

NEW SOUTH WALES

METROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 113

January 2006



COME TO THE HILLS DISTRICT METROGAINE



2006 ROGAINING CALENDAR

DATE	EVENT	LOCATION	CONTACT
26 Feb 2006	6 hour Metrogaine	Sydney Hills District	Janet Morris 9872 2914
8-9 April 2006	NSW Championships 24 Hour	Central West Goobang NP	Graeme Cooper 6772 3584
13-14 May 2006	Aust Championships 24 hours only	Barkly near Avoca, Victoria	Helen Alexander vra.rogaine.asn.au
18 June 2006	Paddy Pallin 6 hour		
19 August 2006	Lake Macquarie 6/12 hour		
13-14 October	World Rogaining Championships	Western NSW	Alan Mansfield 9797 6773
12 Nov 2005	6/12 hour Spring	ACT	act.rogaine.asn.au
19 November 06	Socialgaine 6 hour		
17 February 2007	Metrogaine 6 hour		

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and plan your next getaway

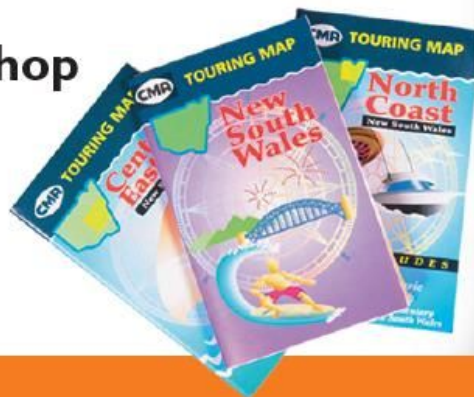
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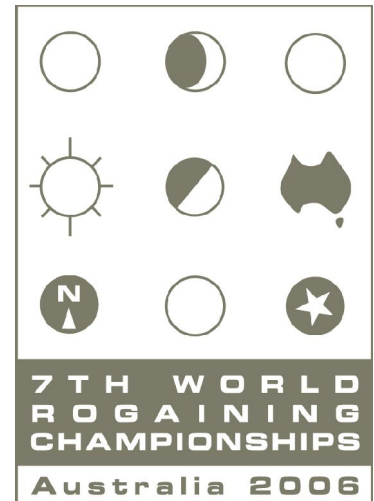


New South Wales Government

MESSAGE FROM MIKE (OUR 2005 PRESIDENT)

2006 is here – and what an exciting year this promises to be for sports! The Commonwealth Games in Melbourne. And the World Cup in Germany will be more interesting for Australians than it has been in recent years. But most importantly, the World Rogaining Championships returns to Australia for the first time since 1996, in October 2006. And it's in New South Wales!

Of course we all know that NSW offers the most exciting rogaining country in Australia. For the World Rogaining Championships we have chosen the best of the best. The exact location remains a secret, but not for much longer. Keep an eye on the website <http://www.rogaine2006.com.au>. Entries will open soon after details are released in February.



Changes to the Rules of rogaining

The Australian Rogaining Association conducted a review of the rules and technical standards last year. Readers may recall my requests for input to this process. As a result of the review some changes have been introduced, effective 1st January 2006. Two key changes are:

- All team members must approach to within 5 metres of each checkpoint they visit. The old rules allowed 20 metres; however it was felt that this distance was too uncertain and frequently got stretched to the extreme. Now the rule is clear: in rogaining, teams are expected to go together right to the checkpoint. It is unambiguous and fair for everyone. In a team of two, one can punch and the other can mark up the intention sheet, and you can't go wrong.
- There is now an Under-23 age category at the Australian Rogaining Championships. This is an opportunity for younger rogainers to compete directly with their peers from around Australia at the big event each year. The broad age range (14-23) will ensure that many teams qualify and will make for a hard-fought competition. And Under-23 teams will also be eligible for the Open category, so you have nothing to lose and everything to gain. This change applies to the next championship, to be held in May 2006 in Victoria. There will no longer be a Junior category at the national championships – past history has shown that it is not viable as few junior teams travel interstate. Other minor changes and updates have also been implemented. See the ARA website for the complete new version of the rules and technical standards, at <http://rogaine.asn.au/>.

