21st Annual Lake Macquarie Rogaine - Entry Form					
Date of event: 18 August 2012			Closing Date for postal entries: 10 August 2012		
Duration 6 hour \square	12 hour □	Family Team Yes	No 🗆		
	1st team member	2 nd team member	3 rd member	4 th member	5 th member
First Name					
Surname					
Address					
Town					
State / Postcode					
email					
Primary phone					
Alternate phone					
Birth Date					
Gender	Male Female	Male Female	Male Female	Male Female	Male Female
Novice	Yes \square No \square	Yes \square No \square	Yes \square No \square	Yes \square No \square	Yes \square No \square
Are you a member of another state association	Yes	Yes No No	Yes No No	Yes	Yes No No
If so, which state					
Receive News emails	Yes \square No \square	Yes	Yes	Yes \square No \square	Yes \square No \square
Volunteer for future event	Yes \square No \square	Yes \square No \square	Yes \square No \square	Yes \square No \square	Yes \square No \square
Emergency Contact Name & phone					
Entry Fee					
Total Payment				1	

21st Annual Lake Macquarie 6 /12 hour Rogaine

Sugarloaf State Conservation Area

Saturday 18 August 2012

For this rogaine you will have the choice of two durations, 6 hour and 12 hour, each starting at midday on Saturday 18 August.

Like all NSWRA rogaines, this one is open to all. The prerequisites are that you are moderately fit and come prepared with the right equipment. Suitable shoes and wet weather gear are the most expensive items you need. If you are new to rogaining, contact us for advice.

The event caters for everyone, from beginners to experienced competitors.

For this Lake Macquarie Rogaine you can "Walk in the footsteps of those who walked here 50,000 years ago". Discover aboriginal carvings, petrified tree stumps, beautiful creeks and an abundance of wildlife.

The areas of open forest with convenient roads and tracks will lead you to interesting sites and lookouts with spectacular views.

The event is included as part of the Lake Macquarie Games and supported by the Lake Macquarie City Council.

The hash house will operate from 5pm Saturday until 1am Sunday. Camping is available at the area and competitors in the 12 hour event are encouraged to camp overnight to reduce the chances of fatigue induced car accidents on the way home. Breakfast will be provided on Sunday morning.

Membership

By entering this event you are becoming a member of NSWRA unless you are already a member of another state association. Membership lasts for 12 months from the date of the event.

Entry Fees

Full \$55 Concession \$40 Child under 14 Free

Concession Entry Fee

This event offers a "Concession" rate. It will include ...

- Anyone between 14 and 22 years of age
- Full time students
- Unemployed
- Pensioners

Competition categories

When you enter this event, your team will be automatically placed in every category for which it is eligible. Any team with a child under 14 years of age must also have an adult in the team. The categories are ...

Age/gender categories - Men, Women, Mixed, Under 23, Veteran (40+), Superveteran (55+)

Novice - first Rogaine for all team members.

Family - The team members must include at least two members of the same family, who represent two generations. One must be a child under 18 years of age on the first day of competition.

Those Extra Questions...

"Receive News emails". Tick the "Yes" box to receive emails from NSWRA about the results of this event and future event announcements.

"Volunteer for Future Event" Tick the "Yes" box if you are interested in being a volunteer at a future NSWRA event. Or better still, contact Ian, our Volunteer Coordinator on ...

phone: 02 4943 5790

email: volunteer@nswrogaining.org

Where to send this form?

Graeme Cooper 16 Cluny Road Armidale NSW 2350

- Be sure to include all fees with the entry
- Make cheques / Money Orders payable to the "NSW Rogaining Association"

Detailed Event Information

This will be available on the web site one week prior to the event. It will give the exact location of the event, an equipment check list and any special preparations needed. If you'd like to have it posted to you please send a DL sized stamped addressed envelope with your entry.

For further information contact ...

Bob Gilbert

phone: 02 4952 1967

email: bgilbert@hunterlink.net.au

