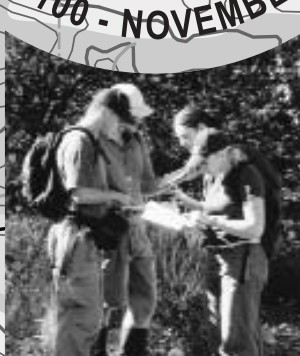


300 NEW SOUTH WALES

ROGAINING

THE SPORT

OF CROSS-COUNTRY NAVIGATION



2003 / 2004 New South Wales & ACT Rogaines

	Date	Event	Location	Contact
NSW	23rd November	Socialgaine 6 Hour	South of Sydney	Mike Hotchkis (02) 4294 1363
	22nd February	Metrogaine	Hills District	Michael Watts (02) 9568 3016
	March (date to be confirmed)	Paddy Pallin 6 hour	ACT	(02) 6251 6908
NSW	April (date to be confirmed)	24 hour	North of Sydney	CO-ORDINATOR REQUIRED
	May (date to be confirmed)	ACT Champs	ACT	(02) 6251 6908
NSW	20th June	Paddy Pallin Winter 6hr	TBA	ENTIRE TEAM REQUIRED
	July (date to be confirmed)	NavShield'04	TBA	Organised independently by Bushwalkers Wilderness Rescue
NSW	August (date to be confirmed)	6 / 12 Hour	Lake Macquarie environs	TBA
NSW	October (date to be confirmed)	NSW Champs	Hunter Valley	Graeme Cooper (02) 6772 3584
	November (date to be confirmed)	Spring 6/12hr	ACT	(02) 6251 6908
NSW	November (date to be confirmed)	Socialgaine	Central Coast	John Barnes

Upcoming Rogaines in other States

Date	State	Event	Location	Contact
7-8th February	Western Australia	'Upside Down'	TBA	(08) 9342 9213
15th February	Tasmania	12 hour	TBA	(03) 6223 4405
15th February	Victoria	Canoe-gaine	TBA	(03) 9438 6626

The 2004 Australian Champs will be held on 3 - 4th July in South Australia.

visit <http://sa.rogainc.asn.au> for more details.

President's Welcome:

Welcome to the 100th issue of the New South Wales Rogaining Associations newsletter (or as George Collins suggests - the 101st - see his reflections on page 12). In addition to that milestone, we can also celebrate the fact that twenty years ago in 1983 the NSWRA was officially formed. As a small mark of this occasion you will find in this newsletter reflections on some of those twenty years from Marnie Holmes and George Collins. The first edition of this newsletter is also reproduced for posterity. It makes for an interesting read. Particularly with the question being asked - will Rogaining become an international sport?

That the sport has become international in those twenty years is without doubt. Having visited Europe, Canada and New Zealand, the 6th World Rogaining Championship is taking place in May next year in Arizona USA (see page 10 for more). And the big news is that we in New South Wales have been chosen to host the 7th WRC in 2006. In July of this year, the committee on your behalf, prepared a bid to host the WRC7. With the support of the ARA our bid was distributed to the international delegates of the International Rogaining Federation as the Australian bid. We were notified only recently of our bids success. Scheduled for the later half of the year, the event is a great honour to host and is destined to be the biggest event we have organised as an association in our twenty years. Input and assistance will be sort from all members as the event draws closer. For now if you have a suggestion of a suitable location/s for the event please contact myself or any of the current committee members. Congratulations New South Wales!

And congratulations to all those involved in this years NSW Champs event on the South Coast. I personally missed the opportunity to participate, and as each report comes in from those that did, I regret my absence. The course environs were by all accounts superb, with spectacular views up and down the coastline, beautiful forests, and clean uncrowded beaches. Thank you all involved.

The next event is the last for the year. The 2003 Socialgaine is this year being held southwest of Sydney in the Southern Highlands. An experienced team have prepared the way for what will no doubt be an enjoyable and successful conclusion to the year. I would hope you all join us at the event as the course-setters have added "extra navigational and strategic challenges" with a social twist aimed at all levels of Rogainers.

To all members and their families have a safe and enjoyable summer break and I look forward to seeing you all in 2004.

Andy Mein

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Inserts:

- 2003 Socialgaine entry form
- 2004 Metrogaine entry form

'Socialgaine':

Event name: **The 2003 Socialgaine**
Date: **Sunday 23rd November**
Location: **Southwest of Sydney**
Event length: **6 hours**

This years Socialgaine event will be located 1½ hours southwest of Sydney in the Southern Highlands, near Berrima. The terrain is mostly open native forests with some pine plantation. There are good rock features and viewpoints and plenty of tracks. The area is well suited to the beginner and experienced rogainer alike. Free overnight camping will be available. The course was set by Mike Hotchkis, with assistance from Rollie Burford, Ron Hutchings, George Collins and Maurice Ripley. As this is a social event, the format will be varied slightly from the usual. This variation will be designed to add extra navigational and strategic challenges and will add interest for participants of all levels. Entry numbers may be restricted as a maximum competitor limit has been set by the landowners.

PLEASE NOTE: Event Entries close on Friday 14th November, and not as indicated on the enclosed entry form.

Mike Hotchkis



'Metrogaine':

Event name: **The 2004 Metrogaine**
Date: **Sunday 22nd February**
Location: **Hills District - Northwestern Sydney**
Event length: **6 hours**


A navigators paradise! Where? Let's just say the course is 5 minutes from Pennant Hills Station, and is well endowed with parks and reserves, and as some of you will be surprised to find, is rich in heritage. If it is a hot day there are at least two swimming pools you might like to visit on either side of the course and plenty of creeks you could soak your hot feet in. It is possible to do the majority of your course in the 'bush' reserve system or you may like to just get a picture of the 'real estate' of the area or visit the local shops. The course is set with beginners, families and those who like a challenging run in mind. If you've been enjoying the Sydney Summer Series of mini rogaines run by NSW Orienteering then the 2004 Metrogaine is for you.

