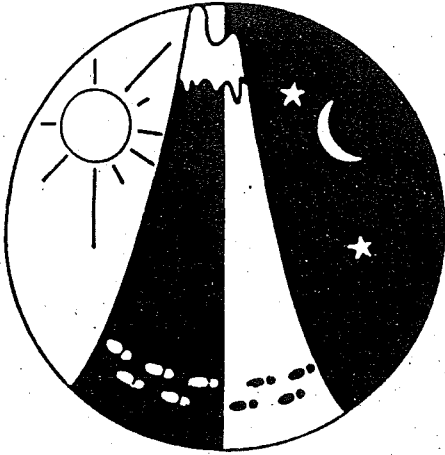


NSW ROGAINING NEWSLETTER

Number 32

March 1992



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And the national calendar - all the events in 1992.

NSW CHAMPIONSHIPS - The "BATTLE OF WUULUMAN"

ANZAC Weekend, 25/26 April 1992.

As I sit down to write this the floods that we promised you wouldn't have to do battle with during the rogain are taking place, a full two months before the event! But I digress ...

This year's NSW Championships, and associated 8 and 16 hour events, are to be held near Wellington - whose logo, the Wellington Boot, is proudly displayed on the entry form. This wonderful new area and the interesting course is brought to you courtesy of one of NSW's most experienced rogainers, Netta Holmes. The first few checkpoints she chose were selected solely on the basis of their inviting names; the remainder will take participants to as many parts of this diverse area as possible: beautiful granite boulders, stands of native pines, in and out of complex contours, to superb views over the Macquarie River and Lake Burrendong, and down to their banks, through the open forests and across rolling hills sculpted with folds of slate and mudstone.

The Hash House will be in a warm, dry woolshed with at least adequate food? - I'm doing the catering! (If there are any 8 hour participants who'd like to lend a hand for a few hours give me, Warwick Marsden, a call on 047 51 1892.)

It's a fair drive to Wellington so bring along a driver or, **better still**, take advantage of the NSWRA-subsidised bus which will depart Strathfield at 7.30pm on Friday and return on Sunday evening with a few pick up and set down points. To avoid making too great a loss we'll have to have at least 35 people on board so commit yourselves early. Those who took the bus to Copeton Dam will tell you that it's a great way to go as well as to get to know your fellow rogainers.

And as it's the end of the school hols, Anne Francis has volunteered to organise a creche for those rogaining parents who have "pre-rogainers". Don't forget to call Anne on 02 982 4836, so that you'll all know what's expected!

John Keats is looking after entries, 02 636 2364. Remember that the weekend before the event is Easter; we'd love to have the entries all tidied up by then so plan early, please. I've got the delightful job of coordinating the event so if you have any questions not related to entries or the creche give me a call, the number again is 047 51 1892.

See you at the battlefield on Saturday 25th April.

Warwick Marsden

29th PADDY PALLIN ROGAINE **Sunday, 14th June 1992**

This most popular event in the rogaing calendar is being set and organised by rogaing scouts Rodger Austen, Eric Metzke and John Roberts with support from the NSWRA and the Paddy Pallin organisation. They've found a wonderful area only an hour's drive north of Sydney.

Yes, it's mainly sandstone but the difference is the open grass valleys in the area. Tracks and creeks will provide the easy navigation for novices which has become a feature of the Paddy Pallin. And while they're wending their way around there'll be superb views of creeks and distant hills along with numerous caves and rock formations. Beyond this immediate area are a series of ridges which will test the fitness, tactics and navigation of experienced rogainers.

An entry form is enclosed. The entry fee of \$15 per person or \$10 for juniors includes a premarked map and the traditional soup'n'sausage at the finish. The catering is also in the capable hands of the 1st Waitara Scout Group, but don't worry the familiar face of Robert Pallin behind the barbie will still be there - he cooks a mean sausage! Part of the fee will be donated to the Extension Scouting Branch to support activities for disabled and handicapped scouts.

