

NEW SOUTH WALES **R**OGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Issue 106

November 2004



WINNERS ARE GRINNERS!!

**KIM & BERT VAN NETTEN - WINNERS OF THE FAMILY CATEGORY IN THE 24 HOUR WITH
JEREMY CHALLACOMBE, FIRST PRESIDENT OF NSWRA**

www.nswrogaining.org

2004/5 NSW AND ACT ROGAINES

DATE	EVENT	LOCATION	CONTACT
21 November 04	Socialgaine	Terrigal	John Barnes
28 November 04	ACT Spring 6/12	Namadgi Nat Park	ACTRA
27 February 05	Metrogaine	Como/Georges River	
March 2005	ACT Paddy Pallin	??	ACTRA
23 April 2005	Autumn 12 hour	North of Newcastle	
May 2005	ACT Championships	??	ACTRA
19 June 2005	Paddy Pallin	To be advised	
20 August 2005	6/12 hour	Lake Macquarie	

INTERSTATE AND OVERSEAS ROGAINES

DATE	EVENT	LOCATION	CONTACT
21-25 May 2005	Australian Champs	Far North NSW	Qld Rogaining



TopoView

New South Wales Topographic
Map Series 1969-1991

For mailing OR for more information
on this product, or any product in
our extensive range of CD-ROM Sets,
please contact:

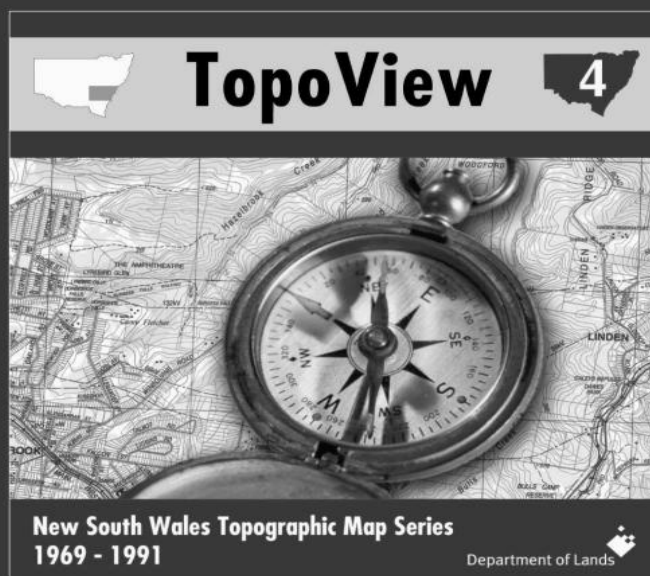
Department of Lands
PO Box 143
BATHURST NSW 2795
T (02) 6332 8123
F (02) 6332 8299

www.lands.nsw.gov.au

The Sydney Map Shop
23-33 Bridge Street
SYDNEY NSW 2001
T (02) 9228 6464
F (02) 9221 5980

Department of Lands

Available NOW on CD



MESSAGE FROM MIKE (OUR 2004 PRESIDENT)

Just got back from the NSW Rogaining Championships. It rained most of last week, and pelted down on the way home after the event. But for the event itself – fine and sunny, if a bit humid from all the dampness in the ground. Good to see plenty of green grass in the Hunter Valley.

We were back at Gundy for this event. Since our Australian Champs there back in 2000, they've built a beautiful barbecue shelter with toilets and showers at Gundy Showground! You might think they built it just for us, it made such a perfect spot for the Hash House. Again we were made welcome by the local landowners.

The Hash House is where I was stationed for the event, helping a great team led by John Keats. From much past experience, John has the details of recipes and quantities calculated with high precision. He knows what rogainers are going to eat, down to the nearest potato. Participants also kept the All Night Café crew very busy, all night.

As last time, Graeme Cooper created a challenging course and made a beautiful map. Plenty of contours, that's what I like to see. I remember it well from last time, as that event in 2000 represented the pinnacle of my rogaining career. To date, that is.

