

## **Welcome to Wingello State Forest**

*The 43<sup>rd</sup> Paddy Pallin Winter Rogaine*

*Sunday 18<sup>th</sup> June 2006*

### **How to get there:**

To get to Wingello township from the Hume Highway, turn east onto Murrimba Road. From the north, go over the Paddy's River bridge and turn left into Murrimba Rd approximately 700m up the hill. From the south, approximately 12km from Marulan turn right into Murrimba Road. The right turn is 200m past a left turn into Inverary Road. Alternate routes are to turn off at Marulan from the south onto Highland Way and Old Wingello Road. Or to go through Bundanoon and Penrose on Penrose Road.

Forest Road is the main access route into and out of Wingello State Forest and is narrow. Please be aware that there may well be oncoming traffic.

### **At the Hash House site:**

The hash house site is on a dirt landing strip. There is very limited overflow opportunity should we exceed the available space. To assist with this, would you please car-pool as much as possible (not such a hardship with petrol at \$1.40 a litre!) and when parking and camping, snuggle up to your neighbours.

Please note that camp fires are ok on the landing strip but are not allowed under the tree canopy.

### **General Information:**

Those of you who were at last year's event will be pleased to know we've put in an order for better weather! However, the event will be staged rain, hail or shine – so be prepared with sufficient warm, waterproof clothing and hats and sunscreen to cope with whatever weather is on offer on the day.

There is no water available at the hash house, so you will need to bring your own – we recommend a minimum of two litres per person, and more if you are camping overnight.

### **Safety Information:**

The hash house site map shows the evacuation routes from the site, should these be required. Please make a note of where they are from where you are parked or camped.

The course setters and vettors didn't do any cliff climbing and neither should you. The course is, roughly speaking, bounded to the north, east and south by deep, cliff lined ravines which are mostly just off the map. DO NOT go into them. If you are unsure of your position, find a track – typically running along each major ridge line – and head west until you hit pine forest, farms or the railway line.

There are blackberries and other stickies scattered through the course. We recommend long pants, at a minimum, and gaiters. A hat with a brim is useful for face and eye protection.

Please ensure that you know which end of your compass needle points north. If you find that you and your compass disagree about which direction you are heading, the compass will be right. If you are unsure of your position, find a track – typically running along the top of each major ridge line – and head west.

### **Registration:**

Registration will be available on Saturday afternoon from 3:00pm to 5:30pm and on Sunday morning from 06:45am. Please bring along your signed indemnity waiver, ensuring all team members are listed.

Maps will be available from 07:00. The novice briefing will be from 8:30 to 8:45, and the course setters briefing – mandatory for all participants – will be from 8:45 to the mass start at 09:00.

The event finishes at 3:00pm at the hash house. Penalties are 10 points per minute late; teams which are more than 30 minutes late will be recorded as Did Not Finish.

### **Finally:**

Thanks for participating and we hope that you have an interesting and very enjoyable day.

Helicopter  
Landing Area  
Wingello 1:25000 sheet 8928-4S  
Grid 56H KG428 539

Burnt Pine Road

Burnt Hut Road

Plantation

Overnight Camping  
300 m x 40 m

Toilets

Landing Ground - 575 metres overall

Administration Area  
50 m x 40 m  
(Start/Finish)