NSWRA business

Our Annual General Meeting will be held at the conclusion of the Metrogaine on 26 February 2006. Please come along and be prepared to contribute to your sport. Currently we are looking for new committee members for several roles. Many hands make light work.

You'll find inside this newsletter some information about changes we have made to membership and newsletter subscriptions. This affects everyone. Hopefully it will make our processes simpler and clearer for everyone.

We encourage all members to sign up to our new email list. We plan to make this an important way for rogainers to keep in touch and know what's going on. Sign up and you can be sure you won't miss the next event entry deadline. Visit our website to sign up www.nswrogaining.org.

Mike Hotchkis (m_d.hotchkis@optusnet.com.au)

THE NSWRA COMMITTEE

President - Mike Hotchkis, 4294 1363 (home), m_d.hotchkis@optusnet.com.au

Vice President – *This position is currently vacant and seeking a volunteer*

Public Officer – Julian Ledger, 9261 1111 (work) julian@yhansw.org.au

Secretary – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Treasurer – Tony Maloney, 9978 9181 (work) Anthony_maloney@promina.com.au

Event Manager - Phillip Groom, 4570 1249 (work), 4578 2278 (home) p.groom@uws.edu.au

Membership Secretary – Ian Almond, 220 Cordeaux Road, Mt Kembla NSW 2526
4271 7465 (Home) 4275 4105 (work), almondir@tpgi.com.au

Newsletter Editor – Julie Bacon, 4681 9537 (home) titianj@bigpond.com

Webmaster – Graeme Cooper, 6772 3584 (home), graeme_cooper@northnet.com.au

Publicity Co-ordinator - Graham Millar 9975 4240 gmillar@ozemail.com.au

Safety Officer – Richard Sage, 9564 2126 (home), danis-sage@bigpond.com

ARA Representative – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Volunteer Co-ordinator – Graeme Cooper 6772 3584 (home), graeme_cooper@northnet.com.au

Equipment Officer – Paul and Deb Stein, 54 Campsie Street, Wilton 4630 9545, 0419641002;
pauldeb@bocnet.com.au

General Committee – *Two positions are currently vacant.*

NSWRA ANNUAL GENERAL MEETING – YOUR CHANCE TO JOIN THE COMMITTEE – NEW BLOOD WELCOME

With the Annual General Meeting of the NSW Rogaining Association fast approaching (it will be held after the event on 26 February) it would be wonderful to see some new faces on the Committee this year. The current committee are a fabulous hard working bunch, but some are getting a little tired and could do with a rest, or just a few more people on the committee to spread the workload.

There is always room for a new approach and new ideas to inject some variety into the running of the organisation.

Don't be shy, please put your name forward, you will be welcomed with open arms and will get to know some wonderful rogainers a whole lot better. The nomination forms for the Committee are an insert to this newsletter.

Remember – Many hands make light work.

NorthWest Hills Metrogaine - Enter Now

This year's Metrogaine will be held on the Northwest edge of Sydney's suburbia, less than an hour from the center of Sydney. It is a 6 hour event commencing at 10.00am on Sunday, 26 February 2006. It will include some attractive bushland areas, as well as a tangle of streets and parks. There will be distant views and a little bit of history.

The course will include suburban streets and bushland reserves. There will be extensive views, surprising bushland tracks, some creeks to cross, historical reminders and lots of ups and downs. It will be up to you whether you choose streets or bush. There will be a course for everybody.

As with previous Metrogaines there are no flags at the checkpoints. With your map you will be given a clue sheet with a set of questions and a choice of answers. When you arrive at the checkpoint you will be able to choose the correct answer. The checkpoints, as usual will have varying values to your choice of route will determine your final score. Entry forms enclosed.