My job included looking after water drops. Here I owe a few teams an apology. We were a little tardy in getting out to the drop in Oaky Creek. With the warmth and humidity, and all those contours you had to cover, you consumed nearly 200 litres of water by 7pm. I understand we were about ½ hour late getting there with a re-supply. We replaced it all, checked again at midnight, only to find either you had given up drinking or you'd gone to explore another part of the map. Only about 50 litres went during the rest of the event.

We have a tight schedule for this newsletter, as the next event is less than 4 weeks away. So it's possible the NSW Champs results and other accounts will not make it to this newsletter. Please see our website for those reports (www.nswrogaining.org). Thank you to all who contributed to a great event. And congratulations to the overall winners Ian Brown and Parrish Robbins, who did justice to Graeme's course by nearly covering the whole map.

Winners and volunteers were rewarded with prizes donated by local farmer and writer Patrice Newell. Lovely biodynamic olive oil, made by hand from their own olives. And copies of her latest book *The River*, made by Penguins.

Quote of the month:

"These rogainers, they're a very civilised lot" – broadcaster and local landowner, Phillip Adams, on visiting the Hash House at the NSW Champs.

...

The next event is the Socialgaine, a relaxed 6 hour event around the beaches, hills, bush and streets of the Terrigal area. See details within. Don't miss it.

The event calendar for next year is shaping up well, with 6 events organised by NSWRA. If you're able to help out at one of these, please let volunteer coordinator Phil Groom know (contact details inside).

On 21-22 May 2005, the Australian Rogaining Championships will be held in northern NSW, organised by the Queensland Rogaining Association. We're considering running a bus from Sydney for this. Please let Alan Mansfield know if you'd be interested in catching it.

Mike Hotchkis (m_d.hotchkis@optusnet.com.au).

THE COMMITTEE - 2004

President - Mike Hotchkis, 4294 1363 (home), m_dhotchkis@optusnet.com.au

Vice President – *This position is currently vacant and seeking a volunteer*

Public Officer – Julian Ledger, 9261 1111 (work) julian@yhansw.org.au

Secretary – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Treasurer – Tony Maloney, 9978 9181 (work) Anthony_maloney@promina.com.au

Event Manager - *This position is currently vacant and seeking a volunteer*

Membership Secretary – Ian Almond, 220 Cordeaux Road, Mt Kembla NSW 2526 4271 7465 (Home) 4275 4105 (work), almond@tpgi.com.au

Newsletter Editor – Julie Bacon 4681 9537 (home) titianj@bigpond.com

Webmaster – Graeme Cooper 6772 3584 (home), Graeme_cooper@bluepin.net.au

Publicity Co-ordinator - Graham Millar 9975 4240 gmillar@ozemail.com.au

Safety Officer – Richard Sage, 9564 2126 (home), danis-sage@bigpond.com

ARA Representative – Alan Mansfield, 9797 6773 (home), soniaamansfield@optus.com.au

Volunteer Co-ordinator – Phillip Groom, 4570 1249 (work), 4578 2278 (home)
p.groom@uws.edu.au

Equipment Officer – Paul and Deb Stein, 54 Campsie Street, Wilton 4630 9545, 0419641002;
pauldeb@bocnet.com.au

General Committee – *Two positions are currently vacant and seeking volunteers*

Volunteers Corner

As I am writing this article I have just driven back from another successful NSW Championship event. A big thank you to all the people who helped out. In particular those people who prepared and served food in the Hash House and the All Night Café, the administration team, event photographer and the flag retrievalists. And of course a big thank you to the setters and vetters, who put so much work into making sure the NSW Champs was a success.

When you next visit the NSWRA website, remember to click on the 'Current Vacancies' link on the main page to view the volunteering roles required to be filled for upcoming events [The direct link is <http://www.nswrogaining.org/AboutEvents/Workers/Volunteers.htm>]. PLEASE consider helping out at rogaing events. We still need volunteers for the next two events – the Socialgaing (Nov 2004) and the Metrogaing (Feb 2005). We also need volunteers for all next year events.

Again, a big thank you to everybody who volunteered in 2004. All help at a rogaing is greatly appreciated.

For more information I can be contacted on Ph: 4578 2278 (H) or 4570 1249 (W) or email.