The popularity of the event has meant that a quota has had to be imposed; **entries will be on a first come first serve basis and the quota will probably be filled before the closing date of May 25th. Several teams missed out last year so get your entries in early!** Further information from Julian Ledger who will be processing the entries, 02 267 3044 (work), Rodger Austen, 02 456 2902 (home) and Warwick Marsden, 047 51 1892 (home).

Warwick Marsden

WORLD ROGAING CHAMPIONSHIPS **Should we select the best teams?**

The December 1991 newsletter indicates a proposed limit on entries for the World Rogaining Championships in October of 500, with a likely quota on NSW entries of approximately 30. The NSW limit appears stringent and, given the undesirability of excluding interested participants, provokes two questions:

1. Do we really need a limit on total entries?
2. If NSW entries are to be limited, shouldn't the selection criteria be merit? The newsletter reports the NSWRA Committee's decision to limit NSWRA entries to people who have (a) done at least three 24-hour rogaines and (b) been members of the NSWRA for at least two years including 1992, and then 'first-in'. These criteria are clearly not directed at selecting the most competitive teams.

They discriminate against:

- newcomers - leading elite orienteers like Jock Davis would probably be Australia's most formidable competitors, yet excluded because of limited rogaing experience. (The World Championships, if properly handled, could provide a major boost to recruitment from orienteering ranks.)
- expert rogainers who have chosen to compete in shorter events than 24 hours but who would clearly be highly competitive over 24 hours. John and Val Hodsdon, with the highest 16 hour score in the 1991 NSW Championships despite being mixed veterans, are an example.
- mobile rogainers - if a rogaing happens to move to NSW during 1992, they fall foul of the selection criteria since membership with other associations is not recognised.

If entries really have to be rationed (and this should be fully tested), selection should be based on merit e.g. one or more of the lead-up rogaines in NSW could be a selection trial (or, less objectively, a selection committee could be appointed). Criteria based on 'seniority' and 'first-in' do disservice to the development of a sport.

Ian McKenzie

Reader's Comment - WHY THE 24 HOUR FOCUS?

For any sport to thrive, it needs to be responsive to and respect its members' preferences. The traditional 24-hour format has its adherents, but there are clearly many rogainers who prefer the shorter formats (6/8/12/16 hours). This is illustrated by the (excellent) 1991 NSW Championships. In a choice of 8, 16 or 24 hours, the 24 hour event was the least popular (23 entries, c.f. 8 hours - 29 entries, 16 hours - 26 entries).

8 ? 16
24
12 ? 6

The rogaining decision makers in Australia, however, persist in derogating the sub-24 hour formats, most notably by such practices as designating only the 24 hour event to have 'championship' status. This attitude also seemed to be reflected in the newsletter presentation of the 1991 NSW Championships results where 8 and 16 hours were not separately grouped but merely shown as 'also-rans' in the 24 hour event.

Why these needless slights to sub-24 hour competition? The sub-24 hour formats are still major tests of the fundamental rogaining attributes of endurance, navigational skill etc. And the standard of the winning performance in the sub-24 hour formats compares favourably with that in the 24-hour formats. For example, the winning team in the 9-hour event at the 1991 ACT Championships achieved 82% of the score of the winning 24-hour team. It is hard to think of other sports (c.f. running, swimming, cycling etc.) where similar discouragement against shorter events exists. Rogaining will prosper more if it caters fully to the tastes of members generally, rather than needlessly discriminating in favour of the 24 hour format.

I therefore suggest that at national and State championships, the sub-24 hour formats should have championship status. Similarly, why should the World Championships be only a 24 hour event? Any needed restriction on total entries could still be accommodated if, say, a 12 hour event were also held.

Ian McKenzie

ROGAINING CHAMPIONSHIP RULES

These are the official rules of rogaining, as defined by the International Rogaining Federation 12/12/1990 and subsequently adopted by the NSWRA.

ENTRIES

1. A team shall consist of two to five members.
2. A team which has a member under 14 years of age shall also have a member over 18 years of age.
3. No member of a team shall have been involved with the organisation of the rogaine so as to have a prior familiarity with the rogaine course or the fieldwork of the rogaine map.

