

Issue 122 July 2007



Winners of the 2007 Paddy Pallin Rogaine, Stu Adams and Rob Vincent

www.nswrogaining.org

2007 ROGAINING CALENDAR

DATE	EVENT	LOCATION	CONTACT
18 August 2007	Lake Macquarie	Lake Macquarie	www.nswrogaining.org
20 October 2007	NSW Championship		www.nswrogaining.org
18 November 2007	Socialgaine	Port Stephens?	www.nswrogaining.org
	ACT E	vents	
5 August 2007	Metrogaine	ACT	act.rogaine.asn.au
22 September 2007	Nightgaine	ACT	act.rogaine.asn.au
3 November 2007	Spring Rogaine	ACT	act.rogaine.asn.au
	Other E	vents	
28-29 July 2007	Australian Champs	Alice Springs	http://nt.rogaine.asn.au



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THIS IS YOUR NEWSLETTER!!!!!

I rely on members to provide me with its content, so please email me stories of the events you have competed in, photos from events or other things that will be of interest to rogainers (or even just of interest to you). If not, you are likely to be bombarded with stories and photos from the Cox family (BORING).

Peter Cox (Newsletter Editor)

President's Piece

Paddy Pallin 6 hour

According to the weather bureau, we just had the wettest June for 30 years. Warragamba Dam is gradually filling up. So we should all be very happy with that. Just one small problem – Cox's River cut our rogaine course in half! The wet weather had a few people thinking the event might have to be abandoned, but actually it wasn't that bad over at Rydal on the west side of the Blue Mountains. But the river did rise to a level which would have made crossing it too hazardous.

The organisers made a good call on safety grounds, and closed that part of the course on the east side of the river. For most participants in this event, it did not make so much difference. Speaking for Debbie and I, we found plenty to keep us occupied on the west side of the river. It was nice rogaining country, with a little burbling creek in every gully. Just a few teams (15 in fact) ran out of checkpoints in 6 hours. But I'm sure they still enjoyed the chase.

The results came through promptly, thanks to the use of our new Navlight system.

I'd like to acknowledge a great effort from the organising team, especially Belinda and Andrew Pope and Ian Brown, and all their helpers. And also our hearts go out to those who spent hours setting and hanging flags on the east side of the river – the ones no-one got to visit! Perhaps we can have another rogaine there, just as soon as the river levels drop.

There are lots of pictures on our website and an entertaining article from one of the teams.

Australian Rogaining Championships, near Alice Springs ...

By the time this newsletter lands in your letterbox, it will be over for this year. I'm afraid I won't be there myself but I am very happy to see plenty of NSW teams have entered the championships this year. The location must be the big attraction – the first time a rogaine has been held in the Red Centre. And the first time the Northern Territory Rogaining Association has organised the

championships.

45 NSW attendees at last count. I look forward to hearing about your experiences. Please write something about it and / or send in your photos for inclusion in our newsletter and on our website.

Our president reflects on missing this years
Australian Championship.



... and next year, closer to home

Next year's Australian Championships will be in NSW. Graeme Cooper and others are already working on it. Contact Graeme if you'd like to get involved.

Lake Macquarie Rogaine

I've lost count but at a guess I think this could be the 15th year of the ever-popular Lake Macquarie rogaine. It's next on our calendar and you'll find details within.

Reminder

We encourage all members to sign up to our email list. This is an important way for rogainers to keep in touch and know what's going on. Sign up and you can be sure you won't miss the next event entry deadline. Visit our website to sign up: www.nswrogaining.org.

VOLUNTEERS ARE NEEDED

Everyone who has ever done a rogaine will understand that there is a need for volunteers at every event. Assistance is needed with the planning and organising, with the setting and vetting of the course, with the placement and retrieval of checkpoints before and after the event. Volunteeers also help in the kitchen for the well earned food after an event, and many other thankless tasks. The committee asks that everyone who competes in our sport offers to be a volunteer at one event each year. Ultimately, **no volunteers means no events**.

PLEASE BE A VOLUNTEER AT AN EVENT THIS YEAR

OUR NEXT EVENT

2007 Lake Macquarie Rogaine

The Lake Macquarie Rogaine will once again be held on Saturday 18th August, in the Watagan Mountains as part of the Lake Macquarie Games and supported by the Lake Macquarie City Council

The Watagan Mountain is west of Australia's largest coastal salt water lake and with the location for this years event being north of the area known as The Pines it is only two hours north of Sydney. The area to be used will mostly be in the Watagan National Park with beautiful rainforest, pristine creeks, friendly fauna and an extensive track network to allow competitors the option of avoiding some of the navigation through dense vegetation. There will be 12 and 6 hour events, both starting at 12 midday. An application will be included with this newsletter.