Bronwyn & Paul Batten



Assistance from volunteers is essential to the sport

No experience is necessary - detailed instructions are supplied.

 Volunteer Requirements	Socialgaine 23rd November	Metrogaine 22nd February	12 Hour 18th April	Paddy Pallin Winter 6 hr 20th June
Event Co-ordinator	Mike Hotchkis	Bronwyn Batten	?	?
Course Setter/s	Mike Hotchkis Rollie Burford	Bronwyn & Paul Batten		
Course Vetter/s	George Collins Ron Hutchings Maurice Ripley	Andrew & Belinda Pope		
Administration Team leader plus 5 - 6 others Team Leader indicated in bold	David and Jane McKenna Rollie Burford Jitka Kopriva Alexa McAuley	Michael & Cathy Watts		
Hash-House Team leader plus 6 - 12 others Team Leader indicated in bold	Sutherland Anglican Church	Paul Batten ???		
Flag Retrieval	Alexa McAuley	???	Coordinator required	An <u>entire</u> new crew required
Contact Details	Mike Hotchkis 4294 1363	Michael Watts 9568 3016		



If you are interested in organising your own event please contact our Event Manager, Mike Hotchkis (see committee contact listing), or if you are able to help on an existing event please contact the event organisers noted above.

The next event requiring volunteers is the:

2004 METROGAINE...

The success of this and all rogaie events is dependent on support from volunteers. Remember the age-old adage: 'many hands make light work'. So if you are not participating and would still like to be involved, please consider volunteering as a valued event staff member. Below is a brief list of some of the roles required:

Admin. Assistants:

- Admin tent set-up
- Registering teams
- Distribution of maps
- Control card hanging
- Record finish times
- Checking control cards
- Displaying results
- Admin tent pack-down
- Repacking equipment trailer

Hash House Staff:

- HH set-up
- Food preparation
- Food service
- Washing up / equipment cleaning
- HH pack-down
- Repacking equipment trailer

If you are able to help for all or part of the event please contact either the event administrator Michael Watts via phone on 9568 3016 or the event coordinator Bronwyn Batten via email at blawton@scmp.mq.edu.au .

2003 Committee

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Public Officer:

Julian Ledger
9261 1111 (work) julianl@yhansw.org.au

Volunteer Coordinator & Equipment Officer:

[POSITIONS VACANT - volunteers required]

General Committee:

Sue Clarke
9816 2508 (home) sclarke@efs.mq.edu.au

The 2003 NSW Champs in Review:

It was a fast and friendly course, with easy navigation, plentiful points, lots of tracks, little climb (highest point was only 130m above sea level), an All-Night Café, even a pizza shop. It was hard to get very far from a track, and we avoided the creeks because they tend to be impenetrable. It was also a gorgeous area for walking, with 25-30 beaches and headlands, placid lakes and lagoons, and some fantastic forest. The idea was to showcase the scenery above all else.



Overall winners - Emma Murray and Adrian Sheppard - Emma is the first female NSW champion since Dianne van Netten's glory days 15 years ago.

Photo: Julian Ledger

I fully expected a few teams to get all the checkpoints at the recent NSW Championships given the nature of the area. That Emma and Adrian finished by 6:45am, in time for breakfast, was a big surprise. They travelled about 95km in under 19 hours and still looked fresh and unflustered at the finish. (See their route on page 7). Emma even helped in the Hash House preparing lunch! The second team, Mike, William & Shane, also bagged the lot by 10:01 and several other teams came close to getting them all.

Plentiful roads and soft sandy beaches took a toll on some of the teams who wouldn't normally travel so fast and so far. Quite a few blisters and weary legs emerged and several teams were keen to collect a ride back with our regular safety patrol vehicles.

The event ran smoothly, except for the loss of the flag at #23. Once we heard of its disappearance it was quickly replaced but a few teams wasted time searching for another bridge. The bridge itself was quite prominent, so if you visited it and can tell us the colour of the troll's eyes we'll happily credit you with the 20 points. It emerged that the landowner removed the flag because he thought the rogaine was the previous weekend. He was tidying up so threw it in the bin. (Dear Committee, one checkpoint down.)

I especially want to thank the great team that pulled the event together. David Griffith, Chris Waring and Rob Watson spent lots of effort course setting and hanging flags. Ros Atkins, Joel & Gail Roland were friendly and extremely efficient administrators. John & Val Hodsdon vetted the course. David, Emma and Tom Griffith, with Rob and Claire Watson kept the All-Night Café bubbling. All the above, plus Julie and Grace Waring, Geoff Bailey, Nick, Ann and Claire Mitchell were great helpers in and around the Hash-House. David Jones, Colin Taylor and Vanessa Haverd retrieved the flags that we couldn't get on the weekend. It's interesting how the team of helpers evolved during the event, from a set of hesitant novices to a dynamic bunch of go-ers. And wow ... can that John Hodsdon add garlic!



Some of the hard working organising and hash house team.