RESPECT FOR LAND AND PROPERTY

4. Competitors shall respect public and private property.
 - a) Competitors shall not cross newly sown ground, growing crops, or any area deemed out-of-bounds.
 - b) Competitors shall keep a reasonable distance from dwellings and stock with young.
 - c) Competitors shall take all due care when crossing fences.
 - d) Competitors shall not discard litter.
 - e) Competitors shall not light fires on the course.
 - f) Competitors shall not damage or disturb native flora or fauna.
 - g) Dogs and firearms are prohibited.

THE EVENT

5. After obtaining checkpoint information, competitors shall not leave the start area until the official start is signalled.
6. The only navigational aids that may be carried during the rogaine are compasses and copies of the specified rogaine map.
7. Competitors shall travel only on foot.
8. Team members must remain in verbal contact at all times during the rogaine.
9. A team shall not accept assistance from, or collaborate with, other people or deliberately follow another team.
10. No food or equipment shall be left on the course before the event, or discarded during the event.
11. A first aid kit, as specified by the organisers, and a whistle shall be carried at all times.
12. Competitors shall abide by any further conditions as specified by the organisers.

Ya Gotta Shut The Gate Mate, Ya Gotta Shut the Gate!

Like last year's NSW Championships, this year's event at Wellington is being held in farming country with the blessing of a large number of landowners. As such it is up to all participants to do the right thing with regards to fences, gates etc. Most of the following points are common sense but I'll list them anyway because it only takes one person doing the wrong thing to give a landowner the wrong impression.

1. Leave gates as you find them. The biggest problem here is leaving a gate open for a team close behind who will of course know that it has to be closed. But will the team following them? So close it anyway; the following team will probably need the practice at opening gates.
2. Use gates wherever possible to cross a fenceline even if it does mean an extra 100 metres or so.
3. Climb fences at corner posts or at strong wooden posts.
4. If a gate is locked climb it near its hinges or use the wooden post.
5. If you do damage a fence let the organisers know so that they can arrange repairs:
6. Avoid passing close to houses and stock, particularly at night.
7. Wherever possible, avoid crossing freshly ploughed paddocks.
8. If you see some locals give them a wave and if they're close enough be prepared to tell them what you're up to. Many of them think we're a bit whacko so we might as well confirm it.
9. Please don't litter. Besides being unsightly, even a small wrapper or orange peel can do damage if it is swallowed by a young farm animal.
10. Electric fences? Shocking things aren't they? The live wires are the ones with insulating stays; try to avoid these. One zap is usually enough to make you more careful!



Good on ya mate!

Warwick Marsden

1992 ANNUAL GENERAL MEETING

Our AGM will be held at 1pm April 26th, after the Wellington rogaie presentations. The primary aim of the AGM is to elect a new committee for 1992.

We would especially like a volunteer or two to nominate for the Treasurer's position. John Keats has looked after the Association's accounts for the last 4 (or is it 5?) years, and performed admirably in the role. He has tightened the procedures for event budgets, improved membership recording, and generally provided a strong guiding hand over our funds. He also deserves a rest. A committee member's role is not arduous and it increases ones awareness in the mechanics and progress of our sport.

If you'd like to raise any agenda items and/or nominate for a position on the committee then notify Trevor Gollan.

Trevor Gollan

This Newsletter is produced by the NSW Rogaining Association. It is edited by George Collins and printed by the University of Wollongong Printery. Contributions are always welcome and should be sent to 20 Viburnum Road, Loftus NSW 2232. Wordprocessor text files on diskette will save us retyping your article. Both IBM and Macintosh formats are acceptable. Alternatively, you could try electronic mail to gez@atom.lhrl.oz.au.

