

# 20th Annual Lake Macquarie Rogaine Entry Form

Date of event: 13 August 2011

Closing Date for entries: 7 August 2011

Duration 6 hour  12 hour

Family Team Yes  No

	1 <sup>st</sup> team member	2 <sup>nd</sup> team member	3 <sup>rd</sup> member	4 <sup>th</sup> member	5 <sup>th</sup> member
First Name					
Surname					
Address					
Town					
State / Postcode					
email					
Primary phone					
Alternate phone					
Birth Date					
Gender	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>	Male <input type="checkbox"/> Female <input type="checkbox"/>
Novice	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you a member of another state association	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
If so, which state					
No news emails	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Volunteer for future event	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Emergency Contact Name & phone					
Entry Fee					
Total Payment					

# 20th Annual Lake Macquarie 6 /12 hour Rogaine

## Heaton & Awaba State Forests

**Saturday 13 August 2011**

For this rogaine you will have the choice of two durations, 6 hour and 12 hour, each starting at midday on Saturday 13 August 2011

Like all NSWRA rogaines, this one is open to all. It caters for everyone, from beginners to experienced competitors. The prerequisites are that you are moderately fit and come prepared with the right equipment. Suitable shoes and wet weather gear are the most expensive items you need. If you are new to rogaing, contact us for advice.

The event is included as part of the Lake Macquarie Games and supported by the Lake Macquarie City Council.

The location is in the Heaton and Awaba State Forest Areas with the hash house at Freemans Waterhole and only 70 minutes north of Hornsby. The area is typical of the Watagans with beautiful rainforest, pristine creeks, friendly wildlife, extensive track network and panoramic views from the T&D. However it does have dense vegetation and steep areas

The Hash House will be open providing the traditional full service from 5pm on Saturday till 1am on Sunday. Breakfast will be available on Sunday morning.

### Membership

By entering this event you are becoming a member of NSWRA unless you are already a member of another state association. Membership lasts for 12 months from the date of the event.

### Entry Fees

Full	\$57
Concession	\$40
Child under 14	Free

### Concession Entry Fee

This event offers a "Concession" rate. It will include ..

- Anyone between 14 and 22 years of age
- Full time students
- Unemployed
- Pensioners

### Competition categories

When you enter this event, your team will be automatically placed in every category for which it is eligible. Any team with a child under 14 years of age must also have an adult in the team. The categories are ...

Age/gender categories - Men, Women, Mixed, Under 23, Veteran (40+), Superveteran (55+)

Novice - first Rogaine for all team members.

Family - The team members must include at least two members of the same family, who represent two generations. One must be a child under 18 years of age on the first day of competition.

### Those Extra Questions ...

**"No news emails"**. Tick this row if you do NOT wish to receive emails from NSWRA about the results of this event or future event announcements.

**"Volunteer for Future Event"** Tick this row if you are interested in being a volunteer at a future NSWRA event. Or better still, contact Ian, our Volunteer Coordinator on ...  
phone: 02 4943 5790  
email: [volunteer@nswrogaining.org](mailto:volunteer@nswrogaining.org)

### Where to send this form?

N & E McDonald  
57 Princess Avenue  
Rosebery NSW 2018

- Be sure to include all fees with the entry
- Make cheques / Money Orders payable to the "NSW Rogaining Association"

### Detailed Event Information

This will be available on the web site one week prior to the event. It will give the exact location of the event, an equipment check list and any special preparations needed. If you'd like to have it posted to you please send a DL sized stamped addressed envelope with your entry.

### For further information contact ...

Bob Gilbert  
phone: 02 4952 1967  
email: [bgilbert@hunterlink.net.au](mailto:bgilbert@hunterlink.net.au)