



# NSW ROGAINING ASSOCIATION INCORPORATED

(the sport of cross country navigation)

Newsletter # 27 - February 1991

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## WELCOME TO 1991

What a year lies ahead !

1. The ACTRA is leading the way with a **Come and Try It Event on Saturday 9th March** just west of Canberra. Entry form enclosed. It will be a great way to introduce newcomers to rogaining and to revive your mothballed navigational skills in readiness for .....
2. The **ACT Championships on 28/29 April**. Hopefully entry forms for this event will have been received to be included with the newsletter. (Thanks Andrew Calder) Suffice to say that the course setter has taken his maps and gone to Antarctica to set the meanest of courses..... complete with icebergs.
3. If you're wondering what the NSWRA has been doing all this time, all will be revealed on **Saturday 18th May** when the Bankstown Bushwalking and Social Club hold the **Hellraiser Rogaine** up Newcastle way. I'll leave it up to Robyn Arthur's well oiled publicity machine to tell you more elsewhere in this newsletter. Just be sure not to miss it.

\* Are they going to organise a bus from Sydney? would be for!

4. The following weekend, **25/26 May**, will see the **Australian Championships** in the **Flinders Ranges**. If ever you wanted to plan a trip to the Flinders, now would be a great time as rogaines have a way of taking you to places which you would otherwise never go.
5. After the inaugural **South Coast** rogaïne last year, the **Paddy Pallin** rogaïne on **Sunday, 16th June** will be back there again with wonderful sandstone formations, rainforests and waterfalls - no views of the coast this year because you didn't appreciate them last year !! (I see - no sea ! Ed 2)
6. The **Federation of Bushwalking Clubs** will hold their **Search and Rescue Rogaine** on the **29/30 June** near **Kangaroo Valley**. This is a different style of rogaïne but I'll tell you more next time.
7. And in case you're wondering what tricks **Bert Van Netten** and the **Newcastle gang** have in store, go to the end of the **Putty Road** near **Singleton** on **Saturday, 27th July**.
8. Then four weeks later (**24/25 August** to be precise), **Trevor Gollan** and the gang will be holding a (dry) **NSW Championships** north west of **Goulburn**. Here's wishing you fine weather for the two months beforehand !
9. The **ACTRA 12 hour** will bring the curtain down in **October**.

## PERSONAL NOTES

Dianne and Bert Van Netten now have a "junior mixed" with the arrival of Jamie late last year to join their delightful daughter, Kim. Actually, both "competed" with Di and Bert at last year's Paddy Pallin in June.

Editorial license has been granted to Wendy Davies and Terry Collins who gladly answered my request for help in producing the newsletter. The nice thing about having two/three editors is that if there's ever a mistake (unlikely !!! ???) it's always the other editor's fault. (Nice one Warwick - does this go for navigating too ?) Thanks also go to Jonathan D'Arcy who also called to offer his services - we've got your number !

To minimise harassment of the non-rogaïning holders of his old phone number, please note that Warwick Marsden now lives at 42 Glenbrook Rd, Glenbrook 2773 - Phone No (047) 394 882. The PO Box 271, Kensington is still in operation.

## NSWRA MEETINGS

1. Julian Ledgers' (address on front page) at 7.30pm on  
March 20<sup>th</sup>
2. AGM 1991 - Sunday Morning after the Hellraiser  
May 19<sup>th</sup>

**NSW ROGAINING ASSOCIATION INC**  
**ROGAINING – The sport of cross country navigation**

Rogaining is the sport of long distance, cross-country navigation, in which teams of two to five visit as many checkpoints as possible within a given time period. This can be 24, 12 or 6 hours, depending on the event.

By using an appropriate map and compass, and the checkpoint descriptions on a checkpoint sheet, teams navigate to a control marker and punch their control card to verify their visit. In this respect, the sport is similar to orienteering.

However, there are a number of unique aspects to the sport of rogaining. The most important of these concerns the flexibility of teams to select their own goals. That is, teams are free to visit as many checkpoints that they wish to. Most rogaines are not very competitive – the emphasis being on participation. Consequently, a strenuous training program is not required.