1992 NATIONAL CALENDAR

January 25/26	ACTRA High-O	Kiandra
February 23	VRA Cyclogaine	
March 16	ACTRA Cyclegaine 6-hour	
March 21	WARA Metro March	
March 22	VRA Autumn 6-hour	
April 11	VRA Autumn 12-hour	
April 18	WARA Autumn 12-hour	
April 25/26	NSWRA Championships 24-hour	Wellington
April 25	SARA Bike Rogaine	
May 16/17	ACTRA Championships 24-hour	Kosciusko Nat'l Park
May 16/17	VRA Championships 24-hour	
May 23	Queensland 6-hour	Warwick
June 13/14	SARA Championships 24-hour	
June 13/14	WARA Championships 24-hour	
June 13	VRA Winter 6-hour	
June 14	Paddy Pallin 6-hour	Hawkesbury River
July 5	VRA Metrogaine	
July 18	NSWRA Winter 12-hour	Manilla/Tamworth
August 8	VRA Snowgaine	
August 15/16	WARA Spring 24-hour	
September 12	VRA Spring 12-hour	
September 19	NSWRA Spring 12-hour	Newcastle
October 4 & 6	VRA Model for World Champs	
October 9/10	World Championships 24-hour	Benalla, Victoria
October 10	WARA Spring 12-hour	
November 7	ACTRA 12-hour	
November 7	SARA Spring 12-hour	
November 7	Queensland 12-hour	
November 14	VRA Summer 12-hour	
November 14	WARA 6-hour Cycle Rogaine	



If you need more information, contact the Secretary for the appropriate State Association.

ACT	Keith Thomas	(06) 248 7816
NSW	Trevor Gollan	(042) 842 293
Qld	Eric Andrews	(07) 268 3338
SA	Peter Taylor	(08) 269 7558
Vic	Janine Toole	(02) 568 8960
WA	Anne Watson	(09) 364 6467



CHECKPOINTS

13. All team members shall approach to within ten metres of each checkpoint visited.
14. A team shall record its visit to a checkpoint by punching a single sheet (normally the score card) with the punch at the checkpoint marker and filling out the intention sheet at the checkpoint.
15. Competitors shall not rest within one hundred metres of a checkpoint.
16. Competitors shall not interfere with a checkpoint marker or intention sheet in any way.

ADMINISTRATION AREAS

17. Whenever a team visits an administration area, all team members shall report to the organisers and surrender their team's score card. The team shall collect its score card immediately prior to leaving the administration area.
18. If a competitor wishes to withdraw from a team for any reason, the entire team shall return to an administration area and notify the organisers. The team may then continue to compete adding to any points already gained, as long as the team is still in accordance with the rules of entry. A team shall not add a competitor during the event.
19. A team shall finish by all of its members reporting to an administration area and surrendering their score card.

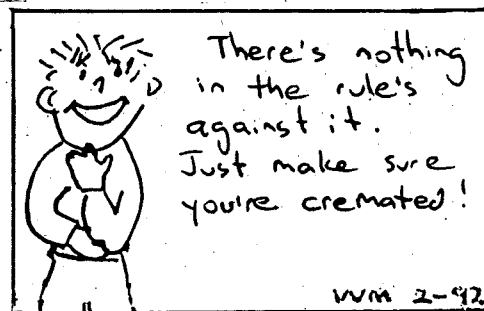
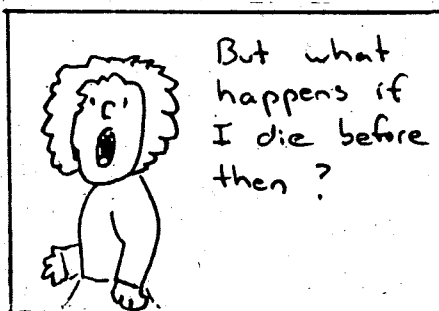
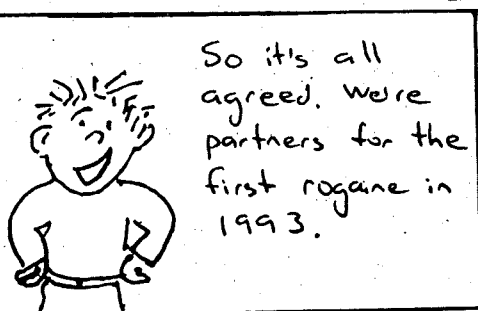
PENALTIES AND PROTESTS

20. The penalty for breaching these rules is disqualification, except for rules 13, 14, 15 for which the penalty is the loss of points for the checkpoint under consideration.
21. A team may protest to the organisers within thirty minutes of the nominated finish about any team thought to have breached these rules.
22. A team which is not satisfied with any decision of the organisers may appeal in writing within seven days to the committee of the organising association. This committee shall have the power to overrule the organisers and amend the results accordingly.

