



# NSW ROGAINING ASSOCIATION INCORPORATED

(the sport of cross country navigation)

Newsletter #20 - May 1989

<b>President:</b>	Greg Harrigan, 15 Halley St, Bexley 2207	(02) 50 6762
<b>Secretary:</b>	Peter Wherry, 2 Biloela Pl, Gymea 2227	(02) 525 4865
<b>Treasurer:</b>	John Keats, 109 Mississippi Rd, Seven Hills 2147	(02) 636 2364
<b>Editor:(Ed)</b>	Warwick Marsden, PO Box 271, Kensington 2033	(02) 399 7814
<b>Publicity:</b>	Jennifer Borrell, PO Box 843, Castle Hill 2154	(02) 634 3163
<b>Committee:</b>	Ian Dempsey, 5 Richley Ave, Kahibah 2290	(049) 43 5790
	Trevor Gollan	(042) 84 2293
	Peter and Robyn Tuft, 6 The Commenarra Pky, Pymble 2073	(02) 44 1325
	Dianne and Bert Van Netten, Lot 2 Cessnock Rd, Freeman's Waterhole 2323	(049) 59 5935

## NSWRA/ACTRA EVENTS CALENDER

	<u>Dates</u>	<u>Event</u>	<u>Venue</u>	<u>Coordinator</u>	<u>Setter</u>	<u>Administration</u>	<u>Catering</u>	<u>Full moon</u>
ENTRY * →	18 June	Paddy Pallin 6h	South	W Marsden	A Aitken	W Marsden	Big Foot O Club	
FORMS * →	24-25 June	Rescue Services Rogaine	Morton NP	Contact - Bob Cavill	(02) 520 5634			
ENCLOSED * →	23 July	NSW Winter 12h	S. Highlands	P Wherry	G Prosser	G Harrigan	?	19 July
	20 Aug	NTOC 6h	New England	Graeme & Vicky Cooper				
	19-20 Aug	AUST Champs	WA	WARA				
	16-17 Sept	NSW Champs	Rylstone	T Gollan	?	J Keats	?	15 Sept
	14 Oct	ACT spring 12h	Namadgi	Ken Anderson	(062) 86 2073			15 Oct
	6/5/90	Aust Champs	ACT					

**Contacts:** Telephone numbers for the NSW coordinators can be found in the list of committee members above.

**ACT Contact:** Phil Creaser, 3 Paroo Pl, Kaleen 2617 (062) 414 604

**Victorian Events:** 24/6 (6h), 12/8 (Snogaine), 16/9 (12h), 14-15/10 (24h), 19/11 (Cyclogaine), 9-10/12 (24h). **Contact:** Joan Ryan - (03) 347 4261

**WA Events:** 19-20/8 (Aust Champs), 14/10 (12h). **Contact:** Maggie Jones (09) 381 8608

## POSITIONS VACANT

Yes, it's that time again! We're trying to put together a programme for next year. Hopefully it will be similar to this year with a 24 hour event, two 12 hour events and the Paddy Pallin event being run by us, the NSWRA. This year's events have seen a number of new faces on the organising teams along with many of the same old names (we're masochists!). So, if you've been on a few rogaines and have a modest amount of free time how about volunteering to course, coordinate, cater or administer an event next year? There's a number of experienced people in the Association willing to give you lots of help and advice.

If rogaining is to continue to grow in NSW we need to expand the number of people willing to help in staging events so give Peter Wherry, Greg Harrigan or Warwick Marsden a call, or have a chat to us at the Paddy Pallin or Belanglo events.

## COOKS AND BOTTLE WASHERS WANTED

Assistance from any non-rogainers willing like to lend a hand with the catering at the 23rd July and 16th September events would be greatly appreciated, so if you've got friends, families or "other halves" who want to view the absurdity of rogaining from a safe distance give Peter Wherry or John Keats a call at the numbers on the front page.

## FIRST AID KIT

A BIG THANKS to Peter and Robyn Tuft for putting together an excellent first aid kit for the Association which will be on hand at all future rogaines. Hopefully we'll never have to use it but it is a nice "security blanket"!

## RESCUE SERVICES ROGAINE

As Editor of this newsletter I often wonder if anyone bothers to read what I write - I wouldn't blame you if you didn't! So I was delighted when Bob Cavill rang in response to my piece on closer ties with the bushwalking community and their Search and Rescue efforts. Now that the link has been established I look forward to a mutually beneficial relationship between our two communities.

