam Beazley, Louise Broomhead	430	14.47	168		18							
96 Allan Ramsay, Henry Roberts, John W. Roberts	420	15.08	169	72								
142 Jon Bell, Heinz Erni, Bronwyn Monahan	420	15.11	170			80	34			10		
1 Liz Argent, Jason Hughes, Raelene Schotte, Nick Simmons, Phillippa Wright	410	14.54	171			81						
2 Steve Beach, Mandy Creighton, Simon Thompson	410	14.54	172			82						
163 Gillian Harrison, Glen Harrison,												

(Continued on page 17)

NAVIGATION SHIELD '99

The problem was that it was hard to follow the exact course of the creek because of pools and large blocks. We engaged in a leap-frogging exercise probing with torches ahead and behind us and cutting back to the creek as often as possible to ensure we did not miss the flag. After 200m we reached a rocky cascade dropping into a pool and crossed the creek briefly before clambering around to the right of the pool and back into blocky territory again. After another 200m we reached another rock rib in the creek, but it was clear we have come too far! Crunch time - bivvy in the creek until daylight? How could we have missed it? I changed the batteries in my torch which had become rather dim. We decided to head back up on the opposite bank, after all it should be only 200m away!

Back at the pool and cascade Andrew and I clambered up the rocks while Marty was still before the pool. "There it is!" he said. Looking into the pool of light I asked him, "There's what?" "The control", he said, and

sure enough, looking closely, even though it was only 20m away, my tired eyes finally picked out a faded blue and yellow flag. They sure are hard to spot in the dark!

Spirits soared as we punched, then headed directly up out of the gorge on a

Wave of euphoria. It was soon dashed as we ran into another impassable cliff halfway up the hill again, and so began a series of forays up, right, down, across, through and over the mess of cliffs, vines, rotten logs, fallen trees and boulders that lay between us and the creek further right which would hopefully breach the cliff. Finally we reached the steep dry gully and it was a straightforward scramble through large boulders up past the cliff line with diversions right and left to avoid boulder chokes here and there. As we climbed higher we lost the main creek line again, but we were fairly sure it was to our left, so we headed straight up on the assumption we'd go left along the cliff once we hit it and pick up the creek again.

Up and up we went and finally the cliff loomed above us. It was a rough traverse left below the cliff, but we pushed on hoping to breach the cliffs soon. It was now past 1:30am. We were still over 10km from base and getting back for any sleep was looking increasingly remote. We rounded a corner of the cliff and a cool breeze started blowing. Further we went - the few hundred metres we were expecting had stretched far more than we were expecting. Around another corner and we discovered a low overhang with a sandy flat floor about 2m deep and 10m long. We didn't want to stay up all night - tomorrow would be a long day - and so decided to bivvy in the dust right there. Marty was fairly cold already, so we spent a bemused 5 minutes unrolling my space blanket. If you've never unpacked one it is quite amazing - eventually you end up with a tissue paper thin silver blanket the size of a single bed sheet. I wrapped Marty up and tucked him in as he lay on the ground, then put on all my warm gear, unfolded my map

(Continued from page 16)