Michaela Kupcakova enjoys the Paddy Pallin Rogaine a bit too much.

The random mumblings of an event organiser.....

By Andrew (and Belinda) Pope

Somehow Bindi and I had ended up being roped into doing the organisation and administration for the 2007 Paddy Pallin Rogaine. Graeme Cooper had lined up Ian Brown to do the course setting.

On a perfect day in March we met up with Ian at the Rydal Showground. The choice of hash house site was excellent and the bush to the east I knew from previous experience made for good navigation. It seemed we were set. The small ankle deep river running through the middle of the course didn't look like it would be a problem. It would take drought-breaking rains to make it impossible to cross... hmmmm.....

Early April brought the first calls from eager competitors wondering when they could enter prompting Belinda and Andrew Introna to put the brochure together for printing and mailing. This coincided with the opening of the online entries on the website. The entries soon came flooding in. Over 90% being received electronically making admin much easier. By closing day we reached the quota of 800 entrants and unfortunately had to turn a number of teams away. (So remember get

your entries in early!)



Despite all of lan's efforts we couldn't locate the landholder for the area immediately east of the hash house. An area that had in many parts been thoroughly torn up by trail bike riders. This meant that there was a narrow exit to the north to access the course. By the end of April lan reported that the course was mostly set and vetted.

In early May I wandered up to vet the last six controls. My first impressions were that it was tough! I left the car and went down, then up, then down, crossed the river without getting my feet wet, went up, found the control on a beautiful knoll, turned around, went down, followed the river, crossed and then spent the next half hour losing blood to the blackberry bushes before finally getting back to the car. Only five more controls to go. The next four controls convinced me that I must get fitter! The last one (and the only one used on the day) was near the hash house in lovely open bush. :-)

then it started raining....

Flag hanging was originally planned for the Saturday of the long weekend. Some softer elements of the flag hanging team asked that it be moved to Sunday something about hypothermia (OK... OK it was blowing a gale very wet and cold)... and then finally moved to Monday. The team met at the showground early to go through flag /navlight hanging procedures. Ian had the steep southeast corner. Julian Ledger had the very steep north east corner.. Tony Garbellini and Geoff Luscombe had the pine forest and I had the nice easy area close to the hash house. I thoroughly enjoyed my

circuit through the open bush with very little offensive trail bike activity. The water was a little higher now and one control placed over a previously dry creek now had half a metre under it! Not to worry the rain can't continue. Arriving back at the entrance to the state forest I waited for the others to arrive. The peace was intermittently shattered by police cars screaming past chasing unregistered trail bikes.



lan turned up at about 4:00pm saying we had more controls to hang and he still had to track down Julian. As lan drive along roads I'd probably walk my mountain bike down I decided that 4wd'ing as a passenger is more about abuse than enjoyment. Julian was found, my mobile phone was lost (and then found), and the final few controls were hung just on dark.

Friday before the event had me at the showground with the keys checking out the facilities. The weather was quite pleasant. I had a minor panic attack when I found that two of the toilet blocks were not quite what they seemed with only two dunnies between them. The other two blocks appeared to have some plumbing challenges... My mind filled with visions of being lynched for not providing enough dunnies. Thankfully the gents at Bathurst portables rescued me by delivering six loos that afternoon. Also resolved that admin would be nice and cosy (and dry) in the new hall with 1st Waitara taking the kitchen and adjacent hall. Positive Luxury!

mmm lamb shanks (Friday night dinner)!

Early Saturday morning... rain... drove down to the Cox's river, hmmm... rather high - not crossing that in the Subaru. Fifty 4WDrivers arrived and all provided commentary on the sensibility of walking in the rain - thanks! more rain... and yet more rain... water everywhere....



lan and I went off to hang a final few controls and put out a few water drops. The pine forest was kinda soggy. Scratched our heads over one of the water drops but realised it was the right spot.

The admin team took over their comfy home and 1st Waitara got to work in the kitchens supplying as usual a fantastic dinner. Parking duties were dealt with by Kel Mapleston and Andy Mein with cars being sent randomly off in the dark to find campsites.

My parents took our tired 3 year old back to their place, and the older two collapsed in the shed behind admin. A late team hug and planning session had us hyped for the mornings rush. The women's loos needed closing... hmmm... maybe I will still be lynched. I drafted my mum into using her contacting skills to prepare a number of maps with the expected course changes.



On a cold and wet Sunday Morning Ian and Tony disappeared early to check the river. The news was not good. Where there was usually only one ankle deep channel there were now three fast flowing waist deep torrents. The decision to chop the course was an unfortunate but easy one. The admin team of Bindi, our 7 year old son Stevie, Fiona, Geoff, Graeme and Andrew did an excellent job of getting through the load with crowd control help from Julian Ledger! My Mum and Dad coped with the early maps queue rush without any stresses. Andy and Kel spread the love around with the cars so no one would get stuck in the mud. All was going to plan, even the loo queues were not too bad.

