



NSW ROGAINING ASSOCIATION INC

(the sport of cross country navigation)

Newsletter #19 February, 1989

President	Greg Harrigan	(02) 50 6762
Secretary	Peter Wherry	(02) 525 4865
Treasurer	John Keats	(02) 636 2364
Committee:	Terry Collins (046) 27 2186	Warwick Marsden (02) 399 7814
	Wendy Davies "	Peter & Robyn Tuft (02) 44 1325
	Ian Dempsey (049) 43 5790	Bert & Di van Netten (049) 59 5935
	Trevor Gollan	What a team!

MEMBERSHIP STATUS

FINANCIAL

UNFINANCIAL

COMPLIMENTARY

(Renewal form inside)

NSWRA & ACTRA 1989 EVENTS

<u>Dates</u>	<u>Event</u>	<u>Venue</u>	<u>Contact</u>
31 March/ 1 April	3,8&24h/Mountain Marathon	Kiandra	Andrew Calder (062) 91 0239 (details inside)
13 May	Autumn 6&12h (entry form enclosed!)	Newcastle	Geoff Morley (049) 52 5294
18 June NOTE - this event is on a Sunday!!	Paddy Pallin 6h	Sth'n Highlands	Warwick Marsden(399 7814)
? June	Newcastle O club 3h	Newcastle	Bert Van Netten
22 July	Winter 6&12h	Sth'n Highlands	Peter Wherry
20 August	Nth Tablelands OC 6h	Armidale	Graeme Cooper
16&17 Sept	NSW Champs	to bed	John Keats
Oct	ACT 6&12h	ACT	Phil Creaser

Victorian Events: 25/2, 19/3, 22/4, 20-21/5, 24/6, 12/8, 16/9, 14-15/10, 19/11, 9-10/12
Contact - Joan Ryan (03) 347 4261

WA Events: 22/4, 17/6, 19-20/8 (Australian Champs), 14/10
Contact - Maggie Jones (09) 381 8608

NSWRA AUTUMN 6/12hour ROGAINE

The first NSW rogaïne for the year (the Kiandra event is being run by the ACTRA) will be held on May 13th about 2 hour's north of Sydney. It's being organised by the "mob from Newcastle" - old hands Bert (and Dianne) van Netten and new hands Arthur Kingsland and Geoff and Liz Morley - so we can expect a good course and lots of great food! You'll find a green entry form enclosed; it's still a couple of months until the event so **note the date and don't hide the entry form!**

PADDY PALLIN 6h DAYLIGHT ROGAINE

This event will be held on **Sunday** 18th June in the Southern Highlands, midway between Canberra and Sydney. Keep the date free - entry forms in the next newsletter.

Welcome to 1989!! Another year where we can participate in the enjoyment of cross-country navigation in the unique Australian bush and the great friendships that are formed both during and after events.

This year the NSW Rogaining Association is organising a series of rogaines that we know will be challenging and rewarding. Each event will have multiple competitions to cater for those who simply wish to try a shorter course as well as those who wish to punish themselves. When combined with the ACT Rogaining Association events there will be a steady flow of rogaines to keep us all active. The calendar of events is listed on the front page so note down the dates.

I'd also like to remind you of the AGM which is to be held on April 5th at Robyn and Peter Tuft's place on 5th April (see map and notes for details). You are all welcome but try to let us know that you're coming. The more participation we have at such meetings, the better we can make our sport.

Finally, I hope that in the coming year that you get all that want out of rogaining! All the best for 1989!

Greg Harrigan

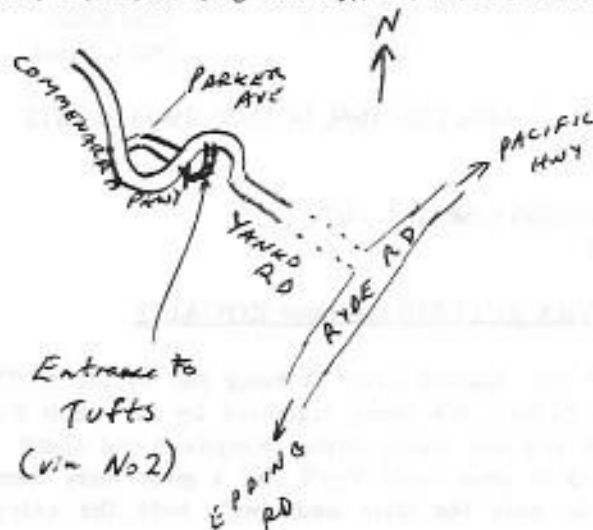
THE FINAL WORD ON THE HAMPTON ROGAINE?

