

# “Karst Irony” Rogaine

## Autumngaine Final Instructions

Saturday 20th May 2017

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Welcome to our rogaïne at Bungonia National Park – with lots of limestone and holes in the ground.

There are some **SPECIAL CONDITIONS** for this event.

1. The **start time is 11am** rather than the normal 12 noon associated with 12-hour rogaines
2. Those not camping will be directed to park on a private property with a 700m walk to the HH
3. If you walk more than a few kilometres from the Hash House you will encounter rocky ridges, rocky creeks and rocky scree slopes. Boots aren't essential but are recommended
4. Sorry but we are not allowed to have ANY fires
5. Only authorised checkpoints and routes are allowed through the karst area
6. Smoking is not allowed in any area of the Park
7. No dogs or other domestic animals are permitted within National Parks

### GETTING THERE

The Hash House is located at the Camp Ground in Bungonia National Park. Finding your way to Bungonia National Park should be pretty easy – it is well sign-posted from the Hume Motorway, and located on The Lookdown Road, about 8.5km from the township of Bungonia.

There isn't anything in the way of shops at Bungonia.

From north, follow the Hume Motorway south to Marulan and then take the Bungonia exit (about 2km south of the Marulan service centre) onto Jerrara Road.

From the south, follow Mountain Ash Road from Goulburn. Note that Bungonia Road that crosses Lansdowne Bridge in Goulburn is closed but signs to the National Park might direct you that way. You will need to take detours to get onto Mountain Ash Road.

The base camp (Hash House) is at the National Park Camp Ground – with hot showers, drinking water, BBQs and a camp kitchen – but camping and parking space will be very tight. Please do what you can to limit the number of cars and don't waste space when parking. In fact, there is a need for a lot of double parking. .

Google Maps suggests the following trip times to the Hash House:

- From Sydney CBD, 2½ hours
- From Canberra Central, 1½ hours
- From Newcastle, 4 hours
- From Wollongong, 1¾ hours

Mobile phone coverage is limited and occasional on the course and at the Hash House.

### SAFE DRIVING

You are almost guaranteed to encounter wildlife or domestic animals somewhere on the local roads, especially between dusk and dawn. Please drive defensively, and give way to everything.

The NRMA lists the following tips for rural roads:

- Drive to the conditions, not just the speed limit
- Expect the unexpected – tractors or cows (or a one-lane bridge) might be just around the corner
- Don't swerve for animals – brake, flash lights and use your horn
- Country road conditions can change rapidly

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### OUR PROGRAM

Saturday 20-May	09:00	Registration opens, maps available
	10:40	Briefing for Novices
	10:50	Final briefing
	11:00	Start
	16:00	Hash House opens for hot food
	17:00	End of the 6-hour event
	17:45	6-hour Presentations
	23:00	End of the 12-hour event (please try to be punctual)
	23:45	12-hour Presentations
Sunday 21-May	07:00	Hash House opens for hot breakfast
	10:00	Packup for home

### YOUR PREPARATIONS

You are welcome to camp at the HH site on Friday and Sunday evenings – but there is a fee that we have to pay to National Parks.

Although there is good drinking water available at the Hash House, it may be very slow if everyone wants to fill a water bottle before the start. It would be helpful if you brought an initial supply.

Plan your trip home. If you are in the 6-hour event then a 2-hour drive home is viable. Weary walkers should have options such as camping near the Hash House and joining us for Sunday breakfast, or bringing a designated driver. Sleepy drivers are one of the highest risks associated with our sport.

For your walk: The bush has fairly open undergrowth however you will get some scratching, especially at night-time, so leg protection is recommended.

When you register at the event please ensure:

1. You know your team number. It's shown in the Team list on our event website
2. Your indemnity form is completed and signed by all team members
3. Your fees are paid
4. You have compulsory equipment - whistle, space blanket, bandage for snake bite or tourniquet

At your registration we will provide you with:

1. Map and control descriptions for each team member. The map has 1:25,000 scale and 10m contours on 1x A3 sheet.
2. Course-Setter's notes
3. One Navlight tag and wrist-band for each team member
4. A team intention map, for you to indicate your planned route. This is a safety measure to help us if you encounter misadventure. Please return your intention map to the admin area before you leave.

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If you are new to rogaining or have any questions, just ask us. We are happy to provide basic instruction and advice. If you stay behind for a few minutes after the start we can provide more detailed assistance.

### AFTER THE START AT 11 AM

Your team can visit any controls in any sequence to collect points and/or achieve satisfaction. Enjoy the countryside, be safety aware, care for your team.

Please notify our Admin team whenever you return to the Hash House so that we can account for all team members.

