

NEW SOUTH WALES ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 114

March 2006



**DON'T BE AN APRIL FOOL – GO TO GOOBANG
FOR THE NSW CHAMPIONSHIPS**

www.nswrogaining.org

2006 ROGAINING CALENDAR

DATE	EVENT	LOCATION	CONTACT
8-9 April 2006	NSW Championships 24 Hour	Central West Goobang NP	Graeme Cooper 6772 3584
13-14 May 2006	Aust Championships 24 hours only	Barkly near Avoca, Victoria	Helen Alexander vra.rogaine.asn.au
18 June 2006	Paddy Pallin 6 hour	South West past Mittagong	Michael Watts 9568 3016
8-9 July 2006	ACT Championships 8/24 hour	ACT	act.rogaine.asn.au
19 August 2006	Lake Macquarie 6/12 hour	Lake Macquarie	Bert van Netten
13-14 October	World Rogaining Championships	Western NSW	Alan Mansfield 9797 6773
19 November 06	Socialgaine 6 hour	Newcastle	Rob Vincent 4956 7018
25 February 2007	Metrogaine 6 hour	tba	tba

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and plan your next getaway

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 Department of Lands



MESSAGE FROM MIKE (STILL OUR PRESIDENT)

Once, many years ago, a rogainer was out gathering in flags some weeks after a rogain. Deep in the bush, far from the hash-house location, he came upon a scrap of paper, pinned to a tree. On it, a few verses of a poem were roughly scribbled. Sadly, the paper was torn and only a fragment of the mysterious poem remained. Back in those days, admin were not so particular about checking that every member of every team returned safely to the finish ...

The Rogaine (E.A.P.)

Once upon a midnight dreary, while I wandered, weak and weary,
Over many a bent and curious contour of gill and spur and tor –
While I nodded, nearly napping, suddenly there came a scrapping,
As of someone gently tapping, tapping at my shoulder sore,
'Tis my partner,' I muttered, 'tapping at my shoulder sore –
Only this and nothing more.'



Ah, distinctly I remember it was near bleak Tumberumba;
And so desperate, fighting slumber, exhausted to the core.
Eagerly I wished the morrow; – vainly I had sought to borrow
For my pains surcease of sorrow – sorrow for the lost eighty-four –
For the rare and radiant checkpoint whom the setters name eighty-four –
Punchless here for evermore.

And the silken, sad, uncertain curling of each purple contour
Thrilled me – filled me with fantastic terrors never felt before;
So that now, to still the beating of my heart, I lay repeating
'Tis my partner entreating action at my shoulder sore –
Some keen partner entreating action at my shoulder sore; –
This it is and nothing more.'

Presently my soul grew stronger; hesitating then no longer,
'Sir,' said I, 'or Madam, truly your forgiveness I implore;
But the fact is I was napping, and so gently you came tapping,
And so faintly you came rapping, slapping on my shoulder sore,
That I scarce was sure I felt it' – here I leapt off the floor; –
Darkness there and nothing more.

Deep into the darkness peering, long I stood there wondering, fearing,
Doubting, dreaming dreams no mortal ever dared to dream before;
But the silence was unbroken, and the stillness gave no token,
And the only word there spoken was the whispered word 'eighty-four!'
This I whispered, and an echo murmured back the word 'eighty-four!'
Merely this and nothing more.

Back upon the checkpoint turning, all my soul within me burning,
Soon again I lost my bearing somewhat farther than before.
'Surely,' said I, 'surely that is something that comes with more practice;
Let me see, then, what thereat is, and this mystery explore –
Let my heart be still a moment and this mystery explore; –
'Tis the map and nothing more.'

Rucksack now upon my shoulder, when, o'er many a log and boulder

[Here the scribbled words trailed off. Perhaps the poet's powers of versification failed, or perhaps some worse fate, we shall never know. But let it be a lesson to all, that teams should obey the rules and stick together!]