Photo: Julian Ledger



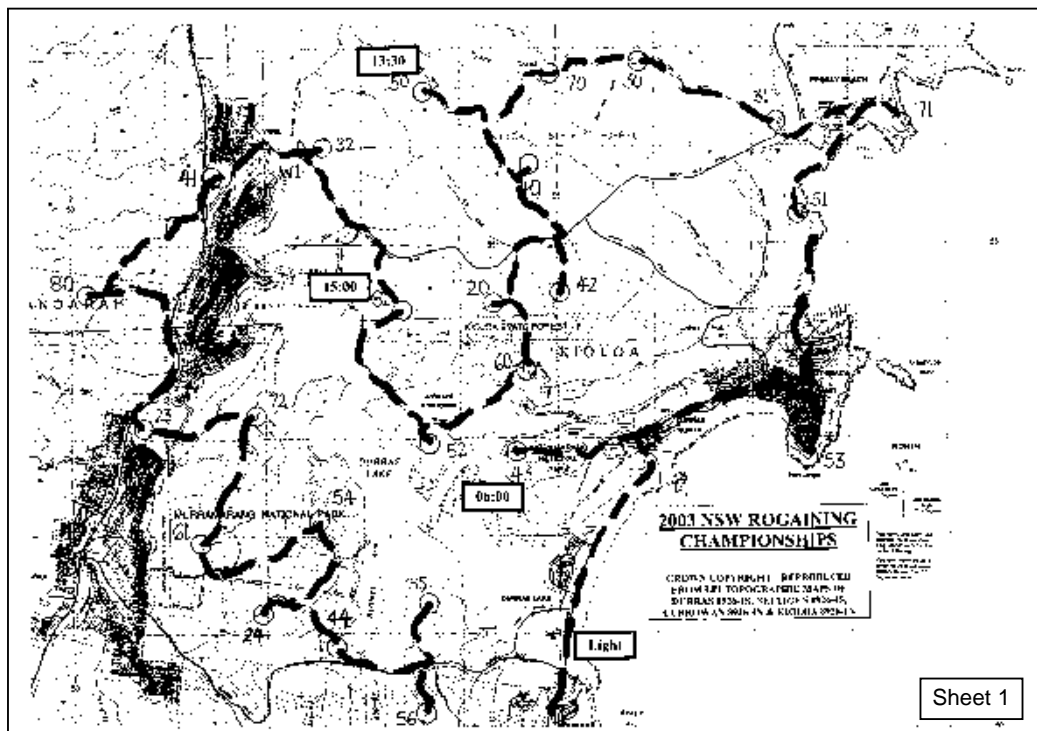
Winners are gridders - first women's team.

Photo: Julian Ledger

Finally a special thank you to Roger Dunn and the National Parks & Wildlife Service. Roger was extremely enthusiastic and welcoming of the rogaine. It is a lovely area ... perhaps he enjoys sharing it with appreciative people.

Trevor Gollan

Event Coordinator



'Cruising the Coast'

- By John Barnes (Team 29 with Mardi Beat - 15hr event)

Like most people, our route choice was primarily determined by the desire to head south along the coast. Some quick distance calculations suggested that we would use all our 15 hours if we looped down all the coastal controls to 100 and back a few kilometres inland, so we decided to skip a few awkward ones along the way, planning a 32km Saturday route.



The spectacular coastline looking north from North Head

The views started early as we climbed over 22 and 53. We'd planned to then walk along the beach to 33 and 62, but after battling the headwind we decided there was plenty more coast to enjoy, and decided to cut up to the road as soon as possible. 33 at the head of the cave was neat, but 62 was probably my favourite control of the course, with the wind howling through the cleft and ocean views either side. Incidentally I'd thought we'd have to walk around the point on the rock platform to approach 62 from the south, so it was a bonus when the cleft cut through the point. Ignoring the course setters' advice, we tried to stay low for the short journey around the headland to the next beach, but were forced up.

Across Emily Miller Beach, over the headland and down to 26 beside the appropriately named Dark Beach. Headland views at 64. The surprising amphitheatre at 47. Although we were ahead of schedule we decided to stick to our plans and skip 35, 65 and 36, so headed inland to 82 and then back out to the coast to 58. Our hearts sank when there was no sign of the 'All Night Cafe' at Oaky Beach. We knew we'd be pushing it to receive

service at 3pm, 2 hours before the scheduled opening. Fortunately it was just a bit further inland than we'd mistakenly thought, and we received stunning service as the first customers. Fruit, cordial and seats were just what we wanted, and their Fantail supply gave us another boost an hour later. Thanks Café team.

The ill defined nature of 28 would have been hard in the dark despite its proximity to the Hash House. Flag 84 was just hanging on by the punch over a fork in the tree, so we retied it before it blew away in the gale (hanging it where it was, at ground level!). 38 was made more difficult by the rearranged tracks but great views again. 29 and then out to 100 on Three Islet Point. A brief stop for a sandwich and to enjoy the view. Glad to be at the broad knoll of 66 in the light.

The road heading straight to 73 was a gift. We wondered how far it extended towards 57, but decided to head up Pine Knob Rd so as to approach 57 using a defined point (the road junction to the ENE). We overtook a few teams coming out of 57 as they took the route north through thick vegetation, rather than out to the east. Ahead of time, we decided to drop 46 and 45 and go via 63, W2, 56 and 55 instead. Along Skid Ridge Rd and down the broad spur to 63. Again we were lucky to stumble on it just before dark. Mardi stopped me from heading the wrong way when we reached the road again.



Some of the beautiful forest that featured.

We almost missed the water drop W2- did we walk past another road forming a triangle with the road we took running perpendicular to Skid Ridge Rd? Time for another snack and a chat with Julian. 56 was almost a disaster - we were assuming it was on the road and so backtracked about 50m when we realised we'd passed the knoll. Darkness, map joins etc all made it hard. We spent a minute or so searching with a few other groups for the track to 55, as it has a little kink before it joins the Durras Rd. After 55, not wanting to get up too early the next day, we decided to use up a bit of time going down to 45 and back, jogging part of the way. We enjoyed the company of another team walking back along Durras Lake Rd and hopefully brightened their evening too. The wind had died when we headed out to the beach, and the moon reflected beautifully across the water. The soft sand moulded around our bare feet. We stayed on the beach until we reached the tracks up to 21. Two teams sloshed by us as we put on our dry sandshoes. Back to the HH at 9:27.

A toasted cheese sandwich sustained us from the HH back to our tent, to pick up our plates. Mardi had earlier said her favourite soups were tomato and pumpkin, so she was happy these were the soups of the day. As we sat round the fire eating, and as we went to bed soon after, we were glad to just be competing in the 15 hour. Thanks HH team for a great break.

Over breakfast we planned our northern route. 51-71-31-30-70-50-32-81-52-60-HH. I calculated the times between checkpoints, discovered they summed to more than our available time, so adjusted the times rather than spoil the natural loop, much to the amusement of our fellow diners.