SCORING

23. A team's score shall be the value of the checkpoints visited less any penalties. The team with the greater score, or in the event of a tie, the team which finished earlier, shall be awarded the higher placing.
24. A team may record punch marks on any single sheet and this will be accepted by the organisers in the event of a scorecard being lost, so long as the punch marks are discernible, and the team can inform the organisers of the checkpoint number for each of the punch marks.
25. In the event of a damaged, misplaced or missing checkpoint, scoring shall be as follows:
 - a) If the intention sheet is missing, full points shall be awarded for recording the correct punch mark.
 - b) If the punch is missing or damaged, full points shall be awarded for a correct record on the intention sheet.
 - c) Full points shall be awarded for correctly recording a visit to a misplaced checkpoint.
 - d) Full points shall be awarded to a team who can satisfy the organisers that they found (setting/vetting tape at the original site of a misplaced or missing control.
 - e) Any other eventuality shall be scored at the organiser's discretion.
26. The finish shall be twenty four hours after the advertised starting time according to the organiser's clock. Teams finishing late will be penalised at the rate specified by the organisers. Teams finishing more than thirty minutes late shall be deemed to have not finished the event and their result shall be recorded as "DNF".

THE PERFECT ROGAINING PARTNER?



MEMBERSHIP 1992

1992 annual membership fee is due now. The schedule of fees is:-

\$15 - Individual

\$20 - Household, for people living at the one address ... you only get one newsletter.

\$30 - Group, for young, non-workers (e.g. scouts, schools).

The address label for the newsletter indicates your current financial status. If the letter in the top right corner is an "F" then you are a full financial member for the current year. If "N" then you are non-financial and fees are due. If "C" then this is a complimentary newsletter. If you aren't financial, or you are a new member, complete the membership renewal form and return it to the Secretary. You can also include your membership with your application for the NSW Championships. Incidentally, the number in the top right corner of your address label is your postal sort-code.

NSW ROGAINING ASSOCIATION MEMBERSHIP APPLICATION

Family Name _____ Given Name _____

Address _____

Postcode _____

Phone (____) _____ (h) (____) _____ (w)

Single (\$15) Household (\$20) Group (\$30)

Enter names of household members:

1. _____ 2. _____

3. _____ 4. _____

Make cheques payable to the NSW Rogaining Association and send to
Trevor Gollan, Secretary NSWRA
39 Greenslopes Ave, Mt Ousley NSW 2519

If you would like to assist in the organisation of rogaining events (and you most certainly would like!) then please indicate your preferences below

Event Coordinator

Course Setter/Checker

Administration

Childminding

Catering - Organising

Assistant

Publicity

Transport (food, equipment, people!)

Please indicate what you have available - truck, trailer, bus etc.

WHO'S DOING WHAT IN 1992

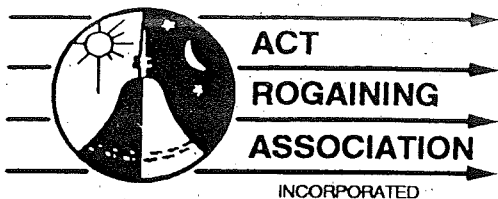
Our 1992 calendar still has some empty spaces. If they stay empty then we're in trouble. You can solve the problem - give Trevor Gollan a call on (042) 84 2293 or drop him a line at:

