



NSW ROGAINING ASSOCIATION INCORPORATED

(the sport of cross country navigation)

Newsletter #25 - August 1990

| | | |
|------------------------|---|---------------|
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There's only TWO MORE ROGAINES in NSW/ACT
in 1990

8th/9th September - Northern Tablelands: entry form enclosed
- 24 hour, 8 hour, 3 hour events
(Why not join the fun on the NSWRA bus)

27th October - ACT 12 hour : *entry form enclosed!*

NSW ROGAINING CHAMPIONSHIPS- INVERELL - 8/9 September

Graeme Cooper and the Northern Tablelands Orienteering Club, long time supporters of rogaining in NSW, are staging this event near Inverell and have promised "hot showers and septic toilets . . . easy open areas . . . large granite features . . . native cypress . . . kurrajongs . . . and The Horse Stealers All Night Hash House". The NSWRA Committee is providing a (heavily subsidised) bus to take you safely from Sydney (\$35 return) or Newcastle (\$30 return) so why not commit yourself and get the chance to get to know many of those faces who are becoming familiar as your tally of rogaines mounts. The bus will leave Strathfield on Friday evening at 8:30pm and pick-up at the Van Nettens at 10:30pm. The return trip will leave the event at about 1.30pm on Sunday and get us back late on Sunday night. Full details will be sent with your pre-event info.

If you'd like more information on the event give Graeme or Vicki Cooper a call (067) 72 3584. For further information about the bus call John Keats or Trevor Gollan.

1991 EVENTS

. . . and for those of you who like to plan ahead here's the dates for rogaines next year: 28th April (ACTRA 12h), 19th May (NSW 12h), 15th June (Paddy Pallin 6h), 27th July (NSW 12 or 24h), 25th August (NSW 12 or 24h) and late October (ACTRA 24h). I haven't begun my annual phone around for organisers/helpers so why don't you surprise me - Warwick: (02) 399 7814? You can't blame me for trying!

DIANNE'S DISCOURSE BRAIN POWER

Rogaining is not just a matter of sheer brute strength. Even the strongest (physically) of us can succumb to mental pressure. Haven't you ever felt like having a mental breakdown halfway during a 24 hour rogaine when you are tired, hungry, cold and lost? The more aggressive of us throw tantrums instead.

The point is that a rogaine is a psychological challenge as well as a physical one. To continue a concentration demanding feat such as map reading when you are mentally exhausted is quite an achievement.

From personal experience I find that the stimulation of locating markers (especially at night) does help alleviate the mental pressure. But, this means accurate map reading even at times when your brain wants to switch off. This is where team work is vital. Allow different members of the team to take the dominant navigating role at different times. Of course the others serve as back-up checkers. Often one person in a team will shine as the stronger map reader and there is a temptation for the others to take a back-seat role. An inexperienced navigator should follow the map constantly in order to gain confidence.

Physical fitness does seem to also help lessen that mental pressure. If your body tires easily then your brain will too. Some of our very fit and experienced members can accurately read a map for 24 hours with very little rest. Quite a feat.

Also, accept that you really are only a mortal and you will become tired. Rest before you become inefficient and find yourself lost. If you are tired enough you will sleep anywhere. Even an hour's rest on a cold, hard, rocky surface can be somewhat refreshing. A return to the Hash House for a meal, a whinge, some sympathy and a sleep is the ultimate luxury. Don't be a martyr to the teams who have sinfully wallowed at the Hash House for a few hours during the night.

The number of rogaines you've entered is also relevant. We have quite a high turnover rate in rogaining. Many physically fit people enter their first rogaine but find the exhaustion and mental pressure too daunting. I had an extremely fit athlete say to me that he preferred to enter a full triathlon which normally took him about 6 hours. The reason he preferred this type of event was because he could cope with the physical exhaustion but not the mental exhaustion of a rogaine. Nevertheless, if you can stick with it for a few rogaines you will come to accept the brain bashing as part of it.

So, rogainers, feel proud. You are achieving physical and mental feats far beyond the powers of the ordinary mortal.

Now that you are feeling supremely confident and prepared to face ANY challenge, I am sure you are looking forward to the NSW Champs in September and the ACT 12 hour in October.

Dianne van Netten

ROGAINING AFTERNOON and BARBEQUE

As rogaining continues to grow in NSW there appears to be the need for a quiet, considered review of the direction this growth should take. This isn't possible in the hustle and bustle of the rogaining season (usually March to October), so one Saturday in November (probably the 10th or 17th) we'll have a get together to address just that and follow it up with a relaxed barbeque (a Clayton's Hash House?). There'll be an agenda in the next newsletter but note the dates in your diaries and call any of the committee if there's any item you feel we should discuss.

TALKS TO CLUBS

The NSWRA has been invited to give talks to a few groups over the last few months including SPAN Bushwalkers, Bankstown Bushwalking and Social Club and 1st Toongabbie Venturers. While we're still polishing up the talk we've been very well received - coffee, cakes and t-shirts!

I was pleasantly surprised to see so many familiar (rogaining) faces at the Bankstown meeting; Robyn Arthur and her team have certainly done a great job in conveying the very simple message that rogaining is a great way to improve your navigation skills so that you can enjoy your bushwalking even more! There's a few comments from Robyn about the club's involvement in the [very wet] Paddy Pallin Rogaine below, so that you can see things from her point of view.

INTERSTATE EVENTS AND CONTACTS

ACTRA Contact: Keith Thomas (06) 249 4373 (Bye Phil; thanks for the rain and great events)

Victorian Events: 6-7/10 (Vic Champs), 3-4/11 (24h with SARA), 2/12 (cyclogaine)

YRA Contact: Jenny Scott (03) 842 3529

WA Events: 6/10 (12h) WARA Contact: Julie Hartmann (09) 387 5183

SA Events: 3-4/11 SARA Contact: Phil Hazell (08) 363 1145

REPORT ON THE PADDY PALLIN ROGAINE

I don't know whether it was the weather (even "atrocious" seemed inadequate in describing it), the venue or the phase of the moon but there seems to have been more written about this event than any other that I can remember. Trev and I put out a couple of pages for newcomers after the event (most of which is included here), Paul Frylink had his say in the ACT newsletter, Robyn Arthur, Secretary of Bankstown Bushwalking and Social Club dropped us a line or two and Sue Clarke not only phoned but was able to put proud pen to paper in the Garingal Orienteering Newsletter as both the open and mixed winners belonged to Garingal as did Sue and Ian who had to be content with second place. I can't add much more other than to say that it was both the most demanding and most enjoyable rogaine that I've been involved in organising and I can only hope that many of you will keep your maps (call me for a B&W replacement if you need one - (02) 399 7814) and return to the area in better weather. Also I have a strong feeling that come the 15th June 1991 the South Coast will be hosting another Paddy Pallin event! Anyway here's a potpourri of words on the event . . .