*View to Point Upright
from Durras Beach.*

It was beautiful walking along the beach to 51 and then 71. The adrenaline levels rose as we clambered down the crumbly cliff in the creek north of 51 (it didn't look so tall in the distance)! Knowing from the clue that 71 was in "open forest" made the approach much easier as we could dodge the thick vegetation patches. Up to Pebbly Beach Rd. 31 was confusing as the two major road junctions were much closer than shown (a problem with the base map - the 1996 rogaïne base map had them correctly mapped only about 100m apart). Making our way in to 30 diagonally from Livingston Creek Rd was a mistake, the only thick bush we encountered (thanks course setters), and cost us a minute or two. 70 was on a beautiful section of creek. We decided if we pushed it we could add 40 to our loop. Up the hill to 50. Half time and



*The course included some superb
locations for controls such as this
one on the North Head Trig.*

still heading away from the HH - always a bit of a worry. Cross country to Spotted Gum Rd and then round towards 32. A momentary worry that we were on the wrong track when it became quite overgrown just before the checkpoint. (Actually there didn't seem too many additional tracks in the whole event - I always remember Warwick Marsden's comment that disaster always strikes when you are on a road). From 32 we only cut the corner slightly out to the Mt Agony Rd and were glad as we looked back at the thick vegetation further down the road. More beautiful walking along the Durras Lake Walking Trail. Up to a knoll at 81 and the knoll at 52. Mardi still needs to learn to read the clues particularly when like 60, the clue states that the checkpoint is on the trail. We didn't pay too much attention to navigation as we walked up the switchback to Lake Rd.

I remarked to Mardi that the 3 man veteran team we'd passed at 60 would probably cut up from the switchback and overtake us, but following the track seemed easy. Nearing the top of the ridge we cut up to the top. Panic- 11:10 am and there was no road. We looked over the hill and couldn't see the road. Then we looked to our left and saw the road finishing about 20m away. Sure enough the veteran team had overtaken us. Back to the HH with 10 minutes to spare. Interestingly our scoring rate had been about 100 points/hour on both days (91 and 105 points/hour to be precise).

Each rogaïne I reflect on the variety of events which adds to the overall enjoyment of the sport. Generally course setters aim to avoid long sections without controls, but for this event, it was rather nice to just enjoy walking along Durras Beach without worrying about navigation. While I didn't go to any of the controls in the 1996 course positioned within this year's map, the new controls seemed to be in more scenic areas. A lot of effort must have been expended by Trevor, David, Robert, Chris and Scott in avoiding the thickest bush throughout the whole event.

We enjoyed the HH surrounds, toddling down to the beach for a quick swim, before returning to the HH. The All night cafe team were back with others serving here. Ice creams were a hit. The lucky checkpoint prize was a fun idea, and might encourage those teams who save time by not filling in intention boards to mend their ways. It was a sleepy bus trip home. Thanks.

Results



10

2003 NSW Championships 24 hour		Score	Time	Open	Men	Women	Mixed	Veterans	Mixed Vets	Women's Vets	Mixed Vets	Super Vets	Junior	Family
90	Emma Murray, Adrian Sheppard	2490	6.45	1			1							
56	Mike Hotchkis, William Landers, Shane Trotter	2490	10.01	2	1									
85	Martin Lefmann, Patrick Ha Mikan	2450	11.33	3	2									
93	Max Pemberton, Daniel Spring	2410	10.23	4	3									
5	Ian Brown, Geoff Luscombe	2360	11.59	5	4			1	1					
40	Wil de Sain, Bert van Netten	2300	11.43	6	5			2	2					
28	Bruce Fenton, Conny Gissel	2280	11.21	7			2							
88	Andrew Ric Smith, Darren Smith	2280	11.53	8	6									
20	Andrew Haigh, Nicole Haigh	2210	11.46	9			3							
4	Cliff Harris, David Jones, Greg Mitchell	2160	11.38	10	7			3	3					
7	Loyd Crome, Peter Dubelaar	2070	11.26	11	8									
79	Jason Lowry, Joel Mackay	2000	11.26	12	9									
16	Ian Cameron, Sue Kurrele	2000	11.37	13			4	4			1			
69	James Mathey, Andrew Scott	2000	11.44	14	10									
17	Rob Kimbrey, Greg Matthews, Rod Tracey	1980	11.44	15	11			5	4					
12	Peter Dunn, Gary Ferris	1970	11.39	16	12			6	5					
27	Annabel Battersby, Belinda Bright, Alexa McAuley	1930	11.24	17		1								
47	Alexander Chew, Per Grawlund	1830	10.18	18	13									
24	Darryl Erbacher, Grant Erbacher	1820	9.04	19	14								1	
21	Brett Davis, Karen Davis	1720	10.55	20			5	7			2			
89	Joanna Boyd, Christian Peckham	1720	11.27	21			6							
26	John Anderson, David Dash	1720	11.39	22	15			8	6			1		
43	Marilyn Ferris, Lesley Taylor	1690	11.53	23		2		9		1				
31	Sue Clarke, Walter Kelemen	1560	11.39	24			7	10			3			
9	Jo Giffins, Joel Stewart	1560	11.50	25			8							
65	Duncan McIntyre, Madeleine Schultz	1470	9.00	26			9							
55	Richard Moyle, Emma Williams	1460	11.39	27			10							
48	Brad Deane, Jason Lindley	1450	11.21	28	16									
11	Nihal Danis, Richard Sage	1430	10.46	29			11	11			4			
68	Brett Grant, Dane Simmonds	1380	10.58	30	17									
10	Rosemary Austen, Steve Garlick	1330	11.19	31			12	12			5			
51	Ian Almond, Rod Doyle	1190	11.01	32	18			13	7					
72	Alex Been, David Kricker	1190	11.38	33	19									
64	Hernan Alonso, Alex Zelensky	1090	11.51	34	20									
52	Matthew Almond, Scott Morrison	1040	10.40	35	21									
91	Lisa Perrett, Christine Quigley	1020	11.54	36		3								
38	James Armstrong, Kate Austen, Ben Howell	1000	11.50	37			13							
23	Karen Darby, Tony Murphy	950	11.39	38			14							
54	R.Derriman, N.MacCne, S.New ey, M.Perram, A.Whitlam	950	11.48	39			15					1		
34	Jeffrey Darwin, Parissa Poulis, Colin Taylor	920	11.57	40			16	14			6			
39	Rodger Austen, Martin Howell, Michael Howell	790	11.15	41	22									
8	Paul Fahey, Amy Plowman, Kate Plowman	630	22.57	42			17							
13	Penny Field, Geoff Ritchie	480	11.45	43			18	15			7			
73	Ingrid Van Der Lee, Kristin Young	450	11.55	44		4								
82	N.Fonseca, C.Pettit, D.Pettit, P.Pettit	180	11.03	45			19						2	
22	Sue Bensley, Brett Bensley	W/D	12.00											
44	M.Sy Coates, D.Coysh, G.Pershhouse, G.Rowe	W/D	12.00											
46	Damon Goerke, Jarad Kohlar	W/D	12.00											
78	Cameron Bailey-Price, Peter Price	W/D	12.00											
80	Dominic Yager, Peter Yager	Late	12.33											