We now have volunteers for all the main positions but there is still a need for lots of helpers on the day in Admin and the Hash House.

Please call our Volunteer Co-ordinator, Graeme Cooper (6772 3584), Organiser Simon George 9487 4287, Janet Morris (9872 2914) or Administrator, Melvyn Cox (9817 3077) if you can assist

THE GOOBANG ROGAINE 8-9 APRIL 2006

The NSWRA's autumn rogaine will be held this year in the Goobang National Park near the town of Peak Hill which is on the Newell Highway in the central west of NSW. This event will this year include the NSW Championships as the October date is taken by the World Rogaining Championships.

You will have the choice of three event durations, 6 hour , "15 in 24" hour as well as the 24 hour Championship. Truly something for everyone!

All event options start at midday on Saturday 8th April. The 6 hour option finishes at 6pm Saturday, the others at 12 noon on Sunday. Teams entering in the 15 in 24 hour option must spend a total of at least nine hours off course at the main Hash House. The off course time can be broken and lie anywhere between the start and the finish times.

The Goobang National Park contains some wonderful rogaining country. The topography varies from complex spur-gully to large flat areas. The climbing is moderate (much less than Nowendoc or Gundy!) and the vegetation is very friendly. The whole area was burnt in 2001. It is now a green wonderland offering mostly fast walking conditions.

The course has been designed to allow two efficient loops to be made from the start. This is an important consideration for the 15 in 24 hour option. An "All-night cafe" will operate in a central part of the course. The Hash House site is close to a main road and will provide good level camp sites. You will be able to camp there both before and after the event. You should consider making this an extended trip as there are a number of nearby interesting places to see including the Western Plains Zoo and the Parkes Radio Telescope.

The contact person for this event is Graeme Cooper, 02 6772 3584, graeme_cooper@northnet.com.au

Entries to this event should open about the middle of February. Watch the web site! Subscribe to "Notices"!

7TH WRC AUSTRALIA - FRIDAY THE 13TH AND SATURDAY THE 14TH OF OCTOBER 2006

The World Championships website is now online at <http://www.rogaine2006.com.au> with detailed entry information available from 1 February 2006 and entries opening on 1 March. You are welcome to contact us with suggestions or if you would like to contribute to the event in any way.

BARKLYS HOPE AUSTRALIAN ROGAINING CHAMPIONSHIPS

13-14 MAY 2006

The Victorians invite you to

THE AUSTRALIAN ROGAINING CHAMPIONSHIPS

13-14 MAY 2006

Information & Entries www.vra.rogaine.asn.au



220km NW Melbourne
Picturesque Pyrenees
Open Bush & Farmland
Local Wineries
Food Fri pm - Sun pm
Special Sunday Lunch
1: 30 000 Map

'Barkly's Hope' 24 Hour Experience

Starting midday Saturday, 13 May and finishing midday Sunday, 14. No other courses will be run. Maps will be issued at 9.00am. The event will be held at Barkly (near Avoca) 220kms west of Melbourne. Approx 2.4 hours travelling time from Melbourne.

The course covers 245 sq kms of which 90 sq kms include two state forests with open bush. The rest is open farmland with areas of light bush. There are about 100 land owners, one hotel, approximately ten wineries and two towns in the area. The terrain is undulating to steep with a relief of 350 metres. Rocky ground may be encountered on some of the steeper slopes, but good progress can be made through these areas.

All creeks and watercourses are dry. Drought or no drought this areas receives very little rain at the best of times. The only good water out on the course will be the water points and maybe a few dams if using purifying tablets. **So please – Bring your own water!!**

The approximate maximum/minimum temperatures should be 16°C-18°C and 4°C-8°C so bring warm clothing. Camping will be available from Friday afternoon to late Sunday. For other than camping at the hash house (Barkly Public Hall) call the Pyrenees Shire Regional Booking Service 1800 206 622.

Competition

On the Saturday afternoon the organisers are planning to hold a Petanque competition for volunteers and competitors families.