At each event a "hash house" provides food and drink for competitors. This is included in the entry fee for the event. Teams may return to the hash house at any time during the event for food and rest. This provides the opportunity for some socialisation, "post mortems" about route choice and errors, and talk of future plans.

While longer rogaines provide the opportunity for night navigation, it is by no means compulsory. Newcomers to the sport may decide to spend the night hours at the camping area and to strike out early in the morning to visit further checkpoints. As all teams finish at the same time, there is no feeling of being left behind and all teams are equally a part of the friendly atmosphere that characterises the sport.

The N.S.W. Rogaining Association organises a number of events each year. The remainder of this year's calendar is shown below. As the organisation of events involves the ordering of maps and the preparation of food, pre-entry is required. You can do this by contacting the organiser or Association secretary for an application form a few weeks before the event.

Further information can be obtained by contacting:

Dianne VanNetten, (President)  
 Lot 2 Cessnock Rd.,  
 Freemans Waterhole tel. (047) 595935

or Trevor Gollan, (Secretary)  
 39 Greenslopes Ave.,  
 Mt. Ousley 2519 tel. (042) 842293

**1991 EVENTS PROGRAMME – NSW & ACT ROGAINING ASSOCIATIONS**

DATE	EVENT	LOCATION	FULL MOON
Sat March 9	ACT 8 & 4 Hour Come-&-Try-It	1/2 Hr from C'bra	N.A
Day of Wellington Show - Sat/Sun April 27/28	Mum & Dad think they can handle the cattle without me! ACT 24 Hour Champs		April 29
Sat May 18 The day after our sale won't be able to make it.	12 Hour (Organiser, Bankstown Bushwaking & Social Club)	Northwest of Newcastle	May 28
Sun June 16	6 Hour Paddy Pallin	South of Sydney	N.A
Sat/Sun June 29/30	24 hr Search & Rescue Rogaine	Kangaroo Valley	June 27
Sat July 27	12 Hour	Hunter Region	July 27
Sat/Sun Aug 24/25	24 Hour, NSW Champs	South West	August 25
Sat Oct 19 The day of National Steer show carcass awards	ACT 12 Hour		October 23

# PADDY PALLIN OBITUARY

The Best Place to be is Here

...the Best Time to be Here is Now...

....Paddy Pallin 1900-1991

Rogainers are just some of the many people who owe so much to the memory of Paddy Pallin, who died on 3 January, 1991. Today we can take for granted the access we have to the bush and the equipment which makes Rogaining possible. However it was Paddy Pallin with his love and enthusiasm for the natural places of New South Wales who brought an appreciation of the bush to more people than perhaps any other individual.

At his funeral it was recounted how in the depression he had lost his mundane clerical job and only then realised how much he had hated it. With his wife May going out to work, he stayed at home and started developing basic camping products on a treadle sewing machine.

Much of his time was spent trying out his equipment on numerous trips. Always an innovator he pioneered canoeing in the Shoalhaven and explored new sections of the Kowmung River. Whilst his greatest love was bushwalking, for Paddy, it was never too late to learn something new. After learning cross country skiing at about the age of 50 he went on to down hill at the age of 58. "Swallowing my pride I joined the beginners class with all the kids hoping the spectators would think I was a fond father keeping an eye on his son".

A few years later in his early sixties, he learnt abseiling and went on a number of trips to the Blue Mountains canyons. Later he went trekking in Nepal right up to the 18000ft Everest Base Camp and was by all accounts a great hit with the sherpas.

He was behind the formation of many of the movements that environmentalists and outdoor enthusiasts take for granted. These include the Search and Rescue Service, The YHA (Youth Hostels Association), the campaign to save the Blue Gum Forest, the Kosciusko Huts Association and many more. In the YHA he personally helped locate and build many of the early hostels.

In business too he was an innovator. When Paddy opened his first outdoor equipment shop in 1930, lightweight outdoor equipment was quite unavailable and much of Paddy's stock was designed and made at his home. With a genuine understanding of his customers' needs, he was able to develop an amazing range of new and successful products.

Paddy's funeral, held on 8 January was attended by three generations of Australian bushwalking and outdoor pioneers and enthusiasts. It was a fitting tribute to a man whose memory is perpetuated by the national retail business in his name, and many of the other good things he started or inspired including not least the annual 6 Hour Paddy Pallin Rogaine to be held this year on June 16.