### YOUR EQUIPMENT CHECKLIST

- ☐ The map will be printed on Teslin waterproof 'paper' – there is more about this 'paper' at: <http://nswrogaining.org/wpblog/2017/05/08/the-end-of-an-era/>
- ☐ Indemnity/Waiver form signed by all team members
- ☐ Pens, scissors, string, sticky tape for your course planning
- ☐ Your own cutlery, mug, bowl and plate
- ☐ Camping gear - if you plan to stay
- ☐ Change of clothes, towel, personal hygiene, soap & shampoo if you want a hot shower
- ☐ Chairs, picnic table
- ☐ Food for Friday night and Saturday morning
- ☐ First Aid kit

### YOUR EQUIPMENT ON THE COURSE

- ☐ Daywalk backpack
- ☐ First aid kit (at least a whistle, space blanket, and 1 compression bandage)
- ☐ Toilet paper (bury or carry all toilet waste)
- ☐ Compass, watch
- ☐ Gaiters or leg covering
- ☐ Shoes with good grip and foot protection
- ☐ Sunhat, sun cream, insect repellent (probably not required in late May)
- ☐ Clothing for wet, windy weather (there is a good chance wet weather gear will be required)
- ☐ Headlamp(s) and/or small torch (with spare batteries and globe)
- ☐ Snacks (muesli bars, dried fruit and nuts, chocolate, energy drinks, carbs)
- ☐ 2-4 litres water
- ☐ Water treatment or purification tools – for emergencies

### RULES

The rules for the sport of rogaining can be read at:

<http://rogaine.asn.au/Rules-and-Standards/rules.html>

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### TERRAIN & WEATHER

The course is predominantly steep, open forest with an altitude between 500 and 650 metres.

The forecast for Saturday is looking to be a bit wet – but not so cold and low fire danger.

GOULBURN 7-DAY WEATHER FORECAST													
	Tue May 16		Wed May 17		Thu May 18		Fri May 19		Sat May 20		Sun May 21		Mon May 22
Summary	Fog then sunny		Fog then sunny		Possible shower		Possible shower		Rain		Mostly sunny		Mostly sunny
Maximum	16°C		17°C		17°C		15°C		17°C		17°C		18°C
Minimum	2°C		1°C		4°C		10°C		9°C		7°C		5°C
Chance of Rain	5%		5%		70%		80%		70%		60%		40%
Rain Amount	< 1mm		< 1mm		< 1mm		5-10mm		1-5mm		< 1mm		< 1mm
UV Index	Moderate		Moderate		Moderate		Moderate						
Frost Risk	Moderate		High		Slight		Nil		Nil		Nil		Slight
	9am	3pm	9am	3pm	9am	3pm	9am	3pm	9am	3pm	9am	3pm	
Wind Speed	6 km/h	14 km/h	1 km/h	10 km/h	8 km/h	19 km/h	12 km/h	21 km/h	8 km/h	15 km/h	6 km/h	16 km/h	15 km/h
Wind Direction	W	WSW	NE	ENE	E	E	E	E	NE	NE	NW	WNW	WNW
Relative Humidity	86%	49%	86%	54%	96%	62%	100%	78%	100%	75%	100%	63%	97%
Dew Point	7°C	5°C	6°C	8°C	10°C	10°C	13°C	11°C	11°C	13°C	11°C	10°C	10°C
Compare and Save with Weatherzone													

Moon rise is not until 1:14am on Sunday and sun set on Saturday is 17:02pm – so it will get dark for the second half of the 12-hour event.

### HELPERS

We have a great team of helpers but always appreciate more. If you need any help or can provide help, let us know. We'll see you there

Ian Almond (Organiser)

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Trevor Gollan (Mentor)

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# New South Wales Rogaining Association Inc.

ABN 15 314 080 648



## DISCLAIMER / WAIVER

Event : 2107 Autumnngaine – “Karst Irony”

Team No.:

Car Rego.:

We acknowledge that the Australian Rogaining Association Inc (ARA), with whom the organising body for this event (NSW Rogaining Association) is affiliated, holds Public Liability Insurance to the value of \$20 million in respect of all rogaining events conducted by ARA affiliated bodies. This insurance covers: organisers, landowners and other third parties for any damage caused by the organisers of, or participants in, any rogaining event in connection with that event. We also acknowledge that the ARA does not hold any Personal Accident Insurance in respect of participants in rogaining events conducted by ARA affiliated bodies. We accept that any personal accident cover required is our responsibility and entirely at our discretion.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The NSW Rogaining Association (NSWRA) requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The NSWRA does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

a) The participant agrees to discharge and release the NSWRA, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.

b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the NSWRA or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the NSWRA for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the NSWRA, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

**Participant Name** (Please print clearly)

**Participant Signature**

**Date**

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This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

**Name(s) of junior participant(s):**

\_\_\_\_\_  
\_\_\_\_\_

I acknowledge the risks of rogaining as described above and agree to indemnify the NSWRA for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

**Relationship to participant** (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

**Name** (Please print clearly)

**Signature**

**Date**

\_\_\_\_\_

\_\_\_\_\_

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**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.**

Version: Sep. 2008