Tribute

The organiser advises "I will be dedicating this Australian Championships to the late Nigel Aylott. Nigel had offered to be my coordinator for this event, (but still wanted to compete), however as fate often takes a hand in life this was not to be. As it turns out, Nigel was in the teams that won both the rogaines in this area. So it will be fitting to hold the Championships in this part of Victoria."

For further information contact Helen Alexander – helena@aapt.net.au.



VOLUNTEERS FOR UPCOMING NSWRA ROGAINES

The table below shows the positions that need to be filled if the rogaines we have planned for you over the coming year are to meet your expectations. Most of you go to no more than two events a year. This leaves you plenty of scope to add one more to your calendar where you come along to help.

As you can see, volunteers are urgently needed for hash house and admin assistant duties at the Metrogaine and the Goobang event.

To add your name to the list below, please contact the Volunteer Co-ordinator, **Graeme Cooper, Ph: 6772 3584 or email**

graeme_cooper@northnet.com.au

	Metrogaine 6 hour 26 February 2006	Goobang 6/15/24 Hour 8-9 April 2006	Paddy Pallin 6 hour 18 June 2006	Lake Macquarie 6/12 hour 19 August 2006	World Rogaining Championships 13-14 October 2006
Organiser	Simon George	Graeme & Vicki Cooper			Alan Mansfield
Administrator	Melvyn Cox	Belinda & Andrew Pope			
Admin. Assistants					
Course Setter	Janet Morris	Graeme Cooper Barry Brandon	Michael Watts Nigel McDonald Nicole Sellin		Mike Hotchkis Trevor Gollan George Collins Julian Ledger
Vetter		Reddall Leslie			Tony Maloney
Flag Retrieval	Not required				
Hash House Leader	Chris Cowie		1 st Waitara Scouts		1 st Waitara Scouts
HH Assistants		John Mackay Barry Brandon			
Site Staff		Charlie Thomson			David Sigley Andy Mein
Photographer					
Safety Officer					

SIX HOUR SOCIALGAIN – 20 NOVEMBER 2005, WOLLONGONG

SUBLIME TO THE RIDICULOUS

“... that competitors, organisers and all concerned should enjoy their participation” is the first general objective listed in the Rod Costigan book ‘Organising a Rogaine’. I hope this was your experience as it was for many based on the feedback we received.

The results and some photos have been posted on the NSWRA web site and I hope many of you have been able to have a look.

One of the main features of this event was the concept of themes included in the course design by Trevor Gollan - who is the person to blame for the complex algorithm that provided an extra challenge in both route planning and scoring. “It seemed simple to me!” is Trev’s defence.

Originally intended as a way for kids to get extra points and for the relaxed rogainers to savour their cappuccino without point score remorse, the four themes presented different route options, helping to focus and disperse people to different parts of the course.

Since the event was a *Socialgaine*, its reasonable that over half the teams selected, the easy points offered by the Café theme – 450 points for three easy controls would have been my choice too! Every team selecting this theme collected all three theme controls for 300 bonus points but in the spirit of the Café theme we awarded the prize to the team with the lowest total score. Perhaps this was the team that bought a dress in Austinmer?

And who would be crazy enough to select the eXtreme theme and have to visit all corners of the course for controls worth only 30 points? Surprisingly (to me) this was the second most popular theme and included the overall winning team of Richard Green and Joel Mackay. However, only the winners and the team of Graeme Hill and Anne Newman managed to visit all four eXtreme controls for 360 bonus points.

The Kids theme had an extra requirement for teams to include someone under the age of 10 and provided a tour of surrounding playgrounds. Andrew and Maggie Corrigan lead the oldies in their team to victory, collecting all 5 Kids controls for 400 bonus points. Reports indicate that ice creams were used as motivational rewards.