Philip Groom, Volunteer Co-ordinator p.groom@uws.edu.au

Volunteers required for upcoming NSWRA Rogaines

To add your name to the list below, please contact the Volunteer Co-ordinator Philip Groom, Ph: 4578 2278 (H), p.groom@uws.edu.au

Socialgaine 6 hour 21 November 2004	Metrogaine 6 hour 27 February 2005	Autumn 12 hour 23 April 2005	Paddy Pallin 6 hour 19 June 2004
Organiser	Organiser		
John Barnes Mardi Beat			
Administrator	Administrator		
	Nigel McDonald Nicole Sellin		
Admin Assistants	Admin Assistants		
Eric, Barbara & Linden Barnes			
Trish Beat			
Phillip Groom			
(3-4 people)	(3-4 people)		
Course Setters	Course Setters	Course Setters	Course Setters
John Barnes	Rollie Burford	Ross Duker	Michael Watts
Mardi Beat	Jitka Kopriva	Lesley Taylor Marilyn Ferris	Julian Ledger
Vetters	Vetters	Vetters	Vetters
Andrew Perry			
Flag Retrieval	Flag Retrieval	Flag Retrieval	Flag Retrieval
	N/A		
Hash House Team	Hash House Team	Hash House Team	Hash House Team
1st Waitara Scouts		Graham & Phillipa Millar	
		Sally & John Kell	
		Richard Smythe	
Site Staff	Site Staff	Site Staff	Site Staff
Photographer	Photographer	Photographer	Photographer

Last updated 27 October 2004

Many thanks to those who have volunteered

NIGEL AYLOTT - 1966-2004



Nigel on the occasion of winning the NSW Rogaining Championships at Gurnang in 1997.

It's with sadness I report on the death of Nigel Aylott, in a tragic accident in an adventure race in the US on 22 September. Nigel was unfortunately struck by a large boulder while descending steep rocky ground. His team was leading the race, on a navigation leg of the Subaru Primal Quest, in the Cascade Range in Washington State.

Nigel will be sorely missed by many. On behalf of the NSW Rogaining Association Committee and members, I would like to extend our condolences to his family and friends.

Amongst his many sporting achievements, Nigel was a champion rogainer with wins at state, national and world championships. He was an active volunteer who worked with great enthusiasm and energy for the Victorian Rogaining Association and the Australian Rogaining Association. Living in Melbourne, he was known to many in the rogaining, running and adventure racing communities across Australia and overseas.

Nigel did extraordinary things, all with an unassuming modest manner and good humour. Things like paddling solo across Bass Strait. Winning team four times in Tasmania's 3 Peaks race, achieving the course record one year. Many many 100km races and ultra-marathons including the 6 Foot Track Marathon. Also many adventure races including placings in great international events like the Ecochallenge and Subaru Primal Quest. His successes led to his resigning his job at Telstra, aged 37, to pursue his sports full-time. Most athletes have long since retired at that age, but Nigel was just getting warmed up!

I met Nigel on many occasions, at Australian and World rogaining championships and other events. It's been said, if you just mentioned a race to Nigel, then he'd be there. He thrived on the challenge. Back in 1997 I was looking for a partner for the NSW Rogaining Champs. Somehow I guessed Nigel wouldn't be put off by the long trip up from Melbourne. So we teamed up, and won by a wide margin.

Sometimes seeing a track leading up a fine-looking mountain is challenge enough. I met Nigel once, half way up Whistler Mountain in the Canadian Rockies. Nigel was out for a jog up the mountain, a 1200m ascent. So was I. I couldn't help feeling that he and I were kindred spirits, to think of doing the same thing. This was just one week after he had won the World Rogaining Champs at Douglas Lake, British Columbia, in spectacular fashion, in near 40° heat, teamed with Finnish rogainer, Iiro Kakko. Following the event, various Aussie participants went touring, and Nigel and I just met by chance on that mountain a week later.

When it came to rogaines, Nigel was on a long quest for his ideal rogaining partner – someone who could match his physical endurance. I'm not sure if he ever found that person, but in his quest he introduced a number of great runners to rogaining over the years. Although I wasn't a match for him fitness-wise, I thought some day we would team up again, and maybe have a re-run of the NSW Champs. Sadly his tragic accident has intervened.