Footnote: If you are interested in Paddy's life and the development of appreciation of the wilderness of NSW, you must read Paddy's autobiography 'Never Truly Lost'. Each chapter uses the description of a particular expedition to illustrate the various stages of the development of Paddy's own life and the development of outdoor activity in the State. A second reprint was underway at the time of going to press and will be available from Paddy Pallins.

Julian Ledger

## ACTRA'S "COME AND TRY IT" ROGAINE

The ACTRA is beginning the season with a 4 and 8 hour rogaie. It will be held in a popular recreation area close to Canberra. Although mainly pine forests, there are interesting pockets of native forest as well as some farmland and a pleasant river.

As it is a "Come and Try It" event, many control sites have been chosen with beginners in mind. There will also be plenty of challenge for the fitter, more experienced rogaier.

Camping is permitted at the hash house. Facilities include toilets, barbeques, a carpet of pine needles, a hut and hopefully, water still in the tank. For those who prefer a hot shower (only 3.5 minutes) there is a riverside camping area 4km away. Costs are \$8 for 2 people with \$1 per extra. Nearby Canberra should have plenty of caravans, cabins and rooms in March.

The event coincides with the start of the Canberra Festival. So if you have already seen the War Memorial, New Parliament House and the Science and Technology Centre, there are plenty of other activities on the Sunday.

You can start the day with a hot air balloon ride and see parts of Canberra in a leisurely way. From 10am there is a raft regatta on Lake Burley Griffin to be followed by a dragon boat race in the afternoon. Nearby Old Parliament House has a steam show also starting at 10am. At Glebe Park ( a few minutes north of the lake) there will be jazz and an outdoor art and sculpture exhibition.

Why not combine a rogaie with other pleasures and have an enjoyable weekend in Canberra in March ? The entry form has further details.



MAY 18, 1991

THE HELLRAISER

With the New Year beginning it is now time to sort ourselves out and organise our lives to fit in all the adventures awaiting us.

One such adventure that should not be missed and included in everyones diary is the inaugural Bankstown Bushwalking and Social Club Rogaine.

The Hellraiser will be held at a location approximately 3 hours drive north of Sydney and there will be both a 6 hour and a 12 hour event.

The event is located in a lush predominately eucalypt forest with hills reaching 300 metres in height. The area covers a good cross section of both terrain and vegetation.

A basic campsite with Hash house will be close to the base camp to provide sustenance and conversation during and at the end of the event, however, you should bring sufficient water to meet your individual requirements for the stay.