The History theme looked pretty tough with seven scattered controls worth a measly 10 base points. However, the maximum score possible for the course, 1880 points, could only be achieved by choosing the History theme with a possible 420 bonus points. Bronwyn and Paul Batten were the only team to gain the maximum bonus points which meant an out-and-back climb to the old weir on top of the mountain.

In addition to the theme concept, another variation from standard rogaining rules was to allow travel by train. John Barnes and Mardi Beat made the most of this feature by claiming control 23 as they passed by in the train.

As a competitor I’m always keen to go back for another rogaine and similarly I’ve also enjoyed my experiences of being involved with helping to run an event. As coordinator of this event, it was very encouraging to have a full team of volunteers from the early planning stage.

Lucy Temple-Smith and Andrew Palmisano took on the responsibilities of Administrator and Caterer respectively with no prior experience and did great jobs. Trevor Gollan brought years of experience to the team leading our group of course setters, being my mentor and contributing much of the flavour to the event.

SIX HOUR SOCIALGAIN – 20 NOVEMBER 2005, WOLLONGONG SUBLIME TO THE RIDICULOUS (Continued)

Others that helped to provide this event were: Ted Booth, Joce Booth, Phil Allen, Phil Whitten, Scott Hamilton, Bob Bartle, John Guilly, Chris Moore, Greg Knight, Elouise Peach, Bronwyn Wilson, David Green, Dayle Green, Richard Connors, Rob Watson, Rod Doyle, Peter Almond, Colin Taylor, National Parks & Wildlife Service and Woonona High School.

Thanks to all who participated.

Ian Almond.



The boatsheds near Bulli Point - Control 52

Phillip von Huben, Elisa Idris and Laura Eadie in the rainforest behind Austinmer between Controls 40 & X1.

Their smiles say it all, rogaining is such fun.

We hope to see you all in the Hills District next month.



What a great day for a rogaine.

What a great location for a rogaine.

What a great idea to have all those different themes and choices.

How fabulous to cater especially to the children.

And look how many willing workers there are in Wollongong.

Congratulations to you all.

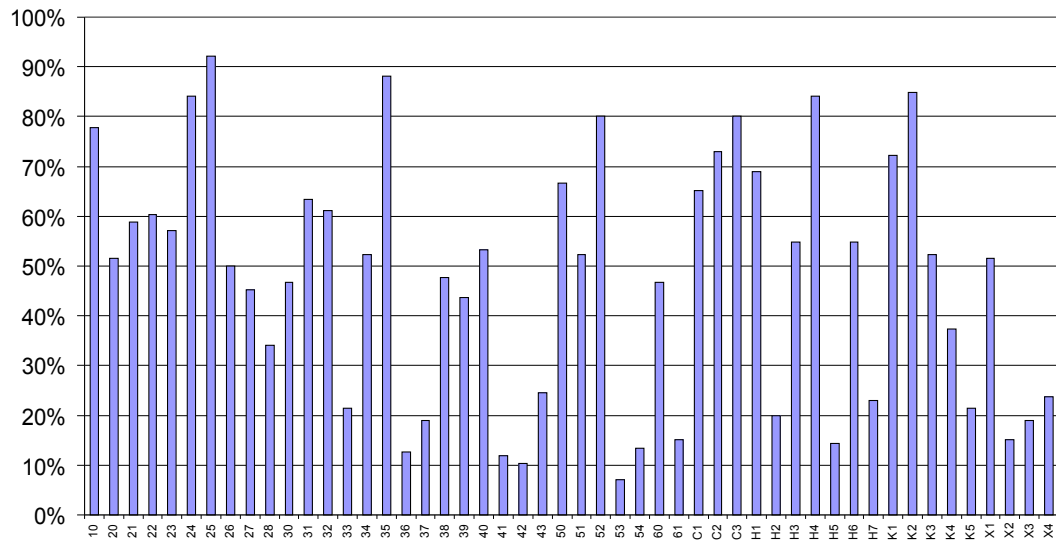
AN ALTERNATE SOURCE OF YOUR EVENT INFORMATION PACK

Are you going to enter an event? Will you be using the web to obtain the "Event Information Package" in the week before the event? If so please take note that these packages will from now on be placed on two web sites. If you have trouble with our own web site, "www.nswrogaining.org", try "<http://ntoc.asn.au>". On the NTOC site look for a link on the left side of the home page."