The novices briefing reminded me why I hate public speaking and the final briefing confirmed it. Ian felt suitably empowered when he got to give a bunch of novices instructions in navigating.

After final instructions on how to use the electronic NAVLIGHT scoring system, 677 people in 255 teams headed north. For the organising team it was time too relax for a while and enjoy the sun that had finally made an appearance.

As predicted the top teams cleaned up the course in record time. The rest of the teams seemed to have a good time judging by the smiles on everyone's faces.

A few random calls at the end had me scratching my head. There was a wallaby stuck in the fence to the north (thanks Tony for sorting out Wires). A few teams called to say they were running very late (it was good to know). Another team called to say they were south west of the hash house and running late... didn't they mean south east or north east... no definitely south west... hmmm... Thankfully all the teams arrived back.

Thanks to the help of all the volunteers and the hugely successful NAVLIGHT system (well done Graeme) the results were posted within half an hour of the event finishing and presentations were finished by 4pm allowing everyone to get home.

On Tuesday I heard a news item about a group getting stuck not being able to cross a flooded Coxs... phew

The retrieval of the flags promised to also be a saga with the third wet week in a row delaying the retrieval of the remote flags in the course ... those that weren't used anyway (sob...from lan). A few of the navlights were eaten by a mysterious creature... as lan observed – Spooky. And Cruel.



Have you noticed that 'rogaines' is an anagram of organise (thanks for this observation lan). With this thought I would like to thank all the volunteers that helped us run this event.

- Ian for sorting out the course, the permissions, the hash house, all other general dogs body activities and making our life much easier
- Tony, Geoff and Julian for all the help with the course and all the help on the day
- Andrew I as the safety officer and photographer
- Graeme for coming down and sorting out all the Navlight stuff
- Other admin helpers Fiona and Stevie
- My Mum and Dad (Tony and Barbara) for turning up to their first Rogaine to help out
- Andy and Kel for sorting out the parking, lucky dip etc and all sorts of other things
- My 1st Waitara Scouts for providing sustenance before during and after the event.
- My darling wife Belinda for looking after all the admin stuff

Volunteers for upcoming NSWRA Rogaines - To add your name to the list below, please contact the Volunteer Co-ordinator, **Graeme** Cooper, Ph: 6772 3584 or email graeme_cooper@northnet.com.au

Paddy Pallin 6 hour 17 June 2007	Lake Macquarie 12 / 6 hour 18 August 2007	NSW Championships 20-21 Oct 2007	Socialgaine 6 hour 18 November 2007	Metrogaine 6 hour 24 February 2008
Organiser	Organiser	Organiser	Organiser	Organiser
Andrew Pope	Bert van Netten	Ian Dempsey	Greig Scott	
Administrator	Administrator	Administrator	Administrator	Administrator
Belinda Pope	Bob Gilbert	Janette Dempsey	Peter McConaghy	
Admin Assistants	Admin Assistants	Admin Assistants	Admin Assistants	Admin Assistants
Graeme Cooper	Graeme Cooper	Michael Watts, G Cooper		
Course Setters	Course Setters	Course Setters	Course Setters	Course Setters
Ian Brown	Bert van Netten	B van Netten, Ian Dempsey	Greig Scott	
Vetters	Vetters	Vetters	Vetters	Vetters
		Robert Vincent, Will de Sain	Mick Driscoll	
Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval
		David Dash, John Anderson		
Caterer	Caterer	Caterer	Caterer	Caterer
1st Waitara Scouts	Junior Orienteering Squad			
Hash House Team	Hash House Team	Hash House Team	Hash House Team	Hash House Team
not required	Jim Hubbard			
Site Staff	Site Staff	Site Staff	Site Staff	Site Staff
	Lou & Nick Vaccari			
Photographer	Photographer	Photographer	Photographer	Photographer
Stuart Wilson	Stuart Wilson			