Mike Hotchkis (m_d.hotchkis@optusnet.com.au)

THE NSWRA COMMITTEE

President - Mike Hotchkis, 4294 1363 (home), m_d.hotchkis@optusnet.com.au

Vice President – *This position is currently vacant and seeking a volunteer*

Public Officer – Julian Ledger, 9261 1111 (work) julian@yhansw.org.au

Secretary – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Treasurer – Tony Maloney, 9978 9181 (work) Anthony_maloney@promina.com.au

Event Manager - Paul and Deb Stein, 54 Campsie Street, Wilton 4630 9545, 0419641002; pauldeb@bocnet.com.au

Membership Secretary – Ian Almond, 220 Cordeaux Road, Mt Kembla NSW 2526 4271 7465 (Home) 4275 4105 (work), almond@tpgi.com.au

Newsletter Editor – Julie Bacon, 4681 9537 (home) titianj@bigpond.com

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Safety Officer – Richard Sage, 9564 2126 (home), danis-sage@bigpond.com

ARA Representative – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Volunteer Co-ordinator – Graeme Cooper 6772 3584 (home), graeme_cooper@northnet.com.au

Equipment Officer – Bert van Netten

General Committee – David Sigley

NSWRA ANNUAL GENERAL MEETING

The Annual General Meeting of the NSW Rogaining Association was held after the Metrogaine on 26 February and was very successful. Thank you to all those who attended and took part in electing the committee members above. It is wonderful to be able to welcome Bert van Netten and David Sigley back onto the committee. If there is anyone else out there who would still like to join, it is not too late. The current committee members are always keen to welcome new members, you don't have to wait until next year's AGM to join in running your organisation.

We would also like to say a fond farewell to Phillip Groom, who has filled the positions of Volunteer Co-ordinator and Events Manager at various stages over the last couple of years. Phillip has taken up a position with Curtin University in Perth and has already sought out the WA Rogaining Association to offer assistance in Administration/First Aid at their next event. Our loss is Western Australia's gain.



THE GOOBANG ROGAINE 8-9 APRIL 2006

Planning for the NSWRA's 2006 autumn rogaïne is now well advanced. The course setting is complete and the flags will be being put out by the time you get to read this. Time to get a team together and send your entry in! Look for the form with this newsletter or download one from the web site.

You will find you have the choice of three event durations, 6 hour , "15 in 24" hour as well as the 24 hour NSW Championship. Truly something for everyone!



All event options start at midday on Saturday 8th April. The 6 hour option finishes at 6pm Saturday, the others at 12 noon on Sunday. Teams entering in the 15 in 24 hour option must spend a total of at least nine hours off course at the main Hash House. The off course time can be broken and lie anywhere between the start and the finish times. The event is being held in the Goobang National Park near the town of Peak Hill on the Newell Highway in the central west of NSW. The entry form gives more detail about the location.

The Goobang National Park contains some wonderful rogaïning country. The topography varies from complex spur-gully to large flat areas. The climbing is moderate (much less than Nowendoc or Gundy!) and the vegetation is mostly very friendly. The whole area was burnt in 2001. The regrowth is thick in parts. It seldom impedes your progress but visibility can be very limited. The person in front will have to take extra care that those behind can keep up. There are rocky hillsides but the spectacular views at the top are worth the climb.



The course has been designed to allow two efficient loops to be made from the start. This is an important consideration for the 15 in 24 hour option. As with so many events, access has dictated that the start is near the edge of the course. To compensate, an "All-night cafe" will operate near the centre of the remoter half of the course. The Hash House site is close to a main road and will provide good level camp sites. You will be able to camp there both before and after the event at no extra cost. Facilities are limited to toilets. There is no water. The photo to the left shows part of the Hash House site.

You should consider making this an extended trip as there are a number of nearby interesting places to see including the Western Plains Zoo and the Parkes Radio Telescope.

For general information contact ...

Graeme Cooper
phone: 02 6772 3584
email: graeme_cooper@northnet.com.au

**For entry related matters
contact ...**

Andrew & Belinda Pope
phone: 02 9484 1736
email: absspope@optusnet.com.au

Preparations for the 43rd Paddy Pallin, to be held on Sunday 18th June 2006, are well under way. Forests NSW have again allowed us to use one of their areas, and some of the adjacent landholders have also given permission for us to access their properties. This has allowed us to include some open paddocks in the course, where it is possible to see exactly the shape of the terrain and match that to the map contour representation - a very good novice learning experience. The site is approximately 2 hours south west of Sydney, with some well-tracked plantation pine forest and plenty of undulating moderately open bushland. The site is relatively flat, with approximately 170m vertical difference between the high and low points. The map has 10m contours, giving quite good route detail. Being out of canyon country, there are many fewer unexpected/unmarked small cliff lines than last year. The trade-off is that there is scrub at the bottom of the steep sided gullies, patches can be thick, and come complete with tendrils of blackberries. Long pants are definitely recommended.

Participants in last year's event will also be pleased to learn that we've applied for better weather this year. A cool morning (inevitable on the southern escarpment in mid-winter) followed by a warm, bright sunny day.