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.

2003 NSW Championships 15 hour		Score	Time	Overall	Men	Women	Mixed	Veterans	Mixed Vets	Women's Vets	Mixed Vets	Super Vets	Junior	Family
76	Vigdis Hoboel, Thor Mella	1690	11.40	1			1							
29	John Barnes, Mardi Beat	1620	11.51	2			2							
35	Christine Curtin, Stephen Darby	1470	11.45	3			3							
62	Melwyn Cox, Andrew Lumsden, David Noble	1420	11.52	4	1			1	1					
59	Peter Day, Philip Gibbs	1390	11.29	5	2									
84	Peter Gordon, Julian Ledger	1310	11.51	6	3									
25	Carol de Sain, Robert Joh Preston	1290	10.26	7			4	2			1			
49	Richard Connors, David Green, Glenn Schulze	1160	11.21	8	4									
58	Graham Hus Millar, Richard B Smyth	1160	11.36	9	5			3	2			1		
14	B.Edwards, P.Keaton, G.Pereira, B.Sommerville	1160	11.44	10			5							
63	Jennifer Borrell, John Keats	980	11.49	11			6	4			2	2		
18	Lisa Butt, Craig Dunn	950	12.09	12			7							

Team	2003 NSW Championships 15 hour	Score	Time	Overall	Men	Women	Mixed	Veterans	Mixed Vets	Womens Vets	Mixed Vets	Super Vets	Junior	Family
32	Gregory Knight, Kathryn Knight	940	11.00	13			8	5			3			
33	B.Davis, R.Davies, S.Ellis, R.Pointer	890	21.25	14			9							
57	Colleen Mock, Colin Mock	870	3.22	15			10	6			4			
67	Deborah Byers, Kath Grant, Lyn Jones	870	11.37	16		1	7		1					
81	Stacey Chesworth, Adrian Frecklington	870	12.00	17			11							
94	Philip Allen, Bob Bartle	820	11.27	18		6		8	3					
2	Abigail Neild, Jason Tsui, Miranda Van Der Sluis	800	10.18	19			12							
19	John Biddiscombe, John Bishop	780	1.34	20	7			9	4					
61	Bronwen Gill, Murray Gill, Alison Thomas	770	11.25	21			13					1		
1	Jordan Richardson, Maurice Richardson	750	10.33	22	8								1	
45	Jeff Bendeich, Rosemary Seberry, Joanne Vanderstok	690	11.07	23			14							
86	S.McPherson, M.Pagnin, P.Peixoto, E.Strachan	660	11.52	24			15							
50	David Gwillim, Sharon Gwillim	650	8.25	25			16							
41	Peter Figiel, Danny O'Connell	630	0.26	26	9									
75	Jennifer Gould, John Gould, Mike Wells, Bev Wells	550	11.29	27			17	10		5				
53	J.Miller, F.Stewart, C.Stewart, C.Thomson, S.Thomson	530	10.26	28			18							
74	Nicole den Drijver, Sam Wilson	490	12.01	29		2								
30	Joshua Bobruk, Corinna Paeper	430	10.10	30			19							
71	Carol Gill, Emily Gill, Ian Gill, Lynette Wright	430	11.26	31			20						2	
42	Alan Lowe, Lee Lowe	380	9.19	32			21	11		6				
66	Lucy Temple-Smith, Bronwyn Wilson	380	11.51	33		3								
95	Brad Davis, Rebecca Davies, Ross Pointer	380	11.55	34			22							
36	Judy Shea, Paul Shea	290	11.55	35			23	12		7	3			
92	Jon Eggins, Matthew Jones, Starlett Wong	220	21.05	36			24							
70	Paul McNally, Nicholas Vaughan	180	12.20	37	10									
37	Y.Akagi, T.Bui, R.Chopra, Y.Masuda	100	17.55	38		4								
3	Paul Batten, Bronwyn Batten	W/D	12.00											

Please note: Whilst every effort is made to ensure these results are correct, errors or omissions may occur.



6th World Rogaining Championships

Saturday 8 May - Sunday 9 May 2004
Arizona, USA

There is no other rogaine quite like a World Rogaining Championships. The first one was in Victoria, the second in Western Australia, the third in British Columbia, fourth in New Zealand and the fifth was last year in the Czech Republic. It's as friendly as rogaines are everywhere but there's also the international atmosphere, plenty of competition, a great course and if overseas then some aspects of the local environment that are quite different from Australia.

A memory from a world championship? Arriving back at the hash house after midnight at WRC2 in 1994 surrounded by masses of the West Australian everlasting flowers which had opened up at night to the full moon. Feeling a bit fragile and being offered a choice of steaks of kangaroo, crocodile or emu (not one for the vegetarians!). Gives you an idea of the special efforts the organisers went to on that one. And hey if you want to impress the folks back at the office then what better way than to say - "I'm heading off to the World Championships this weekend".