Results of 2007 Paddy Pallin held on 17/06/2007

Team	Team Members	Score	Time	0	М	W	Х	V	S	J	N	F
72	Stu Adams, Robert Vincent	1050	4:10	1	1							
143	Nikolay Nikolaev, Philip Whitten	1050	4:25	2	2							
107	Rob Preston, Paula Shingler	1050	4:29	3			1					
122	Martin Lefmann, Pat Mickan	1050	4:38	4	3						1	
125	Darlene Cheney, Mark Freeman, James Hayward	1050	4:43	5			2	1				
192	Seb Dunne, Mace Neve	1050	4:58	6			3					
71	Joel Mackay, Jonathan Worswick	1050	5:14	7	4							
52	Martin Krause, Brad Simmons	1050	5:16	8	5			2				
157	Jeremy Welbourne, Tony Welbourne	1050	5:16	9	6							
69	Mick Driscoll, Greigor Scott, Jenny Scott	1050	5:24	10			4					
109	Alexa McAuley, Wendy Stevenson	1050	5:38	11		1						
37	John Barnes, Mardi Barnes	1050	5:41	12			5					
43	Chris Waring, Miles Waring	1050	5:41	13	7							1
92	Ian Cameron, David Lyle	1050	5:49	14	8			3				
127	Andrew Haigh, Nicole Haigh	1050	5:56	15			6					
170	Geff Harper, Joel Wright	1030	6:02	16	9							
255	Thomas Griffith, Shane Morgan	1010	5:57	17	10					1		
236	Roland Cziferszky, David Williams	980	5:36	18	11							
201	Mathew Everson, Anthony Kelshaw, James Mathews	980	6:01	19	12							
86	Darren Smith, Eric Smith	970	5:55	20	13							
262	David Kricker, Anna Kricker	960	5:51	21			7					
66	Nick Dent, Colin Price	950	5:55	22	14			4				
131	Joanna Sinclair, Duncan Sinclair	950	6:01	23			8					
204	Paul Barton, Kate Carmody, Chris Snell, Margaret St Hill	950	6:03	24			9					
96	Nils Bown, Nick Earl, Rob Mason	930	6:10	25	15							
73	Ian Dempsey, Steve Guy, Wendy Scott	920	5:49	26			10	5				
68	Alex Chew, Scott Mills	910	5:55	27	16							
278	Ian Goodman, Steve Martin, Creel Price	910	5:59	28	17							
164	Kelvin Proctor, Olivier Vallee	900	5:58	29	18							

199	Gill Fowler, Megan Gamble	900	6:05	30		2						
206	Rayward Anna, Damian Welbourne	890	5:33	31			11					
Team	Team Members	Score	Time	0	M	W	Х	V	S	J	N	F
59	Phil Harding, Carolyn Haupt	890	5:34	32			12					
67	Richard Berling, Ron Junghans	880	5:52	33	19			6	1			
193	Bruce Cook, Wil de Sain	880	5:57	34	20			7	2			
48	Ann-Maree Carruthers, Paul Carruthers, David Longman	880	5:58	35			13					
227	Alex Head, Ann-Marie Mulligan	870	5:52	36			14					
155	Richard Lauder, Karl Spackman	870	5:56	37	21							
128	Malcolm Bradley, Jo Payne	870	6:03	38			15					
40	Sue Clarke, Chippy le Carpentier	860	5:50	39			16	8				
285	Andrew Collins, Melissa Head, Anthony Knittel	860	6:00	40			17					
271	Matous Bursik, David Lockwood, Michael Weilke	850	5:49	41	22							
238	Emily Prudhoe, Paul Prudhoe	850	5:51	42			18					
97	Glenn Schwarzel, Mark Schwarzel	850	5:55	43	23			9				
135	Matt de Belin, Myf Lawrance	850	5:59	44			19					
163	Tony Campbell, Stefan Kontermann, Trev Savage	840	5:41	45	24							
136	Clement Armstrong, Adrian Clark, Robert Clark, Monique de Jong, Adrian Lee	840	5:48	46			20					
3	Amy Von Huben, Mark Von Huben	840	5:53	47			21					
175	Sam Buchanan, Lisa Perrett	830	5:57	48			22					
98	James Bevan, Jo Boyd, Jacqui Knox	830	6:04	49			23					
64	Robyn Pallas, Hilary Wood	820	5:54	50		3		10				
85	Anne McGuire, Buzz Powell	810	5:43	51		4		11				
65	Sieger De Vries, Jason King, Maarinke Van der Meulen, Campbell Wills, Andrew Wis	810	5:49	52			24					
186	Rebecca Rees, Dean Wayne	810	5:53	53			25					
29	Louise Dearnley, Martin Dearnley	800	5:53	54			26					2
282	Zoltan Klinger, Peter Wilson	800	5:53	55	25						2	
152	Shelley Bambrook, Stewart Johnston	800	5:59	56			27					
232	Ron Avery, Kevin Filan, Michael McGee, Richard Pinnock	790	5:56	57	26							
124	Peter Hanselmann, Graeme Woodward	790	5:57	58	27							
144	Gareth Chandler, Michael Were	770	5:42	59	28							
218	Dan Ogden, Mal Roberts	770	5:55	60	29							