Team	Score	Time	O	M	W	X	V	MV	WV	XV	J	F
Steve Harrison, Bronwyn Meek, Jim Meek	410	14.55	173			83						13
124 Doug Meredith, Emma Meredith, Jenny Meredith, Joshua Meredith	400	13.51	174			84						14
157 Russel Taylor, Lisa-Jane Taylor	400	14.17	175			85						
87 Jeremy Greenop, Ann Marie Greenop, Jane Greenop, Ray Jenkins	400	14.45	176			86						15
5 Pascalle Corr, Julian Keane, Vicki Snelson, Derek van Dyk	400	14.57	177			87						
174 Melanie Dudgeon, Kylie Jamieson, Nicole Larkin, Erin Lee, Daniela Santucci	400	14.57	178		19							
170 Karen Judd, Simon Smith, Eleni Taylor-Wood	400	15.00	179			88						
160 Michael Hooper, Jane Stanley, Sally Treloyn	390	14.02	180			89						
132 Michael Forsythe, Anthony Hooper, David Johnson, Ashley Judd	390	14.36	181	73								
180 Scott Hamilton, Peter Johnson, Nigel Kershaw	370	15.12	182	74								
55 Brendan Doyle, Delia Schaffer Doyle	360	14.28	183			90						
84 Mark Corbett, Amanda Kelly, Sharon McMracken	360	14.46	184			91						
140 Lucy Moore, Diane More	360	14.50	185		20		35		7			
107 Charlie O'Hanlon, Melissa O'Hanlon, Jamie Pride, Samantha Pride	360	14.53	186			92						
61 Judy Chapman, Ken Chapman	340	14.44	187			93	36			11		
83 Sarah Newlands, John Warburton	330	14.46	188			94						
205 Dean Brown, Peter Sanders, Rebecca Sanders	270	14.57	189			95						
70 Michael Wilson, Audrey Wilson	240	14.00	190			96						
79 Anna Biddiscombe, Sally Biddiscombe, Helen Bishop, Mark Bishop, Karen Hunt, Sally Kelman	220	14.35	191			97						
158 Belinda Behan, Francis Chee, Lisa Scott	200	14.55	192			98						
49 Luke Brennan, Jane Brennan	190	13.38	193			99						
20 Tricia Hamilton, Ron McMillan, Peter Worrall	160	15.16	194			100	37			12		
123 Alf Torrisi, Angela Torrisi, Julia Torrisi, Regina Torrisi	140	12.14	195			101						16
138 Brian Bates, Anthony Chater, Sacha Chater	140	14.55	196			102						
164 Dominic Yager, Kate Yager, Luke Yager, Nicholas Yager, Peter Yager	90	14.06	197			103						17
147 Karl Adamson, Mathew Adams, Warwick Bowen, Bradley Brown	Late	16.00										
11 Linda Meisel, Amelia Witheridge	Late	16.30										

as a groundsheet and lay down with my pack beneath my head and quickly slipped into a deep sleep.

After maybe an hour or so I woke again, shivering uncontrollably. Andrew had also woken and unpacked his space blanket. Since I'd already lent mine to Marty, Andrew kindly agreed to share, so we snuggled up together in the dust for another couple of hours dozing until finally the cold became unbearable. It was now about 5am, and still very dark. Rousing Marty we had a bit to eat to try to stoke up our fires a bit then continued on along the cliff base. We were puzzled that we could hear a creek rushing in the gully below us, then we all became convinced we could hear voices! No lights to be seen, the gully floor was nowhere in sight, and in any case we knew it was dry! Nothing made any sense at all!

Continuing on we finally hit a creek cutting the cliff line and fairly quickly we were able to gain the open slabs of the plateau again, just as the first light of dawn started to colour the eastern sky. The scrub was damp with cold heavy dew, and we were only just starting to warm at last from the exertion of the climb. Setting a bearing for 80 we headed across and into the forest again to cross what should be a shallow gully. The ground dropped rapidly in front of us - far too deep! Back onto the plateau the surrounding hills were silhouetted in the breaking dawn and we quickly relocated ourselves from them about 700m west of where we thought we were - we'd come out of the creek through the cliffs on the left side (not right!) and traversed along the base of the cliffs rimming the gorge for over 1km before luckily chancing onto a creek big enough to cut the cliffs. The creek we'd heard was the main creek hundreds of metres below us in the gorge!

Fortunately the way was fairly clear through open forest and slabs and half an hour later we finally reached 80 in the crisp light of dawn, 7 hours and 700m as the crow flies from 130! Still, the sleep we'd snatched had been quite reviving now that we were warming up again. Back across the slabs and north to a morning chorus of lyrebirds and wattle birds we reached 72 and a clifftop breakfast overlooking Bundanoon Creek. I shared my pasta with Marty who'd been expecting to pick up more supplies from base and was running fairly low by now. Fortunately I had enough energy bars for all of us should it have come to that - a lesson learned the hard way in my first 24 hour rogaine in the Flinders 2 years ago!

The morning wore on with more plateau and cliff-edge walking before a scramble led us down into Nyes Creek and a tricky to find control 60 in a tumble of boulders. A steep climb through open forest and we reached R3 for a friendly chat with the radio team and fellow Canberrans Gill Whiting, Rochelle O'Hagan and Paul Veldkamp who had made the trek out in the morning to get a compulsory radio control for the day. They

weren't hanging around as we chatted for a while longer, and we saw them disappearing over the hill as we set out for our next control. A steep drop into a side gully picked up 51. We now had under 2 hours to go, and were definitely into mopping up territory with only 10 and 20 pointers on offer. It would be nice to break 1500 points for the event, for which we needed at least 40 points. One small hitch - the two nearest controls were "novelty" controls, unique to this event. 21 was a "search" control, where the real flag was located "within 200m of a flag with no punch" on a hilltop. The other was 20 which was "190m at 5 degrees magnetic" from the road junction, with 3 other dummy flags nearby to tempt the inaccurate! Nothing ventured, nothing gained as they say...