39 Greenslopes Avenue,
MOUNT OUSLEY NSW 2519.

Event Date	NSW Champs April 25-26	Paddy Pallin June 14	Winter 12 hr July 18	Spring 12 hr Sept 19
Location	Wellington	Hawkesbury	Manilla	Newcastle
Coordinator	Warwick Marsden	Warwick Marsden	Graeme Cooper	Bert Van Netten
Course Setter	Netta Holmes	Rodger Austen Eric Metzke	Graeme Cooper	
Administration	John Keats	Julian Ledger	Vicki Cooper	
Childminding	Anne Francis			
Catering	HELP !!	1st Waitara Scouts	Gunnedah Bushwalkers	Bankstown Bushwalkers

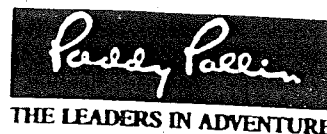
NSWRA Committee

President	Terry Collins	29 Darwin Rd, Campbelltown 2560	046 27 2186
Vice-president	Wendy Davies	29 Darwin Rd, Campbelltown 2560	046 27 2186
Secretary	Trevor Gollan	39 Greenslopes Ave, Mt Ousley 2519	042 84 2293
Treasurer	John Keats	109 Mississippi Rd, Seven Hills 2147	02 636 2364
Editor	George Collins	20 Viburnum Rd, Loftus 2232	02 521 4342
Publicity	Julian Ledger	108 Cressy Rd, East Ryde 2112	02 888 1954
ARA Rep.	Ian Dempsey	5 Richley St, Kahibah 2290	049 43 5790
Committee	Sonia Kupina	4/68 St Thomas St, Clovelly 2031	02 665 4925
	Graeme Cooper	Cluny Rd, Armidale 2350	067 72 3584
	Anne Francis	62A Delmar Pde, Dee Why 2099	02 982 4836
	Warwick Marsden	35 Grose Rd, Faulconbridge 2776	047 51 1892



THE ACT ROGAINING CHAMPIONSHIPS

16-17 MAY 1992



The 1992 ACT Rogaining Championships will be held in the hills near Canberra, less than 1 hours drive south.

The same people (Mills, Worsley, Luff and Anderson) responsible for the Namadgee Rogaine has teamed up again to organise an event to equal or better our previous effort. Good food can be expected including the vegetable curry which proved popular last time around. The course will be appropriate for all standards of participation.

The area is a mix of rugged bushland, pine forests, outstanding views and rock outcrops. As much of the course is above 1000m the night will be cold. If entering the 24 hour warm clothing is essential.

A 16-hour and an 8-hour contest are offered in parallel with the 24 hour championship. In the 16-hour event you must take (at least) an 8 hour rest at the hash house, at any time you choose. All events start at 12 noon on the Saturday.

FEES. \$22 per team member. \$11 if you are under 18 at the time of the event. Participants must be a member of a Rogaining Association. If you are not currently a financial member, include either \$18 for a household or \$12 individual or \$10 for a student.

SEND: This entry form, a stamped addressed envelope and cheque (payable to ACTRO) to Noel Luff, 20 Bunny Street, Weston, ACT 2611.

LATE ENTRIES: Entries close Wednesday 6 May. Late entries add \$5.

ENQUIRIES: to Ken Anderson (06) 2430300 (bh) (06) 2862073 (ah)

	Name	Address & phone	fee
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
			total fee _____
Event	<input type="checkbox"/> 24 hour	<input type="checkbox"/> 16-hour	<input type="checkbox"/> 8-hour
Section	<input type="checkbox"/> Open	<input type="checkbox"/> Women	<input type="checkbox"/> Mixed
age category	<input type="checkbox"/> Open	<input type="checkbox"/> Junior	<input type="checkbox"/> Veteran

Change of address:

If the name and/or address on the label is incorrect, please fill in this form and return it to Trevor Gollan, 39 Greenslopes Ave, Mount Ousley 2519.

Name: _____

Address: _____

Old address: _____

PLEASE DONT TEAR THE WRAPPER!

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Registered by Australia Post,

Publication No. NBH 7617

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