(as told by the winner, Peter Watterson)

Let me first tell you about my partner, Maurice Ripley's amazing stomach. In all other aspects Maurice is a strong rogaier; blisters never blemish his feet and his dense head of hair protects him from all weather but after 12 hours of a 24 hour rogaie his stomach packs it in - more precisely it contracts. We are strolling along through the bush, I hear an 'Aaaaugh' and turn around to see no Maurice. He's flat on the turf. After a moment's rest we carry on but minutes later he goes down again. Only a good hout of snoozing at the hash house (All Night Diner) resolves Maurice's internal conflict. Then he's the strongest Sunday rogaier I've tried to keep up with.

Now for some of my verbal diarrhoea about the course. The terrain was varied (read, variously choked with blackberries, pine logs and stinging nettles), the topography was challenging (read, mountainous) and the views were magnificent, even at night. Warwick and his Big Footed coworkers are to be thanked for their huge effort in setting such a big course. This meant that all teams had to make decisions about which checkpoints to leave out (and go for!), and such course selection is what makes rogaing that bit more interesting than orienteering. Plus of course the extended duration of rogaing events, and the consequent effects on one's partners's stomach.

For those interested our course was: 18, 21, 19, 20, 17, 32, 42, 24, 25, 41, 23, 22, 53, 46, 62, 66, 45, 43, 44, 63, 69, 68, 59, 58, 64 (what a fantastic checkpoint!), 34, 40, 39, 38, 37, Big Foot All Night Diner, 26, 36, 27, 35, 65 (Big Country), 67, 54, 52, 33, 28, 31, 51, 30, 29, 14, 13, 12, 10, Hash House



AGM

5TH APRIL

6 COMMENARRA PARKWAY

7.30 pm.

Yes, this classic event is only weeks away! Orienteers will have received entry forms with the Australian Orienteer but for the rest you'll find an entry form enclosed. The closing date is 10th March but Andy tells me that entries are coming in thick and fast and there is a limit of 400 entries so get yours in now!

There are five events on offer, from a leisurely 3h rogaine to the 24h rogaine and long mountain marathon, which should cater for everyone. Kathy Saw is running a "Partnerless Participants" service (062) 46 5481 so you really haven't got an excuse!

With the size of the event being much bigger than any preceding events in NSW or the ACT any assistance you can give (particularly 3h and 8h entrants) in the form of an hour or so to help process results, clean up in the kitchen or collect checkpoints would be gratefully received. Again give Kathy a call before the event or just appear and say "I'm from the NSWRA.; I'm here to help!" (as against "I'm from the government and I'm here to help"!)

"CROSS COUNTRY NAVIGATION"

The long awaited release of Rod and Neil Philip's book will take place in May. It has been expanded from the original book on Rogaining to include more comprehensive information on all aspects of cross country navigation. Its 160 pages includes colour maps and photographs and sells for a recommended retail price of \$19.95 (hard cover only); if you get your copy through the NSWRA or ACTRA it will only cost you \$15!! As the proud owner of a dog-eared copy of their previous book I'm looking forward to reviewing their latest offering in the next newsletter. You should be able to get a copy at the Autumn rogaine.

NSW ROGAINING ASSOCIATION 1989 AGM

This rather social occasion will take place on April 5th at Peter and Robyn Tufts', 6 The Commenarra Parkway at 7.30pm (44 1325). If you'd like to see how we operate and who we are you'll be most welcome and we won't be trying to co-opt you into anything although new committee members are always welcome. There'll be balloons to mark the entrance which is through No 2 The Commenarra Parkway.

See Map
on p2

(it wouldn't fit here!!)

MEMBERSHIP RENEWAL

After a long (by NSWRA standards) debate the membership fee for 1989 was set at \$10 for singles and \$15 for families. Unfortunately the NSWRA is not in receipt of government assistance and the fee doesn't quite cover the \$6 for the newsletter (great value though!), \$3 for insurance, \$1 for the ARA and \$1 administration per member. The period covered by a membership fee has been vague in the past and will be based on the calendar year from now on. Your membership status is shown on the front page; if you feel that you've been diddled somewhere along the line give John or Peter a call. Also if anyone has any experience/contacts with the Department of Sport and Recreation your inputs would be welcome in obtaining future assistance.