A quick jaunt past the edge of the pine forest soon had us at the punchless flag on the knoll. Another team's packs were on the ground, and we could see people in the open bush to the NE. Heading SW, Andrew stopped after 60m. Marty after 120m and I took point at 180m out from the flag, then we attempted to transcribe a large arc around the flag while looking all around for a concealed flag. Some bush was wide open, but patches of waste high bushes needed at least a cursory search. I tried to maintain a brisk trot and glanced right and left, in front and behind. Up over the main ridge was nearly a half circle already, and we must surely be nearly into the country we'd seen the other team in before! Down into the next gully in very open bush, I glanced back to my right and there in the distance hanging high was a bright orange flag! I dashed off to punch it and then back to the centre again while trying to maintain some sort of impression of searching. The other team's packs were still there but they were nowhere in sight - not our problem!

The open pine forest led easily to the main track again and the junction from which our bearing march would commence. We each set our compass and independently strode off muttering paces under our breath. It was a steep hill with trees and rocks to avoid, but we soon all stopped on the hillside, fairly close together. We'd all passed one flag, another was straight ahead and there were two off to the left, clearly on a wrong bearing. I thought we'd come a little too far, but the others were convinced it was not far enough. Another advantage of a team of 3 - I let the majority have it and punched the further control. One more control through the forest and we were back at base with 5 minutes to spare - perfectly timed, all things considered!

We found our meal tickets and after changing a few clothes and shoes went in search of sustenance. Big fat sausages in abundance, a fair bit of bread, but the salad was nearly all gone already! Oh well, it all goes down well enough. Pavlova and coffee for dessert and plenty of fruit made up for it too. Our result goes up and for a while it looks like we've

won overall with 1510, also meaning we'd punched the right flag on the bearing, one up on last year! After a while fresh results appear and we're still winning the rogaine category but the Springwood Bushwalkers team has beaten us with 1600 points. After the presentation we got talking with them, and discovered they'd camped at R1 at about 11pm, risen at 4am to punch it again for another 40 points, then gone to 65 overlooking the gorge as we had, reaching it about 5am before heading down to 130. When they had reached 65 they saw torches on the far side of the gorge, traversing along BELOW the cliffs and to the left. This had caused them some amazement, and we sheepishly owned up to being that team, and having been puzzled to hear voices at the time! It all fitted together finally, it wasn't just our minds playing tricks in the pre-dawn stupor!

All in all a satisfying outing, even if it had its epic elements. A true wilderness experience, and a stash of stories to tell for some time to come. A great little area crying out for a return visit - an exploration down Tallowa Gorge should yield rain forest, cascades, pools and fantastic cliff vistas, great for a summer trip. A big improvement on the previous year's event. All the good bits retained and enhanced with the frustrating bits eliminated without compromising the quality and purpose of the event. It was impressive to come into contact once again with the hardy bunch of souls at the core of volunteer rescue who are there to pitch in at a moment's notice, whatever the situation demands. Here's to next year's event being even bigger!

David Baldwin

50% Subsidy for First Aid Training

We invite you along to participate in a St Johns Ambulance (Customised) First Aid Course.

The subsidy is available to volunteers e.g.: Admin/ Cater/Course Setters/ Coordinators etc., to act as First Aid Officers for future Rogaine events.

Contact:

Sue Clarke - President

Phone: 02 9816 2508

Email: sclarke@efs.mq.edu.au

ROGAINING

Rogaining is the sport of long distance, cross country navigation. Teams of two to five people locate checkpoints over a set time period. Traditional rogaines, such as the Auschamps, are of 24 hour duration. Checkpoints range in value and the team amassing the highest score wins the event.



Rogaining is a recreational activity accessible to everyone. Teams travel at their own pace and anyone from

children to grandparents can enjoy the outdoor experience and satisfaction of navigating from checkpoint to checkpoint. There are no set routes and teams do not need to spend the entire event on the course. The Hash House provides tasty food, good company and a place

to sleep throughout the event. And what's more, you can visit the Hash House as frequently and stay for as long as you like.

