



# N.S.W. ROGAINING ASSOCIATION

(24 HOUR CROSS COUNTRY NAVIGATION)

N.S.W.R.A. NEWSLETTER

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## DEMPSEY'S DIALOGUE

"The time has come," the Walrus said, "to speak of other things". That's right. It's time to brush those Yuletide cobwebs away, and to feel guilty about the amount of Christmas pudding consumed. In short, it's now time to reflect on matters of much more serious import - namely, the coming rogaining season.

Our first event for the year (and being held a little earlier than usual, just to keep you all honest), is the 1986 N.S.W. Rogaining Championships. Andrew Blakers, Mike Drew and Adrian Spragg are working hard to ensure that the event will be a memorable one for those taking part. The usual 24 hour event will be held, but some newcomers may like to try the shorter events being offered in conjunction with the championships. As the event location is very close to Sydney, it would be an ideal opportunity to encourage your friends to come along too.

Hope to see you there,

Ian Dempsey.

1986 CALENDAR OF EVENTS (NSW & ACT)

<u>Event</u>	<u>Date</u>
N.S.W. 24 Hour Championship (see entry form for details)	22nd/23rd March.
A.C.T. 24 Hour Rogaine	24th/25th May.
N.S.W. 12 Hour Rogaine	16th August.
A.C.T. 12 Hour Rogaine	18th October.

Details of other rogaines will be in future newsletters.

One to look forward to is:-



# 1986 australian rogaining championships

To be held in

WESTERN AUSTRALIA

20th/21st September.

OVER OR AROUND



OVER OR AROUND Cont.

A team will often have the choice between a shorter steeper route to a checkpoint and a longer flatter one. This is commonly the case when a checkpoint is across a valley or when it is over a knoll. Often a fitter team will choose the shorter route while less fit or less competitive teams will take the easier path. You should remember that teams commonly overestimate the difficulty of a climb and underestimate the extra distance in a detour so if in doubt, go up and over. A climb of 100 metres could be done by most teams in less than fifteen minutes.

From "Rogaining. Cross Country Navigation" by  
Neil Phillips and Rod Phillips.

LITHGOW 12 HOUR ROGAINE 1985NSWRA & BAM Orienteers Central Tablelands Rogaine

Hello all,

Welcome to the long-awaited results newsletter. Thanks for coming to our first Rogaine. Some people think it was a once in a lifetime experience. (We certainly do).

There was some lost property :- a rain hat, a spray jacket, a pair of tracksuit pants and a compass. Ring me on 82-2595 or write to 73 Albion St., KATOOMBA, 2780 to reclaim any of these. Alternatively, you may retrieve them from St Vinnies in Katoomba if you forget to do anything about it before the end of January.

If anybody wants any training, just drop out to Lidsdale State Forest and try your hand at this beautiful forest once again. The Coxs River is now significantly lower and it isn't raining. What? Did I hear you say it isn't the same without the markers? Don't let that bother you. The markers are still out there. For some reason the organisers couldn't get motivated to collect them on the Sunday. Perhaps it's because they aren't ducks.

Results written THUS indicate winners in their respective classes.

<u>Points</u>	<u>Entry Type</u>	<u>Name</u>
175	SENIOR	PHIL CREASER PAUL RAND
159	MIXED	NETTA HOLMES PAUL TRIDGELL JAMES MYERSCOUGH
129	Senior	Ian Dempsey John Weir
122	Mixed	Andrew Lumsden David Noble Annette Stewart
120	Mixed	Peter Tuft Robyn Tuft
105	Senior	Brad Simmons Steve Morris
105	Senior	Peter Cooke Ian Hewitt
105	Senior	Martin Krause Anthony Hunt
103	Mixed	Bert van Netten Dianne van Netten
91	VETERAN	GEOFF CONNOR MARYROSE DAVIES
83	Senior	Ray Robison Peter Wherry Bruce Copper
80	Senior	Ian Taylor Bill Miller
73	JUNIOR	SEAN YURIK JON BAILEY
65	Mixed	Peter Duguid Margaret Duguid
63	Mixed	Warwick Marsden Rosemary Austen
63	Mixed	Pam Montgomery Robert Montgomery
60	Senior	Ken Ward Geoff Brown Greg Parsonage
59	Senior	Peter Jones Doug Mayor
6	Junior	Billy Sammon Matthew Scott