7TH WORLD ROGAINING CHAMPIONSHIP WARRUMBUNGLES AUSTRALIA 2006 - FRIDAY THE 13TH AND SATURDAY THE 14TH OF OCTOBER 2006



The following information was sent to all subscribers of the www.rogaine2006.com.au Ezine list on Sunday the 5th of March 2006. If you are interested in entering the World Rogaining Championships may I recommend that you consider subscribing!

Entry

Online and postal entries have been delayed until 6 March 2006 or soon thereafter whilst the entry process is finalised.

An e-newsletter will be sent when entry opens

Event Centre and Hash House

The location of the event centre and hash house will be within the Warrumbungle National Park at approximately at latitude -31.16 and longitude 149.00. Remember that there is an embargo on the event and course area and camping for entrants will not open until 12 October 2006.

Weather records for Coonabarabran – the weather record for the month of October, Coonabarabran – Warrumbungle District. The following is a summary of the weather records for the town of Coonabarabran gathered over +100 years. There maybe a slight variation on the course and at the Event Centre/Hash House.

Weather 064008 COONABARABRAN (NAMOI STREET) Commenced: 1879 last record: 2004

Latitude:-31.2712 S Longitude: 149.2714 E Elevation: 505.0 m State: NSW

Mean Daily Max Temp (deg C) - 24.2; Mean no. Days, Max \geq 40.0 deg C 0.0;

Mean no. Days, Max \geq 35.0 deg C 0.2; Mean no. Days, Max \geq 30.0 deg C 2.7;

Highest Max Temp (deg C) 38.8; Mean Daily Min Temp (deg C) 7.2 Mean no. Days, Min \leq 2.0 deg C 3.0;

Mean no. Days, Min \leq 0.0 deg C 0.6; Lowest Min Temp (deg C) -2.2; Mean 9am Air Temp (deg C) 17.6;

Mean 9am Relative Humidity (%) 56; Mean 9am Wind Speed (km/hr) 12.4; Mean 3pm Air Temp (deg C)

22.5; Mean 3pm Relative Humidity (%) 38; Mean 3pm Wind Speed (km/hr) 12.7; Mean Rainfall (mm) 60.3;

Median (Decile 5) Rainfall (mm) _ 49.6; Decile 9 Rainfall (mm) _ 121.0; Decile 1 Rainfall (mm) _ 13.0;

Mean no. of Rain days 7.1; Highest Monthly Rainfall (mm) 226.1; Lowest Monthly Rainfall (mm) 2.1;

Highest Recorded Daily Rain (mm) 72.6; Mean no. of Clear Days 11.5; Mean no. of Cloudy Days 8.4.

Last modified 16 August 2004. Source www.bom.gov.au

7TH WORLD ROGAINING CHAMPIONSHIP WARRUMBUNGLES AUSTRALIA 2006 - FRIDAY THE 13TH AND SATURDAY THE 14TH OF OCTOBER 2006

Astronomical data – Moon and Sun for the Warrumbungle Mountains, Latitude -31.19° and Longitude 149.00°



- 13th of October 2006 – 12:00 - Rogaine starts
- 13th of October 2006 – 18:13 - Sunset
- 13th of October 2006 – 18:38 - Civil twilight
- 14th of October 2006 – 01:00 - Moonrise
- 14th of October 2006 – 05:02 - Civil twilight
- 14th of October 2006 – 05:26 - Sunrise
- 14th of October 2006 – 10:56 – Moonset
- 14th of October 2006 – 12:00 - Rogaine ends

Source Geoscience Australia, website <http://www.ga.gov.au/>

Answers to frequently asked questions.

The event is being held on a Friday and Saturday not on the traditional Saturday and Sunday.

Event fees are in Australian dollars and at AU\$110.00 is generous for what is being provided.

There is no qualification standard for the World Rogaining Championships all entries are accepted on a first come first served basis.

Only a twenty four hour event will be held at the World Rogaining Championships.

Appropriate first aid assistance will be provided at the event site. We recommend snake bite kits and other first aid equipment be carried by all team members. Snake bite is a risk in the Australian outdoors however the probability of snakebite is lower than the risk of injury whilst travelling to the event. Some Australia media people make a good living frightening people about the potential of snake bite rather than talking about the real likelihood of snake bite. More information will be provided in the recommended equipment list that will be placed on this website in the coming weeks.