189	Timothy Roy Booth, Nicolas Le Baut	760	5:41	61	30							
11	Rhys Clarkson, Matthew Freeman, Nathan Gauci	760	5:50	62	31							
Team	Team Members	Score	Time	0	M	W	Х	V	S	J	N	F
51	Janine Friedrich, Aaron Simmons	760	5:51	63			28				3	
5	Alicson Anderson, Shane Anderson, Stuart Brown	750	5:39	64			29	12				
15	Lynn Dabbs, Kevin Williams	750	5:47	65			30	13				
105	Julia Dixon, Bob Kenderes	740	5:40	66			31					
62	Mark Hemmons, James Stuart, Keith Jebb, Bob Tucker	740	5:52	67	32							
53	Eva Thompson, Stephen Thompson	740	5:59	68			32					
115	Julie Avakian, Michael Avakian, Meg Croft, Lindsay Mackay	740	6:00	69			33					
151	Dave Bere, Scott Hamilton	720	5:24	70	33							
80	John Clancy, Chris Stevenson	720	5:44	71	34			14				
233	Colleen Mock, Colin Mock	720	5:46	72			34	15	3			
287	Debbie Cook, Robbie MacKillop	720	5:49	73			35	16				
23	John Anderson, Peter Tamsett	720	5:59	74	35			17	4			
224	James Dudley, Annie Heaton	710	6:00	75			36			2		
10	Carol Jacobson, Ken Jacobson	700	5:43	76			37	18	5			
242	Amanda Seymour, Jeremy Seymour, Martin Seymour	700	5:49	77			38					
230	Duncan Cross, LeAnne Hanson	700	5:52	78			39	19				
31	Karin Hefftner, Larry Weiss	700	5:57	79			40	20				
212	Sam Clayman, Elsa Glanville, Katherine Tuft, Isaac Tyson	700	5:57	80			41					
219	John Cullity, Willie Moulden, Peter Overton	700	5:58	81	36			21				
147	Debbie Byers, Andrew Lumsden	700	6:06	82			42	22				
237	Matt Ryan, Kate Wingrove	680	5:37	83			43					
182	Thomas Schipilliti, Stephen Scott, Andrew Stanford, Adrian Watson	680	5:41	84	37							
263	Brad Deane, Scott White	680	5:47	85	38							
268	Andrew McGregor, Vaughan Shanks	680	5:55	86	39							
216	Tim Coghlan, John Dickens	680	6:06	87	40							
14	Nihal Danis, Richard Sage	670	5:31	88			44	23				
222	Susan Kurrle, Robyn Tuft	670	5:52	89		5		24				
6	Anne Newman, Lynne Trappel	670	5:58	90		6		25				

234	Arwen Cross, James McElvenny, Jarrah Turton, Kulan Turton	660	5:33	91			45					
Team	Team Members	Score	Time	0	M	W	Х	V	S	J	N	F
188	Christopher Allen, Robert Allen	660	6:18	92	41							
33	Julie Stanley, Paul Stanley	650	5:27	93			46					
89	Brett Golledge, Tony Hayes, Louise Hayes	650	6:01	94			47	26				
211	John Brayan, Paul Ettema	640	5:42	95	42			27				
246	Rod Burton, Mark Young, Elanor Young	630	5:36	96			48				4	
162	Kristi Bryant, Paul Bryant	630	5:37	97			49					
154	Jarad Grice, Andrew Margetson, Alison Wolf, Richard Wolf	630	5:49	98			50					
250	Sandra Thomas, Anne Turner	630	5:51	99		7						
168	Michael Minehan, James Phimister	630	5:59	100	43			28	6			
88	Luke Miller, Ryan Thomas	620	5:29	101	44						5	
114	James McQuillan, Silvia Weiser	620	5:31	102			51					
79	Ray Overdijk, Oliver Sieur	620	5:54	103	45							
38	Barbara Barnes, Richard Barnes	610	5:39	104			52	29				
27	Neil Beer, Peter Figiel, Danny O'Connell	610	5:43	105	46							
104	Graham Chaffey, Tom Chaffey	610	5:44	106	47							
184	Mark Coppock, Adam Hart, David Hart, Steve Jones, Paul Michels	610	5:58	107	48							
277	Matt Lancaster, James Roche, Jamie Stewart	610	6:03	108	49						6	
103	Karen Coughlin-Hall, Peter Holz, Dom Isberg	600	5:39	109			53					
197	Debbie Hotchkis, Mike Hotchkis	600	5:52	110			54	30				
112	Jo - Anne Pallister, Erika van Lennep	600	5:53	111		8		31				
49	Nick Carter, Nick Glastonbury, Philip White	590	5:07	112	50							
254	David Griffith, Emma Griffith, Renate Griffith, Robert Watson	580	5:35	113			55					
281	Michael Kerr, Matthew Stacy, Jessica Strain, Adam Watson, Rachel Watson	580	5:45	114			56				7	
30	Bill Chalmers, Carolyn Chalmers	580	5:45	115			57	32	7			
129	Elisa Idris, Philip Von Huben	580	5:57	116			58					
181	Jeff Bendeich, Conny Warn	580	5:58	117			59					
26	Neil Chappell, David Lilley	580	6:19	118	51			33	8			
102	Rebecca Anderson, James Laurie	570	5:33	119			60					
267	Bel Crane, Tim Failes	570	5:57	120			61					