For starters the S&R are holding a 24h rogaime on 24 and 25 June in the Morton National Park and would welcome entries from any NSWRA members. If you're interested give Bob or Maureen Cavill a call on 520 5634.

## NSWRA AGM - REPORT

You'll have seen the results of the bitterly (!!??) contested elections on the front cover, where by popular demand I've included the addresses of committee members if I have them.

Without boring you with too much detail, the items discussed included the preparation of a list of gear which the NSWRA should purchase as funds become available (any ideas?), the transfer of membership processing to John Keats, 1990 events, public liability insurance (do we have any "insurance-literate" people in the Association, if so give one of us a call) and the frequency of meetings.

On this last point, it was decided that an AGM be held early each year and that four meetings be held in conjunction with the mailout of this august publication. So if you'd like to lend a hand and have a few laughs be at **Warwick's place, 21/109 Alison Rd, Randwick at 7pm on Wednesday, 2nd August.**

Jennifer Borrell, who served her "rogaining apprenticeship" in Victoria, has offered to look after the publicity for the Association.

## "CROSS COUNTRY NAVIGATION"

I had hoped to review Neil and Rod Phillips new book but apart from a good scan while in America I have yet to get my hands on a copy for long enough to do a thorough job. However, from my brief look I could see that the content was considerably more detailed than their first effort "Rogaining" particularly in the technical aspects while still retaining the very readable style; and there's lots more pickies of both people and maps. (That's not bad for a non-revue!)

In the previous newsletter I said that we were hoping to sell it to NSWRA members for \$15. Alas, publishing costs were greater than expected and the price will now be around \$20 (RRP is \$25). Copies should be available at future NSW events and I'll have details of mail ordering for the next newsletter.

## REPORT ON THE KIANDRA ROGAINE (from under the umbrella)

Autumn in the Snowy Mountains - the promise of sunny skies, crisp moonlit nights, beautiful views, historical relics from the goldrushes. It was an offer too good to pass up. The ACTRA decision to hold a rogaime at Kiandra seemed like an inspiration. We rushed to enrol.

Reality dawned on Friday 31st March about the same time as the sun was expected to rise; it was raining. All the way from Canberra to the Hash House at Three Mile Dam it rained. While we put up our tents and worse still while we marked our maps, it rained. Contacting a map before the ink runs totally from your carefully marked checkpoints is an experience we could all do without.

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As usual, we underestimated the countryside. From the Hash House the open, vegetated, undulating countryside looked easy. We plotted two loops; one for before dinner, one for after. The reality was very different. Apparently grassy hillsides on closer inspection proved to be covered in tussocks of snow grass and thick mats of heathlike vegetation which smelt aromatic enough but had nothing else to recommend them. A close encounter with a black snake at #27 fairly early in the course was a reminder that despite wet and cold conditions, we had to keep our eyes peeled whilst leaping from tussock to tussock. The incessant rain before the event and persistent showers for the full 24 hours meant that everywhere was wet underfoot. Anyone who completed the course with dry feet should have received a special award; mine were wet before we started.

And yet we all had a great time. There were so many excellent features about this event. First, the map; a specially drawn 1:25 000 map which was clear and accurate and which will be in high demand amongst bushwalkers and cross country skiers. Second, the Hash House which kept everyone fed with warm food on demand. What an unenviable task to be peeling and chopping in that cold wind; far worse than doing the course I'd imagine. Third, the course was both scenically spectacular (the rain cleared often enough to get some fantastic vistas) and historically very interesting with the relics of the gold mining days providing an additional dimension to the course. The ruins were hard to find, the water races choked with vegetation were often hard to follow, the mine shafts were an additional hazard and the erosion caused by the alluvial mining was staggering - we couldn't believe our eyes at Nine Mile Diggings near #54. Finally, Andrew Calder, the event organiser, had arranged for so many prizes from sponsors that the awards presentation was more like the draw of a giant tombola; I think we were the only team not to win anything.

We barely did half of our plotted course and found the going really tough, but we kept warm and dry (except for our feet of course) and we got back on time. What more can you ask?

Thanks to Andrew and all the others from the ACTRA for a memorable event!!