Sue Clarke - "After we'd dried out, thawed out and got our breath back we realised what a great time we'd had . . . and thanks for #70, The Canyon" (Sue also had a few words to say about #100, which was in thick scrub with little contour detail and no reasonable attack points. I didn't visit it but I intend writing an article addressing just these points next issue! Ed)

Robyn Arthur -

- * Bankstown Bushwalking and Social Club decided to use the Paddy Pallin as a navigational exercise day - on hand map and compass reading.
- * We asked for experienced club members to be team leaders to guide our teams of novices - in all we submitted 8 teams.
- * Altho' the weather was dismal it didn't dampen the spirits of our eager competitors.

- * They were there to experience and experience they did rugged (but beautiful) terrain, atrocious weather and tricky points to navigate, plus the camaraderie of team members with a common goal (this being a critical factor on a rogaine).
- * We gave small certificates to place-getters including the wooden spooners, points were taken from the Paddy Pallin organisers - just an added incentive within our bushwalking club for our members.
- * To other clubs - groups - organisations a great way to achieve group participation, even family members can compete within a family situation.
- * Overall a successful club day and introduction to rogaing - we look forward to each and every event the association can organise for us.

Trevor Gollan - here's a few notes on the Tianjara Rogaine, from the hash house and a course-setter's view.

I liked the way John and Eric hit the creek below #62 then headed downstream. They were out of time so had to concede the control but if they'd been on target then they would have finished 100 points clear of the next team. Also the way they approached #70 was novel, down Tianjara Creek into the canyon via the potholes and waterfalls.

Or the second team, Andy Calder, Phil Creaser and Ian McKenzie who did the same course as the Morris' but ran out of time. They opted to sprint from #61 to the road then home. But if they had skipped a minor control earlier, say #22, then there might have been time to get #41 and 62, thus win the event. The permutations are endless aren't they?

Or the team who swear #31 wasn't there even though 54 other teams visited it on the day. A pleasant surprise was the alcove we found for the hash house, found in a search for protection from the rain.

Now we have six hour one and a half minute rogaines ... what will the purists think!

We knew the leg #100 to/from #60 was tough ... I don't think there is an easy way to get #100. Only 8 teams visited #60, the least visited control. Since the 9 teams who reached #100 were in the top 12 in the final results, we were vindicated in our point assignment. It wasn't worth the 200 points suggested by the team who couldn't find it.

The wet, cold conditions were unfortunate, especially hard on the youngsters. I've heard about the numbed hands at #33 that wouldn't work the punch, and the foreheads and teeth used instead to prove the visit. As course setters we had the pleasure of seeing the country in fine weather.

The bush was thick in places and the blade grass memorable, but you should have seen the 500 metre per hour stuff that we excluded below #34.

We thought it was a great area, especially the diversity of terrain and vegetation. From the high moors near #40, through the hakea and banksia scrub, the strips of rainforest below the cliffines (the birds-nest ferns near #61 and #41 are the best I've ever seen) to the forest areas on the lower ridges. The three levels of cliffline separated the vegetation types and offered the great views, once the cloud lifted. A control collector summed it up as "an easy sport ... you just find a really pretty spot in the bush and there's a control." This is the first rogaine held in a NSW south-east forest; perhaps we (or our ACT accomplices?) could choose a site further south in the future.

Paul Frylink - . . . The pre-event info arrived in the mail with all the usual details including the recommendation for full leg and arm cover as most of the bush was thick. I had read this many times before so I packed my usual rogaing uniform of shorts, gaiters, T-shirt and rain jacket.

It was not until after the event that I looked up the word 'Tianjara', an Aboriginal word describing an area as prickly, painful and rainy. Had I bothered to do this beforehand, I would have heeded the organisers and worn full body armour.

Listening to the weather forecast from the comfort of a motel room at Sussex Inlet, I heard a prediction of a cold front coming through the area on Sunday morning. No problem, we're on the coast, it can't get that cold - it did! . . . the fog rolled in at 8.50 and it started raining at 8.57.

We dived into the bush full of enthusiasm, keen to reach our first control. Our jog abruptly changed to a walk as I thought, "gee, this bush is thick, it must thin out later" - it didn't! . . . my partner Max was assigned 'trail-blazer' status as he had full leg protection.

. . . then back to the hash house for a nice warm cup of soup and some sausage sandwiches. Unfortunately we didn't get to see any of the views although we saw plenty of falling water, rain and forest. I'll be back next year with full leg protection!

Warwick Marsden (that's me, Ed) - The feedback from a number of different sources has been extremely positive; I can only wonder how much more you would've enjoyed it if I'd had my way and been able to give you a sunny day! Anyway, after the mud had cleared and you'd all gone home I remembered two things which I forgot to say at the Presentation so I'll say them now.

1. In the mailout before the event (which was unusually slow) I asked for your cooperation in the use of the area. The prevailing conditions meant that you were considerably inconvenienced and yet, to a person, you all **did the right thing!** Your cooperation was noted and was very much appreciated.
2. The final numbers (we had 235 plus entrants and 215 turn up) were well in excess of what we'd expected and this, along with the venue and the weather, meant that the organisers needed all the help we could get. The result was a wonderful combination of friends, friend's friends, family, NSWRA members, Big Foot O Club members; they had almost as good a time as you lot. For the record I'd like to thank the following (in no particular order) except for **Trevor Gollan and Julian Ledger** who helped out both before the event and on the day:

Ben & Christopher Cauchi, Shantha and Meena David, Colm plus friend, Robert and Nancy Pallin, Anthony Scott, Lorna Greenham, Adrienne Lambert, Julian Radom, Bob Bunbury, Pat Murphy, Noel Goddard, Heather Ferguson and Big Foot O club competitors Andrew Wisniewski, Anthony Maloney and Kathy Herrmann (pumpkin soup) and Andy Simpson, Cameron Osborne and Peter Garran (parking and in Peter's case dunny digging).

I also thought I'd mention three things which are always on the **TO BRING** list but which some of you were not aware of and others simply forgot:

plastic bag or contact - this is to protect your map in the event of rain!!

a whistle - this is a safety item in the hopefully rare event that, in spite of your best intentions (and it does happen) you become separated from your partner or need to attract immediate attention; six short blasts is the emergency signal.

eating equipment - saves on costs, rubbish and disposables

Please remember all three next time.

A REPLY FROM "THE UNSUNG HEROES OF ROGAINES"

After the last newsletter, which sung the praise of Caterers, I received a detailed report from Terry Collins about the problems of catering with particular reference to the Australian Champs. I'll extract some of it for a future newsletter but I can't resist including this gem:

"One aspect where rogainers, in general, can be criticised is their unwillingness to assist in the hash house. Two characteristics are evident: 'let's rope in the wife, girlfriend, female, whatever, while we go rogaining' (most evident in NSW) or the same old faces (evident in ACT)."