180	Steve Gardner, Eva Hejnova	570	5:59	121			62					
171	Phil Allen, Bob Bartle, John Guilly	570	6:04	122	52			34	9			
Team	Team Members	Score	Time	0	M	W	X	V	S	J	N	F
8	Nikita Roberts, Malcolm Roberts	560	5:03	123			63					3
253	Sam Hill, Kirrilee Russell	560	5:22	124			64					
56	David Craig, Paul Dyer, Bill Ford	560	5:46	125	53							
19	Terry Murphy, Graeme Small	560	5:47	126	54			35	10			
251	Katie Feeney, Graeme Malpass, Angela Malpass, Jamison Sharpley	560	5:49	127			65					
90	Elizabeth Barnes, Geoffrey Barnes	560	5:50	128			66	36				
165	Kirsten Dudley, Vonette Munro	560	5:51	129		9					8	
100	Chris Mein, Tim Sheedy	550	5:48	130	55							
113	Phil Foster, Mike Zikan	550	5:56	131	56			37	11			
256	Megan Dimozantos, Jodie Sturgess	550	5:57	132		10						
194	Carmel Wilkinson, Rebecca Wilkins	550	5:58	133		11						
24	Melvyn Cox, Michaela Kupcakova	540	5:05	134			67					
225	Kim Singleton, Jason Wilson	540	5:16	135	57							
101	Peter Day, Phil Gibbs	540	5:30	136	58							
134	Stephen Allport, Sarah Delaney, Catherine Taylor	540	5:58	137			68					
111	David Gatwood, Simon Hunter	540	5:58	138	59			38				
1	Ray Perry, Darren Shaw, James Short	540	5:59	139	60							
46	Oliver Bock, Alan Roberts	540	6:00	140	61							
45	Jacki Stitt, Vicki Stitt	540	6:11	141		12						
259	Jan Hall, David Perkins, Michael Thompson	530	5:52	142			69	39				
207	Robin Dearnley, Wade Rowston	520	5:55	143			70	40				
203	Jenny Vaccari, Lou Vaccari, Nick Vaccari	520	5:56	144			71					
108	Louise Glynn, Mike Robinson, Belinda Rothery	510	5:34	145			72					
280	Abigail Gibson, Catherine Rollison, Phil Walsh, Caroline Wynn	510	5:42	146			73					
235	Emma Botfield, Felicity Canham, Tom Meredith, Chris Sheil	510	5:42	147			74				9	
118	Sue Bucknell, Melanie Freer	510	5:49	148		13					10	
78	Timothy McConaghy, Peter McConaghy, Wendy McConaghy	510	5:52	149			75					4
77	Kathryn Carden, Andrew Mitchell	510	5:54	150			76					
81	Graham Millar, Richard Smyth	500	5:27	151	62			41	12			