Travel information has been posted on the event website on the travel page. Members of the NSWRA will provide some personal recommendations for the Warrumbungle National Park, Warrumbungle district and further a field in NSW and Australia in the coming weeks and months. If you have not yet done so please look at the Coonabarabran Accommodation and Attractions PDF's on the home page that were posted on the website with the Feb 2006 News.

Thank you for your patience with the delay in the opening of entries. We look forward to seeing you at the World Rogaining Championships 2006 at a truly outstanding location.

MEMBERS-VOLUNTEERS AND THE WORLD ROGAINING CHAMPIONSHIP!

Including World Championships, the NSWRA will be hosting the normal number of events in 2006. If you plan to enter the World Rogaining Championships we would, as a member run organization that relies on its members to volunteer, appreciate assistance in the hosting and organizing other 2006 rogaines.

Please contact me if you want to assist with the World Championships, the event organizer of an event you may like to help with or Graeme Cooper, Volunteer Coordinator about member volunteering.

Yours, Alan Mansfield

BARKLYS HOPE AUSTRALIAN ROGAINING CHAMPIONSHIPS

13-14 MAY 2006

The Victorians invite you to

THE AUSTRALIAN ROGAINING CHAMPIONSHIPS

13-14 MAY 2006

Information & Entries www.vra.rogaine.asn.au



220km NW Melbourne
Picturesque Pyrenees
Open Bush & Farmland
Local Wineries
Food Fri pm - Sun pm
Special Sunday Lunch
1: 30 000 Map

'Barkly's Hope' 24 Hour Experience

Starting midday Saturday, 13 May and finishing midday Sunday, 14. No other courses will be run. Maps will be issued at 9.00am. The event will be held at Barkly (near Avoca) 220kms west of Melbourne. Approx 2.4 hours travelling time from Melbourne.

The course covers 245 sq kms of which 90 sq kms include two state forests with open bush. The rest is open farmland with areas of light bush. There are about 100 land owners, one hotel, approximately ten wineries and two towns in the area. The terrain is undulating to steep with a relief of 350 metres. Rocky ground may be encountered on some of the steeper slopes, but good progress can be made through these areas.

All creeks and watercourses are dry. Drought or no drought this areas receives very little rain at the best of times. The only good water out on the course will be the water points and maybe a few dams if using purifying tablets. **So please – Bring your own water!!**

The approximate maximum/minimum temperatures should be 16°C-18°C and 4°C-8°C so bring warm clothing. Camping will be available from Friday afternoon to late Sunday. For other than camping at the hash house (Barkly Public Hall) call the Pyrenees Shire Regional Booking Service 1800 206 622.

Competition

On the Saturday afternoon the organisers are planning to hold a Petanque competition for volunteers and competitors families.

Tribute

The organiser advises "I will be dedicating this Australian Championships to the late Nigel Aylott. Nigel had offered to be my coordinator for this event, (but still wanted to compete), however as fate often takes a hand in life this was not to be. As it turns out, Nigel was in the teams that won both the rogaines in this area. So it will be fitting to hold the Championships in this part of Victoria."

For further information contact Helen Alexander – helena@aapt.net.au.



VOLUNTEERS FOR UPCOMING NSWRA ROGAINES

Since the last newsletter I have had a good response to my requests for people to run our rogaines this year. A big thank you to all those who worked at the recent Metrogaine. The table below shows there are still positions that need to be filled in particular the Hash House at Goobang.

To add your name to the list below, please contact the Volunteer Co-ordinator, **Graeme Cooper, Ph: 6772 3584 or email**

graeme_cooper@northnet.com.au

	Goobang 6/15/24 Hour 8-9 April 2006	Paddy Pallin 6 Hour 18 June 2006	Lake Macquarie 6/12 Hour 19 August 2006	World Rogaining Championships 13-14 October 2006	Socialgaine 6 Hour 19 November 2006
Organiser	Graeme & Vicki Cooper	Michael Watts	Bert van Netten	Alan Mansfield	
Administrator	Belinda & Andrew Pope	Carolyn Haupt	Bob Gilbert	Ian Almond	Jacqui Matthews
Admin. Assistants		Peta Forder, Bob Morgan Andy Walters, Graeme Cooper, Julie Bacon			
Course Setters	Graeme Cooper Barry Brandon	Nigel McDonald Nicole Sellin	Bert van Netten Kim van Netten	Mike Hotchkis, John Barnes, Mardi Beat, Trevor Gollan, George Collins, Peter Tuft, Chris Waring	Rob Vincent
Vetter	Reddall Leslie			Tony Maloney Julian Ledger	
Flag Retrieval	Ian Brown David Dash	Alexa Troedson Andy Simpson			
Hash House Leader	Debbie and Paul Stein	1 st Waitara Scouts	Junior Orienteering Squad	1 st Waitara Scouts John Keats	
HH Assistants	John Mackay Barry Brandon	Not required			
Site Staff	Charlie Thomson David Sigley			David Sigley Andy Mein	
Photographer	Vicki Cooper				
Safety Officer					