If your membership is due fill out the form below and send it to Peter Wherry, 2 Bilocla Pl, Gynea 2227 or send it with your entry for the Autumn (May 13th) rogaine. Cheques payable to the "NSW Rogaining Association"

APPLICATION FOR MEMBERSHIP OF THE N.S.W. ROGAINING ASSOCIATION INC.

I, _____
(full name of applicant)

of _____
(address)

_____ hereby apply to become a member of the abovenamed incorporated
(phone number)
association. I agree to be bound by the rules of the association in force at this time.

(Signature of applicant) (Date)



Audio - Visual Show

The Spectacular KIMBERLEY & BUNGLE BUNGLES

a wilderness in danger

Thursday 13th April

7.30 pm

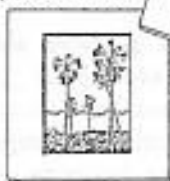
at

Waterside Workers Hall

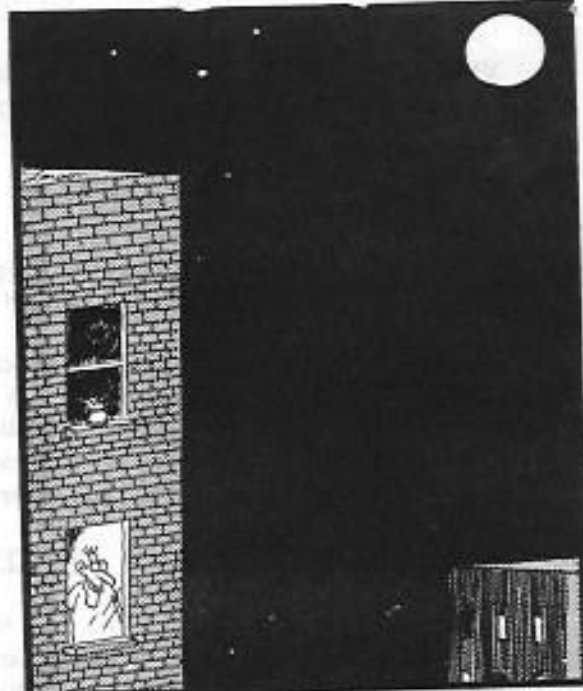
60 Sussex St. Sydney

(near Erskine St)

\$4 per person - supper available



For further information phone
Dorothy Nichterlein 660 - 2482 (H)
or April Mills 560 - 5350



Full moon and empty head



Looks like you've been rogaining again Harold! (with apologies to Gory Larson)

HELPERS/ORGANISERS for 1990

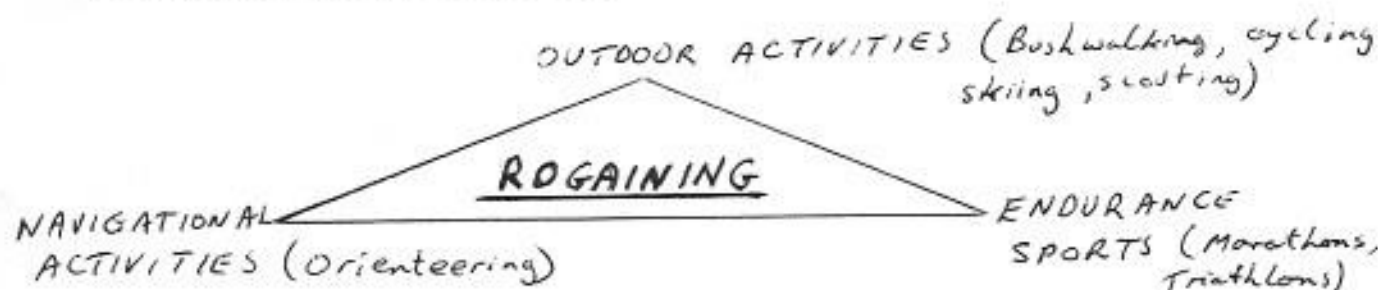
One of the most pleasing aspects of 1988 and 1989 is the increasing number of people prepared to contribute in some way to helping with events. The 1989 programme was roughly in place by June 1988 and we're hoping to do the same for next year with one 24h event, two 12h ones and the 6h Paddy Pallin event, and perhaps one or two smaller events.