This year the event site is about a four hour drive from Phoenix, Arizona in eastern central Arizona. The site was picked for its walkable forest of spruce, fir and aspen with no cactus, spiny or even nasty vegetation. This is the first time this terrain type has been used in an Arizona rogaine. For more details visit the event website:

<http://rogaine.tucsonorienteering.org>



Celebrating the 100th Issue & 20 years of Rogaining in NSW:

'My Favourite Memories of Rogaining' - By Marnie Holmes

When my sister Netta first told me in 1985 or so that she was going out on overnight bushwalks with her university friends and not even sleeping for 24 hours, I thought she was crazy. One by one, her rogaining partners went overseas. Then, in 1989, she asked me if I'd like to compete with her in the NSW Champs at Murrumbo, near Scone. I had begun to get curious about rogaining by then and agreed to join her. Little did I know what I was getting myself into!

I got to the Hash House ten minutes before noon, thrilled with my timing. Netta was very impatient - where had I been, we had to make preparations! Fortunately she had done most of it already, including covering the map, making sandwiches, packing lollies and planning our route. The map was a mix of undulating open farmland and more rugged open bush.

I will never forget my first rogaine - the shine of moonlight across the paddocks and the sharp bite of frost toward midnight, and the way that erosion gullies lose all perspective at night. We never did find that particular checkpoint, though we could see exactly where it would have been from the top of a distant hill in the first light of the following morning. We could also see the positions of the next three checkpoints all around the remainder of the course! I was hooked and never quite so late to the start again!

Evans Crown, August 1990, set by Trevor Gollan and George Collins, was originally planned to be a 12 hour event. Very heavy rain the day before the event caused local flooding. Making our way to the Hash House was a great challenge as all routes were blocked by flooding or fallen timber. The start was delayed; half of the course was designated out of bounds on the other side of the flooded Fish River and the duration of the event was cut to 6 hours. We carried our rain gear, but didn't need it.

At Copeton Dam (1990), set by Graeme Cooper, we had an un-nerving experience where the river began flowing backwards while we were crossing it. We made our way between rocky hillocks - and though we tried several times, after each crossing, the water was headed in the opposite direction. It took great faith to believe that the compass was right and we had actually turned 180 degrees each time. We were so disoriented that we holed up in a sheltered spot and waited till it got light enough to see the hilltops around us so we could take a back-bearing to relocate ourselves. That was also the event we covered more than 2300 metres vertical displacement in 24 hours - more than climbing from sea level to the top of Mt Kosciuszko and down again.

The Plum Pudding rogaine (1992) was also set by Graeme Cooper. Less than half an hour after the start, we took off our shoes and socks to cross a wide shallow river. We didn't want to have wet feet for the following 12 hours! The water was no more than knee-deep. Netta let go of my hand to climb out on the other side. I watched in amazement as she began a slow descent backwards and ended up lying in the water! At least her socks were dry!

One of my favourite rogaines was the Bugs Bunny Easter rogaine (1993) at Weddin Mountain near Grenfell, set by Tony Maloney. The map was shaped like a butterfly. The first hour of the event was awful - we made a poor choice to push through the scrub between checkpoints instead of taking the longer route along a track. It took us more than an hour to cover less than a kilometre in the daylight! The remainder of the event was wonderful. We were treated to the sight of a rich western orange sunset over the sandstone cliffs that were featured on the poster that we won. Warwick Marsden drew a checkpoint on the poster which still hangs on my wall. In the wee small hours we found ourselves walking up a flat grassy valley between sandstone cliffs. The moonlight shone off the still leaves of the gums and I felt like dancing. We were 2nd overall and I still contend that we'd have won had the leading team not trodden on and broken my compass when we encountered them in the dark.

There was a memorable rogaine in the ACT when an electrical storm struck around 4 pm. Was that the event where Julian Ledger and Tony Maloney watched a bolt of lightning strike some 20 metres away

from them? They fled, not even bothering to return to collect their control card! When the first thunder rolled we were on top of one of those great sandstone pagodas. Suddenly I thought I'd lost my partner as Netta slid straight down the nearest runnel to the more sheltered forest. She doesn't like lightning.

Or bears. Fortunately bears are not a common hazard in Australian rogaines, however when we competed in the 3rd World Championships (1998) near Kamloops in BC, Canada, there were bears. We didn't see any but other teams sighted them no more than half an hour after we passed.

Bert van Netten's Lake Macquarie events have taken us to some wonderful country in the Watagans. I love driving north along the freeway and identifying places where checkpoints have been located in the past.

Lake Tabourie (1993) and Pretty Beach (1996), both set by Trevor Gollan, introduced me to the beauties of the south coast. And also cured me of my previous irrational fear of leeches. After detaching 22 leeches from under one gaiter, I stopped counting. It was a good thing that I wasn't so worried about leeches in another of Bert's Lake Macquarie events. Foolishly I had decided not to wear a hat - it was raining and no sun was forecast. However, I got a lot of rubbish falling in my hair and down over my face and in my eyes. I tried to wash it off in one of the, by then, fast running creeks we splashed through. One stubborn piece of grit would not come out from under one eyelid. I asked my partner, Mike Hotchkis, to remove it for me. Of course it was dark - and raining then. He held a torch in his teeth and tried to hold my eyelid in one hand and scrape with the corner of a hankie with the other. Though half-blinded by the light of the torch, I saw him blanch and step backward. He gulped and explained that it was not a piece of grit, but a leech, attached to my eyeball! Fortunately he had some saline eyewash which made the leech let go.

Other bright memories of rogaining - walking across still-warm embers after a bushfire during the "A Flat" Queensland State Championships (1994); sleepwalking from 11pm till 5am on most 24 hour events while Netta continues to navigate and steer me around the obstacles; jetlag doesn't help to stay awake any better in the dark; when all your torch bulbs blow and you try to read the map in the light of the moon, you cannot tell the difference between creeks and tracks; while course checking in the Blue Mountains on a rare day off, I joined an international telephone conference and chatted to my Singaporean and Danish colleagues as I counted paces between ribbon markers; the notorious 1st World Champs (1994) near Beechworth where it was 11 km between two consecutive checkpoints; frost glistening off the grass tips and coming across an unexpected Spinifex plant in the Gardens of Stone event; the fragrance of everlasting daisies that clung to my running shoes for several months after the Fruit and Veg 2nd World Rogaining Champs in WA (1996); carrying a 3 month old baby around Mullo's Walks Socialgaine (1999); breastfeeding a 6 month old baby around the Metrogaine earlier this year as, on the mobile phone, Netta told me of her long-awaited engagement; turning off our torches quickly after punching a checkpoint so as not to lead other closely following competitors in to it!