FROM THE PRESS

The following clippings are of interest. The Search and Rescue event is a sort of rogaine; there must be at least four people in the team, full camping gear must be carried but the scoring, standard maps and hash house are pretty much the same. Rather than 24 or 12 hours, they prefer something like 36 or 40 hour events. Julian's letter is from the Sydney Morning Herald.

Bushwalkers win shield



Mr Stephen Mutch (centre) presents trophies to the winning Navigation Shield team members (from left) Paul Rendell, Peter Wherry, Dr Ken Wilson and James Johnson. Photo courtesy: Bushwalkers Club

A combined team of bushwalkers from the UNSW and Sutherland Bushwalkers Clubs has won the annual Navigation Shield conducted by Bushwalkers (Search and Rescue) of NSW.

The event, held in the rugged terrain around Yalwal, near Nowra, on 23-24 June, was keenly contested by 15 accredited search and rescue organisations. Sydney Bushwalkers finished second, ahead of Shoalhaven Bushwalking Club and the Goulburn Police Emergency team.

The winning team included Paul Rendell and Peter Wherry,

of Sutherland Bushwalkers, and Dr Ken Wilson and James Johnson, of the UNSW Bushwalkers Club.

The competition is designed to test and enhance the navigation skills, heavy terrain mobility and endurance of people involved in bush searches.

Teams of up to six members were required to locate navigation check points placed around a course covering 35 square kilometres and to camp overnight in very rugged terrain.

Trophies were presented to the winners by Mr Stephen Mutch MLC on behalf of Mr Ted Pickering, the Minister for Police and Emergency Services.

Finding your way

SIR: Your correspondent, Ken Hayles (Letters, May 21), suggests that, to alert search aircraft, all bushwalkers carry coloured smoke bombs. Since prevention is usually better than cure, an alternative would be for more walkers to become better navigators.

There exists an as yet little known activity, home grown and unique to Australia, which promotes the art of finding one's way accurately in the bush. Rogaining is the sport of long-distance cross-country navigation and is somewhere between bushwalking and orienteering. Teams of two to five members travel on foot at their own pace and visit as many checkpoints as possible in an allocated time period.

Many bushwalkers who have previously muddled along, trusted to luck or on someone else, have, after a couple of rogaines, become very proficient map and compass users. Rogaines are held in NSW every couple of months at this time of year. The next is a "short" six-hour event on June 17 and all are welcome. And, no, nobody is quite sure of the origin of the name.

Julian Ledger,
Cressy Road,
East Ryde,
May 21

"CROSS-COUNTRY NAVIGATION" and OTHER GOODIES

This book is a much expanded version of "Rogaining", concentrating on navigation. It comprises three sections: Basic navigation (all you need to know never to be lost again), Advanced navigation (including snow, desert, thick bush, use of sun and stars) and Rogaining (including organising events). Also included are full moon dates, results of previous rogaines and sun navigation tables.

You can get a copy of this wonderful book by sending \$17.95 (including post and handling) to ORIA Book Offer, PO Box 1252, Aitkenvale, Q'land 4814; cheques payable to ORIA and don't forget to include your name and address!! Alternatively you can get a copy at the next rogaine for \$18.

Sales of the book are going well and the feedback from purchasers has been very favorable. So if you don't believe all this hype, ask someone who's bought one (or won one) for an unbiased opinion.

Other goodies include the rogaining map of Kiandra which sells for \$6 and which is a must for all cross country skiers making trips into that area. Rogaining stickers can be bought for \$1 and we're ordering some sweat shirts with the logo "Rogaining - Australia's Own Sport" from WARA; call Warwick if you'd like to reserve one.

NSWRA MEMBERSHIP

We thought we'd like to rip you off but we decided not to! We've had several enquiries (some have even bordered on complaints) about being unfinancial. The reason is often that you renewed your membership at the last event of the year (i.e. very late), which covered membership for that year. As membership is for the calendar year you would then become unfinancial the following January. Membership has been \$10 for three years now despite two increases in ARA subscriptions and increases in postal and insurance charges. But we do make the occasional mistake so if you're concerned give John or Trevor a call.

In case you've forgotten there are five categories of membership:

1. Honorary
2. Associate membership (\$5) for first timers; payment of a second \$5 in the same calendar year gives them automatic full membership from their first rogaine
3. Full membership (\$10) is renewable each calendar year
4. Household membership (\$15) is for families and rogainers living at the same address; only one newsletter is sent and we rely on the integrity of rogainers not to abuse this category!
5. Group membership (\$25) for groups whose members are not in receipt of salaries or the equivalent such as scouts.

For those of you who wish to renew or have friends who would like to join here's a really official form for you to fill in. Send the completed form to Trevor Gollan, 39 Greenslopes Ave, Mount Ousley 2519, cheques payable to the NSW Rogaining Association.

APPLICATION FOR RENEWAL OF MEMBERSHIP OF THE N.S.W. ROGAINING ASSOCIATION INC.

I, _____
(full name of applicant)

of _____
(address)

_____ hereby apply to become a member of the abovenamed incorporated
(telephone)

association. I agree to be bound by the rules of the association for the time being in force.

(Signature of applicant)

(Date)

Results
Paddy Pallin Rogaine, June 17th 1990, "Tianjara"