As I mentioned in the last newsletter the NSWRA has a number of experienced organisers who are only too happy to act as advisers/vetters to anyone who'd like to course set/organise a rogaine. If this is beyond your time or perceived abilities then there's a host of other tasks you can do - or maybe we'll work on your perception! I've taken the liberty of "borrowing" this list of tasks which appeared in the ACTRA Newsletter (Thanks David!); have a look at it and send it to Peter Wherry, 2 Biloela Pl, GyMEA 2227 or give him a call (02) 525 4865 to register your interest. Tick those of interest to you.

- | | |
|--|--|
| <input type="checkbox"/> Transport of food/equipment to and from event | <input type="checkbox"/> Event secretary |
| <input type="checkbox"/> Assist with the Hash House - kitchen hands to first grade chefs | <input type="checkbox"/> Collect checkpoints after event |
| <input type="checkbox"/> Course setter/checker/checkpoint placement | <input type="checkbox"/> Event organiser |
| <input type="checkbox"/> Publicity (media contacts?) | <input type="checkbox"/> Committee membership |

EDITORIAL

I was doodling last year while trying to write an article on "What is rogaining?" and came up with the following diagram which shows **rogaining** as the centre of a triangle with **navigation, outdoor and endurance** activities at its points.



The message from such a diagram is that the sport of rogaining should be drawing its participants from these three, often quite separate, activities. So how have we been going here in NSW?

A look at the committee and the event organisers over the past few years shows a predominance of orienteers in the driving force behind the sport. This has been good for rogaining as it has meant that a high standard of course setting has been maintained. However, the potential for growth as an offshoot of orienteering is limited and most of us who have rogained know that rogaining offers a quite different activity to orienteering.

If we go back beyond the orienteer-organised events we find that the bushwalking fraternity were instrumental in organising earlier rogaines: the Paddy Pallin events, Sutherland Bushwalkers the 24h *Wingella* Bungonia event and, New England and NSW Uni Bushwalking Clubs a number of Interschool events. There are still lots of these people enjoying events nowadays. The distinction between orienteers and bushwalkers is perhaps not relevant (other than in the context of this Editorial) as most of the orienteers who rogain are also active bushwalkers. (Wrap your mind around the concept of an 'inactive bushwalker'!)

It concerns me that we aren't attracting more (active) bushwalkers and scouting groups to rogaining. If it's just lack of communication then all we have to do is get off our butts and tell them about rogaining at club nights or in the bushwalking and scouting literature. However, if the reason is because rogaining is seen as a "competitive sport" (a long distance orienteering) then our job is a tougher one. So how do we approach the task?

While I am a (social) orienteer, who was stupid enough to run a marathon a few years ago, I also see myself as a part of the very diverse bushwalking community and have walked with clubs and scouts on a number of occasions. Many of the people I have walked with have been excellent navigators and a few more have been able to read a map enough to get out of trouble (or to keep themselves out of trouble). But many more have had little idea of how to use a map and compass even though they were willing to learn. Rogaining offers such people the chance to develop these skills in a friendly relaxed environment as a large number of rogainers are non-competitive and enjoy the chance to get out into a different bit of bush and to practise/challenge their navigation skills. The ability to use a map and compass well allows bushwalkers and scouts to venture further afield than might otherwise be possible and to do so with greater safety. Before you think that I'm giving people a licence to wonder off irresponsibly I should point out that rogaining also teaches you how easy it is to become lost even if you can read a map!

Before I finish I'd like to develop this safety theme a little further. I see rogaining as an extension of bushwalking and would like to see closer ties between the two communities. One of the most important functions performed by bushwalkers is search and rescue. Amongst rogainers there are many fit, skilled navigators who could contribute to this function; there are a number who already do and rogaining has been used as a search and rescue training activity. If anyone 'out there' in the Bushwalking Federation would like to send details of search and rescue activities I'd be pleased to publish them and perhaps next year we can make sure that our calendars complement each other.

Also if any bushwalking clubs or scouting groups would like to include a talk about rogaining in a future meeting members of the committee would be happy to attend.

Finally, if you're in the 'endurance' activities and feel left out feel free to let me know your thoughts: c/- PO Box 271, Kensington 2033.

Warwick Marsden (Ed)

FROM NSWRA NEWSLETTER #19