Mike Hotchkis

OPEN DAY IN THE STATE FOREST



Rebecca and Alistair George advertising the delights of rogaining at the recent State Forests Open Day at Cumberland State Forest in West Pennant Hills

Once we had explained that face painting was not compulsory before an event (though many look like they found the Artist-With-the-Black-Brush by the finish), handed out bumper stickers to the kids and spare maps to the bigger kids we had quite a bit of interest in our stall.

Having nothing much prepared it was amazing what Walter and Nihal could do with 20 minutes, a roll of sticky tape and a few spare maps to transform our stall into one of the most spectacular displays there. Well OK, so maybe the trapeze artist was a tad more spectacular, but you can't win 'em all.

We even had a "typical" back pack with its contents strewn across the table for interested eyes, but I'm afraid that the inclement weather meant that these were gradually worn and eaten as the day wore on. Add in a bunch of very enthusiastic rogainers and all we needed were the customers.

A cold, overcast day meant for a slow start, with all our early visitors being fellow stall holders, but as the day wore on we had a continuous stream of interest. Not that passers' by had much choice – if Walter's "So why don't you ask something?" didn't suck them in Nihal's "Don't go there – you want to talk to us" as they tried to bypass us en route to the Orienteers' stall would get them.

Just add in Caesar and Ruby wagging their tails at everyone in sight and we (hopefully) made quite a few new converts.

Many thanks to all the usual suspects who helped out – Nihal, Ruby, Jo Parr, Rebecca, Alistair, Richard Sage and Alan Mansfield (who paid the price of passing by at an inopportune moment). It was a great way to promote rogaining to people who may not otherwise have come across our sport.

Sue, Walter and Caesar

METROGAIN 2005- 27 FEBRUARY- COMO/GEORGES RIVER

Another Metrogaine that will make use of one of Sydney's finest attributes its water ways.

Navigation may not be as challenging as a bush event however selecting a route around the waterways whilst fitting in the essential ice cream and coffee stops will bring some challenges.

Like all Metrogaines it will be an event for those with ambitions to win and willing to run 40 plus kilometres and those taking children out for some fun and every one in between.

The associations Annual General Meeting will be held immediately after the event usually whilst the scorers are doing their thing with the Metrogaine results.

See you there.

Alan Mansfield

2005 AUSTRALIAN ROGAINING CHAMPIONSHIPS-SOUTH EAST QUEENSLAND 21st and 22nd of May 2005

NSWRA Coach - bus not trainer.

Do you have a ticket to ride?

NSWRA will run a coach to the Australian Championships.

Whether you are competitive or a participant rogainer by nature this is the wisest way to travel to an event this far from home if you are going just for the weekend.

The event site is inland of the Great Dividing Range straddling the Queensland and NSW borders.

Details later however we can say this much the coach will leave Sydney at approximately 12:00 on Friday the 20th of May 2005 and most likely leave the event site at 14:00 on Sunday the 22nd of May 2005. This would allow for a good night's sleep prior to the event and an arrival back in Sydney on the Sunday night of about midnight.

When the ACT Rogaining Association last hosted the Australian Championships the alternator failed on the NSWRA coach to that event at Parramatta Railway Station and a Friday night drunk tried to help the coach driver fix it! He did not fix it! Cannot do much about drunks however we will select a larger coach company, - read more expensive, this time.

Come and help Mike Hotchkis, Rob Vincent and our other competitive rogainers score well in the Interstate Championships. Otherwise go along to the Australian Championships which are always hosted somewhere out of the way and with their own exciting atmosphere.

Alan Mansfield

nswrogaining@optusnet.com.au

PS: Watch our website and the QRA website for more information <http://www.qldrogaine.asn.au>

THE 2004 NSW ROGAINING CHAMPIONSHIPS

23 - 24 October, Gundy, 24 hours with 15 in 24 hour option

Apologies to all those competitors who would have liked to have placed an article on their performance in these championships in this newsletter. Unfortunately we had to bring our deadline forward in order to give you all time to enter the Socialgaine.