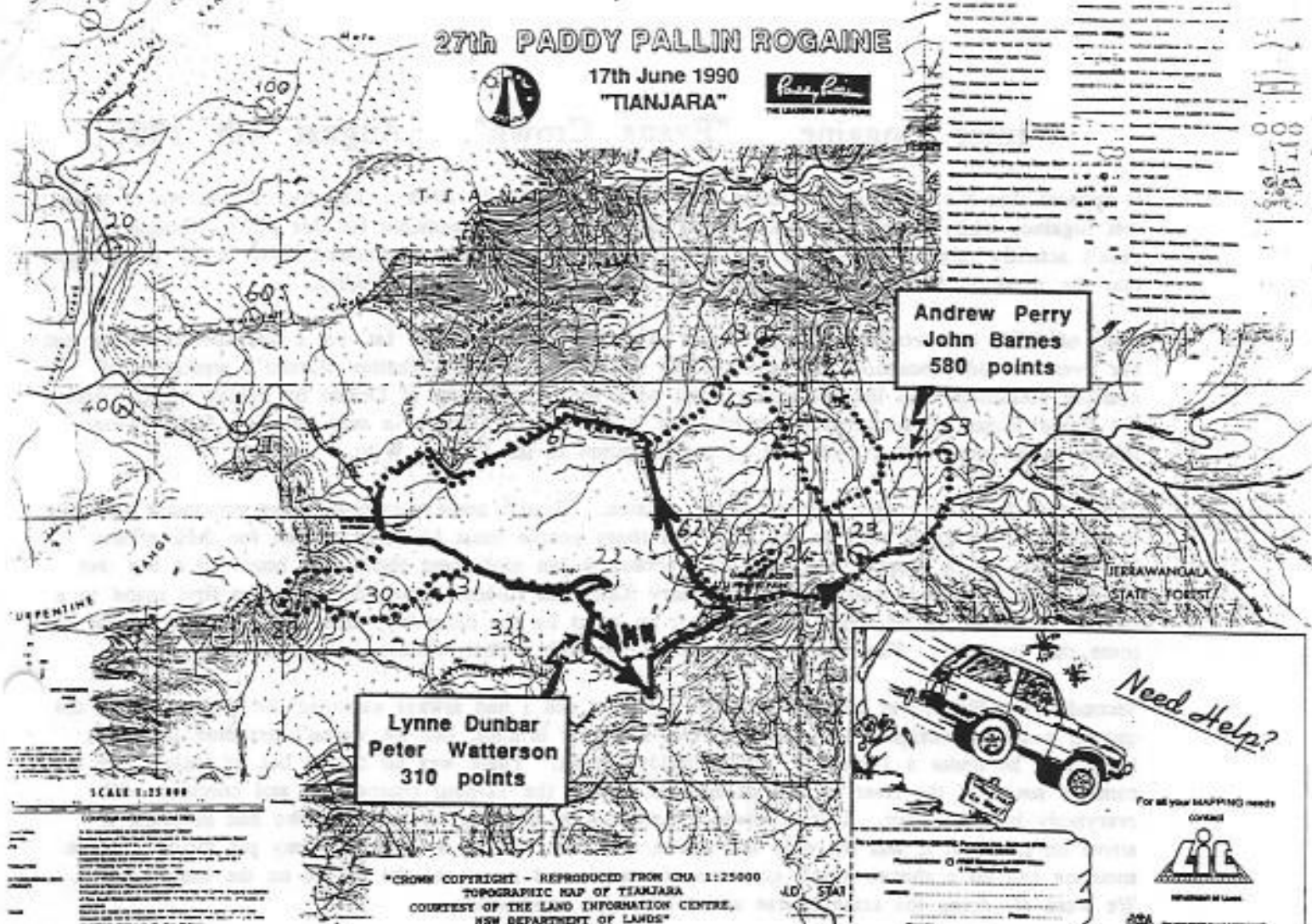
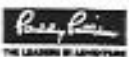
| Team | Pls | Finish Time | O | X | W | S |
|------|--|-------------|------|----|----|---|
| 85 | John & Eric Morris | 730 | 2:37 | 1 | | |
| 16 | Andrew Calder, Paul Cresser, Ian McKenzie | 690 | 2:52 | 2 | | |
| 18 | Peter Garon, Cameron Osborne, Andy Simpson | 680 | 2:53 | 3 | | |
| 74 | Andrew Aiken, David & Rod Hideo | 660 | 2:53 | 4 | | |
| 66 | Gordon Wilson, Glenn Flack, Peter Sheppard | 660 | 2:57 | 5 | | |
| 14 | John & Val Hudson | 610 | 2:53 | 6 | 1 | |
| 50 | Max Offer, Paul Frylark | 580 | 2:44 | 7 | | |
| 9 | Glenn Bridger, David Jenks | 580 | 2:51 | 8 | | |
| 19 | Andrew Perry, John Barnes | 580 | 2:53 | 9 | | 1 |
| 58 | Peter Hinde, Ian Adamson | 570 | 2:39 | 10 | | |
| 7 | Sue Clarke, Ian Diamond | 570 | 2:59 | 11 | 2 | |
| 5 | Ian Dempsey, Kaye Thomas, Arthur Kingland | 570 | 3:00 | 12 | 3 | |
| 48 | Pam James, Kathy Lewis | 560 | 2:57 | 13 | | 1 |
| 2 | Mark Freeman, Syred Cheese | 470 | 2:59 | 14 | | |
| 1 | Kathy Saw, Anne Sawkins | 460 | 2:41 | 15 | | 2 |
| 11 | Ian Worswick, Sena Cunningham | 460 | 2:48 | 16 | | |
| 83 | Anthony Maloney, Andrew Wisniewski | 460 | 2:53 | 17 | | |
| 17 | Alex McMichael, Brett Ditchfield | 460 | 2:53 | 17 | | |
| 55 | Geoff Bayard, Steve Holland | 440 | 2:58 | 19 | | |
| 44 | Stephen Currell, M. Terrace | 430 | 2:32 | 20 | | |
| 29 | Peter Paul & Pat Baker | 410 | 2:43 | 21 | 4 | |
| 93 | Rubert Furler-Cunhaime, Michael Wright | 400 | 2:55 | 22 | | 2 |
| 15 | Graham Pryn, Andrew Slosser, Alf Zawadzki | 380 | 2:53 | 23 | | |
| 27 | Willy de Sain, Debra Blackth, Lynn Cull | 380 | 2:55 | 24 | 5 | |
| | Neelene Mennant | | | | | |
| 4 | Nicky Cox, Terry Black | 380 | 1 | 25 | | |
| 87 | Eric Metelke, Roger Aulton | 360 | 2:45 | 26 | | |
| 31 | Glenn Smith, Lorraine Anderson, Marjorie Liu | 360 | 2:58 | 27 | 6 | |
| | Alida Young | | | | | |
| 65 | Paul Morgan, Gary Joyce, Peter Harris | 350 | 2:33 | 28 | | |
| | Paul Ratheworth | | | | | |
| 78 | Rubin Buckley, Doug Miller | 350 | 2:42 | 29 | | |
| 14 | Pipry & Lindsay Young | 350 | 2:43 | 30 | 7 | |
| 49 | Fuila Mitchell, Mike Worsley | 350 | 2:44 | 31 | 8 | |
| 69 | Fredrig Vucelic, Kim Stella, John Marino | 340 | 2:42 | 32 | | |
| | Ben Murrk | | | | | |
| 68 | Stephen Cliffe, Peter Gray, Terry Hoens | 330 | 2:31 | 33 | | |
| | Geoff Silburn | | | | | |
| 6 | Ian Carr, Kevin Rogers | 330 | 2:55 | 34 | | |
| 57 | Michael Garber, Izard Van Der Lee | 320 | 2:58 | 35 | 9 | |
| 62 | Lynne Dunbar, Peter Waterson | 310 | 2:46 | 36 | 10 | |
| 12 | Maurine Lyngman, Ian & Juleana Green | 310 | 2:57 | 37 | 11 | |
| 45 | Gracine Mitchell, Frank Simpson | 300 | 2:15 | 38 | | |
| 51 | Sonia Karpus, Alan Menstfield | 300 | 2:30 | 39 | 12 | |
| 21 | Gordon & Nigel Johnson | 300 | 2:35 | 40 | | |
| 72 | Bryan Smith, Madeleine Graf, Michael Clancy | 300 | 2:45 | 41 | 13 | |
| 59 | Peter Tierney, David Dalson | 290 | 2:20 | 42 | | |