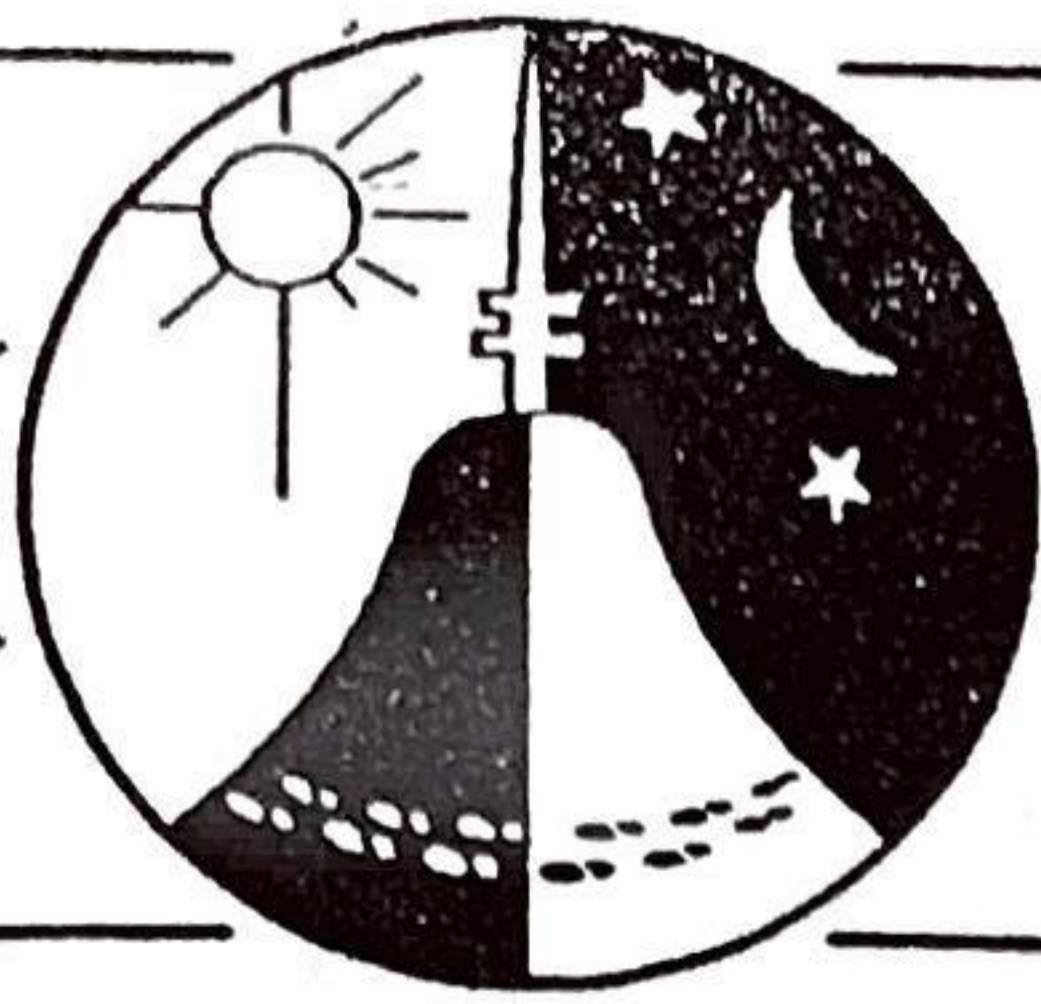
We hope to give you a weekend of fun, enjoyment and challenge and look forward to having you join us on the 18th May, 1991.

Numbers will be limited, receipt of your early entry will ensure participation in the event. Entry forms on request or in the next magazine. For further information please do not hesitate to contact me on the phone numbers below. Souvenir T-Shirts are available.

ROBYN ARTHUR (Co-ordinator)

897 2270 (02) Home

886 1862 (02) Work



**ACT  
ROGAINING  
ASSOCIATION**

INCORPORATED

**ENTRIES CLOSE  
THIS FRIDAY !!!**

1991 ACT Rogaine

'Come and Try It' Event

Saturday 9th March 1991

This event will be held at a location approximately 30 minutes drive west of Canberra. Two events will be held - an 8 hour event which will involve some night time navigation and a 4 hour event especially aimed at novice rogainers.

Most of the event is located in pine forest, although a small section of the course is set in adjacent eucalypt forest and farming land. The terrain varies from undulating to steepish hills. Leg covering will be handy. The lowest point on the course is at 460m and the highest at 1000m. Views are spectacular.

In the course area there are some creeks which contain drinkable water, and some water points may be available. However, competitors should carry their own water.

Both the 8 hour and 4 hour event start at 1pm on Saturday 9 March.

MAP: 1:25,000 topographic.

ENTRIES CLOSE: Friday, 22 February.

FURTHER INFORMATION: Blair Trewin (06)2513026 (home)  
Kathy Saw (06)2863641 (home) (06)2465481 (work)

Entry form: 1991 ACT 'COME AND TRY IT' ROGAINE 9 March 1991

Team Contact: \_\_\_\_\_ Ph: \_\_\_\_\_ (h) \_\_\_\_\_ (w)

Name	Address	Postcode	Fees*
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____

Minimum team size is 2 people.

\*Fees: 8 hour and 4 hour \$10/person  
or \$25 for a family team (2 maps only will be supplied)

Event: 8 hour  4 hour  Section: Family

Section: Men  Women  Mixed  Junior (all ≤18)

ENTRIES TO: Come & Try It Rogaine, 38 Mirning Cres, Aranda ACT 2614

CHEQUES PAYABLE TO: ACT Rogaining Association

Include a stamped self-addressed envelope for final instructions.