Snowy Rail 1999 Australian Rogaining Championships

The Victorian Rogaining Association invites you to participate in the Snowy Rail 1999 Australian Rogaining Championships on 23rd/24th October



Rolling plateau and forests

1999. The event will be held east of Wodonga, in the north east of Victoria. You will love this magnificent course set on 1,000m elevation rolling plateau country; a mix of native eucalypt forest, open farm land (15%) and pine forest covered with walking tracks.

Control placements will take you to historic and interesting features. Fauna includes roos, wallabies, wombats and even antlered deer.

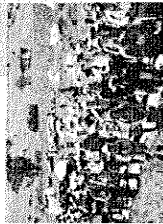
Average seasonal temperatures in the area range from 19°C during the day to an overnight low of 7°C. There is a 30% chance of receiving some of October's mean 80mm rainfall during the event.

The salubrious Hash House is an established camp with hot showers, expansive lawns, plenty of room for camping and bunk accommodation for the earliest entrants. Soup, hot drinks and toasties (toasted cheese sandwiches for the uninitiated) will be available on arrival on Friday night. Breakfast will be provided on Saturday morning and hot food will be available after 5.00pm Saturday until after the event.



Accommodation

Limited bunk accommodation (with hot showers) is available for Friday night through to Sunday night for a total of \$15. Bunk accommodation will be allocated according to the date entries are received. Camping is free. Toilets are located on site.



Fees

\$25 per adult and \$15 per junior (under 21).

Entries should be posted by Friday 1st October 1999.

A late fee of \$7 per person will be incurred on entries postmarked after Friday 1st October.

Membership

You must be a member of a state rogaining association to participate.

Victorian Rogaining Association annual membership is \$12. Six monthly membership is \$7. Household membership is also available for \$20.



Historic features



VICTORIAN ROGAINING ASSOCIATION (INC) A547

1999 AUSTRALIAN ROGAINING CHAMPIONSHIPS

23rd/24th October 1999

CAR REC: _____ (IF KNOWN)

ADMIN USE ONLY

FULL NAME (First name is team contact)	ADDRESS (If changed, Underline New Address)	PHONE NUMBER	DATE OF BIRTH		M/SHIP STAT. (1)	S. FEES (2)				BUS PICK UP (3)	T-Shirts						
			GEN	DER		Event	Late	Bus	March		Accom.	TOTAL	Short Sleeved No.	Long Sleeved No.	Size	Size	
			M	F													
			M	F													
			M	F													
			M	F													
			M	F													
			M	F													
						TOTAL											

Please make cheques payable to VRA.

CLASSES ENTERED: (4)
M W X V S V J N F

COMMENTS:

(1) MEMBERSHIP STATUS:
(2) VRA MEMBERSHIP FEES:
EVENT FEES:
LATE FEES:
BUS FARES:
MERCHANDISE:
BUNK ACCOMMODATION:
(3) BUS PICK UP LOCATIONS:
(4) CLASSES:

Current (C), New (N), Renewing (R), Six Month(S), (I) Interstate. NOTE: You must be or become a member of a state rogaining association to enter this event.
Annual Membership: \$12/person OR \$20/household OR \$7/person for six months. (For details of Junior Group Membership - typically Scout, School groups, etc - contact the Event Administrator or VRA Membership Secretary.) Add Group Name with Full Name if entering as a group
\$25 per adult and \$15 per junior (under 21).
\$7 per individual entrant for entries postmarked after 1st October 1999.
\$20 ex Melbourne, \$25 ex Yass, \$40 ex Sydney.
T-shirts: Short sleeved \$16, Long sleeved \$18. Sizes S, M, L, XL, XXL.
Morash Uni, Richmond, Melbourne Uni, Tullamarine Airport, Yass, Sydney.
Men (M), Women (W), Mixed (X), Veteran (V) - all members 40 and over, Super Vets (SV) - all members 55 and over, Junior (J) - all members aged under 21, Novice (N) - no member has been on a rogaine before, Family (F) - team contains at least one adult and one junior who are related.

SEND EVENT ENTRY FORM TO:
Event Secretary
PO Box 1222
Albury, NSW 2640

PLEASE INCLUDE A STAMPED SELF ADDRESSED ENVELOPE WITH YOUR ENTRY!