| Team | Pls | Finish Time | O | X | W | S |
|------|--|-------------|-------|----|----|---|
| 37 | Guy Jarry, Sarah Tibber | 280 | 2:39 | 43 | 14 | |
| 89 | Michael & Kate Parkinson, John Meehan | 280 | 2:51 | 44 | 15 | |
| 1 | Terry Funk, Jennifer Berrell | 280 | 2:58 | 45 | | 3 |
| 24 | John Waddell, Rees Beldoin, K. Bain | 270 | 2:31 | 46 | | |
| 23 | Gary Stone, Jason Rao, Jessica Roach | 270 | 2:35 | 47 | 16 | |
| 26 | Merv English, Anne Francis | 260 | 2:34 | 48 | 17 | |
| 81 | Henry Roberts, Michael Rampe, John Metelke | 260 | 2:49 | 49 | | 3 |
| 62 | Lenny Ken, Ann Kuris, Stuart Ludowick, Lita Klor | 260 | 2:51 | 50 | 18 | |
| 28 | Alex & Mary Fien | 250 | 1:10 | 51 | 19 | |
| 64 | Bronwyn Roberts, Margaret Jenks, Lindsay Brice | 250 | 2:25 | 52 | 20 | |
| | Andy Cox | | | | | |
| 48 | Chris Naptski, David Sigley, John Backhouse | 250 | 2:37 | 53 | | |
| | WolfGang, Metelke | | | | | |
| 22 | Robert Scott, Jason Baker | 240 | 2:43 | 54 | | |
| 92 | Angela, Orla & English Murray | 240 | 2:58 | 55 | 21 | |
| 38 | Adrian Burnett, Paul Falconer | 240 | 3:02 | 56 | | |
| 54 | Nikolas & Sarah Lam, Kellie Murphy, Lara D'Abreu | 230 | 2:44 | 57 | 22 | |
| 80 | John Roberts, Chris Williamson | 220 | 2:15 | 58 | | 4 |
| 47 | Mike Robinson, Vivienne Smythe, Deb Guinness | 220 | 2:32 | 59 | 23 | |
| 17 | Michael & Lucy Hamrily | 210 | 2:35 | 60 | 24 | |
| 40 | Chas Loneragan, Sandra Felder, Norwin Zaischer | 210 | 2:30 | 61 | 25 | |
| | Bronwyn Smith | | | | | |
| 10 | Graeme & Andrew Hill, Hank Van Oost | 190 | 13:00 | 62 | | |
| 56 | Heleen & Jim Meek | 190 | 2:51 | 63 | 26 | |
| 41 | Sue Quays, Pam Breakley | 190 | 3:03 | 64 | | 4 |
| 71 | Ross Wilson, Penny Godfrey, Richard Kurz | 190 | 2:32 | 65 | | 5 |
| | Adam O'Callaghan | | | | | |
| 10 | Pauline, Sarah & Michael Godfrey | 170 | 2:32 | 65 | 27 | |
| 39 | Lyndon Lewelwyn, Sharon Tandy, Jeff Welch | 140 | 1:30 | 67 | 28 | |
| | Sally McAlve | | | | | |
| 46 | Jeff Michael & Kerry Fair | 140 | 3:11 | 68 | 29 | |
| 20 | Roger & Jackie Patrick | 130 | 12:30 | 69 | 30 | |
| 25 | Nigel Chalkkopp, Jason Ernst, C. Morcombe | 120 | 1:00 | 70 | | |
| 19 | Gloria Boon, Matthew DePasquale, Helen Wright | 110 | 2:15 | 71 | 31 | |
| | Brian Phillips | | | | | |
| 73 | Mark Dwyer, Colleen O'Leary | 100 | 12:45 | 72 | 32 | |
| 26 | Phil Joy, Benjamin & Amy Spink | 100 | 2:26 | 73 | 33 | |
| 94 | David, Debbie & Amy Sledge | 90 | 12:30 | 74 | 34 | |
| 52 | Ross Hamilton, Trish Lewis, Kerry Gliseman | 70 | 2:25 | 75 | 35 | |
| | Alysa Kiralikaanon | | | | | |
| 30 | Bert, Dianne & Kim Van Neuten | 60 | 10:46 | 76 | 36 | |
| 3 | Kelby, Betty, Kyla G, Marlin & Elizabeth Roach | 50 | 12:15 | 77 | 37 | |
| 84 | Alex & John Keas | 40 | 10:32 | 78 | | |
| 51 | Kathy Herrmann, Ron Wade | 30 | 10:00 | 79 | 38 | |
| 43 | Nico Klips, Kristiane Herrmann | 20 | 9:30 | 80 | 39 | |
| 95 | Herb Triggmann, Fred Zenke (Team split up) | DSHF | | | | |

Notes:
O=Open, X=Mixed, W=Women, S=Scouts
A late penalty of 10 points per minute has been applied to teams finishing after 3:00pm

27th PADDY PALLIN ROGAINE

17th June 1990
"TIANJARA"