The years have not dulled my enthusiasm for rogaining - though family circumstances have precluded me from competing much over the last few years. However, every time I see a full moon rise, or look out on a starry bright night, I smile and think how perfect it would be to be out there rogaining...

'Rogaining Reflections' - By George Collins (Newsletter editor #28 - #37 / 1991 - 1993)

I've always thought that 100 pointers are over-rated in rogaines. Must be the same for newsletters. Both the April and August 1988 editions of the NSW Rogaining Newsletter carried the number 17. So this is really the 101st! Looking back over the newsletters from 1991-93 (or at least the copies I can find), stirred a range of feelings - the brutal realisation of just how far my fitness has fallen in 12 years; fond memories of folk who gave (and in many cases continue to give) to the sport; and an overwhelming sense of gratitude that I've been privileged to experience the beauty and toughness of so many wonderful locations. Highlights of those years included:



N.S.W. ROGAINING ASSOCIATION

(24 HOUR CROSS COUNTRY NAVIGATION)

N.S.W.R.A. NEWSLETTER

Volume 1, Number 1

November 1983

.....

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Vice- Bert VanNetten, 42 Charles St., Edgeworth. 2285
President: ph. (049) 595935
Secretary/ Ian Dempsey, 3/8 Mosbri Cres., Newcastle. 2300
Treasurer: ph. (049) 22700
Committee: Robyn Tuft, Peter Tuft, Gabriel MacGuire, Jeremy Challacombe,
Bert VanNetten, Dianne Van Netten, Ian Dempsey.

.....

1983 AUSTRALIAN ROGAINING CHAMPIONSHIPS

A small group of N.S.W. Rogainers travelled south to compete in this year's national titles held at Teneriffe, near Seymour in Victoria, on October 22/23. We were treated to a first class, well organised event, with over 350 competitors.

David Rowlands and David Church (Vic.) won the event, finding all the controls and still having an hour and a half to feed up at the bush house before us lesser mortals handed our control cards in. Apart from the glorious countryside, the two things that remain in the mind after this event are wet feet and electric fences. Now, you'll be excused for thinking that electric fences are fairly simple, straightforward devices; nothing could be further from the truth. Yes, the usual type with electrified wire held out from the fence was there. No problem, its distinctive characteristics allow even the most casual fence observer to identify it immediately. However, the two other, lesser known varieties of electric fences came as somewhat of a surprise.

The cunningly disguised species with an electrified barbed wire strand running along the top nipped many rogainers in the bud during the process of straddling it. The other variety, with several electrified strands running through the fence caught others in "no man's land", not sure whether to keep going or to retreat. Despite the unpleasant effects, encounters with electric fences can be personally recommended at 24m. as the perfect tonic when legs are weary and eyes have trouble staying open.

Ian Dempsey

A.R.A. PRESIDENCY

Congratulations to Jeremy Challacombe. Jeremy has just taken over as President of the Australian Rogaining Association. Neil Phillips, previous president since the A.R.A.'s inception, and a driving force behind the establishment of rogaining in Victoria and W.A., is moving to South Africa (will rogaining become an international sport?) Following the establishment of the N.S.W.R.A. in July, the A.R.A. have given us \$50 to assist with our finances.

.....

12 HOUR SPRING ROGAINE - ARMIDALE, NOV. 19

This was my first rogaïne, but my partner, Ray Dawes, has been in several. The start area was at Jeremy Challacombe's house, "Newholme", and was swarming with familiar faces from orienteering. When I saw Terry Farrell I knew we weren't going to win! In my excitement I managed to leave two controls off the map. I didn't discover the commissions until Ray suggested heading for a blank spot on the map. I find running with a pack awkward, however we walked most of the time; truly relaxed orienteering. Navigation is much easier when one walks, even on a C.M.A. map. There are traps for the unwary orienteer used to the accuracy of a detailed orienteering map. The weather was perfect, cool and overcast, and the terrain pleasantly free of skungy scrub, plus control 32 provided scenic views in every direction. Sometime before nightfall an inflamed calf muscle caused us to head for home. We picked up a few controls on the way back, in the moonlight, so bright at times it was almost dazzling. The torch I had carried around all day was hardly needed. The hash house crew had food prepared in a flash, plus good tea - but no ice! I am looking forward to my next rogaïne.

Dave Firman

ARMIDALE RESULTS

1.	M7	Farrell/Prosser	940 (10.18pm.)
2.	M17	Power	940 (11.56pm.)
3.	M5	Anderson/Graham	920
4.	M3	Lumsden/Noble	800
5.	M6	Johnston/Holgate	690
6.	M9	Taylor/Coyle	660
7.	M2	McKenna/Prosser	640
8.	M8	Firman/Dawes	600
9.	M4	Harrigan/Mercer	580
10.	J18	Park/Prosser	480
11.	X19	Woodward/Martin	470
12.	J15	Brefle/Bryant/Hutchinson	310
13.	M12	Waddell/Jenkins/Andreason	290
14.	J14	Bigelo/Layden	250
15.	M10	Sharp/Roberts/Everett	250
16.	M11	Johnston/Serbrook/McMillan	250
17.	J13	Sanson/Hayden/Russell	250
18.	X1	Cooper/Cooper	250
19.	M16	Challacombe/Power	160

ARMIDALE - ORGANISER'S COMMENTS AND FINANCIAL BREAKDOWN

Event organised around Mt. Duval in northern N.S.W., about 12Kms. north of Armidale. The land was mainly freehold consisting of timbered and clear grazed country with undulating to steep sections.