THE NORTHWEST HILLS METROGAINE RESULTS – 26 FEBRUARY 2006

No	Team	Score	Time	O	M	W	X	V	SV	J	N	F
41	Joel Mackay, Warwick Selby	3140	6:14	1	1							
102	Andrew Haigh, Nicole Haigh	2870	5:55	2			1					
85	Richard Lauder, Jacqui Matthews	2720	5:58	3			2					
101	Terry Bluett, Ron Junghams	2710	6:00	4	2			1	1			
9	Ian Cameron, James Lithgow, David Lyle	2550	5:48	5	3			2				
80	Alan Bradley, Ian Dempsey, Steve Guy	2480	5:51	6	4			3				
2	Graeme Hill, Anne Newman	2440	5:54	7			3	4				
100	Alex Kingston, Matt Ryan	2420	5:47	8	5							
72	Jeff Bendeich, Conny Gissel	2400	6:05	9			4					
38	Jamie van Netten, Kim van Netten	2390	5:58	10			5			1		
73	Ben Scott, Todd Stafford	2350	5:58	11	6							
103	Malcolm Bradley, Tom Brennan, John Clagnan	2350	6:04	12	7							
83	Geff Harper, Caireen Urquhart	2340	5:58	13			6					
43	Karin Hefftner, Larry Weiss	2330	5:58	14			7	5				
113	Annalisa McKay, Kim Stokeld	2220	6:02	15		1						
45	Matt Cooper, Steve Finnerty, Sean Finnerty, Scott Langesen, Geoff Wood	2170	5:54	16	8							
68	Belinda Ferris, Graeme Ferris	2170	5:59	17			8					
67	Peter Cox, Julian Ledger	2160	5:44	18	9			6				
86	David Lilley, Michael Lilley	2160	5:47	19	10							
97	Shane Peak, Michael Wu	2140	6:04	20	11							
35	Anne Kricker, David Kricker	2130	5:48	21			9					
37	Bert van Netten, Dianne van Netten	2090	5:49	22			10	7				
31	Trevor Kloeden, Lisa Penson, Ian Thorpe	2070	5:50	23			11					
62	Allison Lilley, Sebastian Warmerdam	2050	6:05	24			12					
106	Edwina Hatch, Wendy Stevenson	2040	5:55	25		2						
16	Richard Connors, David Green	2030	5:52	26	12			8				
119	Maarinka Van der Meulen, Campbell Wills, Andrew Wisniewski	1990	5:52	27			13					
55	David Bowerman, Ernest Windschuttel	1970	6:05	28	13			9	2			
61	Laura Eadie, Kevin Tay, Phil von Huben, Mark Webster	1940	5:39	29			14					
105	Tom Brennan, Matt Dowle, Rachel Grindlay	1940	5:47	30			15					
76	Mick Conroy, Mark Howell	1910	5:38	31	14							
107	Rosie Logie, Heather Logie	1890	6:03	32		3						
48	Kirk Bendall, John Clancy, Chris Stevenson	1880	5:52	33	15			10				
93	Chris Allen, Robbie Booth, Tim Booth	1880	5:58	34	16							
15	Julie Stanley, Paul Stanley	1860	5:55	35			16					
77	Julie Avakian, Michael Avakian, Meg Croft, Kate Everett, Breeda Kelly	1810	6:05	36			17	11				