Also some people may find that they have paid their fees (or joined for the first time) at the NSW Championships, but have come up as unfinancial. We didn't give our hardworking Membership Secretary time to update his records before we sent out this newsletter, but rest assured the matter is in hand.

Remember this newsletter belongs to all the members of the New South Wales Rogaining Association so if you have something of interest you would like to pass on to other rogainers, or if you wish to give us your views on rogaining in general or a particular rogaïne you competed in, please email it off to me, I'll be pleased to include it.

Also if you wish to enter a rogaïne and don't have a partner, contact the organiser or a member of the committee and we'll pass your names on to other people in the same boat.

More information and photos from Gundy are on the NSWRA web site www.nswrogaining.org.



Belinda Thorne & Sarah Zardawi, on their way to being the winners of the 15 in 24 hour Novice Section.



David & Rose Coysh - winners of the Family category in the 15 in 24 hour course.

Results of 2004 NSW Championships held on 23/10/2004 at Gundy

Date of Printing: 08/11/2004

24 hour Course

Team	Names	Score	Time	Open	Men	Women	Mixed	Veteran	Super Vet	Junior	Novice	Family
95	Ian Brown, Parrish Robbins	2590	11.58	1	1			1				
105	Paul Fahey, Shawn Wright	2230	11.08	2	2							
90	Andrew Haigh, Nicole Haigh	2220	11.43	3			1					
113	Wayne Eliot, Adam Richards	2200	11.06	4	3							
18	Joel Donney, Greig Scott, Jenny Scott	2150	11.16	5			2					
104	Andrew Ric Smith, Darren Smith	2010	10.51	6	4							
45	Matt DeBelin, Michael Meryment	1970	11.17	7	5							
36	Joanna Boyd, Alex Debono, William Landers	1960	11.37	8			3					
24	Jordan Lefmann, Patrick Mickan	1930	11.54	9	6							
50	Bob Kimbrey, Paul Stein	1910	11.4	10	7							
29	Cliff Harris, David Jones	1880	10.56	11	8			2				
101	Wayne Cotton, Paul Davis	1840	10.55	12	9							
9	Robert Newbrook, Suzanne Scott	1780	11.33	13			4	3				
35	Gary Ferris, Mark Garret	1730	11.22	14	10							
1	Bert van Netten, Kim van Netten	1710	10.54	15			5					1
30	Brad Davis, Scott Dells	1610	10.33	16	11							
31	Wayne Davis, Reddall Leslie	1580	10.39	17	12			4				
114	Alexander Chew, Scott Mills	1510	11.45	18	13							
8	Nick Collins, Annie Sanderson	1480	10.1	19			6	5				
110	Adam Carter, Geff Harper, Joel Wright	1460	10.03	20	14							
52	John Clancy, Julian Ledger, Chris Stevenson	1460	11.56	21	15			6				
39	Tristan Blakers, Christian Peckham	1450	11.57	22	16							
12	Christophe Cowie, Wil de Sain, Steve Guy, Wendy Scott	1400	8.5	23			7	7				
71	Kelvin Proctor, Adrian Smith	1380	11.06	24	17							
112	Troy Skaleskog, Benita Sommerville	1350	11.33	25			8					
97	Shelley Bambrook, Stacey Chesworth	1310	11.23	26		1						
54	Alison Curtin, Jenny Wood	1260	11.35	27		2						
15	John Anderson, David Dash	1220	11.37	28	18			8	1			
21	John Hodsdon, Val Hodsdon	1210	11.37	29			9	9	2			
16	Colleen Mock, Colin Mock	1200	12	30			10	10				

Results of 2004 NSW Championships held on 23/10/2004 at Gundy (continued)