Landowners were contacted some 8 weeks prior to the event (about 8 in all). All were quite happy about the event and we had no refusals.

Landowners were contacted by telephone. The out of bounds areas were 2 areas where the landowners had not been contacted.

Entries were a little disappointing and somewhat slow to arrive. This was probably due to the time of the year, the location and perhaps most importantly, the publicity. Much more publicity amongst scouting groups and bushwalkers is needed.

We ended up with 42 competitors and helpers (17 free entries from Worimi but they provided the bulk of the food).

Fort B was sent out a little late - should be at least 2 weeks before the event.

Event was OK - weather was reasonable, no problems with controls, food held out although we needed more bread.

ARMIDALE - CATERING

For 50 people(competitors and helpers).

Meat - 50 steaks,50 rissoles,100 sausages

Coffee - 1 tin Tea - 1 tin Sugar - 1 packet

Salad vegetables(tomatoes,lettuce,onions,carrots,beetroot)

Cereal - 3 cornflakes,2 weetbix,2 ricebubbles

Margarine - 1.5 Kg. Tomato Sauce - 1 bottle

Cordial - 20 litres Crate of oranges

Cheese - 1 Kg. Bread - 15 loaves Milk - 10 litres

Eggs - 4 dozen Salt,Pepper,Peanut butter,Jam

The bulk of the food(except meat)was provided by Worimi in lieu of entry fees.

We needed more bread and should have had soup.

ARMIDALE - INCOME AND EXPENSES

INCOME: Entry fees for 42 competitors

17	Worimi (free,food provided)	\$000
13	at \$10	\$130
8	at \$11	\$ 88
4	at \$14	\$ 56

Total \$274

EXPENSES:

50 Maps(23.50 each less 1/3 discount)	\$116.66
2 Maps(\$3.50 each)	\$ 7.00
Meat	\$ 49.50
Other food expenses	\$ 10.00
On day expenses,	\$ 15.00

Total \$198.19

ROGAINING IN 1984

The 1984 N.S.W. Rogaining Championships will be held in April,south of Sydney.Robyn and Peter Tuft are organising the event along with a band of helpers.There is some possibility that this event may also be the 1984 Australian Rogaining Championships,but this needs to be ratified by the A.R.A. later this year.

this stage we are looking for someone to organise a 12 hour rogaine later in the year.Interested?Then contact one of the committee members soon.

If you'd like to put something back into the sport but don't want to get involved to the extent of organising an event,still get in touch. Maybe you have some specialist,much sought after skill that could be of use,eg."cordon Bleu" hamburger cooker,champion dishwasher,first grade newsletter folder,accounting whiz - our current treasurer doesn't know the difference between an interest rate and a heart rate,the list is endless.

The NSWRA's best ever non-event - Competitors who had camped over the Friday night in August 1991 at Jaunter in the western Blue Mountains, woke to find the fields covered with 10cm of snow with snow squalls passing through every 15-30 minutes. By mid-morning, 100 + people had struggled through the snow-covered roads only to be told of the wise but difficult decision that the event was postponed. The Salvos benefited from the Hash House food and the re-run in October had beautiful weather.

The first world championships - Debate raged about how to select our representatives when the Victorian organisers for this event held in Beechworth in October 1992 threatened to impose a quota of 30 NSW participants. In the end, anyone who entered was able to go and NSW finished very well - 2nd & 3rd in the mixed; 2nd in the women's and 2nd in the juniors.

The 'dash for cash' - 1992 also saw the first Lake Macquarie rogaine offering \$1,000 in prize money. Some predicted a new breed of professionalism in the sport which they feared would eventually exclude the vast majority of rogainers who are there to participate rather than win.

Children & babies - As the number of rogainers with children increased, the family section was introduced and, at Anne Francis' instigation, child-minding was offered.

The Paddy Pallin event - Championed by Warwick Marsden, the six-hour Paddy Pallin rogaine became our premier event. From just 60 participants in 1987, by 1992 there were over 400 and Warwick had to turn away another 50 who wouldn't fit on Mangrove Mountain.

And the "hot topics" that stirred the readership during those years?:

On what to eat during a 24 hour rogaine: *I like to eat ... By 4 am I had eaten 6 sausages, 3 eggs, 900 g of sweet milk rice, 2 apples, an orange, a packet of biscuits and most of a block of chocolate.* Andy Blakers (#30, September 1991)

On what is a championship event: *The rogaine decision makers in Australia persist in derogating the sub-24 hour formats ... Why these needless slights to sub-24 hour competition? ... The winning team in the 9-hour event at the 1991 ACT Championships achieved 82% of the score of the winning 24-hour team.* Ian McKenzie (#32, March 1992)

On choosing a rogaining partner: *But the real purpose of a rogaining partner is so that nothing that goes wrong need ever be our fault and so that you can convince yourself that you really would have won if only ...* Sue Clarke (#30, September 1991)

On the ACT/NSW rivalry: *Why not also subsume the ACTRA - if they don't like it, we'll charge them rent when using NSW land!* Peter Watterson (#36, October 1992)

And on the rare but perennial problem of poorly located controls: *The nature of the sport is such that these checkpoints are more a talking point than something for which the course setter should be taken to task.* Warwick Marsden (#35, September 1992)

But still my favourite piece is a poem which I stole from the WARA Newsletter for #35 in Sept. 1992:

*For those who do not know, nor feel the urge or wish to go,
Not know the champagne cork at ten, or know the scramble that follows then,
Or know the climb for 100 points, or blistered feet and aching joints,
To find controls in ghost gum boughs, nor wish for it nor want to know.*

*Nor what it's like to walk all night, through paddock, forest, 'neath full moonlight,
Or search in vain for half an hour, or get soaked in a midnight shower.
For we are queer who wish to go, or so they say who do not know.*

*Nor what it's like plotting course at night, with topo, compass and lack of sight,
Or live for just a taste of beer, or hashburger when end is near,
Or enjoy so much to stop and rest, and know at least it's been your best.
For we are crazy, us who go, or so they say who do not know.*

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