

# 22nd Lake Macquarie Rogaine Entry Form

Date of event: 17 August 2013

Closing Date for postal entries: 9 August 2013

Duration	6 hour <input type="checkbox"/>	12 hour <input type="checkbox"/>	Family Team	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	1 <sup>st</sup> team member	2 <sup>nd</sup> team member	3 <sup>rd</sup> member	4 <sup>th</sup> member	5 <sup>th</sup> member	
First Name						
Surname						
Address						
Town						
State / Postcode						
email						
Primary phone						
Alternate phone						
Birth Date						
Gender	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>
Novice	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you a member of another state association	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
If so, which state						
Receive News emails	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Volunteer for future event	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Emergency Contact Name & phone						
Entry Fee						
Total Payment						

# 22nd Lake Macquarie 6 /12 hour Rogaine

## Olney State Forest.

**Saturday 17 August 2013**

The Lake Macquarie Rogaine returns to the top of the mountain this year to the Old Mill Picnic area in the Olney State Forest of the Watagan Mountains. Once again the event is supported by Lake Macquarie City Council as part of the Lake Macquarie Games

Like all NSWRA rogaines, this one is open to all. The event caters for everyone, from beginners to experienced competitors. You will have the choice of two durations, 6 hour and 12 hour, each starting at midday on Saturday 17 August. The prerequisites are that you are moderately fit and come prepared with the right equipment. Suitable shoes and wet weather gear are the most expensive items you need. If you are new to rogaining, contact us for advice.

The Hash House will be open from 5:30pm on Saturday till 1am on Sunday. Breakfast will be available on Sunday morning.

Camping is available at the area and competitors in the 12 hour event are encouraged to camp overnight to reduce the chances of fatigue induced car accidents on the way home.

### Membership

By entering this event you are becoming a member of NSWRA unless you are already a member of another state association. Membership lasts for 12 months from the date of the event.

### Entry Fees

Full	\$57
Concession	\$40
Child under 14	Free

### Concession Entry Fee

This event offers a "Concession" rate. It will include ..

- Anyone between 14 and 22 years of age
- Full time students
- Unemployed
- Pensioners

### Competition categories

When you enter this event, your team will be automatically placed in every category for which it is eligible. Any team with a child under 14 years of age must also have an adult in the team. The categories are ...

Age/gender categories - Men, Women, Mixed, Veteran (40+), Superveteran (55+)

Age only category - Under 23, Ultra Veteran (65+)

Novice - first Rogaine for all team members.

Family - The team members must include at least two members of the same family, who represent two generations. One must be a child under 18 years of age on the first day of competition.

### Those Extra Questions ...

**“Receive News emails”**. Tick the “Yes” box to receive emails from NSWRA about the results of this event and future event announcements.

**“Volunteer for Future Event”** Tick the “Yes” box if you are interested in being a volunteer at a future NSWRA event. Or better still, contact Ian, our Volunteer Coordinator on ...

phone: 02 4943 5790

email: [volunteer@nswrogaining.org](mailto:volunteer@nswrogaining.org)

### Where to send this form?

Belinda McLean  
14A Suzanne Street  
SEVEN HILLS 2147

- Be sure to include all fees with the entry
- Make cheques / Money Orders payable to the “NSW Rogaining Association”

### Detailed Event Information

This will be available on the web site one week prior to the event. It will give the exact location of the event, an equipment check list and any special preparations needed. If you'd like to have it posted to you please send a DL sized stamped addressed envelope with your entry.

### For further information contact ...

Bob Gilbert

phone: 02 4952 1967

email: [bj.gilbert@optusnet.com.au](mailto:bj.gilbert@optusnet.com.au)