24 hour Course

Team	Names	Score	Time	Open	Men	Women	Mixed	Veteran	Super Vet	Junior	Novice	Family
20	Brett Davis, Colin Taylor	1180	11	31	19			11				
85	Glen Auld, Meredith Simms, Hal Simms	1130	11.43	32			11					
13	Marilyn Ferris, Lesley Taylor	1100	11.39	33		3		12				
76	Emily Grommek, Jon Hull	1060	10.16	34			12					
3	Michael Sliwka, Roderick Smith	1010	8.47	35	20							
46	Matt Green, Colin Stuart, James Stuart	1000	10.07	36	21							
64	Malcolm Bradley, Brendan Byrne, Edwina Hatch, Todd Kaehne	990	10.52	37			13					
102	David Griffith, Emma Griffith, Thomas Griffith	970	11.19	38			14					2
56	Graeme Fromberg, Steve Johnston, Peter Martine, Mark Phillips	960	11	39	22			13				
23	Paula Stuart, Nihal Danis, Richard Sage	940	11.09	40			15	14				
7	Christine Marron, Jon Potter	910	11.16	41			16	15				
73	Stewart Johnston, Mark Smith	890	9.32	42	23							
99	Craig Davis, Robert Watson	860	0.28	43	24							
61	Jim Loong, Brad Simmons	850	10.32	44	25							
100	Trevor Kloeden, Kim Stokeld	820	0.26	45		4						
82	Tom Poyner, Danny Prendergast, Rohan T R Walker	740	11.21	46	26							
25	Terry Durnin, Simon Houston, Steve Tancred	720	11.53	47	27							
83	Anna Kricker, David Kricker, Duncan Robertson	670	7.52	48			17					
106	Trevor Gollan, John Hargreaves	650	11.49	49	28							
22	David Clayton, Narelle Clayton	630	11.06	50			18	16	3			
40	Marcelle Gannon, Anna Park, Cameron Schmelitschek	590	11.34	51			19					
28	Tom Dawes, Chippy Le Carpentier, Sue Le Carpentier	580	10.45	52			20	17	4			
38	Sam Nicoll, Daniel Ramage	530	10.45	53	29						1	
72	Jamie Kelly, Jonathan Lawrie	470	9.51	54	30							
55	Anthony Dynon, Katherine Dynon	430	19.47	55			21					
65	Jason Hollard, Sebastian Hollard	420	23.1	56	31							3
111	Steve Hinton, Lyle Passfield, Helen Passfield, Rachel Passfield	400	10.53	57			22				2	
98	Sean Ireland, Judy LeBreton	390	8.05	58			23					

Results of 2004 NSW Championships held on 23/10/2004 at Gundy (continued)

24 hour Course

Team	Names	Score	Time	Open	Men	Women	Mixed	Veteran	Super Vet	Junior	Novice	Family
62	Andrew Harb, Matthew Howard, Kieran Williams	390	10.22	59	32						3	
63	Rachael Benton-Doyle, Gavin Doyle	250	19.38	60			24					
57	Crystal Pettit, Dave Pettit, Priscilla Pettit	130	11.37	61			25					
14	Graham Hus Millar, Richard B Smyth	0	0	62	33			18	5			
5	Matthew Bacon, Paul Barry, Anthony Michell, Freya Scollay	0	12	63			26					

Results of 2004 NSW Championships held on 23/10/2004 at Gundy

15 in 24 hour Course

Team	Names	Score	Time	Open	Men	Women	Mixed	Veteran	Super Vet	Junior	Novice	Family
60	David Gell, Joel Mackay	1630	11.59	1	1							
107	John Barnes, Mardi Beat	1410	11.25	2			1					
53	Melvyn Cox, Andrew Lumsden	1080	11.49	3	2			1				
84	Carol de Sain, Robert Joh Preston	960	9.17	4			2	2				
116	Hugh Norley, Leif Wilson, Mathew Wilk	930	11.09	5	3							
42	Michael Avakian, Meg Croft, Kate Everett, Breeda Kelly	910	11.17	6			3	3				
43	Richard Connors, David Green, Andrew Palmisano	910	11.18	7	4							
41	Julie Avakian, Robert Gorman, Lisa Springer	910	11.19	8			4					
11	Margaret Bouttell, Rowan Bouttell	880	11.45	9			5					
103	Peter Gordon, Pili Vazquez	850	11.41	10			6					
94	Phil Harding, Therese Powell	840	11.28	11			7					
109	Hisako Shiraishi, Alec Watt	840	11.5	12			8					
70	Ian Almond, Rod Doyle, Bronwyn Wilson	810	11.21	13			9	4				
34	Derek Anderson, Mark Eggers	810	11.36	14	5							
2	Alicson Anderson, Shane Anderson	780	11.15	15			10					
93	Lynn Dabbs, Kevin Williams	720	10.23	16			11	5				
19	Karen Davis, Sandra Kelley	650	11.47	17		1		6				
96	Nicole den Drijver, Samantha Wilson	640	11.3	18		2						
67	Gregory Knight, Kathryn Mortimer	590	9.49	19			12	7				