THE NORTHWEST HILLS METROGAINE RESULTS – 26 FEBRUARY 2006

No	Team	Score	Time	O	M	W	X	V	SV	J	N	F
88	Alistair McKenzie, Ian McKenzie	1800	5:32	37	17							
95	Louise Dearnley, Martin Dearnley	1800	5:38	38			18					1
12	Jennifer Vaccari, Lou Vaccari, Nick Vaccari	1790	5:59	39			19					2
115	Belinda Blackhall, Nicholas Eales	1770	5:16	40			20				1	
40	Bryony Cox, Timothy Cox	1750	5:51	41			21	12	3			
70	Brendan Hatton, Melissa Selby	1720	5:52	42			22				2	
71	Joanne Vanderstok, Geoff Warn	1720	5:56	43			23					
32	Peter Brack, Nicola Bradbury, Steve Clancy, Katy Miles	1710	6:00	44			24					
63	Deborah Byers, Lyn Jones, Andrew Lumsden	1700	5:56	45			25	13				
25	Julie Davis, Sue Davis, Stuart Wilson	1690	6:03	46			26					
11	Myee Allison, Thomas Bisshop	1660	5:50	47			27	14				
30	Leanne Hart, Lindsay Hart	1630	5:43	48			28					
91	Andreas Mross, Mithra Pattison, Corey Spink, Lucy Spink	1630	6:14	49			39					
8	Nigel McDonald, Nicole Sellin	1600	5:42	50			30					
116	Yi Chen, Geoff McGinley	1570	5:49	51			31				3	
42	Peter Annetts, Jarryd Barton	1550	5:44	52	18							
109	Elly Kwu, Sin Lay, Laurence Wong, Joseph Wong, Jan Wong	1550	6:01	53			32				4	
54	Viness Berry, Regina Kimmich	1540	5:39	54		4		15				
64	John Anderson, Kath Anderson	1450	5:49	55			33	16				
60	Abbey Huang, Luke Liu, Ken Smith	1450	6:03	56			34					
49	Andrew Harford, Barry Kennedy, Wiebke Zuch	1420	5:54	57			35					
92	Jocelyn Booth, Ted Booth	1420	6:04	58			36	17	4			
50	Dennis Sparling, Jim Wells	1410	6:00	59	19			18	5			
74	Andrew Corrigan, Lisa Corrigan, Maggie Corrigan	1380	5:50	60			37					
90	Chris Calwell, Meagan Mottram, Chris Mottram	1370	5:34	61			38				5	
34	Kay Rowe, Wayne Rowe	1350	5:34	62			39					
3	Jackie Buckett, Stephanie Last, Tony Last	1350	5:54	63			40					4
19	Warren Evans, Bruce Medley, Ronald Perry	1340	5:50	64	20			20	6		6	
114	Karen Jones, Grant McConnell, Ann-Marie Wong	1130	5:46	65			41				7	
57	Rebecca Noble, Alex Valeontis	1330	5:57	66								
17	David Brown, John Moore	1320	4:35	67	21			21	7			
99	David Cave, Sue Kurrie	1300	4:38	68			42					
51	Graham Cassidy, Greg Haynes, Martin Mansfield	1290	5:51	69	22			22				
56	David Noble, Jennifer Noble, Rachael Nobel	1290	6:10	70			43					5
46	Grace Corrigan, Lynette Corrigan, Wayne Corrigan	1270	5:32	71			44					
29	Michael Hanratty, John Oakley	1260	5:31	72	23			23				
47	Sharon Cunningham, Allison Dane	1260	5:51	73								
26	Georgina Castle, Matt Castle, Rosie Castle, Tim Castle	1250	6:00	74			45					6
36	Christine Innes-Hughes, Hannah Innes	1240	5:50	75								7
13	Maggie Hart, Graham Millar, Richard Smyth	1230	6:02	76			46	24	8			
98	Jade Ogilvie, Susie Wu	1210	5:10	77			8					
52	Alyssa Cassidy, Jessica Gaston, Meredith Haynes	1210	6:14	78			9			3		