264	William Kim, Thomas Lenzenhofer, Aunglatt Soe, Dana Xu	490	5:41	152			77					
Team	Team Members	Score	Time	0	М	W	Х	V	S	J	N	F
150	Michael Ferris, Andrew Pye	490	5:50	153	63							
139	Liam Jewell, Jesse Luscombe, Philip Parsons	490	5:55	154	64					3		
21	Tony Last, Ian Noffs	490	5:55	155	65							
270	Brenden Brown, Bronwyn Powell	490	5:57	156			78					
75	Alexander Massey, Chris Welbourne	480	5:26	157	66							5
93	Phillip Chan, Carolyn Chan, Peter Chan, Michiel Tops	480	5:34	158			79					
94	Guy Eastwood, Robbie Eastwood, Rhys Ewing, Cliff Ewing	480	5:40	159	67							
209	Ben Khan, Les Robinson	480	5:52	160	68						11	
195	Michael Brungs, Nick Polin, Steve Martin, Greg O'Donnell	480	5:55	161	69			42			12	
61	David Loong, James Loong, Anna Purvis-Smith	460	5:39	162			80					
179	Lydia Chan, Karen Chung, Brian Turner	460	5:55	163			81				13	
173	Melanie Johnston, Nerise McQuillan	460	5:56	164		14						
177	Marcelle Schmelitschek, Cameron Schmelitschek	460	5:57	165			82					
137	Chris Jewell, Rachel Jewell	460	6:04	166			83					
70	Debbie Hancock, Kevin Hancock	460	6:14	167			84				14	
20	Samuel Biddiscombe, Courtney Derriman, Lauren Jennens, Jesse Kay, Oliver Rowston	450	5:26	168			85			4		
22	Rodger Austen, Rochelle Derriman	450	5:27	169			86					
221	Glenn Jobbins, David Roberts, Mark Williams	450	5:34	170	70						15	
220	Mark Ecob, Keith Sanchez, Shaun Scanlan	450	5:34	171	71						16	
60	Sarah Glover, Karen Martin, Jackie Spurway, Lynn Stannus	450	5:46	172		15						
142	Chris Johnson, Miles Johnson	450	6:02	173	72							6
223	Philippa Reynolds, Kevin Walton	450	6:11	174			87					
84	Christopher Calwell, Jason Calwell, Christopher Mottram, Meagan Mottram	440	5:04	175			88					
160	Richard Connors, Andrew Palmisano	440	5:44	176	73			43				
44	Grace Waring, Julie Waring	440	6:01	177		16						
293	Ann Dixon, Brad Harrower	430	5:46	178			89				17	

156	Roslyn Richardson, Joanne Vanderstok, Geoff Warn	430	5:51	179			90					
274	Poppy Danis, Paula Stuart	420	5:14	180		17						
Team	Team Members	Score	Time	0	M	W	Х	V	S	J	N	F
41	Talisen Brown-Robbins, Parrish Robbins	420	5:31	181	74							7
258	Alison Lyon, Len Sharp, Nicole Tyler, Rubina Usman	420	5:52	182			91					
213	Grainne McGuire, Alexandra Middleton, Kellie Miller, Rebecca Wood	420	5:59	183		18						
153	Jeff Ayres, Philippe Caron, Carl Mistler, Trent Oliver	420	6:27	184	75							
87	Blake Macartney, David Morgan	410	5:41	185	76						18	
231	Julie Gardner, Merinda Turton	410	5:43	186		19		44				
176	Ian Almond, Jessica Almond, Bronwyn Wilson	410	5:47	187			92					
138	Jordan Jones, Shannon Jones, Sam Perkins	410	5:48	188	77					5		
148	Leisha Deguara, Tisha Dejmanee, Shane O'Malley, Celine Steinfeld, Chris Whelan	410	5:58	189			93					
292	Travis Drape, Siobhan Fannin	400	5:49	190			94				19	
110	Joy Burgess, Thais Turner	400	6:12	191		20		45				
202	Keith Boicey, Kay Jacob, Ros Perry, Christine Wales, Ray Wales	390	5:59	192			95					
39	Eric Barnes, Trish Beat	380	5:34	193			96	46	13			
146	Louise Oliver, Clare Watts, Laura Watts, Michael Watts	380	5:40	194			97					
260	Charles Bowden, Wenrong Huang, Jenny Kuo, Faye Xu	380	6:00	195			98					
169	Tracy Bryan, Scott Cohen, Doreen Handy, Graeme Rollings	370	5:46	196			99	47				
289	Amanda Jones, Lisa Marshall, Marie Mercer, Sara Wilson	370	5:51	197		21						
130	Mina Bui, Garry Dobbie, Barbara Wroblewicz	370	5:53	198			100					
183	Albert Chetcuti, Maud Mathie	360	5:58	199			101				20	
228	Jim Hubbard, Bob McNairn, Greg Tuckwell	360	5:58	200	78			48	14			
4	Andrew Heaton, Fatiah Issa, Eric Lawrenz	360	6:22	201			102					
226	Kathryn Knight, Greg Knight, Olivia Knight, Sam Knight	350	5:45	202			103					