Results of 2004 NSW Championships held on 23/10/2004 at Gundy (continued)

15 in 24 hour Course

Team	Names	Score	Time	Open	Men	Women	Mixed	Veteran	Super Vet	Junior	Novice	Family
4	Greg Bacon, Kerry Bacon	560	10.21	20			13	8				
74	Belinda Thorne, Sarah Jane Zardawi	550	11.09	21		3					1	
59	Patty Correll, Barry Drake	540	10.53	22			14					
89	Damien O'Meara, Richard Smith	540	11.35	23	6							
26	David Coysh, Rose Coysh	540	11.48	24			15					1
33	Arwen Cross, Duncan Cross	530	10.51	25			16					
58	Doug Floyd, Thais Turner	530	11.37	26			17	9				
79	Rollin Burford, Jitka Kopriva	530	11.42	27			18	10	1			
86	Richard Conway, Dylan Hyam	500	9.11	28	7							
68	Nigel McDonald, Nicole Sellin	480	7.16	29			19					
27	Maxwell Sy Coates, Greg Rowe, Simon Williams	460	9.25	30	8							
37	Chris Moore, Lucy Temple-Smith	430	10.38	31		4						
69	Fiona Merritt, Joshua Merritt, Lauren Merritt, Tony Merritt	430	11.51	32			20					2
91	Chris Jenkins, Samantha Saunders	420	10.53	33			21					
44	Helen Meek, Jim Meek	390	10.15	34			22	11				
48	Lucy Buhagiar, Andreas Mross, Corey Spink	370	0.46	35			23					
80	Sue Johnson, Alan Scott	360	11.38	36			24	12				
17	Fiona Johnson, Diana Scott	350	11.16	37		5		13			2	
77	Catherine Ellis, Nick Wilson	320	1.31	38			25					
10	Philip Allen, John Guilly	240	20.04	39	9			14	2			
49	John Biddiscombe, John Bishop	230	21.23	40	10			15	3			
47	Judy Shea, Paul Shea	180	20.55	41			26	16	4			
6	David Chambers, John Cole	170	17.1	42	11			17				
51	Ella Davidson, Susan Davidson, Warren Davidson, John Yarrington	170	11.29	43			27					
75	Amanda Bates, Duncan Macaulay	0	0	44			28					
87	Walter Kelemen, Gregor Wilson	0	0	45	12							

THE CO-ORDINATOR REPORTS

Over two hundred and fifty people, many of them new to rogaining, actually took part in this year's NSW Championships rogaine at Gundy. A hailstorm the evening before and another on Sunday evening framed a weekend of near ideal conditions.

Like all rogaines, this one happened because a lot of people offered their time and energy to make it possible. My main role was as the course setter. Barry Brandon was my constant companion and adviser while Tony Maloney as vettor deftly fingered the problems. My wife Vicki did all the entry processing and got together her "Admin" team on the day of Joy and Charlie Thomson, Marly and Jack Sinden and Philip Groom. Alan Mansfield arranged the bus. The "All Night Cafe" was manned by Barry Brandon, John Mackay, Maurice Anker and Tony Maloney. John Keats led a Hash House team of Brian Haebich; Stephen and Tracy Ward; Kathryn Cox; Renate Griffith; Mike Hotchkis; Pauline Doyle; Rob Watson and Kerry Ayre. Terry Cooke was the man with the camera. David Dash has already collected in many of the flags. If I've missed anyone else in this listing, my apologies, it's just my poor memory/record keeping.