Gap Road

Plantation

Parking  
180 m x 40 m  
4 rows of 60 vehicles  
240 total

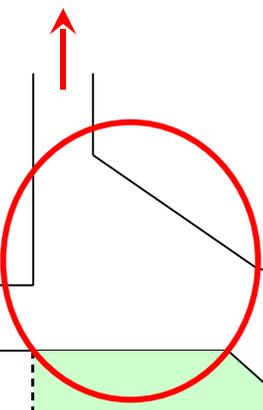
Emergency  
Evacuation  
Route

Scrub

Gap Road

Four Creek Road

Gate



1<sup>st</sup> Waitara Scouts  
Kitchen Etc

Water

General Assembly  
Area

General  
Marquee

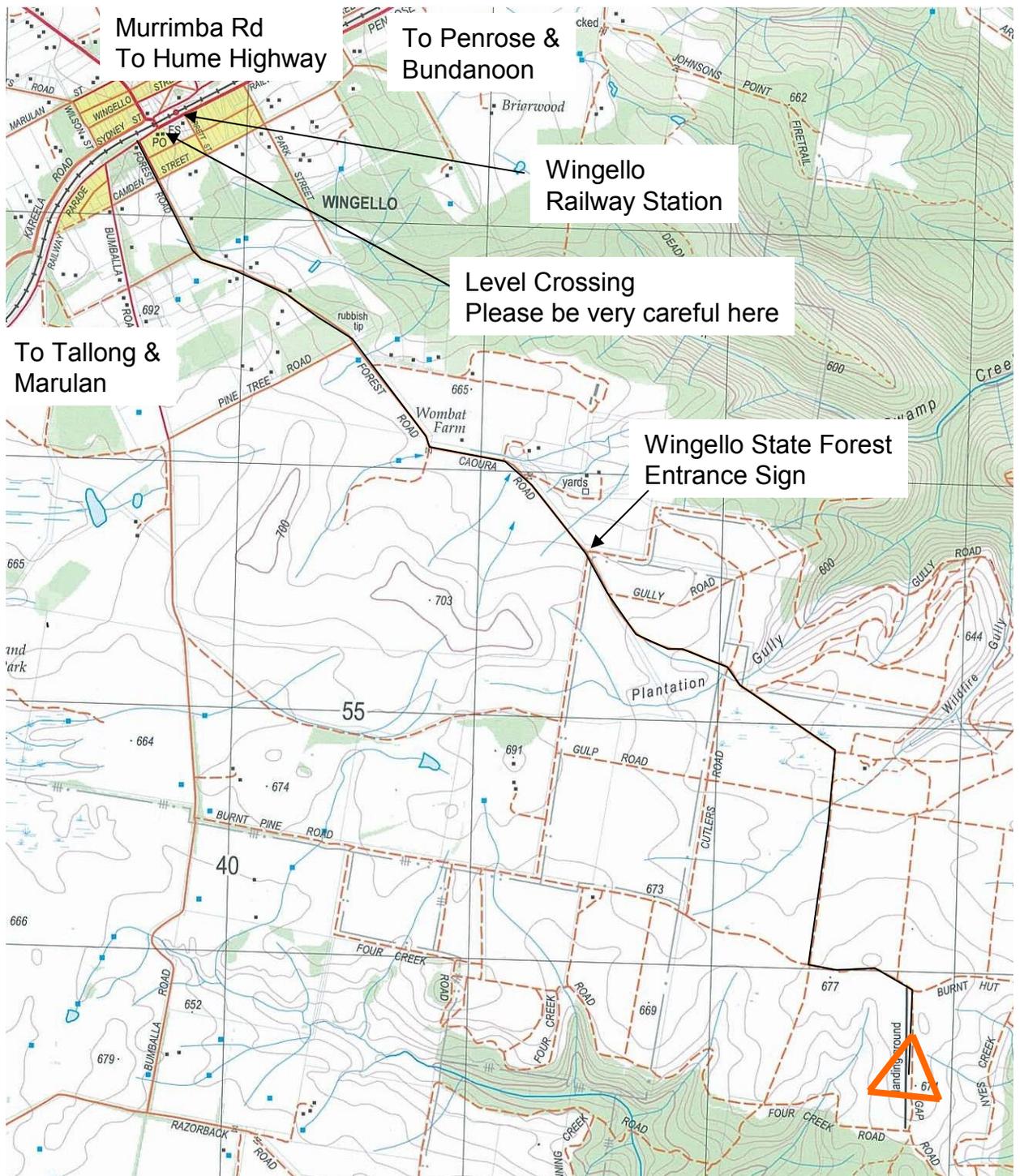
Admin  
Marquee

Trailer

St Johns  
Ambulance

Gap Road

**Paddy Pallin Rogaine Sunday 18<sup>th</sup> June 2006**  
**Administration Area**



**Paddy Pallin 2006 Sunday 18<sup>th</sup> June**

**Recommended Route to the Hash House/Admin Area**

# Australian Rogaining Association Technical Regulations

## Competition Rules:

Rogaining is the sport of long distance cross-country navigation for teams travelling on foot. The object is to score points by finding checkpoints located on the course within a specified time. Checkpoints may be visited in any order.

## Definitions

"The course" means anywhere a team travels during the time of the rogain but specifically excludes the access road and areas in the proximity of an administration area designated by the organisers for non-competition use, for example for parking or camping. "Event site" includes the course and any administration, access and non-competition areas.

## Entries

- R1. A team shall consist of two, three, four or five members.
- R2. A team that has a member under fourteen years of age shall also have a member eighteen years of age or over.
- R3. Competition placings are awarded in several sections based on the age and gender composition of teams. Each team shall be deemed to be entered for all sections of the competition for which it is eligible.
- R4. No member of a team shall have been involved with the organisation of the rogain so as to have a prior familiarity with the rogain course or the fieldwork of the rogain map.

## Respect for Land and Property

- R5. Competitors shall respect public and private property.
  - (a) Competitors shall not cross newly sown ground or growing crops, except if specifically permitted by the organisers, or any area deemed out-of-bounds by the organisers.
  - (b) Competitors shall keep a reasonable distance from dwellings and stock with young.
  - (c) Competitors shall take due care when crossing fences, crossing at corner posts, solid posts or between wires wherever possible. Each team shall leave gates in the same state as they were found.
  - (d) Competitors shall not discard litter.
  - (e) Competitors shall not light fires at the event site.
  - (f) Competitors shall not smoke on the course.
  - (g) Competitors shall not unduly damage or disturb native flora or fauna.
  - (h) Dogs and weapons of any kind, including firearms, are prohibited at the event site.