Jennifer Borrell

(For the non-orienteers amongst you Andy Calder had also organised the Easter 3-day orienteering event, the largest event on the orienteering calendar, just the week before. If you were fortunate enough to have been to both you'd be aware of what a great job Andy, and his helpers, did under some very trying conditions. But perfection is often elusive as Andy found when he went to put up the Hash House tent .... I believe he made it to Canberra and back in less than four hours! **Please accept my thanks as well.** Ed)

#### KIANDRA ROGAINING MAPS

This specially field worked 1:25 000 map is destined to take its place alongside Tim Lamble's Jagungal map as a must for bushwalkers using this part of Kosciusko National Park. It's on sale for \$7.20 (incl. postage) from David Hogg (062) 51 3885 (Bus). Copies will also be on sale at the Paddy Pallin and Belanglo events so you can get your copy there.

#### WOLLOMBI REVISITED or the RETURN OF BERT VAN NETTLE

I wasn't at this event but in preparing this newsletter I was greatly entertained by those who had been. The first inkling I had that there had been a bit of **fun** was when Bert asked me if I'd heard anything; at that stage I hadn't. Maybe Bert hadn't either as I heard later that Dianne wasn't talking to him! Bert did mention that part of the course was a bit scratchy! Then I heard that one team was 5 hours late (for a 12h event) and another had had enough after 2 hours. Jennifer Borrell was next; she'd taken her husband, Peter, along for the 6h event because he didn't warm to the prospect of being out at night. If they'd gone in the 12h event they wouldn't have lost all their points but alas their 10pm finish put them well and truly in the red. Speaking of red, Bert welcomed Peter with a port and that was also the colour of Jennifer's hands for several days. The scrub took its toll on the winners too with David Booth's new O pants ending up in tatters. He'd teamed up with Phil Creaser and Paul Rand to blitz yet another NSW 12h event - they'd collected all the checkpoints by 8.49!! Well done fellas! Trevor Gollan and Co also got the lot but took it easy and finished at 10.30pm. Liz Morley brought along a couple of first-timers and in spite of having a late evening swim they're looking forward to the next one. So who were the late arrivals? I'm afraid I can't name them as I need to recoup the mailing costs for this newsletter!!

(For those with an orienteering bent, this year's Hunter Valley Champs are being held in "Bert's Back Yard" on August 6th (I think); it should be a good event!)



## UNITED STATES' INAUGURAL ROGAINE

While all this was happening at Wollombi I was fortunate to be holidaying in America and teamed up with an old rogaining partner, Carmel Laxton, now resident in the US, to enter the US's first rogain in the Wenatchee National Forest in the East Cascade Mountains just south of Cle Elum. The "meet" was run by the Washington State Orienteering Association who did a fabulous job in running a rogain of a very high standard. The 150 participants all seemed to have enjoyed the event.

The event started in bright sunshine at 10am which meant that, with the sun not setting fully until 9pm, there was 11 hours of daylight. The area was quite steep and was a mixture of plantation pine, natural pine and farmland. Our first checkpoint was "the Outhouse" - too bad if anyone had wanted to use it between 10 and 10.30! Then followed a climb of some 200 metres with superb views of the snow capped Cascade Mountains to greet us. The views stayed with us as we navigated our way around the course, the going being so easy with almost no undergrowth! Before you get carried away, when we got into the pine plantations we spent a lot of time and effort negotiating fallen timber. We called it a day at about 9pm, had a good feed and headed for the sack.

Unfortunately, by so doing we missed Neil Phillip's "fireside chat" when he returned from the 12h event (he'd teamed up with Dave Hetherington from BC, Canada, to take out second place.) Neil did a great job in ensuring that rogaining is well established in the US by giving a number of well received talks before the event and by managing to extract some copies of Cross Country Navigation from the binders with the glue "still wet" to take with him to the States. Graeme Foley also contributed to the event by "vetting" the course "by correspondence.

Morning dawned bright and sunny with the temperature below -5°C. We had a leisurely 6am start and soon warmed up. The successful navigation of the previous day had led me to plan an ambitious route for the morning but our second checkpoint, a "50 foot monolith" proved elusive. As we were wasting a lot of time and didn't have a good attack point we left it and collected a couple more before returning to try again on the way home; how do you hide a 50 foot hunk of rock in a pine forest totally devoid of rock? Easy, you put it on the other side of a river with instructions not to cross the river and then you arrange for a small side stream to disguise itself as the river! (Our poor interpretation!) Finding it with no time to spare was a rewarding end to a most enjoyable event - we arrived back at 10am.