Mike Hotchkis provided the vital transport to the two unmanned water drops. Simply having enough water containers to keep up the supply is a problem when you combine hot dry weather with long drives in along 4WD tracks. I should also mention here that your ANC team apologises to the teams that got left without water when they came in through there in the closing hours of the event. When you have been up working most of the night your brain doesn't function very well. At least I know mine doesn't which is my excuse for somehow leaving the novice teams out at the prize giving. To all of you, both novice and old hand, thanks for coming, I hope you enjoyed the event and that you can relive it by browsing through the wonderful photos taken by Terry Cooke and others that will be placed on the web site very soon.

The landowners who generously allowed us use of their land were Phillip Adams and Patrice Newell; Karl and Shirley Casben; Ross and Dianne Deery; Ivan Holyman; Bruce and Elaine Kerswell; Harry and Sue Mitchell; Roger and Jeremy Minch; Merv Nicholson; Peter Sims and John Wharton.

Graeme Cooper, Course Setter and reluctant Co-ordinator.

FROM A COMPETITOR'S POINT OF VIEW

I had hoped to include an article from an actual entrant in the newsletter at this point. However, they only had one weekend to do this and it wasn't possible.

Not to worry – I'll just leave a small space here and we can all imagine what it would have been like, or those that did compete can relive the experience.

Looking at the photographs, there were plenty of hills and I take my hat off to all the competitors, no matter whether they won, did personal best times, or just did the best that they could on the day. I hope you enjoyed the championships and hope to see you all at a rogaine in the not too distant future.

Ed.



Parrish Robbins & Ian Brown, winners of the 24 hour Open, Men and Veteran categories being congratulated by Jeremy Challacombe.

Jeremy is one of the founders and the first President of the NSW Rogaining Association.

WHAT IS ROGAINING?

Rogaining is the sport of long distance cross country navigation, in which teams of two to five people visit as many checkpoints as they wish in a set time period. The traditional rogaine is 24 hours in duration, however, there are shorter events of 6, 8 and 12 hours. Most New South Wales events are held within two to three hours travelling time of Sydney.

Most rogaines are on foot and held in attractive bush and farmland locations, however, some events are held in metropolitan areas (Metrogaines) or on bikes (Cyclegaines). Rogaining is a challenging adventure sport and is a lot of fun.

WHO IS IT FOR?

Rogaining is a team activity for people of all ages and levels of fitness. Everyone from elite athletes to families with young children can enjoy rogaining. New rogainers are always welcome and assistance is always available from organisers to help get novices started.

The parts of the course you visit are entirely up to you and your team members. There are no set routes and you don't have to spend the whole time on the course. You can return to the "Hash House" at any time for hot food and a rest around the campfire, or a sleep, before heading out again.

Some competitive teams may cover 50 kilometres in a 12 hour event and even more in an event of 24 hours duration. However, the distance you travel is entirely up to you. The satisfaction comes in finding your way around the course according to the route that you have chosen, and navigating back to the finish within the time limit.

WHAT DO YOU NEED?

Rogaining is good value for money. All you need is basic bushwalking gear including a compass, whistle, pencil, water bottle, comfortable and warm clothes and shoes, a waterproof jacket and a basic team first aid kit. On 12 and 24 hour events you may also wish to bring along camping gear and spend overnight at the Hash House.

WHAT DOES IT COST?

In New South Wales the entry fees vary from \$30 to \$50 depending on the event. This covers hot food during the event, your map, information sheets and facilities at the hash house. Family teams need only pay two adult entry fees.

An annual membership fee is required to cover insurance costs and a regular bi-monthly newsletter. Membership fees are currently \$20 per individual. Family membership – First adult \$20, \$10 for second adult and dependant children free. Household membership is \$20 for first person, \$10 for each additional where all members share the same address.

You can join when you enter your first event.

CONTACT INFORMATION:

If you are interested in trying Rogaining then get in touch with one of those listed below or the contact specified for the next event.

NSWRA Public Officer – Julian Ledger: 9261 1111 (work) julianl@yhansw.org.au

NSWRA Secretary – Alan Mansfield: 0707 6773 (home) soniaamansfield@optusnet.com.au