THE SUBLIME TO THE RIDICULOUS SOCIALGAINЕ RESULTS – 20 NOVEMBER 2005

Team	Team Members	Score	Time	Regular Rogaine Categories												Themes				
				O	M	W	X	V	SV	J	N	F	MV	WV	XV	C	K	H	X	
74	Richard Green, Joel Mackay	1620	5:59	1	1															1
128	George Benedum, Lawrence Ferrandez, Bruno Serret, Didier Vellin, Marie Vellin	420	4:53	117			76					8	22						16	
7	Melanie Boomer, Patty Correll, Barry Drake, Vinay Rao	400	5:59	118			77													17
121	Sean Cale, Nathan Hadfield, Louise McMahon, Nick Skelton	390	6:00	119			78				9									18
5	Anthony Pettit, Betty Pettit	370	5:25	120			79	36	9						23				17	
56	Ian Crakanthorp, Julie Gray, Peter Gray, Jeff Horton	370	6:04	121			80													19
123	Amanda Seymour, Martin Seymour	280	5:59	122			81													20
99	Cassandra Stein, Debbie Stein, Jade Stein, Paul Stein	270	5:21	123			82					23							13	
76	Jenny Clark, Peter Tuckwell	Late																		
84	Jeff Ayres, Carl Mistler, Melanie Oliver, Trent Oliver	Late																		
104	Aaron Hodges, Simon Hodges	Late																		

NSWRA 2005 Socialgaine - %Teams Visiting Each Control



FROM A NEW GENERATION ROGAINING CHAMPION

This is just a quick note to the organisers of the 2005 Socialgaine, Wollongong.

My name is Andrew Corrigan and I was lucky enough to be in the team that won the "kids" prize of camping gear. The tent has been up since I got home and the chair and sleeping bag have been very useful as well. I would like to say a very big thank you to everyone for the great prize and the fun event. The food at the hash house was really yummy,

My auntie got us lost at the very start, so my sister who is 11 years old and me (9 years old) took over the navigating and luckily we were able to keep the oldies on track for the rest of the day. It is hard work baby sitting the older generation, but I think they had fun as well, and they certainly enjoyed the ice creams they bought us.

We are already looking forward to next years Metrogaine as this will be our fifth event, and hopefully we will beat dad this time.

Thanks, Andrew

CHANGES TO MEMBERSHIP RULES AND NEWSLETTER SUBSCRIPTION

Commencing on 1st January 2006, the NSW Rogaining Association has made some changes to the membership and newsletter subscription rules. In brief ..

1. Membership is now only available to individuals.
2. The printed Newsletter is no longer linked to Membership.
3. If you are under 18 years of age, you no longer have to be a NSWRA member to enter a NSWRA event.

The new policy and rules are ...

1. It is NSW Rogaining Association (NSWRA) policy that all entrants to NSWRA events 18 years of age or over on the day of the event must be members of an Australian state association. In NSW, membership fees cover the cost of insurance and Australian Rogaining Association (ARA) affiliation fees.
2. The "Paddy Pallin" 6 hour event held each year in June is run by the NSWRA for the Paddy Pallin organisation. It is not necessary to be a rogaining association member to enter this event.
3. The membership fee of \$10 covers a 12 month period. For new members the period commences from the date of the event at which you joined or the date we receive your membership application.
4. To receive a printed newsletter you will need to take out a subscription costing \$10 per annum. The 12 month subscription period will commence from the date at which we receive your application form and fee.
5. Any individual, household or family will continue to receive the printed newsletter until their current membership expires.
6. To join the NSWRA and/or take out a Newsletter Subscription, fill out the form included in this newsletter and send it with your payment to the Membership Secretary.