### NSWRA MEMBERSHIP

I haven't marked whether you're financial or not (see your previous newsletter). If you're not and you're not coming along to the 12h event in July, and you'd still like to be a part of the NSWRA then fill in the form below and send it to John Keats, 109 Mississippi Rd, Seven Hills 2147 with \$10 for singles or \$15 for families.

#### APPLICATION FOR MEMBERSHIP OF THE N.S.W. ROGAINING ASSOCIATION INC.

I, \_\_\_\_\_  
(full name of applicant)

of \_\_\_\_\_  
(address)

\_\_\_\_\_ hereby apply to become a member of the abovenamed  
(occupation)  
incorporated association. I agree to be bound by the rules of the association for  
the time being in force.

\_\_\_\_\_  
(Signature of applicant)

\_\_\_\_\_  
(Date)

# NSW ROGAINING ASSOCIATION

## AUTUMN ROGAINE

**SATURDAY 13th MAY 1989**

This event will take place in eucalypt forest southwest of Newcastle and only about two hour's drive from Sydney - thanks to the expressway! There will be a few tracts of open land and the terrain varies from gently undulating to steep with easy navigation around the hash house and more challenging areas further afield. There will be both 6h and 12h events.

COST: 12h event \$16 - for members of a rogaining association  
\$26 - for non-members (includes 1989 membership)

6h event \$14 - for members of a rogaining association  
\$24 - for non-members (includes 1989 membership)

MAP: 1:25,000 topographic, not premarked

ENTRIES CLOSE: Friday, April 28th. Late entries will be accepted but entrants may have to purchase their own maps.

FURTHER INFORMATION: Geoff and Liz Morley (049) 52 5294

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### NSWRA AUTUMN ROGAINE - MAY 13th

TEAM NAME: \_\_\_\_\_ (20 letter/spaces maximum)

TEAM CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

EVENT (please circle): 12 hour 6 hour

SECTION: OPEN WOMEN MIXED VETERAN (combined ages over 80) JUNIOR (all under 18)

<u>TEAM MEMBERS</u>	<u>ADDRESSES</u>	<u>FEES</u>
1		
2		
3		
4		

ENTRIES TO: Autumn Rogaine, G & E Morley, 9 Atherton Close, Rankin Park 2287

Please include stamped, self-addressed envelope for final instructions.

Cheques payable to 'N.S.W.R.A.'



# N.S.W. ROGAINING ASSOCIATION

\*\*\*\*\*  
 \* BELANGLO 12 HOUR / 6 HOUR ROGAINE \*  
 \* JULY 22, 1989 \*  
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This event will take place only about one and a half hours south of Sydney using a 1:25000 extensively fieldworked map. (Compliments of the Orienteering Association of N.S.W.)

It is envisaged that all 6 hour controls will be premarked as will be most 12 hour controls.

The area is an interesting and challenging mixture of pine forest, eucalypt forest and open country.

An excellent hash house serving high quality (trust me) Saturday evening meals and Sunday breakfast (high quality leftovers) is available with camping adjacent.

The event is open to N.S.W.R.A. or interstate Association members so if you are not a financial member please include the \$10 NSWRA fee with your entry.

ENRIES CLOSE: Friday, July 8 . Late entries will be accepted but you you may have to purchase and mark your own map.

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## ENTRY FORM

Team contact:

Address:

Phone:

TEAM MEMBERS	Tick either 12 hour or 6 hour		Entry fee	Memb. fee
	\$15	\$13		
1				
2				
3				
4				
5				
SUB TOTALS				
CLASSES: Junior	Open	Veteran	\$	\$
Women	Men	Mixed		
Circle one from each line.e.g.Open, Men. TOTAL			\$	

ENTRIES TO: Winter Rogaine, 15 HALLEY AVE., BEXLEY. 2207.  
 TEL: 02 5254865 or 02 506762

Please include a stamped, self addressed envelope for final instructions.

Cheques payable to "N.S.W.R.A."

12HR = \$15

6HR = \$13