**Andrew Perry
John Barnes
580 points**

**Lynne Dunbar
Peter Watterson
310 points**

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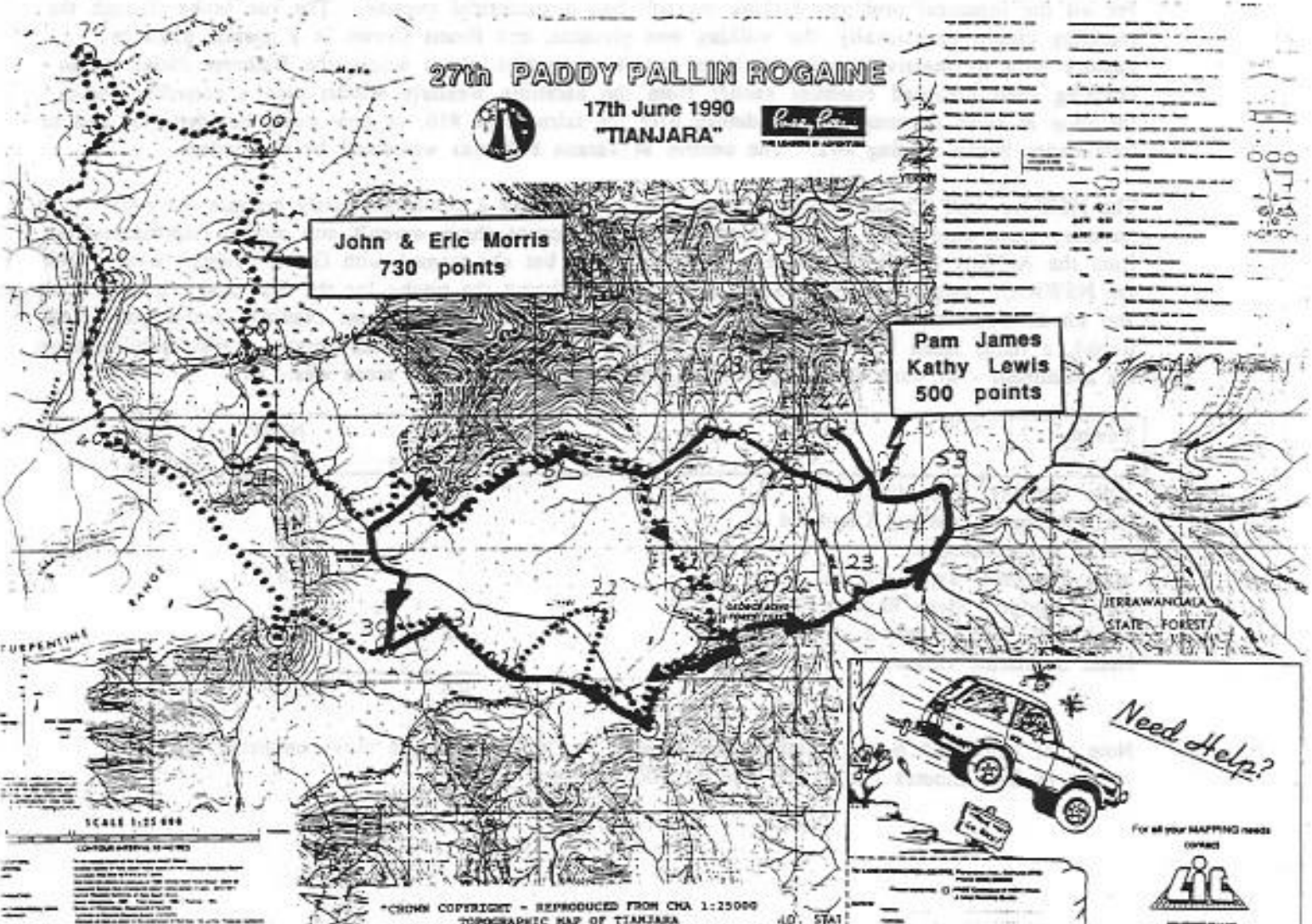
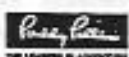
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27th PADDY PALLIN ROGAINE

17th June 1990
"TIANJARA"



**John & Eric Morris
730 points**

**Pam James
Kathy Lewis
500 points**

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Winter Rogaine, "Evans Crown", August 4th 1990

It appears that the NSWRA has stolen the ACTRAs thunder in 1990 ... literally. Three out of three wet rogaines while Dingo Dell was dry and mild. Are you responsible for this Phil? Though it didn't actually rain during our Winter rogaine, the biggest floods in western NSW in 35 years meant that the countryside was totally sodden and dry feet were an impossibility.

Most of NSW had received average August rainfall by noon, August 1st, yet I was still confident that our event would proceed, a confidence aided and abetted by the Weather Bureau's prediction of clearing conditions and the Macquarie flood peak somewhere west of Dubbo by Friday night. Alas the fickle finger of misfortune brought more storms on the Friday in turn bringing higher water levels, fallen trees and a mild case of pandemonium in the Central West.

The floods had two major effects on our rogaine. Firstly, some participants had enormous difficulty in finding a navigable road to the area, and those people must be congratulated for their efforts. The winners, Mike Worsley and Bob Mills (Frank & Ian too) spent about nine hours on a trip that should have taken less than four hours. Gary Kane and Jo-anne Bragg conceded the first round to a flooded creek on the Meadow Flat road, set up camp by the causeway, then continued via another route the next day. The Canberrans suffered the most. Their efforts were appreciated.

Secondly, the Fish River bisected the map. George and I had always expected the river to affect the course, a course designed to utilise the two available bridges, but we weren't prepared for those bridges to be under a 1-2 metre turgid, muddy torrent. There was no choice but to declare the controls south of the river as Out of Bounds, cancel the 12-hour competition and continue with everybody in the 6-hour. This involved a heel-cooling exercise for the few who had managed to arrive on time but it was the only fair option available. It did avoid one of my pet dislikes, where someone can do a shorter event, go home afterwards and never see the people on the longer events. We were all doing the same course under the same conditions.

For all the logistical problems I think we still had a successful rogaine. The sun broke through the scudding clouds occasionally, the walking was pleasant, and Evans Crown is a special place to explore with its massive granite boulders and its expansive views across the Bathurst Plains. The shearing shed provided essential shelter from the assailing westerly winds; also a convivial forum for soup & curry consumption and debate over the fairness of #16, or how many boulders you had to look under before finding #41. The control in Tarana Pub was welcomed by its visitors.

The NSW vs ACT Challenge was unfortunately not much of a challenge, partly because the ACT numbers were diminished by the floods, but also because there weren't any women representatives from the ACTRA (Gayle Pershouse was the exception but she teamed with Glenn Bridgart who is from the NSWRA). Regardless, NSW has the honour of claiming the trophy for the first year. It's up to you lot in Canberra to wrest it away in '91. Warwick provided the most exquisite decoration for the trophy, a fungi laden boot that he found in the Victorian Alps. It does impose a responsibility upon the incumbent - to water the thing at least twice a week. The final score was:-

| Team | ACT Points | NSW Points |
|---|---------------|---------------|
| Mike Worsley, Bob Mills | 58 | |
| Ian McKenzie, Arthur Kingsland | | 50 |
| Val & John Hodsdon | | 43 |
| Mark Freeman, Syred Creese | | 38 |
| Julian Ledger, Merv English, Anne Francis | | 32 |
| Noel Luff, Ken Anderson | 32 | |
| Netta & Marnie Holmes | | 30 |
| | 90 | 193 |

Note that Mike and Bob's points were increased by 360/323 because they completed the course in 323 minutes out of the allotted 360 minutes.

One incident that caused concern occurred when Alan Keats fell into a crevice between two very large granite boulders and his team spent nearly an hour before finding him again. It did raise two important safety aspects that everyone should bear in mind. You should always remain together as a team, and you should carry (and use) whistles for just such an emergency. Alan, by the way, suffered a slightly twisted ankle and was able to walk back to the hash house.