NOT A BAD SCORE, TREV - EPISODE II

(This is the second episode of Trevor Gollan's Story of 20 Years of Rogaining)

1987, Greenwich Park. Excellent rogaining countryside near Goulburn set by Bert Van Netten. Teamed with another ANSTO person in Garth Hogg we didn't do anything wrong except being too slow. Came 6th, one place behind Watterson and Ripley, a quantum gap behind the Victorians. My biggest lesson from the weekend was to get more sleep before driving home – never since have I driven in such a weary condition.

1988, Hampton. Warwick Marsden's event included high country above Jenolan and big, big hills into the Cox's Valley, as anyone who's done the 6-foot track would be aware. With another ANSTO workmate, George Collins, we put in the effort, mistimed our finish, jogging the last hour without any points and finished a respectable 3rd to Watterson and Ripley. Perhaps they won because they declined the 700m drop into the valley. Apart from some rather hairy midnight struggles with a waterfall on the side of a cliff, it was a pleasant mix of bush, farm and pine.

1989, Murrumbo. Upper Goulburn River between Denman and Mudgee was my first attempt at organising a rogaine. An exceptional area which I'd like to use again, our course-setting camp was the same as the hash-house site for the 2004 Nav Shield at Kerrabee. We introduced the 16-hour concept, to tempt people towards the longer event, but rewarded the 24-hour by giving every team a bottle of port. I really liked the geographic diversity, the railway tunnel, pine-thicket valleys, Goulburn River, the view from the top of the volcanic plug, and that Dianne van Netten won.

1990, Copeton Dam. The most distant NSW Champs, near Inverell, organised by the Coopers. I was teamed with compatriots from my new workplace in Wollongong and learning to be non-competitive. Jim Meek, Peter Day & I wandered the granite, extracted tiger-pear spears with our pliers, watched the most surreal moon-rise as the blood-red moon hung like a hot-air balloon, suspended in bushfire-tainted cloud layers, as we strolled the wall of the dam back to a luxurious hash house. Watterson & Ian Dempsey put on one of the more dominant performances I've encountered, way ahead of any other participants.

NSW Rogaining Association

Application for Membership &/or Newsletter Subscription

Surname:

First Name:

Address:

Town:

Post Code:

Home Phone:

Work Phone:

email:

.....

Date of Birth:/...../..... (Day / Month / Year)

Gender: Male Female (circle one)

Tick box for membership application.

I hereby apply to become a member of the NSW Rogaining Association. In the event of my admission as a member I agree to be bound by the rules of the association for the time being in force.

Signature:

Date:/...../.....

This is a renewal: Yes No (circle one)

I am interested in being a volunteer at an event. Yes No (circle one)

Membership is now on an individual basis and a separate application is required for all those 18 years or over to enter NSWRA events.

The membership fee is \$10. Membership is for a rolling 12 monthly period commencing from the time of application unless this is a renewal being made within 6 months of the expiry date of a previous membership in which case the commencing date is that expiry date.

Tick box for newsletter subscription.

Please post me a copy of the NSWRA Newsletter for the next 12 months.

The Newsletter subscription fee is \$10.

Please send this form together with a cheque or money order payable to “**NSW Rogaining Association**” either to :-

NSWRA Membership Secretary
220 Cordeaux Road
Mt Kembla NSW 2526

or with your entry to a NSWRA event.

WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney.

Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$70 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

If you are 18 years of age or over, to enter an NSWRA event you must be a current member of an Australian state rogaining association. In NSW the membership fee is \$10 per person and covers a 12 month period from the date of joining.

To join NSWRA fill out the form on the back of this page. Send it with the \$10 fee to the Membership Secretary or include it with your entry to an event. You can also take out a 12 month subscription to this newsletter at the same time.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianl@yhansw.org.au

NSWRA Secretary – Alan Mansfield: 9797 6773 (home) soniaamansfield@optusnet.com.au