17 th Annual Lake Macquarie Rogaine 11 October 2008

6 & 12 hour Events

The Lake Macquarie Rogaine will once again be held in the Watagan Mountains as part of the Lake Macquarie Games and supported by the Lake Macquarie City Council
The Watagan Mountain is west of Australia's largest coastal salt water lake and with the location for this years event being in the area known as The Pines which is only two hours north of Sydney. The area to be used will mostly be in the Watagan National Park with beautiful rainforest, pristine creeks, friendly fauna and an extensive track network to allow competitors the option of avoiding some of the navigation through dense vegetation.

Map: 1:25000 pre marked maps

When: Both events will commence with a mass start at 12 midday Saturday 11 October

Hash House: The hash house will operate from 5pm Saturday until 1am Sunday. Camping is available at the area and competitors in the 12 hour event are encouraged to camp overnight to reduce the chances of fatigue induced car accidents on the way home. Breakfast will be provided on Sunday morning.

Who can Enter: Anyone can enter, although those under 14 must have an adult in their team. You do not have to be a member of the NSW Rogaining Association to enter

Teams: A team may consist of 2 to 5 people.

Team Categories: Men, Women and Mixed categories are available in Open, Junior (14 – 17 yrs) Veteran (40yrs +), Superveterans (55yrs +). A Novice category (first rogaine for all team members) and Family category (team members must all belong to the one family and have at least one parent or grandparent and one child under 18yrs of age on the first day of competition.. Any team with a child under 14yrs must also have an adult in the team.

Entry Fee: \$57 adult, \$40 student, unemployed or pensioner, maximum for a family \$114 For fee purposes a family is defined as: One or two adults plus any number of dependant children each of whom looks to one or both of the adults as a parent and who all live at the same address.

• Entries postmarked after 26 September will incur a late penalty of \$10 per person. **Entries close 3 October**

How to Enter: Enter on line with a credit card www.nswrogaining.org or download an entry form and mail to Lake Macquarie Rogaine 17 De Guerry Ave Rankin Park NSW 2287 and make cheque or money order payable to NSW Rogaining Association

Detailed Event Information: Detailed event information will be posted in the week leading up to the event to those who indicate this preference on the entry form and provide a stamp self addressed envelope, business size (DL 110 x 220mm). For those who indicate that they will download the event information it will be available in the week leading up to the event from the web site

Enquiries: Bob Gilbert ph 02 49521967 Email bgilbert@hunterlink.net.au

For further information contact Bob Gilbert on 02 4952 1967			Lake Macquarie Rogaine Entry Form 11th October 2008					(Admin) Team Number:				
Full Name		•	Address		Phone Numbers	Birth I		Fees				
(First name is team of	contact))	Email	Email		(p) Primary (a) Alternate	Gender, Novice		Event	Late	Total	
						(p)	/	/				
						(a)	M Yes	F No	<u> </u>			
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						(a)	Yes	No				
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						(a)	M Yes	F No				
						Circle answers above			Gr	and Total \$		
Event Duration? (circle one)	6		12	Family Team?	Y	How to receive Instructions?	Please mail to me. I have enclosed a DL SAE					
	hour		hour	(circle one)	N	(tick one)	I will download from the website					
		Late Fees ap	ply after 26 Septem	ber 2008.	The Closing Date for entries is 3 October 2008							

	Eute Tee	apply after 20 Septe					
Fees		Explanatory Notes					
	Adult	\$57	For an explanation of terms such as 'Family'				
Event Entry	Concession	\$40	or 'Novice' visit the "About Events" section of the NSWRA web site. Our refund policy				
	Family	\$114 (max)	can also be found there.				
Late	\$10 per person f postmarked after	For entries er 26 Sept 2008.	If you do not have web access, phone the contact person for this event.				

Where to send this form?

Lake Macquarie Rogaine 17 De Guerry Avenue Rankin Park NSW 2287

- Be sure to include ALL fees with this entry.
 Please make cheques / money orders payable to the "New South Wales Rogaining Association".