Quite a lot of the participants had been part of the Paddy Pallin rogaine at Tianjara and there were many comments comparing the two locales, especially the thick bush versus the open pastureland. It is important that we have diversity in our courses. It's enjoyable exploring new areas, another reason why I will be bussing up to Inverell next month.

I still have a few "Evans Crown Rogaine" t-shirts and sweatshirts available, \$10 & \$20 respectively, large size only, an extra \$2 for postage. If you are interested give me a call (042) 842 293.

It is fun organising a rogaine, probably more enjoyable than actually going in one. There is a more leisurely pace when setting/vetting a course; if you want to improve your skills it is excellent training; you get to meet good people, fellow rogainers as well as the local farming community; the hash house is a pleasant place to spend time and you need no special skills there. I can heartily recommend such activities and suggest you too would equally enjoy yourself. Why not give it a go?



Thankyous are numerous; George Collins for course-setting and for proving that the river should not be crossed in high water; Jeff and Trish Austen for the generous use of their shearing shed; Muriel and Roy Stevens for offering their river paddock for the hash house and for tending the course-setters; Lindsay Young for administration and vetting; Joy and Catherine Cauchi, Robyn Lee, Graeme and Vicki Cooper, Matthew White, Keren Gollan for hash house duties; Arthur Day for vetting and hash house duties; Joanne Wright for designing the special logo. Many willing hands were on deck on Sunday to bring in the controls; they were lashed by wind and rain squalls that put Tianjara to shame, culminating in a ten minute hailstorm that gave a snowy look to the countryside. Andrew Stone was very helpful when we, the last to leave, managed to get slightly bogged just outside the hash house.

Finally, the next time I organise a Winter rogaine - it will be at Mullumbimby!

Trevor Gollan

Results

Winter Rogaine, August 4th 1990, "Evans Crown"

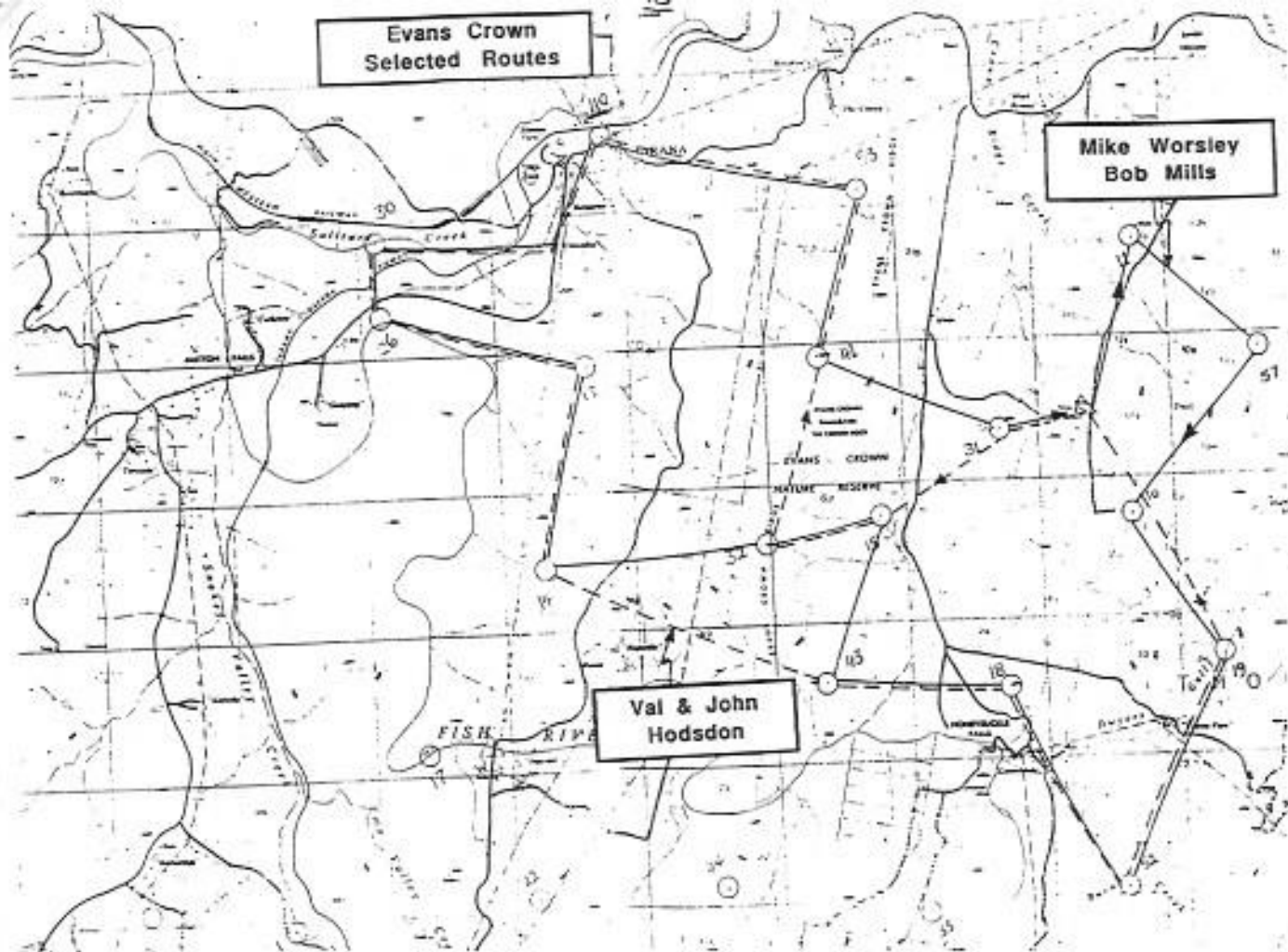
| Team | Pts | Finish Time | O | X | W | Ass/n |
|-----------------|--|----------------|------|----|----|-------|
| 34 | Mike Worslev, Bob Mills | 52 | 7:23 | 1 | | ACT |
| 15 | Ian McKenzie, Arthur Kingsland | 50 | 6:42 | 2 | | NSW |
| 41 | Val & John Hodsdon | 43 | 7:57 | 3 | 1 | NSW |
| 17 | Mark Freeman, Creese Syred | 38 | 7:54 | 4 | | NSW |
| 1 | Steve Currell, David Spencer | 37 | 7:45 | 5 | | NSW |
| 20 | Anthony Wilton, Mick Clarke | 37 | 7:46 | 6 | | NSW |
| 30 | Andrew Lumsden, Dave Noble | 35 | 8:12 | 7 | | NSW |
| 24 | Glenn Bridgart, Gayle Pershouse | 34 | 7:51 | 8 | 2 | mix |
| 10 | Julian Ledger, Merv English, Anne Francis | 32 | 7:53 | 9 | 3 | NSW |
| 57 | Rino Stella, Steve Cliffe | 32 | 7:58 | 10 | | NSW |
| 40 | Noel Luff, Ken Anderson | 32 | 7:59 | 11 | | ACT |
| 25 | Netta & Marnie Holmes | 30 | 7:58 | 12 | 1 | NSW |
| 45 | Frank Simons, Ian Kentwell | 30 | 7:59 | 13 | | ACT |
| 16 | Gary Caitcheon, Keith Farlow | 29 | 8:01 | 14 | | ACT |
| 7 | Graham Payn, Bryan Smith | 28 | 7:48 | 15 | | NSW |
| 53 | John & Henry Roberts, John Metzke | 28 | 7:50 | 16 | | NSW |
| 3 | Peter Walsh, Andrew Powell, Greg Rees | 28 | 7:53 | 17 | | ACT |
| 21 | Adele Milne, Peter Lindsay, Nigel Wilson | 26 | 7:43 | 18 | 4 | NSW |
| 5 | Alan Mansfield, Sonia Kupina | 26 | 7:59 | 19 | 5 | NSW |
| 38 | Warwick Marsden, Rod Napier, Geoff Bailey | 24 | 6:49 | 20 | | NSW |
| 23 | John Bishop, John Biddiscombe | 23 | 7:00 | 21 | | NSW |
| 48 | John & Joshua Gollan, David Pidgeon | 23 | 7:51 | 22 | | NSW |
| 50 | Peter Gray, Geoff Silburn | 23 | 7:53 | 23 | | NSW |
| 47 | Daniel Gollan, Andrew Chamberlain, Grahame Narborough | 22 | 7:59 | 24 | | NSW |
| 46 | Sue Clarke, David Armstrong | 22 | 8:02 | 25 | 6 | NSW |
| 33 | Helen & Jim Meek | 20 | 7:45 | 26 | 7 | NSW |
| 29 | Debbie Cox, Graeme Sutton | 19 | 7:13 | 27 | 8 | NSW |
| 8 | Gary Thomas, Stephen Holland | 19 | 7:58 | 28 | | NSW |
| 18 | Adam O'Callaghan, Ross Wilson, Pauline & Michael Godfrey | 17 | 6:59 | 29 | 9 | NSW |
| 19 | Wolfgang Meierhofer, David Sigley, John Backhouse | 16 | 7:58 | 30 | | NSW |
| 9 | Graeme & Vicki Cooper | 14 | 7:27 | 31 | 10 | NSW |
| 2 | David & Debbie Sledge | 14 | ? | 32 | 11 | NSW |
| 44 | John & Alan Keats, Alan Hill | 14 | ? | 33 | | NSW |
| 55 | John Eden, Adela Yung | 12 | 7:38 | 34 | 12 | NSW |
| 28 | Craig Moiler, Rob Sparkes | 12 | ? | 35 | | NSW |
| 49 | Joel Gollan, Ashley King | 11 | 7:49 | 36 | | NSW |
| 51 | Richard & Andrew Stone | 11 | 8:17 | 37 | | ACT |
| 56 | John & Matthew Lynch | 9 | 7:39 | 38 | | NSW |
| 42 | Gary Kane, Jo-anne Bragg | 0 ₁ | ? | 39 | 13 | NSW |
| 43 ₂ | Terry Collins, Wendy Davies | 0 | ? | 40 | 14 | NSW |
| 54 | Martin Foreman, Ian Martin | DNS | | | | ACT |