THE NORTHWEST HILLS METROGAINE RESULTS – 26 FEBRUARY 2006

No	Team	Score	Time	O	M	W	X	V	SV	J	N	F
43	Craig Moiler, David Moiler	1150	5:51	79	24							8
18	Kaye Johnson, Peter Morrison	1100	5:57	80			47					
110	Hans Mistler, Sue Mistler, Louise Oliverp	1090	5:38	81			48	25				
4	Penny Allen, Marie Kibble	1060	5:46	82		10		26	9			
108	Tian Liang, John Murby, Li Xue	1030	5:57	83			49					9
84	Roslyn Atkins, Gail Roland	1000	6:14	84		11		27				10
5	Bob McNairn, Lynne McNairn, Martyn Robinson	980	6:01	85			50	28				
24	Barbara Chapman, Kim Gibbs, Anne Widmer	970	5:53	86		12		29				
112	Philip Allen, Marlies Woolford	960	5:51	87			51	30	10			
6	Pam Montgomery, Robert Montgomery	940	6:06	88			52	31	11			
110	James Ryan, Michael Ryan, Peter Ryan	930	5:33	89	25							11
111	Ellen Ryan, Hayley Ryan, Julie Ryan	930	5:34	90		13						12
20	Rosalind Pettery, Christine Wales	870	5:51	91		14		32				
10	Judy Shea, Paul Shea	810	5:46	92			53	33	12			
69	Gwen Seiver, Bronwyn Wilson	780	5:37	93		15		34				
81	Audrey Wilson, Michael Wilson	760	5:21	94			54	35	13			
58	Dion Casey, Shaun Howard, Andrew Sutton	700	2:31	95	26							
22	Niels Gebauer, Bert Lancaster, Jane Mathews	670	4:58	96			55	36				
66	Erik Thorvaldson, Ian Thorvaldson, Katrina Thorvaldson	670	6:00	97			56					13
1	Alan Lowe, Lee Lowe	660	4:41	98			57	37				
96	Jade Hassall, Andrew Hassall, Amber Hassall	550	6:01	99			58					14
39	Stephen Ward, Tracy Ward	530	5:25	100			59					
118	Anna Hanselmann, James Hanselmann, Karen Hanselmaan and Peter Hanselmann	530	5:49	101			60					15
23	Bruce O'Brien, Kelsey O'Brien	510	5:25	102			61					16
65	Dino Andreatta, Giulia Lo Grasso, Val Rose	500	5:47	103			62	38				
104	Lorin Booth, Natalie Hartman, Lisa Newman	460	3:53	104		16						
27	Cassandra Stein, Debbie Stein, Jade Stein, Paul Stein	370	5:42	105			63					17
28	Graeme Thorburn, Phillipa Thorburn, Ursula Von Huben	140	3:25	106			64	39	14		8	
53	Matthew Fried, Emma Mansfield, Deborah Noble	Withdr										
79	David Browne, Hal Sims	Withdr										



Another successful Metrogaime – thank you to everyone who took part, but especially to the Organiser, Simon George (on milk crate); his Administrator Melvyn Cox, the Course Setter, Janet Morris (pictured between Ron Junghams and Terry Bluett, winners of the Super Veterans and fourth overall) and the Hash House Leader, Chris Cowie. If these people had not stepped up to the plate, there would have been no Metrogaime. Your contribution is very much appreciated.

THE NORTHWEST HILLS METROGAINE – 26 FEBRUARY 2006



THE WINNERS –

WARWICK SELBY AND JOEL MCKAY
With the Course Setter, Janet Morris
in the background talking to the
Organiser, Simon George

And below - THE WORKERS

Kathy Cox and Janet Morris hiding
in the Finish Tent and the Hash House
Crew getting set to feed the hungry
hordes.



MORE WINNERS

Winners of the Mixed and
Second Overall –

Nicole and Andrew Haigh

Being congratulated by Course
Setter, Janet Morris



NOT A BAD SCORE, TREV - EPISODE III

(This is the third episode of Trevor Gollan's Story of 20 Years of Rogaining)

1991, Jaunter - An interesting, satisfying event that we organised in high country south of Oberon. I thought while hanging flags the weekend before the event that the snowfall on the ground presaged a fine following weekend. It surely couldn't snow twice in a week. Alas the Friday night of the event was threatening and the Saturday morning was very white, about 8cm deep in white! Abandoned. We re-ran in late October with glorious, fine weather. My favourite controls were the cave near Tuglow and the Kowmung River area but most of the area was great. Pity my son doesn't remember sitting in his high-chair in the snow.

1992, Wuuluman - set near Wellington by Netta Holmes in open country, all on private land. Watto and I didn't make many mistakes and we didn't push that hard and were surprised to end up in 1st place. One unusual feature was, after being with the crowd for the first hour of the event, spending the next 15 hours on our own – it was a big course.

1993, Lake Tabourie - The first of my forays to the South Coast. I'd set a small event for a local Venturer unit at Lake Tabourie and was entranced by a beached dolphin on the Stokes Island sandspit, which we kept watered and healthy until it was recovered by the rising tide. Sonia incorporated it into the t-shirt logo for the event. A seaside campground, beaches and leeches, lakes, dunes and diverse forest... not ideal go-where-you-want country but good walking regardless. Andrew Blakers and David Singleton showed a clean set of heels to the rest of the field. 1993 was notable to me in that it was the first time I received email reports of the event.