## Conduct of Competitors

- R6. Competitors shall not enter the course until the official start is signalled.
- R7. The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The possession of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited. The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.
- R8. The use of computers for course planning is prohibited.
- R9. Competitors shall travel only on foot.
- R10. Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request.
- R11. A team shall surrender its score card to any event official, and shall advise their team number to any event official or other team, on request.
- R12. A team shall not accept assistance from, nor collaborate with, other people, nor deliberately follow another team.
- R13. No food nor equipment shall be left on the course before the event for a team's use, and no food or equipment shall be discarded on the course unless retrieved by the team during the event and brought by the team with them to the finish.
- R14. Each competitor shall carry a whistle at all times whilst on the course. In an emergency a competitor shall give a series of short blasts on their whistle.

## Checkpoints

- R15. All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.
- R16. In order to gain points for a checkpoint teams must punch the scorecard provided by the organisers in the correct square with the punch at the checkpoint marker. If a team punches an incorrect square, they must notify the organisers of the details of this immediately upon returning to the administration to be eligible to be credited with that checkpoint.
- R17. Teams shall fill in any intention sheet at the checkpoint with the time of arrival, the team number and the number of the checkpoint that they intend to next visit.
- R18. If a scorecard is lost, a team may present in its place a record of punch marks on any single sheet. The organisers will accept this single sheet from the team provided that the punch marks are discernible, and the team can identify to the organisers the checkpoint number for each of the punch marks.
- R19. Competitors shall not deliberately rest within one hundred metres of a checkpoint unless the checkpoint is also a water drop.
- R20. Competitors shall not adversely interfere with a checkpoint, water drop, any other facility placed upon the course by the organisers, or the equipment of any other team.

## Administration Areas

- R21. Whenever a team visits an administration area, all team members are required to report together to the organisers and surrender their team's scorecard. The team shall only collect its scorecard immediately prior to leaving that administration area.
- R22. A team shall finish by all of the members reporting together to the designated finish administration area and surrendering their scorecard.
- R23. If a competitor wishes to withdraw from a team for any reason the entire team shall return to an administration area and notify the organisers. The original team shall be deemed to have finished the event. If a new team is formed it may be admitted to the competition at the discretion of the organisers but no points shall be credited for checkpoints already visited.

## Penalties and Protests

- R24. The penalty for breaching these rules is disqualification except for rules R16, R17 and R18 for which the penalty is the loss of points for the checkpoint under consideration. Any team disqualified under this rule shall be recorded as **DSQ**.
- R25. A team may voluntarily withdraw, by advising the organisers immediately upon their finish, if they have breached any rule for any reason and shall be recorded as **W/D**.
- R26. Within forty-five minutes of the nominated finish time, a team may report in writing to the organisers about any team thought to have breached these rules, or may protest in writing to the organisers about any actions of the organisers that they consider made the competition unfair.

## Scoring

- R27. The event shall end at precisely the set number of hours after the actual starting time, both times as defined by the organisers' clock. Teams finishing late will be penalised at the rate per minute or part thereof specified in advance by the organisers. Teams finishing more than thirty minutes late shall be deemed ineligible for a placing and their result shall be recorded as **LATE**.
- R28. A team's score shall be the value of the checkpoints visited and correctly verified in accordance with these rules, less any penalties. The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.
- R29. In the event of a checkpoint being damaged or deemed misplaced or missing by the organisers, teams shall be awarded the checkpoint score:
  - a) If the punch is missing or damaged but the team has a correct record on the intention sheet.
  - b) If the punch is missing and there is no intention sheet, but the team can satisfy the organisers that they visited the correct site.
  - c) If a checkpoint is missing or misplaced but the team can satisfy the organisers that they visited the correct site.
  - d) For a correctly recorded visit to a misplaced checkpoint.

## General

- R30. Any team hearing a distress signal must abandon their course and help in any way needed. No team shall be penalised for any rule breached in the course of giving such help.



# New South Wales Rogaining Association Inc.

ABN 15 314 080 648

## DISCLAIMER/WAIVER

Event : \_\_\_\_\_ Team No.: \_\_\_\_\_ Car Rego.: \_\_\_\_\_

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk. The Association does not accept any responsibility for death, injury, loss and damage to the participant and agrees to allow the participant to participate in the activity only on that basis.

The participant binds themselves, their executors, administrators, heirs, successors and assigns as follows:

- a) The participant agrees to discharge and release the New South Wales Rogaining Association, their volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation - directly or indirectly - in this event.
- b) The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

By the signing of this document, I acknowledge the risks of rogaining and agree to participate on the conditions as described above (participant must be 18 years or older to complete this section):

Participant Name <small>(Please print clearly)</small>	Participant Signature	Date
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

This section to be completed by a responsible adult where participant is under 18 years of age. If more than one responsible adult signing please photocopy & submit separate forms.

Name(s) of junior participant(s): \_\_\_\_\_  
\_\_\_\_\_

I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

Relationship to participant (please delete whichever does not apply): Parent / Guardian / Other \_\_\_\_\_

Name <small>(Please print clearly)</small>	Signature	Date
_____	_____	_____

**NOTE: This is a legal document. You should seek legal advice before signing if you do not fully understand the meaning and effect of this document. If you do not accept these conditions of entry you will be unable to participate.**