Notes:

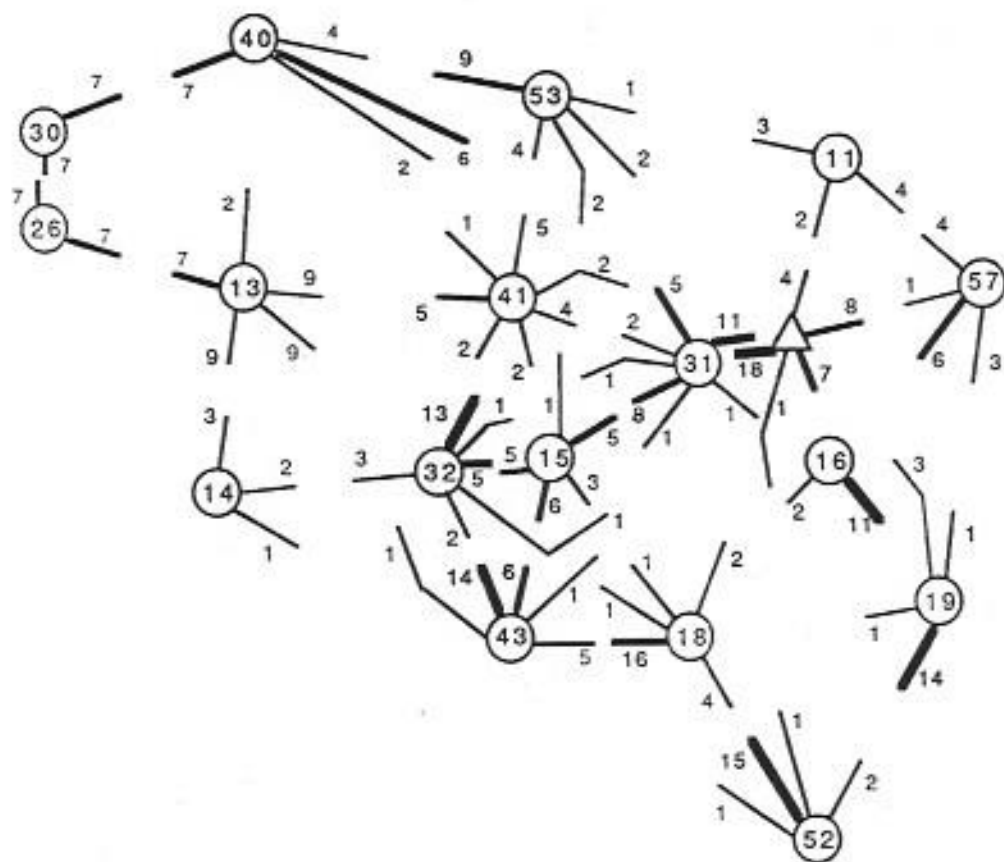
O=Open, X=Mixed, W=Women

A late penalty of 1 point/minute applied to teams finishing after 8:00pm.

- 1 - Gary & Jo-anne lost their control card. Intention sheets showed 13 points scored.
- 2 - Terry & Wendy refused to desert the hash house.



Number of teams moving between controls.



Anomalies will exist, most people marked the intention sheets but several assumptions were made to produce the above diagram.