1994, Nowendoc - As a 40-year-old I thought competitive was out of the question but another bushwalker/workmate in Geoff Bailey inspired anew. We put in the effort but finished 2nd, 100 points behind youngsters Anthony Darr and Shane Trotter. There was some contentious gamesmanship with Watto and George Collins, where we tried to snare controls in the dark without letting them know our location.

1995, Capertee - A wonderful rogaine organised by Gareth Prosser between Lithgow and Mudgee, the first of many events in the pagoda country. With Kay and our four kids we hung-out near the hash house on the Saturday and had an extended stroll on Sunday morning. We also retrieved a few flags on Sunday afternoon, which was just as enjoyable. Satisfying in that our 20 points after late penalty beat Watto and to see Bert Van Netten win a Championship. An exceptional area with scenic points star-rated.

1996, Scone - Graeme Cooper set a different sort of course incorporating the Liverpool Range west of the New England Highway. George Collins and I went gently on Saturday due to the extreme heat, powered through the night, and limped along Sunday morning until refreshed by a mid-morning thunderstorm. A memorable moment, about midnight, was a water drop that had run out with a bunch of droopy, sick and dehydrated rogainers milling about. George Takacs and Geoff Bailey soon appeared with replenished 25L water bottles that they'd carried several hundred metres from a nearby water tank. Very noble and very rogain-ish! We used a standard technique to find one uncertain control – sit down and sleep for 20 minutes until first light.

1997, Gurnang - Rollie Burford's inspired course in a good area just south of Jaunter, high country around Mt Werong. Geoff Bailey and I tried hard for 6th place but ran out of legs about dawn. Highlights were the greater sugar glider watching us at our 1am dinner break beside Burnt Hole Creek and the classy effort by Mike Hotchkis and Nigel Aylott to win by about 400 points.

1998, Lostock - A very soggy event beside the Paterson River, organised by Alan and Sonia, Richard and Nihal, was another memorable event for me. Many of the elite NSW rogainers were in Canada for the World Championships so I coerced a young, fit bushman in the form of George Takacs to support a last major effort at the Champs. And we didn't do too badly either, 2nd to Simon Angus and Matt Chamberlain; again the youths were just too fast and furious. One highlight was crossing a minor stream about 2am and George being swept downstream... he emerged about 20 metres away and fortunately it was a mild night.

1999, Brickmans Backyard - Bert set this course in Sydney sandstone terrain near Wollombi. With Julian Ledger and Geoff Bailey we aimed for a moderate effort, including a sleep at the hash house. Julian suffered a bit on the Saturday but was strongest of the trio on Sunday. Some basic rock-climbing just before dark at Daltons Defense was interesting. Four hours sleep put us out of the competitive group but we cleared all controls east of the road..

NSW Rogaining Association

Application for Membership &/or Newsletter Subscription

Surname:

First Name:

Address:

Town:

Post Code:

Home Phone:

Work Phone:

email:

.....

Date of Birth:/...../..... (Day / Month / Year)

Gender: Male Female (circle one)

Tick box for membership application.

I hereby apply to become a member of the NSW Rogaining Association. In the event of my admission as a member I agree to be bound by the rules of the association for the time being in force.

Signature:

Date:/...../.....

This is a renewal: Yes No (circle one)

I am interested in being a volunteer at an event. Yes No (circle one)

Membership is now on an individual basis and a separate application is required for all those 18 years or over to enter NSWRA events.

The membership fee is \$10. Membership is for a rolling 12 monthly period commencing from the time of application unless this is a renewal being made within 6 months of the expiry date of a previous membership in which case the commencing date is that expiry date.

Tick box for newsletter subscription.

Please post me a copy of the NSWRA Newsletter for the next 12 months.

The Newsletter subscription fee is \$10.

Please send this form together with a cheque or money order payable to “**NSW Rogaining Association**” either to :-

NSWRA Membership Secretary
220 Cordeaux Road
Mt Kembla NSW 2526

or with your entry to a NSWRA event.

WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney.

Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$70 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

If you are 18 years of age or over, to enter an NSWRA event you must be a current member of an Australian state rogaining association. In NSW the membership fee is \$10 per person and covers a 12 month period from the date of joining.

To join NSWRA fill out the form on the back of this page. Send it with the \$10 fee to the Membership Secretary or include it with your entry to an event. You can also take out a 12 month subscription to this newsletter at the same time.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianl@yhansw.org.au

NSWRA Secretary – Alan Mansfield: 9797 6773 (home) soniaamansfield@optusnet.com.au