133	Carolyn Hamilton, Kishore Sanghi	350	6:00	203			104					
240	Melina Davidson, Julie Davidson, Tim Parkinson	350	6:07	204			105					
196	Paul Kulmar, Robyn Kulmar, Anne Widmer	340	6:19	205			106	49				
Team	Team Members	Score	Time	0	M	W	X	V	S	J	N	F
261	David Collins, Cathy Dowd, Annette Malicki	330	5:43	206			107					
247	John Murby, Li Xue	320	5:45	207			108	50				
257	Vivian Haslam, Katriona Herborn, Tim Herborn, Richard Salisbury	320	5:46	208			109	51				
244	Deirdre Leslie, Reddall Leslie	320	6:12	209			110	52				
284	Andrew Bain-Lindsay, Judith Greenwood, Shae Greenwood	310	4:48	210			111					
82	Hannah Cole, John Cole, Sophie Cole	310	5:23	211			112					
55	Michael Roylance, Richard Roylance	310	5:48	212	79							8
141	Catherine Perkins, Ross Perkins, Tom Perkins	310	5:56	213			113					
117	Ellen Brackenreg, Kate Brackenreg, Mark Brackenreg, Rachael Brackenreg	310	5:59	214			114					9
74	John Hutchison, Victoria Hutchison, Geoff Montgomery, Laura Williams	310	6:22	215			115					
35	Gail Siccardi, John Siccardi	300	5:50	216			116	53	15			
215	Michael Valantine, Lois Valantine, Laura Valantine	300	5:53	217			117				21	
106	Emily Ward, Stephen Ward, Tracy Ward	300	5:54	218			118					
123	Karen Breckenridge, Stephen Breckenridge	280	5:09	219			119	54	16			
288	Amanda Evans, Anita Fletcher, Elaine Mills, Diane Westaway	280	5:50	220		22						
249	Robert Morgan, Sandra Parker	270	5:45	221			120	55				
200	Ashley Vicary, Daniel Vicary, Michael Vicary	270	6:05	222	80							
12	Allison Budnik, Debbie Bush, Heather West	260	5:54	223		23		56				
126	Lisa Butt, Craig Dunn, Casey Dunn, Mitchell Dunn	250	5:05	224			121					
161	David Gwillim, Sharon Gwillim, Siena Gwillim, Tayler Gwillim	250	5:08	225			122					
25	Naomi Mayeux, Nicholas Mayeux, Sophie Mayeux, Jacques Mayeux, Charlotte Mayeux	250	5:10	226			123					10
50	Barbara Chapman, Kim Gibbs	250	6:10	227		24		57				
99	Leigh Johnston, Christine Thoresen	250	6:12	228			124	58				
158	Kathleen Beckenham, Coralie Hicks	250	6:12	229		25		59				
286	Ben Tancred, Luke Tancred, Steve Tancred	230	4:49	230	81							11

34	Kaye Johnson, Peter Morrison, Patrick Webb	230	5:12	231			125	60				
283	Annabel Harding, Glenn Harding, Jacob Harding, Lisa Harding, Kirsty Owen	230	5:52	232			126					
Team	Team Members	Score	Time	0	М	W	Х	V	S	J	N	F
32	Penny Allen, Marie Kibble	220	5:44	233		26		61	17			
13	Laurie Bore, Margaret Bore	220	5:54	234			127	62	18			
18	Rhett Henkel, Bruce O'Brien, Kelsey O'Brien	220	6:00	235			128					
7	Patricia Forbes, Jason Von Ritten	200	6:10	236			129					
248	Gary Barnard, Mark Collett, Sandra Kreckler, Helen Simpson	190	6:19	237			130					
210	Jacqueline Fitzgerald, Thea Hutchings, Anthony Hutchings	180	4:57	238			131					
205	Thomas Pisto, Kathie Pisto, Luke Pisto, Matthew Pisto, Robert Pisto	180	6:03	239			132					12
121	Janet Richards, Adrian Richards, Bethany Richards, Anna Richards	170	5:15	240			133				22	
266	Bernadette Mackinnon, Caitlin Reynolds, Paul Reynolds, Brad Slater	170	5:50	241			134					
166	Greg Hastings, Wyatt Leung, Huseyin Sumaktas, Alan Turner	170	5:52	242	82						23	
120	Scott Campbell, Kylie Jackson	160	4:40	243			135					
190	Vanessa Allen, Trish Densmore, Nick Smith	160	5:51	244			136					
76	Kirsty Ward, Lisa Williams	130	6:25	245		27						
83	Jenny Cole, Lily Cole	70	1:43	246		28					24	
91	Alan Lowe, Lee Lowe	70	5:09	247			137	63				
132	Jan Bouveng, Alison Bouveng, Stuart Bouveng	50	6:28	248			138					
159	Heiko Schaefer, Mark Schaefer	0	5:40	249	83							
54	Linda Hanna, Margaret McKenzie, Lisa Richardson	0	6:26	250		29						
140	Gus Jones, Mitchell Jones, Sue Jones	Late										
252	Lina Eriksson, Jason Lee, John Saldin	Late										
167	Jay Parsons, Wayne Pepper, Rachele Williams, Kellie Wild	Late										
245	Mike Davies, James Goodwin, David Tweed	Late										
276	Erika Fonseca, Chris Meeny	Late										

WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney. Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$70 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianledger@optusnet.com.au NSWRA Secretary – Alexa McAuley: 9460 3514 nswrasecretary@gmail.com